Evaluation of biological activities of Physalis peruviana ethanol extracts and expression of Bcl-2 genes in HeLa cells
Özgür ÇAKIR1*, Murat PEKMEZ1, Elif ÇEPNI1, Bilgin CANDAR2, Kerem FİDAN1

Abstract
Physalis species are used in folk medicine for phytotherapeutic properties. The extracts of medicinal plants are known to possess cytotoxic and chemopreventative compounds. In this study we investigated antibacterial, antioxidant, DNA damage preventative properties of Physalis peruviana (golden berry) on leaf and shoot ethanol extracts and their effects on cytotoxicity of HeLa cells and expression of apoptotic pathway genes. Among the tested bacteria for antibacterial activity, maximum inhibition zone was determined in Lactococcus lactis. The phenolic content was found higher in leaf extracts than shoot extracts. The antioxidant activity showed the highest TEAC values of the leaf (2 mg/mL) and the shoot (0.5 mg/mL) extracts as 0.291±0.04 and 0.192±0.015, respectively. In DNA damage prevention assay both leaf and shoot extracts, especially 30 and 20 µg/mL concentrations, exhibited significant protection against DNA damage-induced by hydroxyl radical generated by Fenton reaction. Our results suggest that leaf and shoot extracts possess cytotoxic effect on HeLa cells when applied as 100 µg/mL concentration. Also mRNA expression analysis showed the alteration of antia apoptotic genes, so the results suggest that P. peruviana ethanol extracts induce apoptotic cell death and should be investigated for identification of active compounds and their mechanisms of action.

Keywords: Bcl-2; antibacterial; antioxidant; DNA damage; HeLa; Physalis.

1 Introduction
Medicinal plants are important therapeutic agents for medicine due to their alternativity to chemical products and most of them have valuable bioactive phytochemicals compounds (Brusotti et al., 2014; Agbor et al., 2005). These phytochemicals have physiological effects on humans due to antioxidant, antibacterial and antifungal activities of flavonoids, terpenoids, vitamins and alkaloids. Many compounds of the medicinal plants have been isolated and identified as valuable drugs in modern medicine system (Brusotti et al., 2014) and researchers still make an effort on screening of plant extracts to discover new compounds.

Apoptosis or programmed cell death is a highly organized process defined by a number of morphological and biochemical changes including blebbing, cell shrinkage, chromatin condensation, and nuclear fragmentation (Elmore, 2007). Two different pathways, extrinsic and intrinsic, mainly play a role in mechanisms of apoptosis. Also in an other pathway, the proteins Bax and Bcl-2, which both belong to the Bcl-2 family, play adverse roles in apoptosis with their ratio being an important determinant of the susceptibility to apoptosis by regulating of proapoptotic and antiapoptotic proteins. Bcl-2 family proteins govern mitochondrial outer membrane permeabilization (Chang & Yang, 2000; Evan & Vousden, 2001; Bhalla, 2003). Apoptosis-induced proteins are used in cancer therapy in recent years and plants are important source of natural compounds that can trigger apoptosis in human cancers. For this reason it is necessary to search for apoptosis-inducing novel compounds as postulant anticancer agents. Generation of reactive oxygen species (ROS) such as superoxide anion (O₂-), hydrogen peroxide (H₂O₂), hydroxyl radical (OH) and singlet oxygen are accepted as mediators of the apoptosis and these radicals can damage to lipids, proteins and DNA and decrease cell viability (Hamad et al., 2010). Epidemiological studies approved that exogenous antioxidants is effective in preventing many diseases, for this reason, there is an interest in natural phenolic antioxidants existing in plants that might help decreasing oxidative damages without causing side effects. (Silva et al., 2005).

Physalis peruviana (golden berry) is a member of Solanaceae family (Martinez, 1998). The fruits of plant have high nutritional value because of possessing high vitamins content, minerals and antioxidants. These plants have also potential medicinal properties like anti-bacterial, antiinflammatory, and antioxidant properties (Caceres et al., 1991; Chiang et al., 1992; Dimayuga et al., 1998; Kennelly et al., 1997; Yen et al., 2010). Besides this plant is known to induce apoptosis in different phases and has anti-cancer activity (Yen et al., 2010). Therefore, the interest in this genus has grown in many regions of the world in recent decade.

