# Challenges facing HIV treatment as prevention in Brazil: an analysis drawing on literature on testing

Simone Souza Monteiro (https://orcid.org/0000-0003-2009-1790) <sup>1</sup> Mauro Brigeiro (https://orcid.org/0000-0002-0791-1670) <sup>1</sup> Wilza Vieira Vilella (https://orcid.org/0000-0002-6246-2716) <sup>2</sup> Claudia Mora (https://orcid.org/0000-0003-4854-3429) <sup>3</sup> Richard Parker (https://orcid.org/0000-0003-3796-0198) <sup>4</sup>

**Abstract** According to current global AIDS guidelines, HIV testing is key to the success of the 'treatment as prevention' (TasP) strategy and the control of AIDS. In view of Brazil's commitment to these guidelines, this article characterizes the principles and justifications underpinning TasP and discusses implementation challenges. The analysis draws on a systematic review of the literature (2005 to 2015) on recruitment and testing strategies for men who have sex with men. This approach was adopted based on the assumption that current knowledge on HIV testing can offer valuable insights into the foundations of global AIDS policies and their uptake in local contexts. Based on the analysis of the 65 articles selected, we suggest that TasP represents a shift in the AIDS prevention paradigm. There is an overlap between prevention and care and the new approach places major emphasis on biomedical and psychological knowledge. The TasP approach fails to address the factors associated with HIV vulnerability and the stigma surrounding AIDS and undermines the participation of activists and PLWHA as autonomous producers of preventive of preventive practices. We argue that, to ensure the effective implementation of TasP in Brazil, it is necessary to discuss issues such as the protection of human rights and the structural problems facing Brazil's public health system.

**Key words** Systematic review, Testing, HIV/AIDS, Prevention, MSM

<sup>2</sup> Programa de Pós-

RJ Brasil.

do Rio de Janeiro. Rio de

<sup>&</sup>lt;sup>1</sup> Laboratório de Educação em Ambiente e Saúde, Instituto Oswaldo Cruz, Fiocruz. Av. Brasil 4365/ Pavilhão Lauro Travassos, Manguinhos. 21045-900 Rio de Janeiro RJ Brasil. monteiro.simone.fiocruz@gmail.com

Graduação em Saúde Coletiva, Universidade Federal de São Paulo. São Paulo SP Brasil.

<sup>3</sup> Departamento de Políticas e Instituições de Saúde, Instituto de Medicina Social, Universidade do Estado

Janeiro RJ Brasil.

<sup>4</sup> Instituto de Estudos
de Saúde Coletiva,
Universidade Federal do Rio
de Janeiro. Rio de Janeiro

#### Introduction

In 2014, the United Nations launched UNAIDS, a strategy to end AIDS by 2030 based on achieving the 90–90–90 targets: 90% of all people living with HIV will know their HIV status;90% of all people with diagnosed HIV infection will receive sustained antiretroviral therapy; and 90% of all people receiving antiretroviral therapy will have durable viral suppression¹. The Brazilian government has endorsed these targets and reiterated its commitment in 2015in Rio de Janeiro and in 2016 in Geneva².

"Treatment as prevention" (TasP) is key to meeting the 90-90-90 targets because this strategy makes it possible to reduce the circulation of HIV among the population, thus breaking the chain of transmission. For this to happen, the infection should be diagnosed as early as possible and followed by antiretroviral therapy (ART). The strategy was developed based on evidence indicating that antiretroviral drugs provide protection from HIV infection and that undetectable viral load greatly reduces the risk of HIV transmission<sup>3,4</sup>. It falls on the health sector to promote the expansion of testing, particularly for key populations at higher risk, identify HIV-positive individuals, and ensure treatment access and adherence.

New testing techniques (such as rapid tests and oral fluid-based testing) and strategies providing extended hours testing in non-medical settings have gained prominence within TasP. As a result, homes, nongovernmental organizations, places where homosexuals meet and socialize, and sex settings have become alternative testing locations. In this response to AIDS, individual treatment and the rationale behind prevention are governed by 'pharmaceuticalization'5. The primary focus of this approach is the identification and treatment of people who already have HIV, while reducing the viral load is both the aim of individual treatment and epidemic control.

Before the adoption of the TasP approach, HIV testing strategies such as Voluntary Counseling and Testing (VCT) and Provider-Initiated HIV Testing and Counseling (PICT) aimed to identify people with HIV. VCT is aimed at individuals seeking testing of their own accord and promotes dialogue and reflection on risk contexts and vulnerability. Dating back to the 1980s, this approach led to the creation of Voluntary Counseling and Testing Centers (VCTCs) for the general population across the country.

PICT is aimed at specific populations and patients are referred to HIV testingby a health-

care professional<sup>6</sup>. Introduced in the 2000s after research had shown the prevention and care benefits of timely diagnosis and early initiation of ART for certain population groups, such as pregnant women, tuberculosis patients, and people with sexually transmitted or opportunistic infections, this method coexists with VCT. This logic is illustrated by the introduction of HIV testing during antenatal care, labor, or shortly after childbirth to prevent mother-to-child HIV transmission.

By the middle of the 1990s, therefore, HIV/AIDS policy guidelines in Brazil already included the promotion of early diagnosis<sup>7</sup>. This theme gained prominence in the country's foreign policy and can be observed in the national strategic plan and loan agreement between the Brazilian Government and the World Bank (AIDS II). Testing campaigns were progressively launched and access to testing was expanded through the *Sistema* Único de Saúde (SUS), Brazil's public health system.

Although this shift in emphasis towards HIV testing occurred prior to the introduction of TasP, each strategy attaches different meaning to testing. VCT is based on the principles of the "exceptionality" of testing, autonomy, prevention, and counseling, while PICT and TasP are characterized by the normalization of testing, which values the collective benefits of treatment over and above the right to individual autonomy. In the latter, priority is given to testing, particularly among high-risk groups, given that knowledge of HIV status is vital for preventing and controlling the epidemic, making it possible to target interventions to break the chain of transmission. This perspective embodies a new prevention logic centered on the identification and treatment of infected people.

In Brazil, the concept of TasP was introduced by the government in December 2013,with the approval of the *Protocol and treatment guidelines* for the management of HIV infection in adults<sup>8</sup>. This Protocol recommends early initiation of ART in adults with HIV, regardless of the stage of HIV infection or CD4 count and subject to patient consent<sup>9</sup>.

In addition to maintaining HIV testing during antenatal care, labor, or shortly after childbirth and testing of people with tuberculosis or sexually transmitted infections (STIs)such as syphilis and hepatitis, the Ministry of Health stepped up efforts to expand testing on the public health system, introducing oral fluid-based rapid testing in health centers across the country. Also in

2014, as part of the project *Viva Melhor Sabendo* (Live Better Knowing), the government issued a call for proposals to enable nongovernmental organizations to carry out oral fluid-based testing of gays, MSM, transvestites, transsexual people, sex workers, and drug users. In 2015, 47 civil society organizations from different regions of the country received funding via this call from this source. In parallel with this initiative, the government launched campaigns to promote testing for young people with the slogan #partiu teste.

Geared towards the expansion of HIV testing locations, between 2008 and 2014, the Ministry of Health and USAID supported the implementation and evaluation of the project *Quero fazer*(I want to) in Rio de Janeiro, Brasília, Fortaleza, São Paulo, and Recife. Targeting MSM, gays, and transvestites, the project compared testing provision across three settings: VCTCs, NGOs, and mobile testing units (MTUs)<sup>11</sup>.

