ABSTRACT

Physiological studies of the mussel *Perna perna* in Brazil are almost 30 years behind those of other, more exhaustively investigated species, such as *Mytilus edulis*. Little is known about the variations in physiological rates due to size and the consequences of maintaining *P. perna* in laboratory conditions. This work investigated the variations in respiration, clearance, excretion and absorption efficiency rates of *P. perna*, classified by size and acclimatized in a laboratory, monitoring the mussels’ respiration rates and biometry over a period of 30 days, in laboratory conditions. The respiration, clearance and excretion rates presented an allometric relation with the dry weight of the organisms, with b values of 0.66, 0.48 and 0.91 respectively. On the other hand, these same rates, when considered by weight (specific rates) showed a relationship that was inverse to the size of the organisms. Only the absorption efficiency was independent of the weight of the mussel. In terms of acclimatization, it was observed that it takes 10 days for the respiration rate of the mussel *P. perna* to stabilize in laboratory conditions, after which it follows a routine metabolism.

**Keywords**: *Perna perna*, physiology, acclimatization, respiration, clearance, excretion, absorption efficiency.

RESUMO

**Taxas fisiológicas do mexilhão *Perna perna* (Linnaeus, 1758) em diferentes classes de tamanho e condições de manutenção em laboratório**

O estudo da fisiologia dos mexilhões *Perna perna* no Brasil apresenta uma defasagem de aproximadamente 30 anos em relação a outras espécies mais exaustivamente investigadas como *Mytilus edulis*. O conhecimento acerca das variações das taxas fisiológicas em função do tamanho e as consequências da manutenção de *P. perna* em laboratório foram pouco estudadas. Neste trabalho, investigaram-se as variações das taxas de respiração, clareamento, excreção e a eficiência de absorção de *P. perna* acclimatados em laboratório em diferentes classes de tamanho, assim como foi realizado um acompanhamento de suas taxas respiratórias e de sua biometria ao longo de 30 dias de manutenção em condições laboratoriais. As taxas de respiração, clareamento e excreção apresentaram uma relação alométrica com o peso seco dos organismos, obtendo-se como valores de b de 0,66, 0,48 e 0,91 respectivamente. Por outro lado, estas mesmas taxas quando ponderadas pelo peso (taxas específicas) mostraram uma relação inversa com o tamanho dos organismos. A eficiência de absorção foi à única taxa que mostrou independência com o peso do mexilhão. Em termos de aclimatação, observou-se que o mexilhão *P. perna* leva 10 dias para estabilizar a sua taxa de respiração em laboratório, entrando em metabolismo de rotina.

**Palavras-chave**: *Perna perna*, fisiologia, aclimatização, respiração, clareamento, excreção, eficiência de absorção.
INTRODUCTION

There are two points to consider in studies on the physiological rates of mussels, whether these are related to the understanding of their production, or to the analysis of environmental impacts. The first point relates to the influence of the size (weight) of the organisms on the variability of their physiological responses. The second relates to the minimum conditions necessary to maintain these organisms in a laboratory, where the intention is to determine the different environmental variables.

Studies on the variability of physiological rates of mussels due to size have already been carried out, mainly on *Mytilus edulis* and have been presented in various reviews on the subject (Bayne & Newell, 1983; Griffiths & Griffiths, 1987). This endogenous variability is considered a basic feature in metabolic studies, since it presents an allometric relation with the physiological parameters, and its factor of variance is used to assess the rates when the purpose is to compare organisms of similar size, but which have different weights (Bayne et al., 1985).

On the other hand, the maintenance of mussels in a laboratory is carried out as a process of acclimation the organisms under certain experimental conditions (e.g. temperature, salinity and food). However, these laboratory conditions, under constant temperature and low food availability, can alter the physiology of these organisms (Bayne & Thompson, 1970). But even under these constant conditions, it is possible to study the type of metabolism (e.g. standard metabolism, routine metabolism and metabolism of activity) and based on this, to interpret the metabolic behavior under different conditions of interest. In these studies, the rates of oxygen consumption (respiration rate) are normally used as a parameter which is directly related to the metabolic state of the animal (Bayne, 1973a).

