Presence of autoantibodies against HeLa small nuclear ribonucleoproteins in chagasic and non-chagasic cardiac patients

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Abstract

We detected anti-human small nuclear ribonucleoprotein (snRNP) autoantibodies in chagasic patients by different immunological methods using HeLa snRNPs. ELISA with Trypanosoma cruzi total lysate antigen or HeLa human U small nuclear ribonucleoproteins (UsnRNPs) followed by incubation with sera from chronic chagasic and non-chagasic cardiac patients was used to screen and compare serum reactivity. Western blot analysis using a T. cruzi total cell extract was also performed in order to select some sera for Western blot and immunoprecipitation assays with HeLa nuclear extract. ELISA showed that 73 and 95% of chronic chagasic sera reacted with HeLa UsnRNPs and T. cruzi antigens, respectively. The Western blot assay demonstrated that non-chagasic cardiac sera reacted with high molecular weight proteins present in T. cruzi total extract, probably explaining the 31% reactivity found by ELISA. However, these sera reacted weakly with HeLa UsnRNPs, in contrast to the chagasic sera, which showed autoantibodies with human Sm (from Stefanie Smith, the first patient in whom this activity was identified) proteins (B/B’, D1, D2, D3, E, F, and G UsnRNPs). Immunoprecipitation reactions using HeLa nuclear extracts confirmed the reactivity of chagasic sera and human UsnRNA/RNPs, while the other sera reacted weakly only with U1snRNP. These findings agree with previously reported data, thus supporting the idea of the presence of autoimmune antibodies in chagasic patients. Interestingly, non-chagasic cardiac sera also showed reactivity with T. cruzi antigen and HeLa UsnRNPs, which suggests that individuals with heart disease of unknown etiology may develop autoimmune antibodies at any time. The detection of UsnRNP autoantibodies in chagasic patients might contribute to our understanding of how they develop upon initial T. cruzi infection.

Key words
- Chagas’ disease
- Autoantibodies
- Small nuclear ribonucleoprotein
- Trypanosoma cruzi
- HeLa cells
- Cross-reactivity

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Introduction

In Brazil and Latin America, Chagas' disease still represents a serious social and medical problem since this endemic disease affects about 8 millions of mostly poor inhabitants living under precarious housing conditions. The disease has three phases: acute, latent and chronic. Myocarditis is a visceral involvement present in all phases. In the acute phase, characterized by high levels of parasitemia, cases may range from asymptomatic to oligosymptomatic and to serious and even fatal, although death occurs in less than 3.5% of chagasic individuals. This phase is characterized by exponential parasite growth, triggering an intense immunological response. The latent phase follows the acute one and precedes the chronic one for about 10 to 20 years. At the end of the chronic phase, the worst clinical manifestations appear, with the occurrence of cutaneous eruptions, megaesophagus and megacolon, cardiomegaly, and occasionally hepatosplenomegaly.

Sera from chagasic individuals are characterized by the presence of anti-*Trypanosoma cruzi* antibodies accompanied in some cases by detectable autoantibodies (1-3). These sera present antibodies that react with P ribosomal proteins (4,5) and are considered to be specific serological markers for systemic lupus erythematosus (SLE) (6), but without any clear correlation between individual clinical situation and the presence of circulating autoantibodies. Nonetheless, the nature of antigen targeted was never established. Many autoimmune reactions detected in chagasic individuals can be explained by the similarity between the proteins of host and parasite, which induce autoantibodies by molecular cross-reactions with cardiac and nervous tissue structures (7-13). Such anti-heart immune response might arise by molecular mimicry among some *T. cruzi* antigens homologous to cardiac proteins or by secondary cardiac proteins from the myocarditis caused by the parasite during the acute phases (14). A human cardiac myosin heavy chain heart-specific epitope (1442-1447 residues, AAALDK) has also been detected, showing molecular mimicry with secondary epitopes (AAAGDK hexapeptide) of the B13 immunodominant recombinant protein of *T. cruzi* (15).

