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Shock and resuscitation render patients more susceptible to acute lung injury due to an exacerbated immune response to subsequent inflammatory stimuli. To study the role of innate immunity in this situation, we investigated acute lung injury in an experimental model of ischemia-reperfusion (I-R) followed by an early challenge with live bacteria. Conscious rats (N = 8 in each group) were submitted to controlled hemorrhage and resuscitated with isotonic saline (SS, 0.9% NaCl) or hypertonic saline (HS, 7.5% NaCl) solution, followed by intratracheal or intraperitoneal inoculation of Escherichia coli. After infection, toll-like receptor (TLR) 2 and 4 mRNA expression was monitored by RT-PCR in infected tissues. Plasma levels of tumor necrosis factor α and interleukins 6 and 10 were determined by ELISA. All animals showed similar hemodynamic variables, with mean arterial pressure decreasing to nearly 40 mmHg after bleeding. HS or SS used as resuscitation fluid yielded equal hemodynamic results. Intratracheal E. coli inoculation per se induced a marked neutrophil infiltration in septa and inside the alveoli, while intraperitoneal inoculation-associated neutrophils and edema were restricted to the interseptal space. Previous I-R enhanced lung neutrophil infiltration upon bacterial challenge when SS was used as reperfusion fluid, whereas neutrophil influx was unchanged in HS-treated animals. No difference in TLR expression or cytokine secretion was detected between groups receiving HS or SS. We conclude that HS is effective in reducing the early inflammatory response to infection after I-R, and that this phenomenon is achieved by modulation of factors other than expression of innate immunity components.

Key words: Toll-like receptors; Immune system; Pneumonia; Escherichia coli; Neutrophils

*These authors contributed equally to this study.

Research supported by FAPESP (#02/02930-0 and #03/12325-0) and Fundação Faculdade de Medicina; Direx LIMs. C.I. Fernandes and F. Llimona are recipients of Doctorate fellowships from CAPES and FAPESP, respectively.


Introduction

Intravascular fluid resuscitation is the consensual treatment for patients with hypovolemic shock (1). This lifesaving procedure may, on the other hand, induce ischemia and reperfusion (I-R) injury in cells of virtually any vital organ (2). I-R injury is, by itself, a potent inflammatory trigger, increasing cytokine release, reactive oxygen species generation, and endothelial activation, with consequent nitric oxide production and expression of adhesion molecules (2). In addition, I-R may prime the organism for an exaggerated inflammatory response (massive tissue-
cellular infiltration and edema) to a secondary stimulus such as infection, with devastating consequences (3). These so-called two-hit injuries occur with remarkable frequency in trauma patients who suffered hemodynamic instability (4). The lungs are, most commonly, the target of this second injury (5), morphologically characterized by alveolar and interstitial fluid accumulation, alveolar hemorrhage, fibrin deposition, and lung neutrophil sequestration (6). Accumulation of neutrophils in the lung vasculature, interstitium, and alveolar space is considered to be a critical event in the pathophysiologic process and has been the target of various preventive strategies (7).

The mechanisms by which I-R modulates immunity leading to exacerbated pulmonary responses to a second challenge are not completely understood. In a study from our laboratory (8) using a controlled hemorrhage model of shock in rats, we showed that acute lung injury occurs after reperfusion, with generation of cytokines and reactive oxygen species. Interestingly, when hypertonic saline solution (7.5% NaCl) was used as reperfusion fluid, lung injury was attenuated and heat shock proteins were up-regulated early after reperfusion. However, even though the innate immune response is believed to play a role in this phenomenon (3), aspects of this nature were not investigated in that study.

In the present study, we sought to evaluate to what extent innate immunity components, such as toll-like receptors (TLRs) and cytokines, contribute to an exaggerated inflammatory response to infection following I-R. TLRs are the main pattern-recognition receptors in mammals, recognizing conserved molecular patterns shared by large groups of microorganisms (9). The activation of TLRs triggers a complex series of events that culminate in enhanced transcription of proinflammatory genes, whose ultimate goal is to initiate the mechanisms that counteract infection (10). We hypothesized that I-R primes the innate immune system to overreact upon a bacterial challenge, and that this preconditioning would consist in altered levels of TLRs and proinflammatory cytokines. To test this hypothesis, we submitted rats to global I-R injury, infected them with *Escherichia coli* and evaluated the effects of reperfusion with isotonic versus hypertonic fluid on the profile of inflammatory infiltrating cells, expression of TLRs and cytokines.

