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# **Protective Effect of Sodium Selenite on Genotoxicity to Human Whole Blood Cultures Induced by Aflatoxin B**<sub>1</sub>

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## ABSTRACT

The aim of this study was to investigate the effects of selenium and aflatoxin on human whole blood cultures (WBC) in relation to induction of sister-chromatid exchange (SCE). Results showed that the frequency of SCEs in peripheral lymphocytes was significantly increased by the direct-acting mutagen AFB<sub>1</sub> (at doses 5 and 10  $\mu$ M except for 1 $\mu$ M) compared with controls. When sodium selenite (Na<sub>2</sub>SeO<sub>3</sub>) was added at a molar ratio of 5x10<sup>-7</sup> and 1x10<sup>-6</sup>, cells did not show significantly reduced by the presence of Na<sub>2</sub>SeO<sub>3</sub> in a clear dose-related manner. These results indicated that selenite and AFB<sub>1</sub> mutually antagonized their ability to cause DNA damage leading to the formation of SCEs. However, selenium didn't completely inhibit induction of SCEs by AFB<sub>1</sub> compared with controls. AFB<sub>1</sub> induced oxidative damage contributed to its genotoxicity in human WBC.

Key words: Aflatoxin B<sub>1</sub>, Selenium, Sister-chromatid exchanges, Genotoxicity, Blood

## **INTRODUCTION**

Dietary selenium is an essential trace element in human nutrition (Shi et al., 1995). Sodium selenite is an anticarcinogenic/ antimutagenic agent that exhibits carcinogenic/mutagenic properties in some short-term test systems used for the detection of DNA-damaging agents. One such test system is sister-chromatid exchange (SCE) induction (Ray, 1984). SCEs were significantly potentiated by the presence of Na<sub>2</sub>SeO<sub>3</sub> (Lin and Tseng, 1992). From the viewpoint of genotoxicity, selenium has not been adequatly studied (Cemeli et al., 2003). In contrast, AFB<sub>1</sub>, human carcinogen and the most potent genotoxic agent, is mutagenic in many model systems and produces chromosomal aberrations, micronuclei, sister-chromatid exchange, unscheduled DNA synthesis, and chromosomal strand breaks as well as forms adducts in rodent and human cells (Jia and Groopman, 1999). Selenium has been shown in animal studies to inhibit aflatoxin hepatocarcinogenesis (Shi et al., 1995). These inhibitory effects are supported by many diverse mechanisms, including inhibition of carcinogen formation, modulation of carcinogen metabolism, inhibition of mutagenesis and genotoxicity, inhibition of cell proliferation (Lu et al., 1996). It is important to verify lack of toxicity of selenium on different systems and to investigate mechanisms of its action throughout the whole processes of mutagenesis. The mutagenicity of AFB<sub>1</sub> has been demonstrated using many model systems including HeLa cells, Bacillus subtilis, Neurospora crossa, Salmonella typhimurium, and Chinese hamster ovary (CHO) cells (Wang and

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Groopman, 1999). However, no study has been carried out to evaluate the genotoxicity of selenium with  $AFB_1$  on blood cultures. The objective of this work was to investigate sodium selenite and its interaction with  $AFB_1$  in the SCE test using human whole-blood cultures. Because the ability of selenium to minimize genetic effects on different tissues may have potential for designing strategies to reduce the carcinogenic influence of  $AFB_1$ .

# MATERIAL AND METHOD

Human peripheral blood lymphocyte cultures were set up according to a slight modification of the protocol described by Evans and O'Riordan (1975). Whole heparinized blood from four healthy non-smoking donors between age 25 and 28 with no history of exposure to any genotoxic agent were used. Questionnaires were obtained for each blood donor to evaluate exposure history and informed consent forms were signed by each donor. For all the volunteers hematological and biochemical parameters were analysed and disease was not detected.

The heparinized blood 0.5 ml was cultured in 5 ml of culture medium (Chromosome Medium B, Biochrom, Leonorenstr. 2-6.D-12247, Berlin) with  $5\mu$ g/ml of phytohemagglutinin (Biochrom). AFB<sub>1</sub> (C<sub>17</sub>H<sub>12</sub>O<sub>6</sub>, Sigma Chemical Co., St. Louis, MO. USA) (in concentrations of 1, 5 and 10µM) and sodium selenite (Na<sub>2</sub>SeO<sub>3</sub>, Sigma, St. Louis) (in concentrations of  $5\times10^{-7}$  and  $1\times10^{-6}$  M) added to the cultures just before incubation. To each individual, lymphocyte culture without AFB<sub>1</sub> and Na<sub>2</sub>SeO<sub>3</sub> were studied as a control group. The experiments were performed on 12 groups as follows:

