Bartonelosis (Carrion’s Disease) in the Pediatric Population of Peru: An Overview and Update

Erick Huarcaya¹, Ciro Maguiña¹, Rita Torres², Joan Rupay¹ and Luis Fuentes³

Bartonelosis, or Carrion’s Disease, is an endemic and reemerging disease in Peru and Ecuador. Carrion’s Disease constitutes a health problem in Peru because its epidemiology has been changing, and it is affecting new areas between the highland and the jungle. During the latest outbreaks, and previously in endemic areas, the pediatric population has been the most commonly affected. In the pediatric population, the acute phase symptoms are fever, anorexia, malaise, nausea and/or vomiting. The main signs are pallor, hepatomegaly, lymphadenopathies, cardiac murmur, and jaundice. Arthralgias and weight loss have also commonly been described. The morbidity and mortality of the acute phase is variable, and it is due mainly to superimposed infections or associated respiratory, cardiovascular, neurological or gastrointestinal complications. The eruptive phase, also known as Peruvian Wart, is characterized by eruptive nodes (which commonly bleed) and arthralgias. The mortality of the eruptive phase is currently extremely low. The diagnosis is still based on blood culture and direct observation of the bacilli in a blood smear. In the chronic phase, the diagnosis is based on biopsy or serologic assays. There are nationally standardized treatments for the acute phase, which consist of ciprofloxacin, and alternatively chloramphenicol plus penicillin G. However, most of the treatments are based on evidence from reported cases. During the eruptive phase the recommended treatment is rifampin, and alternatively, azithromycin or erythromycin.

Key Words: Bartonellosis, Carrion’s disease.

Bartonellosis, or Carrion’s disease, has classically been described as an exotic disease in South America. There are a few reviews about human Bartonellosis [1-5], but some publications contain incomplete information regarding treatment or historical aspects [5]. This article is the first review that focuses on the pediatric population.

Bartonellosis has been described in Peru since the age of the pre-Columbian cultures [6,7]. The death of the Inca Huayna Capac, and of a large number of inhabitants of the Inca Empire, has been attributed to this disease. The first written report by Spanish conquerors in Ecuador dates from 1531 and the one in Peru dates from 1632 [6-9]. Carrion’s Disease is the eponym in honor of the Peruvian medical student Daniel A. Carrion. He died in 1885 after two self-inoculations of an aspirate of the “Peruvian Wart” of a patient, in an attempt to describe the evolution of this disease [4,10]. Traditionally, Bartonellosis has been mainly reported between 500 and 3,200 meters over sea level (mosl) [11]. However, some cases have been reported at 3,500 mosl in Peru, and below 600 mosl in Ecuador [12,13]. The first written report of this disease was published in 1632 in Ancash, Peru [7]. Currently, Ancash is still the region with the highest incidence of Bartonellosis in Peru, followed by Cajamarca, Amazonas, the highland of Lima, and Cusco. Together, those regions have reported 95% of the cases that occurred in Peru during the last 60 years [8].
Although during the necropsy of Carrion there was a report of bacilli in his blood [14], it was not until 1905 that the etiologic agent was accurately described in detail by Alberto Barton [4]. The organism that causes Bartonellosis is *Bartonella bacilliformis*, an aerobic, pleomorphic and monopolar, flagellated Gram-negative bacterium. It is surrounded by pili and aggregative fimbriae [15]. It has a circular genome, estimated at 1,600 Kbp, in which two loci that are associated with the ability to invade erythrocytes have been identified [16,17]. *Bartonella bacilliformis* is characterized by being catalase, oxidase, urease and nitrate reductase negative. The members of the *Bartonella* genus have a fairly neutral biochemical profile, except for the production of peptidases, which varies among species [18]. Birtles et al. [19] have demonstrated that more than one genetic variant of *B. bacilliformis* has occurred during different outbreaks in Peru. This would explain the diversity in mortality and number of people affected.

Although the pathogenic factors of *B. bacilliformis* are not yet completely understood, there is evidence that the bacterium interacts with erythrocytes, using an energy dependent system. The erythrocyte membrane proteins glycophorins A and B [20,21] interact with the flagellas of the bacterium, which loosens during erythrocyte invasion [22]. Also of importance are the following proteins secreted by the bacterium: the deformin protein, which deforms the erythrocyte surface membrane without direct contact [20], and the hemolysin protein, which produces a contact-dependent hemolysis [23].