**Material and Methods**

The study was approved by the Ethics Committee for Human and Animal Research of the Faculdade de Medicina, Universidade de São Paulo. All animals were treated according to the institutional norms for laboratory animal care.

**Hemorrhagic shock model**

Male Wistar rats weighing 280 to 320 g were housed in a controlled environment and had free access to water and normal rat chow (Nuvital, Nuvital Nutrientes Ltda., Brazil). Twenty-four hours before the experiments, the animals were weighed and anesthetized with an intraperitoneal injection of 50 mg/kg ketamine and 50 mg/kg xylazine. The left femoral artery and vein were cannulated with PE-10 Tygon catheters that were exposed on the dorsal region and identified.

The animals were conscious during the shock and resuscitation experiment. No signs of pain or discomfort were observed. The arterial catheter was connected to a pressure transducer for continuous measurement of mean arterial blood pressure and heart rate. This catheter was also used for blood withdrawal and induction of hemorrhagic shock. The venous catheter was used for volume replacement. Hemorrhagic shock was obtained by blood withdrawal (31 mL/kg) divided into 6 equal episodes during a 30-min period. All animals were maintained with a mean arterial pressure of 40 mmHg for 60 min and then divided randomly into two groups of 48 rats. One group received hypertonic solution (HS, 7.5% NaCl, 4 mL/kg), while other group received isotonic solution (SS, 0.9% NaCl, 34 mL/kg, corresponding to the same amount of sodium administered to the first group). Also, a group of 24 animals was not submitted to bleeding. Resuscitation fluid (isotonic or hypertonic solution) was infused for 5 min, after which the mean arterial pressure reached the values observed before bleeding. The animals were then kept sheltered and warm until the time for the second manipulation.

**Bacterial inoculation**

*Escherichia coli* serotype O111-EPEC was a gift from Dr. Murilo Chiamolera (Emergency Medicine Department, Faculdade de Medicina, Universidade de São Paulo). Bacteria were stored at -80°C and thawed the day before the experiments. The *E. coli* inoculum was prepared in phosphate-buffered saline (PBS) from frozen stock.

Two hours after resuscitation, the animals were again randomized and anesthetized and an intratracheal tube was inserted. The rats were then placed in the supine position on a 60° inclined board. Using an intratracheal tube, 200 μL *E. coli* suspension containing 1.0 x 10^6 CFU or PBS was instilled. Another group was submitted to intraperitoneal inoculation of the same bacterial suspension. The experimental groups obtained after these procedures are listed in Table 1. The animals were sacrificed by a pentobarbital overdose 4 h after these procedures. The right lungs were used for histological analysis while the left lungs were used to analyze mRNA expression.
Mortality

Groups of 6 animals each were submitted to the procedures described above and, after bacterial inoculation, they were returned to the animal facility for mortality follow-up. Mortality was checked four times a day for 1 week.

Total RNA isolation and RT-PCR

Lung fragments were homogenized in TRIzol reagent and vortexed after the addition of 1/10 volume of chloroform. After incubating the mixture on ice for 15 min, samples were centrifuged at 7500 g for 15 min at 4°C. The aqueous phase was collected and RNA was precipitated by mixing with the same volume of isopropyl alcohol, followed by 30-min incubation on ice and centrifugation at 7500 g for 15 min at 4°C. Precipitated RNA pellets were washed once with 70% ethyl alcohol and dissolved in diethylene pyrocarbonate-containing water. RNA concentration was determined by absorbance at 260 nm and its integrity was confirmed by electrophoresis on 1% agarose gels stained with 0.1 mg/L ethidium bromide. One microgram mRNA was converted to complementary DNA (cDNA) by reverse transcription (RT) reaction performed in a 20-μL RT reaction mixture containing 10 μL Improm II reverse transcriptase (Promega, USA), 4.0 μL 5X reaction buffer (Promega), 1.0 μL dNTP mixture (10 mM; Invitrogen, Brazil), 0.5 μL RNAase inhibitor (40 U/μL; Promega), and 1.0 μL oligo dT (50 μM Promega) in water. The reaction was performed at 42°C for 42 min followed by 70°C for 15 min. PCR was carried out with 1.0 μL RT products as templates. The amplified products were analyzed by ethidium bromide-stained agarose gel electrophoresis. Annealing temperature and cycling parameters for each target mRNA were set so that the bands used for density measurements were not saturated. The PCR products on each band were analyzed by densitometry using the Image Gene Tools software (Syngene, USA). The PCR primer sequences were: TLR4 sense: 5’AAGAGCTGGACCTGGAC3’; TLR4 antisense: 5’GAAATGCTACATGCTGACC3’; TLR2 sense: 5’CAGCTGGAGAATCTGAGACC3’; TLR2 antisense: 5’CAAGAGGCTGGAAGTGGGAG3’.

