Matched case-control study evaluating the frequency of the main agents associated with neonatal diarrhea in piglets

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A case-control study was carried out in litters of 1 to 7-day-old piglets to identify the main infectious agents involved with neonatal diarrhea in pigs. Fecal samples (n=276) from piglets were collected on pig farms in the State of Rio Grande do Sul, Brazil, from May to September 2007. Litters with diarrhea were considered cases (n=129) and normal litters (n=147) controls. The samples were examined by latex agglutination test, PAGE, conventional isolating techniques, ELISA, PCR, and microscopic methods in order to detect rotavirus, bacterial pathogens (Escherichia coli, Clostridium perfringens type A and C, and Clostridium difficile), and parasites (Coccidian and Cryptosporidium spp.). Outbreaks of diarrhea were not observed during sampling. At least one agent was detected in fecal samples on 25 out of 28 farms (89.3%) and in 16 farms (57.1%) more than one agent was found. The main agents diagnosed were Coccidia (42.86%) and rotavirus (39.29%). The main agents identified in litters with diarrhea were Clostridium difficile (10.6%), Clostridium perfringens type A (8.8%) and rotavirus (7.5%); in control litters, Clostridium difficile (16.6%) and Coccidian (8.5%). Beta hemolytic Escherichia coli and Clostridium perfringens type C were not detected. When compared with controls, no agent was significantly associated with diarrhea in case litters. These findings stress the need for caution in the interpretation of laboratorial diagnosis of mild diarrhea in neonatal pigs, as the sole detection of an agent does not necessarily indicate that it is the cause of the problem.

INDEX TERMS: Swine, neonatal diarrhea, case-control, epidemiology, diagnosis.

RESUMO.- [Estudo caso-controle pareado avaliando a frequência dos principais agentes causadores de diarréia neonatal em suínos no Rio Grande do Sul.] Um estudo de caso-controle em leitegadas de um a sete dias de idade foi realizado com o objetivo de identificar os principais agentes infecciosos envolvidos na diarreia neonatal de leitegadas. As amostras de fezes (n=276) foram coletadas em granjas de suínos no Estado do Rio Grande do Sul, Brasil, no período de maio a setembro de 2007. As leitegadas com diarreia foram consideradas casos (n=129) e as leitegadas normais, controles (n=147). As amostras foram examinadas através do teste de aglutinação em látex, PAGE, cultivo, ELISA, PCR e métodos microscópicos para a excreção dos principais agentes de diarreia: virais (rotavirus), bacterianos (Escherichia coli, Clostridium perfringens tipos A e tipo C e Clostridium difficile) e parasitários (coccídeos e Cryptosporidium spp.). Durante o período do estudo não foram observa-
dos surtos e a diarréia, quando presente, apresentou-se leve. Pelo menos um agente foi identificado nas amostras fecais de 25 entre 28 granjas (89,3%) analisadas e em 16 granjas (57,1%) mais de um agente foi detectado. Os principais agentes encontrados nas granjas foram coccídeos (42,86%) e rotavírus (39,29%). Os principais agentes detectados nas leitegas com diarreia foram Clostridium difficile (10,6%), Clostridium perfringens tipo A (8,8%) e rotavírus (7,5%). Por outro lado, nas leitegas controle os agentes mais prevalentes foram Clostridium difficile (16,6%) e coccídeos (8,5%). E. coli Beta hemolítica e Clostridium perfringens tipo C não foram detectados. O presente estudo de caso-controle demonstrou que nenhum agente infeccioso esteve associado significativamente com diarreia (p>0.05). Esses achados reforçam a necessidade de que haja cuidado na interpretação de resultados de exames laboratoriais em materiais coletados de leitões com diarreia neonatal leve, pois a detecção isolada de um agente infeccioso não indica necessariamente que o mesmo seja a causa do problema.

TERMOS DE INDEXAÇÃO: Suínos, diarreia neonatal, caso-controle, epidemiologia, diagnóstico.

