Duchenne muscular dystrophy and Duane’s syndrome: a rare association

Distrofia muscular de Duchenne e síndrome de Duane: uma rara associação

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Duane retraction syndrome is a form of strabismus with a unilateral or bilateral congenital anomaly of the 6th cranial nerve nuclei with aberrant innervations by supply from the 3rd cranial nerve¹⁻³. It is characterized by limited eye abduction (type I), adduction (type II) or both (type III), and eyeball retraction with associated narrowing of the palpebral fissure during adduction of the eye. It is a rare condition affecting 0.1% of the population². Only 30% of cases are associated with other malformations, mostly those that affect ears, kidneys, heart or upper limbs¹.

CASE REPORT

A 5-year-old boy was diagnosed with strabismus during the first year of life. He developed appropriate milestones of neuropsychomotor development, with gait acquisition at the age of 1 year and frequent falls since then. After turning 2 years old, increased weakness was evident, especially to climb stairs. Ophthalmological examination showed a head turn of 10 degrees to the left, retraction of the eyeball in adduction, bilateral limited abduction and adduction of the eyes, and slight narrowing of the right palpebral fissure during adduction. Regarding the abduction of the left eye, a slight widening of the palpebral fissure was observed in the left eye, characterizing bilateral type III Duane retraction syndrome, with esotropia and normal CA/A.

A test was performed for Duchenne muscular dystrophy (DMD) gene deletions using multiplex PCR to examine 26 exons of the DMD gene and no deletion was found. The serum creatine phosphokinase was 90 times higher than the upper limit of normal value. Muscle biopsy showed a dystrophic pattern, with dystrophin protein deficiency on immunohistochemical reaction (Fig A–C). Orbital MRI demonstrated preservation of the entire extrinsic muscles of the eye and the nervus abducens (Fig D).

DISCUSSION

A case in which DMD was associated with unilateral type I Duane syndrome has been previously reported only once¹⁻⁵. There is a progressive degeneration of the muscle fibers that causes increasing weakness and accentuated elevation of serum creatine phosphokinase level. The molecular analysis of DMD gene was negative for deletions, therefore, most probably the patient presents some punctual mutation that was not studied.

Many forms of myopathies cause limitation of eye movement due to primary muscle involvement. However, clinical
and histological preservation of the extraocular musculature in DMD is well known. In myopathies, including DMD, skeletal muscle involvement can be seen through the identification of increased T1WI signal on muscle tissue due to fatty infiltration. In the ocular muscles of our patient, changes on MRI were not observed. Thus, ocular impairment was probably caused by the involvement of the nervous system.

Initially described as having a myopathic origin, most recent studies are controversial concerning the etiology of Duane’s syndrome. While some studies based on the MRI did not identify lateral rectus muscle abnormalities, others have demonstrated changes in the development of the motor nucleus of the *nervus abducens* and anomalous innervation of the lateral rectus muscle, thus indicating the neurogenic origin of the condition. Although the association of DMD and Duane’s syndrome in the same patient is likely to be a coincidence, the purpose of this report is to draw attention to the variety of clinical signals that might hamper the final diagnosis.

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**References**


