The historical differential diagnosis of the disease that afflicted Aleijadinho, the famous 18th century Brazilian sculptor

O histórico diagnóstico diferencial da doença que afetou Aleijadinho, famoso escultor brasileiro do século XVIII

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ABSTRACT

Background: The famous Brazilian Baroque sculptor named Antônio Francisco Lisboa, known as "Aleijadinho" (1738–1814), suffered from a deforming disease of the lower and upper limbs. The condition was characterized by atrophy, paresis and amputation. His face was also affected, with inflammation of the eyelids, deviation of the labial commissure, drooping of the chin and lower lip, giving him a sinister expression. Despite the disabling and chronic illness, he produced several works of great expression in the 18th and 19th centuries. Some of them were declared World Heritage Sites by United Nations Educational, Scientific and Cultural Organization (UNESCO). Objective: To discuss the historical differential diagnosis of Aleijadinho's disease through a narrative review of the literature. Methods: Scientific articles were searched in databases such as Google Scholar, Pubmed and Lilacs using the term "Aleijadinho". Subsequently, data were collected in articles and books about the possible diseases of the sculptor. Results: Since the first clinical report on the sculptor, several historians and doctors have attempted to establish a diagnosis and several hypotheses have been proposed such as: syphilis, yaws (frambesia tropica), rheumatoid arthritis, Hansen's disease (leprosy), thromboangiitis obliterans (Buerger disease), zamparina, cardina, porphyria cutanea tarda, stroke, amyloidosis, trauma and/or scurvy. Conclusions: Based on the literature, the authors conclude that the most likely diagnosis of Aleijadinho's disease is consistent with leprosy.

Keywords: Art; Diagnosis; Leprosy.

RESUMO

Antecedentes: O famoso escultor barroco brasileiro Antônio Francisco Lisboa, conhecido como "Aleijadinho", desenvolveu uma doença deformante das extremidades dos membros inferiores e superiores. O distúrbio foi caracterizado por atrofia, paresia e amputação. Seu rosto também foi afetado, com inflamação das pálpebras, desvio da comissura labial, queda do queixo e lábio inferior, dando-lhe uma expressão sinistra. Apesar da doença incapacitante e crônica, ele produziu diversas obras de grande expressão durante os séculos XVIII e XIX. Algumas delas também foram consideradas patrimônios da humanidade pela Organização das Nações Unidas para a Educação, a Ciência e a Cultura (UNESCO). Objetivo: Discutir o diagnóstico diferencial histórico da doença de Aleijadinho por meio de uma revisão narrativa da literatura. Métodos: Artigos científicos e livros foram pesquisados em bases de dados como Google Scholar, PubMed e Literatura Latino-Americana e do Caribe em Ciências da Saúde (Lilacs) utilizando como termo principal "Aleijadinho". Posteriormente, foram coletados dados em artigos e livros sobre as possíveis doenças do escultor. Resultados: Desde o primeiro relato da clínica do escultor, vários historiadores e médicos tentaram estabelecer um diagnóstico e várias hipóteses foram sugeridas, como: sífilis, bouba (framboesia trópica), artrite reumatoide, hanseníase (lepra), tromboangeíte obliterante (doença de Buerger), zamparina, cardina, porfiria cutânea tarda, acidente vascular encefálico, amiloidose, trauma e/ou escorbuto. Conclusões: Com base na literatura, os autores concluem que o diagnóstico mais provável da doença de Aleijadinho é compatível com hanseníase.

Palavras-chave: Arte; Diagnóstico; Hanseníase.

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INTRODUCTION

Leprosy is an infectious disease prevalent in the tropics, caused by the *Mycobacterium leprae*, and affecting mainly the skin and peripheral nerves. Its differential diagnosis was extremely difficult in past centuries. One of the persons who may have been affected by this disease was the famous Brazilian Baroque sculptor "Aleijadinho", who suffered from a progressive deformity.

