**Leptospira interrogans** activation of peripheral blood monocyte glycolipoprotein demonstrated in whole blood by the release of IL-6

**Abstract**

Glycolipoprotein (GLP) from pathogenic serovars of *Leptospira* has been implicated in the pathogenesis of leptospirosis by its presence in tissues of experimental animals with leptospirosis, the inhibition of the Na,K-ATPase pump activity, and induced production of cytokines. The aims of the present study were to investigate the induction of IL-6 by GLP in peripheral blood mononuclear cells (PBMC) and to demonstrate monocyte stimulation at the cellular level in whole blood from healthy volunteers. PBMC were stimulated with increasing concentrations (5 to 2500 ng/ml) of GLP extracted from the pathogenic *L. interrogans* serovar Copenhageni, lipopolysaccharide (positive control) or medium (negative control), and supernatants were collected after 6, 20/24, and 48 h, and kept at -80ºC until use. Whole blood was diluted 1:1 in RPMI medium and cultivated for 6 h, with medium, GLP and lipopolysaccharide as described above. Monensin was added after the first hour of culture. Supernatant cytokine levels from PBMC were measured by ELISA and intracellular IL-6 was detected in monocytes in whole blood cultures by flow-cytometry. Monocytes were identified in whole blood on the basis of forward versus side scatter parameters and positive reactions with CD45 and CD14 antibodies. GLP (≥50 ng/ml)-induced IL-6 levels in supernatants were detected after 6-h incubation, reaching a peak after 20/24 h. The percentage of monocytes staining for IL-6 increased with increasing GLP concentration. Thus, our findings show a GLP-induced cellular activation by demonstrating the ability of GLP to induce IL-6 and the occurrence of monocyte activation in whole blood at the cellular level.

Leptospirosis is a zoonanthroponosis caused by pathogenic spirochetes of the genus *Leptospira*. Infection with these microorganisms may be nonsymptomatic or result in different clinical conditions ranging from a “flu-like” disease with low morbidity to the severe or icteric form, also known as Weil’s syndrome, which clinically resembles sepsis (1-3).
Circulating levels of tumor necrosis factor alpha (TNF-α) have been detected in patients with leptospirosis and are associated with the severity of the disease (4). Interleukin-10 (IL-10) levels were also elevated but were not associated with the severity of the disease in our previous work and a high IL-10/TNF-α ratio was related to a better prognosis, suggesting that the anti-inflammatory response may be protective (5).

Several cellular components of *L. interrogans*, such as lipoproteins, lipopolysaccharide (LPS) and glycolipoprotein (GLP), are toxic and may participate in the pathogenesis of the disease (6). In experimental models with guinea pigs injected with pathogenic *L. interrogans*, GLP can be detected in the damaged tissues adhering to endothelial cells and to epithelial membranes, accompanying other antigen deposits resulting from bacterial destruction by the immune system (7-9). Therefore, the GLP complex may contain toxins involved in the pathogenesis of leptospirosis. In rabbit renal tubule epithelial cells, GLP inhibits sodium-potassium ATPase (Na,K-ATPase) pump activity in a dose-dependent manner, a finding that may explain some electrolytic alterations observed in leptospirosis patients with acute renal failure (10). In a previous study we demonstrated that GLP could induce the production of TNF-α and IL-10 in peripheral blood mononuclear cells (PBMC) from healthy volunteers (11), although the cellular source of cytokines was not demonstrated.

The aims of the present study were to investigate the induction of IL-6 by GLP in PBMC and to demonstrate monocyte stimulation at the cellular level in whole blood from healthy volunteers.

GLP was extracted from the pathogenic *L. interrogans* serovar Copenhageni obtained from a patient with Weil’s syndrome by the method described by Vinh et al. (6). LPS from *Salmonella abortus equi* (kindly supplied by Dr. C. Galanos, Max Planck Institute of Immunobiology, Freiburg, Germany) was separated by the phenol-water method and purified by the phenol-chloroform-petroleum ether method (12). The study was approved by the University Ethics Committee and 18 healthy volunteers were included in the study after giving written informed consent to participate.

