ABSTRACT

Objective: The purpose of the present research was to compare the residual microbial load in Solo System microfiber mops with silver and in normal microfiber mops without silver to see whether those with the silver prevent bacterial proliferation and spread more effectively during normal cleaning operations. Methods: Mops with and without silver were experimentally contaminated with suspension of Staphylococcus aureus ATCC 6538. The bioburden was evaluated by a filtering procedure according to UNI EN 1174 after contamination, after washing and after different times of impregnation in an alcohol-base detergent. Results and discussion: The results obtained lead to the conclusion that silver microfiber mop was significantly more effective in reducing bacterial load despite initial high level contamination (10^6-10^7 CFU/50 cm^2). Indeed, after low temperature washing, the bacterial load was already completely eliminated while the mop without silver still presented relatively high levels of the microorganism (approximately 10^2 CFU/50 cm^2) even after being soaked for 8 hours in a detergent/disinfectant.

Keywords: decontamination; surface-active agents; products with antimicrobial action; semi-colon; infection control.

INTRODUCTION

Nowadays, detergents are normally used for floor cleaning in the hospital environment while the use of disinfectants is reserved for wards where patients with infectious diseases, in isolation, or with multiresistant microorganisms are treated.1-3 However, the surfaces must be cleaned correctly if the procedure is to be effective and to prevent the spreading of microorganisms to uncontaminated surfaces.

Recent studies comparing the decontamination capacity of some microfiber and ultra-microfiber fabrics with that of conventional fabrics used in cleaning have shown that microfiber and ultra-microfiber fabrics remove dirt and microorganisms from surfaces more effectively.4,5 Given the high microbial load normally present, one of the drawbacks to cleaning surfaces, and in particular floors, using mops (even microfiber mops) is that the cloths – previously contaminated or contaminated during the cleaning operation – can disperse microorganisms. This can occur, for example, when a soiled cloth with a high microbial load is not effectively washed. If such contaminated cloth is reused, it will release its microbes to other surfaces.6

Today, the market offers many fabrics with silver ions bonded to the fibers and, given their antibacterial action, they offer good performance. Yeo and Jeong7 demonstrated the antibacterial effectiveness of fibers composed of polypropylene and nanoparticles of silver, proving that this effect is only seen when the fibers contain nanoparticles of silver on the surface. Another study used nylon fibers covered with silver, observing their bactericide capacity vs. bacteria in suspension, both in culture media containing fibers with silver in the core part and with added silver in the sheath part. In the latter case, the biocide activity was proportional to the silver ion concentration.8 Recently the Magris group (Magris S.p.a., Seriate, Bergamo, Italy) has placed on the market a new cleaning trolley (Solo System) composed of containers –
for collection and dosing of detergent/disinfectant to be used during cleaning operations — made of molded plastic with silver filaments and microfiber mops, likewise containing silver.

Under normal cleaning procedures, after washing, the mops are set in a container of detergent/disinfectant and transported to the site ready for use; on the other hand, with the Solo System, the mop is only soaked with a set dose of detergent/disinfectant just before use. The microfiber mops with silver ions should prevent problems of cloth contamination, guaranteeing complete decontamination after normal washing. Moreover the plastic-silver containers should obviate the problem of possible detergent contamination during cleaning operations, thus guaranteeing high overall disinfection of the surfaces.

The purpose of the present research was to compare the residual microbial load in Solo System microfiber mops with silver ions and in normal microfiber mops without silver ions to see whether those with the silver ions more effectively prevent bacterial proliferation and spread during normal cleaning operations. Moreover, throughout the entire duration of the investigation, the bacterial load in the aliquot of detergent/disinfectant in the plastic-silver containers was monitored to determine the effectiveness of the overall system.

MATERIALS AND METHODS

The phases of the methodology are displayed in Figure 1. Three Solo mops with silver and two microfiber mops without silver were impregnated with 200 mL of a $10^5$ suspension of *Staphylococcus aureus* ATCC 6538 and the initial bioburden was determined for each type of mop using the method outlined in UNI EN 1174 1-2-3. To this purpose, two 50 cm² samples of each type of mop were set in bottles with screw caps (diameter: 8 cm, height 17 cm, total volume: 600 mL) containing 300 mL of a 1% solution of Triptone (Incofar) in an 8.5% physiological solution with the addition of 0.1% Tween 80 (Incofar) and 60 g of glass beads (diameter: 3 mm). Before use, the containers and their contents were sterilized in an autoclave. After agitation for 5 min with mechanical rotary stirrer, an aliquot was taken from the bottles and adequately diluted. This was then used to seed 9 cm diameter Petri dishes containing Mannitol Salt Agar (Incofar) and these dishes were incubated at 36.5 ± 1°C. After 24-48 hours of incubation, the colonies developed were counted.