In this study we aimed to examine the antioxidant and antibacterial activities of potential anticancer plant, Physalis peruviana on leaves and shoots. Then we investigated the effects of leaf and shoot extracts on DNA damage prevention. Cytotoxicity and apoptotic genes expression levels on HeLa cell line were also determined.

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2 Materials and methods

2.1 Plant material, culturing conditions, and preparation of plant extracts

Surface sterilized P. peruviana seeds were incubated in growth regulator-free MS (Murashige & Skoog, 1962) medium supplemented with 3% (w/v) sucrose and solidified with 0.8% agar (w/v). Petri dishes were incubated in a growth chamber illuminated with fluorescent light (ca. 1400 µmol-2ms⁻¹) over a 16 h light, 8 h dark photoperiod at 25 ± 2 °C. Plantlets which grown in the conditions described, were used for preparation of extracts. One hundred grams of P. peruviana sawdust was soaked with 1 L of 95% ethanol at room temperature for 6 d. The extract was centrifuged while the residue was further extracted under the same conditions twice. The supernatant collected from three separate extractions were combined and evaporated to dryness under vacuum. Extracts were dissolved in Eagle's minimum essential medium (EMEM). This was used as stock solution and diluted to final concentrations described at analysis.

2.2 Antibacterial activity test

Six bacterial strains were used in this study. Three of them are Gram-positive (Staphylococcus aureus A950277, Staphylococcus epidermidis 14990 and Lactococcus lactis ATCC 11454) and other strains are Gram-negative (Chromobacterium violaceum 12472, Escherichia coli DH5-α and Erwinia herbicola pv. gypsopholia-824). The antibacterial activities of ethanolic extracts of Physalis peruviana were evaluated by a modified disk diffusion assay (National Committee for Clinical Laboratory Standards, 2003). Five milliliters of molten tyriptic soy agar (1% w/v) inoculated with the bacterial culture (10⁵ cfu/mL) and was poured over the surface of TSA plates. Sterile discs (Whatman filter paper, 6 mm) were impregnated with different amount of the extracts (100-1000 µg) and were placed onto the plates. These plates were incubated at 30 °C for 24 h except for E. coli (at 37°C). Ampicillin (10 µg, Oxoid) and genetin (10 µg, Oxoid) were used as standard antibiotics. Minimum inhibitory concentrations (MICs) were determined by the disk diffusion assay using same conditions. The MIC was defined as the lowest concentration that inhibited the growth of microorganisms. Antibacterial activity was evaluated by measuring the zone of inhibition against the test organisms. These values were calculated with GraphPad Prism software and described as mean ± SD.

2.3 Determination of antioxidant capacity of extracts

The Trolox (Sigma, 238813) equivalent antioxidant capacity (TEAC) values of the samples were determined using bis(neocuproine)copper (II) chloride, also known as cuprac reagent as described by Apak et al. (2004). The plant extracts at certain concentrations were mixed with copper (II) chloride (Sigma, 222011), neocuproine (Sigma, N1501) and ammonium acetate (Sigma, A1542) buffer at pH 7. The developed absorbance after 30 min incubation period was measured at 450 nm. Molar extinction coefficient (ε) of Trolox in the CUPRAC method was taken as ε=1.74×10⁻⁴ L/mol/cm, observed absorbance was divided by the εT, and TEAC value was calculated as mmol TE/g dry weight of extract.

2.4 DNA damage prevention assay

pIVEX plasmid DNA (0.2 µg, Roche Applied Sciences, Cat. No. 3 253 538) was diluted to a final volume of 10 µl in sterile H₂O. The DNA was mixed with 1 mM of H₂O₂ and 0.05 mM of FeCl₃. The extracts (10, 20, 30 µg/mL) were added in the reaction mixture and further incubated at 37°C for 1 h. Electrophoresis was immediately performed in 0.8% agarose gel (Park et al., 2009). The bands in the gels were observed on transilluminator, and agarose gels were analysed on densitometer (GS-800 Calibrated Densitometer, BIO-RAD) with 'Quantity OneR SW' software. The ratio between supercoiled and relaxed form of plasmids were calculated.

