Investigation of Bacterial Contents From Persistent Endodontic Infection and Evaluation of Their Inflammatory Potential

Flávia Goulart da Rosa Cardoso1,2, Adriana Chung3, Frederico Canato Martinho1, Carlos Henrique Ribeiro Camargo1, Cláudio Antônio Talge Carvalho1, Brenda Paula Figueiredo de Almeida Gomes4, Marcia Carneiro Valera1

This clinical study investigated and quantified cultivable bacteria and their levels of endotoxins in persistent endodontic infection, determining their antigenicity against macrophages and fibroblast cells by IL-1β and TNF-α secretion and evaluating their relationship with clinical and radiographic features. Samples from the root canals were obtained after root filling removal. Culture techniques were used to determine the bacterial count and the endotoxins were determined by LAL-assay. PCR analysis (16S rDNA) was used for bacterial detection. Raw 264.5 macrophages and V79 fibroblast were stimulated with endodontic contents. ELISA assay measured the amounts of IL-1β/TNF-α secretion. Bacteria and endotoxin medians were 1.24x105 CFU/mL and 9.62 EU/mL, respectively. Porphyromonas endodontalis was the most frequently detected species. Higher levels of endotoxins were found in teeth with pain on palpation (23.56 EU/mL) rather than in its absence (8.21 EU/mL). Larger areas of bone destruction were related to higher levels of endotoxins and IL-1β and TNF-α secretion. The study findings revealed the presence of Gram-negative bacteria species in persistent endodontic infection, with their endotoxins related to both severity of bone destruction and development of symptomatology. Moreover, larger areas of bone destruction were related to higher levels of IL-1β and TNF-α secreted by macrophages and fibroblast cells.

Introduction

Previous studies from root-filled teeth with apical periodontitis have revealed a microbiota comprised predominantly by Gram-positive bacterial species (1,2). However, with the advances in molecular techniques, including polymerase chain reaction (PCR) and sequencing analyzes, it has been revealed a far more complex microbiota in teeth with endodontic failure, with involvement of different Gram-negative anaerobic bacterial species (2,3). Among the Gram-negative anaerobic bacterial species, Porphyromonas, Prevotella, Fusobacterium, Tanaerella and Treponema are the most frequently detected ones (2,4). These species possess lipopolysaccharides (LPS), also known as endotoxin, a constituent of the cell wall (5) exerting a potent biological inflammatory reaction (6). In root canal infections, endotoxins may trigger pain because of their roles in releasing vasoactive substances and neurotransmitters in the periapical tissues near nerve endings (7).

Endotoxin is one of the most important virulent factors involved in the development of periapical inflammation (5,8), which interacts with monocytes, macrophages, and other cells of the immune systems and fibroblasts, leading to the production of pro-inflammatory cytokines, such as IL-1β and TNF-α (8,9). Previous studies focused on the analysis of endotoxins in primary root canal infection correlating their levels with the presence of clinical signs/symptoms (10-12). Martinho et al. (9) reported that the high antigenic activity of bacterial endodontic contents from primary root canal infection was a potent stimuli against macrophages in the release of IL-1β and TNF-α, demonstrating a positive correlation between levels of endotoxins present in root canals and production of IL-1β and TNF-α. However, little is known about endotoxins in persistent endodontic infection (2,11,13) and their role in the development of clinical symptomatology and periapical bone destruction. Overall, this clinical study investigated and quantified cultivable bacteria and their levels of endotoxins found in persistent endodontic infection, determining their antigenicity against macrophages and fibroblast cells through IL-1β and TNF-α secretion and evaluating their relationship with clinical and radiographic features.

Material and Methods

Case Selection

This study was previously approved by the Research and...
The following clinical/radiographic features were recorded for each patient: time after endodontic treatment, tenderness to percussion (TTP), pain on palpation (POP), presence or absence of sound coronal restoration, caries, sinus tract, radiographic quality of the root canal filling, and size of periapical lesion (size of bone destruction). For the measurement of the size of radiolucent area, the images were digitalized and transferred to the Image J software (version 1.28 u, National Institutes of Health, Washington, DC, USA) and the larger border distance in mm were recorded. All these could be correlated with microbial endotoxin and levels of pro-inflammatory (IL-1β and TNF-α) secreted by macrophages and fibroblast cells.

