Abrikossoff’s tumor: report of a rare tumor and its unusual vulvar location

Tumor de Abrikossoff: relato de tumor raro e de localização inusitada na vulva

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ABSTRACT

The first report of granulosa cell tumor occurred in 1926, by Abrikossoff, after whom it was named “Abrikossoff’s tumor”. It is a benign, uncommon neoplasm, most frequently observed in the head, neck and tongue, being found in the vulva only in 6%-7% of the cases. Its histogenesis is uncertain, probably linked to Schwann cells. The treatment is surgical, with good prognosis. Relapses may occur, and there are descriptions of malignant transformation in the literature. The objective of this paper is to describe a case of granular cell tumor located in the vulva.

Key words: vulva; vulvar disease; vulvar neoplasms; granular cell tumor.

INTRODUCTION

The granulosa cell tumor, also known as Abrikossoff’s tumor or granular cell schwannoma, is a rare benign neoplasm that occurs preferably in adults (30-50 years), Blacks, and women, in the proportion of 1:39. It may arise in several organs, including the skin, but 70% of them locate in the head and neck, 30% in the tongue. Most of the time, it occurs as a single tumor, ranging from 0.5 cm to 3 cm in diameter, but in 10% of the cases, lesions may be multiple, predominating in Blacks3. Its histogenesis remains uncertain, although most authors sustain the theory of neural origin5. Nowadays it is thought to have originated from neural crest-derived peripheral nerve-related cells. This hypothesis is strengthened by the immunohistochemical expression of S-100 protein, neuron-specific enolase, Leu7 (CD57) and myelin basic protein in granular cells, such as that which occurs in tumors originated from Schwann cells. In addition, the report on immunoreactivity for vimentin, type IV collagen, laminin, epithelial membrane antigen (EMA), CD68, MAC387, alpha-1-antitrypsin, alpha 1-antichymotrypsin and CD34 demonstrates great cellular heterogeneity in the tumor5,8. This may be explained by the close relationship between granular cells and the different cell types, such as Schwann, perineural and mesenchymal undifferentiated cells. Controversy exists over the tumor growth, but it might initially be a reactive lesion that later on acquired a neoplastic potential1,8. Histology is characteristic and does not pose diagnostic difficulty1,5,8. Malignant behavior occurs in 3% of the cases, including local infiltration and even metastasis, generally found in visceral and deep tumors2,7. The treatment of choice is surgical excision, with a usually benign outcome; yet if the tumor is incompletely removed, it presents a high rate of local recurrence (8%-15%)6,7.

CASE REPORT

A 29-year-old female patient from São José do Rio Preto-SP presented with a six-month history of a progressively enlarging nodule in the vulvar region. She was referred to surgery with a diagnostic hypothesis of sebaceous cyst.

Physical examination revealed a single painful lesion of approximately 3 cm in diameter, firm in consistency, more palpable than visible, little mobile, located in the vulva, at the left labium majus (Figure 1). Due to the diagnostic doubt after the clinical examination, an excisional biopsy of the lesion was performed.

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The histopathological analysis evidenced a dermal neoplasm, formed by cells of wide finely eosinophilic granular cytoplasm, containing periodic acid-Schiff (PAS)-positive granules and oval normochromatic nuclei (Figure 2). Immunohistochemistry was suggested and revealed positivity for protein S-100, but negativity for CD57 (Figures 3 and 4). In view of the results of the histopathologic analysis and the immunohistochemical profile, the diagnosis of granulosa cell tumor was reached. Surgical treatment was chosen, with complete excision and primary closure. The histological analysis of the specimen confirmed the previous diagnosis and demonstrated the total removal of the tumor. The patient was followed-up quarterly in the first year and then biannually. After almost three years of follow-up she does not present tumor recurrence.

**DISCUSSION**

Besides the rarity of Abrikossoff’s tumor, the vulvar location observed in this case is an uncommon finding, as most cases occur in the head and neck region\(^6\)\(^,\)\(^7\). Just 5%-7% of them are described in the vulva. Even though, among the possible diagnoses for vulvar nodules, Abrikossoff’s tumor must be thought of.

The tumor presents with a dermal or subcutaneous papule or nodule that is firm, asymptomatic or little painful, and sometimes pruritic and slow-growing. It may be normochromic or reddish-brown\(^8\)\(^,\)\(^9\), occasionally exhibiting ulceration or verrucous surface\(^5\)\(^,\)\(^9\). The lesion is clinically unspecific; diagnosis is based on histopathology, whose findings reveal a poorly circumscribed lesion,
composed of pale polygonal cells, with abundant eosinophilic cytoplasm, containing PAS-positive and diastase-resistant granules, and round and normochromatic nuclei. The largest intracytoplasmic eosinophilic granules are known as pustulo-ovoid bodies of Milian. The overlying epidermis may be acanthotic, with increased mitotic rate. The presence of necrosis, high mitotic activity, cellular pleomorphism with evident vesicular nuclei and nucleoli are indicators of aggressive behavior. Because it is not encapsulated, it may infiltrate the adjacent connective tissue.

The histopathological findings of this case are similar to those previously described, but in spite of the positivity for protein S-100 seen in the immunohistochemical reaction of most benign tumors in the peripheral nerve shear, negativity for CD57 was observed. This does not exclude the diagnosis of Abrikossoff’s tumor, for in this neoplasm, the amount of cells showing reactivity for CD57 is variable: reports range from completely negative lesions to those with more than 50% of the neoplastic cells being marked.

The differential diagnosis of skin lesions must be done with dermatofibroma, skin-appendage tumors, compound melanocytic nevi and seborrheic keratosis. In the tongue, it may be confused with spinocellular carcinoma in very superficial biopsies for inducing pseudoepitheliomatous hyperplasia of the epithelium. In the vulvar region, differential diagnosis includes Bartholin’s cyst, lipoma, papilloma, hidradenoma and fibroma.

This neoplasia is treated by complete excision. The prognosis is good, but local relapse may occur if surgical margins are inadequate.

### REFERENCES


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