Reproductive periods of *Lucina pectinata* (BIVALVE; LUCINIDAE) in the Paranaguá Estuarine Complex, Paraná - Brazil

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(With 5 figures)

Abstract

The objectives of the present study is to describe the size for exploitation and gonadal maturation of *L. pectinata* in Peças Island in Paraná coast. Twenty two individuals were sampled every month, from an intertidal flat of the Peças River, Municipality of Guaraqueçaba, during two periods – summer/autumn and winter of the 2009. Environmental parameter data was obtained at the same time of the biological sampling: temperature, salinity and seawater transparency at the Peças River mouth. The animals’ height, length, width, gross weight, wet weight of meat and dry weight of meat were measured at the lab. The gonad development stages (GDS), condition index (CI) and yield index (Y) were calculated. Sex identification was conducted by direct observation of the gonads and gametes under an optic microscope. Individuals were classified as males (M), females (F) or undetermined (U). The medium height observed was of 49.62 ± 6.84 mm. Period of more expressive gonad repletion were observed in summer when water temperature was higher. Results of GDS in both periods showed a predominance of partially filled gonad stages. This may be related with the fact that *L. pectinata* has intense gametogenesis activity, that is, the organisms do not have a resting interval, but go back to gonad restructuring rapidly after releasing the gametes. The continuity of the reproductive cycle of the specimens found in both studied periods could demonstrate a possible continuous reproduction of the species and a size for exploitation above 40.00 mm of height.

Keywords: reproduction, clams, Peças Island, condition index.

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Resumo

O presente estudo tem como objetivo descrever o tamanho de exploração e a maturação gonadal de *L. pectinata* na Ilha das Peças no litoral do Paraná. Vinte e dois indivíduos foram amostrados mensalmente na região entre-marés no Rio das Peças, Município de Guaraqueçaba, durante 2 períodos – verão/outono e inverno de 2009. Paralelamente às amostragens, foram obtidos dados dos parâmetros ambientais: temperatura, salinidade e transparência da água do mar na foz do Rio das Peças. A altura, comprimento, largura, peso bruto, peso úmido da carne e peso seco da carne dos animais foram medidos no laboratório. Foram calculados os estágios de desenvolvimento gonadal (EDG), índices de condição (IC) e de rendimento (R). A identificação do sexo foi realizada por observação direta das gônadas e gametas sob microscópio óptico. Os indivíduos foram classificados como: machos (M), fêmeas (F) ou indeterminados (I). A altura média observada foi de 49,62 ± 6,84 mm. O período de maior repleção gonadal foi observado no verão, quando a temperatura da água foi mais elevada. Resultados dos EDG em ambos os períodos mostrou um predominio de gônadas parcialmente cheias. Isso pode estar relacionado com o fato de que *L. pectinata* tem atividade gametogênese intensa, ou seja, os organismos não têm um intervalo de repouso, mas voltam a reestruturação das gônadas rapidamente após liberação dos gametas. A continuidade do ciclo reprodutivo dos espécimes encontrados em ambos os períodos estudados, pode demonstrar possível reprodução contínua da espécie e tamanho de exploração superior a 40,00 mm de altura.

Palavras-chave: reprodução, almeja, Ilha das Peças, índice de condição.
1. Introduction

Lucina pectinata (Gmelin, 1791), a species popularly known in Brazil as ‘almeja’ or ‘lambreta’, is a mollusk belonging to the class Bivalvia, order Veneroida, family Lucinidae. The species is geographically distributed from North Carolina (USA) to Santa Catarina (Brazil), and is found in the muddy sediment of estuarine areas, buried at 7.0 to 30.0 cm deep (Nogueira and Freitas, 2002; Rios, 2009). The species is characterized as bottom infaunal organisms with no external sexual dimorphism, however, they can be identified by different-colored gonads: the females’ are dark grey, whereas the males’ are milky white (Araújo, 1995).

This species is one of the 40 native species of bivalve presents in the Brazilian coast that has great potential for aquaculture (Rupp et al., 2008), since the individuals reach sizes above 50 mm of length and with possibility to be cultivate in tide channels and mangroves. The cultivation of this species in coastal areas could be an alternative of income for the inhabitants of coastal communities (Poggio, 2002; Rondinelli and Barros, 2010). Research about the biology of L. pectinata in the Northeast of Brazil (Assis, 1985; Nogueira and Freitas, 2002), emphasize the economical interest of the species as an alternative source of income for the coastal communities (Rondinelli and Barros, 2010). In spite of the importance of the group, there is a shortage of research in the South of Brazil and the absence of works in the coast of Paraná, however stocks of this species are frequently exploited by the coastal populations.

