Usefulness of Hybrid SPECT/CT for the $^{99m}$Tc-HMPAO-Labeled Leukocyte Scintigraphy in a Case of Cranial Osteomyelitis

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Cranial osteomyelitis is a potentially fatal lesion. White blood cell scanning (WBC) with $^{99m}$Tc-hexamethylpropylene amine oxide (HMPAO) has proven highly sensitive and specific in the diagnosis and follow-up of patients with suspected osteomyelitis. In this report we show the usefulness of SPECT and transmission CT performed simultaneously using a hybrid imaging device for the functional anatomic mapping of soft tissue and cranial bone infections. $^{99m}$Tc-HMPAO–labeled leukocytes scintigraphy was performed on an elderly diabetic man with an intracranial mass lesion and with suspected temporal bone infection. Planar scans were acquired 30 min, 4 h, and 24 h after injection. SPECT/CT was obtained 6 h after tracer injection, using a dual-head camera coupled with a low-power X-ray tube. The scintigraphic results were matched with the results of surgery and of clinical follow-up. The planar images alone were true-positives for abscess in this patient. SPECT/CT improves the accuracy of $^{99m}$Tc-HMPAO scintigraphy especially in discriminating between soft-tissue and bone involvement. In fact, SPECT/CT also showed temporal bone osteomyelitis. This result indicates that SPECT/CT performed using a hybrid device can improve imaging with $^{99m}$Tc-HMPAO–labeled leukocytes in patients with suspected osteomyelitis by providing accurate anatomic localization and precise definition of the extent of infection.

Key-Words: SPECT/CT, brain abscess, $^{99m}$Tc-HMPAO-labeled leukocyte scintigraphy.

Cranial osteomyelitis arises from complications of paranasal sinus infection, trauma, dental extractions, chronic mastoiditis, necrotizing otitis externa and various surgical procedures [1]. The diagnosis and localization of infection still represent a challenge for physicians. Because laboratory tests are relatively nonspecific, imaging is required to reach a correct diagnosis. Locating the site of infection is important for planning adequate treatment and evaluation the response to it [2]. Various approaches have been developed to visualize inflammation and infection by nuclear medicine techniques. $^{99m}$Tc-hexamethylpropylene amine oxide (HMPAO)-labeled leukocytes are often preferred for imaging inflammation, despite the relatively complex and time-consuming labeling procedure. These scintigraphic modalities are, however, limited by their low image resolution and lack of anatomic landmarks. The fusion of functional (i.e., SPECT) and morphologic (i.e., CT) images has significantly improved diagnostic accuracy as compared to that of using SPECT alone [3].

We describe a case of brain abscess presenting as a high uptake lesion on labeled leukocyte.

SPECT/CT had, in this case, a significantly higher incremental contributory value for WBC, contributing to the accurate identification of infection in a patient with suspected temporal osteomyelitis.

### Case Report

A 65 year old man with a one month history of pain in the right temporal region and fever (38°C), presented with weakness, disphagia and high blood pressure (200/95). His vital signs and his motor function were normal. His pupils were isocoric and reacted normally to light. Laboratory studies revealed elevation of the inflammatory indices (ESR, CRP) and clinical examination showed a middle ear infection.

CT with contrast revealed a heterogeneous, dense lesion widespread from the oropharynx to the right mastoid. Intravenous antibiotic therapy was initiated. With the purpose to rule-out the presence of an initial osteomyelitis, follow-up three days later with $^{99m}$Tc-HMPAO-labeled white blood cell scan (WBC) was performed at the three-day follow-up.

After blood sampling, leukocytes were isolated and labeled as described by Biancone et al. [4]. The average labeling yield was 70%-85%. The labeled cells were reinjected into each patient, and their activity ranged from 400 to 555 MBq.

A hybrid SPECT/CT system (Millennium VG and Hawkeye; GE Healthcare) consisted of a dual-head, variable-angle camera equipped with high-resolution low-energy collimators and an x-ray tube with detectors mounted on the opposite site of the camera gantry. Multiple planar images of the suspected area were acquired 2 hours after injection. The images were acquired in a 128 x 128 matrix using an imaging time of 15 min. SPECT/CT was performed 3 h after tracer injection. CT data were acquired over 360° during 14 s for each transaxial slice. Multiple slices were obtained by moving the table by 1 slice step before acquisition of each subsequent slice. The full field of view consisted of 40 slices.