INTRODUCTION

In the last three decades, a progressive change in pig production has occurred towards the increase of confinement and intensive rearing methods. In this new scenario, neonatal pig diarrhea gained importance, and depended on the combined effect of infectious agents and several risk factors (Barcellos 2002). Neonatal diarrhea causes losses associated with mortality, decreased weight gain and excessive use of medication (Wittum et al. 1995). The main infectious agents involved may be viral: rotavirus and coronavirus; bacterial: Escherichia coli, Clostridium perfringens types A and C and Clostridium difficile; and parasitic: Isospora suis and Cryptosporidium spp. (Calderaro et al. 2001, Wieler et al. 2001, Yaeger et al. 2002).

Most studies on diagnosis of diarrhea in newborn piglets investigated few or a single infectious agent, and presented incomplete information about antibiotic, coccidiostat and/or probiotic use before sampling (Morin et al. 1983, Fitzgerald et al. 1988, Wieler et al. 2001). Consequently, an excessive bias can be set to a given infectious agent when, in fact, other factors could also be involved in the outcome of diarrhea, such as quality of the environment and hygiene. Observational studies such as case-control are used to identify risk factors and to estimate the quantitative effects of the various causes that may contribute to the occurrence of disease (Thrusfield 2007). With the use of this tool, the frequency of diarrhea associated with specific agents can be compared between affected and normal groups (Sobestiansky & Barcellos 2001).

The objective of the present study was to identify the main bacterial, parasitic and viral agents detected in litters with and without diarrhea, in pig farms located in the State of Rio Grande do Sul, Brazil, and to estimate the association between the presence of the agents and diarrhea.

MATERIALS AND METHODS

Characteristics of the farms, diseases and sampling

Feces and rectal swabs were collected from litters from 28 pig farms with 200 to 1000 sows, belonging to 6 integrated companies in the State of Rio Grande do Sul, Brazil, between May and September 2007. The farms presented high standards of housing and management with all-in/all-out practice and appropriate disinfection between batches of pigs. Farrowing crates had partially or fully slatted floors of plastic or iron bars. All farms vaccinated sows and gilts against Escherichia coli infection, using two doses of the vaccine in the last third of gestation. Sows and piglets in cases or control litters had not been previously treated with probiotics, antibiotics or coccidiostats. Data on parity order and age of occurrence of diarrhea were taken. Classification of fecal consistency was performed based on the chart proposed by Gheller et al. (2008). Piglets with ages between 1 and 7 days were sampled. Litters with two or more piglets with feces with creamy or liquid consistency (cases) were matched with litters presenting normal feces (controls). Case litters were matched to controls by age (same age or less than 1 day difference) with a case-control ratio of 1:1 (222/12/1). The objective of matching is the elimination of biased comparison between cases and controls (Kurtz & Landis 1988). The primary objective of matching is the elimination of biased comparison between cases and controls (Kurtz & Landis 1988). The primary objective of matching is the elimination of biased comparison between cases and controls (Kurtz & Landis 1988). The primary objective of matching is the elimination of biased comparison between cases and controls (Kurtz & Landis 1988).

Samples consisted of pools of feces collected directly from the rectum or rectal swabs from two or more piglets of the same litter. Feces were stored in plastic tubes and swabs on Stuart Transport Medium, both kept at 2-8°C for no longer than 24 hours. Swabs were collected for bacteriological and fecal samples divided in aliquots, two for parasitological examination and two frozen at -20°C for rotavirus diagnosis and Clostridium difficile toxin assay.

