The effects of ethylene on plants have been recognized since the Nineteenth Century and it is widely known as the phytohormone responsible for fruit ripening and for its involvement in a number of plant growth and development processes. Elucidating the mechanisms involved in the ripening of climacteric fruit and the role that ethylene plays in this process have been central to fruit production and the improvement of fruit quality. The biochemistry, genetics and physiology of ripening has been extensively studied in economically important fruit crops and a considerable amount of information is available which ranges from the ethylene biosynthesis pathway to the mechanisms of perception, signaling and control of gene expression. However, there is still much to be discovered about these processes and the objective of this review is to present a brief historic account of how ethylene became the focus of fruit ripening research as well as the development and the state-of-art of these studies at both biochemical and genetic levels.

Key words: climacteric fruits, plant hormones, ethylene biosynthesis, ripening, signal transduction.

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History of Ethylene Research

Nineteenth Century coal gas (illumination gas), produced from the partial combustion of coal, was an important source of light. In 1858, Fahnestock attributed the deterioration of a collection of plants cultivated in a Philadelphia greenhouse and showing signs of senescence and leaf abscission to the presence of illumination gas, but although he detected the presence of hydrocarbons he was unable to identify the component responsible for such effects. Some years later, in 1864, Girardin verified that trees growing close to places where illumination gas was leaking showed the same symptoms of senescence, and also demonstrated that ethylene was present in this gas. In fact, illumination gas contained 5% ethylene and its physiological effects on plants had been observed for many years without being formally attributed to illumination gas (Zegzouti, 1997).

In 1886 Neljubov discovered that ethylene was the biologically active component of illumination gas when he noticed that illumination gas was responsible for the horizontal growth of etiolated pea seedlings which he had been cultivating. Several observations were subsequently made on the effects of illumination gas on plants and the typical symptoms of ethylene action described, including the inhibition of stem and root growth, leaf abscission, horizontal growth and plant senescence. In 1924, Denny demonstrated that smoke from kerosene combustion in lanterns used to de-green citrus fruits contained ethylene as the active ingredient and demonstrated that ethylene is a fruit-ripening agent that acts in very small amounts. All these observations were in agreement with numerous historic reports, such as those from China where incense was burnt in closed chambers to activate the ripening of pears (Zegzouti, 1997).

In the 1930s most of the physiological effects of ethylene on plants had already been described (Pech et al., 1992) and after this period ethylene became the object of numerous studies due to commercial interest related to its action on the ripening and conservation of fruit. After a long time using ethylene in growth and development manipulations, it was presupposed that this gas was an endogenous growth regulator. The chemical proof that plant tissues naturally produce ethylene was provided in 1934 by Gane in an experiment involving the collection of gas emitted by ripening apples. Later it was demonstrated that a strong increase in ethylene production was associated with
peak in respiration during tomato ripening (Zegzouti, 1997).

All these reports on biological activity of ethylene led scientists to consider this endogenous growth regulator as a plant hormone (Abeles et al., 1992) produced by plants in amounts that can reach 500 nL g⁻¹ h⁻¹ but is active at very low concentrations from 10 to 100 nL L⁻¹. A number of studies have demonstrated the intervention of this hormone in several phases of plant growth and development, such as fruit ripening (Abeles et al., 1992), seed germination, leaf and flower senescence and abscission, root growth and development, leaf and flower senescence and somatic embryogenesis. It is also known that ethylene is synthesized in response to different type of stress, such as wounding, very low and very high temperatures, flooding or drought, treatments with other hormones, heavy metals and attack by pathogens (Pech et al., 1992).

The ethylene biosynthesis pathway has now been completely elucidated due to advances in the techniques of biochemical analyses (Yang and Hoffman, 1984; Kende, 1993) (Figure 1). The first step of this metabolic pathway involves the conversion of S-adenosyl-L-methionine (SAM) to 1-aminocyclepropane-1-carboxylic acid (ACC), catalyzed by the enzyme ACC synthase (ACCS). The second step, catalyzed by ACC oxidase (ACCO), consists in the conversion of ACC to ethylene, CO₂ and HCN. Alternatively, ACC can be malonylated, producing N-malonyl ACC by the action of N-malonyl transferase (NMT), reducing substrate availability for ACCO. In some specific cases, ethylene regulates its own production (auto-catalytic biosynthesis) inducing de novo synthesis of ACCS and ACCO (Yang and Hoffman, 1984). The genes encoding these two enzymes have been cloned and characterized in several plant species and are known to belong to multigenic families whose members show strongly regulated expression (Kende, 1993) and are differentially expressed in response to external stimuli including flooding, infection by pathogens and wounding as well as internal stimuli such as fruit ripening and senescence (Johnson and Ecker, 1998).

