# Physical properties and hydration evolution of dispersant containing calcium aluminate cement compositions for endodontic applications

# (Propriedades físicas e evolução da hidratação de composições de cimento de aluminato de cálcio contendo dispersante para aplicações endodônticas)

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#### Abstract

The purpose of this study was to evaluate the physical properties and hydration evolution of calcium aluminate cement (CAC) compositions containing an advanced dispersant. The compressive strength, dimensional change, apparent porosity and quantitative X ray diffraction analysis (XRD) of the cement pastes were carried out over 1-15 days of curing (with the samples immersed in distilled water) at 37 °C. The addition of a polymeric dispersant to the selected CAC (Secar 71) resulted in higher, but suitable expansion of the cement samples, and improved uniaxial compressive strength reaching values in the range of 73-87 MPa after 15 days. Quantitative XRD results also showed that  $C_3AH_6$  and  $Al(OH)_3$  were the main phases detected during the cement hydration process, but  $CAH_{10}$  and  $C_2AH_8$  were also found due to the higher water availability in the curing environment. According to the attained results, it could be concluded that the dispersant containing calcium aluminate cement compositions have the potential to be used as endodontic materials.

Keywords: calcium aluminate cement, compressive strength, dispersant, hydration.

#### Resumo

O objetivo deste estudo consistiu em avaliar as propriedades físicas e a evolução da hidratação de composições de cimento de aluminato de cálcio (CAC) contendo um dispersante avançado. Os ensaios de resistência à compressão, variação dimensional, porosidade aparente e análise quantitativa por difração de raios X (DRX) das pastas cimentícias foram realizados entre 1-15 dias de cura (com as amostras imersas em água destilada) a 37 °C. A adição do dispersante polimérico ao CAC selecionado (Secar 71) resultou em maior, mas ainda sim adequada expansão das amostras, com aumento da resistência à compressão uniaxial atingindo valores entre 73-87 MPa após 15 dias. Os resultados de DRX quantitativo também mostraram que  $C_3AH_6$  e  $Al(OH)_3$  foram as principais fases detectadas durante o processo de hidratação do cimento, mas CAH<sub>10</sub> e  $C_2AH_8$ também foram encontradas devido a elevada disponibilidade de água no ambiente de cura. De acordo com os resultados obtidos, pode-se concluir que as composições de cimento de aluminato de cálcio contendo dispersante têm potencial para serem utilizadas como materiais endodônticos. **Palavras-chave**: cimento de aluminato de cálcio, resistência mecânica, dispersante, hidratação.

### **INTRODUCTION**

Over the last years, the development of new products presenting suitable properties that fulfill the requirements related to endodontic treatments (biocompatibility, improved sealing ability, dimensional stability, easiness for preparation and application, reduced setting time, and others) has been extensively investigated [1-4]. Mineral trioxide aggregate (MTA) is currently applied as root-end filling material but its use is limited due to the long setting time, medium compressive strength, poor handling characteristics, tooth and gum darkening and higher cost [5, 6]. For this reason, polycarboxylate binders and calcium aluminate cement based products have been designed and evaluated in order to overcome such drawbacks [2, 3, 7-9].

In order to design high quality endodontic products,

one of the main aspects to be explored is the rheological characteristics of the calcium aluminate cement pastes when in the presence of advanced dispersants or plasticizers (such as polycarboxylate ethers - PCE), which induces electrostatic and steric effects inhibiting the coagulation of particles and leading to lower water consumption and higher workability. In addition, depending on the chemical structure, PCE can either retard or accelerate the cement hydration process, giving an extended workability or resulting in a faster increase of the materials' mechanical strength [4, 10].

According to Hommer et al. [10], the negative carboxylate groups of the polymeric macromolecule adhere onto the positively charged surface of the cement grain, leading to electrostatic and steric repulsion, the latter as a result of the side chains molecular structure. Hence, this electrosteric repulsion results in a suspension with less agglomerates and a cement paste with better flowability. Nevertheless, despite these promising rheological aspects, there is a lack of studies focused on the evaluation of the mechanical properties of dispersant containing CAC materials, especially regarding the formation of phases and their effect under conditions similar to those found in an endodontic treatment (37 °C and in the presence of liquid fluids).

Therefore, this work addresses the investigation of some physical properties (compressive strength, dimensional change and apparent porosity) and the hydrate phase evolution of calcium aluminate cement pastes containing a polymeric dispersant, aiming to shed more light on the performance of this alternative material. The cement samples were kept at 37 °C and immersed in distilled water for 1 to 15 days of curing. Due to the complexity of the CAC hydration process, the authors chose to firstly evaluate the cement behavior in contact with distilled water in order to focus on the various phase transformations and avoid the delaying effect induced by some of the ions contained in the simulated body fluid solutions [11].