Bacteriological examination

Rectal swabs were streaked into 5% sheep blood agar and MacConkey agar plates and incubated at 37°C for 24 hours, in aerobic conditions. Diagnosis of neonatal colibacillosis was achieved when over 80% of colonies presented phenotypical characteristics compatible with E. coli, including the presence of diffuse growth of lactose-fermenting colonies on Mac Conkey agar and hemolysis on blood agar, as suggested by Barcellos et al. (1980). For isolation of C. perfringens, samples were inoculated in selective SPS agar (Sulfite-polymyxin-sulfadiazine, HiMedia®, Mumbai, India) and incubated at 37°C for 24 hours in an anaerobic jar, containing an atmosphere of 5% CO2, 5% H2 and 80% N2 in the presence of a palladium catalyst (Angelotti et al. 1962). Samples showing more than 20% of the colonies with black color (characteristic of C. perfringens in SPS agar) were frozen at -20°C and submitted to a polymerase chain reaction (PCR) multiplex reaction. C. perfringens was diagnosed as type C in the presence of products for genes cpa and cpb and as type A if genes cpa and cpb2 were detected, following methods described by Moreno et al. (2003).
A subset of 132 fecal samples (66 from case litters and 66 controls) was examined for *Clostridium difficile* A and B toxins directly from the feces using a commercial enzyme linked immunoassay (ELISA) kit (Ridascreen *Clostridium difficile* toxin A/B), following the recommendations of the producer (Biopharm, Darmstadt, Germany).

Parasitological examination

Oocysts of *Cryptosporidium* spp. were diagnosed from stained fecal smears using a modified Ziehl-Neelsen technique (Henriksen & Pohlens 1981), and observed in a optical microscop with 100x objective. Coccidia oocysts (*Eimeria* spp. and *Isospora* spp.) were diagnosed with a modified centrifugation and flotation technique in sucrose-saturated solution (Hoffman 1987) and observed in a fluorescence microscope using a wavelength of 340-365nm, with 20x objective (Dauschies et al. 2001).

Virological examination

Rotavirus diagnosis was performed with two tests: latex slide agglutination (ROTA Rich®) detecting type A rotavirus, according to manufacturer's instructions (Hemocor Indústria e Comércio, Brasil). Fecal samples (0.1g or 100µL) were diluted 1/6 in the kit's dilution buffer, homogenized and clarified (800 x g for 10 minutes). The test uses polystyrene latex particles sensitized with rabbit anti-rotavirus polyclonal serum and identifies type A rotavirus. As positive control inactivated rotavirus particles (strain SA-11) were used. Results were considered positive when visible agglutination occurred, and negative when the suspension remained milky after 2 minutes incubation.

For other types of rotavirus, polyacrilamide gel electrophoresis (PAGE) was used according to Pereira et al. (1983) and the gels were stained with silver die (Herring et al. 1982). Fecal samples were first submitted to extraction by the phenol /chloroform method, starting with a 20% fecal suspension. In each round, a positive control was included (group A rotavirus from human origin, LDM 187). The migration pattern of the 11 bands of viral RNA was assessed after silver staining (Herring et al. 1982). Samples were considered as not type A rotavirus or atypical when the triplet typical of rotavirus type A was not detected. Positive results consisted of samples with positive results in latex agglutination tests and/or PAGE.

Statistical analysis

Conditional logistic regression for paired samples was used to assess if the differences found between case and control groups were due to chance or the presence of pathogenic agents. Conditional logistic regression is used to investigate the relationship between an outcome and a set of factors in matched case-control studies. The Proc PHREG procedure (SAS) for m:n matching was used, in which a stratum (i.e. age of litters) for each matched set was formed. The outcome was diarrhea (case) coded as 1 and no diarrhea (control) coded as 0 (variable status). A dummy survival time was created, so that all the cases in a matched set have the same event time in its significance in the diagnosis.

The diarrhea in the farms typically affected from 1 to 4 piglets in the litters and mortality was below 3%. All affected piglets presented mild diarrhea with creamy to pasty feces. The frequency of agents by farm and litters is presented in Table 1. At least one agent was diagnosed in fecal samples on 89.3% farms (25/28), in 57.1% (16/28) more than one agent was found. Considering farms, coccidiosis was the commonest diagnosis, positive in 42.9% farms (12/28, Table 1) followed by rotavirus, which was present in 39.3% farms (11/28).