Currently, international organizations such as AIDS Health Care Foundation provide support for state and local governments and NGOs to provide mobile testing services targeting high-prevalence groups. An example is the Ahora é agora (the time is now) initiative in Curitiba, a partnership between UNAIDS, the Ministry of Health, Oswaldo Cruz Foundation, and local NGOs. This project, supported by the Centers for Disease Control, provided testing in MTUs and HIV self-test kits to MSM (https://www.ahoraeagora.org/). In Rio de Janeiro, the state government's HIV/AIDS agency (Gerência Estadual de DST/Aids) and Laboratory for Clinical Research on STDs and AIDS of the INI/Oswaldo Cruz Foundation coordinates a MTU in Madureira, a low-middle class neighborhood.

To contribute to the discussion of the challenges to delivering Tas Pin Brazil, this work analyzes the principles and justifications underpinning this strategy drawing on a systematic review of literature on recruitment strategies and the provision of HIV testingto MSMpublished between 2005 and 2015. The review focuses on MSMbecause thisgroup is considered unique from a research point of viewgiven the central role it playsin shaping national and global responses to the AIDS epidemic.

The choice of a literature review assumes that the development of global guidelines on HIV/ AIDS prevention involves a broad range of organizations and individuals, including specialists, professionals, and researchers from a variety of areas. In this sense, the analysis of current knowledge on HIV testing can offer valuable insights into the foundations and uptake of AIDS policies such as TasP in so far as it helps to unveil underlying philosophical assumptions. In their description of the complex processes and multidimensional factors involved in the historical shift from medicalization to biomedicalization of HIV/AIDS, Clarke et al.<sup>12</sup> emphasize the contribution made by the social sciences to understanding the emergence of new discourses, such as current global guidelines on the control of the epidemic.

#### Methodology

A systematic literature review was conducted consisting of the following steps: database selection, definition of descriptors, definition of inclusion and exclusion criteria, and blind review of the articles by two researchers<sup>13,14</sup> Articles published in English, Spanish, and Portuguese between 2005 and July 2015 were searched using the following databases: PubMed, Sociological Abstracts, Lilacs, Cochrane, and SciELO. The following combination of descriptors was used (Chart 1).

The following inclusion criteria were used to select the articles: voluntary testing in different locations; use of rapid HIV testing; recruitment strategies for testing; effects of testing and counseling; prevention linked to testing; cost-effectiveness; evaluation; effects of stigma on testing services and MSM population. The exclusion criteria were studies on laboratory techniques and diseases that are not sexually transmitted and those that did not address access to or frequency of testing among MSM.

The searches resulted in 167 abstracts. Duplicate articles were excluded, resulting in a total of 133 abstracts. These abstracts were then read to select articles addressing ways of recruiting MSM for testing and testing provision strategies. The selection process resulted in the 65 articles listed in Chart 2, three of which were concerned with Brazil<sup>15-17</sup>. Although small in number, the studies conducted in Brazil highlight the importance of improving living standards and access to health services among the most vulnerable populations and the lack of research into TasP in Brazil.

The following categories of analysis emerged from the 65 articles: rationale behind global HIV testing policies; importance of the condom; diversification of testing locations and recruitment methods; participation of NGOs and community movements in the implementation of prevention and testing policies.

Chart 1. Terms identified in MeSH (Medical Subject Headings) and DeCS (Health Sciences Descriptors).

Chart 1. Terms identified in West (Wedical Subject Fleadings) and Dees (Treatin Sciences Descriptors).				
Testing	testeo Testagem			
anonymous testing	pruebas anónimas	testes anônimos		
Serologic test	pruebas serológicas	testes sorológicos, sorodiagnóstico		
Aids serodiagnosis	serodiagnóstico del sida	Não identificado no DECS		
Prevention	prevención	Prevenção		
Aids	Sida	Aids		
Counseling	consejería	Aconselhamento		
testing strategies	estrategias de testeo	Não identificado no DECS		
Terms present in the in	dexed literature, but NOT recognized	d in the MeSH and DeCS		
testing methods	Métodos de testeo	Métodos de testagem		
mobile HIV testing				
mobile testing				
mobile unit				
treatment as prevention				
combination HIV prevention				
HIV prevention	Prevención del VIH	Prevenção do HIV		
HIV prevention strategies				
POC Point of Care				
home-based				
self-testing				
community-based				
community mobilization				
MSM	HSH	HSH		
Homosexual	homosexual	homossexual		
Bisexual	bisexual	bissexual		
assessment	acceso	acesso		
Barriers	barreras	barreiras		
willingness	aceptabilidad	aceitabilidade		

#### Results

# Rationale behind global HIV testing policies

In the early years of the AIDS epidemic, with the absence of effective treatments, the predominant strategy was VCT and knowing his/her HIV status was the patient's right. The link between testing and counseling spawns from the assumption that reflections brought about by counselor-patient dialogue can prompt changes in attitudes and the adoption of safe-sex practices. Combining testing and counseling provides an opportunity to inform patients and encourage prevention practices, demystifying myths and prejudice and providing support to HIV-positive individuals. Centered around voluntary testing rather than routine testing, VCT is rooted in the principle of AIDS "exceptionality". VCT and oth-

er similar AIDS responses fall within the human rights-based approach to health 18,19 endorsed by Brasil<sup>20</sup>.

VCT was described by18 of the articles as an exclusive strategy characterized by pre and post-test counseling, the provision of emotional support, and the principles of informed consent andconfidentiality<sup>21</sup>. There was a predominance of nonclinical testing locations, including NGO and community-based settings<sup>24-27</sup> and saunas<sup>22,23</sup>. The articles also address patient-health staff interaction, the quality of pre and post-test counseling, and the meanings assigned to repeat testing<sup>22,24</sup>. The review also found studies highlighting the importance of the right to information and the positive effects of diagnosis for individuals and their partners.

Under TasP, testing is linked to treatment as a prevention tool. It is therefore the point of departure and one of the pillars of success of the

	Chart 2. Ta	able with the	65 references analy	vzed by this study.
--	-------------	---------------	---------------------	---------------------

1	Agarwal A, Hamdallah M, Swain SN, Mukherjee S, Singh N, Mahapatra S, et al. Implementation o		
	confidential helpline for men having sex with men in India. JMIR mHealth uHealth. 2015;3(1):e17.		

