Ruptured hepatic cavernous hemangioma: a case report and literature review*

Hemangioma cavernoso hepático roto: relato de caso e revisão da literatura

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Abstract Hepatic hemangioma is frequently asymptomatic, and bleeding is rare, even in cases of large lesions. The authors report the case of a 31-year-old female patient presenting with acute abdominal pain, whose imaging studies have demonstrated hematoma in the left hepatic lobe associated with hemoperitoneum. The patient was submitted to left heptectomy, with a final histopathological diagnosis of cavernous hemangioma.

Keywords: Hepatic hemangioma; Hemoperitoneum; Computed tomography; Acute abdomen.

Resumo O hemangioma hepático é frequentemente assintomático e, mesmo quando de grandes dimensões, não mostra tendência a sangramento. Os autores relatam o caso de uma paciente de 31 anos de idade com dor abdominal aguda, cujos exames de imagem evidenciaram hematoma no lobo hepático esquerdo, associado a hemoperitônio. A paciente foi submetida a heptectomia esquerda, com o diagnóstico histopatológico de hemangioma cavernoso.

Unitermos: Hemangioma hepático; Hemoperitônio; Tomografia computadorizada; Abdome agudo.

INTRODUCTION

Spontaneous hepatic hemorrhage is an uncommon condition, and in the absence of trauma or anticoagulant therapy, it frequently occurs as a consequence of the subjacent hepatic disease(1). The most common causes of nontraumatic hepatic hemorrhages are hepatocellular carcinoma and hepatic adenoma(2). There are few cases of spontaneous rupture of cavernous hemangiomata(3) reported in the literature.

Radiological findings reveal hemoperitoneum and heterogeneous hepatic mass. Intraperitoneal clot may also be identified adjacent to the site of the bleeding(4).

CASE REPORT

Female, 31-year-old patient presenting with acute abdomen. There was no history of subjacent abdominal disease. The patient was using oral contraceptives. At physical examination the patient presented a tense abdomen, with pain at light and deep palpation in the epigastrium and right hypochondrium regions. Laboratory analysis showed a subtle decrease in hematocrit (34%) and hemoglobin (11 g/dl) levels.

Abdominal ultrasonography (US) was performed, demonstrating increased volume of the left hepatic lobe, with diffusely heterogeneous echotexture corresponding to intermingled, poorly defined, hypo and hyperechoic areas (Figure 1). Abdominal computed tomography (CT) evidenced hypo and hyperdense areas, at times reaching a density of 40 UH, without contrast enhancement, compromising almost the whole left hepatic lobe, compatible with acute hematoma (Figures 2 and 3).

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The patient was submitted to exploratory laparotomy, which demonstrated a large reddish tumor taking up almost entirely the left hepatic lobe (Figure 4).

The histopathological diagnosis was ruptured cavernous hemangioma involved by hepatic tissue with recent hematomas.

DISCUSSION

Spontaneous hepatic hemorrhage is a very uncommon condition, and in the absence of trauma or anticoagulant therapy, it frequently occurs as a consequence of a subjacent hepatic disease\(^1\). The most common nontraumatic causes of spontaneous hepatic hemorrhage are hepatocellular carcinoma and hepatic adenoma, and it also may occur in patients with focal nodular hyperplasia, hemangioma, angiosarcoma and metastases\(^{1-3}\).

Cavernous hemangioma is the most common benign hepatic tumor\(^{4,5}\), with greater prevalence in women. In general, they are single tumors, smaller than 5 cm, and cause no symptoms\(^6\).

There are few cases of hemorrhage and spontaneous rupture of these lesions reported in literature\(^6\). Giant hemangiomas > 10 cm are the most likely ones to rupture, particularly when associated with trauma or during pregnancy\(^{3,7}\).

At US these lesions present a nonspecific appearance, with large dimensions, heterogeneous echotexture and poorly defined limits\(^6\). Magnetic resonance imaging (MRI) is the most sensitive method for detection of acute abdominal bleeding\(^5\).

However CT is more widely utilized for such purpose, due to shorter acquisition time, lower cost and wider availability as compared with MRI\(^2\). At the first 48 hours, noncoagulated blood is observed with a high density (30–45 UH), due to the high proteic content. These values may change according to the hematocrit levels and bleeding progression time\(^3\).

In patients with hepatic hemangioma, the imaging diagnosis of lesional hemorrhage is suggested in the presence of a large lesion (> 10 cm), increased echogenicity at US, increased attenuation at CT or areas with hypersignal on T1-weighted sequences at MRI\(^1\). These findings may be associated with subcapsular hematoma or hemoperitoneum\(^4\).
CONCLUSION

The diagnosis of nontraumatic hepatic hemorrhage should always be suspected in patients presenting sudden abdominal pain, particularly in patients using anticoagulant drugs or with preexisting hepatic lesions. Although rare, ruptured hepatic hemangiomas are surgical emergencies with high mortality rates. CT is the appropriate method for hepatic evaluation due to rapid image acquisition and the possibility of dynamic studies.8

REFERENCES