Hematological and immunological responses of Nile tilapia after polyvalent vaccine administration by different routes


The efficacy of a polyvalent bacterin vaccine against Aeromonas hydrophila, Pseudomonas aeruginosa and Enterococcus durans administered by different routes in Nile tilapia was assessed by analyzing hematological and immunological parameters 7 and 21 days after vaccination. Treatments consisted of: non-vaccinated tilapia; tilapia vaccinated by intraperitoneal injection with 2x10⁸ formalin-inactivated bacteria·mL⁻¹; tilapia vaccinated orally with 2x10⁷ formalin-inactivated bacteria·g⁻¹, feed for 5 days; tilapia vaccinated by immersion bath in 2x10⁷ formalin-inactivated bacteria·mL⁻¹, for 20 minutes. Vaccinated fish groups presented higher hematocrit, number of erythrocytes and leukocytes than the non-vaccinated group. Serum agglutination titer of intraperitoneally vaccinated fish was higher on both evaluation periods for the three bacteria strains. Only on day 21 post-vaccination fish from the oral and immersion vaccination groups presented higher serum agglutination titer than the non-vaccinated fish for A. hidrophyla and E. durans. Serum antimicrobial activity in vaccinated fish was higher for P. aeruginosa and E. coli than in non-vaccinated fish on both evaluation periods. The different vaccine administration routes stimulated hematological and immunological responses in Nile tilapia 21 days post-vaccination, but intraperitoneal vaccination presented higher total number of leukocytes, lymphocytes and serum agglutination titer.

INDEX TERMS: Oreochromis niloticus, vaccine, hematology, immunology.
dos peixes vacinados intraperitonealmente foi superior nos dois períodos de avaliação para todas as bactérias. Apenas no 21º dia os peixes vacinados oralmente e por imersão apresentaram título de aglutinação superior aos peixes não vacinados para *A. hidrophyla* e *E. durans*. O soro dos peixes vacinados apresentou maior atividade antimicrobiana para *P. aeruginosa* e *E. coli*. de que os peixes não vacinados, nos dois períodos. As diferentes vias de administração da vacina estimularam a resposta hematológica e imunológica da tilápia do Nilo após 21 dias de vacinas, sendo que o número total de leucócitos, linfócitos, título aglutinante do soro dos vacinados i.p. foi maior do que os demais.

**TERMOS DE INDEXAÇÃO:** Oreochromis niloticus, vacina, hematologia, imunologia.

**INTRODUCTION**

With the intensification of aquaculture causing stress on cultured fish, infectious and parasitic diseases appear and culminate in higher fish mortality (Vandenberg 2004). The major causes of economic losses in tilapia culture are bacterial diseases, mostly caused by the genera *Aeromonas*, *Pseudomonas*, *Vibrio*, *Flavobacterium*, *Edwardsiella*, *Streptococcus* and *Enterococcus*. These infectious agents cause external injuries and can even be found in internal organs as liver, intestines, heart, brain and spleen (Plumb 1997, Shoemaker & Klesius 1997, Cai et al. 2004, Lim & Webster 2006).

For the successful development of tilapia culture in Brazil, the industry needs strategies to minimize the effects caused by the mentioned bacteria with the most common treatment to control bacterial diseases being the use of antibiotics that can cause the selection of pathogenic strains (Klaenhammer & Kullen 1999) and environmental pollution (Boyd & Massaunt 1999). The development of vaccines shows to be a promising alternative (Lim & Webster 2006) to avoid the mentioned riscs.

Vaccines are prepared using either antigens, derived from pathogenic organisms, or hole bacterial inactivated cells, which stimulate the immune system of the host and enhances resistance to diseases (Tizard 2002). Antigens activate two systems, the non-specific and the specific immune systems, both with cellular and humoral responses. The non-specific humoral response is composed of lysozymes, complement system, interferon, C reactive protein, transferrin and lectin, and the specific response is mainly due to the activation of B lymphocytes and memory cells (Kaattari & Piganelli 1996, Secombes 1996, Yano 1996).