"Aleijadinho" (Antônio Francisco Lisboa) was born on August 29, 1738 in the city of Vila Rica, renamed Ouro Preto, in the state of Minas Gerais State, Brazil. He was the illegitimate son of a talented Portuguese architect, Manoel Francisco Lisboa, and an African slave (Figure 1). He began his education in drawing, sculpture and architecture with his father and continued to develop in a boarding school in 1750. In 1777, at the age of 39, Antônio Francisco Lisboa fell victim to the disease that deformed him1. Thus, he learned how to live with the physical pain that the disease caused, and also with the prejudice and distrust of those who already considered him an inferior human being just because he was a halfbreed. Despite the difficulties, he managed to reinvent himself several times, as his illness progressed, so that over the years the artist had to relearn how to use the instruments 1. For this reason, the artist's angry and suspicious humor is understandable (he believed that even the compliments

Source: 1800-?, Euclásio Penna Ventura's painting, Congonhas Museum, Congonhas do Campo, Minas Gerais State, Brazil. Public domain.

Figure 1. Painting by Aleijadinho.

were mockery). In 1790, Antônio Francisco Lisboa was nicknamed "Aleijadinho", because of his deformities. However, his adversities did not stop him from his passion, art.

Despite his affections, he continued to work with the help of assistants, asking them to tie tools in his fists to work. In 1796-1799, he completed 66 wooden sculptures depicting scenes from the Passion of Christ in the sanctuary of Senhor Bom Jesus de Matosinhos (UNESCO World Heritage Site) in the city of Congonhas do Campo, Minas Gerais, Brazil. Between 1800 and 1805, when the artist was weakened by his illness, he completed the sculptures of the 12 prophets with the help of assistants, which explains the differences in styles and suggests that not all were created by the sculptor himself¹. These works of art are also in the sanctuary of Senhor Bom Jesus de Matosinhos. Other great works produced by him are the carvings, altarpieces, pulpits and the choir of the church "Nossa Senhora da Conceição" in Jaguará, the sculpture of "Sant'Ana Mestra" (Gold Museum, Sabará) (Figure 2), among countless others. He worked until 1812 and died in 1814.

The scope of the present study was to elucidate the most probable diagnosis of Aleijadinho's disease and discuss other diagnosis suggested in the literature.



Source: 1778–1779, sculpture by Aleijadinho, Gold Museum, Sabará, Minas Gerais State, Brazil. Public domain.

Figure 2. Sant'Ana Mestra.

METHODS

A literature review was performed based on a search in Google Scholar, Lilacs, and Pubmed databases was performed¹⁻⁷. The terms [Aleijadinho AND ilness]; [Aleijadinho AND disease]; [Antônio Francisco Lisboa AND illness]; [Antônio Francisco Lisboa AND disease] were entered as keywords. Subsequent data collection was conducted in books and articles about diseases related to the sculptor⁸⁻²⁹. The most probable diagnosis was discussed based on the signs and symptoms.

RESULTS

The initial search using the above keywords found 56 articles, one dissertation, and 26 published books. Of these, 51 articles and 25 books were excluded because the information was repeated or unrelated to Aleijadinho's disease. Finally, we included five articles, one dissertation and one published book. In addition, we used another six books and three articles for the study of the correlated diseases.

The symptoms of the sculptor

Bretas reported that Aleijadinho had "a gradual loss of movement of the feet and hands. His hand fingers atrophied and bent, and even fell off, leaving only the thumbs and index fingers. He walked on his knees because he had lost all his toes. The sharpness of his choleric humor and the severe pain that he had in his fingers sometimes made him to cut himself with the chisel he was working with. The eyelids became inflamed making the internal part visible. He lost almost all his teeth, his mouth became distorted, and the lower chin and lip drooped. His gaze took on a sinister and ferocious expression that frightened anyone who looked at him." The description indicates ectropion and facial disfigurement with possible peripheral facial paralysis and probable atrophy of the facial nerve, which earned him the nickname "Aleijadinho" in the early 1790s.