A theory proposed to explain autoimmunity suggests that the phenomenon may be initiated by a foreign protein, which might share epitopes with some human proteins. This may cause a primary autoimmune reaction with the appearance of initial autoantibodies. These antibodies may react with human factors such as ribonucleoproteins (RNPs), thus causing a secondary reaction that leads to the appearance of anti-RNP autoantibodies. Bach-Elias et al. (16) suggested that the proteins of the *T. cruzi* parasite, destroyed by the host immune system, might be presented again, thus triggering autoantibody production. The presence of common epitopes in *T. cruzi* and human U small nuclear RNPs (UsnRNP) has been detected. Other experimental data involving molecular mimicry support the hypothesis of chronic cardiac autoimmunity pathogenesis as well as irreversible digestive lesions. There are at least two non-mutually exclusive explanations for the generation of autoimmunity: 1) the parasite infection disturbs immunoregulation, leading to the loss of self antigen tolerance, and 2) immune recognition of *T. cruzi* antigens, which cross-react with some types of mammalian antigens, causes autoreactivity of B or T lymphocyte clones, which proliferate and lead to autoimmune lesions in chagasic patients (16). Since the etiology of Chagas’ disease is well known, this disease has become an important model for autoimmunity studies and may also permit the study of the onset of autoantibody production.

In the present study, the detection of human anti-UsnRNP autoantibodies in chagasic patient sera was confirmed by different
immunological methods. The detection of these antibodies should facilitate future understanding about how these antibodies developed upon initial *T. cruzi* infection.

**Material and Methods**

**Chagasic and non-chagasic sera**

Serum samples from chronic chagasic individuals with cardiac involvement, from non-chagasic cardiac patients and from normal individuals, and SLE sera were kindly provided by the Departamento de Cardiologia, Hospital das Clínicas, Faculdade de Medicina de Ribeirão Preto, Universidade de São Paulo, Ribeirão Preto, SP, Brazil. The study was approved by the Research Ethics Committee of FCF, UNESP.

**Trypanosoma cruzi** cell culture and maintenance (Y strain)

Epimastigote forms of *T. cruzi* (Y strain) were established and cultured in liver infusion tryptose medium at 25°C for 15 days. Five hundred milliliters of culture (2 x 10^9 total cells) was used to prepare the total lysate antigen for enzyme-linked immunosorbent assay (ELISA) and Western blot analysis.

**HeLa nuclear extracts**

HeLa nuclear extracts were prepared by the method of Dignam et al. (17), aliquoted and stored at -80°C until the time for use. The extracts were treated with phenol/chloroform/isoamylalcohol (PCA, 25:24:1, v/v; GibcoBRL, Grand Island, NY, USA), vortexted and centrifuged at 10,000 g for 5 min. The aqueous phase (snRNAs) was transferred to another tube and the same volume of cold acetone was added to the phenol phase. The preparation was mixed gently, incubated overnight at -20°C, and centrifuged at 10,000 g for 20 min at 4°C. The pellet was washed with 70% ethanol, allowed to dry for a short time and resuspended in electrophoresis sample buffer (50% glycerol, 10% SDS, 25% β-mercaptoethanol, 100 mM Tris-HCl, pH 6.8, 0.025% bromophenol blue).

**ELISA**

Microplates were coated overnight at 4°C with 1.0 µg of antigen per well in 0.1 M carbonate/bicarbonate buffer, pH 9.6. UsnRNPs isolated from HeLa nuclear extracts were kindly provided by Dr. Montserrat Bach-Elias (Consejo Superior de Investigaciones Científicas, Barcelona, Spain) and also used as antigen to coat the plates. The plates were washed once with PBS, pH 7.2, containing 0.05% Tween 20 (PBS/Tw) and incubated with blocking buffer (PBS/Tw plus 0.5% low fat milk) for 1 h at 37°C. The plates were washed again and the sera diluted 1:100 in blocking buffer were added to the wells and incubated for 1 h at room temperature. The plates were washed three times and 50 µl peroxidase-labeled anti-human immunoglobulin G (IgG) antibodies (GibcoBRL) diluted 1:10,000 in blocking buffer was added to each well and incubated for 1 h at room temperature. The plates were washed again and the color was developed by adding 50 µl OPD to each well (GibcoBRL) (0.4 µg/ml in citrate buffer containing H₂O₂). After 10 min of incubation at 37°C in the dark, absorbance at 492 nm was measured with an automated plate reader (BioRad). The cut-off values used in these assays were: high (0.16 and 0.40), medium (0.10 and 0.20) and low (0.02 and 0.01), when using HeLa UsnRNPs and *T. cruzi* lysate antigen, respectively. Normal human serum absorbance was below 0.001.