Histological analysis

After fixation in 10% formalin, lung tissue was embedded in paraffin and cut into 4- to 6-μm sections. The sections were stained with hematoxylin and eosin and analyzed by light microscopy. Neutrophil infiltration was reported as the number of multilobular-nucleus cells divided by the area evaluated. A total of ten randomly selected fields were analyzed in each tissue section. Monocytes and elongated cells (epithelial cells, fibroblasts, muscle cells, etc.) were also counted. Alveolar septum area was determined with a digital image analysis system and specific software (Leica Q-Win 2002, Germany) at 400X magnification. The images were generated by a microscope (Leica) connected to a camera (Sony Trinitron CCD, Sony, Japan) and fed into a computer through a frame grabber for online processing. The threshold for lung tissue was established after the adjustment of contrast. The area occupied by lung tissue was determined by digital densitometric recognition. Bronchi and blood vessels were carefully avoided during the measurements. The results are reported as numbers of neutrophils, monocytes and elongated cells divided by septal area in each field measured. Two blind observers performed cell counts and the agreement between them was >90%.

Cytokine measurement

Blood samples were collected at the beginning of hemorrhage induction and just before sacrifice. Plasma cytokines (IL-10, IL-6, and TNF-α) were measured by ELISA according to manufacturer instructions (R&D Technologies, USA).

Statistical analysis

Numerical data are reported as means ± SEM. Comparisons between multiple groups were performed by analysis of variance (ANOVA) and individual groups were compared by the Tukey test. A P value of <0.05 was considered to be significant.

<table>
<thead>
<tr>
<th>Group</th>
<th>Hemorrhage</th>
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<th>Inoculation</th>
<th>Site of inoculation</th>
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<tr>
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</tbody>
</table>

it = intratracheal; ip = intraperitoneal; SS = isotonic saline; HS = hypertonic saline; PBS = phosphate-buffered saline; EC-T = intratracheal infusion of Escherichia coli; SEC-T = intratracheal infusion of isotonic saline plus E. coli; HEC-T = intratracheal infusion of hypertonic saline plus E. coli; EC-P = intraperitoneal infusion of E. coli; SEC-P = intraperitoneal infusion of isotonic saline plus E. coli; HEC-P = intraperitoneal infusion of hypertonic saline plus E. coli.
Results

Hemodynamic data

Arterial blood pressure and heart rate were similar at the beginning of the experiments for all groups. Animals were conscious, and compensatory mechanisms could be activated. After hemorrhage, blood pressure and heart rate were also comparable for all groups. At the end of bleeding, animals were hypoactive and searching for shelter in their bedding. No differences in behavior were detected among groups.

Table 2 shows the evolution of blood pressure during the procedures in all experimental groups. There were no hemodynamic differences between animals receiving SS or HS as resuscitation fluid. Both groups recovered blood pressure very quickly after fluid infusion, and maintained these parameters until further manipulation.

Mortality

An early 10% mortality rate was recorded among animals submitted to controlled hemorrhage. All of these casualties occurred during the period between the end of the bleeding procedure and the beginning of resuscitation. There was no correlation between mortality and the fluid used for reperfusion.

After reperfusion and bacterial inoculation, we observed changes in behavior, with the animals being hypoactive and seeking shelter. This behavior lasted for approximately 24 h. Water and food ingestion was decreased during this period. Two days after bacterial inoculation all animals returned to their normal activities. No difference was observed between the groups that were challenged with bacteria in the peritoneal cavity or the trachea, or between the animals submitted or not to hemorrhage before bacterial inoculation.