- Bai X, Xu J, Yang J, Yang B, Yu M, Gao Y, et al. HIV prevalence and high-risk sexual behaviours among MSM repeat and first-time testers in China: implications for HIV prevention. J Int AIDS Soc. 2014;17:18848
- Bavinton BR, Brown G, Hurley M, Bradley J, Keen P, Conway DP, et al. Which gay men would increase their frequency of HIV testing with home self-testing? AIDS Behav. 201317(6):2084–92.
- Baytop C, Royal S, Hubbard McCree D, Simmons R, Tregerman R, Robinson C, et al. Comparison of strategies to increase HIV testing among African-American gay, bisexual, and other men who have sex with men in Washington, DC. AIDS Care 2014; 26(5):608–12.
- Beattie TSH, Bhattacharjee P, Suresh M, Isac S, Ramesh BM, Moses S. Personal, interpersonal and structural challenges to accessing HIV testing, treatment and care services among female sex workers, men who have sex with men and transgenders in Karnataka state, South India. J Epidemiol Community Health. 2012; 66 Suppl 2:ii42–8.
- Bernstein KT, Liu K-L, Begier EM, Koblin B, Karpati A, Murrill C. Same-sex attraction disclosure to health care providers among New York City men who have sex with men: implications for HIV testing approaches. Arch Intern Med. 2008;168(13):1458–64.
- Bilardi JE, Walker S, Read T, Prestage G, Chen MY, Guy R, et al. Gay and bisexual men's views on rapid self-testing for HIV. AIDS Behav. 2013;17(6):2093–9.
- Bingham T a, Secura GM, Behel SK, Bunch JG, Simon P a, MacKellar DA. HIV risk factors reported by two samples of male bathhouse attendees in Los Angeles, California, 2001-2002. Sex Transm Dis. 2008; 35(6):631–6.
- Blas MM, Menacho LA, Alva IE, Cabello R, Orellana ER. Motivating men who have sex with men to get tested for HIV through the internet and mobile phones: a qualitative study. PLoS One. 2013; 8(1): e 54012.
- Brookmeyer R, Boren D, Baral SD, Bekker L-G, Phaswana-Mafuya N, Beyrer C, et al. Combination HIV prevention among MSM in South Africa: results from agent-based modeling. PLoS One. 2014;9(11):e112668
- Carnicer-Pont D, Barbera-Gracia MJ, Fernandez-Davila P, Garcia de Olalla P, Munoz R, Jacques-Avino C, et al. Use of new technologies to notify possible contagion of sexually-transmitted infections among men. Gac Sanit. 2015;
- 12 Castillo M, Palmer BJ, Rudy BJ, Fernandez MI. Creating partnerships for HIV prevention among YMSM: the Connect Protect(R) Project and House and Ball Community in Philadelphia. J Prev Interv Community. 2012;40(2):165–75.
- 13 Champenois K, Le Gall J-MJ-M, Jacquemin C, Jean S, Martin C, Rios L, et al. ANRS-COM'TEST: description of a community-based HIV testing intervention in non-medical settings for men who have sex with men. BMJ; 2012; 2(2):e 000693.
- 14 Cinta F, Jordi C, Rafael M, Victoria G, Kati Z. Incremento en la prevalencia del VIH y en las conductas de riesgo asociadas en hombres que tienen sexo con hombres: 12 años de encuestas de vigilancia conductual en Cataluña. Gac Sanit 2010; 24(1): 40–6
- 15 Cohall A, Dini S, Nye A, Dye B, Neu N, Hyden C. HIV testing preferences among young men of color who have sex with men. Am J Public Health; 2010;100(10):1961–6
- Delaney KP, Kramer MR, Waller LA, Flanders WD, Sullivan PS. Using a geolocation social networking application to calculate the population density of sex-seeking gay men for research and prevention services. J Med Internet Res; 2014;16(11):e 249
- 17 Dewsnap CH, McOwan A. A review of HIV point-of-care tests. Int J STD AIDS. 2006;17(6):357–9
- Dorell CG, Sutton MY, Oster AM, Hardnett F, Thomas PE, Gaul ZJ, et al. Missed opportunities for HIV testing in health care settings among young African American men who have sex with men: implications for the HIV epidemic. AIDS Patient Care STDS. 2011;25(11):657–64
- 19 El-Bassel N, Gilbert L, Witte S, Wu E, Hunt T, Remien RH. Couple-based HIV prevention in the United States: advantages, gaps, and future directions. J Acquir Immune Defic Syndr. United States 2010;55 Suppl 2:S98–101
- 20 Ellen JM, McCree DH, Muvva R, Chung S-E, Miazad RM, Arrington-Sanders R, et al. Recruitment approaches to identifying newly diagnosed HIV infection among African American men who have sex with men. Int J STD AIDS. 2013;24(5):335–9
- Fairley CK, Law M, Chen MY. Eradicating syphilis, hepatitis C and HIV in MSM through frequent testing strategies. Curr Opin Infect Dis. 2014;27(1):56–61

#### Chart 2. Table with the 65 references analyzed by this study.

22	Fan EL. HIV testing as prevention among MSM in China: the business of scaling-up. Glob Public Health.
	2014:9(1-2):85–97

- 23 Fernández-Balbuena S, de la Fuente L, Hoyos J, Rosales-Statkus ME, Barrio G, Belza M-JM-J, et al. Highly visible street-based HIV rapid testing: is it an attractive option for a previously untested population? A cross-sectional study. Sex Transm Infect 2014;90(2):112–8
- 24 Firestone R, Rivas J, Lungo S, Cabrera A, Ruether S, Wheeler J, et al. Effectiveness of a combination prevention strategy for HIV risk reduction with men who have sex with men in Central America: a midterm evaluation. BMC Public Health. 2014;14:1244
- Flowers P, McDaid LM, Knussen C. Exposure and impact of a mass media campaign targeting sexual health amongst Scottish men who have sex with men: an outcome evaluation. BMC Public Health. 2013;13:737
- Frasca T, Balan I, Ibitoye M, Valladares J, Dolezal C, Carballo-Dieguez A. Attitude and behavior changes among gay and bisexual men after use of rapid home HIV tests to screen sexual partners. AIDS Behav; 2014;18(5):950–7
- 27 Fuqua V, Chen Y-H, Packer T, Dowling T, Ick TO, Nguyen B, et al. Using social networks to reach Black MSM for HIV testing and linkage to care. AIDS Behav. 2012;16(2):256–65
- 28 Gilbert M, Hottes TS, Kerr T, Taylor D, Fairley CK, Lester R, et al. Factors associated with intention to use internet-based testing for sexually transmitted infections among men who have sex with men. J Med Internet Res. 2013;15(11):e254
- Golden MR, Gift TL, Brewer DD, Fleming M, Hogben M, St Lawrence JS, et al. Peer referral for HIV case-finding among men who have sex with men. AIDS. 2006;20(15):1961–8
- 30 Goldenberg T, McDougal SJ, Sullivan PS, Stekler JD, Stephenson R. Preferences for a Mobile HIV Prevention App for Men Who Have Sex With Men. JMIR mHealth uHealth 2014;2(4):e 47
- Greacen T, Friboulet D, Fugon L, Hefez S, Lorente N, Spire B. Access to and use of unauthorised online HIV self-tests by internet-using French-speaking men who have sex with men. Sex Transm Infect. 2012;88(5):368–74
- 32 Gu J, Lau JTF, Tsui H. Psychological factors in association with uptake of voluntary counselling and testing for HIV among men who have sex with men in Hong Kong. Public Health. 2011;125(5):275–82.
- Gumy C, Jeannin A, Balthasar H, Huissoud T, Jobin V, Hausermann M, et al. Five-year monitoring of a gay-friendly voluntary counselling and testing facility in Switzerland: who got tested and why? BMC Public Health. 2012;12:422.
- Halkitis PN, Kupprat SA, McCree DH, Simons SM, Jabouin R, Hampton MC, et al. Evaluation of the relative effectiveness of three HIV testing strategies targeting African American men who have sex with men (MSM) in New York City. Ann Behav Med. 2011;42(3):361–9.
- Han L, Bien CH, Wei C, Muessig KE, Yang M, Liu F, et al. HIV self-testing among online MSM in China: implications for expanding HIV testing among key populations. J Acquir Immune Defic Syndr. 2014;67(2):216–21
- Hao C, Huan X, Yan H, Yang H, Guan W, Xu X, et al. A randomized controlled trial to evaluate the relative efficacy of enhanced versus standard voluntary counseling and testing on promoting condom use among men who have sex with men in China. AIDS Behav. 2012;16(5):1138–47
- Hong NTT, Wolfe MI, Dat TT, McFarland D a., Kamb ML, Thang NT, et al. Utilization of HIV voluntary counseling and testing in Vietnam: an evaluation of 5 years of routine program data for national response. AIDS Educ Prev. 2011;23(3 Suppl):30–48.
- Hoyos J, Belza MJ, Fernandez-Balbuena S, Rosales-Statkus ME, Pulido J, de la Fuente L. Preferred HIV testing services and programme characteristics among clients of a rapid HIV testing programme. BMC Public Health. 2013;13:791
- Hoyos J, Fernández-Balbuena S, de la Fuente L, Sordo L, Ruiz MM, Barrio G, et al. Never tested for HIV in Latin-American migrants and Spaniards: prevalence and perceived barriers. J Int AIDS Soc. 2013;16:18560.
- 40 Hu Q, Xu J, Chu Z, Zhang J, Yun K, Shi F, et al. Barriers to acceptance of provider-initiated testing and counseling among men who have sex with men in Shenyang, China: a cross-sectional study. Biomed Res Int. 2013;2013:280969
- Huebner DM, Binson D, Pollack LM, Woods WJ. Implementing bathhouse-based voluntary counselling and testing has no adverse effect on bathhouse patronage among men who have sex with men. Int J STD AIDS. 2012;23(3):182–4.
- 42 Huebner DM, Binson D, Dilworth SE, Neilands TB, Grinstead O, Woods WJ. Rapid vs. standard HIV testing in bathhouses: what is gained and lost? AIDS Behav. 2010;14(3):688–96.