The remaining three mops (two Solo microfiber mops with silver and one conventional microfiber mop) were given to the hospital laundry and washed in a washer extractor. Before and after each wash, the washer extractor was

![Figure 1: Flow chart of methods.](image-url)
Comparison of microfiber mops with and without silver

RESULTS

A total of 10 trials were run – three at 2-4 hours, three at 2-6 hours, two at 4-8 hours and two at 6-8 hours. The initial bacterial load of the mops contaminated with 200 mL of a 10^6 suspension of *S. aureus* was, on average, 1.47 x 10^7 ± 6.46 x 10^5 for the Solo mops made of microfiber with silver (range: 5.0 x 10^5 to 3.37 x 10^6) and 2.23 x 10^6 ± 8.62 x 10^5 for the microfiber mops without silver (range: 7.90 x 10^5 to 4.24 x 10^6).

As shown in Table 1, even after a normal detergent wash at 40°C, the bacterial load in the Solo mops – both damp and dry – was always completely nil. Instead, after washing, the microfiber mops without silver revealed a bacterial load of around 781.0 ± 886.39 CFU/50 cm^2. Between two and four hours after impregnation with the detergent/disinfectant, the bacterial load was reduced by an additional 50% to 339.70 ± 286.74 CFU/50 cm^2 after four hours; moreover, the same occurred after six and eight hours when the average 8-hour load was 168.63 ± 76.50 CFU/50 cm^2.

Regarding the 20 mL detergent samples taken at the end of each step, no detergent samples drawn from the Solo system containers with silver presented any bacterial growth; on the other hand, in four cases, the samples drawn from the plastic containers with the mops without silver did show signs of bacterial colony growth (56, 182 and 5 CFU/20 mL after 2 hours and 13 CFU/20 mL after 6 hours). The 100 mL sample drawn at the end of the investigation from the Solo System container with silver did not show any signs of colony growth.

CONCLUSIONS

From the above results, it is clear that the Solo System microfiber mops containing silver ions are significantly more effective in reducing bacterial load, even in the presence of high experimentally applied *S. aureus* contamination (10^6-10^7 CFU/50 cm^2), than conventional microfiber mops without silver ions. Furthermore, this was the case no matter whether the mops were tested damp or dry. Indeed, after a low temperature wash, the bacterial load was already eradicated while the mops without silver ions showed relatively

<table>
<thead>
<tr>
<th>Mop in microfiber</th>
<th>After wash 10 tests</th>
<th>After 2 hours 6 tests</th>
<th>After 4 hours 5 tests</th>
<th>After 6 hours 5 tests</th>
<th>After 8 hours 4 tests</th>
</tr>
</thead>
<tbody>
<tr>
<td>Solo mop damp</td>
<td>0.0 ± 0.0</td>
<td>0.0 ± 0.0</td>
<td>0.0 ± 0.0</td>
<td>0.0 ± 0.0</td>
<td>0.0 ± 0.0</td>
</tr>
<tr>
<td>Solo mop dried</td>
<td>0.0 ± 0.0</td>
<td>0.0 ± 0.0</td>
<td>0.0 ± 0.0</td>
<td>0.0 ± 0.0</td>
<td>0.0 ± 0.0</td>
</tr>
<tr>
<td>Mop in microfiber</td>
<td>781.00 ± 866.39</td>
<td>365.33 ± 222.14</td>
<td>339.70 ± 286.74</td>
<td>141.30 ± 83.96</td>
<td>168.63 ± 76.50</td>
</tr>
</tbody>
</table>

Table 1. Averages and standard deviations in the number of CFU/50 cm^2 of *Staphylococcus aureus* ATCC 6538 developed in the mops after wash cycles and 2, 4, 6 and 8 hours after onset of the tests
high loads of the test microorganism (around 10² CFU/50 cm²). When reused, such mops shall release its residual load to the treated surfaces.

Likewise, after soaking in a detergent/disinfectant, the mops without silver ions showed bacterial loads which were generally around 10² CFU/50 cm² even when soaked for as much as eight hours.

Moreover, the Solo System – composed of containers made of plastic with silver and where the tank and container used to soak the mop were separated and where the mop was only soaked in the detergent when it was about to be used – would appear effective in counteracting contamination of the detergent/disinfectant.

Finally, since the mops containing silver ions yielded complete decontamination even at low temperatures, use of such mops could produce real savings in terms of energy consumption for washing, and in terms of mop duration.

REFERENCES