SCIENTIFIC ARTICLE

The effect of palonosetron on rocuronium-induced withdrawal movement

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Abstract

Background: Rocuronium causes pain and withdrawal movement during induction of anesthesia. In this study, palonosetron was investigated to have analgesic effect on the reduction of rocuronium-induced withdrawal movement.

Methods: 120 patients were randomly assigned to one of three groups to receive either saline, lidocaine 20 mg, or palonosetron 0.075 mg with a tourniquet applied two minutes before thiopental sodium (5 mg.kg\textsuperscript{-1}) was given intravenously. After loss of consciousness, rocuronium (0.6 mg.kg\textsuperscript{-1}) was injected and the withdrawal movement was estimated by 4-point scale in a double-blind manner.

Results: The overall incidence of rocuronium withdrawal movement was 50% with lidocaine (\( p = 0.038 \)), 38% with palonosetron (\( p = 0.006 \)) compared with 75% for saline. The incidence of no pain to mild pain was significantly lower in the lidocaine and palonosetron groups (85% and 92% respectively) than in the saline group (58%). However, there was no significant difference in withdrawal movement between the lidocaine and palonosetron groups. There was no severe movement with palonosetron.

Conclusion: Pretreatment of palonosetron with venous occlusion may attenuate rocuronium-induced withdrawal movement as effective as the use of lidocaine. It suggested that peripheral action of palonosetron was effective to reduce rocuronium-induced withdrawal movement.

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Introduction

Rocuronium is a commonly used muscle relaxant with a rapid onset and intermediate duration of action. However, rocuronium injection causes withdrawal movements which frequently occur with 50%–80% of incidence.\(^1\)\(^2\) The exact mechanism of rocuronium induced pain is not established but in rare case, it can cause severe complications like aspiration pneumonia.\(^3\)

Exogenous serotonin 5-Hydroxytryptamine (5-HT) induced neutrophil migration and provoked inflammation and nociception.\(^4\) Furthermore prostaglandins and dopamine contribute to 5-HT evoked pain.\(^5\) Pretreatments of 5-HT3 antagonists in subcutaneous or intrathecal administration significantly reduced 1% formalin induced secondary mechanical allodynia and hyperalgesia in mice. It suggests that peripheral and spinal 5-HT3 receptor play a role during pain development.\(^6\) Meanwhile, ondansetron, a 5-hydroxytryptamine-3 (5-HT3) receptor antagonist, has local anesthetic effect 15 times more potent than lidocaine.\(^7\)

It shows that 5-HT3 antagonists have analgesic effects through central or peripheral action. Pretreatments with ondansetron, lidocaine, or fentanyl prior to the injection of rocuronium have been used to decrease rocuronium-induced injection pain but showed limited effects on eliminating the pain.\(^8\) Palonosetron as a 5-HT3 antagonist recently used for antiemetic, has been reported to be a more potent agent in PONV\(^9\) and to have a higher affinity of 5-HT3 receptor among 5-HT3 antagonists.\(^1\) Palonosetron 0.075 mg are more effective than 8 mg ondansetron to prevention of PONV.\(^10\)

Therefore, palonosetron may have analgesic effect by action on peripheral 5-HT3 receptor or by local analgesic property. For attenuation of rocuronium withdrawal movement, we investigated the efficacy of prior administration of lidocaine and palonosetron with applied tourniquet on rocuronium withdrawal movement in laparoscopic surgery.

Methods

One hundred twenty patients aged between 20 and 70 years, belonging to the American Society of Anesthesiologists physical status I or II, who were scheduled for laparoscopic surgery under general anesthesia were recruited into this prospective, randomized, double-blind, controlled study. Patients were excluded if they took any analgesics before operation or had past medical history of cardiac arrhythmia or coronary arterial disease, or had a hypersensitivity reaction to local anesthetics or palonosetron. Written informed consent was obtained after a detailed description of this study, which was approved by the Institutional Review Board of our medical institution.

Patients were randomized into three groups according to study drugs; saline group (n = 40) with normal saline only, lidocaine group (n = 40) with lidocaine 20 mg, palonosetron group (n = 40) with palonosetron 0.075 mg. Each total volume of injection was made up to 3 mL with normal saline prepared by an independent anesthesiologist and the investigators were blinded to drug identity.

No medication was given before surgery. On arrival at the operating room, a 20 gauge intravenous cannula was placed in the dorsum of the non-dominant hand and Ringer’s solution was infused at 100 mL/h. Non-invasive blood pressure, pulse oxymeter and electrocardiogram were monitored. After applying a rubber tourniquet applied on the upper
Table 1  Demographic data.