Sampling Procedures

Files, instruments, and all materials used in this study were treated with Coγ60 gamma radiation (20 kGy for 6 hours) for sterilization and elimination of preexisting endotoxins (14) (EMBRARAD; Empresa Brasileira de Radiação, Cotia, SP, Brazil). The method used for disinfection of the operative field was previously described elsewhere (9, 11). Sterility of the external surfaces of the crown was checked by taking a swab sample from the crown surface and streaking it for sterilization and elimination of preexisting endotoxins. The solutions were inactivated with 5% sodium thiosulfate to avoid interference with the bacteriologic sampling.

A two-stage access cavity preparation was made without the use of water spray, but under manual irrigation with sterile/apyrogenic saline solution and by using sterile/apyrogenic high-speed diamond bur. The first stage was performed to promote a major removal of contaminants, including carious lesion and restoration. In the second stage, before entering the root canal, the access cavity was disinfected according to the protocol described above. After preparing the access cavity, the root filling was removed by using Gates-Glidden drills (Dentsply/Maillefer Instruments SA, Ballaigues, Switzerland) and endodontic files (Dentsply/Maillefer Instruments SA, Ballaigues, Switzerland) without any solvent for gutta-percha. The canal was then inundated with pyrogen-free saline solution before the root canal sampling.

Four pyrogen-free paper points (Dentsply Maillefer Ind. E Com. Ltda, Petrópolis, Brazil) were sequentially placed into the full length of the canal (as determined by a preoperative radiograph) and kept in place for 60 s. The first paper point was immediately transferred to a test tube containing 1 mL LAL-free-endotoxin water (Lonza, Walkersville, MD) for endotoxin analysis and the other three paper points were pooled in a sterile tube containing 1 mL of VMGA III (15, 16) for bacterial analysis. The transport medium samples were transferred to anaerobic jars within 15 minutes for bacterial analysis.

Bacterial Culture Procedure – Bacterial counts (CFU/ml)

The tubes holding the transport medium samples were shaken thoroughly in a mixer for 60 s. Serial 10-fold dilutions were made up to 10^-4 in tubes containing fastidious anaerobe broth (FAB, LAB M, Bury, UK). Fifty microliters of each serial dilution were plated onto 5% defibrinated sheep blood fastidious anaerobe agar (FAA; LAB M) by using sterile plastic spreaders to culture non-selectively obligate and facultative anaerobes. The plates were incubated at 37 °C in an anaerobic atmosphere of 10% H2, 10% CO2 and 80% N2 for up to 14 days. After this period, the colony-forming units (CFUs) were visually quantified for each plate.

PCR Analysis (16S rDNA) – Investigation of Selected Bacterial Species

Polymerase chain reaction (PCR) was used to detect Filifactor alocis, Porphyromonas endodontalis, Porphyromonas gingivalis, Prevotella intermedia, Prevotella nigrescens, Tannerella forsythia and Treponema
denticola. The reference bacterial strains used in this study were purchased from the American Type Culture Collection (ATCC) and listed as follows: Filifactor alocis (ATCC 35896), Porphyromonas endodontalis (ATCC 35406), Porphyromonas gingivalis (ATCC 33277), Prevotella intermedia (ATCC 25611), Prevotella nigrescens (ATCC 33099), Tannerella forsythia (ATCC 43037) and Treponema denticola (ATCC 35405). Species-specific primers targeting the 16S rDNA coding region in each bacterial genome were used. The oligonucleotide sequences are shown in Table 1.

**DNA extraction** - microbial DNA from initial endodontic samples as well as from ATCC bacterial strains were extracted and purified by the QIAamp DNA Kit (Qiagen, Chatsworth, CA, USA) and amplified by using prokaryotic 16S ribosomal DNA-targeted primers. The final PCR product represented the 16S rDNA and its inner regions.