The efficacy of vaccines in stimulating the fish immune system is related to the routes of administration, with advantages and disadvantages. However, only a few studies have been done assessing the efficacy of vaccination strategies according to the culture conditions (Vandenberg 2004, Santos et al. 2005, Lim & Webster 2006).

Among the different administration routes, intraperitoneal injection has shown the best results (Klesius et al. 1999, Ruangpan et al. 1986). However, it is laborious, costly, stressful to the animals, and only administered in fish of high market price, broodstock or ornamental fish (Austin & Austin 1993).

Results from bath immersion and oral vaccines in fish are contradictory. Some authors reported unsuccessful results (Vandenberg 2003, Santos et al. 2005, Shoemaker et al. 2006a), whereas others reported satisfactory ones. Evans et al. (2004) reported 55% mortality of juvenile Nile tilapia vaccinated by immersion and infected with *Streptococcus agalactiae* against 84% mortality of non-vaccinated fish. According to Shoemaker et al. (2006a), juvenile Nile tilapia vaccinated orally presented between 17.5% to 31.5% mortality after a *Streptococcus iniae* challenge.

As the diversity of potentially pathogenic agents is very high in the tilapia production, vaccination strategies included the research and development of polyvalent vaccines (Cipriano 2001). The advantage of polyvalent vaccine is the protection of fish against a wide variety of Gram-positive and Gram-negative bacteria strains (Nikoskelainen et al. 2007).

The objective of this study was to assess the efficacy of the administration of a polyvalent vaccine (bacterin) against *Aeromonas hydrophila*, *Pseudomonas aeruginosa* and *Enterococcus durans*, by different administration routes (intraperitoneal injection, oral, and immersion bath) in Nile tilapia (*Oreochromis niloticus* Linnaeus 1758) and the effects on hematological and immunological parameters 7 and 21 days post-vaccination.

**MATERIAL AND METHODS**

*Aeromonas hydrophila* ATCC 7966 strain, *Enterococcus durans* ATCC 19492 strain, and *Pseudomonas aeruginosa* ATCC 27853 strain were activated and isolated by streak-plate in Tryptone Soy Agar culture medium (TSA, Difco), incubated at 25°C for 48h and prepared according to Klesius et al. (2000). The colonies were individually incubated in brain-heart infusion culture medium (BHI, Difco) and incubated at 30°C for 24h.

After confirmation of bacterial growth, seven serial dilutions (1/10) of the cultures were carried out and plated in TSA culture medium (Difco) and incubated at 30°C for 24h. After this period, the colonies were counted to estimate the concentration of each bacteria group present in vaccines. Later, these cultures were suspended in 3% formalin solution and incubated at 30°C for 24h under continuous agitation for inactivation, and centrifuged at 1800xg for 30 minutes. The supernatant containing formalin was discarded and the pellet resuspended in 0.65% sterile saline solution. The inactivation of bacteria was confirmed by plating 0.1mL of bacterial suspension in TSA culture medium (Difco) and incubated at 30°C for 72h. With no colony growth, suspensions were used combined in a 1:1:1 (v/v) ratio to compose the polyvalent vaccine.

The treatments consisted of: NV: non-vaccinated tilapia; IP: tilapia vaccinated by intraperitoneal injection (1.5mL of the vaccine suspension containing 2x10⁸ formalin-inactivated bacteria·mL⁻¹); OR: tilapia fed twice a day vaccine-added feed at a concentration of 2x10⁷ formalin-inactivated bacteria·g⁻¹ for 5 days; IM: tilapia bath immersion vaccination with solution
containing 2x10^7 formalin-inactivated bacteria/mL⁻¹, for 20 minutes. IP and IM treatments were done on day 5 of the OR treatment. Evaluations were done on days 7 and 21 post-vaccination (Evans et al. 2004, Esteve-Gassent et al. 2004, Shoemaker et al. 2006a).

Tilapia used in this study were mean weight 267.8±25.0g, 72 tilapias were divided into twelve tanks (300L) with aeration, biological filter and heaters. Treatments were done in triplicate in a completely random experimental design. During the experiment period fish were fed twice a day, water temperature was at 30.86±1.04°C, dissolved oxygen 4.54±0.64mg·L⁻¹ and pH 7.30±0.23.