<b>Chart 2.</b> Table with the 65 references analyzed by this st
--

43	Ifekandu C, Suleiman A, Aniekwe O. The cost-effectiveness in the use of HIV counselling and testing-
	mobile outreaches in reaching men who have sex with men (MSM) in northern Nigeria. J Int AIDS Soc.
	2014;17(4 Suppl 3):19610

- 44 Laperrière H. Evaluation of STD/HIV/AIDS peer-education and danger: a local perspective. Ciênc saúde coletiva. 2006;13(6):1817–24
- 45 Lippman SA, Périssé AR, Veloso VG, Sullivan PS, Buchbinder S, Sineath RC, Grinsztejn B. Acceptability of self-conducted home-based HIV testing among men who have sex with men in Brazil: data from an online survey. Cad Saude Pública. 2014;30(4):724–34
- Mackellar DA, Hou S-I, Whalen CC, Samuelsen K, Sanchez T, Smith A, et al. Reasons for not HIV testing, testing intentions, and potential use of an over-the-counter rapid HIV test in an internet sample of men who have sex with men who have never tested for HIV. Sex Transm Dis. 2011;38(5):419–28.
- 47 MacKellar DA, Valleroy LA, Secura GM, Behel S, Bingham T, Celentano DD, et al. Unrecognized HIV infection, risk behaviors, and perceptions of risk among young men who have sex with men: opportunities for advancing HIV prevention in the third decade of HIV/AIDS. J Acquir Immune Defic Syndr. 2005; 38(5):603–14
- 48 MacPherson P, Chawla A, Jones K, Coffey E, Spaine V, Harrison I, et al. Feasibility and acceptability of point of care HIV testing in community outreach and GUM drop-in services in the North West of England: a programmatic evaluation. BMC Public Health. 2011;11:419.
- 49 Mansergh G, Naorat S, Jommaroeng R, Jenkins RA, Jeeyapant S, Kanggarnrua K, et al. Adaptation of Venue-Day-Time Sampling in Southeast Asia to Access Men Who Have Sex with Men for HIV Assessment in Bangkok. Field methods. Division HIV/AIDS Prevention, Centers Disease Control & Prevention, Atlanta: Sage Publications; 2006;18(2):135–52.
- Marcus U, Ort J, Grenz M, Eckstein K, Wirtz K, Wille A. Risk factors for HIV and STI diagnosis in a community-based HIV/STI testing and counselling site for men having sex with men (MSM) in a large German city in 2011 inverted question mark2012. BMC Infect Dis. 2015 Jan;15(1):14.
- Margolis AD, Joseph H, Belcher L, Hirshfield S, Chiasson MA. "Never testing for HIV" among men who have sex with men recruited from a sexual networking website, United States. AIDS Behav. 2012;16(1):23–9.
- 52 Marley G, Kang D, Wilson EC, Huang T, Qian Y, Li X, et al. Introducing rapid oral-fluid HIV testing among high risk populations in Shandong, China: feasibility and challenges. BMC Public Health.; 2014;14:422.
- Marsh KA, Reynolds GL, Rogala BE, Fisher DG, Napper LE. Who chooses a rapid test for HIV in Los Angeles County, California? Eval Health Prof. 2010;33(2):177–96.
- Martinez O, Carballo-Dieguez A, Ibitoye M, Frasca T, Brown W, Balan I. Anticipated and actual reactions to receiving HIV positive results through self-testing among gay and bisexual men. AIDS Behav. 2014;18(12):2485–95
- Mattioli S, Corbelli GM, Pieralli S, Esposti MD. HIV test: which is your best? A National survey on testing preferences among MSM in Italy. J Int AIDS Soc.; 2014;17(4 Suppl 3):1959
- Mayer KH, Ducharme R, Zaller ND, Chan PA, Case P, Abbott D, et al. Unprotected sex, underestimated risk, undiagnosed HIV and sexually transmitted diseases among men who have sex with men accessing testing services in a New England bathhouse. J Acquir Immune Defic Syndr. 2012;59(2):194–8
- 57 McCree DH, Millett G, Baytop C, Royal S, Ellen J, Halkitis PN, et al. Lessons learned from use of social network strategy in HIV testing programs targeting African American men who have sex with men. Am J Public Health. 2013;103(10):1851–6.
- Mitchell JW. Gay male couples' attitudes toward using couples-based voluntary HIV counseling and testing. Arch Sex Behav. 2014;43(1):161–71
- O'Byrne P, MacPherson P, Ember A, Grayson M-O, Bourgault A. Overview of a gay men's STI/HIV testing clinic in Ottawa: clinical operations and outcomes. Can J Public Health. 2014;105(5):e389–94.
- O'Byrne P, Macpherson P, Roy M, Kitson C. Overviewing a Nurse-Led, Community-Based HIV PEP Program: Applying the Extant Literature in Frontline Practice. Public Health Nurs. 2015 Apr
- Pattanasin S, Wimonsate W, Chonwattana W, Tongtoyai J, Chaikummao S, Sriporn A, et al. Loss to followup and bias assessment among a cohort of Thai men who have sex with men in Bangkok, Thailand. Int J STD AIDS. 2015. Mar
- 62 Prestage G, Jin F, Zablotska IB, Imrie J, Grulich AE, Pitts M. Trends in HIV testing among homosexual and bisexual men in eastern Australian states. Sex Health. 2008;5(2):119–23

Chart 2. Table with the 65 references analyzed by this study.

63	Prost A, Chopin M, McOwan A, Elam G, Dodds J, Macdonald N, et al. "There is such a thing as asking
	for trouble": taking rapid HIV testing to gay venues is fraught with challenges. Sex Transm Infect.
	2007;83(3):185–8.

- 64 Purcell DW, Mizuno Y, Smith DK, Grabbe K, Courtenay-Quick C, Tomlinson H, et al. Incorporating couples-based approaches into HIV prevention for gay and bisexual men: opportunities and challenges. Arch Sex Behav. 2014;43(1):35–46
- 65 Silva SM, Spiassi AL, Alves D de C, Guedes D de J, Leigo R de O, Silvia Moreira da S, et al. Redução de danos: estratégia de cuidado com populações vulneráveis na cidade de Santo André SP. Saude soc. 2009;18(supl.2):100–3.

90-90-90 strategy, which envisages the sequence "testing-treatment-undetectable viral load – nontransmission"<sup>3</sup>. Within this approach, from a social and program point of view, testing is no longer seen as exceptional<sup>6</sup> and the aim is to make testing routine. The normalization principle assumes prominence and counseling loses its importance. While VCT testing is viewed as an opportunity to promote "awareness" of risks and protection against HIV, TasP testing is essentially a health measure used to identify cases, where by counseling gains a different meaning.

Nineteen articles specifically addressed the foundations of and strategies for TasP, including studies regarding viral load beliefs, risk management and interest in accessing testing<sup>28</sup>, and the relationship between routine testing and disclosure of sexual orientation<sup>29</sup>. Other studies identified associations between self-testing and individual risk factors<sup>30</sup> and the effectiveness of testing recruitment strategies for specific groups. In this respect, studies discussed individual and structural barriers to testing among MSM and testing provision in alternative locations, social networks, and conventional testing services<sup>31</sup>.