**PCR assay** - The PCR mixture had a final volume of 25 µL. The PCR master mix contained 1.5 µL of sample DNA, 18.6 µL ultra-pure H₂O (Milli-Q, Invitrogen®, São Paulo, SP, Brazil), 2.5 µL buffer (10x Reaction Buffer, Invitrogen®), 1.25 µL MgCl₂ (Invitrogen®), 0.125 µL Platinum Taq DNA polymerase (Invitrogen®), 0.5 µL dNTPs (Invitrogen®), 0.25 µL Forward Primer (Invitrogen®) and 0.25 µL Reverse Primer (Invitrogen®). The annealing temperature was determined by using combinations of the species-specific primers. The reactions were performed in a conventional thermal cycler (Gene Pro Thermal Cycler, BIOER Technology, Hangzhou, China). Samples containing genomic DNA purified from American Type Culture Collection (ATCC) species were used as positive controls. In the negative control, the DNA volume was replaced by Milli-Q water.

Amplified samples were analyzed with 1% agarose gel electrophoresis (Invitrogen®). The gel was stained with ethidium bromide (5 µg/mL (Invitrogen®) and a 100 bp DNA ladder (Invitrogen®) was used as standard for each reaction. The DNA bands were visualized under UV light, and the gel was photographed with an Image Master System VDS (Pharmacia Biotech, Cambridge, UK). Images of the gels were processed by the UISCAP image capture software.

**LAL assay (KQCL test) - Quantification of Endotoxins**

The kinetic chromogenic limulus amebocyte lysate (LAL) (Lonza, Walkersville, MD, USA) assay was used for quantification of endotoxins. Escherichia coli endotoxin was the standard. A positive control (root canal sample contaminated with a known amount of endotoxin) was included for each sample to determine the presence or absence of interfering agents. For the test, 100 µL of apyrogenic water (reaction blank), 5 standard endotoxin solutions [0.005–50 endotoxin units (EU)/mL], root canal samples and positive controls were added to a 96-well apyrogenic plate. The tests were carried out in quadruplicate. The plate was incubated at 37±1 °C for 10 min in the Kinetic-QCL reader, which was coupled to a microcomputer with the WinKQCL software. Next, 100 µL of the chromogenic reagent was added to each well. After the beginning of the kinetic test, the software monitored continuously the absorbance at 405 nm in each microplate well and automatically calculated the log/log linear correlation between reaction time of each standard and the corresponding endotoxin concentration.

### Table 1. Polymerase chain reaction primer pairs used for the detection of target Gram-negative bacterial species in teeth with secondary/ persistent endodontic infection

<table>
<thead>
<tr>
<th>Target</th>
<th>Primer Pair</th>
<th>Amplicon Length (bp)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Universal</td>
<td>F: TCC TAC GGG AGG CAG CAG T R: GGA CTA CCA GGG TAT CTA ATC CTG TT</td>
<td>466 bp</td>
</tr>
<tr>
<td>P. endodontalis</td>
<td>F: GCT GCA GCT CAA CTG TAG T R: CGT CTT CAT GTC ACC ATG TC</td>
<td>672 bp</td>
</tr>
<tr>
<td>P. gingivalis</td>
<td>F: AGG CAG CTT GCC ATA CTG C G R: ACT GTT AGC AAC TAC CGA TGT</td>
<td>404 bp</td>
</tr>
<tr>
<td>P. intermedia</td>
<td>F: TTT GTT GGG GAG TAA AGC GGG  R: TCA ACA TCT CTG TAT CCT GCG T</td>
<td>575 bp</td>
</tr>
<tr>
<td>P. nigrescens</td>
<td>F: ATG AAA CAA AGG TTT TCC GTT GAG  R: CCC AGG TCT CGT TGG GCT GGC A</td>
<td>804 bp</td>
</tr>
<tr>
<td>T. forsythia</td>
<td>F: GGC TAT GTA ACC TCG CCG CA  R: TGC TTC AGT GTC AGT TAC ACC T</td>
<td>641 bp</td>
</tr>
<tr>
<td>T. denticola</td>
<td>F: TAA TAC CGA ATG TGC TCA TTT ACA T R: TCA AAG AAG CAT TCC TCT TTA</td>
<td>316 bp</td>
</tr>
<tr>
<td>F. alocis</td>
<td>F: CAG GTG GTT TAA CAA GTT AGG R: CTA AGT TGT CCT TAG CTG TCT CG</td>
<td>594 bp</td>
</tr>
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incubation for 8 h in culture medium (DMEM) containing 0.3% fetal bovine serum and stimulated with 60 μL of root canal contents during 24 h in order to quantify the total amount of proteins released in the culture media (i.e. IL-1β and TNF-α). The supernatants were collected and stored at -80 °C until protein evaluation.