SPECT was acquired in a 128 x 128 matrix, obtaining multiple views over 360° at a 30-s acquisition time per projection with an angular step of 3°. Images were reconstructed using Butterworth filtered backprojection (cutoff, 0.5; order, 10). Transverse, sagittal, and coronal slices were generated.

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Figure 1. Planar HMPAO labeled leukocyte images showed only a faint, unclear diagnostic area of cell uptake in the right paranasal region. It is difficult to determine if the WBC uptake is localized in soft tissue or bone.

Figure 2. The hybrid SPECT/CT fusion imaging revealed an area of leukocyte uptake in the right skull base. There were specific findings to suggest osteomyelitis. Bone culture findings were positive.
Transmission data were reconstructed at a nuclear medicine workstation (eNTEGRA; GE Healthcare) to obtain cross-sectional attenuation images (256 x 256 matrix) in which each pixel represents the attenuation value of the corresponding tissue. The reconstructed CT data and nuclear medicine data were transmitted to a nuclear medicine database. The matching SPECT and CT data were subsequently fused.

Planar WBC images showed only a faint, unclear diagnostic area of cell uptake in the right paranasal region. It was difficult to determine if the WBC uptake was localized only in soft tissue or also in bone. The hybrid SPECT/CT fusion imaging confirms an inflammatory focus involving the right temporal bone region. It also characterized the extension of infection (soft tissue only versus bone) more accurately. Right temporal bone biopsy subsequently confirmed the presence of osteomyelitis.

**Discussion**

Osteomyelitis of the central skull base is an uncommon condition that is potentially life threatening if not promptly recognized and properly treated. Several potentially serious complications can arise as a result of skull base osteomyelitis, including cranial neuropathy, soft tissue involvement of the cavernous sinus with or without cavernous sinus thrombosis, and meningeal and brain parenchymal extension. This is usually a result of inadequately treated necrotizing otitis externa in diabetic or immunosuppressed patients and sometimes occurs after surgical debridement or drainage of a mastoid infection [5].

Periostal reaction and bone formation may progress slowly in diabetic patients, therefore the radiographic changes are even less sensitive in diabetics compared to non-diabetics [6]. Therefore conventional imaging is often unable to provide early detection of osteomyelitis. By contrast, $^{99m}$Tc-HMPAO-labeled leukocytes are positive at the time of initial presentation of this pathology [7].

Moreover, conventional planar and SPECT images are often unable to precisely define the site of infection. It is a well-known fact that nuclear imaging is characterized by a relatively limited spatial resolution, compared with that of other imaging methods (CT and MRI).

The hybrid SPECT/CT system delivers the high sensitivity of scintigraphic technology with the high specificity of CT. This reduces the disadvantage of the SPECT’s low spatial resolution [8]. The synergic use of images acquired in different manners such as SPECT/CT is particularly efficient, because it can help to overcome partial limitations of each technology.

In a recent study Filippi et al. affirm that the sensitivity in identifying the infected focus is identical in SPECT and SPECT/CT (100%). However, the specificity increases from 78% to 89% using SPECT/CT rather than SPECT alone. SPECT/CT, in fact, is useful in patients with planar images positive for active infection but equivocal for localization [7].

In particular, in this case of bone infection with adjacent soft-tissue involvement, conventional CT of the head fails to demonstrate any abnormality of the right petrous bone. Planar images alone of scintigraphy did not allow differentiation of soft tissue from bone. However, hybrid SPECT/CT allowed better characterization of the extension of infection and provided an accurate anatomic localization of the positive focus not only in the soft tissue but also in the temporal bone. This ability is of particular importance since the therapeutic approaches to soft-tissue and bone infections are different [9]. There are many studies that underline the usefulness of HMPAO labeled leukocyte SPECT imaging to assess for active cranial osteomyelitis after treatment and follow-up of this patients.

**References**