Under the TasP approach, it is argued that testing opportunities can be maximized through the establishment of stable partnerships<sup>32</sup> and using special testing units run by activists or NGOs<sup>33</sup>. From this perspective, knowledge of HIV status and monitoring viral load bring benefits to both patients and their partners, provided there is consistent adherence to ART.

#### Importance of the condom

Recognizing the condom as the key preventive tool in the fight against AIDS is one of the most notable aspects of thought collective<sup>34</sup> during the first three decades of the epidemic. However, there is little mention of the condom in

the literature analyzed by this study, suggesting that this tool is losing its importance in prevention actions associated with testing.

Some of the articles raise questions about condom effectiveness, while at the same time presenting testing as an alternative tool for HIV prevention. One study argues that using the rapid test before sexual interactions is likely to have a more beneficial effect on HIV transmission rates than the use of acondom<sup>32</sup>.

Other articles seek to empirically demonstrate the relationship between knowledge of HIV status and practicing safe sex, confirming that one of the positive effects of testing is condom use<sup>35</sup>. This relationship is also highlighted in studies on serosorting (selection of partners according to their HIV status) and uses of rapid testing. With respect to negotiations related to sex without condom, researchers suggest that home testing is a more effective form of prevention than a partner simply stating his/her HIV status. From this perspective, the test result can be a risk management tool, justifying the nonuse of a condom<sup>36</sup>. Other researchers suggest that testing leads to changes in sexual practices and that treatment reduces the likelihood of infection, even with exposure to the virus. Non testing has gradually become a problem and testing has become the solution, diminishing the importance of the condom.

Promoting condom use as a prevention method assumes the recognition of the individual agency. In this respect, prevention has been debated in light of the capacity of individuals to make their own free choices in relation to the management of prevention resources<sup>37</sup>. Although a number of studies explore factors influencing the willingness and readiness of individuals to take the test, a more in-depth discussion of the role of rationalization and reflexivity in the adoption of safe-sex practices is lacking in the articles reviewed by this study.

#### Emergence of routine testing

The articles show that testing seems to be detached from encouraging condom use. In the specialist discourse, driven by the promotion of routine testing, the importance of condom use, repeated ad nauseam in the not-too-distant past, is giving way to self-monitoring of HIV status. Some of the articles underline that health policies are progressively introducing routine testing for specific groups in emergency services and health centers, as proposed under PICT. Thus, the promotion of informed and voluntary decision-making now coexists on a permanent basis with the prescription of HIV testing.

The articles show gays and other MSM have become the preferred target of discussions surrounding the appropriateness of periodic testing. In the studies addressing TasP, routine testing is proposed based on a risk evaluation of a specific population rather than individuals. Various studies highlight that the ideal re-testing interval for gay men and other MSM has steadily declined<sup>28,31,32,38-40</sup>. Studies with African-American gays, bisexuals, and MSM, show that the lowest testing rates are found in people with the greatest risk of exposure to HIV<sup>31,41,42</sup> and that this association is particularly pronounced among those who do not identify themselves as gay<sup>43</sup>.

## Diversification of testing

The expansion of HIV testing services through TasP has brought about a proliferation of programs aimed at diversifying HIV testing in private and public settings outside conventional health services. As such, studies have begun to problematize the implications and challenges in expanding HIV testing, focusing on recruitment strategies, program outreach, and integration with conventional health services.

The rationale for the TasP approach is illustrated by studies examining different testing methods, which include issues such as the willingness to useself-testing<sup>28,30,44,45</sup> and the use of this method as a prevention strategy<sup>36,46</sup>. These studies view testing as a tool for promoting the adoption of safe-sex practices. MSM networks and places of sex interaction, previously studied to understand vulnerability to HIV and inform social responses, make a comeback in the articles on testing. However, places for socializing and sex interaction are now looked at from a different angle, where they are seen as potential alternative HIV testing locations.

In this vein, authors describe methods for mapping locations and interaction flows to define potential testing settings<sup>22,23,47</sup>. It is interesting to note the variety of methods used to recruit individuals for testing, such as web tracking and the provision of tests in pharmacies<sup>48,49</sup>. However, little is discussed about the human rights of the person being tested and the social determinants of vulnerability to HIV, even when dealing with populations who are more likely to suffer prejudice, violence, and social exclusion. The focus on risk prevails, centered only on behavioral factors.

## The participation of NGOs

The diversification of testing brings to light the resignification of the role of civil society in AIDS responses. The mention of activists as legitimate and autonomous creators of the preventive discourse was found in only a few articles that conform to the logic of VCT. This is the case of an article about a community-based HIV testing and counseling intervention highlighting that the presence of peers and non-clinical staff members can offset cultural barriers and stigma and stimulate awareness of HIV status<sup>25</sup>. Another study conducted in Thailand highlighted that involving NGOs, owners of places where homosexuals meet and socialize, and community leaders facilitated dialogue between the researchers and target population<sup>50</sup>. We also found studies in which NGOs collaborated in research design and coordination<sup>25,41,43,51</sup>. Furthermore, in some cases members of NGOs were co-authors of the article22,43,51.

However, in other studies NGOs only played an auxiliary role in prevention strategies, helping to recruit individuals for testing in view of their experience with and access to MSM and people living with HIV/AIDS (PLWHA)22,24,30,49. The articles show that community-based settings have become alternatives for extended hours testing outside conventional health services. In other articles NGOs play only a supporting role, focusing on the review and adjustment of instruments and recruitment<sup>30,51-54</sup>. From this perspective, knowhow is concentrated in health professionals and NGOs are assigned a secondary role restricted to their ability to access key subjects such as MSM and black and Latin men. NGOs are therefore given a lower status in the treatment as prevention approach, where they are valued more for their closeness to specific groups and ability to recruit individuals than for what they have to say about prevention and sexuality.

Fan<sup>55</sup> criticizes the role of community organizations in HIV testing in a study that examines the hiring of NGOs by the Chinese government to expand testing among MSM. The study illustrates the commodification of HIV testing, driving the emergence of new forms of government health surveillance and a new type of community action. Via outsourcing, testing conducted by NGOs promotes a type of coming out, revealing the homosexual practices of individuals previously counted as heterosexual transmissions.

From a critical perspective, the participation of NGOs simply as support for government testing programs jeopardizes the role of activism in shaping prevention responses and public participation<sup>56</sup>. In a context where testing is informed by technological advances and technical and economic rhetoric, it will be interesting to observe how NGOs will tackle this challenge without detracting from their advocacy role. As can be seen in Brazil, recently, allocation of public funding to NGOs/AIDS has been centered on expanding the testing provision. In a scenario of scarce international resources, this fact has contributed to a shift away from their role as facilitators of public participation and advocacy57 towards that of collaborators in HIV testing.

#### Discussion

The main differences between the VCT and TasP strategies identified in the literature systematized in Chart 3 illustrate the emergence of a new prevention paradigm centered on TasP. This approach is characterized by the expansion and diversification of testing provision aimed at improving diagnosis, whereby routine testing is touted as a strategy to encourage preventive practices. In the literature, sociological or psychosocial considerations regarding prevention are reduced to a specific discussion of the motivations for and barriers to testing and treatment. Counseling associated with testing focused on reflection and dialogue between counselor and patient, central to the VCT approach<sup>58-61</sup>, takes on a less important role; while repeat testing, no longer seen as a sign of failure of individual prevention practices and prevention programs, has now become a goal.

Given the adoption of TasP in Brazil, it is important to reflect on the potential implications of this approach, bearing in mind that the main aspects of this strategy run counter to many of the historical guiding principles of the national

response to HIV/AIDS, such as condom promotion, PLWHA rights, and tackling stigma around AIDS and social, gender, and sexual inequalities.