2.5 Determination of total phenolic contents

Folin-Ciocalteu reagent (Sigma, F9252) was used to determine the amount of total phenolics in extracts. Gallic acid (GAE, Sigma G7384) was used as a standard and the total phenolics were expressed as mg/mL gallic acid equivalents (Lim et al., 2009). Gallic acid was prepared at concentrations of 0.01, 0.02, 0.03, 0.04 and 0.05 mg/mL in ethanol. Plant extracts of 0.1 to 4 mg/mL concentrations were also prepared in ethanol and 0.5 mL of each sample was added to test tubes and mixed with 10 fold diluted 2.5 mL Folin-Ciocalteu reagent and 2 mL of 7.5% sodium carbonate. Samples were covered with parafilm and allowed to stand in dark for 30 minutes at room temperature. Absorbance was read at 760 nm.

2.6 Cell culture and in vitro cytotoxicity assay

HeLa cells were grown and maintained in Eagle's minimum essential medium (EMEM) with Earle's saline, supplemented with an antibiotic-antimycotic mixture [penicillin (100 U mL⁻¹), streptomycin (100 µg mL⁻¹), amphotericin B (0.25 µg mL⁻¹)], and 10% fetal calf serum. Cells were maintained in a humidified atmosphere, containing 5% CO₂ at 37°C in 96 well-plates (200 µL/well at a density of 10⁵ cells/mL). After reaching confluent, the cells were treated with the P. peruviana extracts. The experiment was allowed to proceed for 48 h at 37°C in a humidified 5% CO₂ atmosphere. The cytotoxicity assays were performed according to the microculture MTT method (Mosmann, 1983). The cells were harvested (10⁵ cells/mL) and inoculated in 96 well microtiter plates. The cells were washed with phosphate buffered saline (PBS) and the cultured cells were then inoculated with and without the extract. After 48 h incubation, at the end of this period, the culture medium was removed and the cells were washed with PBS, and then 30 µL of MTT solution (5 mg/mL, Sigma M5655) was added to each well and incubated at 37°C for 4 h. After incubation, 200 microliters of DMSO (Sigma, D2650) was added in order to dissolve the water-insoluble purple formazan crystals which formed in the solution and followed by gentle shaking to solubilize the formazan dye for 30 min. Absorbance was recorded at 540 nm and surviving cell fraction was calculated. Cytotoxicity was calculated according to this Equation 1:
Cytotoxicity (%) = [(Absorbance of untreated group - absorbance of treated group)/Absorbance of Untreated group] x 100 (1)

2.7 Expression analysis of Bcl-2 family genes

Cells which were grown and incubated with and without extracts in the concentration of 100 μg/mL as described before, were used for RNA isolation according to the manufacturer's instructions (GenElute Mammalian Total RNA Purification Sigma, RTN70). Total RNA was extracted from HeLa cells, and was reverse-transcribed to the first cDNA strand (Fermentas, K1621). The amplification for Bcl-2 family genes (Mcl-1, Bfl-1, Bax-α, Bcl-2, Bak, Bik, Bcl-XL, Bcl-XS) and actin gene were performed using primers from Takara Apoprimer set (Catalog No: 6623). The amplification reaction was carried out in a 25 μl volume containing 10-20 ng of cDNA. The PCR mixture consisted of 1×PCR buffer (50 mM KCl, 20 mM Tris-HCl, pH 8.4), 1.5 mM MgCl₂, 10 mM dNTPS, 20 μM of each primer, and 1 units of Taq DNA polymerase. Sterile distilled water was used to complete the volume to 25 μl and the reaction was performed using the thermal cycler (Biorad, T-100). The PCR mixture was incubated at 94 °C for 2 min prior to amplification for 30 cycles. Each cycle consisted of denaturation at 94 °C for 30 sec, annealing at 60 °C for 30 sec, and elongation at 72 °C for 30 sec. The PCR product was subjected to 1.2% agarose gel electrophoresis and observed under ultraviolet light. Agarose gels were imaged on densitometer (GS-800 Calibrated Densitometer, BIO-RAD) with 'Quantity One® SW' software.

2.8 Statistical analysis

All experiments were done as three replicates. Analysis of variance was used to distinguish the difference among groups. Significance was assumed at 5% level. For detecting the point of difference the post Tukey test was used. Data is presented as means ± S.D. Graphpad prism trial version is used for statistical analysis.