There are 20 other members of the *Bartonella* genus [1,24-26], which includes *B. henselae* (implicated in fever of unknown origin, Bacillary Angiomatosis, Cat Scratch Disease, Bacillary Peliosis, osteomyelitis, and other diseases), *B. claridgeiae* (implicated in Cat Scratch Disease), *B. quintana* (implicated in Trench Fever, Bacillary Angiomatosis, asymptomatic bacteremia and endocarditis), *B. grahamii* (implicated in neuroretinitis), and *B. elizabethae* (implicated in endocarditis and neuroretinitis). *Bartonella henselae* and *B. claridgeiae* have been found in Peru among patients with Cat Scratch Disease [27]. Other members of the genus *Bartonella* affect animals, and their role in human disease has not been well studied [2,8,18,24,26].

The vector implicated in Bartonellosis is a female sandfly (*Lutzomyia* sp.) [7,28]. Sandflies were implicated as vectors as early as 1764 [29], but this was not demonstrated until the Battistini experiment was done. Battistini collected *L. verrucarum* in an endemic area and was able to reproduce the disease in a *Macacus rhesus* monkey [4,9]. In Peru, the main vector species is *L. verrucarum*, which is found between 5º and 13º 13’ south latitude [28]. *Lutzomyia peruensis* was the vector implicated in the outbreak that occurred in Cusco [30], and other species have been studied in northern Peru [31]. There is no known animal reservoir for Bartonellosis [1,8,18].

Epidemiology

Bartonellosis has been described in Peru, Colombia [32] and Ecuador [12]. In Peru, the epidemiology of Bartonellosis has been changing since the last decade. New endemic areas have appeared in Cajamarca (both in San Ignacio and Jaen), in Amazonas, and in Huancuj [1,33]. Recently, a new endemic area known as the upper jungle, located between the highland and the jungle, has been reported in Peru [34]. During the latest outbreaks of Bartonellosis in Peru, the pediatric population has been the most affected, and has had the highest mortality rate, compared to the other age groups. In 1992, an outbreak in an Aguaruna community (natives of the upper jungle in Cajamarca-Peru) mainly affected young people and produced a mortality of 10% to 11% [1,8].

Outbreaks near sea level in Huaral, and Ica [1,8], and the highlands of Cusco [35], occurred during the El Nino Southern Oscillation (ENSO) phenomenon of 1997-1998. Indeed, it has been recently demonstrated that the Carrion’s Disease outbreaks that occurred in Ancash and Cusco were related to climatic factors, mainly the ENSO [36].

In a national case review done in Peru between 1945 and 1984, it was found that the most commonly...
affected group comprised patients younger than 20 years of age [37]. In a prospective study done in Ancash and Cajamarca, Solano [38] found that the most commonly affected group comprised patients between 10 and 19 years of age, followed by the group of patients between 0 and 9 years of age. In another prospective study done between 1988 and 1992 in Caraz (Ancash), Broncano and Tuya [39] found 168 patients (65%) with the acute phase of the disease and 73 patients (52%) with the eruptive phase of the disease. All of them were younger than 15 years old. The most commonly affected group was patients between 5 and 14 years old (41%).

During the first reported outbreak in Cusco in 1998, 38.5% of the affected patients were between 6 and 14 years of age, and the outbreak had a total mortality of 23% [35]. The Health Ministry of Peru reported in 1999 a national incidence of 21 cases/100,000 habitants in the group younger than 4 years of age, 18 cases/100,000 habitants in the group between 5 and 14 years of age, 7 cases/100,000 habitants in the group between 15 and 64 years of age, and 6 cases/100,000 habitants in the group older than 64 years [8].

A cohort study, with a two-year follow-up, recently done in Ancash, found that the highest incidence of Bartonellosis occurred in patients younger than 5 years of age [40]. It was also found that 70% of the cases were concentrated among only 18% of the households in the studied region. Thus, age and a household contact with Bartonellosis were described as the best predictors for the disease.