**Ethylene Action and Gene Expression Regulation**

Plants show a great diversity of physiological responses to ethylene according to the stage of development and tissue being analyzed (Table 1). Ethylene promotes ripening of tomato and other climacteric fruits (*i.e.* fruits whose ripening is affected by ethylene), while wild-type *Arabidopsis thaliana* plants treated with ethylene show a dramatic inhibition of cellular expansion. Seedlings of this species exposed to ethylene show the triple response, *i.e.* curvature of the apical hook, radial hypocotyl thickening and root shortening. Tomato plants with an intact ethylene signal transduction cascade are more predisposed to damage and necrosis caused by pathogen attack than plants with non-intact systems. Treatment with ethylene causes root-hair formation in almost all epidermal cells located at the junction of two cells of the internal adjacent layer and also accelerates the senescence of mature flowers by promoting petal shriveling and abscission (Johnson and Ecker, 1998). The diversity and amplitude of these responses presuppose the existence of several molecular mechanisms of regulation by ethylene and with the advent of molecular biology techniques in the past fifteen years many genes whose expression is regulated by ethylene have been isolated and characterized.

**Ethylene and fruit ripening**

Fruits can be classified into two major groups based on the intervention of ethylene during maturation. Non-climacteric fruits are those whose maturation does not
Table 1 - Effects of ethylene on plant development. (+) stimulus; (-) inhibition (from Ayub, 1995).

<table>
<thead>
<tr>
<th>Organ or tissue</th>
<th>Action</th>
</tr>
</thead>
<tbody>
<tr>
<td>Seeds, spores and pollen</td>
<td>Germination (+)</td>
</tr>
<tr>
<td>Seeds, shoots, tubercles, bulbs</td>
<td>Loss of dormancy (+)</td>
</tr>
<tr>
<td>Somatic embryos</td>
<td>Embryogenesis (+)</td>
</tr>
<tr>
<td>Coleoptiles, roots</td>
<td>Growth (+), sometimes (+)</td>
</tr>
<tr>
<td>Petioles</td>
<td>Epinasty (+)</td>
</tr>
<tr>
<td>Roots</td>
<td>aerenchyma formation (+)</td>
</tr>
<tr>
<td>Flowers</td>
<td>Floral induction in Bromeliaceae (+)</td>
</tr>
<tr>
<td>Fruits</td>
<td>Growth (+)</td>
</tr>
<tr>
<td>Estomates</td>
<td>Closure (+)</td>
</tr>
<tr>
<td>Laticiferous</td>
<td>Latex slipping (+)</td>
</tr>
</tbody>
</table>

Table 2 - Examples of change in enzymatic activity in some plant species, after ethylene treatment (Abeles et al., 1992).