The amounts of IL-1β and TNF-α released to the culture media following stimulation of the root canal contents were measured by enzyme-linked immunosorbent assay – Duoset kit (ELISA; R&D, Minneapolis, MN, USA). Next, a standard or sample solution was added to ELISA well plate, pre-coated with specific monoclonal capture antibody. After being gently shaken for 3 h at room temperature, the polyclonal anti-TNF-α and IL-1β antibodies, conjugated with horseradish peroxidase, were added to the solution and incubated for 1 h at room temperature. The substrate solution containing hydrogen peroxidase and chromogen was added and allowed to react for 20 min. The levels of cytokines were assessed by a microelisa reader (R&D) at 450 nm and normalized with abundance of standard solution. Each densitometric value, expressed as mean ± SD, was obtained from three independent experiments.

**Statistical Analysis**

The data collected for each case (clinical features and bacteria isolated) were entered onto a spreadsheet and statistically analyzed by using the SPSS for Windows (SPSS, Inc., Chicago, IL, USA). Either Pearson’s chi-square test or one-sided Fisher’s exact test was chosen as appropriate to test the null hypothesis between the number of different bacterial species and the presence of clinical and radiographic features. Pearson’s correlation coefficient was used to correlate the amount of LPS and IL-1β and TNF-α levels each two at a time. Association between presence or absence of clinical features and size of radiographic findings with the levels of LPS, IL-1β and TNF-α was analyzed by using the one-way ANOVA test. P<0.05 was considered statistically significant.

**Results**

Sterility samples taken from the external and internal surfaces of the crown and their surrounding structures, tested before and after entering the pulp chamber, showed no microbial growth. The following clinical/radiographic features were found in root canals with persistent endodontic infections investigated: pain on palpation (POP) (2/10), tenderness to percussion (TTP) (6/10), size of radiolucent area ≤5 mm (5/10) and ≥6 mm (5/10), acceptable root filling terminating and homogenous filling (5/10), and time of previous treatment ≤ 5 years (6/10) and ≥ 6 years (4/10).

Cultivable bacteria were detected in 100% of the root canal samples (10/10), with a median value of 1.24x10³ CFU/mL. Bacterial DNA was detected in 10/10 root canal samples with persistent endodontic infections as determined by using ubiquitous bacterial primers. No positive results were observed for presence of bacterial DNA in negative control samples. At least one Gram-negative bacterial species was detected in 60% of the root canal samples (6/10). A combination of two or more Gram-negative target species was detected in 30% of the root canals (3/10), with *Porphyromonas endodontalis* (5/10), *Tannerella forsythia* (3/10), *Porphyromonas gingivalis* (1/10), *Treponema denticola* (1/10) being detected in the root canals, respectively.

The standard curve for detection of endotoxins fulfilled the criteria of linearity (r = 1). The kinetic chromogenic LAL assay revealed that endotoxins were present in 100% of the root canal samples (10/10), with a median value of 9.62 EU/mL (ranging from 2.26 to 31.3 EU/mL). Higher levels of endotoxins were found in teeth with pain on palpation (POP) (median value: 23.56 EU/mL) than in their absence (median value: 8.21 EU/mL) (p<0.05). Teeth with larger area of bone destruction showed higher values of endotoxin (median value of 11.1 EU/mL for areas ≤5mm vs median value of 3.91 EU/mL for areas ≥ 6mm) (p<0.05). Higher levels of IL-1β and TNF-α secreted by macrophages and fibroblast cells (p<0.05) were related to a larger size of radiolucent area (≥6mm) (Fig. 1).

**Discussion**

Analyses of the results indicated that bacteria were recovered from persistent endodontic infection at significant levels, with involvement of selected Gram-negative bacterial species, particularly *Porphyromonas endodontalis* and *Tannerella forsythia*. Moreover, higher levels of endotoxins in root-filled teeth were related to the presence of clinical symptoms and larger area of bone destruction. Thus, larger area of bone destruction was related to higher levels of IL-1β and TNF-α secreted by macrophages and fibroblast cells.