The 90-90-90 strategy clashes with the tradition of Brazil's HIV/AIDS response since it suggests that there is an overlap between prevention and care, placing greater emphasis on biomedical and psychological knowledge and practices over social knowledge. Prevention ceases to be a commitment of everyone involved based on creating the conditions to allow people to choose their form of protection, shifting towards the identification and treatment of infected people. Precedence is given to routine testing, since knowledge of HIV status has become a prerequisite for prevention based on timely treatment. This approach goes against voluntary counseling and testing, focused on information provision, dialogue, and reflection on contexts of vulnerability, which has guided policies aimed at tackling AIDS since the beginnings of the epidemic<sup>6,58-60</sup>.

Although based on mathematical models which supposedly give this approach internal coherence, TasP has been the object of criticism, either due to the lack of support provided to patients, or because testing positive does not necessarily ensure the immediate initiation of treatment and treatment adherence<sup>62</sup>. Furthermore, TasP requires an effectively functioning health system to receive and retain patients, manage the adverse effects of medication, and actively search for patients who miss appointments. The backdrop of crisis in the SUS, characterized by high staff turnover, dismantling of services, and eventual medication shortages, poses a major challenge for the effectiveness of TasP in Brazil<sup>63</sup>. Other obstacles include flaws in the notification system, under-recording of cases, and underestimation of the trends of the HIV/AIDS epidemic in the country<sup>7</sup>.

Studies have also questioned the failure to incorporate various actors in the construction of a multifaceted prevention response capable of coping with the sociocultural and human complexities of the epidemic<sup>64</sup>. In our view, the reconfiguration of prevention actions towards diagnosis and treatment should be met with caution. Give current funding shortfalls, the focus on TasP poses a significant threat to the elements that characterize Brazil's response to HIV/AIDS, such as the promotion of dialogue between partners for condom use, political mobilization of affected groups, tackling stigma and social and gender inequalities, and the fight for PLWHA rights.

Questions regarding the operational, ethical, and political implications of the new approach

Chart 3. Differences between VCT and TasP strategies.

Counseling and Voluntary Testing	Treatment as Prevention	
Prevention focused on voluntary testing	<b>Prevention</b> focused on routine testing, aimed at the	
and counseling, guided by raising awareness	initiation of treatment in order to reduce the viral	
of vulnerability to HIV and the promotion	loadand break the chain of transmission of HIV;	
of preventions, mainly by counseling and counseling takes on a less important role and con		
encouraging condom use	loses its importance	
Principle of exceptionality of testing to detect	Principle of normalization of testing, valuing the	
HIV, rooted in the principal of informed and	collective benefits of access to treatment over the right to	
voluntary consent	individual autonomy	
Provision of voluntarytestingin health services	Provision of testing in private and public settings	
(e.g.: VCTCs) and activities in nonmedical	outside conventional health services and emphasis on	
settings	outreach strategies for the most vulnerable groups	
Participation of NGOs and social movements in	NGOs and social movements work to support outreach	
advocacy efforts and policy formulation	strategies for testing of so called key-populations	

have also been raised at international level. According to researchers and activists, the promotion of preventive practices tends to be restricted to care services, thus failing to tackle the underlying factors influencing vulnerability to HIV infection in specific groups<sup>56,62,63</sup>.

#### Final considerations

The shift in the role of testing in the TasP approach reveals the prominence of a technocratic and biomedical logic centered on overcoming barriers to access to diagnostic testing and treatment and the belief that testing promotes the adoption of safe-sex practices. This approach fails to address the factors influencing an individual's vulnerability to HIV or tackle stigma surrounding AIDS, thus undermining human rights, the participation of activists and PLWHA as autonomous producers of preventive actions and discourses, and efforts to combat discrimination and social and gender inequalities. The lack of critical reflection on the negative implications of the biomedicalization processes that characterize current responses to Aids<sup>12,56,66</sup> tends to undermine the historic achievements of Brazil's world-renowned Aids program.

With respect to the formulation and implementation of policies to promote the expansion of access to testing and treatment, we argue that decision-makers should consider the potential synergies between present and past prevention strategies and the valuable contribution that civil

society can make to this process<sup>67</sup>. In this way, it will be possible to develop more powerful and innovative approaches to health service provision, including HIV testing, and to tackling stigma and the vulnerability of specific social groups. As has been clearly shown in the past, community mobilization and social activism are equally vital to the success of biomedical prevention responses<sup>66</sup>.

The present reflection seeks to outline the limitations and problems of the new prevention logic centered on diagnostic testing and treatment, aiming to highlight distortions, misconceptions, and gaps. Along these lines, it is important to problematize the use of the term 'key populations' instead of groups most vulnerable to HIV, centered on the social determinants affecting susceptibility to HIV infection. Its resemblance to the widely criticized term 'risk group', brings us to the negative effects of associating HIV with marginalized groups and of the limited reach of the hegemony of biomedicine in defining prevention and PLWHA care.

The active participation of people and communities affected by HIV/AIDS in defining and implementing care and prevention policy and interventions is key to the success of social responses to the AIDS epidemic in Brazil<sup>68</sup>. Against a backdrop of expanding access to diversified diagnostic technologies, it is necessary to consider the structural problems faced by the public health system affecting the provision of health care to patients diagnosed with HIV, weakening of social movements, and social and gender inequalities. This critical analysis helps to recognize

both the positive aspects of on HIV testing, such as the expansion of access to diagnostic testing among the most vulnerable populations, and the adverse effects that need to be overcome. Given the leading role that Brazil plays in defining international policies and the fact that TasP is a recent intervention, future updates of this review will provide the basis for analyzing the impacts of this global strategy in this country.

#### **Collaborations**

SS Monteiro was responsible for the coordination of the study, working on methodological design, discussion of results and writing and review of the article. M Brigeiro and C Mora were responsible for the methodological design, for the search, organization and analysis of the data and for the writing and revision of the article. WV Villela and R Parker acted in the discussion of the results and review of the article.

#### References

- Joint United Nations Programme on HIV/AIDS (UN-AIDS). Ambitious Treatment Targets: writing the final chapter of the AIDS epidemic. Geneva: UNAIDS; 2014.
- Brasil. Ministério da Saúde (MS). Departamento de Vigilância, Prevenção e Controle das IST, do HIV/Aids e das Hepatites Virais. Brasil garante apoio ao cumprimento da meta 90 90 90 durante encontro em genebra. [acessado 2017 Jan 27]. Disponível em: http://www. aids.gov.br/noticia/2016/brasil-garante-apoio-aocumprimento-da-meta-90-90-durante-encontro -em-genebra
- World Health Organization (WHO). Consolidated guidelines on the use of antiretroviral drugs for preventing and treating HIV infection. Geneva: WHO; 2013.
- 4. Montaner JSG, Lima VD, Harrigan PR, Lourenço L, Yip B, Nosyk B, Wood E, Kerr T, Shannon K, Moore D, Hogg RS, Barrios R, Gilbert M, Krajden M, Gustafson R, Daly P, Kendall P. Expansion of HAART coverage is associated with sustained decreases in HIV/AIDS morbidity, mortality and HIV transmission: the «HIV treatment as prevention» experience in a Canadian setting. PLoS ONE 2014; 9:e87872
- Biehl J. Antropologia no campo da saúde global. Horizontes Antropológicos 2011; 17(35):257-296.
- Mora C, Monteiro S, Moreira, CO. Ampliación de las estrategias de consejería y prueba del VIH: desafíos técnicos y tensiones ético-políticas. Salud Colectiva 2014; (10):253-264.
- 7. Grangeiro A. Da estabilização à reemergência: os desafios para o enfrentamento da epidemia de HIV/Aids no Brasil. Desafios da assistência às pessoas que vivem com HIV e Aids no Brasil. In: Basthi A, Parker R, Terto Júnior V, organizadores. Mito vs realidade: sobre a resposta brasileira à epidemia de HIV e Aids no Brasil em 2016. Rio de Janeiro: ABIA; 2016. p. 16-21.
- Brasil. Ministério da Saúde (MS). Portaria nº 27, de 29 de novembro de 2013. Aprova o Protocolo Clínico e Diretrizes Terapêuticas para Manejo da Infecção pelo HIV em Adultos. Diário Oficial da União 2013; 29 dez.
- Brasil. Ministério da Saúde (MS). Protocolo clínico e diretrizes terapêuticas para manejo da infecção por HIV em adultos (versão revisada). Brasília: MS; 2015.
- Brasil. Ministério da Saúde (MS). Resultado segundo edital "Viva Melhor Sabendo". 2015. [acessado 2017 Jan 27]. Disponível em: http://www.aids.gov.br/sites/ default/files/anexos\_campanhas/2015/57852/realizacao\_testagem\_amostra\_fluido\_oral\_hiv\_populacoes\_chave\_chamada\_publica01-2015.pdf
- 11. U.S. Agency for International Development (USAID), Brasil. Ministério da Saúde (MS), Associação Espaço de Prevenção e Atenção Humanizada (EPAH). Relatório final Programa "Quero Fazer" Compartilhando boas práticas e lições aprendidas em Aconselhamento e Testagem Voluntária para HIV entre Gays, HSH e Travestis. Brasília: USAID, MS, EPAH; 2014.
- Clarke A, Shim J, Mamo L, Fosket J, Fishman J. Biomedicalization: Technoscientific Transformations of Health, Illness, and US Biomedicine. *American Socio*logical Review 2003; 68:161-194.