After anesthetized with eugenol (1mL:10L), blood was collected from the caudal vein of 3 tilapia per experimental unit using a 3-mL (21G) syringe with 10% EDTA and a syringe without anticoagulant (approved by the Ethics Commission for the Use of Animals n° 23080.024659/2007-99 CEUA/UFSC). Blood collected without anticoagulant was left to clot for 2h at 25°C, and then centrifuged at 1400xg for 10 minutes. Serum aliquot was taken with assist of a micropipette and stored at -20°C until analysis. Sera of 3 fish from the same experimental unit were pooled for immunological analyses.

The blood collected with syringe containing anticoagulant was used to produce duplicates of blood extensions dyed with Giemsa/MayGrunwald (Rosenfeld 1947), for differential counting of leukocytes and total counting of thrombocytes and leukocytes. One aliquot was used to determine hematocrit (Goldenberg et al. 1971) and the rest was stored in glass flasks on ice to quantify the total number of erythrocytes in a hemocytometer. Total number of thrombocytes and leukocytes were counted in blood extension by the indirect method described by Martins et al. (2004). One aliquot of serum was used to determine glycemic index in spectrophotometer (Biotécnicas® kit).

Agglutination titers were done individually for each bacteria strain (A. hydrophila, E. durans and P. aeruginosa) according to the method described by Yildirim et al. (2003). Bacteria were cultured and inactivated following the protocol described earlier for the vaccine production. The concentration of inactivated cells used in the test was of 0.8 in 550nm wave length (OD 550nm). The test was done in U-bottom 96-well microplate where fish serum was diluted at 1:1 ratio in saline phosphate buffer solution (PBS; 0.2M monobasic phosphate, 0.2M dibasic phosphate, 0.11M sodium chloride, pH 7.4) in the first well (50ìL of PBS solution:50ìL serum), and serially diluted in factor 2 for the remaining wells until the 12th. Then, 50ìL of inactivated bacteria was added to each well. The microplate was incubated at 25°C for 24h under orbital agitation and the growth of microorganisms was determined in OD 550nm microplate reader. The serum antimicrobial activity was the reciprocal of the last dilution with bactericidal or bacteriostatic activity.

Data were submitted to the Bartlett test and hematological parameters with no homogeneity in variance were ln (x+1) transformed prior to analysis of variance with parcels subdivided in time (α<0.05). Differences in means were detected by the Student Newman Keuls test (SNK), and agglutination and antimicrobial inhibition data were log₂ (x+1) transformed prior to analysis.

RESULTS AND DISCUSSION

Hematological parameters have been considered as important indicators of fish health (Chen et al. 2004, Martins et al. 2004). Studies demonstrated that the reduction in the number of erythrocytes in the blood and in the hematocrit percentage may be signs of bacterial infection (McNulty et al. 2003, Benli & Yildiz 2004, Shoemaker et al. 2006b). In this study, tilapia did not present significant difference on day 7 after vaccination in hematocrit value (p>0.05), however, the number of erythrocytes was lower in fish vaccinated orally and by immersion bath (p<0.05) (Table 1). Yet, these values were similar to those observed in tilapia with no stress stimulation in the study accomplished by Martins et al. (2004).

On day 21, both total erythrocyte count and hematocrit percentage were higher in vaccinated fish than in the non-vaccinated, and those from the immersion group presented the highest hematocrit value (p<0.05) (Table 1). These results agree with those published by Irianto et al. 2003 who observed an increase in erythrocyte count in goldfish (Carassius auratus) 14 days after oral vaccination against Aeromonas hydrophila.

In addition to hemostasis, thrombocytes play an important role in the host defense mechanisms, demonstrated by their action in coagulation and inflammatory processes, and the phagocytic activity in infectious processes (Tavares-Dias 2003). In this study, the number of thrombocytes in the tilapia blood was different only in the fish vaccinated orally on day 21, which may be explained by the fact that the natural course of bacterial infection is oral (Austin & Austin 1993, Kwon et al. 2007) and, according to Kwon et al. (2007), oral immunization is a promising alternative against bacteriosis.