Up to one week after infection, none of the animals had died, indicating that the adopted experimental conditions led to controllable, sublethal pathophysiological alterations in the animals.

Acute lung injury

We next focused on the acute lung injury observed after I-R, followed or not by a second bacterial challenge. Initially, we observed that I-R injury by itself was able to induce an inflammatory reaction in lungs. In Figure 1, SHAM represents the normal lung architecture. Thin septa and a few macrophages can be observed. After ischemia and reperfusion with SS, perivascular edema and polymorphonuclear cells infiltrating the septa were observed. No neutrophils were detected inside the alveoli (Figure 1, SS). When reperfusion was carried out with HS, these findings were less evident in comparison to animals that received SS, there were fewer neutrophils, as well as less enlargement of the septa and exudate formation (Figure 1, HS).

To determine whether I-R could modulate TLR4 function, we challenged animals with Gram-negative bacteria inoculated either intratracheally or into the peritoneal cavity. Injection of E. coli into the lungs led to a marked inflammatory cellular infiltrate inside the septa, with predominance of neutrophils, which was also observed in the alveolar spaces, characteristic findings of bacterial pneumonia (Figure 1, EC-T). When bacteria were inoculated into the trachea after shock and reperfusion with SS, a larger neutrophil infiltrate was observed inside the alveoli, with abundant exudate and thickening of septal space (Figure 1, SEC-T). On the other hand, when HS was used as the reperfusion fluid, fewer neutrophils were present in the septa and almost no cells were detected inside the alveoli (Figure 1, HEC-T, and Figure 2B). Injection of E. coli bacteria into the peritoneal cavity and further pulmonary analysis revealed the presence of neutrophils inside the septa and perivascular spaces, but not inside the alveoli (Figure 1, EC-P). Cellular infiltration and interstitial edema were more exuberant in the group resuscitated with SS (Figure 1, SEC-P), while once again the group that received HS displayed milder inflammatory features (Figure 1, HEC-P).

Neutrophils infiltrating the pulmonary tissue after I-R were quantified and the results are shown in Figure 2. I-R by itself caused a significantly increased infiltration of neutrophils into the interseptal space when SS was employed, whereas the cellular infiltration in the lungs of HS-treated rats was lower and statistically identical to that of the control group. Furthermore, a similar profile regard-
Figure 1. Lung histology. Panel SHAM shows the histology of a normal lung, showing thin septa and a few infiltrating inflammatory cells in the vascular bed or perivascular space. SS = Lungs after hemorrhage and resuscitation with isotonic saline solution; a prominent cellular infiltrate is observed, mainly inside the septa, but no neutrophils are detected inside the alveoli; HS = hypertonic saline was used as reperfusion fluid; relatively fewer infiltrating cells, less septum enlargement and exudate formation; EC-T = *Escherichia coli* inoculation into the trachea induced a marked infiltration of polymorphonuclear cells inside the septa and alveolar space, a finding characteristic of pneumonia; SEC-T = bacterial challenge performed after hemorrhage and reperfusion with isotonic saline; a large neutrophilic infiltrate was observed inside the alveoli, with abundant exudate and enlargement of septal wall; HEC-T = inoculation of *E. coli* after shock and reperfusion with hypertonic solution led to a smaller inflammatory infiltrate compared to SEC-T, with virtually no neutrophils inside the alveoli; EC-P = intraperitoneal *E. coli* administration led to a small inflammatory infiltrate concentrated mainly around blood vessels; septa were enlarged and no neutrophils were observed inside the alveoli. Similar findings were present in animals reperfused with isotonic saline (SEC-P). However, the magnitude of the inflammatory process was larger. HEC-P = Reperfusion with hypertonic saline down-regulates the inflammatory process in response to *E. coli* inoculation into the peritoneum, preserving the pulmonary morphological characteristics. A representative picture of 3 animals per group is shown. Hematoxylin-eosin staining. Magnification bars = 100 μm.