In relationship to the individuals’ size, Poggio (2002) and Delfino (2005) in Bahia’s Garapuá mangrove, verified that extractive activities did not affect the population studied, since the shell length of organisms sold in the region is above 40.00 mm, and the length at first maturity is approximately 30.00 mm. Due to the lack of specialized work about this specie, in the coast of Paraná, one of the starting points for future programs of management and production of seeds of this species would be studies on reproductive periods.

For studies of reproductive cycle in bivalves several methods are used among these the observation of gonadal stage and condition index are very common (Christo and Absher, 2006; Silva et al., 2006; Pecharda et al., 2007). Condition index (CI) is an indirect method that supplies information related to gonadal maturation period and to suggest the period for commercialization (Baird, 1966). Associated to CI, the meat yield index (Y) can also reflect the processes of glycogenic conversion in gametes, sexual maturation, gametes elimination, nutritional state and individuals’ physiological stress (Orban et al., 2004).

In this respect, temperature may be considered an important exogenous factor for reproduction control, since it is associated with a series of events that influence sexual maturation (Andrews, 1979). However, the exogenous regulation of gametogenesis is not restricted to an only factor. Salinity, especially in estuarine environment, represents an important factor in the reproductive dynamics of invertebrate animals of this environment (Cáceres-Martínez and Figueras, 1998). Food availability can also contribute to regulate reproductive processes (Bayne, 2004). In environments where temperatures rise in the beginning of spring and during summer, there is a trend towards the continuous reproduction of organisms, however with periods of more expressive gamete elimination during higher temperature months (Kreeger et al., 2003; Ren et al., 2003). The objectives of the present study is to describe the size of exploitation and gonadal maturation during two periods of the year of L. pectinata in Peças Island in Paraná coast, Brazil.

2. Material and Methods

For the present work, samples of L. pectinata were collected in one natural bank (with area of 100 m²) on an intertidal flat of the Peças River (25° 27’ S; 48° 19’ W) at Peças Island, Municipality of Guaraqueçaba, Paraná (Figure 1). Due to the difficulty of obtaining individuals in other months in the studied area, sampling were made in two intervals: summer/autumn (January, February and March), and winter (June, July and August) 2009 in the spring low tide.

With the aid of local shellfish collectors and with the objective to preserve the bank of L. pectinata, twenty two individuals with commercial size (above 40.00 mm height), were collected manually each month digging the sediment to a depth of 50 cm, this method is similar to the method employed by the gatherers of the region. The help of the gatherers is necessary due to the difficulty to find the natural banks of L. pectinata in the south area of Brazil.

Environmental parameter data was obtained at the same time of the sampling: temperature, salinity and seawater transparency at the Peças River mouth were obtained in order to relate a possible influence on the reproductive cycle. Temperature was measured with a mercury thermometer (precision of 0.1 °C), salinity through a manual refractometer (precision of 1 unit of salinity) and water transparency with a Secchi disk (extinction depth).

The animals’ height (H), length (L) and width (W) were measured at the lab. They were subsequently weighed (GW - gross weight), opened and removed from the valves for soft parts weighing (Wwm – wet weight of meat). The soft parts were then placed in an oven at 80 °C for 24 hours and then weighed for their dry weight (Dwm – dry weight of meat). The condition index (Equation 1) and meat yield index (Equation 2) were calculated according to the methodology by Lucas and Beninger (1985):

\[ CI = \left( \frac{Dwm}{Sww} \right) \times 100 \]  
\[ Y = \left( \frac{Wwm}{Gw} \right) \times 100 \]
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where: $Y$: meat yield index; $W_{wm}$: wet weight of meat; $G_w$: gross weight; $CI$: condition index; $D_{wm}$: dry weight of meat; $S_{ww}$: shells wet weight; ($S_{ww}=G_w-W_{wm}$).

Identification of sex was conducted by direct observation of the gonads (Frenkiel et al., 1997), which were scraped for observation under an optic microscope, and the individuals were classified as males (M), females (F) or undetermined (U). The macroscopic characterization of the individuals’ gonad development stages (GDS) was based on how much of the digestive gland of either sex was covered by the gonads, considering the development stages according to Christo and Absher (2006):

- Empty (E);
- Partially empty (PE): with the gonad covering 1/3 of the digestive gland;
- Partially full (PF): with the gonad covering 2/3 of the digestive gland;
- Full (F) with the gonad covering the whole digestive gland;

Percentage was used to characterize GDS. After evaluation of the normality and homogeneity (Levene test) of the data, a nested ANOVA was employed to evidence differences of CI and Y (dependent variables) in the months nested in the periods (independent variables). The Student-Newman-Keuls (SNK) test was conducted in order to identify differences from one month to the other.