**Western blotting**

Samples of *T. cruzi* total cell lysates or HeLa nuclear extract RNPs were electrophoresed under denaturing conditions on sodium dodecyl sulfate-polyacrylamide gel
(5% stacking gel, 10% separating gel). The samples were transferred to nitrocellulose membranes (1 h, 100 V, 4°C), wrapped in aluminum foil and stored at -20°C until use (18).

The nitrocellulose sheets were blocked using PBS/Tw/0.5% low fat milk (blocking solution) for 1 h at room temperature under shaking, followed by washes (three times, 5 min each) with PBS/Tw. Nitrocellulose strips (1 cm) were cut and incubated for 16 h at 4°C with shaking with serum diluted 1:100 in blocking solution. After incubation, the strips were washed as described above and incubated with peroxidase-labeled anti-human IgG (Sigma, St. Louis, MO, USA) diluted 1:2000 in PBS/Tw or peroxidase-labeled protein A (Sigma; diluted 1:2000) for 1 h at room temperature followed by washing with 0.05 M Tris-HCl, pH 7.6, three times for 5 min and developed for 10 min with diaminobenzidine (GibcoBRL) diluted as suggested by the manufacturer, and the reaction was blocked with distilled water.

**Immunoprecipitation assays using HeLa nuclear extracts** (19)

Human sera were precipitated with an equal volume of 100% saturated ammonium sulfate solution and the precipitate washed twice with a 50% saturated solution. The precipitated IgGs were bound to protein A-Sepharose (GibcoBRL) overnight at 4°C and incubated with HeLa nuclear extract for 18 h at 4°C under rotation. The pellet was washed and treated with proteinase K (20 mg/ml) for 15 min at 37°C, followed by PCA extraction (v/v). The small RNAs (UsnRNAs) were precipitated with ethanol and submitted to electrophoresis on 10% denaturing urea/polyacrylamide/TBE buffer gel followed by silver staining.

**Results**

**ELISA**

Eighty-five sera from non-chagasic cardiac individuals and 133 sera from chagasic cardiac patients were analyzed by ELISA using *T. cruzi* antigen and then assessed for reactivity using a chagasic serum sample with a high degree of reactivity (average absorbance >0.7) as positive control. These

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### Table 1. Reactivity with *Trypanosoma cruzi* total extract of sera from patients with non-chagasic and chagasic heart disease.

<table>
<thead>
<tr>
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<th>Non-chagasic sera</th>
<th>Chagasic sera</th>
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<tbody>
<tr>
<td>Abs (%)</td>
<td>Abs (%)</td>
<td></td>
</tr>
<tr>
<td>Low</td>
<td>0.005</td>
<td>0.01</td>
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<tr>
<td>Medium</td>
<td>0.250</td>
<td>0.30</td>
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<tr>
<td>High</td>
<td>0.500</td>
<td>0.70</td>
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Eighty-five sera from non-chagasic patients and 133 sera from chagasic patients were tested by ELISA using *T. cruzi* antigen and their degree of reactivity (low, medium and high) was determined. A chagasic serum with strong reactivity and normal human sera were used as positive and negative controls, respectively (data not shown). Mean absorbances (Abs) are given in the Table.

### Table 2. Reactivity with HeLa human U small nuclear ribonucleoproteins (UsnRNPs) of sera from patients with non-chagasic and chagasic heart disease.

<table>
<thead>
<tr>
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<th>Non-chagasic sera</th>
<th>Chagasic sera</th>
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</thead>
<tbody>
<tr>
<td>Abs (%)</td>
<td>Abs (%)</td>
<td></td>
</tr>
<tr>
<td>Low</td>
<td>0.04</td>
<td>0.05</td>
</tr>
<tr>
<td>Medium</td>
<td>0.12</td>
<td>0.15</td>
</tr>
<tr>
<td>High</td>
<td>0.18</td>
<td>0.25</td>
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</table>

Thirty-six sera from chagasic patients and 22 sera from non-chagasic patients were tested by ELISA using HeLa UsnRNPs as antigen and their degree of reactivity (low, medium and high) was determined. A chagasic serum with strong reactivity and normal human sera were used as positive and negative controls, respectively (data not shown). Mean absorbances (Abs) are given in the Table.
results are shown in Table 1. As expected, among the non-chagasic cardiac sera, 69% showed low reactivity with *T. cruzi* antigen (average absorbance = 0.005), and only 7% of them showed cross-reactivity with this antigen (average absorbance = 0.5). The cutoff points for high, medium and low reactivity were given in Material and Methods.