<table>
<thead>
<tr>
<th>Enzyme</th>
<th>Species</th>
<th>Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>α-amylase</td>
<td>Rice (Oryza sativa, L.)</td>
<td>Activity increased</td>
</tr>
<tr>
<td>Arginine decarboxylase</td>
<td>Tobacco (Nicotiana tabacum, L.)</td>
<td></td>
</tr>
<tr>
<td>β-1,3-Glucanase</td>
<td>Pea (Pisum sativum, L.) (seedlings)</td>
<td></td>
</tr>
<tr>
<td>β-Cyanoalanine synthase</td>
<td>Pimento (Capsicum annuum, L.) (fruit)</td>
<td></td>
</tr>
<tr>
<td>β-Galactosidase</td>
<td>Carrot (Daucus carota, L.) (roots)</td>
<td></td>
</tr>
<tr>
<td>Chalcone synthase</td>
<td>Beans (Phaseolus vulgaris, L.) (leaves)</td>
<td></td>
</tr>
<tr>
<td>Chlorophyllase</td>
<td>Lemon (Citrus sp.) (fruit)</td>
<td></td>
</tr>
<tr>
<td>Cellulase</td>
<td>Sunflower (Helyanthus annua, L.)</td>
<td></td>
</tr>
<tr>
<td>DNA polimerase</td>
<td>Potato (Solanum tuberosum, L.)</td>
<td></td>
</tr>
<tr>
<td>ACC oxidase</td>
<td>Avocado (Persea americana, Mill.) (fruit)</td>
<td></td>
</tr>
<tr>
<td>Invertase</td>
<td>Tomato (Lycopersicon esculentum, Mill.) (fruit)</td>
<td></td>
</tr>
<tr>
<td>Lysine decarboxylase</td>
<td>Tomato (Lycopersicon esculentum, Mill.) (fruit)</td>
<td></td>
</tr>
<tr>
<td>Malonyl transferase</td>
<td>Tomato (Lycopersicon esculentum, Mill.) (fruit)</td>
<td></td>
</tr>
<tr>
<td>Peroxidase</td>
<td>Cucumber (Cucumis sativus, L.)</td>
<td></td>
</tr>
<tr>
<td>Poliphenol oxidase</td>
<td>Potato (Solanum tuberosum, L.)</td>
<td></td>
</tr>
<tr>
<td>Proteinase</td>
<td>Tomato (Lycopersicon esculentum, Mill.) (plant)</td>
<td></td>
</tr>
<tr>
<td>Superoxide dismutase</td>
<td>Beans (Phaseolus vulgaris, L.) (leaves)</td>
<td></td>
</tr>
<tr>
<td>RNA polimerase</td>
<td>Potato (Solanum tuberosum, L.)</td>
<td></td>
</tr>
</tbody>
</table>

Activity decreased

| Acid invertase           | Melon (Cucumis melo, L.) |                |
| ACC synthase             | Squash (fruit)           |                |
| β-amylase                | Potato (Solanum tuberosum, L.) |                |
| Arginine decarboxylase   | Pea (Vicia sativa, L.) (seedlings) |                |
| SAM decarboxylase        | Pea (Vicia sativa, L.) (seedlings) |                |
| Cytrate synthase         | Tomato (Lycopersicon esculentum, Mill.) (fruit) |                |

Several studies have already demonstrated that ethylene controls most of the events associated with the fruit ripening process (Pech et al., 1992).

Gene expression regulation by ethylene during ripening

The diversity and amplitude of fruit physiological and biochemical responses to ethylene suggested that this phytohormone controls the expression of a large number of genes. The phenomenon of climacteric crisis is accompanied by important changes in gene expression and several cDNAs have been isolated corresponding to mRNAs that accumulate abundantly during the development and fruit ripening processes or in response to ethylene (Pech et al., 1992). Other observations related to the action of ethylene on the physiology of fruit ripening reinforced this hypothesis. When submitted to either specific ethylene
biosynthesis inhibitors or inhibitors which block the action of ethylene, tomato fruits showed strong inhibition of ripening but when fruits in the green-ripe stage were exposed to exogenous ethylene maturation could be activated (Gray et al., 1992).

Using classical methods of differential screening of ripe fruit cDNA banks, several genes whose expression is regulated by ethylene or induced during ripening were isolated and cDNA clones corresponding to genes strongly expressed during tomato ripening were isolated (Mansson et al., 1985). To study ethylene-associated events during ripening, cDNAs corresponding to the mRNAs of ethylene-regulated genes have been isolated and characterized (Mansson et al. 1985) and it has been demonstrated that the expression of some of these clones is regulated by ethylene (Pech et al., 1992). Subsequently, other important genes expressed during ripening were isolated, identified and characterized, such as those encoding polygalacturonase (PG) and pectin methyltransferase (Smith et al., 1990; Asif and Nath, 2005), heat shock proteins (Gray et al., 1992 and 1994), histidine decarboxylase (Picton et al., 1993a) as well the multigene families encoding the ethylene biosynthesis pathway enzymes ACC oxidase (Hamilton et al., 1990; Flores et al., 2002; Xiong et al., 2005) and ACC synthase (Theologis, 1992; Hidalgo et al., 2005).

