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Received: January 26, 2010; Revised: June 2, 2010

This study has investigated the niobium (Nb) additions effect on both microstructure and heat-treated Ti-10Mo-xNb (x = 3, 6 and 9) alloys mechanical properties. The microstructures were characterized by optical microscopy, X-ray diffraction and transmission electron microscopy. The mechanical characterization was carried out by Vickers microhardness test and Young's modulus measurements. The outcomes show that the addition of Nb in alloys decreased the proportion of ω and α ' phases. The Ti-10Mo-3Nb alloy presented the best hardness and elastic modulus combination among the three developed alloys and also with respect to Ti-6Al-4V alloy and commercially pure Ti.

Keywords: hardness, microstructure, titanium, ti-alloys

1. Introduction

Ti-based alloys have been widely used as permanent implant materials in the replacement of damaged hard tissues due to their high corrosion resistance, good biocompatibility and good mechanical properties such as high strength and low elastic modulus^{1,2}. Femoral stems, spinal cages and dental prosthesis or implants are some examples of the use of titanium alloys.

Titanium alloys can be classified as α , $\alpha + \beta$ and β -type, according to the phases present in their microstructures. Almost all development aims at a low modulus β -type titanium alloy in order to reduce diseases related to bone resorption in relation to stress shielding. Among the β -type titanium alloys, metastable β -Ti alloys seem to exhibit the lowest elastic modulus and also meet most of the other requirements for an ideal alloy³⁻⁶, such as good corrosion resistance, high tensile and fatigue resistance.

 β -phase stability in titanium alloys can be assessed through the use of the so called molybdenum equivalent [Mo eq]⁷. If the [Mo eq] value is higher than 10 or 11 wt. $(\%)^{7,8}$, β phase is retained during quenching from temperatures above the β transus in a metastable condition at room temperature. However, if this value is lower, martensitic transformation may occur during quenching, forming either the α' (hexagonal) or α'' (orthorhombic) phases, depending on the solute concentration in the alloy9. Moreover, studies have shown that metastable ω phase (hcp structure) may also precipitate in the β -Ti matrix during quenching¹⁰. As an alloy elastic modulus is mainly determined by both amount and modulus of its constituent phases¹¹, the addition of different alloying elements and the combination of solution treatment and/or ageing affect the thermodynamics stability and the kinetic of phase precipitation, and thus should be carefully designed in order to obtain a low modulus alloy. From the literature, it is well known that among the phases normally formed in Ti-based alloys, ω phase presents the highest elastic modulus, followed by α/α' , α'' and β phase¹². However, studies achieved by Matsumoto et al.¹³ showed that α' phase in Ti-V-Sn alloys had elastic modulus similar to the metastable β type alloys and lower than ω and α phases.

On the other hand, in addition to low modulus, a high mechanical strength is also necessary for the implant alloy. For example, ASTM F1472 standard for wrought Ti-6Al-4V alloy for surgical implants¹⁴. The strengthening of β alloys can be achieved by fine precipitation of either ω or α phase and the refinement of β grains¹¹. Consequently, an adequate balance of phases precipitated in β alloys can result in a good combination of high strength and low elastic modulus.

Recently, Ti-Mo, Ti-Nb and Ti-Mo-Nb alloys have been considered for biomaterials applications¹⁵⁻¹⁷. Ho et al.¹⁵ investigated a series of binary Ti-Mo alloys with molybdenum contents ranging from 6 to 20 wt. (%) and reported a minimum of 10 wt. (%) Mo to fully stabilize the β phase in metastable condition at room temperature. Niobium is well known as a biocompatible material and a β stabilizer for titanium alloys and studies have suggested that it can decrease the elastic modulus and increase the strength of Ti-base alloys².

Thus, in order to contribute to this field of research, this work has investigated the role of niobium contents on the hardness and elastic modulus of three Ti-10wt. (%)Mo-xNb alloys (x = 3, 6 and 9 wt. (%)). The changes on the mechanical behavior arising from Nb addition were correlated with the phases present in the microstructures.