Group 1: Control Group 2: Sodium selenite  $(5x10^{7}M)$  alone. Group 3:Sodium selenite  $(1x10^{6}M)$  alone. Group 4:AFB<sub>1</sub> (1µM) alone. Group 5:AFB<sub>1</sub> (5µM) alone. Group 6:AFB<sub>1</sub> (10µM) alone. Group 7:AFB<sub>1</sub> (1µM)+Na<sub>2</sub>SeO<sub>3</sub> (5x10<sup>-7</sup>M). Group 8:AFB<sub>1</sub> (5µM)+Na<sub>2</sub>SeO<sub>3</sub> (5x10<sup>-7</sup>M). Group 9:AFB<sub>1</sub> (10µM)+Na<sub>2</sub>SeO<sub>3</sub> (5x10<sup>-7</sup>M). Group 10:AFB<sub>1</sub> (1µM)+Na<sub>2</sub>SeO<sub>3</sub> (1x10<sup>-6</sup>M). Group 11:AFB<sub>1</sub> (5µM)+Na<sub>2</sub>SeO<sub>3</sub> (1x10<sup>-6</sup>M). Group 12:AFB<sub>1</sub>(10µM)+Na<sub>2</sub>SeO<sub>3</sub> (1x10<sup>-6</sup>M).

Groups of 7-12 represented simultaneous treatment of AFB<sub>1</sub> and Na<sub>2</sub>SeO<sub>3</sub>. With the aim of providing successive visualization of SCEs, 5bromo-2'-deoxyuridine (Sigma, St. Louis, final concentration 20µM) was added after culture initation. The cultures were incubated in complete darkness for 72h at 37°C. Exactly 70h and 30 min after begining of incubations, colcemid (Sigma, St. Louis) was added to the cultures to achieve a final concentration of 0.5  $\mu$ g/L. After hypotonic treatment (0.075 M KCl) followed by three repetitive cycles of fixation in methanol/acetic acid solution (3:1, v/v), centrifugation, and resuspension, the cell suspension was dropped onto chilled, grease-free microscopic slides, airdried, aged, and then differentially stained for the inspection of SCE rate according to fluorescence plus Giemsa (FPG) procedure (Perry and Wolff, 1974). For each treatment condition, well-spread second division metaphases containing 42-46 chromosomes in each cell were scored, and the values obtained were calculated as SCEs per cell.

#### Statistical analyses

Experimental data were analyzed using one-way analysis of variance (ANOVA) to determine whether any treatment significantly differed from controls and/or each other. Significant differences between the controls and/or treated samples were confirmed by Fisher's least significant difference (LSD) test.

## RESULTS

The effects on the number of SCEs of  $AFB_1$  and  $Na_2SeO_3$  in human WBC are shown in Table 1.

Sodium selenite alone in concentrations  $5 \times 10^{-7}$  and  $1 \times 10^{-6}$ M did not significantly affect SCE rates in human lymphocytes. In contrast increasing concentrations of AFB<sub>1</sub> (5 and 10µM) elevated the frequencies of SCEs in these cells compared with controls. No significant increase in SCE frequency was observed at the lowest AFB<sub>1</sub> dose (1µM). Na<sub>2</sub>SeO<sub>3</sub> significantly reduced the number of AFB<sub>1</sub>-induced SCEs. A dose-dependent decrease in SCEs was demonstrated with inhibition observed at selenium concentrations of  $5 \times 10^{-7}$ M or higher (Table 1, Figs. 1 and 2). However, the rates of SCEs following selenium treatment were significantly high in comparison with control values.

Culture types	Number of	Range of	SCEs/cell
	samples	SCEs	
Control <sup>+</sup>	4	0-8	$6.10 \pm 0.28^{a}$
SS (D <sub>1</sub> )	4	2-9	$6.27 \pm 0.31^{a}$
SS (D <sub>2</sub> )	4	2-10	$6.35 \pm 0.42^{a}$
$AFB_1(1\mu M)$	4	3-11	$6.49 \pm 0.55^{a}$
$AFB_1(5\mu M)$	4	4-19	$11.20 \pm 0.63^{b}$
$AFB_1 (10 \mu M)$	4	3-28	$16.18 \pm 0.87^{\circ}$
$AFB_1 (1\mu M) + SS (D_1)$	4	3-10	$6.17 \pm 0.21^{a}$
$AFB_1 (5\mu M) + SS (D_1)$	4	3-17	$9.47 \pm 0.55^{d}$
$AFB_1 (10 \mu M) + SS (D_1)$	4	3-22	$12.44 \pm 0.62^{e}$
$AFB_1 (1\mu M) + SS (D_2)$	4	1-9	$6.38 \pm 0.53^{a}$
$AFB_1 (5\mu M) + SS (D_2)$	4	3-16	$8.66 \pm 0.45^{\rm f}$
$AFB_1 (10 \mu M) + SS (D_2)$	4	4-21	$11.46 \pm 0.80^{b}$

Table 1 - The effects on the number of SCEs of AFB1 and Na2SeO3 in human WBC.

+ Without aflatoxin  $B_1$  and sodium selenite. SS=sodium selenite. +SS ( $D_1$ )=sodium selenite treated culture with low concentration. +SS ( $D_2$ )= sodium selenite treated culture with high concentration. Values are mean ±SD. Means in the same column followed by the same letter are not significantly different at the p<0.05 level.



Figure 1 - The effects of sodium selenite  $(5x10^{-7} \text{ M})$  on SCE frequency in peripheral lymphocytes induced by AFB<sub>1</sub>.



