Uterine lymphangiography: comparison of two methods for locating the medial iliac lymph node

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Different methods for lymphatic mapping in dogs, such as infusing tissues with vital dyes or radioactive substances, have been studied, aiming at the early detection of lymph node metastasis. Thus, one could anticipate therapeutic measures and, consequently, prolong the survival and improve the quality of life of the patients. The objectives of this experiment were to locate the nodes responsible for draining the uterine body and horns and to try to establish the relationship between the uterus and the medial iliac lymph nodes to contribute to the early diagnosis and prognosis of uterine disorders. We studied 15 female dogs divided into two groups (5 dead and 10 intraoperative ovariohysterectomy bitches). The dye used was patent blue V (Patent Bleu V®). It was observed that the iliac lymph node chain receives much of the uterine (horns) drainage. This method should be considered for safer studies of uterine sanity. This information suggests that evaluating these lymph nodes will allow correlating changes in their physiological status with uterine pathologies.

INDEX TERMS: Sacral lymph node, aortic lymph node, vital dye, bitches.

RESUMO.- [Linfangiografia uterina: comparação de dois métodos para localização do linfonodo ilíaco medial.] A utilização de diferentes métodos para o mapeamento linfático em cães, como a infusão de substâncias radioativas e corantes vitais em tecidos, tem sido estudada, tendo como objetivo a detecção precoce de metástases em linfonodos. Com isso pode-se antecipar medidas terapêuticas e, consequentemente, prolongar a sobrevida e melhorar a qualidade de vida dos pacientes. Os objetivos deste experimento foram localizar os linfonodos responsáveis pela drenagem dos cornos e corpo uterino da cadela e tentar estabelecer relação entre útero e linfonodos ilíacos mediais com a finalidade de contribuir para o diagnóstico precoce e prognóstico das afeções uterinas. Foram estudadas 15 cadáveres divididas em 2 grupos (5 cadáveres e 10 cadelas no transoperatório de ovariohisterectomia). O corante utilizado foi o azul patente V (Bleu Patente®). Pôde-se observar que a cadeia de linfonodos ilíacos recebe grande parte da drenagem uterina (cornos) e pode ser considerada em estudos para a sanidade deste órgão. Essa informação permite inferir que a avaliação desses linfonodos possibilita a correlação da alteração em seu padrão fisiológico com patologias uterinas.

TERMOS DE INDEXAÇÃO: Linfonodo sacral, linfonodo aórtico, caídas, corante vital.

INTRODUCTION

Initially, the studies aimed at detecting lymphatic drainage pathways involved dissections, which led to several publications that were the basis for anatomy books (Baum 1918). Later, radiographic contrast studies using radiopaque substances, such as ethiodol, were performed (Fischer & Zimmerman 1959, Skelley et al. 1964). Moreover, many investigations have been conducted to establish techniques for locating the sentinel nodes (Gould et al. 1960, Wong et al. 1991).

Infusing a blue dye (methylene blue or isosulfan blue patent) into tissue allows visualization of the lymphatic
vessels and lymph nodes and has been used since the beginning of the last century (Rouvier & Valette 1937). Due to the dye’s affinity for lymphatic pathways, it progresses through the channels, and the uptake of the dye by the macrophages in the lymph nodes allows their visual identification (Freitas 2007). This process is due to two basic principles of lymphatic physiology, the existence of an orderly and predictable pattern of drainage to a regional lymph node and the characteristic filtering function that the first ganglion performs (Tanis et al. 2001).

Although the uterine lymphatic drainage of bitches has been known since the studies of anatomists in the nineteenth century, only one study has been performed to reproduce the functional pathway of particles and microorganisms from the organ in question to the first lymph nodes to which it drains (Wang et al. 2001).

Due to the high incidence of uterine cancer in humans, several studies have been conducted in attempts to gain more accurate knowledge of the lymphatic system of this region (Altgassen et al. 2007, Bin Li et al. 2007, Burke et al. 1996, Echt et al. 1999, Levenback et al. 2002). Uterine malignant neoplasms are rare in dogs, most of which are discovered as incidental findings at autopsy (Klein 2007). Some papers have reported the occurrence of hemangiosarcomas, adenocarcinoma and leiomyosarcoma (Cave et al. 2002, Tivers et al. 2009, Tsioli et al. 2011).