For the ELISA experiments, 10 ml of peripheral venous blood was collected into heparin treated-tubes (Becton-Dickinson, Franklin Lakes, NJ, USA) and PBMC were obtained by the Ficoll gradient method (Ficoll-Paque, Amersham Pharmacia Biotech, Uppsala, Sweden) and adjusted to 2 x 10⁶ cells/ml. PBMC were cultivated in RPMI 1640 medium (Sigma, St. Louis, MO, USA) supplemented with 10% fetal calf serum (HyClone, Logan, UT, USA) on 24-well plates (Nunclon; Nalge Nunc Int., Roskilde, Denmark). Cells were stimulated with 10 ng/ml LPS and 5, 50, 500, and 2500 ng/ml GLP. Supernatants were collected at 6, 20/24, and 48 h of incubation and stored at -80ºC until use.

IL-6 was measured by capture ELISA. Antibody pairs and reagents were obtained from PharMingen (San Diego, CA, USA). Samples were tested in duplicate and a standard curve with human recombinant cytokine was constructed for each plate. Tests were performed according to manufacturer instructions.

For the detection of intracellular IL-6 in whole blood, 1 ml of blood was diluted 1:1 in RPMI and incubated with 100 ng/ml LPS (positive control) and 50, 250, and 500 ng/ml GLP, or without a stimulus (negative control) for 1 h at 37ºC in 5% CO₂. Monensin (Sigma) was added in a concentration of 2 μM and the samples were further incubated for 5 h. Monoclonal antibodies were obtained from Becton Dickinson Immunocytochemistry Systems (BDIS, San Jose, CA, USA). The clones used, all obtained from BDIS, were: TNF-α-fluorescein isothiocyanate (FITC), clone 6401.1111; CD14-perinidin chlorophyll protein (PerCP), cloneMφ99; IL-6-phycoerythrin (PE), clone AS12; CD45-allo-
phycocyanin O (APC), clone HI30. After incubation, CD14-PerCP and CD45-APC were added for 15 min at room temperature in the dark. Red blood cells were lysed; samples were washed with 2 ml PBS, resuspended in 1 ml fixation buffer (PBS and 4% paraformaldehyde (Polyscience, Warrington, PA, USA), pH 7.4-7.6, and left to stand for 20 min at 4ºC in the dark. The tubes were centrifuged, the supernatants discarded, and the cells resuspended in 0.3 ml staining buffer (PBS with 1% FCS (Gibco, Gaithersburg, MD, USA), 0.1% sodium azide (Sigma), pH 7.4-7.6, and stored at 4ºC in the dark overnight. Cells were centrifuged and the supernatant was discarded. Samples were stained with 20 µl monoclonal anti-IL-6-PE and 5 µl monoclonal TNF-α-FITC for 30 min at 4ºC in the dark, washed in 2 ml permeabilization buffer, resuspended in 0.3 ml staining buffer, and analyzed with a FACSCalibur flow-cytometer (BDIS).

Data acquisition and analyses were performed using CellQuest software (BDIS). Peripheral blood cells were acquired and monocytes were gated on the basis of CD14 and CD45 positivity and forward versus side scatter parameters. For each condition, 10,000 events were acquired. TNF-α- and IL-6-positive cells were reported as the percentage of monocytes (Figure 1).

The kinetics and dose-response of GLP-induced IL-6 in PBMC were determined. Induction of IL-6 was obtained with GLP concentrations of 50 ng/ml or higher (P ≥ 0.05 GLP versus control). GLP-induced IL-6 secretion was detected after 6 h of incubation, reaching a peak between 6 and 24 h of incubation and remaining stable after 48 h (Figure 2A).