This work investigated the variations in physiological rates of different sizes of the mussel *Perna perna*, acclimated in a laboratory, and also the minimum conditions for its acclimation under controlled conditions, as well as the type of metabolism achieved.

MATERIAL AND METHODS

Samples of the mussel *Perna perna* were obtained from the mariculture experimental center of CTTMar, in the Armação do Itapocoroi Bay (town of Penha, Santa Catarina, Brazil), where they were cleaned and selected according to size (from 3.0 to 6.0 cm) and number for each maintenance. Groups denominated T<sub>0</sub> with an average size of 44 mm, were frozen for subsequent determination of the initial data relating to total length and average dry weight. These values were used to estimate growth during the acclimatization experiment.

The standard maintenance of the mussels consisted of acclimatizing the organisms at 30‰ salinity and a laboratory temperature of 20 ± 2 °C. Groups of 20 organisms were kept in four-liter flasks, with aeration and constant photoperiod (12 hour light and 12 hour dark). Mussels larger than 5 cm were maintained at a density of 10 organisms per flask. Two liters of the maintenance water were renewed daily, and the food inoculated (monospecific non-axenic phytoplankton culture *Chaetocerus gracilis*), at a concentration of 500 cells/µL<sup>−1</sup>.

The phytoplankton species used for the maintenance of the mussels and the tests for clearance and absorption efficiency rates was selected due to:

- its ease of maintenance and the fact that it can be obtained in high densities in laboratory cultures, using the Conway culture media;
- its high percentage of organic matter, varying from 65% to 72% depending on the phase of growth of the culture;
- the fact that its size is compatible with the retention capacity of the gills of the mussels. *Chaetocerus gracilis* varies in size from 5 to 6.5 µm (central body) with setae of up to 17.5 µm. This size enables 100% retention capacity by the gills of *Perna perna*, which present a space between the cilia of 2.5 to 3 µm in the gill filaments; and
- the ratio between its density and absorbance in spectrophotometer with a 10-cm light path cuvette, according to the following equations:
  - For 750 nm (turbidity – high concentrations):
    \[ Y = 6 \times 10^{-7} \times X \]
  - For 230 nm (peak of absorbance – low concentrations):
    \[ Y = 7 \times 10^{-6} \times X \]
where: \( Y = \text{Absorbance} \); \( X = \text{Cells per liter (N.Cells/L}^{-1}) \).

The density of phytoplankton offered as food represented a quantity of 2.1 mg of organic matter, \( \text{animal}^{-1} \text{day}^{-1} \) for organisms smaller than 5 cm, and 4.2 mg of organic matter, \( \text{animal}^{-1} \text{day}^{-1} \) for mussels larger than 5 cm. These values are the result of the ratio between the number of cells and its weight, which is:

\[
Y = 3 \times 10^{-8} X
\]

where: \( Y = \text{Dry weight (mg.L}^{-1}) \); \( X = \text{Cells per liter (N.Cells/L}^{-1}) \).

In the estimates, an average organic content of 70% of the dry weight for \( C. \text{gracilis} \) was used.

All the groups of mussels were maintained in filtered seawater (0.5 \( \mu \text{m} \)) for 24 h prior to the physiological tests, in order to clean the digestive tract and simulate the metabolic rate.

To calculate the rates of respiration (RR), clearance (CR), excretion (ER), absorption efficiency (AE) and increase in size (mm.day\(^{-1}\)) the animals were separated into four size classes (35, 40, 50 and 55 mm) and acclimated for a period of 15 to 20 days in a laboratory. A minimum acclimation time of 15 days was initially established based on the work of Bayne (1973b).

The respiration rates and increase in size were determined every 5 days in 8 groups of mussels, with an initial average size of 44 mm after 30 days in the laboratory, to determine the time of acclimation.