# MATERIALS AND METHODS

Plain Secar 71 calcium aluminate cement (S, Kerneos, France, Table I) and two additional compositions containing 0.2 (S-0.2D) and 0.6 wt.% (S-0.6D) of a polyethylene glycol based dispersant (Basf, Germany) were evaluated in this work. The cement pastes were mixed with 0.3 water/cement ratio (W/C), using a metal spatula in a glass beaker.

Table I - Chemical composition of Secar 71. [Tabela I - Composição química do cimento Secar 71.]

Chemical composition	Content (wt.%)
$CaAl_2O_4$ (or CA)	56
$CaAl_4O_7$ (or $CA_2$ )	40
$Al_2O_3$	2
$Ca_{12}Al_{14}O_{33}$ (or $C_{12}A_{7}$ )	2

The CAC samples were evaluated based on the procedure standardized by ISO 9917-1 [12]. Cylindrical samples (diameter 11 mm and height 22 mm) were cast under vibration for 1 min and kept in a moisture-saturated environment (~100% RH) for 20 h at 37 °C  $\pm$  1 °C (Nova Ética equipment, model 403/D). After that, the samples were

demolded, immersed in distilled water and cured at 37 °C  $\pm$  1 °C. The uniaxial compressive strength of the materials was measured after 1, 3, 7 and 15 days of curing, using a Universal Testing Machine (MTS Systems 810, USA). The maximum load required to fracture each specimen was determined and the strength (MPa) was calculated according to the equation:

$$\sigma = \frac{4P}{\pi D^2}$$
(A)

where P is the applied force (N) and D is the diameter (mm) of the specimens.

Dimensional change of the samples at 1, 3, 7 and 15 days of curing were evaluated according to the method prescribed by the ISO 6876:2001 [13] for dental root canal sealing materials. In addition, the apparent porosity of the CAC samples was measured by the Archimedes method (ASTM C380-00), using kerosene as the immersion liquid.

The cement samples attained after the compressive tests were ground and dried in the microwave for 6 min in order to halt the hydration process [14]. The collected materials were analyzed by X-ray diffraction technique (Bruker D8 Focus, Germany) and the Rietveld method (Topas 4.2 software, Bruker) was used to calculate the amount of the hydrate phases as a function of the curing time. Due to the lack of information in the literature concerning the symmetry and structure of the CAH<sub>10</sub> and C<sub>2</sub>AH<sub>8</sub> phases (where C = CaO, A = Al<sub>2</sub>O<sub>3</sub> and H = H<sub>2</sub>O), a semi-quantitative evaluation of these hydrates (EVA software, Bruker) was carried out based on the calculation of the relative area of their more intense peaks.

#### **RESULTS AND DISCUSSION**

Table II and Fig. 1 present the physical properties of the cement specimens. Plain Secar 71 (S) and S-0.6D cements showed a significant lower dimensional change than S-0.2D. Moreover, the addition of 0.6 wt.% of dispersant resulted in a continuous increase of the mechanical strength values.

The hydration mechanism of calcium aluminate pastes is via dissolution-precipitation, where the anhydrous phases (CA and CA<sub>2</sub>) are dissolved and new compounds (CAH<sub>10</sub>, C<sub>2</sub>AH<sub>8</sub>, C<sub>3</sub>AH<sub>6</sub> and/or AH<sub>3</sub>, as shown in Fig. 2) are precipitate out of the saturated solution [15]. The amount of Ca<sup>2+</sup> and Al(OH)<sub>4</sub><sup>-</sup> released in solution define the hydrated phases generated. Furthermore, the hydrate growth induces

Table II - Dimensional change of the evaluated cements as a function of the curing time. [Table II - Variação dimensional dos cimentos avaliados em função do tempo de cura.]

Compositions	Dimensional Change (%)			
	1 day	3 days	7 days	15 days
S	$0.31 \pm 0.01$	$0.30\pm0.03$	$0.68 \pm 0.12$	$0.26 \pm 0.06$
S-0.2D	$0.50\pm0.01$	$0.63 \pm 0.04$	$0.95\pm0.06$	$0.99 \pm 0.11$
S-0.6D	$0.39 \pm 0.02$	$0.54\pm0.03$	$0.72\pm0.09$	$0.75\pm0.08$



Figure 1: Compressive strength and apparent porosity results of Secar 71 samples kept in  $H_2O$  at 37 °C.

[Figura 1: Resultados de compressão uniaxial e porosidade aparente das amostras do cimento Secar 71 mantidas mergulhadas em H<sub>2</sub>O a 37 °C.]



Figure 2: Representative equations for the hydrates generation reactions in calcium aluminate cements [14].