3 Results and discussion

Plants are important source of potentially new chemotherapeutic agents. A lot of reports are available on biological properties of plants (Chew et al., 2012; Kováts et al., 2010; Najaa et al., 2011; Xia et al., 2011). These studies resulted in isolating and identifying the new active compounds responsible for biological activities and in developing new drugs for the therapeutic use. It is well known that Physalis peruviana has many pharmaceutical beneficial effects. A variety of molecules from P. peruviana, were reported to be medically beneficial (Chiang et al., 1992; Dimayuga et al., 1998; Kennelly et al., 1997).

Leaf and shoot extracts of P. peruviana showed similar growth inhibition effect on microorganisms tested. All extracts inhibited both gram-positive and gram-negative bacteria growth but there was more inhibition on gram-positive strains. The disc diffusion results presented that these extract showed antibacterial activity to Staphylococcus aureus A950277, Staphylococcus epidermidis 14990, Lactococcus lactis ATCC 11454, Escherichia coli DH5-α and Erwinia herbicola pv. gypsophila-824. However, Chromobacterium violaceum 12472 was found to be insensitive to the extracts. The shoot and leaf extracts of Physalis peruviana showed high activity against the Gram-positive bacterium Lactococcus lactis ATCC 11454 compared with the geneticin (Table 1). Although the lowest MIC value was 100 μg/disc for Staphylococcus aureus A950277, the highest MIC value was 700 μg/disc for Escherichia coli DH5-α (Table 2). Inhibition zone on Escherichia coli DH5-α and Erwinia herbicola pv. gypsophila-824, were not concentration dependent while Staphylococcus sp. and Lactococcus lactis ATCC 11454 inhibition zones were effected positively by increasing concentration of extracts (Table 1). In previous studies, extractions of the P. peruviana tissues with several different polar solvents showed that ethanol extracts provided the highest activity levels in response to their diffusion in agar (Acar & Goldstein, 1986; Barry, 1986). According to our results, extracts of P. peruviana did not demonstrate the highest antibacterial activity compared with positive controls (geneticin and ampicillin) except L. lactis strain. To our knowledge, this is the first demonstration of antibacterial activity from this species of Physalis grown in tissue culture. Some compounds such as withanolides from Physalis species were shown to be effective antibacterial in vitro (Kathleen et al., 2012). These results suggest that further studies should be done for identifying these compounds from tissue cultures of Physalis peruviana.

Apak et al. (2004) developed CUPRAC method to measure antioxidant capacity index for polyphenols and plant materials. CUPRAC was expressed as mmol Trolox equivalents (TE)/g extract. In our study, leaf extracts showed a higher total antioxidant capacity than shoot extracts. This may be related to the higher total phenolic contents of leaves (Kathleen et al., 2012). In our study the phenolic content was found higher in leaf extracts than shoot for both tested three concentrations. As seen from the Table 2, the highest TEAC values of the leaf (2 mg/mL) and the shoot (0.5 mg/mL) extracts are 0.291±0.04 and 0.192±0.015 respectively. Total amount of phenolics were determined with Folin-Ciocalteu reagent. Phenolic contents and antioxidant capacity of extracts were given at Table 3. The antioxidant activity of the P. physalis plant extracts is attributed to their bioactive compounds, mostly phenolics, because of their ability to scavenge free radicals (Casanova et al., 2008, Saito et al., 2008). Similarly, Rodrigues et al. (2011) confirmed that the blueberry (Vaccinium sp.) produced in Brazil is a good source of phenolic compounds, has high antioxidant activity. Although the antioxidant capacity of extracts were not very remarkable, determination of the antioxidant status of P. physalis will promote research on the identification and quantitation of active constituents of this plant.

The effect of P. peruviana extract on DNA damage protection was assessed by agarose gel electrophoresis (Figure 1). Extracts at a concentration of 30, 20 μg/mL protected pIVEX plasmid DNA from damage induced by Fe (II) plus H₂O₂. It can be observed from the figure that the control plasmid DNA (without Fe (II) and H₂O₂) contains supercoiled form small and relaxed form (lane A). At the fixed Fe (II) concentration (50 μM) and H₂O₂ concentration (1 mM), it could be observed that bacterial plasmid DNA breaks down by oxidative stress. H₂O₂ and FeCl₃ induce oxidative stress by generating hydroxyl radicals which
Table 1. Antibacterial activity of etanolic extracts of *Physalis peruviana*.