**Clearance Rate (CR) = pumping rate**

The method consisted of estimating the removal rate of phytoplankton cells (\( \text{Chaetocerus gracilis} \)) by the mussels in 1000 mL test flasks, with 10 identical flasks containing one mussel each, and two control flasks without mussels under static conditions (Smaal & Widdows, 1994). For each flask, concentrations of 140 Cells/\( \mu \text{L}^{-1} \) of phytoplankton and filtered seawater were inoculated. This concentration was initially established as lower than 5 mg.L\(^{-1}\), the incipient concentration for the rejection or formation of pseudo-feces (Widdows et al., 1979). The test was run for 1 h, and at its start and end 50 mL of seawater with phytoplankton were removed from each flask to determine its turbidity by absorbance in 750 and 230 nm through the spectrophotometer reading using a 10-cm light path cuvette (Greenberg et al., 1992). The clearance rate was estimated using the equation:

\[
CR = \frac{V}{N} \left( \frac{\text{Ln} C_{t0} - \text{Ln} C_{t1}}{\Delta T} \right) - f
\]

where: \( CR = \text{Clearance Rate (L.h}^{-1}) \); \( C_{t0} = \text{Initial concentration of phytoplankton (in absorbance at 750 nm and/or 230 nm)} \); \( C_{t1} = \text{Final concentration of phytoplankton (in absorbance at 750 nm and/or 230 nm)} \); \( V = \text{Volume of test flask (L)} \); \( N = \text{Number of organisms per test flask} \); \( T = \text{Time interval of test (h)} \); \( f = \text{correction factor of the phytoplankton (decantation rate)} \) calculated using the same formula for the control flasks.

The estimate for quantifying the density of phytoplanktonic cells by absorption spectrophotometry was used due to its ease and speed of analysis compared with traditional counting by the Utermohl method (1958), and the method of

<table>
<thead>
<tr>
<th>Replica</th>
<th>Count</th>
<th>ABS</th>
<th>Cla-a</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>1.117</td>
<td>1.466</td>
<td>1.624</td>
</tr>
<tr>
<td>2</td>
<td>1.276</td>
<td>1.214</td>
<td>1.079</td>
</tr>
<tr>
<td>3</td>
<td>1.217</td>
<td>1.137</td>
<td>1.667</td>
</tr>
<tr>
<td>4</td>
<td>1.296</td>
<td>1.526</td>
<td>1.244</td>
</tr>
<tr>
<td>5</td>
<td>1.375</td>
<td>1.458</td>
<td>1.451</td>
</tr>
<tr>
<td>Average</td>
<td>1.256</td>
<td>1.360</td>
<td>1.413</td>
</tr>
<tr>
<td>Variance</td>
<td>0.009</td>
<td>0.030</td>
<td>0.063</td>
</tr>
</tbody>
</table>

**TABLE 1**

Values for clearance rate (L.h\(^{-1}\)) for the mussel *Perna perna* using different methods of estimating the density of phytoplanktonic cells in static experiments. Counting = estimate of density in sedimentation chambers according to the Utermohl (1958) method; ABS = absorbance reading in spectrophotometry at 750 nm and Cla-a = clorofila-a for the spectrophotometric method (Parsons et al., 1984).
quantifying biomass in chlorophyll-a (Parsons et al., 1984). The results given in Table 1 show that there are no significant differences (ANOVA, $F = 0.938$) between the clearance rates obtained using these three techniques.

**Respiration Rate (RR)**

The tests were conducted under the same conditions as the previous experiments, with two control flasks and ten test flasks containing one mussel each, both incubated in filtered seawater without phytoplankton. The decrease in values of dissolved oxygen in the flasks was dosed using a digital oximeter (YSI model 58) at the start and end of the test, which was run for 3 h. The respiration rate was estimated using the equation proposed by Widdows & Johnson (1988):

$$RR = \left[\frac{(C_{t0} - C_{t1}) \times V}{\Delta T}\right] - f$$

where: $RR =$ Respiration Rate (mL O$_2$.h$^{-1}$); $C_{t0} =$ Concentration of oxygen at time zero (mL O$_2$.L$^{-1}$); $C_{t1} =$ Concentration of oxygen at the end of the test (mL O$_2$.L$^{-1}$); $V =$ Volume of test flask (L); $\Delta T =$ Interval of incubation time (h); $f =$ Factor of correction in the control flasks obtained using the same equation.