2. Materials and Methods

2.1. Specimen preparations

Ti-10Mo-(3, 6 and 9) wt. (%) Nb alloys were produced from pure commercially Ti (grade 2 according to ASTM F6706, Brazil), Mo (>99.9% supplied by Plansee Group, Austria) and Nb ((>99.9% supplied by EEL/USP, Brazil) metals by arc melting with a tungsten electrode on a water-cooled copper hearth. The alloys were prepared under high purity argon atmosphere (> 99.9999 %), and the ingots were melted five times to improve chemical homogeneity. The obtained ingots were then treated at 950 °C under argon atmosphere for 1 hour in a tubular furnace and then quenched in water at room temperature. This treatment condition was selected based on Gordin et al.¹⁸ study of the Ti-12Mo-5Ta alloy.

2.2. Metallography and phase analysis

The phase analysis of the alloys (bulk, polished surface) were carried out by X-ray diffraction (XRD) using a Shimadzu model XRD 6000, Japan, diffractometer operated at 40 kV and 30 mA. A Ni- filtered CuK_{α} radiation ($\lambda = 1.5418$ Å) was used for this study. The phases were identified through the comparison of the obtained data with simulated diffractograms using the Powdercell program¹⁹ inserting the data (space groups, lattice parameters and atomic positions) of the α , α ', ω and β -Ti phases²⁰.

The microstructures of the alloys were also investigated via optical microscopy (OM) [LEICA/DMIRM, Germany], scanning electron microscopy (SEM) [LEO-ZEISS 1450 VP SEM with OXFORD-LYNK EDS, Germany] and transmission electron microscopy (TEM) [Philips CM20, Holland] working under 200 kV. The samples for the OM and SEM analysis were hot mounted in resin, ground by using silicon carbide papers up to 2400 mesh, polished and then etched with Kroll's reagent (3 mL of HF, 6 mL of HNO₃ and 100 mL of H₂O). TEM samples were prepared by using a twin-jet electro polisher in a chemical solution with (60 mL) HClO₄, (590 mL) methanol and ether monobutylethylene (350 mL) at 35 V and –20 °C.

2.3. Microhardness and elastic modulus measurements

The Vickers microhardness values of the alloys were measured by using a Buehler Micromet 2004 equipment with a 100 gf load for 30 seconds. The Vickers microhardness value of a given alloy is the average of ten measurements.

The Elastic modulus (E) of the alloys was determined by ultrasonic method, measuring the alloys density (ρ) as well as the longitudinal V_L and transversal V_T sound velocities. A piezoelectric transducer (5 MHz), in contact with the sample via a coupling (honey), was used for such measurement. The Elastic modulus value of a given alloy is the average of ten measurements.

The comparison of values of Vickers microhardness and Elastic Modulus of Ti-10Mo-xNb alloys with commercially pure Ti (grade 2) and Ti-6Al-4V alloy was made by One-way ANOVA statistical analysis ($\alpha = 0.05$).

3. Results

3.1. Phase analysis

Figure 1 shows the XRD diffractograms of the (a) Ti-10Mo-3Nb, (b) Ti-10Mo-6Nb and (c) Ti-10Mo-9Nb alloys; the highest intense peak in each diffractogram was cut in order to better define the low intense peaks near the background. In addition to β -phase, the α phase was also found to coexist in the alloys. Notice in Figure 1a and b the indication of ω phase in the XRD diffractograms of the Ti-10Mo-3Nb and Ti-10Mo-6Nb alloys. As some α/α' and α'' phases reflections are very close and therefore hard to distinguish in the XRD data, TEM analysis was used to identify the possible presence of martensitic phases in the microstructures.