Finally, in 2002, Rupay (unpublished data) found 632 cases of Bartonellosis in Jaen and San Ignacio (Cajamarca). Of these cases, 510 (80.7%) were patients younger than 18 years of age and, of these pediatric patients, 274 (53.7%) were males.

Clinical Presentation

*Bartonella bacilliformis* produces a disease known as Carrion’s Disease, with two clinically distinct phases: an acute or hematic phase, known as Oroya Fever, and an eruptive or tissue phase, known as Peruvian Wart. It was not known that the two phases were different manifestations of the same disease until the experiment done by Daniel A. Carrion in 1885 [4,14]. Any infected person can have either one or both phases, which can occur once or more than once during a lifetime [1,8]. Asymptomatic bacteremia has been described in ancient endemic areas, affecting 0.5% to 38.3% of the population [13,40]. However, in endemic areas the most common clinical presentation is the eruptive phase, which mainly affects the pediatric population [1,8]. In both endemic and non-endemic areas, more than 60% of the cases of the acute phase of Bartonellosis are children [8,41].

The acute or hematic phase is characterized by fever. The activation of the alternative complement pathway, the increment of acute reactant proteins, and the increment of IgM with activation of the classic complement pathway [42,43], produces a severe hemolytic anemia, evidenced by hepatosplenomegaly, pallor, and jaundice. Additionally, a transient cellular immunosuppression due to decrement and alteration in the number and function of T lymphocytes [1-3,42], but without humoral immunodeficiency [43], predisposes the patients to superimposed infections. The mortality of the acute phase varies from 1% in hospitalized patients to 88% in untreated patients [8].

In a retrospective study done in Lima between 1976 and 1985, Espinoza [44] described 39 patients with Bartonellosis, with a mean age of 10 years (ages ranged from 2 months to 14 years). The main symptoms were fever, malaise, hyporexia, and nausea/vomiting. The most common signs were hepatomegaly, lymph node enlargement, pallor, and a systolic murmur. Laboratory data were not complete in all the patients, but 35/39 patients had severe anemia, 20/39 patients had leukocytosis, 6/29 patients had thrombocytopenia, and 4/17 patients had mild to moderate hepatic involvement. The most common complications were: neurological involvement, characterized by a decreased sensibility (6/39), meningeal signs (4/39), respiratory infections (7/39), and arthalgias (7/39).

Maguiña et al. [3] did a retrospective study between 1969 and 1992, which included 68 patients with the acute phase of Bartonellosis. Among these patients,
49% were younger than 14 years (mean age: 14.6 years). The most common clinical features of the acute phase were fever, malaise, anorexia, abdominal pain, arthralgias, and nausea/vomiting. Common signs of the acute phase were pallor, hepatomegaly, fever, cardiac murmur, jaundice, and lymphadenopathy. Montoya [41] found that 70% of infected children had lymph node enlargement. During the epidemic in Jaen and San Ignacio in 2002, Rupay found 399 cases of the acute phase (78.2% of the total cases) in the pediatric population (mean age 5 years). The most common clinical presentations in his series were fever, malaise, headache and abdominal pain; and the most common signs were pallor, jaundice, and lymph node enlargement (Table 1).

Frequently, a patient with Bartonellosis will have a complication during the evolution of the disease [1,8]. Due to a poorly understood temporal immunosuppression, characterized by a CD4/CD8 inversion and complement consumption [10,45], a superimposed infection can occur. Salmonellosis sp. infection, Toxoplasmosis, Tuberculosis, reactivation of Tuberculosis, pneumococcal pneumonia, P. jiroveci (P. carinii) pneumonia, S. aureus arthritis, and other infections have been described in children as a complication of Bartonellosis [1-3,8,10,11,15,41]. Non-infectious complications can also occur, and they include hyperbilirubinemia in newborns, myocarditis, pericarditis, congestive heart failure, thrombocytopenia, severe anemia, neurobartonellosis, seizures, intracranial hypertension, and multi-organ dysfunction [1,8,41]. Weight loss is especially common in children, and it can end up as severe malnutrition [41]. Espinoza [44] and Rupay (unpublished data) found concomitant respiratory infections as the most common pediatric complication. Maguña et al. [3] found that nearly 70% of hospitalized patients with acute Bartonellosis had complications, with an almost equal distribution of non-infectious and infectious complications.