**Absorption Efficiency (AE)**

These tests were carried out under the same conditions as the clearance tests, but with a duration of 24 h. The estimate proposed by Conover (1966) consisted of comparing the content of the organic matter present in the phytoplankton offered, with the organic matter eliminated in the feces collected at the bottom of the test flask, and considers that there are no alterations in the inorganic content. The estimates were carried out using the equation:

$$AE = \left[\frac{(1 - F)}{1 - F} \times 1\right] \times 100\%$$

where: $AE =$ Absorption Efficiency (%); $I =$ Percentage of organic matter in the food offered (phytoplankton); $F =$ Percentage of organic matter in the feces.

The phytoplankton and feces produced were filtered in calcined and weighed fiberglass filters (GF/F Whatman – 25 mm). After washing with distilled water to remove the salts, the dry weight was determined by drying in an oven at 60 °C for 24 h. The contents of the organic matter were obtained by combustion of the filters, in a muffle oven at 450 °C for two hours (Strickland & Parsons, 1972). To estimate the percentage of organic matter of the feces produced by the mussels, each GF/F filter concentrated feces collected from two organisms submitted to the same treatment, to ensure precision in the weighing.

**Excretion Rate (ER)**

The tests were carried out under the same conditions as the experiments to determine the respiration rate. At time zero and 3 h later, at the end of the experiment, 15 mL samples of incubation water were collected in the test flasks to determine the total of ammonium nitrogen, according to the colorimetric method described by Strickland & Parsons (1972) and modified by Baptista et al (1987). The excretion rate was estimated using the equation:

$$ER = \left[\frac{(C_{t0} - C_{t1}) \times V}{\Delta T}\right] - f$$

where: $ER =$ Excretion Rate ($\mu$g N–NH$_4$+.h$^{-1}$); $C_{t0} =$ Concentration of ammonium nitrogen at time zero; $C_{t1} =$ Concentration of ammonium nitrogen at the end of the experiment; $V =$ Volume of test flask (L); $T =$ Interval of incubation time (h); $f =$ Factor of correction in the control flasks obtained using the same equation.

After the tests, the biomass data was obtained by dissecting the organisms and their shells and drying the tissue in an oven at 60 °C for a period of 48 h. Data on the total length were also obtained in order to estimate the increase in size and weight during the acclimation period.

The results of the tests on physiological rates according to size, and acclimation, were compared using variance analysis (ANOVA) and the Tukey a posteriori test, after normalization in Log$_{10}$ (Zar, 1996).

**RESULTS**

**Variation of physiological rates due to the size of the organism**

Through regression analysis, it was observed that the clearance, respiration and excretion rates show a direct correlation with the weight of the organisms (Table 2 and Fig. 1). There is therefore
an allometric relation between these variables, which may be explained by the relation $Y = aX^b$ (Bayne et al., 1985). An inverse behavior was observed when the rates were adjusted for the dry weight of the organisms (known as the specific dry weight or simply the specific rate), with smaller organisms presenting higher physiological rates than larger ones (Fig. 2). However, this relation was not observed for the absorption efficiency, which shows that this parameter is independent of the size of the organism.

**Acclimation**

The specific respiration rates for the mussel *Perna perna* were measured for a period of 30 days counting from their arrival in the laboratory. A gradual decrease in rates was observed over the first 10 days of maintenance, after which the mussels then stabilized, up until the end of the experiment (Fig. 3). The rates for the 1st and 5th days were significantly different from those for the other days of maintenance in the laboratory (ANOVA, $F = 14.168$).