Figure 2 shows micrographs of (a, b) Ti-10Mo-3Nb (SEM), (c, d) Ti-10Mo-6Nb (SEM) and (e, f) Ti-10Mo-9Nb (SEM and OM, respectively) alloys. The adopted heat-treatment could not completely



Figure 1. X-ray diffractograms of the a) Ti-10Mo-3Nb, b) Ti-10Mo-6Nb and c) Ti-10Mo-9Nb alloys.

eliminate the as-cast dendrite structures observed in previous studies¹⁷. This was more visible in the alloy with lower Nb content and is a consequence of the relatively low temperature (950 °C) of heat treatment. A fine acicular martensitic phase was observed in the β matrix of all alloys, especially on the Ti-10Mo-3Nb [Mo eq = 10.8] alloy (Figure 2b). In the case of Ti-10Mo-6Nb [Mo eq = 11.7] and Ti-10Mo-9Nb [Mo eq = 12.5] alloys, a small amount of martensite was observed and it is clear from the micrographs that the amount of α martensite decreases for higher Nb contents. This is in agreement with the fact that Nb additions increase the [Mo eq] and, therefore, the phase stability.

Figure 3a shows a bright-field TEM micrograph of the Ti-10Mo-3Nb alloy, where an acicular phase is observed in the β matrix. Electron diffraction data (Figure 3b) reveals that this acicular phase corresponds to the α ' phase. Besides, a ω phase precipitation was also observed within the β matrix with an ellipsoidal morphology,



Figure 2. Micrographs of alloys: a, b) Ti-10Mo-3Nb (SEM); c, d) Ti-10Mo-6Nb; and e, f) Ti-10Mo-9Nb (SEM and OM, respectively) alloys.





Figure 3. TEM data of Ti-10Mo-3Nb alloy: a) image of the martensitic α ' lamellas in an β matrix; b) SAED pattern (001) plane of α '; c) image of the precipitates with a near-spherical morphology in an β matrix; and d) SAED pattern showing β and ω phases.

as shown in Figure 3c, confirmed by the SAED data in Figure 3d. The precipitation of this phase in Ti-Mo, Ti-V and Ti-Nb alloys after quenching from the β field⁸ with either cubical (Ti-V alloys) or ellipsoidal morphology (Ti-Mo and Ti-Nb alloys)^{1, 21} has been reported by other authors. This ω phase morphology variation has been associated to the differences in lattice mismatch between the β and ω phases in the different alloy systems²⁰. Notice that these TEM results are consistent with the previously shown XRD data.

TEM images of Ti-10Mo-6Nb (Figure 4a and b) and Ti-10Mo-9Nb (Figure 4c and d) alloys also revealed acicular α ' phase and athermal ω phase distributed within the β matrix, but increasing Nb content; the volumetric fraction of ω phase is reduced.

Combining the XRD, OM and TEM data, it is possible to conclude that the microstructures of the alloys are strongly dependent on their Nb contents, once α ' phase and athermal ω phase volume fraction decrease for higher Nb, in line with the role of Nb as a β stabilizer in these alloys.

3.2. Mechanical properties

Young's moduli values of the studied alloys are plotted in Figure 5 as a function of Nb contents together with the results for commercially pure Ti (grade 2) and Ti-6Al-4V alloy. Results of ANOVA statistical analysis ($\alpha = 0.05$) showed that the Ti-10Mo-3Nb alloy presented the smallest modulus value while the modulus of Ti-10Mo-6Nb and Ti-10Mo-9Nb alloys were similar between them. ANOVA results also indicated that the alloys Ti-10Mo-6Nb (122 GPa) and Ti-10Mo-9Nb (120 GPa) modulus values were statistically equivalent to those of commercially pure Ti (121 GPa) and Ti-6Al-4V alloy (124 GPa).

Modulus values are directly associated with the volume fraction of β , α' and ω in these alloys. It is known that ω phase has the highest



Figure 4. a) TEM dark-field image of the martensitic α ' lamellas in an β matrix of the Ti-10Mo-6Nb; b) bright-field image of the ω precipitates with a near-spherical morphology in Ti-10Mo-6Nb; c) TEM dark-field image of the martensitic α ' in Ti-10Mo-9Nb alloy; and d) bright-field image of the ω precipitates with a near-spherical morphology in Ti-10Mo-9Nb.