A set of 36 chagasic sera and 22 non-chagasic cardiac sera (medium and high reactivity) were analyzed by ELISA using HeLa UsnRNPs as antigen and the results are shown in Table 2. The absorbance values of non-chagasic sera were lower (see the mean absorbance values annotated in the Table) than those obtained with chagasic sera, probably because infection with the parasite can raise autoantibody levels.

Similar results were previously obtained by Bach-Elias et al. (16), who reported 73% cross-reactivity of chagasic sera with HeLa UsnRNP antigens, thus supporting the idea of the presence of autoimmune antibodies in these individuals. However, it is interesting to note that non-chagasic cardiac sera, which showed high and medium reactivity with *T. cruzi* antigen, also reacted with HeLa UsnRNPs in 68% of cases. This may suggest that individuals with cardiac involvement of unknown etiology may somehow develop autoimmune antibodies, which could recognize some epitopes in the *T. cruzi* antigen.

**Western blot analysis**

In an attempt to understand the ELISA results in Table 1 the same sera were also tested by Western blot containing *T. cruzi* total cell extract as antigen, which showed different patterns of reactivity. Two sera from each reactivity group were chosen to illustrate the results presented in Figure 1, panel I (chagasic sera) and panel II (non-chagasic cardiac sera). These results demonstrate that non-chagasic cardiac sera only reacted with high molecular weight proteins, which are present in *T. cruzi* total extract, helping to explain the lower absorbance values obtained by ELISA, as well as the cross-reactivity among these non-chagasic cardiac sera.

In order to determine the cross-reactivity between chagasic sera and human UsnRNPs, we analyzed all chagasic sera by Western blot using HeLa UsnRNPs as antigen and compared them with SLE serum as positive control.

![Figure 1. Western blot of sera from patients with chagasic (Panel I) and non-chagasic (Panel II) heart disease using *T. cruzi* total cell extract. Two sera from each group were chosen to illustrate the results. A, Normal human serum. B, Sera with high reactivity to ELISA. C, Sera with medium reactivity to ELISA. D, Sera with low reactivity to ELISA. The molecular weights are indicated in kDa.](image)
control. Figure 2 shows one reaction for each serum to illustrate the results. Thus, these data confirm that chronic chagasic individuals develop autoantibodies against human Sm proteins (B/B', D1, D2, D3, E, F, and G UsnRNP), as mentioned elsewhere (16,20). However, in the present experiments, the non-chagasic cardiac sera showed very faint bands similar to those for normal serum.

Immunoprecipitation assays

In an attempt to determine whether the previously tested antibodies were able to recognize human UsnRNA/RNPs, some sera were used in immunoprecipitation reactions with HeLa nuclear extracts, as described in Material and Methods. The results are shown in Figure 3 and demonstrate that chagasic sera, in fact, presented antibodies against different human UsnRNA/RNPs (Figure 3, lanes 3 through 6), while other sera, including the normal serum, reacted weakly with U1snRNP (Figure 3, lanes 7 and 8). The U1snRNA reactivity seems to better explain the cross-reactions obtained in ELISA using UsnRNPs as antigen and chagasic sera with higher absorbance values (Table 2) since these chagasic sera may have high affinity antibodies that can immunoprecipitate UsnRNPs. Anti-m3G antibody was used as a positive control to characterize the UsnRNPs in HeLa nuclear extracts (Figure 3, lane 9).

Discussion

Many of the specific host-parasite interactions in Chagas’ disease may explain the tissue lesions of the peripheral nervous system observed in acute or chronic disease (6). Many T. cruzi antigens are involved in chronic chagasic cardiopathy, such as FL-160-1, a surface protein associated with the 160 kDa flagellum which has an epitope that cross-reacts with the nervous tissue, and Gp85, a surface glycoprotein which reacts with chronic chagasic sera as well as with common glycolipid antigens present both in the mammalian nervous system and in T. cruzi trypomastigotes forms (7,13,21,22). Experiments using molecular cloning have revealed that chronic chagasic cardiopathy
patients present a strong humoral response against C-terminal regions of four cloned P ribosomal proteins, TcP1, TcP2, TcPJL5 and TcPo, which may be important in Chagas’ disease immunopathology (10). Moreover, chronic serum antibodies recognized an antigen (43-45 kDa) in normal mouse heart and skeletal muscle tissue, suggesting that this glycoprotein may be a target for autoantibodies in Chagas’ disease (11).