According to Bretas, his diagnosis was of morbus gallicus (syphilis) and scurvy. However, in Minas Gerais (his region), scurvy was used for someone with vitiligo, a skin condition with central achromia and peripheral hyperchromia that has a differential diagnosis with tuberculoid leprosy. Aleijadinho worked only at night/dawn to avoid the possible censure of others or not to expose himself to the sun, preventing his disease from worsening^{1.6}. According to Bretas (1896), the artist always wore clothes that covered the whole body, showing only the face, perhaps to hide skin lesions, as there were many discriminations at that time, especially in the case of lepromatous leprosy, which would cause the social exclusion of the individual⁷. Regarding life habits, Bretas states that the sculptor had plenty of food, committed venereal excesses, and exaggerated in the consumption

of alcoholic beverages. At the end of his life, he was almost immobile and blind, according to his account¹.

The suspicion of porphyria arose after reddish-colored bones were found during the exhumation of the sculptor's grave. However, there were several bones in the same grave, which made confirmation impossible⁴.

According to Marques Filho, another hypothesis was trauma due to a work accident after a fall that would leave sequelae in the upper and lower limbs.

The progressive and debilitating clinical presentation of Aleijadinho resembles a neurodegenerative disease. On this basis, we evaluate the conditions suggested in the six articles in this review.

Table 1 shows the proposed diagnostic hypotheses for Aleijadinho's disease and compares the arguments for or against the diagnoses.

DISCUSSION

The historical differential diagnosis of Aleijadinho's disease

The still speculated diagnoses for Aleijadinho's disease are syphilis¹⁻³, yaws (frambesia tropica)³, rheumatoid arthritis²⁻⁴, Hansen's disease (leprosy)²⁻⁴, thromboangiitis obliterans (Buerger Disease)³⁻⁴, zamparina (a disease that appeared in Rio de Janeiro, Brazil, in 1780)³, cardina (hallucinogen derived from *Carduus benedictus*)^{1.5}, porphyria cutanea tarda^{2-4.6}, stroke⁴, amyloidosis⁴, trauma⁴⁻⁶ and/or scurvy^{1.2.3}.

Yaws

Yaws (framboesia tropica) was one of the most prevalent infectious diseases in the tropics (including colonial Brazil) caused by *T. pallidum* subesp. *pertenue*. It starts with a single lesion with progression to multiple skin lesions. The initial papule becomes papillomatous lesion ("raspberry-like") within weeks, and without treatment, the lesion tends to ulcerate. If painful papillomatous lesions are present on the soles of the feet, it may cause a crablike gait ("crab yaws"). Periostitis with polydactylism and bone pain is also common. Late yaws is manifested by gummas, osteitis, and periostitis. Therefore, it does not resemble Aleijadinho's clinical case, as there is no paralysis, the gait is different from that of Aleijadinho (he walked on his knees), and it is a prevalent childhood infection, not matching the age of the diagnosis (39 years old).

Syphilis

Syphilis is a sexually transmitted disease prevalent since colonial Brazil and is initially manifested by a single lesion, the chancre. Within months, it evolves to its secondary form with the appearance of nonpruritic pink or pale read macules that progresses to papule lesions on the entire body. The tertiary form occurs years after the infection and manifests itself

Table 1. Possible diagnosis of Aleijadinho's disease and arguments for and against each diagnosis.