Figure 5. Elastic modulus of Ti10Mo-xNb, Ti6Al4V and CP-Ti determined by ultrasonic method.

elastic modulus among all the phases in Ti alloys¹². Matsumoto et al.¹³ showed that α ' phase in Ti-V-Sn alloys had elastic modulus which were similar or lower than the metastable β type alloys and lower than ω and α phases. The combination of high proportion of α ' in the



Figure 6. Microhardness of CP-Ti and Ti-10Mo-3Nb, Ti-10Mo-6Nb, Ti-10Mo-9Nb, Ti-6Al-4V alloys.

 β matrix of the Ti-10Mo-3Nb alloy led to the lowest modulus among the three alloys. However, this value is still high when compared with other β Ti alloys and should be related to the presence of ω (high modulus) in this alloy¹³.

Figure 6 shows Ti-10Mo-xNb (x = 3, 6 and 9), Ti-6Al-4V alloys hardness values and commercially pure Ti determined by Vickers microhardness. Vickers microhardness values of the Ti-10Mo-3Nb, Ti-10Mo-6Nb and Ti-10Mo-9Nb alloys were statistically similar to the Ti-6Al-4V alloy and higher than that of commercially pure Ti.

4. Discussion

The results indicate that the precipitation sequence in these solution treated alloys proceeds via different mechanisms depending of alloy composition, thereby resulting in different microstructures.

Ideal metallic biomaterials for a hard tissue are required to have not only an excellent corrosion resistance and biocompatibility but also a high strength and low-elastic modulus which is close to that of a human bone (10-30 GPa)¹². As a barometer to evaluate the performance of biomaterials with low Young's and high hardness (associated with mechanical strength) for bone implants, the ratio of hardness to modulus was used. Figure 7 shows the hardness to modulus ratio of Ti-10Mo-xNb alloys in the conditions solubilized with commercially pure Ti (cp Ti), Ti-6Al-4V and Ti-13Nb-13Zr alloys¹⁵. The highest value for hardness to modulus ratio was obtained for Ti-10Mo-3Nb in relation the Ti-10Mo-xNb alloys, commercially pure Ti (cp Ti), and Ti-6Al-4V alloy used as a standard biomaterial. Even for the newly developed Ti-13Nb-13Zr alloy (as cast), it shows lower value for hardness to modulus ratio. At the same time, it should be pointed that the treated Ti-10Mo-3Nb alloy still has much higher elastic modulus than a human bone, however its hardness is high, which could meet the requirement of a long service life (over 20 years) and implantation in young patients. It is, therefore, needed to reduce the elastic modulus to approach that of a human bone at the same time. However, it is difficult to find a processing route to obtain low elastic modulus simultaneously with high mechanical strength. The reduction in elastic modulus keeping the same levels of hardness of Ti-10Mo-3Nb alloy could be further optimized by a suitable thermo mechanic treatment.



Figure 7. Ratio of hardness to Young's modulus of Ti10Mo-xNb, Ti-6Al-4V, Ti-13Nb-13Zr alloys and CP-Ti.

5. Conclusions

The increase in niobium additions from 3 to 9 wt. (%) to Ti-10Mo-xNb alloys heat treated at 950 °C / 1 hour and quenched results in the β -structure stabilization, thus decreasing the proportion of the ω and α ' phases. Consequently, the Ti-10Mo-3Nb alloy presented the best combination of high hardness with low elastic modulus.

Acknowledgements

This work was supported by CNPq (140032/2005-3), FAPERJ and CAPES. We would like to thank Prof. João Marcos Rebello from the Non-Destructive Testing Laboratory (PEMM/COPPE/UFRJ) for the ultrasound experiments.

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