In the present study, cultivable bacteria were detected in all root canal samples of teeth with persistent infection. However, there is controversy on the origin of this type of infection, whether it results from the persistent primary infection located in strategic areas not reached by instrumentation or from new infection of the root canal systems by coronal leakage (secondary infection). Regardless of that, there is a consensus that the need for a new endodontic treatment involves the elimination of apical periodontitis. The number of viable bacterial counts found in root canals with secondary/persistent infection was 10⁶ CFU/mL. Cheung and Ho (17) demonstrated values of CFU-counts ranging from 40 to 7 x 10⁷. Corroborating
this finding, Endo et al. (2) reported an initial number of viable bacteria in post-treatment apical periodontitis ranging from 0 to $2.3 \times 10^5$ CFU/mL.

Corroborating with the culture analysis, bacterial DNA was found in 10 out of 10 root canal samples determined by ubiquitous bacterial primers. The PCR-analysis revealed that at least one of the seven target Gram-negative bacterial species was detected in 60% of the root canal samples. Furthermore, a combination of two or more Gram-negative target species was detected in 30% of the investigated root canals, indicating that different bacterial LPS with different toxicity structure (lipid A) (18) could be involved in the persistent infection, which enhances or even inhibits each other’s antigenicity to the periradicular tissue, making bacterial endodontic contents even more complex to the innate response (9). This finding is in agreement with previous pyrosequencing studies (3,19) revealing far more diverse and complex community profiles in persistent infection than previously described by culture and molecular studies (4).

Among the target Gram-negative bacterial species investigated in the present study, *Porphyromonas endodontalis* (50%) and *Tannerella forsythia* (30%) were the most frequently recovered species from teeth with secondary/persistent infection. Siqueira and Rôças (20) detected *T. forsythia* in 23% and *P. endodontalis* in only 5% of their samples. In contrast, Zhang et al. (21) found *P. endodontalis* in 45% of their samples. Such variations can be attributed to the case selection, particularly regarding the presence or absence of clinical/radiographic features.

In the current study, from the bacterial selection, *P. endodontalis* was the most frequently detected species in teeth with persistent endodontic infection and apical periodontitis. The high frequency of *P. endodontalis* in endodontic infections has been attributed to the presence of periapical bone destruction (8,22). Thus, *P. endodontalis*...
was frequently recovered from root canals with secondary/persistent infection concomitant with at least one other target Gram-negative bacterial species. It is worth to point out that, although experimental mono-infections by *P. endodontalis* have shown a relatively low pathogenicity, mixed culture containing this species has been shown to cause severe infection (22).

Endotoxin was recovered from all root canal samples collected from secondary/persistent infection, corroborating previous studies (2,11). The kinetic chromogenic LAL assay (KQCL test) used in the present study demonstrated to be effective in the recovery of endotoxins from secondary/persistent endodontic infection, showing a median value of 9.62 EU/mL. Endo et al. (2) using the kinetic turbidimetric LAL assay (Pyrogent 5000), investigated the presence of endotoxins in secondary/persistent endodontic infections and reported a 3.96 EU/mL median value of endotoxins. The differences in endotoxin measurements between these two studies may be ascribed to the different methods used by the authors. These two kinetic methods present different test principles (use of chromogenic synthetic LAL substrate in the KQCL vs. native substrate [coagulogen] in the turbidimetric method). Regardless of this, Martinho et al. (23) reported that these two LAL methods are the best fit ones for the analysis of endotoxins in root canal infections. It is not unreasonable to assume that such differences may also be attributed to case selection.

Although target Gram-negative bacterial species were detected in only 6/10 root canals investigated, endotoxin was recovered from all the analyzed 10 teeth. Such a result possibly indicates that the endotoxins detected in these root canals can be either from other Gram-negative bacteria not included in the present study or even from other bacterial species present in root canals at low DNA concentration, thus being undetected by PCR 16S rDNA assay. It is noteworthy that a single Gram-negative bacterial cell contains $\approx 10^6$ lipid A residues (the LPS domain responsible for its toxicity).