- Pai M, Mcculloch M, Gorman J, Pai N, Enanoria W, Kennedy G, Tharyan P, Colford Júnior, John M. Systematic reviews and meta-analyses: An illustrated, stepby-step guide. *Natl Med J India* 2004; 17(2):86-95.
- Klassen TP, Jadad AR, Moher D. Guides for Reading and Interpreting Systematic Reviews: I. Getting Started. Arch Pediatr Adolesc Med 1998; 152(7):700-704.
- Lippman S, Veloso V, Buchbinder S, Fernandes N, Terto V, Sullivan P, Grinsztejn B. Over-the-counter human immunodeficiency virus self-test kits: time to explore their use for men who have sex with men in Brazil. Brazilian J Infectious Diseases 2014; 18(3):239-244.
- Laperriere H. Evaluation of STD/HIV/AIDS peer-education and danger: a local perspective. *Cien Saude Colet* 2008 13(6):1817-1824.
- Silva SM, Spiassi AL, Alves D, Guedes D, Leigo R, Silvia Moreira S, et al. Redução de danos: estratégia de cuidado com populações vulneráveis na cidade de Santo André, SP. Saude Soc. 2009; 18(Supl. 2):100-103.
- Tarantola D. HIV Testing: Breaking the Deadly Cycle. Health and Human Rights. Emerging Issues in HIV/ AIDS 2005; 8(2):37-41.
- 19. Joint United Nations Programme on HIV/AIDS (UN-AIDS). The impact of voluntary counseling and testing: A global review of the benefits and challenges. Geneva: UNAIDS; 2001.
- Brasil. Ministério da Saúde (MS). Diretrizes para o aconselhamento em DST/Aids. 2010. [acessado 2017 Jan 27]. Disponível em: http://www.aids.gov.br/sites/ default/files/anexos/page/2012/52294/teorizacao\_oficina\_acs.pdf
- 21. Baggaley R. Voluntary counseling and testing (VCT). Paper for the UNAIDS expert panel on HIV testing in United Nations peacekeeping operations. New York; 2001. [acessado 2017 Jan 27]. Disponível em: data.unaids. org/topics/security/bkgrndpapervctfinal\_en.doc
- 22. Bai X, Xu J, Yang J, Yang B, Yu M, Gao Y, Dong WM, Wu Z. HIV prevalence and high-risk sexual behaviours among MSM repeat and first-time testers in China: implications for HIV prevention. J Int AIDS Soc 2014; 17:18848.
- Bingham T, Secura GM, Behel SK, Bunch JG, Simon P, MacKellar DA. HIV risk factors reported by two samples of male bathhouse attendees in Los Angeles, California, 2001-2002. Sex Transm Dis 2008; 35(6):631-636.
- Gu J, Lau JTF, Tsui H. Psychological factors in association with uptake of voluntary counselling and testing for HIV among men who have sex with men in Hong Kong. *Public Health* 2011; 125(5):275-282.
- Champenois K, Le Gall J-MJ-M, Jacquemin C, Jean S, Martin C, Rios L, Benoit O, Vermoesen S, Lert F, Spire B, Yazdanpanah Y. ANRS-COM'TEST: description of a community-based HIV testing intervention in non-medical settings for men who have sex with men. BMJ 2012; 2(2):e000693.
- Castillo M, Palmer BJ, Rudy BJ, Fernandez MI. Creating partnerships for HIV prevention among YMSM: the Connect Protect(R) Project and House and Ball Community in Philadelphia. *J Prev Interv Community* 2012; 40(2):165-175.

- Pattanasin S, Wimonsate W, Chonwattana W, Tongtoyai J, Chaikummao S, Sriporn A, Sukwicha W, Mock PA, Holtz TH. Loss to follow-up and bias assessment among a cohort of Thai men who have sex with men in Bangkok, Thailand. *Int J STD AIDS* 2015; 27(3):196-206.
- Bavinton BR, Brown G, Hurley M, Bradley J, Keen P, Conway DP, Guy R, Grulich AE, Prestage G. Which gay men would increase their frequency of HIV testing with home self-testing? AIDS Behav 2013; 17(6):2084-2092
- 29. Bernstein KT, Liu K-L, Begier EM, Koblin B, Karpati A, Murrill C. Same-sex attraction disclosure to health care providers among New York City men who have sex with men: implications for HIV testing approaches. *Arch Intern Med* 2008; 168(13):1458-1464.
- Han L, Bien CH, Wei C, Muessig KE, Yang M, Liu F, Yang L, Meng G, Emch ME, Tucker JD. HIV self-testing among online MSM in China: implications for expanding HIV testing among key populations. *J Acquir Immune Defic Syndr* 2014; 67(2):216-221.
- 31. Baytop C, Royal S, Hubbard McCree D, Simmons R, Tregerman R, Robinson C, Johnson WD, McLaughlin M, Price C. Comparison of strategies to increase HIV testing among African-American gay, bisexual, and other men who have sex with men in Washington, DC. AIDS Care 2014; 26(5):608-612.
- Bilardi JE, Walker S, Read T, Prestage G, Chen MY, Guy R, Bradshaw C, Fairley CK. Gay and bisexual men's views on rapid self-testing for HIV. AIDS Behav 2013; 17(6):2093-2099.
- Dewsnap CH, McOwan A. A review of HIV point-ofcare tests. Int J STD AIDS 2006; 17(6):357-359.
- 34. Fleck L. *Gênese e Desenvolvimento de um Fato Cientifi*co. Belo Horizonte: Fabrefactum; 2010.
- Fairley CK, Law M, Chen MY. Eradicating syphilis, hepatitis C and HIV in MSM through frequent testing strategies. *Curr Opin Infect Dis* 2014; 27(1):56-61.
- Frasca T, Balan I, Ibitoye M, Valladares J, Dolezal C, Carballo-Dieguez A. Attitude and behavior changes among gay and bisexual men after use of rapid home HIV tests to screen sexual partners. AIDS Behav 2014; 18(5):950-957.
- Kippax S, Stephenson N, Parker R, Aggleton P. Between individual agency and structure in HIV prevention: understanding the middle ground of social practice. *Am J Public Health* 2013; 103(8):1367-1375.
- Flowers P, McDaid LM, Knussen C. Exposure and impact of a mass media campaign targeting sexual health amongst Scottish men who have sex with men: an outcome evaluation. BMC Public Health 2013; 13:737.