Disease	Arguments for	Arguments against
Yaws	Infection prevalent in colonial Brazil, osteitis and periostitis	Typical of childhood, there is no paresis, crablike gait, not similar to Aleijadinho's condition
Syphilis	Sexually transmitted, high prevalence	Tabetic gait, Charcot's joints usually monoarticular, dementia, hemiparesis
Cardina + trauma	Ulnar nerve injury	Knee dislocation, injury is not progressive, without facial nerve palsy
Rheumatoid arthritis	Insidious and additive evolution, chronic synovitis with peripheral symmetric polyarthritis with deformities, peripheral ischemia and rheumatoid vasculitis necrosis	There is no facial paralysis, without extra-articular manifestations, pain due to synovitis making it impossible to handle instruments, arthritis in knees making it impossible to walk on knees
Zamparina	Neurotropic "flu" with a predilection for the locomotor system	Different periods between the outbreak and the artist's visit to Rio de Janeiro, acute illness without necrosis and deformities
Scurvy	Polyarticular edema with deformities (later), susceptibility to infections (generating gangrene and loss of limbs)	Prevalent in sailors, does not correspond to Aleijadinho's clinical condition. Hemorrhages, fatigue and asthenia are not compatible with the artist's lifestyle
Thromboangiitis obliterans	Ischemia with loss of limbs	Does not affect the face, does not explain walking on knees
Amyloidosis	Peripheral sensorimotor neuropathy (rare)	Rapidly progressive, affects kidneys, liver and heart with low survival rate
Porphyria cutanea tarda	Cutaneous photosensitivity (explains his nocturnal habits), alcohol is a risk factor	No neurological manifestations, chronic liver disease, low survival rate
Leprosy	Infection with slow, chronic and systemic evolution, paralysis of the ulnar nerve (claw hand), images of Christ made by Aleijadinho with a claw hand, carpal tunnel syndrome, posterior tibial nerve-trunk injury and paresis of the fibular nerve with difficulty in locomotion, osteoarthritis with plantar ulcers, blindness, facial paralysis, ectropion	

with neurological and vascular disorders, including strokes, parenchymal changes, aortitis, aortic aneurysms, meningitis, tabes dorsalis, and others. The major signs and symptoms of tertiary syphilis are chest pain with poor survival rate, headache, hemiparesis or paraparesis, mental confusion, progressive general paralysis, urinary incontinence, proprioceptive ataxia, Charcot's joint, dementia, seizures, and tremors⁹⁻¹¹. The tabetic gait does not correspond to that of Aleijadinho, as he did not have a wide based gait, placing his legs and feet wide apart and contracting the extensor muscles of his feet as he sways (la danse des tendons). The Charcot's joint can cause degeneration, but it is usually monoarticular and predominantly affects the knee. For these reasons, syphilis does not seem to be the most probable diagnosis. It is possible that the patient had the disease due to its high incidence at the time, but it did not evolve to its tertiary form⁹⁻¹¹.

Cardina

The hypothesis of Cardina use (hallucinogen that allows increased sensitivity and inspiration) is associated with a possible fall from a ladder or scaffolding in 1777 during work, which injured Aleijadinho's hands and impaired his gait. In this case, there would be injury to the ulnar nerve. It is also

suggested that there was a knee dislocation⁵. However, the history of the genius shows a progressive injury and the suggested hypothesis does not explain the facial nerve paralysis and his way of walking on his knees.

Rheumatoid arthritis

Rheumatoid arthritis is a rheumatologic disease with an insidious and additive development, affecting several joints. It is a chronic synovitis with symmetrical peripheral polyarthritis. It may be associated with pericarditis, skin nodules, Sjögren's syndrome, renal failure, and vasculitis. In rare cases, peripheral nerves are affected, but there is no facial paralysis^{12,13}. It has been suggested that "Aleijadinho" may have had rheumatoid vasculitis, which would cause peripheral ischemia and limb necrosis, and the development of the disease can also cause deformities12,13. However, the disease does not have extra-articular manifestations and neuropathy is very rare (mainly facial nerve involvement). Another factor against this hypothesis is the pain caused by synovitis, which would make the handling of instruments extremely painful. In addition, the knees are often affected by arthritis, which would make it impossible for the sculptor to walk on his knees because of pain. Therefore, if this were the diagnosis, there would have to be an accompanying disease.