In litters, the most prevalent agent detected was *Clostridium difficile* (13.6%, 95% CI: 7.8 -19.5%), followed by coccidian (7.2%, 95% CI: 4.2 -10.3%), *Clostridium perfringens* type A (6.9%, 95% CI: 3.9 -9.9%), rotavirus (5.8%, 95% CI: 3.0 -8.6%) and *Cryptosporidium* spp. (2.9%, 95% CI: 0.9 -4.9%, Table 1). The main bacterial agent diagnosed was *C. perfringens* type A, found in 6.9% (n=19) samples. Its detection was higher in case (8.8%) than in control litters (4.6%), but the difference was not significant (p=0.47, Table 2).

*C. difficile* toxin was found in 7 case liters and 11 controls through ELISA, also without statistical significance (p=0.33). Hemolytic *Escherichia coli* and *Clostridium perfringens* type C were not found in samples from feces of control or case litters considering the criteria used to define its significance in the diagnosis.

### Table 1. Frequency of the main infectious agents of neonatal diarrhea in 276 litters from 28 farms from the State of Rio Grande do Sul, Brazil

<table>
<thead>
<tr>
<th>Infectious agents</th>
<th>N° of positive farms (%)</th>
<th>N° of positive litters (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Coccidia</td>
<td>12 (42.9)</td>
<td>20 (7.2)</td>
</tr>
<tr>
<td>Rotavirus</td>
<td>11 (39.3)</td>
<td>16 (5.8)</td>
</tr>
<tr>
<td><em>Clostridium difficile</em></td>
<td>10 (35.7)</td>
<td>16 (13.6)</td>
</tr>
<tr>
<td><em>Clostridium perfringens</em> type A</td>
<td>8 (28.6)</td>
<td>19 (6.9)</td>
</tr>
<tr>
<td><em>Cryptosporidium</em> spp.</td>
<td>6 (21.4)</td>
<td>8 (2.9)</td>
</tr>
<tr>
<td><em>Hemolytic Escherichia coli</em></td>
<td>0 (0.0)</td>
<td>0 (0.0)</td>
</tr>
<tr>
<td><em>Clostridium perfringens</em> type C</td>
<td>0 (0.0)</td>
<td>0 (0.0)</td>
</tr>
</tbody>
</table>

1 Divided by 132, which is the number of litters in which diagnosis for *C. difficile* was performed.

### Table 2. Results of conditional logistic regression and the frequency of the main infectious agents found in case (with diarrhea) and control (without diarrhea) litters with ages varying from 1 to 7 days during the period of May to September 2007, in 28 pig farms from the State of Rio Grande do Sul, Brazil

<table>
<thead>
<tr>
<th>Agents</th>
<th>N° of positive (%)</th>
<th>ORa</th>
<th>p</th>
</tr>
</thead>
<tbody>
<tr>
<td>Case litters (n=147)</td>
<td>Controls litters (n=129)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Coccidia</td>
<td>9 (6.1)</td>
<td>11 (8.5)</td>
<td>0.9</td>
</tr>
<tr>
<td><em>Cryptosporidium</em> spp.</td>
<td>2 (1.4)</td>
<td>6 (4.8)</td>
<td>0.2</td>
</tr>
<tr>
<td><em>Clostridium perfringens</em> type A</td>
<td>13 (8.8)</td>
<td>6 (4.6)</td>
<td>1.4</td>
</tr>
<tr>
<td>Rotavirus</td>
<td>11 (7.5)</td>
<td>5 (3.9)</td>
<td>1.6</td>
</tr>
<tr>
<td><em>Clostridium difficile</em></td>
<td>7 (10.6)</td>
<td>11 (16.6)</td>
<td>0.5</td>
</tr>
</tbody>
</table>

a Odds Ratio; b n = 132 (66 cases and 66 controls).