Higher median levels of endotoxins have been currently found in teeth with pain on palpation (23.56 EU/mL) rather than in its absence (8.21 EU/mL). This finding was corroborated by Horiba et al. (13), who reported a positive correlation between higher detection rates of endotoxins and symptomatic teeth with post-treatment apical periodontitis. Gomes et al. (11) also revealed a correlation between higher levels of endotoxins found in teeth with persistent infections and presence of clinical symptoms.

With respect to bone destruction in apical periodontitis, higher levels of endotoxins were detected in teeth presenting larger area of bone destruction ($\geq 6$ mm [11.1 EU/mL]), whereas significantly lower levels were observed in periapical lesions with smaller radiolucent areas ($\leq 5$ mm [3.91 EU/mL]), thus elucidating the role of endotoxins in the bone resorption in apical periodontitis (9). Typical result was also shown by Schein and Schilder (5) and Horiba et al. (13).

Previous *in vitro* studies have demonstrated that oral bacterial LPSs are potent stimuli for pro-inflammatory cytokines involved in periapical tissue destruction (4,16,17). However, a limited clinical conclusion can be drawn from these studies as they attempted to extract LPS from a single bacterial species and determine individually the LPS antigenicity (3,13). However the present study was aimed to better reproduce the complexity of endodontic infection contents by considering the "whole pool of infections" sampled straight from the infection as it actually is.

Even at low amounts, endotoxins are extremely strong stimulators of inflammatory reactions, particularly the production of IL-1$\beta$ and TNF-α (8-10). In the present study, not only higher levels of endotoxins were detected in teeth with larger area of bone destruction, but also higher levels of IL-1$\beta$ and TNF-α secreted by macrophages and fibroblast cells were found to be related to this radiographic feature. These findings agree with Pezelj-Ribič et al. (24) who reported the recovery of higher levels of TNF-α in teeth with larger apical periodontitis. Highlighting, TNF-α leads to bone resorption by osteoclast activation and stimulated secretion of proteolytic enzymes, plasminogen activator (PA) and matrix metallloproteinases (MMP), which are in charge of destroying extracellular matrix bone tissue (25).

Overall, the present findings revealed the presence of Gram-negative bacterial species in persistent endodontic infection, with their endotoxin levels related to both severity of bone destruction and development of clinical symptoms. Moreover, a larger area of bone destruction was associated with higher levels of IL-1$\beta$ and TNF-α secreted by macrophages and fibroblast cells commonly encountered in periapical tissue.

**Resumo**

Este estudo clínico investigou e quantificou bactérias cultiváveis e seus níveis de endotoxinas na infecção endodôntica persistente, determinando a sua antigenicidade contra macrófagos e células de fibroblastos através de IL-1$\beta$ e TNF-α; e avaliando sua relação com características clínicas e radiográficas. As amostras dos canais radiculares foram obtidas após a desobstrução. Técnicas de cultura foram utilizadas para determinar a contagem de bactérias e a quantificação de endotoxinas foram determinadas por ensaio de LAL. Análise por PCR (16S rDNA) foi utilizada para a detecção bacteriana. Células 264,5 macrófagos e fibroblastos V79 foram estimuladas com conteúdo endodôntico. IL-1$\beta$ e TNF-α produzidas pelas células avaliadas foram medidas por ensaio de ELISA. As medianas de bactérias e endotoxinas foram 1,24x10$^5$ UFC/mL e 9,62 EU/mL, respectivamente. *Porphyromonas endodontalis* foi uma espécie mais frequentemente detectada. Níveis mais elevados de endotoxinas foram encontrados em dentes com dor à palpação (23,56 EU/mL) quando comparado a sua ausência (8,21 EU/mL). Maiores áreas de destruição óssea foram relacionados com níveis mais elevados de endotoxinas e IL-1$\beta$ e TNF-α. O estudo revelou presença de espécies de bactérias Gram-negativas em infecção endodôntica persistente, com níveis elevados de
endotoxinas relacionadas a maior destruição óssea periapical e presença de sintomatologia. Além disso, grandes áreas de destruição óssea foram relacionadas com níveis mais elevados de IL-1β e TNF-α secretadas por macrófagos e fibroblastos.

References