<table>
<thead>
<tr>
<th>Parameter (Log$_{10} Y$)</th>
<th>a</th>
<th>b</th>
<th>$r^2$</th>
<th>N</th>
<th>Level of Sig.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Clearance Rate (L.h$^{-1}$)</td>
<td>1.43</td>
<td>0.48</td>
<td>0.73</td>
<td>27</td>
<td>$p &lt; 0.01$</td>
</tr>
<tr>
<td>Respiration Rate (mL O$_2$.h$^{-1}$)</td>
<td>0.44</td>
<td>0.66</td>
<td>0.88</td>
<td>39</td>
<td>$p &lt; 0.01$</td>
</tr>
<tr>
<td>Excretion Rate (µg N–NH$_4$.h$^{-1}$)</td>
<td>27.86</td>
<td>0.91</td>
<td>0.84</td>
<td>29</td>
<td>$p &lt; 0.01$</td>
</tr>
</tbody>
</table>

**TABLE 2**

Constants for allometric regression ($Y = aX^b$) between the dry weight in grams (Log$_{10} X$) of the mussel *Perna perna* and its physiological rates.

![Graphs](image-url)  
**Fig. 1** — a) Respiration rates (mL O$_2$.h$^{-1}$); b) excretion rates (µg N–NH$_4$.h$^{-1}$); c) clearance rates (L.h$^{-1}$); and d) absorption efficiency (%) in relation to the length and average weight of the mussels *Perna perna*. Average values and confidence interval of 95%.
**Fig. 2** — a) Specific respiration rates (mL O$_2$.h$^{-1}$.g$^{-1}$); b) excretion rates (µg N–NH$_4$.h$^{-1}$.g$^{-1}$); and c) clearance rates (L.h$^{-1}$.g$^{-1}$) for different length classes (mm) of the mussel *Perna perna*. Average values and confidence interval of 95%.
The variations in dry weight obtained during the experiment show that the values did not alter until the 20th day (Fig. 4), after which they showed a significant loss of biomass (ANOVA, F = 6.606). Despite the apparent growth in size of the organisms up to the 5th day in the laboratory, the values for length did not show any significant differences for all the data analyzed, showing that there was no growth in the organisms, but with a maximum growth of 0.15 mm.day⁻¹ being observed on the 10th day (Fig. 4).

**DISCUSSION**

Due to the fact that these metabolic rates are strongly dependant on the size of the body, it is necessary to introduce a weight adjustment when making comparisons between organisms of different sizes (Bayne & Newell, 1983). Thus, the value b was used (an exponent which indicates how much the rate varies due to size) in the following relation:

\[ SR = \left( \frac{SW}{OW} \right)^b \times RM \]

where: \( SR \) = Specific weight rate; \( SW \) = Standard weight of the organism (generally 1 g); \( OW \) = Organism weight; \( RM \) = Rate measured

According to Thompson & Bayne (1977) the constant a of the allometric equation defines the metabolic expenditure per unit of time and presents a high variability with temperature and food, among other factors. Constant b is the exponent which defines the variation of metabolism with weight, and is less variable than the previous constant (Bayne et al., 1973). These authors also observe that metabolic rates are influenced more by weight in mussels under 1 g. There is a wide variation among authors in relation to the b values for different suspension-feeding bivalves, in terms of their different physiological rates. This variation is caused, in theory, by the estimates carried out under different test conditions. The intervals normally observed for b values, according to reviews by Bayne & Newell (1983) and Griffiths & Griffiths (1987), are 0.4-0.8 for clearance; 0.44-1.09 for respiration and 0.48-1.48 excretion rates.