[Figura 2: Equações que representam as reações de formação dos hidratos em cimentos de aluminato de cálcio [11].]

an interlocking effect and the formation of new bonds among these crystals, providing an increase of the cement mechanical strength [15-17].

Compressive behavior of the S cement showed slight changes over time and a significant increase of these values was observed in the range of 1-7 days for the S-0.2D and S-0.6D samples, attesting that the presence of this polymeric additive affected the CAC properties. In general, the porosity results also decreased with the advance of the curing time (Fig. 1), which can be associated with the continuous hydrated phases formation and precipitation in the available pores.

The highest strength developed by the dispersant containing compositions (S-0.2D and S-0.6D) can be related to the efficient dispersion of their particles resulting in a well packed structure with significant lower porosity than that for the plain Secar 71 cement. In addition, this eletrosteric additive affected the dimensional stability of the evaluated samples, leading to the cement expansion up to about 1% (Table II). This is an important aspect to be considered, as the set expansion of a root-end filling material should decrease the open spaces between the canal walls and the root canal sealer (gaps) [8]. On the other hand, excessive expansion is undesirable as it may lead to cracks in the root.

Fig. 3 presents the evolution of the hydrate phase contents throughout the cement hydration at 37 °C in the range of 1to15 days. The most important phases for the plain Secar 71 sample were  $C_3AH_6$  and  $Al(OH)_3$  (27.2-39.3wt.% and 39.2 -52.8wt.%, respectively), however  $CAH_{10}$  and  $C_2AH_8$  metastable hydrates were also found in higher amounts in the dispersant containing compositions. CA and  $CA_2$  phases were continuously consumed between 1-15 days (results not presented here), giving rise to hydrates with the advance of time.

The presence of  $C_3AH_6$  and  $Al(OH)_3$  in all tested materials are in agreement with other investigations [15, 16], as for temperatures above 35 °C the C<sub>2</sub>AH<sub>6</sub> precipitation is predominant. Nevertheless, the formation of metastable hydrates (CAH<sub>10</sub> and  $C_2AH_8$ ) can take place due to the high water availability in the curing environment. The CAH<sub>10</sub> and  $C_2AH_2$  conversion to  $C_2AH_2$  and  $Al(OH)_2$  is pointed out by many authors [4, 15, 18-20] as being responsible for spoiling some CAC properties, as these hydrates with lower density (1.72 and 1.95 g.cm<sup>-3</sup>) give rise to denser ones (2.42 and 2.52 g.cm<sup>-3</sup>), increasing the total porosity. Nevertheless, the continuous increase of the stable phases  $[C_2AH_4 \text{ and }Al(OH)_2]$ during the curing time offset the deleterious effect of CAH<sub>10</sub> and C<sub>2</sub>AH<sub>8</sub> transformation, resulting in high mechanical strength values after 15 days for the dispersant containing samples (Fig. 1). Due to the high content of the  $C_3AH_6$  and Al(OH), hydrates in the evaluated materials (Fig. 3), one can infer that these components play a major role in the CAC mechanical behavior. Comparing the attained results with others in the literature [7, 21], S-0.2D and S-0.6D samples presented higher compressive strength (73.0-87.2 MPa after 15 days) at an earlier age than MTA and conventional Portland cements (50.6-86.02 MPa after 28 days). However, it must be highlighted that the continuous contact between CAC and water during the curing step of the samples might have affected the hydration kinetic of the evaluated materials, inducing a faster reaction and transformation of the anhydrous phases. Thus, in clinical applications when in contact with tissue fluids, the evaluated cements are likely to



Figure 3: Evolution of the hydrate phase contents for the cement samples kept immersed in water at 37 °C. (S = Secar 71 and D = dispersant). Average standard deviation was close to  $\pm 1.0\%$  for all tested conditions.

[Figura 3: Evolução dos teores das fases hidratadas para as amostras de cimento mantidas em água a 37 °C. (S = Secar 71 eD = dispersante). Desvio padrão médio para todas as condições avaliadas for de aproximadamente  $\pm 1,0\%$ ].

continue its hydration and gain strength, although the ions present can delay its kinetics [11].

# CONCLUSIONS

The results of this study suggest that the dispersant containing calcium aluminate cement compositions have the potential to be used as endodontic materials. Higher compressive strength (73.0-87.2 MPa after 15 days), lower porosity levels and the main presence of  $C_3AH_6$  and  $Al(OH)_3$  hydrates were observed for the CAC compositions containing dispersant. Although high compressive strength values are not critical for root-end filling materials as they do not bear any direct occlusal load, improvements in this property are welcomed and may, additionally, be useful to

expand the clinical applications of CAC based products. Given the low cost of calcium aluminate cement and good properties when compared with Portland cements and MTA, it is reasonable to consider it is a promising material for endodontic applications.

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