In 1998, during the outbreak in Cusco, Montoya [35] found that the following factors were related to mortality: age below 1 year or above 32 years, shock, > 3.7mg bilirubin/dL total, 12,000 leukocytes/mm3 >, and a > 80% parasitic index in the blood smear.

### Table 1. Clinical presentation of the acute phase of Bartonellosis (Oroya Fever)

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<tr>
<td><strong>Symptoms</strong></td>
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<tr>
<td>Fever</td>
<td>86%</td>
<td>87.5%</td>
<td>82%</td>
<td>98.5%</td>
</tr>
<tr>
<td>Hyporexia</td>
<td>53%</td>
<td>61.5%</td>
<td>71.8%</td>
<td>98.5%</td>
</tr>
<tr>
<td>Malaise</td>
<td>60%</td>
<td>53%</td>
<td>53%</td>
<td>45.6%</td>
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<tr>
<td>Nausea/vomiting</td>
<td>60%</td>
<td>40.5%</td>
<td>53.8%</td>
<td>41.2%</td>
</tr>
<tr>
<td>Abdominal pain</td>
<td>20.5%</td>
<td>100%</td>
<td>96.9%</td>
<td>97.1%</td>
</tr>
<tr>
<td>Arthralgias</td>
<td>9.4%</td>
<td>66%</td>
<td>90.6%</td>
<td>82.4%</td>
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<tr>
<td><strong>Signs</strong></td>
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<tr>
<td>Pallor</td>
<td>100%</td>
<td>96.9%</td>
<td>56.4%</td>
<td>97.1%</td>
</tr>
<tr>
<td>Hepatomegaly</td>
<td>66%</td>
<td>100%</td>
<td>92.3%</td>
<td>82.4%</td>
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<tr>
<td>Lymph node enlargement</td>
<td>65.6%</td>
<td>71.8%</td>
<td>69.1%</td>
<td>60.7%</td>
</tr>
<tr>
<td>Cardiac murmur</td>
<td>59.4%</td>
<td>48.7%</td>
<td>77.9%</td>
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<tr>
<td>Jaundice</td>
<td>40.6%</td>
<td>40.6%</td>
<td>70.6%</td>
<td>21.8%</td>
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<tr>
<td>Weight loss</td>
<td>15.6%</td>
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Similarly, Maguiña et al. [3] found that an altered mental status (RR: 8.3, p=0.09), anasarca (RR: 32, p<0.001), or petechiae (RR: 22, p<0.05), on admission were associated with mortality. In a study done between 1960 and 1971 at the Childrens Hospital in Lima, Díaz et al. [47] described the death of two out of 32 inpatients with Bartonellosis; one of them died due to congestive heart failure, and the other died due to a tonic-clonic seizure. In the early 70’s, Oliveros et al. [48] did a review study that included 25 inpatients with Bartonellosis over a period of 16 years. Two of those patients died: the first one due to pneumonia and the second one due to acute renal failure. Espinoza [44] described 39 patients with Bartonellosis; of these, three died due to cerebral edema associated with meningeal signs or tonic-clonic seizures. No fatal cases have been described in the eruptive phase of Bartonellosis for many decades [1,3,8,46].

During pregnancy, the acute phase of Bartonellosis produces a high mortality, both in the mother and fetus. This high mortality has been described in the offspring of pregnant women that develop the acute phase during pregnancy, even if the infection occurs in the third trimester [49]. Furthermore, trans-placental infection has been reported in a well-studied case of a 15-day old infant born in an endemic area [50], and in a one-week old premature infant whose teenage mother had Peruvian Wart [51]. In a prospective study done in Lima, 2/5 pregnant women with the acute phase of Bartonellosis died, and 2/3 of the remaining patients had a spontaneous abortion. Among three pregnant women with the eruptive phase, none of their newborns had complications [3]. A cohort of newborns with complicated Bartonellosis was found to have a relative risk of dying of 3.36 (CI: 2.4-4.5, p<0.05) [41].