Other experimental methodologies allowed the isolation of genes whose expression is regulated by ethylene and/or ripening. Many natural tomato mutants affected at ripening have been used to study gene expression and regulation. Two principal groups of mutants were used, i.e. those whose mutation affects only the color of the ripe fruit and those whose mutation determines the pleiotropic effects occurring during ripening. The pleiotropic mutant rin (ripening inhibitor) was used to identify cDNAs linked to ripening and resulted in the isolation of the ERT series of clones including ERT1, ERT10 and ERT15, which correspond to mRNAs that specifically accumulate during ripening (Picton et al., 1993b). Treatment of the rin mutant with ethylene allowed transcription of genes corresponding to some of these mRNAs, indicating that the rin-type fruits possess the capacity to respond to ethylene (Lincoln and Fischer, 1988; Knapp et al., 1989) but in spite of the fact that gene expression is restored, such treatment is unable to induce normal ripening. This suggests either the absence of a specific receptor to ripening in the transduction pathway or a deficiency in the ethylene signal transduction cascade, linking perception of this phytohormone to the ripening responses. Dellapenna et al. (1989) used the nor (non-ripening) and Nr (Never ripe) mutants to study the regulation of other cDNAs expressed during ripening, such mutants having been studied because they can provide interesting clues for the elucidation of many aspects of the fruit ripening process, ethylene perception and signaling (Vrebalov et al., 2002; Barry et al., 2005).

**Genetic manipulation of fruit ripening**

To identify the function of genes and their role in the ripening process, an antisense RNA strategy has been used by several research groups and several transgenic plants showing reduced expression of ripening related genes have been obtained (Gray et al., 1994; Stearns and Glick, 2003). Transgenic tomato plants expressing an antisense polygalacturonase gene showed a reduction in PG transcripts as well in enzymatic activity during ripening and it was has been shown that in fruits with antisense PG the degradation of cellular wall pectins was inhibited but other aspects of maturation, such as ethylene production and lycopene accumulation were not affected (Smith et al., 1990; Brummell and Harpster, 2001).

Other transgenic plants, genetically modified to get alter ethylene production have been obtained by various authors. Fruits from plants transformed with an antisense ACC oxidase clone showed a strong reduction in ethylene production, delayed ripening and a considerable increase in conservation period (Hamilton et al., 1990; Xiong et al., 2005). Melon, genetically transformed using a melon antisense ACCO clone resulted in a considerable reduction in fruit ethylene synthesis and, unlike wild type fruits, they showed no increase in ethylene production during peak respiration (climacteric crisis) either when attached to the plants or post-harvest (Ayub et al., 1996). These melons showed an inhibition of maturation as indicated by the absence of yellowish of peel and much reduced softening coupled with a high sugar concentration produced as a result of the prolonged ripening time (Ayub et al., 1996). In all cases, ripening of transgenic fruits can be restored by the application of exogenous ethylene (Zegzouti, 1997).

To block ethylene biosynthesis an antisense ACCS clone which completely blocked ripening was introduced into tomato (Oeller et al., 1991; Knoester et al., 1997). Other tomato models involved a modification of the ethylene biosynthetic pathway by the over-expression of a bacterial ACC deaminase (Klee et al., 1991, Glick, 2004) or the expression of a bacteriophage gene encoding a S-adenosylmethionine hydrolase (Good et al., 1994), which causes a reduction in ethylene production and delayed ripening. The genetic manipulation of alcohol dehydrogenase levels in ripening tomato fruit have been shown to affect the balance of some flavor aldehydes and alcohols (Speirs et al., 2001).

**Ethylene Perception and Signal Transduction Pathway**

Much information concerning the biochemical components of the ethylene perception and signal transduction pathways of ethylene have been obtained during the past decade through the development of molecular and genetic strategies using *A. thaliana* as plant model. These studies have provided strong evidence that ethylene signaling is...
mediated by a family of Cu²⁺-containing receptors signaling through a pathway that includes a MAP kinase cascade, a metallic transporter intermediate and a transcriptional cascade (Bleecker and Kende, 2000; Giovannoni, 2004; Stepanova and Alonso, 2005). The components of ethylene signal transduction cascade are described below.