Figure 2 - The effects of sodium selenite  $(1x10^{-6} M)$  on SCE frequency in peripheral lymphocytes induced by AFB<sub>1</sub>.

#### DISCUSSION

The normal human leukocytes stimulated to produce toxic oxygen metabolites cause sister chromatid exchanges in cultured mammalian cells (Weitzman and Stossel, 1981; Weitberg et al., 1983). Recent studies have shown that a flatoxin  $B_1$ enhances reactive oxygen species formation and causes oxidative damage (Chan et al., 2003). Also, AFB<sub>1</sub> plays a primary role in the generation of AFB<sub>1</sub>-mediated genetic damage (Wang and Groopman, 1999). The present study suggested, but did not prove that aflatoxin  $B_1$  (5 and 10 $\mu$ M) reacted with components of human WBC, resulting in the formation of toxic intermediate compounds. Some of the oxygen products could cause SCE formation in peripheral lymphocytes. In a previous study, oxidative damage, including formation of 8-oxodeoxyguanosine (8-oxodG), was observed in rat hepatic DNA following exposure to AFB<sub>1</sub> (Wang and Groopman, 1999). In our study, SCEs were increased in cells treated with  $AFB_1$  alone (except for  $1\mu M$ ) and this effect was highly magnified with AFB<sub>1</sub> dosage. A timeand dose dependent increase in hepatic levels of 8oxodG residues in liver DNA treated with AFB<sub>1</sub> has been recently reported (Shen et al., 1995; Yaborough et al., 1996).

The risk for  $AFB_1$  hepatocarcinogenesis could be modified in animals by using a number of chemoprotective agents (Wang and Groopman, 1999). It was strinking that a dramatic reduction of AFB<sub>1</sub>-induced SCEs in peripheral lymphocytes by the increase in the amount of Na<sub>2</sub>SeO<sub>3</sub> was demonstrated by our study. These data suggested that selenium could be affecting as an antioxidant. Because, selenium is a prosthetic group essential for the catalytic activity of glutathione peroxidase (GSHpx) (Chow, 1979). The selenium-dependent glutathione peroxidase could detoxify both hydrogen peroxide and lipid hydroperoxides (Leopold, 1976; Sandstrom and Marklund, 1990). AFB<sub>1</sub>-induced reactive oxygen species formation and lipid peroxidation (LPO) might play a role in its cytotoxicity (Chan et al., 2003). AFB1-induced LPO was also found in hepatocytes (Liu et al., 1999). In the present study, erythrocytes were present in the incubation medium. Glutathione peroxidase activities increased significantly in erythrocytes from mice supplemented with selenium dietary (Arai et al., 2002). Erythrocytes are known to have GSHpx and glutathione-Stransferase (GST) (Ozturk and Gumuslu, 2004). On the other hand, glutathione is a major componenet of RBCs (Ray, 1984) that plays a central role in the antioxidant defenses of cells (Meister, 1983). It is a cofactor of the enzyme glutathione peroxidase (Leopold, 1976). Again, glutathione conjugates with AFB<sub>1</sub> (Madle et al., 1986). Thus, it could be possible that AFB<sub>1</sub>induced oxidative damage acted as an intermediate genetic damage observed. However, a for the mechanism consisting of glutathione-Se-reactive oxygen species formation from Na<sub>2</sub>SeO<sub>3</sub> and AFB<sub>1</sub> involving the participation of glutathione in RBCs might play a key role in this antagonism between  $AFB_1$  and selenium. Also, it is predicted that the induction of detoxification enzymes (GSHpx and GST) following exposure to aflatoxin might contribute to the reduction in covalent binding of AFB<sub>1</sub> to macromolecules as reported in liver (Loury and Hsieh, 1984). Covalent binding of  $AFB_1$  to adenosine (Andrea and Haseltine, 1978), cytosine (Yu et al., 1991) and guanine in DNA in vitro has been reported (Wang and Groopman, 1999). In cultured CHO cells selenium treatment did not affect AFB<sub>1</sub>-DNA binding (Shi et al., 1995). Whereas, Chen et al. (1982), found that covalent binding of AFB1 to liver DNA and RNA was higher in chicks fed the selenium-deficient diets than the chicks supplemented with selenium or vitamin E or both (Shamberger, 1985).

Despite the uncertainity about the specific role of selenium in human WBC, the SCE test showed that sodium selenite was non-genotoxic, while AFB<sub>1</sub> induced DNA damage. It was also shown that sodium selenite decreased the genotoxicity of AFB<sub>1</sub> when administered at the same time in a clear dose-related manner. This is the first report describing the protective effects of Se against AFB<sub>1</sub> genotoxicity on human WBC. It could be possible that AFB<sub>1</sub>-induced reactive oxygen species formation and oxidative damage might also contribute to its genotoxicity. The protective effect could be an important cytogenetic characteristic of sodium selenite, yet how this activity relates to the antimutagenic property of this agent is difficult to understand. Results also showed that selenium did not completely inhibit induction of SCEs by AFB<sub>1</sub>. As a matter of fact, the rates of SCEs following selenium treatment were still higher than controlled values observed in the present study.

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