<table>
<thead>
<tr>
<th>Groups</th>
<th>Saline</th>
<th>Lidocaine</th>
<th>Palonosetron</th>
</tr>
</thead>
<tbody>
<tr>
<td>Age</td>
<td>46.06 ± 13.30</td>
<td>45.72 ± 14.08</td>
<td>46.33 ± 10.96</td>
</tr>
<tr>
<td>Sex</td>
<td>14/26</td>
<td>9/31</td>
<td>12/28</td>
</tr>
<tr>
<td>Weight</td>
<td>63.92 ± 11.91</td>
<td>61.8 ± 10.48</td>
<td>61.45 ± 11.09</td>
</tr>
<tr>
<td>ASA I/II</td>
<td>26/13</td>
<td>22/18</td>
<td>21/19</td>
</tr>
</tbody>
</table>

All values are expressed as means ± SD.

Discussion

This study demonstrated that palonosetron, a 5-HT3 antagonist, which is usually used for the prevention of PONV, reduced rocuronium-induced withdrawal movement from 72% in the saline group to 42% in the palonosetron group. The no pain to mild pain associated with rocuronium withdrawal movement was significantly higher in the palonosetron and lidocaine groups compared with the saline group. No patient in the palonosetron group showed severe withdrawal movement.

The exact mechanism of rocuronium-induced pain has not been established. The low pH or osmolarity of rocuronium may be associated with the cause of pain, but some reports that osmolarity and pH were not the major cause of rocuronium-induced injection pain exist. Other mechanism may be involved in the activation of nociceptors by kinin cascade, which is similar to the mechanism of propofol evoked pain. The characteristic rocuronium injection pain which patients described was a burning sensation of short duration which caused the movement during rocuronium injection. In an in vivo study, intradermal stimulation with high concentrations of rocuronium revealed significant increases in histamine and tryptase release and led to bursting discharge for 20–40 s of C-fiber. Therefore, rocuronium stimulates C-fiber directly.

Various methods have been proposed for the prevention of rocuronium-induced pain. Ketamine, lidocaine opioids and acetaminophen were used for pretreatment to reduce pain. Pretreatment with 30–50 mg of lidocaine with a tourniquet applied was more effective than pretreatment with other drugs such as ondansetron, fentanyl, remifentanil, acetaminophen.
Ondansetron is a 5-hydroxytryptamine-3 antagonist used as an anti-emetic. It acts as a local anesthetic drug by blocking sodium channels in neurons of rat brain. According to this report, ondansetron is 15 times more potent than lidocaine as a local anesthetic. Ondansetron acts as an opioid μ receptor agonist. 5-HT caused pain after injection on the hindpaw of rats. Furthermore 5-HT produced an increase in neutrophil activity, local release of prostaglandins and dopamine. Released dopamine contributes to 5-HT mediated nociception. Zeltz et al. indicated that 5-HT3 receptor is expressed not only by primary afferent fiber but also by thinly myelinated fiber and C-fibers. In addition, serotonin contributes to pain development by activation of small diameter peripheral afferents and release of proinflamatory peptides such as substance P. In humans, 5-HT injected into the masseter muscle elicits pain and allodynia/hyperalgesia. Therefore, 5-HT3 antagonists including ondansetron, palonosetron, may have analgesic properties by acting as peripheral 5-HT receptor antagonists, sodium channel blockers, or opioid agonists.

In general, 4 mg of ondansetron is administered with venous occlusion to reduce the injection pain of rocuronium or propofol. It suggested that the peripheral action of ondansetron reduced rocuronium withdrawal movement. Cho et al. reported that palonosetron with systemic administration reduced rocuronium withdrawal movement. But intravenous injection of palonosetron without venous occlusion could not reveal the exact action site whether peripherally or centrally. In our study, palonosetron was administered with a tourniquet applied and not only showed a significant analgesic effect when compared with saline but also showed an effect similar to that of 20 mg lidocaine on rocuronium withdrawal movement. Therefore, we showed that palonosetron reduces withdrawal movement of rocuronium with venous occlusion via peripheral action.

Palonosetron has a long half-life compared to other 5-HT3 and is usually injected prior to anesthetic induction for prevention of early and late PONV. Therefore, pretreatment with palonosetron prior to induction has meaning for prevention of PONV and for reducing rocuronium induced withdrawal movement.

The limitation of our research was we could not reveal the exact analgesic mechanism of palonosetron by peripheral 5-HT3 receptor, sodium channel or opioid receptor. Further research will be needed to determine the kinds of receptors involved in reducing rocuronium withdrawal movement.

In conclusion, we demonstrated that palonosetron is an effective analgesic for the reduction of rocuronium withdrawal movement similar to a small dose of lidocaine with tourniquet applied.

Conflicts of interest

The authors declare no conflicts of interest.

References

15. Tuncali B, Karci A, Tuncali BE, et al. Dilution of rocuronium to 0.5 mg/mL with 0.9% NaCl eliminates the pain during intravenous injection in awake patients. Anesth Analg. 2004;99:740–3 (table of contents).