**Ethylene receptors**

The process of ethylene perception starts when this molecule interacts with a receptor linked to the endoplasmic reticulum (ER) membrane (Giovannoni, 2004; Stepanova and Alonso, 2005). The pleiotropic effects of the **etr1** mutation in *A. thaliana* suggested that this gene could either encode an ethylene receptor or act at an early stage in the signal transduction cascade in wild-type plants. As a matter of fact, the **ETR1** gene from *A. thaliana* was cloned using chromosome walking techniques (Chang et al., 1993). This gene encodes a protein whose N-terminal hydrophobic end forms a dimer linked by an S-S bond (Shaller and Bleecker, 1995) responsible for its location in the membrane. The C-terminal end shows high homology with the histidine-kinase family proteins implicated in signal transduction in prokaryotes known as the two-component system (Johnson and Ecker, 1998).

The expression of the coding region of this gene in yeasts showed that the **ETR1** protein binds to the plasma membrane as a dimer and is also capable of binding ethylene and that the **ETR1** protein acts as an ethylene receptor (Shaller and Bleecker, 1995), while Rodriguez et al. (1999) demonstrated that **ETR1** is a metaloprotein possesses a Cu²⁺ ion at the ethylene binding site.

Besides **ETR1**, four related genes (**ERS, ETR2, EIN4 and ERS2**) have been isolated in Arabidopsis (Bleecker and Kende, 2000; Giovannoni, 2004; Stepanova and Alonso, 2005). The five members of the **ETR** family are related on the basis of the common structural elements in the protein. Additionally, specific substitutions of amino acids in the ethylene binding domain in all members confer dominant insensitivity to this hormone in whole plants. Homologues genes to the **ETR1** family have been identified and cloned in tomato, including the **NR eTAE1** and **LeETR1, LeETR2, LeETR4 and LeETR5** genes (Wilkinson et al., 1995; Tieman and Klee, 1999; Hall and Bleecker, 2003).

There are strong indications that ethylene receptors act as negative regulators of the ethylene signal transduction pathway and that they are activated in the absence of ethylene acting direct or indirectly in the activation of a cascade downstream component, denominated the **CTRI** (constitutive-triple-response) (Giovannoni, 2004; Stepanova and Alonso, 2005).

**CTRI**

The study of mutants showing a constitutive response to ethylene in its absence culminated with the isolation and cloning of the constitutive-triple-response 1 (**CTRI**) gene coding for a kinase with high homology to the Raf family of serine/threonine kinases (MAPKKK) (Kieber et al., 1993). Later, several **CTRI** homologous were isolated from tomato (Jones, 1999; Zegzouti et al., 1999; Leclercq et al., 2002; Adams-Phillips et al., 2004 a). The **CTRI** product acts downstream of **ETR1, ETR2, ERS1, ERS2** and **EIN4** in the ethylene signal transduction pathway and corresponds to a negative regulator of other cascade components identified in Arabidopsis, including the **ethylene-insensitive genes** (**EIN2 and EIN3**) and the **ethylene-response-factor** (**ERF1**) (Giovannoni, 2004; Stepanova and Alonso, 2005).

**Transcription factors**

Studies shown that transcription factors are part of the ethylene signal transduction pathway, with the cloning of the **EIN3** gene encoding a nuclear protein providing the first direct evidence of nuclear regulation in this transduction pathway (Chao et al., 1997). The **EIN3**-like proteins (**EILs, e.g. EIL1 and EIL2**) also belong to this family and are regulated by upstream cascade components (Bleecker and Kende, 2000; Giovannoni, 2004; Stepanova and Alonso, 2005).

The search for promoters for the **EIN3** gene family led to the identification of the **ERF1** gene (Solano et al., 1998), a member of the large family of plant-specific transcription factors called **ethylene-response-element-binding-proteins** (**EREBPs**) originally identified as DNA-binding proteins which bind to promoter-specific elements in ethylene-inducible elements (Ohme-Takagi and Shinshi, 1995). In Arabidopsis the expression of the **ERF1** gene is rapidly induced by treatment with ethylene (Solano et al., 1998). Another relevant fact is that EIN3 homodimers are capable of having in vitro interactions with a promoter element in the **ERF1** gene. When **ERF1** is constitutively expressed in EIN3 mutants it activates a group of responses to ethylene. This indicates that **ERF1** is part of the primary signal transduction cascade and is downstream of the previously identified components, suggesting that a transcriptional cascade operates in ethylene signaling (Bleecker and Kende, 2000, Giovannoni, 2004; Stepanova and Alonso, 2005). Recently, four new members of the **ERF** family of plant-specific DNA-binding (GCC box) factors have been isolated from tomato fruit (LeERF1-4) and are being characterized (Tournier et al., 2003).