Fatenejad et al. (23) showed that the autoimmune response to snRNPs and possibly to other autoantigens in lupus is a specific reaction similar to that seen in a typical immune response to foreign antigens. The presence of autoantibodies has always indicated a complicated immune reaction, which cannot simply be explained by a direct participation of the target antigen. Several T. cruzi antigens present cross-reactivity with human tissues. Nevertheless, almost nothing has been reported thus far with respect to UsnRNPs. Studies carried out by Miatello and Fiorotto (24) demonstrated the existence of cross-reactivity between antibodies directed against the ribosomal antigen of the parasite and normal myocardial tissue of mice and rabbits after experimental infection or immunization with T. cruzi, thus suggesting the presence of infection-induced autoantibodies. Skeiky et al. (12) suggested that T. cruzi P proteins must contribute to the development of autoantibodies in chagasic patients and the appearance of anti-P autoantibodies may be explained by a similar mechanism in Chagas’ disease and SLE. Solana et al. (25) demonstrated that chagasic patient sera reacted with human factors and parasite ribosomal antigens by ELISA and Western blot, although they did not present cross-reactivity with sera from patients with other infections or autoimmune diseases.

The present study confirmed the presence of autoantibodies in chagasic patients against heterologous UsnRNPs, which could be a consequence of epitope spreading from the initial parasite epitope. Experiments using ELISA have indicated that it is easier to detect the presence of these autoantibodies by this methodology; however, they are difficult to visualize by immunoprecipitation assays. Interestingly, non-chagasic cardiac sera showed high and medium reactivity with T. cruzi antigen (lower absorbance) and also reacted with HeLa UsnRNPs (Tables 1 and 2). This suggests that individuals with heart disease of unknown etiology may develop autoimmune antibodies at any time, which could cross-react with T. cruzi. The Western blotting results showed that these non-chagasic cardiac sera reacted mainly with higher molecular weight T. cruzi epitopes (Figure 1, panel II), but presented faint bands with HeLa UsnRNPs as well as normal sera (Figure 2, lanes 3 and 4). The explanation for these findings is still unknown.

Since two primary hypotheses are proposed to account for pathogenesis in chronic T. cruzi infections (the persistence of the parasites at specific sites in the infected hosts causes chronic inflammatory reactivity and T. cruzi infection induces immune responses which are targeted at self tissues), our results support this autoimmune etiology, defining another putative autoantigen like snRNPs, but also argue in favor of the idea that Chagas’ disease must be treated as a parasitic disease with efforts to enhance effective immune responses and reduce the parasite load. This is supported by the results with non-cardiac chagasic sera.

Chiale et al. (26) demonstrated a strong correlation between circulating anti-ß-adrenergic receptor antibodies and ventricular arrhythmias in the setting of a structurally normal heart and in the presence of idiopathic cardiomyopathy and Chagas’ heart disease; moreover, they observed that anti-ß-adrenergic receptor antibodies were rare in patients without ventricular arrhythmia. They also observed that antibodies directed against a ribosomal P protein of T. cruzi cross-reacted with and were stimulated by
the β1-adrenergic receptors. This fact was attributed to a certain homology existing between the R13 peptide of the parasite and an epitope of the second extracellular loop of the β1-adrenergic receptor.

Bach-Elias et al. (16) analyzed in chagasic sera the presence of autoantibodies directed against some fairly known autoantigens, Sm and RNP (here named anti-UsnRNPs), which are typical of some autoimmune rheumatic diseases such as SLE and mixed connective tissue disease. The main reason to use these antigens was the fact that an external agent such as a retrovirus may initially be responsible for the development of anti-UsnRNP antibodies, mainly through the activation of antiviral antibody synthesis. These antibodies cross-react with a mimicry region in host UsnRNPs and may therefore trigger the onset of an autoimmune process. Three similar characteristics between Chagas’ disease and some autoimmune diseases such SLE may be mentioned: a) similar etiology, which means that an external agent may initiate an autoimmune process, b) presence of antibodies which recognize host proteins as foreign, and c) a chronic and generalized autoimmune process.

Then, the present results give more support to the previous explanations, since the autoantibodies in chronic chagasic patients were demonstrated here by using different methodologies. Similar studies using inbred mouse strains chronically infected with *T. cruzi* have been done by our group (Ambrósio DL, Castro LIR and Cicarelli RMB).

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References

Small nuclear ribonucleoprotein autoantibodies in Chagas’ disease