Increase in tilapia glycemia can be used as a stress factor, according to Martins et al. (2004). However, in this study, glucose was stable in all fish except in those submitted to immersion vaccination on day 7 (p>0.05) (Table 1). These indexes were similar to those found in other studies with healthy Nile tilapia (Martins et al. 2004, Okamura et al. 2007).
Several types of leukocytes participate in the cellular response, including lymphocytes, monocytes, granulocytes (neutrophils, eosinophils and basophils), and cytotoxic cells (Fernandez et al. 2002). On day 7, leukocyte and lymphocyte counts were higher in fish vaccinated by intraperitoneal injection, followed by oral administration and immersion bath vaccinations. On day 21 the same counts were increased in the blood of fish treated orally, similar to the intraperitoneal injection group (p>0.05). The non-vaccinated fish group presented leukocyte and lymphocyte counts lower (p<0.05) than the vaccinated groups (Table 1).

Neutrophil counts of fish vaccinated with intraperitoneal injection and immersion bath were higher on days 7 and 21, whereas the oral administration group were significantly lower (p<0.05) than the vaccinated groups (Table 1).

Many studies report the increase in agglutination titer after fishes are vaccinated. In a previous work Nile tilapia presented higher agglutination after intraperitoneal vaccination against A. hydrophila (Klesius et al. 2000), and good indexes after challenged with S. iniae, only reducing on the tenth week post-infection (Shoemaker et al. 2006b). In a study by Selvaraj et al. (2004) carp immunized with LPS of A. hydrophila also presented high agglutination titer, as well as sturgeons intraperitoneally vaccinated against A. hydrophila that demonstrated good indexes until 29 days post-vaccination (Khoshbavar-Rostami et al. 2007).

The differences between agglutination titer for the different bacteria strains of the polyvalent vaccine of this test. The serum of fish vaccinated by immersion bath or administration oral presented higher agglutination titer than the serum of fish non-vaccinated against A. hydrophila and lower than of those vaccinated intraperitoneally. The agglutination titer of Enterococcus durans was higher in fish of the just-mentioned treatments than in the non-vaccinated and equal to the intraperitoneally vaccinated group only on day 21 (p<0.05) (Table 2).

Many studies report the increase in agglutination titer after fishes are vaccinated. In a previous work Nile tilapia presented higher agglutination after intraperitoneal vaccination against S. iniae (Klesius et al. 2000), and good indexes after challenged with S. iniae, only reducing on the tenth week post-infection (Shoemaker et al. 2006b). In a study by Selvaraj et al. (2004) carp immunized with LPS of A. hydrophila also presented high agglutination titer, as well as sturgeons intraperitoneally vaccinated against A. hydrophila that demonstrated good indexes until 29 days post-vaccination (Khoshbavar-Rostami et al. 2007).

The differences between agglutination titer for the different bacteria strains of the polyvalent vaccine of this study demonstrated that this analysis obtained specific responses for each strain and a positive correlation (r=0.74) between the number of lymphocytes and agglutination, suggesting that the antibodies played an important role in the agglutination of bacteria. Swain et al. (2007) reported that the Indian carp (Labeo rohita), after the administration of a polyvalent vaccine, presented higher agglutination titer, but with different indexes for each bacteria, as obtained in this study.

Monocytes also connect the non-specific with the specific immune system by producing cytokines that take