**Table 3. Frequency distribution of infectious agents in 276 litters according to age, from 28 pig units in Brazil and results of Chi-Square for trend**

<table>
<thead>
<tr>
<th>Infectious agents</th>
<th>N(^a) positive (%) according to stratum of age in days</th>
<th>p</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>1 - 2</td>
<td>3 - 4</td>
</tr>
<tr>
<td>Clostridium perfringens type A</td>
<td>16(15.0)</td>
<td>2(1.5)</td>
</tr>
<tr>
<td>Clostridium difficile(^b)</td>
<td>8(13.1)</td>
<td>10(18.5)</td>
</tr>
<tr>
<td>Rotavirus(^b)</td>
<td>7(6.5)</td>
<td>3(2.3)</td>
</tr>
<tr>
<td>Protozoa(^d)</td>
<td>1(0.9)</td>
<td>16(12.3)</td>
</tr>
<tr>
<td>At least one agent</td>
<td>28(26.2)</td>
<td>28(21.5)</td>
</tr>
</tbody>
</table>

\(^a\)N\(^b\) of litters per class = 61 (1-2), 54 (3-4), 17 (>4); \(^b\)Chi-Square to compare proportions demonstrated the higher frequency of rotavirus in the class >4 as significant (p=0.008); \(^c\)Coccidia and Cryptosporidium spp. analyzed together.

Coccidia were present in 20 litters with a similar number in cases (n=9) and controls (n=11), and there was no statistical difference (Table 2). Cryptosporidium spp. was detected in 8 litters, without statistical difference between cases and controls (Table 2).

Rotavirus was diagnosed in 16 samples, 2 for type A using a Latex test and 14 with electrophoretic pattern in PAGE other than Rotavirus A. However, the frequency in cases and controls was not statistically different (Table 2).

The overall frequency of positive samples for at least one infectious agent was 25.4% (95% CI: 20.2 - 30.5%), which did not differ significantly (p=0.1) between cases and controls. This may imply that the non-infectious diarrhea, as suggested by Pedersen et al. (2010), the fact that farms in which sampling took place experienced low-to-mild neonatal diarrhea episodes, affecting few animals, is also relevant. As neonatal diarrhea has a multifactorial etiology, other factors must be necessary for the outcome of clinical cases, including environmental, immunological and nutritional or management problems (Wittum et al. 1995). In fact, infection with the agents investigated here must be necessary but not sufficient to cause diarrhea in piglets, needing a range of component causes, as described in some causal models of disease (Thrusfield 2007). The etiological role of other agents not screened in the present work, such as enteric calicivirus (norovirus and sapovirus), cannot be excluded. However, norovirus is difficult to identify in pig feces and sapovirus is easily identified, but the infection is asymptomatic in swine (Barry et al. 2007, Halaihel et al. 2010). Another agent of swine diarrhea (coronavirus) has never been diagnosed in suckling pigs in Brazil (Brentano et al. 2002, Barthasson et al. 2009), and was not screened in the present work.

The occurrence of nutritional or non-infectious diarrhea, connected with changes in morphology and/ or physiology of the gastro-intestinal tract (Alexander 1981) cannot be ruled out either. Insufficient colostrum ingestion is considered a probable cause of non-infectious diarrhea in neonatal piglets (Jensen et al. 2001). In such cases, diarrhea occurs not only because of low colostrum ingestion, but also because of the lack of mucosal development and early intestinal maturation (Xavier et al. 2006). Excessive milk ingestion has been considered a significant cause of nutritional diarrhea in young piglets. Sows with elevated milk production and piglets that were very active when suckling were considered factors capable of influencing this type of diarrhea during lactation (Alexander 1981). However, new studies are needed to clarify the importance of nutritional causes in the outcome of diarrhea in piglets in the neonatal period.