In contrast, cases of infection and inflammation of the canine uterus are very common (Fontaine et al. 2009, Pretzer 2008, Watts et al. 1998), partially due to the physiology of the reproductive cycle, in which this organ is exposed to the hormone progesterone for a particularly long period (Johnston et al. 2001). Although the etiology of endometritis is not entirely clear, it is associated with infertility in the bitch (Fontaine et al. 2009). Studies have intensified in an attempt to establish reliable prognostic factors that might also be used to reach an early diagnosis of uterine diseases, before complications result (Weiss 2004, Sant’Anna 2012, Mir et al. 2013).

It is known that each lymph node receives drainage from specific regions of the body and responds in a particular manner to each type of disease (cancer, infections by microorganisms, autoimmune diseases) (Cowell et al. 2003). Reactive or hyperplastic lymph nodes receive this classification due to the historic increase of the same and lymphoid proliferation in response to antigenic stimulation (Cowell et al. 2003).

Most likely because uterine malignant neoplasias are rare, few studies of the uterine lymphatic drainage of the bitch have been conducted in the last decades. However, one must also consider common uterine disorders such as endometritis, which may present subclinically.

Assessment of sentinel lymph nodes by observing changes in their characteristics in cases of inflammation, infections and uterine cancers in dogs could facilitate early diagnosis and prognosis and establish patterns for utilization in non-invasive auxiliary exams. Therefore, the objectives of this experiment were to locate the nodes responsible for draining the uterine body and horns of the bitches and to try to establish a relationship between the uterus and the medial iliac lymph nodes to contribute to the early diagnosis and prognosis of uterine disorders.

**MATERIALS AND METHODS**

The study was approved by the animal ethics committee of the institution, the Ethics Committee on the Use of Animals, Universidade Estadual de Londrina (nº 183/12). All of the procedures were authorized by the owners of the dogs.

We used 15 mongrel healthy bitches, 1 to 15 years old, weighing between 6 and 15 kg, which belonged to clients of the Veterinary Hospital of the State University of Londrina. These animals were divided into two distinct experimental groups, the first formed by five bitches from the emergency care sector, which were recently euthanized due to indications of irreversible complications in systems other than the reproductive system, and the second consisting of 10 bitches intended for elective castration. The dye used was the Patent Bleu V ® (Manufactured by: Delpharm Tours, Chambry Les Tours, France). According to the patient information leaflet, Patent Bleu V ® is a sterile aqueous solution of patent blue V at a concentration of 2.5% in buffered monosodium phosphate and made isotonic by the addition of sodium chloride.

In the experiments using cadavers, immediately after euthanasia, the abdominal cavity was accessed, and the uterus located and isolated. An aliquot of 0.2mL of patent blue was injected into the middle portion of each horn and into the uterine body, totaling 0.6 mL (Fig.1). After 10 minutes, the dyed structures were dissected and isolated for photo documentation and identification (technique adapted Lécureu et al. 1997). The lymph nodes were processed for histology. Fixed tissues were prepared following standard histological techniques and embedded in paraffin. Tissue sections approximately 7-µm thick were stained using Harris hematoxylin and eosin (HE). The histological sections were examined by Moticam 2000 2.0 M Pixel USB (Manufactured by: MRC International, Holon, Israel).

To perform the transoperative experiments, the bitches were subjected to preoperative and postoperative screening test. Only the bitches that had preoperative test results inside the normal limits were subjected to ovariohysterectomy (Viana 2007). Sedation was achieved using acepromazine (0.03mg/kg) and morphone (0.5mg/kg), both administered intramuscularly 25 minutes before the procedure. Anesthesia was induced using propofol (5mg/kg IV) and maintained using isoflurane administered by inhalation. Analgesia was provided by subcutaneous injection of...
a non-steroidal anti-inflammatory drug (ketoprofen) at 1mg/kg. Preventive antibiotic therapy was performed by intravenous administration of 30mg/kg cephalothin and maintained for 7 days with oral administration of the same dose of cephalaxin every 8 hours. A celiotomy was performed and the uterus was located and isolated. Using a 1mL syringe and an insulin needle, 0.4 to 0.6mL of patent blue was injected into the subserosal of the horns and uterine body (ventral) (Fig.2). After the injections, the site was massaged, and 5 minutes afterward, the cavity was inspected to locate the nodes responsible for uterine drainage (surgical technique adapted from Altgassen et al. 2007). After the inspection and photo documentation, we applied the standard technique of ovariohysterectomy. Postoperative analgesia was achieved using meloxicam in a dose of 0.1mg/kg every 24 hours for 4 days.