<table>
<thead>
<tr>
<th>Days after vaccination</th>
<th>Treatments</th>
<th>Neutrophils (10³µL⁻¹)</th>
<th>Lymphocytes (10³µL⁻¹)</th>
<th>Monocytes (10³µL⁻¹)</th>
<th>Glucose (mg·dL⁻¹)</th>
</tr>
</thead>
<tbody>
<tr>
<td>7 days</td>
<td>Intraperitoneal vaccine</td>
<td>5.01±1.25b</td>
<td>8.06±0.73b</td>
<td>0.78±0.06c</td>
<td>73.03±11.99a</td>
</tr>
<tr>
<td></td>
<td>Oral vaccine</td>
<td>7.73±2.80ab</td>
<td>14.32±1.84a</td>
<td>2.90±0.69a</td>
<td>85.72±11.13a</td>
</tr>
<tr>
<td></td>
<td>Immersion vaccine</td>
<td>11.52±0.87a</td>
<td>10.62±0.84b</td>
<td>1.38±0.25b</td>
<td>47.27±11.27b</td>
</tr>
<tr>
<td></td>
<td>Control</td>
<td>4.99±1.03b</td>
<td>8.51±0.86b</td>
<td>0.97±0.35b</td>
<td>42.87±15.83a</td>
</tr>
<tr>
<td>21 days</td>
<td>Intraperitoneal vaccine</td>
<td>10.43±0.16a</td>
<td>22.91±3.01a</td>
<td>1.12±0.10b</td>
<td>40.06±13.11a</td>
</tr>
<tr>
<td></td>
<td>Oral vaccine</td>
<td>11.88±1.43a</td>
<td>19.29±2.98a</td>
<td>1.73±0.25a</td>
<td>55.70±12.53a</td>
</tr>
<tr>
<td></td>
<td>Immersion vaccine</td>
<td>8.44±0.66a</td>
<td>12.71±1.96b</td>
<td>1.26±0.11b</td>
<td>48.12±20.86a</td>
</tr>
</tbody>
</table>

Different letters indicate significant differences by the SNK means comparison test (p<0.05).
the information to the lymphocytes, stimulating their activity (Ellis 1999). The higher number of monocytes on day 7 in intraperitoneally vaccinated fish and on day 14 in orally vaccinated fish may have contributed to the increase in the number of lymphocytes in these treatments in the respective days post-vaccination.

Fish serum from all treatments did no present antimicrobial activity against A. hydrophila and E. durans tested in this study. On the other hand, P. aeroginosa and E. coli had its growth inhibited by serum of fish vaccinated by the three routes on days 7 and 21 (Table 2). Yet, it is not clear which enzymes, proteins or other molecules have bactericidal activity or are responsible for such inhibition.

In this study, agglutination titer and serum antimicrobial activity results were different for each bacteria strain. Aeromonas hydrophila and E. durans were resistant to the antimicrobials but their agglutination titers were higher in vaccinated tilapia. Nevertheless, P. aeroginosa growth was inhibited by fish serum and low agglutination was seen only in fish vaccinated intraperitoneally. One hypothesis for this is that in fish vaccinated orally and by immersion bath there was a crossed reaction among the antigens, which inhibited the specific response against P. aeroginosa. This crossed reaction was observed in other studies with Atlantic salmon (Salmo salar) and rainbow trout, with A. salmonicida and V. salmonicida, and Listonella anguillarum and Flavobacterium psychrophilum, respectively (Hoel et al. 1997, Nikoskelainen et al. 2007).

Another hypothesis is that fish vaccinated orally and by immersion bath did not present good agglutination results for P. aeroginosa because they assimilated inefficient amounts of inactivated bacteria for adequate response. Ellis (1999) stated that antibodies recognize iron-regulating proteins (IRP) of the external membrane and when such protein expresses little in the bacteria membrane, the antibody will need greater amount of bacteria to act.

Vaccines administrated by intraperitoneal injection have demonstrated good results in several studies, but alternatives that are more practical for large amounts of fish are required. Tilapia vaccinated by intraperitoneal injection against S. iniae presented higher relative survival rate, whereas results from oral and immersion bath vaccines were not satisfactory (Evans et al. 2004, Shoemaker et al. 2006a). However, the vaccine against S. iniae showed good results in a field study with Nile tilapia vaccinated twice by immersion bath before and after sexual reversion (Klesius et al. 2008). Senegalese sole (Solea senegalensis) and sea bass (Dicentrarchus labrax) also presented good protection with immersion bath only after a second vaccination (Arijo et al. 2005, Angelidis 2006).