### 3. Results

Water temperature in the period varied between 17 and 30 °C, whereas salinity and sea water transparency varied between 21 and 24, and 0.6 and 1.2 m, respectively, at the Peças River mouth (Figure 2).

Along the studied period’s average (mean ±SD) of length, height, width and gross weight were observed. Results were for length of 51.54 ± 6.91 mm, heights of 49.62 ± 6.84 mm, widths of 26.43 ± 4.59 mm and 36.70 ± 14.93 g for gross weight.

Sex proportion analysis evidenced a variation between males and females of 1.76:1 (65 males, 37 females and 30 undetermined). The gonad index showed the occurrence of more expressive gonad repletion in the first period (average of three months: F: 28.79%, PF: 43.94%, PE: 12.12% and E: 15.15%) compared with the second period (average of three months: F: 4.55%, PF: 65.15%, PE: 0.0% and E: 30.30%). Increased gonadal repletion was observed during the months of January, February and July 2009 (Figure 3).

The CI recorded during June and August 2009 were the lowest, with 2.58 ± 0.67% and 2.52 ± 0.38% (mean ±SD), respectively. In contrast, an increase in CI was verified in March and July 2009, with 3.27 ± 1.10% and 3.45 ± 1.06% (mean ±SD), respectively (Figure 4). Statistical differences were observed among the periods (DF=1, F=3.99, p<0.05) and the months of June and August 2009 in relation to the other months (DF=4, F=3.03, p=0.02). The largest Y
recorded in the study was during March and July 2009, with average values of 20.95 ± 2.93 and 19.98 ± 3.58% (mean ±SD), respectively (Figure 5). Statistical differences were found among the periods (DF=1, F=6.81, p=0.01) and the months of March and June 2009 in relation to the other months (DF=4, F=8.64, p<0.0001).

4. Discussion

The observed values of length and height of *L. pectinata* sampled monthly at Peças Island, South of Brazil, did not differ in relation to studies conducted in the Northeast region of Brazil (Nogueira and Freitas, 2002; Poggio, 2002; Delfino, 2005; Santana, 2010; Rondinelli and Barros, 2010). In Bahia, Delfino (2005) identified activities where 10 to 12 dozens were extracted per person during one hour’s work, with an average shell length of 42.30 mm. Another study conducted in the same region with 11,334 individuals sampled demonstrated that 73.3% had a shell length between 34 and 46 mm, with an exploitation rate of 19.3 dozens/gatherer per day (Rondinelli and Barros, 2010). The average shell height and length of *L. pectinata* collected monthly from the Peças River...
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Individuals’ gross weight was within an interval found in other studies in the Northeast region of Brazil (Nogueira and Freitas, 2002; Poggio, 2002; Delfino, 2005; Santana, 2010; Rondinelli and Barros, 2010). Since the animals’ body weight is closely related with the gonad developmental stage, fluctuation of this variable can be

**Figure 4.** Variation of mean condition index (CI) of *Lucina pectinata* during two periods at Peças Island, Paranaguá Estuarine Complex. Student-Newman-Keuls (SNK) test indicated statistical differences (p < 0.05) among months – Mar=Jul>Jan=Fev=Jun=Aug. ■: mean; □: standard error; ±: standard deviation.

**Figure 5.** Variation of mean meat yield (Y) of *Lucina pectinata* during two periods at Peças Island, Paranaguá Estuarine Complex. Student-Newman-Keuls (SNK) test indicated statistical differences (p < 0.05) among months – Mar=Jul>Jan=Fev=Jun=Aug. ■: mean; □: standard error; ±: standard deviation.

was over 40.00 mm. However, there is no information about the rate of exploitation of this natural bank from the Peças River. The specie is commercialized in Paranaguá city – PR, where the individuals are sold with sizes above 40 mm of height from the extraction in the natural banks of the area of Paranaguá Estuarine Complex.
interpreted through the association of weight with the individual’s physiological condition (Kang et al., 2000; Ren et al., 2003).