Because this study focused on describing the characteristics of the lymphatic physiology of the canine uterus, no statistical tests were performed. A descriptive analysis and photo documentation of the results were performed.

RESULTS

After infusion, the blue dye reached the lymphatic vessels along the round ligament of the uterus (Fig.3). While inspecting the abdominal cavity with emphasis on the retro-
peritoneal region, it was found that part of the lymphatic drainage of the uterine horns was received by medial iliac lymph nodes. The results obtained from the examining the animals during surgery were consistent with those obtained from the cadavers. It was possible to perform a detailed inspection of the cadavers, including dissecting and removing the dyed structures for histological confirmation that they were lymphatic tissues (Fig.4). In the animals examined during surgery, the turquoise color was observed beneath the peritoneum and within adipose tissue in the region where the medial iliac lymph nodes are located (Fig.5).

The uterine body appeared to drain into the internal iliac and sacral lymph nodes, due to the path of the dye in the lymphatic vessels (Fig.6). The cranial region of the uterine horns also displayed a different pattern of drainage, likely to the aortic and renal lymph nodes (Fig.7).

Fig.4. Detailed inspection of the cadavers. (A) Dissection and (B) Removal of the dyed structures. (C,D) Histological confirmation that they were lymphatic tissues (observed in 10x).

Fig.5. (A,B) Turquoise color beneath the peritoneum and within adipose tissue in the region where the medial iliac lymph nodes lymph nodes located (arrows) in two different bitches. It is possible to observe also the ureter (*).
urine within 3 days following the surgical procedure and mapping.

As previously mentioned, the medial iliac lymph nodes were not the only lymph nodes that participate in the uterine lymphatic drainage. The internal iliac and sacral lymph nodes appeared to be responsible for part of the uterine drainage. An osteotomy of the pelvis was not performed for better inspection of the region because the focus of the experiment was to locate the lymph nodes that could subsequently be examined using non-invasive methods, such as ultrasonography.

The evidence that the pattern of dye diffusion that we observed in live animals was repeated in cadavers favors the use of this technique in studies that involve inspection of the abdominal cavity and increases the safety of anatomical-topographical location of the medial iliac lymph nodes and their dissection because the region in question is closely linked to the great vessels (aorta and vena cava) and the risk of bleeding is high. The results showed that the patent blue V dye effectively demonstrating that the medial iliac lymph node chain is the sentinel chain of the uterine horns of bitches. In addition, the use of cadavers obtained soon after natural death or euthanasia allowed a more detailed study of the uterine lymphatic drainage.

**DISCUSSION**

Patent blue V belongs to the triphenylmethane dye family and chemically corresponds to the sodium salt of bis (ditiolamino-4-fenil) (hidroxi-5-dissulfo-2,4-fenil) methanol anhydrate; its only limitation is that patients can be hypersensitive to patent blue V sodium salt (patient information leaflet). None of the animals used in this study exhibited immediate or late hypersensitivity reactions such as those described in the literature in humans (Del massa et al. 2005, Shinzato et al. 2006, Jeudy et al. 2008, Bricou et al. 2009, Hunting et al. 2010, Rodrigues et al. 2010, Hou-Chuan Lai et al. 2011). According to the patient information leaflet, whatever is the route of administration, the Patent Bleu V® solution (2.5%) is excreted within 24 to 48 hours in the bile and urine, the latter being more strongly colored. More than half of the bitches used in the intraoperative experiment had blue urine in the immediate postoperative period. All of the bitches had bluish

**REFERENCES**