<table>
<thead>
<tr>
<th>Bacterial Strains</th>
<th>Inhibition zones diameter for leaf extract</th>
<th>Inhibition zones diameter for shoot extract</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>100 µg 200 µg 400 µg 600 µg 700 µg 800 µg 900 µg 1000 µg</td>
<td>100 µg 200 µg 400 µg 600 µg 700 µg 800 µg 900 µg 1000 µg</td>
</tr>
<tr>
<td>Gram Negative DH5-α</td>
<td>8 ± 0.8 7.6 ± 0.5</td>
<td>7.5 ± 1.3 8.5 ± 1.3 6.6 ± 0.5 7 ± 1</td>
</tr>
<tr>
<td>Gram Negative violaceum 12472</td>
<td>8 ± 0.5 8 ± 0.5 8 ± 0.5</td>
<td>9.1 ± 0.2 7.8 ± 0.2 9.6 ± 0.2 9.6 ± 0.2</td>
</tr>
<tr>
<td>Gram Negative pv. gypsophila-824</td>
<td>8.6 ± 0.8 8 ± 0.8 8.6 ± 0.8</td>
<td>9.6 ± 0.2 7.8 ± 0.2 9.6 ± 0.2 9.6 ± 0.2</td>
</tr>
<tr>
<td>Gram Negative Staphylococcus aureus A950277</td>
<td>7.1 ± 0.2 8 ± 0.5 9.6 ± 0.5</td>
<td>9.1 ± 0.2 7.8 ± 0.2 9.6 ± 0.2 9.6 ± 0.2</td>
</tr>
<tr>
<td>Gram Positive Staphylococcus</td>
<td>7.3 ± 0.5 8 ± 0.5 9.6 ± 0.2</td>
<td>9.1 ± 0.2 7.8 ± 0.2 9.6 ± 0.2 9.6 ± 0.2</td>
</tr>
<tr>
<td>Gram Positive epidermidis 14990</td>
<td>8 ± 0.5 12 ± 0.5 15 ± 1</td>
<td>7 ± 0.5 10 ± 0.5 11.3 ± 1.1 14 ± 1.1</td>
</tr>
<tr>
<td>Gram Positive Lactococcus lactis</td>
<td>8 ± 0.5 12 ± 0.5 15 ± 1</td>
<td>7 ± 0.5 10 ± 0.5 11.3 ± 1.1 14 ± 1.1</td>
</tr>
<tr>
<td>Gram Positive ATCC 11454</td>
<td>8 ± 0.5 12 ± 0.5 15 ± 1</td>
<td>7 ± 0.5 10 ± 0.5 11.3 ± 1.1 14 ± 1.1</td>
</tr>
</tbody>
</table>

Inhibition zones diameter were expressed as mean ±SD (mm) and included disc diameter of 6 mm. NA: Not active. Amp: ampicillin, Gen: Geneticin.
Biological activities of *Physalis peruviana* ethanol extracts

Table 2. Determination of minimum inhibitory concentration (MIC) of extracts as µg/disc.

<table>
<thead>
<tr>
<th>Extracts</th>
<th>Escherichia coli DH5-α</th>
<th>Chromobacterium violaceum 12472</th>
<th>Erwinia herbicola pv. gypsophila-824</th>
<th>Staphylococcus aureus A950277</th>
<th>Staphylococcus epidermidis 14990</th>
<th>Lactococcus lactis ATCC 11454</th>
</tr>
</thead>
<tbody>
<tr>
<td>Physalis peruviana leaf extract</td>
<td>700</td>
<td>ND</td>
<td>450</td>
<td>200</td>
<td>200</td>
<td>200</td>
</tr>
<tr>
<td>Physalis peruviana shoot extract</td>
<td>700</td>
<td>ND</td>
<td>450</td>
<td>100</td>
<td>200</td>
<td>200</td>
</tr>
</tbody>
</table>

ND: Not detected.