Studies in Brazil on variation in metabolic rates of *Perna perna* due to size are restricted to respiration rates. Bayne (1967) presented an allometric relation between the size of the organism and the respiration rate, with a b value of 0.625, which is close to that obtained in this work. Similar results were obtained by Zuim (1973), who...
Fig. 4 — a) Dry weight (g); b) length (mm); and c) average increase in length (mm.day$^{-1}$) of the mussels measured every 5 days during a period of 30 days acclimation in a laboratory, considering “0” the day the mussels arrived at the laboratory. Average values and confidence interval of 95%. The bars indicate rates which are significantly similar, according to the Tukey test.
obtained b values of 0.54 for *P. perna* in phase III A, total repletion of the reproductive follicles) and 0.67 for phase III B (partial or total emptying of the follicles, which determines a lesser thickness of the mantle). For the relation between clearance rate and weight, Berry & Schleyer (1983) present a b value of 0.66 for *P. perna* off the coast of South Africa. Also for the same country and species, van Erkom Schurink & Griffiths (1992) present b values of 0.88 for the clearance rate, 1.19 for the respiration rate and 0.73 for the excretion rate. These results are quite different from those obtained in this study. For other species of the *Perna* genus, such as *P. canaliculus* (Gardner, 2002; Hawkins et al., 1999), the b value adopted of 0.62 for the clearance rate is the general average obtained for bivalves according to Bayne & Newell (1983).

The fact that the size of the organisms has little influence on the absorption efficiency has already been observed by various authors (Bayne & Newell, 1983; Griffiths & Griffiths, 1987). This may be related to a high variability in the estimates for this rate, and also to the difficulties inherent to obtaining individual weights for feces in laboratory experiments. The higher variability in efficiency is related to the type of diet fed to the mussels, and may be as high as 80% when they are fed with monospecific algae cultures, and from 30% to 60% when fed with natural seston (Bayne & Newell, 1983). However, smaller organisms would be expected to present lower absorption efficiencies for two reasons: Firstly, due to the fact that smaller organisms have a higher specific clearance rate, which means food is retained in the digestive tract for a shorter period of time (Widdows, 1978). Secondly, there is a higher digestive capacity in adults due to the direct relation between body mass and the digestive glandular capacity (Griffiths & Griffiths, 1987).

The inverse behavior between the specific physiological rates and size (weight) of the organisms is also a well-known fact in suspension-feeding bivalves (Bayne & Newell, 1983), with higher specific weight rate in smaller the organism. The most probably explanation for this “size rule” is that during growth, the physiological rates increase less than body mass, since there is a disproportionate increase in tissue with the low metabolism tissues such as the supporting and fatty tissues (Zuim, 1973). This behavior between respiration rate and weight for *P. perna* has also been highlighted by Dioni (1963).

The acclimation process results in alterations in the rate of ventilation and a concomitant reduction (or increase) in the metabolic cost of pumping water through the gills (Widdows, 1973). Thus, this process is reflected in the respiration, and is also a result of alterations in metabolism of the tissues (Gabbott, 1976). Bayne & Thompson (1970) also observe a decrease in specific respiration rates and weight in the mussel *Mytilus edulis* maintained in a laboratory, even under conditions of high food availability and an organism/volume ratio much higher than that used in this work. These authors concluded that the food offered was insufficient for their maintenance.

To understand the behavior of the specific respiration rates of the mussel *Perna perna* maintained for 30 days in a laboratory, it is necessary to know the types of metabolism that can be observed in the organism. The standard metabolism is defined as the minimum amount of energy required to maintain the vital functions of the inactive organism. The routine metabolism corresponds to the energy required for a spontaneous activity, and the active metabolism relates to the consumption of energy or O₂ in maximum activity (Widdows, 1973). Bayne (1973b) also describe these metabolisms related to the type of maintenance of the mussel *Mytilus edulis* and conclude that the standard metabolism is obtained after 30 days in a laboratory when the food offered is less than the needs of the organism. The routine metabolism occurs when the organisms are fed above their requirements and their weight is stable or increases. The activity metabolism occurs when the mussels are fed after a long period of starvation. The routine metabolism (the metabolism between activity and standard) is reached after 14 days under constant laboratory conditions, after the respiration rate has decreased. However, the mussel maintains this rate above the standard metabolism to meet the energy demand for gametogenic activity, and once this is completed, it lowers once again to the standard level (Bayne et al., 1973).