- Fernández-Balbuena S, de la Fuente L, Hoyos J, Rosales-Statkus ME, Barrio G, Belza MJ; Madrid Rapid HIV testing Group. Highly visible street-based HIV rapid testing: is it an attractive option for a previously untested population? A cross-sectional study. Sex Transm Infect 2014; 90(2):112-118.
- 40. Mackellar DA, Hou S-I, Whalen CC, Samuelsen K, Sanchez T, Smith A, Denson D, Lansky A, Sullivan P; WHBS Study Group. Reasons for not HIV testing, testing intentions, and potential use of an over-the-counter rapid HIV test in an internet sample of men who have sex with men who have never tested for HIV. Sex Transm Dis 2011; 38(5):419-428.
- Cohall A, Dini S, Nye A, Dye B, Neu N, Hyden C. HIV testing preferences among young men of color who have sex with men. *Am J Public Health* 2010; 100(10):1961-1966.
- 42. Dorell CG, Sutton MY, Oster AM, Hardnett F, Thomas PE, Gaul ZJ, Mena LA, Heffelfinger JD. Missed opportunities for HIV testing in health care settings among young African American men who have sex with men: implications for the HIV epidemic. *AIDS Patient Care STDS* 2011; 25(11):657-664.
- 43. Blas MM, Menacho LA, Alva IE, Cabello R, Orellana ER. Motivating men who have sex with men to get tested for HIV through the internet and mobile phones: a qualitative study. *PLoS One* 2013; 8(1):e54012.
- 44. Lippman SA, Périssé AR, Veloso VG, Sullivan PS, Buchbinder S, Sineath RC, Grinsztejn B. Acceptability of self-conducted home-based HIV testing among men who have sex with men in Brazil: data from an on-line survey. Cad Saude Publica 2014; 30(4):724-734.
- Greacen T, Friboulet D, Fugon L, Hefez S, Lorente N, Spire B. Access to and use of unauthorised online HIV self-tests by internet-using French-speaking men who have sex with men. Sex Transm Infect 2012; 88(5):368-374.
- 46. Martinez O, Carballo-Dieguez A, Ibitoye M, Frasca T, Brown W, Balan I. Anticipated and actual reactions to receiving HIV positive results through self-testing among gay and bisexual men. AIDS Behav 2014; 18(12):2485-2495.
- 47. Huebner DM, Binson D, Pollack LM, Woods WJ. Implementing bathhouse-based voluntary counselling and testing has no adverse effect on bathhouse patronage among men who have sex with men. *Int J STD AIDS* 2012; 23(3):182-184.
- 48. Mayer KH, Ducharme R, Zaller ND, Chan PA, Case P, Abbott D, Rodriguez II, Cavanaugh T. Unprotected sex, underestimated risk, undiagnosed HIV and sexually transmitted diseases among men who have sex with men accessing testing services in a New England bathhouse. J Acquir Immune Defic Syndr 2012; 59(2):194-198.

- 49. Hoyos J, Belza MJ, Fernandez-Balbuena S, Rosales-Statkus ME, Pulido J, de la Fuente L. Preferred HIV testing services and programme characteristics among clients of a rapid HIV testing programme. BMC Public Health 2013; 13:791.
- 50. Mansergh G, Naorat S, Jommaroeng R, Jenkins RA, Jeeyapant S, Kanggarnrua K, Phanuphak P, Tappero JW, van Griensven F. Adaptation of Venue-Day-Time Sampling in Southeast Asia to Access MSM for HIV Assessment in Bangkok. Sage Journals 2006; 18(2):135-
- 51. Cinta F, Jordi C, Rafael M, Victoria G, Kati Z. Incremento en la prevalencia del VIH y en las conductas de riesgo asociadas en hombres que tienen sexo con hombres: 12 años de encuestas de vigilancia conductual en Cataluña. Gac Sanit 2010; 24(1):40-46.
- 52. Beattie TSH, Bhattacharjee P, Suresh M, Isac S, Ramesh BM, Moses S. Personal, interpersonal and structural challenges to accessing HIV testing, treatment and care services among female sex workers, men who have sex with men and transgenders in Karnataka state, South India. J Epidemiol Community Health 2012; 66(Supl. 2):ii42-48.
- 53. Hao C, Huan X, Yan H, Yang H, Guan W, Xu X, Zhang M, Wang N, Tang W, Gu J, Lau JT. A randomized controlled trial to evaluate the relative efficacy of enhanced versus standard voluntary counseling and testing on promoting condom use among men who have sex with men in China. AIDS Behav 2012; 16(5):1138-1147.
- 54. Hu Q, Xu J, Chu Z, Zhang J, Yun K, Shi F, Jiang Y, Geng W, Shang H. Barriers to acceptance of provider-initiated testing and counseling among men who have sex with men in Shenyang, China: a cross-sectional study. Biomed Res Int 2013; 2013:280969.
- 55. Fan EL. HIV testing as prevention among MSM in China: the business of scaling-up. Glob Public Health 2014; 9(1-2):85-97.
- 56. Aggleton P, Parker R. Moving Beyond Biomedicalization in the HIV Response: Implications for Community Involvement and Community Leadership Among Men Who Have Sex with Men and Transgender People. Am J Pub Health 2015; 105(8):1552-1558.
- 57. Parker R. Grassroots Activism, Civil Society Mobilization, and the Politics of the Global HIV/ AIDS Epidemic. Brown Journal of World Affairs 2011; xvii(ii):21-37.
- 58. Souza V, Czeresnia D. Demandas e expectativas de usuários de um centro de testagem e aconselhamento. Rev Saude Publica 2010; 44(3):441-447.
- 59. Monteiro S, Brandão E, Vargas E, Mora C, Soares P, Daltro E. Discursos sobre sexualidade em um Centro de Testagem e Aconselhamento: diálogos possíveis entre profissionais e usuários. Cien Saude Colet 2014; 19(1):137-146.

- 60. Araújo CLF, Camargo Júnior KR. Aconselhamento em DST/HIV: repensando conceitos e práticas. Rio de Janeiro: Folha Carioca: 2004.
- 61. Filgueiras S, Deslandes S. Avaliação das ações de aconselhamento. Análise de uma perspectiva de prevençãocentrada na pessoa. Cad Saude Publica 1999; 15(Supl. 2):S121-S131.
- 62. Parker R. O fim da Aids. 2015. [acessado 2017 Jan 27]. Disponível em: http://abiaids.org.br/o-fim-daaids/
- 63. Nemes MIB, Scheffer M. Desafios da assistência às pessoas que vivem com HIV e AIDS no Brasil. In: Associação Brasileira Interdisciplinar de AIDS (ABIA). Mito vs. realidade: sobre a resposta brasileira à epidemia de HIV e AIDS em 2016. Rio de Janeiro: ABIA; 2016. p. 33-38.
- 64. Seffner F, Parker R. Desperdício da experiência e precarização da vida: momento político contemporâneo da resposta brasileira à aids. Interface (Botucatu); 2016 20(57):293-304.
- 65. Nguyen V-K, Bajos N, Dubois-Arber F, O'Malley J, Pirkle CM. Remedicalizing an epidemic: from HIV treatment as prevention to HIV treatment is prevention. AIDS 2011; 25(3):291-293.
- 66. Kippax S, Stephenson N. Socialising the Biomedical Turn in HIV Prevention. London: Anthem Press; 2016.
- 67. Laurindo L, Teixeira PR. Histórias da Aids no Brasil 1983-2003. Brasília: Ministério da Saúde, Unesco; 2016.
- 68. Berkman A, Garcia J, Muñoz-Laboy M, Paiva V, Parker R. A critical analysis of the Brazilian response to HIV/ AIDS: lessons learned for controlling and mitigating the epidemic in developing countries. Am J Public Health 2005; 95(7):1162-1172.

Article submitted 27/03/2017 Approved 25/08/2017 Final version submitted 27/08/2017