Intracellular detection of IL-6 in monocytes was demonstrated after stimulating whole blood with GLP and LPS. The percentage of IL-6-positive monocytes increased with increasing GLP doses (Figure 2B).

In a previous study, we demonstrated that GLP extracted from the pathogenic *L. interrogans* serovar Copenhageni could induce PBMC activation. This was demonstrated by the secretion of TNF-α and IL-10 and the increase in the expression of CD69 and HLA-DR, markers of cellular activation. In the present study, we confirm and expand these results by demonstrating the secretion of IL-6 and monocyte activation at the cellular level in whole blood, through the intracellular detection of this cytokine.

LPS, peptidoglycan, and phospholipase are among the toxic components of *L. interrogans* that may play a role in the pathogenesis of leptospirosis (6,13-15). Lipoproteins are also potential toxic factors in leptospirosis as well as in other spirochetal diseases. Lipoproteins are recognized to be the most abundant proteins in spirochetes and are involved in disease pathogenesis through their ability to trigger the host inflammatory response (16). Expression of leptospiral lipoproteins Lip L32 and Lip L41 was demonstrated by immunohistochemistry of kidney tissue following infection with virulent *L. kirschneri*. Treponemal and Borrelial lipoproteins are capable of activating monocytes *in vitro* and cellular activation has been shown to involve CD14 and Toll-like receptor 2 molecules (16-18).

GLP is likely to be involved in the pathogenesis of the disease as suggested by the presence of GLP in damaged tissues of patients and experimental animals (19). Moreover, it was demonstrated that this component might block the tubular epithelial cell sodium pump in the kidneys (10). This may be one of the mechanisms of renal dysfunction that is characteristic of the disease. Other toxic effects exerted by GLP may be observed in cultures of Vero and L929 cells, leading to cell membrane perforations followed by cell death (6).

The toxic effects of bacterial compounds, such as the Gram-negative outer membrane LPS, are mediated by the interaction with host cells, with a central role for macrophages (12). Macrophage-derived cytokines, such
Figure 1. Detection of intracellular cytokines in monocytes following whole blood stimulation with GLP. Whole blood was stimulated for 6 h with LPS, GLP or not, the last 5 h in the presence of monensin. Monocytes were gated combining the forward scatter versus side scatter parameters, with a gate over the cells with low to intermediate size and granularity (R1), and CD14- and CD45-stained cells (R2) (A), and the TNF-α- and IL-6-stained cells are reported as the percentage of monocytes (B). Quadrant statistics were established using cells with isotype monoclonal antibodies. GLP = glycolipoprotein; LPS = lipopolysaccharide.
B. LPS was used as positive control. Peripheral blood mononuclear cells were stimulated with either Salmonella abortus equi LPS or Leptospira interrogans serovar Copenhageni GLP at the doses indicated and incubated for 48 h. Supernatants were collected after 6, 20/24, and 48 h and IL-6 was measured by ELISA. Results are reported as the mean ± SD for three to five experiments. GLP = glycolipoprotein; LPS = lipopolysaccharide. GLP (>50 ng/ml) versus control: P < 0.05 for 6 and 20/24 h and P = 0.08 for 48 h (Mann-Whitney test). B. The cytokine-producing cells are reported as the percentage of monocytes. Data are reported as means ± SD for six experiments. *P < 0.05 versus control (Mann-Whitney test).

as TNF-α and IL-6, are considered to be mediators of LPS toxicity, yet fundamental for the host defense against microorganisms (12). Circulating levels of TNF-α have been demonstrated in patients with leptospirosis and their presence is associated with poor outcomes (4). The presence of IL-6 in PBMC supernatants following GLP stimulation expands the array of cytokines induced by this toxin. The detection of intracellular IL-6 in monocytes following whole blood stimulation with GLP is a direct demonstration of monocyte activation and provides evidence for the participation of GLP in the pathogenesis of leptospirosis.

References