The sexual proportion analysis of Lucina pectinata evidenced a ratio of 2 males:1 female in the natural bank of Peças River. The prevalence of males in the area was observed in populations of L. pectinata in northeastern Brazil (Poggio, 2002; Delfino, 2005).

High Y values could indicate that production would be better exploited in July 2009. An average value of 19.98 ± 3.58% was found for meat yield (Y), with elevation of the values in July of 2009, indicating that a larger maturation and better use of the production would be possible on this month of the year. Delfino (2005) found an average variation of 18.1 to 24.2% of Y with higher values in winter due to higher availability of food as a result of increased rainfall, may be emphasized that other months could also be appropriate for extraction of Lucina pectinata in Peças Island. This index is used in farming, where it can provide information about the best time of year to remove animals from the environment or from farming structures for subsequent commercialization. High Y values may suggest that L. pectinata is a species with potential for aquaculture, since other species produced along the Paraná coast have Y values between 15 and 40% (Absher, 1989; Christo and Absher, 2006).

Low CI values as observed in June and August 2009 indicate that a biological effort was made, whether in maintenance energy to live in unsatisfactory environmental conditions and/or in gametes release. In contrast, high CI percentages indicate higher energy accumulated in the organisms, and a consequent increase in gonad material (Orban et al., 2004). In studies at the Ceará - Northeast of Brazil, Santana (2010) reports higher average values CI in July and November 2008, and March and July 2009. These could be related with rainier periods, however, the author used CI with no standardization of the organisms’ dry meat weight, therefore reflecting in higher values than usually found for this index (Santana, 2010).

Results of GDS in both periods showed a predominance of gonads in development (PF and PE). Using this macroscopic methodology, Delfino (2005) identified a higher predominance of organisms with partially filled gonads in a mangrove in Bahia (Northeast area). According to Assis (1985) in studies in the beach of Restinga (Northeast area), this predominance of gonad material under development is related with the fact that L. pectinata has intense gametogenesis activity, that is, the organisms do not take a resting interval, but go back to gonad restructuring rapidly after releasing the gametes. Frenkel et al. (1997) relates this fast gonadal restructuring of L. pectinata to an adaptive success of the species to inhabit mangroves and estuarine environment.

Studies conducted in Brazil’s northeast where there is little seasonal variation of climate conditions show that the species has a continuous reproductive cycle along the year (Nogueira and Freitas, 2002; Poggio, 2002; Delfino, 2005; Santana, 2010). The continuous reproductive cycle of L. pectinata was also observed in a mangroves in Guadeloupe (Antilhas Francesas - Central America), with larger spawning intensity during the month of March and high frequency of organisms with spent gonads in the month of June (Frenkel et al., 1997). Assis (1985) reports an increase in individual maturation during fall and spring, and higher emission of gametes in April and November for both sexes in Baia de Todos os Santos, Bahia. Periods of higher emission were also identified during spring and fall at Guarapuá mangrove in Bahia (Poggio, 2002; Delfino, 2005). The present study at the Paraná coast, suggests a gonad repletion continuity during both intervals studied using the two methodologies – macroscopic evaluation of gonad development and condition index. More expressive reproductive periods was verified in January, February and July 2009 both for GDS and CI. However, since these are indirect methods of gonadal repletion (CI and Y) they indicate a biomass increment in the soft parts of the mollusks (Baird, 1966; Orban et al., 2004). This increment can be of gonadal structuring or for the biomass of food present in the digestive gland. In order to avoid this possible mistake of the indirect methods the macroscopic gonadal stage of repletion (GDS) is used.

It is known that water temperature influences the process of maturation and release of gametes, as observed in native oysters of the genus Crassostrea (Absher, 1989; Christo and Absher, 2006) and Pteria hirundo (Salvador et al., 2011); Anomalocardia brasiliensis cockle (Boehs et al., 2008; Luz and Boehs, 2011); Nodipecten nodosus scallop (Albuquerque and Ferreira, 2006; Rupp and Parsons, 2004); Perma perna mussel (Ferreira and Magalhães, 2004); Tagelus plebeius (Ceuta and Boehs, 2012) and Crassostrea gigas cultivated oyster (Manzoni and Schmitt, 1997).

One can say that the exploration size of L. pectinata bivalves in the Peças River at Peças Island is above 40.00 mm of shell height. With regard to the species’ reproductive cycle, continuity was found in both periods studied, which could indicate possible continuous reproduction of the species, if the environmental variations observed in the region are taken into consideration. However, in order to confirm this information more studies are necessary about the species reproductive cycle and of the rate of exploration of the natural banks in the area.

References


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