Meaning of life, spirituality, sociopoetics: convergences for the production of new knowledge and the clinical care

The meaning of life is an important and revealing factor in spirituality, and it is many times affected by suffering and illness situations. With this in mind, we developed a study aiming in the production of life meaning concepts along with people with cancer. The methodological path chosen was Sociopoetics, a constructivist method which understands the research participants as co-researchers that together constitute the researcher-group and produce the knowledge. This group was formed by 7 patients with cancer in treatment in a support foundation in a very respected hospital in Fortaleza. The production occurred in four workshops, a negotiation one, two producing ones and an analysis workshop. The data was produced through dispositives which made emerge the new and were analyzed based in the several proposed analysis: plastical, classifying, transversal, surreal, from the researcher group, philosophic and “maquinico”. The concepts produced were: the saw concept, the lake concept, the bridge concept, the tunnel-light concept, the stove concept, the sea of roses concept and the God sense. These “confetos”, reunion of concepts and affects, show the possibilities that the life sense can represent to the people when they face the pain, the suffering and the imminence of death. On them we can find the strength and the motivation to overcome the adversities and keep ourselves alive, perception of achievements as important to the construction of the meaning, hope in better days, finding of the meaning in the suffering and in the faith, and we found sense in the affective relationships established during life. The “confetos” produce resonances to the nursery, a truly negotiation of what was produced to what already existed in the academy, we found out that some parallels among the knowledge and even contributing to new perspectives to the clinical care and the potential discovery of the researcher-group. We hope this study may provoke new negotiations and motivate new research about the topic.

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Key words: Spirituality. Nursing. Mental Health.

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