Zamparina

It is an infectious disease with an outbreak in 1780 in the city of Rio de Janeiro, Brazil. It was documented as a neurotropic "flu" that affected the locomotor system and an encephalopathy that evolved with systemic paralysis⁵. Against this diagnosis is the fact that the sculptor visited Rio de Janeiro only in 1777, in the same period of his diagnosis, making this infection impossible⁵. Regarding symptoms, zamparina was an acute disease with diarrhea, did not affect limbs, and evolved with parkinsonism and paralysis after encephalitis⁵. Thus, this diagnosis does not seem probable.

Scurvy

This is a vitamin C hypovitaminosis that mainly affected sailors, who did not eat food containing this nutrient for months, causing bleeding. In favor of this diagnosis for Aleijadinho is a tendency to infections (justifying gangrene and loss of limbs) and polyarthritis, which causes deformities^{14,15}. It should also be noted that the sculptor had no documented hemorrhages, fatigue, or asthenia, and epidemiology does not favor this diagnosis nor does his eating habits. Thus, this hypothesis should not be considered.

Thromboangiitis obliterans (Buerger disease)

It is a vascular condition prevalent in smokers with ischemic events that can cause the loss of limbs^{16,17}. However, the disease does not affect the face and does not explain Aleijadinho's gait, unless he had lost most of his foot. The gait of Aleijadinho is better classified as a neurotrophic degeneration, rather that vascular.

Amyloidosis

This is usually a rapidly progressive disease that affects multiple systems such as the kidneys, heart, and liver. In favor of this hypothesis is that this disease can cause peripheral sensorimotor neuropathy^{18,19}. However, according to Borba Neto et al.¹⁸ and Seldin et al.¹⁹, the affected individual initially presents fatigue, which does not fit Aleijadinho's lifestyle and works. Due to the severe visceral involvement, the patient would not live for so many years after his initial manifestation (diagnosis in 1777 (39 years old) and death in 1814 (76 years old)), and he would not be able to have a productive life until the end.

Porphyria cutanea tarda

PCT is a metabolic disorder in which there is an enzyme deficiency for heme group biosynthesis. PCT occurs sporadically or through family inheritance and is manifested by cutaneous photosensitivity with formation of vesicles. The rupture of vesicles generates areas of atrophy and scarring²⁰. This would explain the scars, the covering of the body,

and going out at night. According to Desnick and Balwani²⁰, alcohol is a risk factor, which fits Aleijadinho's habits. Nevertheless, according to this author, there are no neurological manifestations in this disease and patients with PCT have chronic liver disease, which does not corroborate the loss of strength in extremities, nor Aleijadinho's lifespan, considering his diagnosis at 39 years of age.

Hansen's disease or leprosy

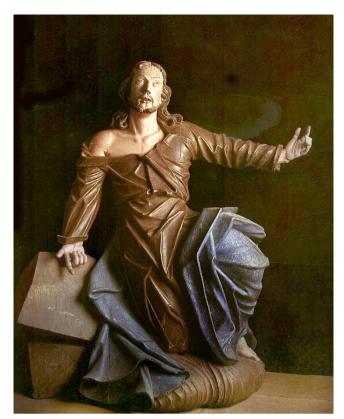
It is a slow, chronic, and systemic infectious disease with high incidence in Brazil. According to the World Health Organization²¹, there were 28,660 new cases of leprosy in Brazil in 2018, making Brazil the second country with the most new cases in the world. This series was similar at the time of Aleijadinho, being considered endemic in colonial Brazil. The disease can manifest itself in different ways, like the indeterminate form, the tuberculoid leprosy, the lepromatous leprosy, and the borderline form. There is also the pure neural form of leprosy in which there is no skin lesion. It presents as mononeuritis, multiplex mononeuritis, or distal symmetric polyneuropathy. Mononeuropathy is characterized by involvement of a nerve root (a peripheral nerve), while multiple mononeuropathy affects more than one nerve. Polyneuropathy is a disorder of several peripheral nerves and contributes to plantar ulceration due to pain and temperature loss in the feet²².