According to Bayne (1973a) the time necessary, for the mussel *M. edulis* to enter a state of starvation varies according to the season of the year. In periods when gametogenesis occurs, there is glycogen on the mantle which is used as a reserve.
substance, leading to a high demand for oxygen and consequently, more time to enter the state of inanition (25 to 30 days). Once vitellogenesis is complete, the glycogen is used up and the demand for oxygen is low, therefore the inanition time is shorter (= 10 days).

In this work, it was observed that the oxygen consumption in *P. perna* was initially high and decreased up to the 10th day. During this period, the organisms probably used their reserves and maintained their weight until the 20th day, then lost weight and demonstrated a greater variability in respiration rates (from the 25th day on). It would appear that the stabilization of their metabolic functions under laboratory conditions occurred after the 10th day, when the respiration rates became constant, the weight stabilized and there was a small increase in size.

Lunetta (1969) observes that the reserve substance of *P. perna* is also glycogen and that its use is related to the reproductive cycle of these mussels, particularly following vitellogenesis. This author also observes that the mussel spawns throughout the year with peaks during the spring. On the North coast of Santa Catarina, high body condition index of mussels also occurs throughout the year with peaks during spring and summer (Marenzi, 1992). Due to this reproductive cycle, with a high frequency of peaks of maturity throughout the year, it is believed that the influence of reserve substances on the time of acclimation as observed by Bayne (1973a) for *Mytilus edulis* does not apply to suspended culture *Perna perna*. However, even in these conditions, it was evident that the food offered during the maintenance period was insufficient for the basic needs of the organism, as was shown by the weight loss after the 25th day.

Another way of confirming this physiological state would be to determine the ratio between respiration rate and excretion rate. Ammonium is related to the catabolism of proteins which varies with the nutritional status and reproductive situation of the organism. In the latter case, the use of proteins in the metabolism depends on the glycogen reserves, which are used first in the gametogenesis (Griffiths & Griffiths, 1987). The O:N ratio is a good indicator of the nutritional status of the organism (Bayne et al., 1985). Therefore, values above 30 indicate sufficient food since the catabolism of carbohydrates and lipids is predominant. Lower values indicate a catabolism of proteins, and consequently, a nutritional deficit (Bayne & Thompson, 1970). Fig. 5 shows the results of growth in size and O:N ratio for the different size classes maintained in a laboratory for between 15 and 20 days. A O:N ratio of higher than 30 was observed for the 35 mm class alone, this class being significantly different from the other size classes (ANOVA, F = 8.899). Also for this class, there was a high increase in size.

These results suggest that the quantity of food offered, limited by the availability of monospecific phytoplankton cultures in the laboratory, enables mussels of 40-45 mm in size to be maintained in routine metabolism from the 10th day in the laboratory, eliminating seasonal variations in the metabolic rates. From the 20th day on, with a significant reduction in weight of the organisms, the entry to standard metabolism was not so evident due to the non-alteration of the respiration rate. The 35 mm size group is the one that would be most efficiently maintained in concentrations of food presented in this work, but the lack of availability of these organisms in the environment is a limiting factor for physiological studies. It is interesting to note that for the 35 mm group of the mussel *Perna perna*, the food offered is equivalent to 1.5% of its weight, the minimum value necessary for the energy balance of the metabolism, as presented by Thompson & Bayne (1972) for *Mytilus edulis*.

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PHYSIOLOGICAL RATES IN DIFFERENT CLASSES OF SIZE OF Perna perna


Fig. 5 — a) Average daily increase in length (mm . day⁻¹); and b) O:N ratio for the mussels P. perna, in different size classes, after maintenance in a laboratory for a period of 15 to 20 days. Average values and confidence interval of 95%. The bar indicates rates which are significantly similar, according to the Tukey test.