When the eruptive phase follows the acute phase, it usually does so after one to two months [4]. The pathogenesis of the eruptive phase also has not been well studied, but it is known that B. bacilliformis, B. henselae, and B. quintana produce a similar angiogenic factor [20]. Bartonella bacilliformis is efficiently internalized into endothelial cells by means of a GTPase Rho protein [20]. Peruvian Wart is characterized by angioblastic hyperplasia, loss of cell-to-cell contact, formation of stress fibers with an increase in focal contacts, activation of the Langerhans cells, IgM and IgA intra-cytoplasmic deposits, C3 complement and IgM endothelial deposits, and positive factor VIII in endothelial cells, as in Kaposi’s Sarcoma [43,52,53].

Commonly, the eruptive phase adopts three patterns: a miliary eruption, with multiple and widely distributed lesions 2 to 3 mm in diameter; a nodular eruption, characterized by few eruptions 8 to 10 mm in diameter; and a “mular” eruption, a unique, large, deep-seated lesion [1,4]. The eruptive phase clinically resembles Kaposi’s Sarcoma or Bacillary Angiomatosis [2,54,55]. Maguiña et al. [3] reported 77 patients with the eruptive phase (mean age 18.4 years). The most commonly reported symptoms of the eruptive phase were bleeding of the wart (51/77), fever (44/77), malaise (41/77), and arthralgias (36/77). The most commonly reported signs of the eruptive phase were pallor (36/77), fever (27/77), and lymphadenopathy (22/77). In 2002, during the epidemic in Cajamarca, Rupay found 111 eruptive phase cases (22% of the total cases). Of those, 59.5% were miliary eruptions, 30% were nodular eruptions, and 10% were mular eruptions (Table 2). The eruptive phase has a low morbidity and there are no reports of mortality [8,11].

Diagnosis

The most common diagnostic method is a Giemsa stain of the blood smear, where the blue-colored extra or intra-erythrocytic bacilli or coco-bacilli can be observed. Bartonella bacilliformis can parasitize 100% of the erythrocytes [1,37]. Unfortunately, in places that lack good training in this diagnostic technique, the sensitivity can be as low as 36% [56].

Optimal growth of bacteria of the Bartonella genus is obtained in media containing 5% rabbit or sheep blood incubated in 5% CO₂. The optimal incubation temperature ranges between 25°C and 37°C. However, B. bacilliformis does not require 5% CO₂, and it is more easily isolated than any other species [1,57]. Colonies are small, translucent, and do not produce hemolysis in the blood agar [1,3,11].
In Peru, the most common serologic methods are the immunoblot and the indirect immunofluorescence assay (IFA), with a sensitivity of 82% in acute patients, a positive predictive value of 89% in endemic areas and a positive predictive value of 45% during outbreaks [58]. Using irradiated colonies in Vero cells plus an IFA, there is an improvement of sensitivity to 88% and of specificity to 95%, as was demonstrated during the Cusco outbreak [41]. A positive predictive value of 89% was obtained with this method in an endemic area [59]. Rapid PCR assays were used during the Cusco outbreak, and they helped with the confirmation of the initial cases; however, there are no studies about their sensitivity or specificity [41,60].

During the eruptive phase, the diagnostic choices are the biopsy of the lesion and Western Blots of sera. The histopathology of Peruvian Wart must be differentiated from that of skin cancers, hemangiomas, pyogenic granulomas, and Bacillary Angiomatosis [1,8].

### Treatment

In an *in vitro* analysis, *B. bacilliformis* showed susceptibility to most beta-lactams, rifampin, erythromycin, macrolides, tetracycline, quinolones, and chloramphenicol. However, the bacterium is resistant to vancomycin, clindamycin, and aminoglycosides [61]. During the last decade, some cases of *B. bacilliformis* resistant to chloramphenicol have been reported [41,61]. Because of this, a new Peruvian therapeutic scheme was recently formulated.