Figure 2. Neutrophil infiltration in lungs. A, This figure is a quantitative representation of the histological findings shown in Figure 1. Ischemia-reperfusion with isotonic saline by itself increased neutrophil infiltration in septal spaces; when hypertonic solution was used, no alteration occurred. *Escherichia coli* inoculation into the trachea induced neutrophil accumulation in the septal space, which was further enhanced by previous hemorrhage and reperfusion with isotonic saline solution, but not with hypertonic solution. When *E. coli* was inoculated intraperitoneally, a neutrophil infiltrate was still present in the lungs, although the effect of previous reperfusion was less evident. B, Alveolar neutrophils were present only when *E. coli* was inoculated into the trachea. Previous reperfusion with saline solution enhanced this cellular infiltration, while the treatment with hypertonic solution abrogated it. For abbreviations, see legend to Figure 1. Data are representative of at least 5 animals in each group and are reported as means ± SEM. *P < 0.05 vs SHAM; §P < 0.05 vs SS-Trachea or SS-Peritoneum; ^P < 0.05 vs SEC-T (ANOVA).
ing the pulmonary influx of neutrophils was observed when bacteria were inoculated into the trachea or the peritoneal cavity after I-R. In addition, the presence of neutrophils in the alveolar space was observed only when *E. coli* was inoculated intratracheally. Lungs from rats treated with HS before the bacterial challenge exhibited fewer neutrophils infiltrating both intra- and extra-alveolar spaces.

In all of the experimental situations described above, reperfusion with HS solution was able to decrease polymorphonuclear recruitment to the pulmonary tissue, as compared to isotonic saline solution. Because these events took place early after I-R and/or bacterial inoculation, we hypothesized that innate immunity components might be involved in this phenomenon, and thus we investigated pathways involved in pathogen recognition (TLRs) and inflammatory signal amplification (cytokines).

### Toll-like receptor expression

In order to determine whether I-R could affect pathogen recognition and hence predispose lungs to a more severe injury after a bacterial challenge, we analyzed the transcription of mRNA for TLRs 2 and 4 in the lung tissue.

As shown in Figure 3A, I-R *per se* did not affect transcription of the TLR2 gene. Interestingly, in the absence of I-R, exposure to Gram-negative *E. coli* enhances mRNA for TLR2, which is described as a receptor for Gram-positive bacteria, both when inoculation was in the trachea and in the peritoneum. In addition, previous I-R boosted TLR2 gene transcription even further when bacteria were inoculated into the trachea, regardless of the solution used for volume reconstitution. Intraperitoneal challenge after I-R did not affect TLR2 gene transcription.

Regarding the expression of the TLR4 gene, even though small differences could be detected among the experimental groups, there was wide variability; hence no statistical significant difference could be established (Figure 3B).

### Cytokine measurements

Cytokines are soluble mediators of the inflammatory response, responsible in part for the amplification or restraint of the process. Thus, we investigated whether I-R injury could modulate the secretion of cytokines with proinflammatory (TNF-α and IL-6) or anti-inflammatory (IL-10) effects so that a later response to a bacterial challenge could be impacted.

Plasma TNF-α levels were increased after bacterial injection regardless of the route of inoculation. I-R, be it by itself or in association with bacterial challenge, did not significantly change TNF-α levels in the circulation (Figure 4A). A similar profile was observed for IL-6 levels, with a marked increase detected after bacterial challenge, while the previous occurrence of I-R seemed to decrease IL-6 levels only slightly compared to bacterial challenge alone (Figure 4B).

An increase was detected in IL-10 levels after bacterial inoculation, which was abolished by previous I-R (Figure 4C). Intriguingly, I-R by itself promoted enhanced IL-10 secretion when no further bacterial challenge was performed.

## Discussion

Infection following severe trauma is a public health problem and the main cause of later death in affected
Figure 4. Plasma cytokine levels. A, After bacterial inoculation into the trachea or the peritoneal cavity, increased TNF-α secretion was observed. Ischemia-reperfusion did not affect TNF-α levels even when it was followed by bacterial challenge. *P < 0.05 (ANOVA). B, Bacterial challenge induced increased IL-6 secretion. Slightly decreased levels of IL-6 were detected when bacterial inoculation was performed after ischemia-reperfusion, although these differences were not statistically significant. C, IL-10 levels were increased by ischemia-reperfusion alone. Increased IL-10 levels were also detected after bacterial inoculation into the trachea or the peritoneal cavity. Interestingly, previous ischemia-reperfusion blunted IL-10 secretion after bacterial challenge, a phenomenon that was less evident when hypertonic saline was used as reperfusion fluid. Data are reported as means ± SEM. N = 6 for each group. *P < 0.05 vs SHAM and no inoculation; §P < 0.05 vs SHAM; *P < 0.05 vs SS (ANOVA).
that the I-R injury process does not modulate a further inflammatory response by altering the expression of TLR4.