Rotavirus was present in 39.3% of the farms. Previous studies in commercial pig farms in the State of São Paulo, Brazil, detected a higher frequency of rotavirus infection; 89.2% and 47.6% (San Juan et al. 1985, Calderaro et al. 2001). Similar studies in other Brazilian states (Rio Grande do Sul and Santa Catarina) detected rotavirus in most municipalities (72.7%), but not in all farms (Roehe et al. 1989). In comparison with our investigation, other Brazilian studies investigated outbreaks and estimated higher prevalences (22%, 18.6% and 10.9% respectively, San Juan et al. 1985, Roehe et al. 1989, Calderaro et al. 2001). Anther variable to be considered is the age of fecal collection. In the present survey we estimated a low prevalence (5.8%), analyzing piglets up to seven days old and, out of 16 rotavirus only 2 were classified as type A. This result could be related to the low age of the surveyed pigs. According to Morilla et al. (1991), rotavirus belonging to groups B, C, D and E generally infect younger piglets when compared to group A.

Coccidial was the most common agent in production farms (42.9%). High levels of coccidiosis were also found in weanling piglets in other areas of Brazil, with positivity of 42.5% and 76.2% of the feces of weanling piglets in the States of Minas Gerais and São Paulo (Rostagno et al. 1999, Calderaro et al. 2001). In the present work, there was no difference in the presence of oocysts in feces of animals with or without diarrhea. The overall infection rate was low, but this would be understandable as most clinical cases of coccidiosis occur in piglets older than those examined in our study (Worliczek et al. 2009). According to the authors, age was the most
An unexpected finding was the absence of hemolytic *Escherichia coli* in significant levels in case and control litters, but the results must be interpreted considering the methodology used. In most blood agar plates, hemolytic colonies with characteristics of *E. coli* were present, but the amount of colonies did not fulfill the criterion chosen to define a positive result. Abundant growth of beta-hemolytic *E. coli* (Barcellos et al. 1980) is found especially in farms presenting clinically perceptible outbreaks of *E. coli* infection, with high morbidity and mortality. In the farms visited, sows were routinely vaccinated in the last third of gestation against *Escherichia coli* infection, and this may have interfered with the results, as suggested by Pedersen et al. (2010). Another study carried out recently in Brazil agreed with our results (Cruz-Junior 2010). In it, only 1 out of 30 pigs with neonatal diarrhea and 1 out 30 controls were positive both for fimbriae and toxins of *E. coli* using necropsy, bacterial isolation and PCR multiplex classification.

In Table 3, we present data regarding the relationship between age and the occurrence of diarrhea. As would be expected, most isolation of *Clostridium perfringens* type A was obtained from newborn piglets (1-2 days old). The higher frequency of infection at an early age may be associated with the low trypsin levels in the digestive tract of newborn piglets, influenced by the presence of trypsin inhibitors in the colostrum (Nillo 1988). Beta toxin of *C. perfringens* types A and C can benefit from this lack of inhibition during this period (Voith & Ballard 2005) and produce lesions associated with diarrhea. *Clostridium difficile* was also identified exclusively in very young piglets (1-4 days old). According to Songer & Uzall, 2005, a typical case of diarrhea caused by this agent will occur in a piglet 1-4 days of age, with diarrhea starting soon after birth. For rotavirus, the diagnosis of the agent was higher in piglets older than 4 days old. *Cryptosporidium* spp. was diagnosed in only one litter of very young piglets (1-2 days old), agreeing with previous results showing that the beginning of fecal oocysts excretion of this agent varies from 2 to 9 days after infection (Enemark et al. 2003).

In the present work, we did not attempt to carry out an extensive investigation of all causes of neonatal diarrhea in pigs; we concentrated on the most common agents detected in previous works. We found no difference of isolation of pathogens from piglets with diarrhea and normal littermates. These results stress the need for caution in the interpretation of the results of laboratory exams of diarrhea in neonatal pigs, as the sole detection of an agent does not necessarily indicate that it is causing the problem. The use of tests capable of quantifying organisms in stools or tissues and relating them to the causation of the lesion, such as quantitative PCR and immunohistochemistry, could allow a better discrimination between carrier and diseased animals.

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Ricardo T. Lippke et al.