Emerging genomics tools including expressed sequence tags (ESTs) and expression arrays are also likely to accelerate the discovery of homologous genes from additional species and the identification of additional novel ripening regulators (Adams-Phillips et al., 2004 b).

**Model for ethylene perception and signal transduction pathway**

Several theories on ethylene signal perception and transduction have been proposed to explain the mechanisms by which ethylene receptors could promote signal
transduction through a cascade involving several components (Zarembinski and Theologis, 1994; Ecker, 1995; Bleecker and Kende, 2000).

The model recently proposed by Bleecker and Kende (2000) and subsequently reviewed by Giovannoni (2004) and Stepanova and Alonso (2005) places the components of the ethylene signal transduction pathway in a linear array and defends the theory that ethylene negatively regulates the joint binding of ETR1 and CTR1 to the receptor, resulting in de-repression of response pathways (Figure 2). The order of the components in this hypothetical linear chain is based on the analysis of epistatic genes, gene expression studies and the study of biochemical interactions. In this model, ethylene negatively regulates the family of receptors associated with the endoplasmic reticulum membrane and which are related to the two-component catalytic bacterial receptor family. The histidine-kinase transmitter domains of members of this receptor family interact with the CTR1 Raf-like kinase regulator domain. This CTR1 receptor/complex negatively regulates a membrane protein (EIN2) which is related to a super-family of metal-transporters. The C-terminal cytoplasmic EIN2 domain signals positively downstream of the EIN3 transcription factor family located in the nucleus. A target for the EIN3 transcription factors is the ERF1 gene promoter, which is a member of a second family of transcription factors and is rapidly induced in response to ethylene and is capable of activating a set of responses to ethylene when expressed.

Recent Developments on Plant Hormone Ethylene Role on Climacteric Fruits Ripening

The large diversity of gene types is representative of the multitude of events affected by ethylene during fruit ripening. Ethylene receptor genes and components of the ethylene transduction pathway have been discovered in the recent years, as described above. However, the number of genes demonstrated to be induced through this pathway is low in regard to the variety of physiological responses of plants to ethylene.

For this reason, novel early ethylene-regulated (ER) genes from late immature green tomato fruit have been isolated using the differential display technique, in order to obtain a broader understanding of the molecular basis by which ethylene coordinates the ripening process (Zegzouti et al., 1999). A large set of clones have been isolated, showing homologous genes involved in transcriptional and post-transcriptional regulation, signal transduction components, stress-related proteins and primary metabolism. However, as yet a number of these ER clones have no assigned function and reverse genetics is currently being used to investigate the function of these genes and address their role in the ripening process (Pech et al., 2002). The latest data have indicated that ER50 is a CTR-like clone, potentially involved in the ethylene transduction pathway (Leclercq et al., 2002; Adams-Phillips et al., 2004a) and ER24 is homologous to a multi-bridging factor involved in transcriptional activation (Tournier et al., 2003) while ER49 is a putative mitochondrial translation elongation factor that could be involved in the stimulation of mitochondrial activity by ethylene during the climacteric increase in respiration (Chaves et al., 2002; Benichou and Li et al., 2003). These genes are being extensively studied in order to determine their function and mechanisms of regulation by ethylene. The functional characterization involves several studies, including molecular, biochemical and physiologic analysis and the determination of expression profiles.
Final Considerations

Ethylene, in association with other hormones and developmental factors plays a major role in climacteric fruit ripening, a complex developmental process. At present there is a large amount of information on ethylene and fruit ripening, much of which was gathered at a time when gas was used for illumination. Time has moved on and we are now living in the ‘genomic era’ in which the role of the phytohormone ethylene on the development and fruit ripening processes may be very important in developing new strategies on fruit and vegetable conservation and in obtaining biotechnological products of high aggregated value by genetically engineering commercial plant varieties.

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