Regarding the lack of alterations in TLR4 among our experimental groups, our findings differ from those of another report showing that intratracheal LPS injection induced a reduction in lung tissue and alveolar macrophage levels of TLR4 mRNA, while previous shock and resuscitation prevented a TLR4 decrease when lungs were exposed to LPS (27). Different experimental conditions may account for these discrepancies, the most important being the fact that our model relies on infection with live bacteria, which implies that a much more complex process is under way and may even involve the participation of other TLRs (10).

We observed that TLR2 was increased in lungs after intratracheal challenge with bacteria. Even though TLR2 is not involved in the recognition of E. coli, the bacterium used in our study, cooperative mechanisms have been described among TLRs (28). For example, in murine microglial cells challenged with LPS and peptidoglycan, TLR4 is absolutely necessary to engage the innate immune response, while TLR2 participates in the regulation of genes encoding TNF-α and IL-12 during severe endotoxemia (29). Such collaboration between TLR4 and TLR2 may be crucial for the transition from the innate to the adaptive immunity mechanisms in infected animals (29). Moreover, TLR2 up-regulation might derive from a non-specific response to other products derived from whole bacteria, since this receptor is not supposed to recognize LPS (30).

We also evaluated the effect of I-R and infection on circulating cytokines in our experimental model. As expected, the bacterial challenge per se augmented TNF-α, IL-6 and IL-10 levels. In animals submitted to previous I-R, however, the pattern of circulating cytokines was different. While TNF-α levels did not change when compared to bacterial inoculation alone, IL-6 and IL-10 levels were lower when animals were submitted to I-R before exposure to bacteria. This finding is intriguing since these cytokines have opposite roles in inflammation (31). Perhaps, because IL-6 is known to stimulate IL-10 synthesis (32), lower levels of this inflammatory factor may account for the decrease amounts of IL-10 under our experimental conditions.

While TNF-α and IL-6 circulating levels were the same regardless of the kind of replacement solution employed after shock, IL-10 concentration was higher when reperfusion was done with HS infusion. Even though this increase is not dramatic, it seems plausible that, along with other factors not investigated herein, IL-10 may contribute to the effects observed in the animals due to its anti-inflammatory properties (33). It is not completely clear how hypertonic solutions affect gene transcription and cytokine synthesis. Nonetheless, it is well known that hypertonicity can affect the expression of a series of genes involved in volume regulation (34). It can also affect some important signaling cascades involved in the response to stress (35), especially in neutrophils (36,37). Therefore, it is tempting to speculate that resuscitation with HS could ultimately modulate some of the signaling pathways regulating the inflammatory response in the lungs.

No consensus exists among experts about the best animal model for hemorrhage and resuscitation research (38). Conscious animal models, such as ours, are preferred because they minimize anesthesia artifacts like blockade of the sympathoexcitatory response (39). As discussed in previous studies from our group (8), the bleeding rate and volume are uniform for all animals in this model, as confirmed by the monitoring of hemodynamic data. Moreover, lethality in our model was not high and deaths occurred exclusively during the early shock period, before the animals were treated with reperfusion fluids or challenged with bacteria, and therefore we understand that the mortality observed should not be a factor to be considered in the analysis of our results. Since the objective of this study was to investigate the pathophysiology of I-R injury and not the effectiveness of the treatment, we conclude that the SS concentration used in resuscitation is the main factor affecting the course of the inflammatory response in this experimental model.

In conclusion, although the mechanism of action remains to be elucidated, the beneficial effects of HS solutions in the treatment of hemorrhagic shock are undeniable, as the present results seem to corroborate. Allied to the convenient fact that no side effects of the use of HS solutions have been described so far, future studies addressing other components involved in the regulation of the inflammatory response in this context may provide useful tools for the control of reactions to a secondary infectious stimulus in trauma and shock patients.

Acknowledgments

We are grateful to Ms. Fatima Abatepaulo for preparing the tissue sections and to Dr. Murilo Chiamolera, Emergency Medicine Department, Faculdade de Medicina, USP, for advice with bacterial culture.
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