The neurological leprosy presents as enlargement of the nerves and alteration of autonomic, sensory, and motor functions. This enlargement can cause pain on palpation. There is a predominance of the ulnar nerve paralysis, which causes the claw-hand deformity²³⁻²⁵. This corresponds to the hyperextension of the fourth and fifth fingers at the metacarpophalangeal joints and flexion at the interphalangeal joints²⁶.

This disability makes it extremely difficult to grasp objects, especially cylindrical objects, such as the tools used by Aleijadinho. Another characteristic is the inability to adequately extend the most distal joints, leading the patient to use the fingertips to grasp rather than the volar plate of the phalanx that has the function of resisting trauma. Due to the loss of sensation, the constant use of the hands can result in skin sores, which with time can lead to infection, necrosis and loss²⁶.

The 66 cedar sculptures in the steps of the Via Crucis in the sanctuary of *Senhor Bom Jesus de Matosinhos* (Congonhas do Campo, Minas Gerais State, Brazil) suggest leprosy, as the hands of Christ have the appearance of ulnar claw hand deformity, while the hands of the other figures do not have this characteristic (as shown in Figure 3). It is also important to note that the artist, tormented by pain and humiliation, was responsible for depicting the agony and suffering of Christ, which supports the hypothesis that Aleijadinho placed the image of one of his hands on Christ.

Leprosy can also affect the median nerve. ^{23,24,25} Median paralysis can cause thenar muscles atrophy and weakness, with



Source: 1796–1799, sculpture by Aleijadinho, Sanctuary of *Bom Jesus de Matosinhos*, Congonhas do Campo, Minas Gerais State. Public domain. **Figure 3.** *Monte das Oliveiras*, *Cristo no Jardim das Oliveiras*.

sensory deficit. It can also be associated with carpal tunnel syndrome with pain, paresthesia, and reduced hand mobility²⁷.

In the lower limbs, leprosy can act by damaging the trunk of the posterior tibial nerve, which causes loss of plantar flexion and an important loss of sensation in the plantar region with serious secondary consequences (plantar ulcers). Another nerve that may be affected is the common peroneal nerve, which can lead to paralysis of the dorsiflexor and evertor muscles of the foot. The result of this is the foot-drop, a weakness of dorsiflexion of the foot, which severely affects normal gait dynamics²³⁻²⁵. The involvement of the nerves can explain the difficulty of the sculptor to walk and maintain the orthostatic position.

Regarding skin lesions, leprosy (tuberculoid) can cause hypochromic macules, with altered sensitivity. Lesions are few and can be located on any skin area²³⁻²⁵. This finding makes a differential diagnosis with vitiligo, which would explain the term scurvy (present in Aleijadinho's historical diagnosis). However, no skin lesions were reported in the sculptor's history.

Leprosy can also cause blindness over time, a fact found in the sculptor's history. The bacillus can also injure the VII and V cranial nerves, which explains the existence of ectropion, since injury to the VII cranial nerve leads to lower eyelid atony^{22,28}. The involvement of this nerve also generates facial paralysis, which is consistent with Bretas' (1896) description of the artist.

Aleijadinho's clinical condition indicates a possible multiplex mononeuropathy due to the involvement of the median ulnar nerve and impairment of peripheral nerves of the lower limbs, which would lead to plantar ulceration and, thus, infections, loss of limbs, and inability to perform certain movements.

In conclusion, based on this review, the most probable diagnosis for Aleijadinho's disease is leprosy. The symptoms of the case demonstrates that a progressive neuropathy was present, and numerous other traits indicate leprosy. Currently, the definitive diagnosis cannot be established, as it needs one of the following three characteristics: acid-fast bacilli on slit-skin smear, hypopigmented or reddish skin patches with permanent loss of sensation, thickening of nerves in peripheral regions with changes in sensitivity and/or strength^{23-25,29}.

It is worth mentioning the willpower of the genius who, despite such adversity, conquered the world with his works of art and survived until the age of 76. He should be considered an example of resilience, creativity, and passion for his profession.

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