Table 3. Total antioxidant capacity and total phenolic content of *P. peruviana* extracts.

<table>
<thead>
<tr>
<th></th>
<th>Leaf Extract</th>
<th>Shoot Extract</th>
</tr>
</thead>
<tbody>
<tr>
<td>0.5 mg/mL</td>
<td>1 mg/mL</td>
<td>2mg/mL</td>
</tr>
<tr>
<td>TEAC*</td>
<td>0.245±0.015</td>
<td>0.255±0.01</td>
</tr>
<tr>
<td>TPC**</td>
<td>9.26±0.003</td>
<td>18.54±0.38</td>
</tr>
</tbody>
</table>

*Trolox equivalent antioxidant capacity. **TPC (Total Phenolic Content). Antioxidant capacity were expressed as mean ±SD.

Figure 1. Electrophoresis picture of pIVEX plasmid DNA. The sample was treated by 5 µM Fe(II) and 1 mM H₂O₂ for 60 min with different concentrations of *P. peruviana* (A) control without Fe(II) and H₂O₂; (B) 30 µg/mL Shoot (C) 20 µg/mL Shoot; (D) 10 µg/mL Shoot; (E) 30 µg/mL Leaf; (F) 20 µg/mL Leaf (G) 10 µg/mL Leaf and (H) control with Fe(II) and H₂O₂.

Table 4. Ratio between supercoiled and relaxed form DNA after treatment with hydroxyl radical and *P. peruviana* extract.

<table>
<thead>
<tr>
<th>Concentration (µg/ml)</th>
<th>Ratio between supercoiled and relaxed form DNA</th>
</tr>
</thead>
<tbody>
<tr>
<td>Shoot Extracts</td>
<td></td>
</tr>
<tr>
<td>10</td>
<td>1.33*</td>
</tr>
<tr>
<td>20</td>
<td>1.40*</td>
</tr>
<tr>
<td>30</td>
<td>1.33*</td>
</tr>
<tr>
<td>Leaf Extracts</td>
<td></td>
</tr>
<tr>
<td>10</td>
<td>1.29*</td>
</tr>
<tr>
<td>20</td>
<td>1.35*</td>
</tr>
<tr>
<td>30</td>
<td>1.36*</td>
</tr>
<tr>
<td>Control without Fe(II) and H₂O₂</td>
<td>1.46*</td>
</tr>
<tr>
<td>Control with Fe(II) and H₂O₂</td>
<td>1.13*</td>
</tr>
</tbody>
</table>

*Statistically significant

break down supercoiled form of plasmid. All extracts exhibited significant protection against DNA damage-induced by hydroxyl radical generated by Fenton reaction. Table 4 exhibited ratio between supercoiled and relaxed form DNA. The protective effects of extracts on DNA damage were significantly increased concentration-dependent manner, especially in leaf extracts. Furthermore, the extracts exhibited antioxidant activity and a high amount of phenolic content. These findings indicate that the amount of phenolic contents of extracts could be contributed to potential antioxidant activities.

In this study, we aimed to investigate the changes on cytotoxicity and apoptotic genes expression levels by applying *P. peruviana* extracts to HeLa cell lines. We evaluated the effects of *P. peruviana* extracts on Hela cells by MTT assay to investigate the cytotoxic activity. As shown in Figure 2, the ethanolic extracts of leaf and shoot exhibits low cytotoxic activity against Hela cells for low concentrations, however it was shown that both extracts have an IC₅₀ value of 100 µg/mL and this concentration was used for further experiments. The most effective value of extracts was found to be the 200 µg/mL in both shoot and leaf ethanol extracts (Figure 2). But 100 µg/mL value was chosen for further studies, because it is the value that inhibition of viability is almost fifty percent. Wu et al., (2004) also performed cytotoxic assays with ethanolic extracts of *P. peruviana* on the Hep G2, Hep 3B, and PLC/PRF/5 human hepatoma cells lines, the IC₅₀ values were found 9.43±0.30, 41.25±1.40, >100µg/mL, respectively.