According to the Health Ministry of Peru [46], the acute phase of Bartonellosis without complications should be treated with ciprofloxacin for 10 days. For patients younger than 7 years old, the scheme is 10 mg/kg divided into two doses, for patients between 7 and 14 years old the dose is 250 mg BID, and for patients older than 14 years old the dose is 500 mg BID. An alternative treatment is chloramphenicol 50mg/kg/day, divided into four doses during the first three days, and then 25 mg/kg/day until completing 14 days of treatment. If a complication occurs during the acute phase, and the patient is not pregnant, then the treatment would be ciprofloxacin and ceftriaxone or ceftazidime during 10 days. If a pregnant patient has complicated acute Bartonellosis, the treatment is chloramphenicol 50-100 mg/kg/day, divided into four doses, plus penicillin G 50,000-100,000 IU/kg/day divided into 4 or 6 doses, for 14 days. The treatment schemes based on ciprofloxacin and chloramphenicol have the advantage of also covering the possibility of *Salmonella* sp. and *Haemophilus influenzae* in the pediatric population [1,8,44,46]. The monitoring of the patients during the treatment is based on the clinical features and on the blood smears obtained on the 3rd, 7th, 14th and 21st day after the beginning of the treatment. The use of a shorter treatment regime has

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**Table 2. Clinical presentation of the eruptive phase of Bartonellosis (Peruvian Wart)**

<table>
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<tbody>
<tr>
<td>Bleeding of the eruption</td>
<td>66.2%</td>
<td>59.5%</td>
</tr>
<tr>
<td>Fever</td>
<td>57.1%</td>
<td>30.2%</td>
</tr>
<tr>
<td>Malaise</td>
<td>53.3%</td>
<td></td>
</tr>
<tr>
<td>Arthralgias</td>
<td>46.8%</td>
<td></td>
</tr>
<tr>
<td>Signs</td>
<td></td>
<td></td>
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<tr>
<td>Miliary eruption</td>
<td>68.8%</td>
<td>59.5%</td>
</tr>
<tr>
<td>Nodular eruption</td>
<td>57.1%</td>
<td>30.2%</td>
</tr>
<tr>
<td>“Mular” eruption</td>
<td>49.4%</td>
<td>10.3%</td>
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been associated with increased mortality (RR=6.58, p<0.001) [41].

A complication should be suspected if there is no improvement within the first 72 hours of treatment. In case of concomitant infection, the patient has to be treated according to the standardized treatment [8,46]. There are case reports of the beneficial effect of using corticoids, such as dexamethasone (0.5-1 mg/kg/day for three days) in neurobartonellosis, respiratory distress syndrome, coagulopathy, and/or moderate to severe pericarditis [46,62]. However, no control trials have been done. Red blood cell transfusions in the amount of 10-20mL/kg are given when the hematocrit is less than 20% [46]. In case of severe pericardial tamponade, a pericardiectomy is done.

The recommended treatment for the eruptive phase is rifampin 10 mg/kg/day QID during 14 to 21 days. Otherwise, azithromycin, erythromycin, or ciprofloxacin can be given for 7 to 14 days [1,46]. In this phase, chloramphenicol and penicillin are not useful [1,46].

Conclusions

Carrion’s Disease is an endemic and reemerging disease in Peru, Ecuador and Colombia, characterized by a unique pattern of two different clinical presentations that require different approaches. The pathogenesis and immunological aspects of this disease are not well understood yet.

Carrion’s Disease constitutes a health problem in Peru because its epidemiology has changed and it is now affecting new habitats, which were previously unrecognized. Although the mortality among inpatients is currently low, the mortality remains variable in new affected areas. During the outbreaks and in endemic areas, the pediatric population has been the most commonly affected.

In the pediatric population the acute phase is characterized by symptoms like fever, hyporexia, malaise, and nausea or vomiting; the main signs are pallor, hepatomegaly, lymph node enlargement, cardiac murmur, and jaundice. Arthralgias and weight loss are commonly described. The morbidity and mortality of the acute phase are variable, because of superimposed infections like typhoid fever, pneumococcal pneumonia, pneumocystis pneumonia, and tuberculosis; or due to respiratory, cardiovascular, neurological, or gastrointestinal complications. The eruptive phase is characterized by eruptive nodes (which commonly bleed) and arthralgias, and currently mortality is extremely rare. This phase must be differentiated from Bacillary Angiomatosis and Kaposi’s Sarcoma.

For decades, the diagnosis has been based on blood culture and on direct observation of the bacilli in a blood smear. Western Blot has good sensitivity and specificity during the eruptive phase. However, well-standardized serological or molecular assays are still not available, and they would be difficult to administer in poor rural areas. There are national standardized treatments, based on ciprofloxacin for the acute phase and rifampin for the eruptive phase.

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