Eels and turbot (Scophthalmus maximus) presented satisfactory results only after intraperitoneal vaccination, when compared to immersion bath vaccination (Esteve-Gassent et al. 2004, Santos et al. 2005), corroborating with the results of intraperitoneally vaccinated fish of this study. Nevertheless, oral and immersion routes also presented satisfactory results, similar or even higher in some parameters than the intraperitoneal route, especially on day 21.

Rainbow trout and Atlantic salmon presented higher stimulation of the immune system after the administration

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**Table 2. Agglutination titers (log₂ (x+1)) and antimicrobial activity (log₂ (x+1)) of non-vaccinated Nile tilapia serum; vaccinated by intraperitoneal injection of 1.5 mL of a suspension containing 2x10⁸ formalin-inactivated bacteria-mL⁻¹; by oral administration of vaccine-added feed with 2x10⁷ formalin-inactivated bacteria-g⁻¹, during 5 days; immersion bath vaccination in solution with 2x10⁷ formalin-inactivated bacteria-mL⁻¹, during 20 minutes; on days 7 and 21 post-vaccination**

<table>
<thead>
<tr>
<th>Days after vaccination</th>
<th>Treatments</th>
<th>A. hydrophila</th>
<th>P. aeroginosa</th>
<th>E. durans</th>
<th>Antimicrobial activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>7 days</td>
<td>Control</td>
<td>3.19±0.88 c</td>
<td>0.53±0.92 b</td>
<td>3.17±0.00 b</td>
<td>A. hydrophila</td>
</tr>
<tr>
<td></td>
<td>Intrapertitoneal</td>
<td>10.00±1.00 a</td>
<td>3.50±1.46 a</td>
<td>5.04±0.00 a</td>
<td>P. aeroginosa</td>
</tr>
<tr>
<td></td>
<td>Oral vaccine</td>
<td>3.78±0.56 b</td>
<td>1.06±0.92 b</td>
<td>2.89±0.49 b</td>
<td>E. durans</td>
</tr>
<tr>
<td></td>
<td>Immersion vaccine</td>
<td>5.71±1.49 b</td>
<td>1.06±0.92 b</td>
<td>2.89±0.49 b</td>
<td>Antimicrobial activity</td>
</tr>
<tr>
<td></td>
<td>Control</td>
<td>2.75±0.60 c</td>
<td>0.00±0.00 b</td>
<td>2.75±0.60 b</td>
<td>A. hydrophila</td>
</tr>
<tr>
<td>21 days</td>
<td>Intrapertitoneal</td>
<td>10.33±0.58 a</td>
<td>4.43±1.46 a</td>
<td>3.78±0.53 a</td>
<td>P. aeroginosa</td>
</tr>
<tr>
<td></td>
<td>Oral vaccine</td>
<td>5.70±0.56 b</td>
<td>0.00±0.00 b</td>
<td>3.78±0.53 a</td>
<td>E. durans</td>
</tr>
<tr>
<td></td>
<td>Immersion vaccine</td>
<td>6.04±1.96 b</td>
<td>0.00±0.00 b</td>
<td>3.79±1.08 a</td>
<td>Antimicrobial activity</td>
</tr>
</tbody>
</table>

Different letters indicate significant differences by the SNK means comparison test (p<0.05).
of a polyvalent vaccine, even better than the monovalent vaccines in the case of the salmon. Both studies reported different production of antibodies for the different bacteria strains (Hoel et al. 1997, Nikoskelainen et al. 2007). Nikoskelainen et al. (2007) recommended that bacterial antigens are to be chosen carefully for the polyvalent vaccine to avoid inhibitory effects of antigens in the fish specific response.

The polyvalent vaccine was efficient, vaccinated fish serum agglutinated A. hydrophila and E. durans, with antimicrobial activity against P. aeruginosa. The different administration routes stimulated hematological and immunological responses in Nile tilapia. The intraperitoneal injection presented the highest agglutination, but immersion bath and oral vaccines presented satisfactory results as well. The results also demonstrated that the different vaccine administration routes and the different antigens are stimulated at different moments for some parameters.

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