Bcl-2 family proteins regulate apoptosis by governing mitochondrial outer membrane permeabilization. Bcl-2, Bcl-X₁ and Mcl-1 Of Bcl-2 family members are antiapoptotic and arrest apoptosis. Bax, Bak, Bid, Bik, Bim, and Bad are proapoptotic and trigger apoptosis (Chang & Yang, 2000; Evan & Vousden, 2001; Bhalla, 2003). These proteins generate heterodimers and they share high sequences homology (BH1-4 regions). While antiapoptotic proteins share all these four homolog regions,
proapoptotic ones share only three of them or just BH-3 region. Due to these homolog regions, these proteins act pro- or antiapoptotic (Shamas-Din et al., 2011). It is well known that pro- and anti-survival Bcl-2 family proteins decide whether the cell will die- if more Bcl-XL is existing, pores of the cell are non-permeable and the cell remains alive. We examined effects of P. peruviana shoot and leaf ethanol extracts on expression rates of Bcl-2 gene family to investigate molecular mechanism of extract stimulated apoptosis. For 48 h application, expression rates of proapoptotic (Bax), antiapoptotic (Bcl-2) genes of Bcl-2 family and β-actin as internal standard are presented on Figure 3. Bcl-2 is a regulator component of apoptosis which acts as an antiapoptotic protein. Azizi et al. (2009) determined that in the presence of Astrodaucus persicus plant extracts p53 gene expression increased significantly but Bcl-2 expression decreased in human breast cancer T47D cells. Also, treatment of T47D cells with plant extracts reduced the nuclear staining of p53 and cytoplasmic staining of Bcl-2 proteins. Azizi et al. (2009) stated that, the methanolic extracts of Astrodaucus persicus might contain bioactive compounds. In our study, Bcl-2 gene was not expressed in both P. peruviana leaf and shoot extracts treated HeLa cells when compared to the control cells. Shafi et al. (2009) demonstrated that Bcl-2 and bcl-XL expression was significantly inhibited while p53 and caspase -3,-8 & -9 expression was increased when HeLa cells treated with Nigella sativa chloform fraction of seed extracts. They showed that the Nigella sativa induced apoptosis by regulating apoptotic genes. In our study, antiapoptotic Bcl-XL expression decreased in leaf but increased in shoot extract treated HeLa cells. Interestingly, in shoot extract treated cells proapoptotic Bcl-XS was expressed slightly. Furthermore, Bfl-1 gene which is an antiapoptotic member of Bcl-2 family was not expressed at all. On each experimental group, we determined that proapoptotic bak gene was expressed, antiapoptotic Mcl-1 was also expressed in HeLa cells when extracts applied. It was found that Mcl-1 expression was increased slightly. Expression rates of proapoptotic bik gene was presented with significant decrease when compared to the control. We found that proapoptotic Bax gene was expressed decreasingly in extract treated conditions. In previous studies it was considered that ratio of Bax to Bcl-2, was the mark of the susceptibility of cells to death signals (Marzo & Naval, 2008). For this reason, Bcl-2 proteins are an attractive target for the development of novel anticancer drugs (Chang et al., 2005). In numerous studies it was determined that alterations in Bcl-2/Bax ratio were caused by downregulation of Bcl-2, Bax (Cha et al., 2004; Paris et al., 2007; Mohammad et al., 2008) and downregulation of Bcl-2 with no change in the level of Bax (Han et al., 2008). In our study we determined no Bcl-2 expression of extract treated cells, Bax-α expression level was also decreased but still ongoing. These results suggest that P. peruviana leaf and shoot extracts might have induced apoptosis by the regulation of this ratio and the extracts damage mitochondrial membrane potential instead of protecting it.

4 Conclusion

It is still important to investigate and explore natural sources for the products that are candidates of new anticancer drugs. The last few decades, screening of medicinal plants for potential anticancer properties has increased greatly. Results that obtained from this study is thought to be encouraging for the forthcoming studies about medicinal plant extracts. The active components and mechanism(s) of action of P. peruviana leaf and shoot extracts should also be investigated for further studies in both in vitro and in vivo models. It may also be useful for investigations that focus on treating cancer with plant based natural products.

Acknowledgements

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Biological activities of *Physalis peruviana* ethanol extracts

**Figure 3.** Expression of Bcl-2 family genes in HeLa cells treated with *P. peruviana* extracts. * means statistically significant ($p>0.05$).
Biological activities of *Physalis peruviana* ethanol extracts


