Dr. Paulo Pêgo-Fernandes presents an unpublished study at the Congress of STS

Dr. Paulo Pêgo-Fernandes, professor of FMUSP (INCOR), Editor of the São Paulo Medical Journal, and member of the Editorial Board of the Brazilian Journal of Cardiovascular Surgery (BJCVS), was featured in an article in the Bulletin of the 46th Annual Meeting of the Society of Thoracic Surgeons (STS), held from 24 to 27 January in Fort Lauderdale, Florida, United States.

The article approaches the presentation of Phase I of a trial on “Therapeutic endoscopic thoracic sympathectomy” by Dr. Paulo Pêgo. 15 patients with dilated cardiomyopathy and an ejection fraction below 40% participated in the trial, all in functional class II or III according New York Heart Association, with heart rate above 65 beats per minute, despite the correct use of beta-blockers, or because of intolerance of the patient to the drug.

The procedure proved to be safe and no patients experienced adverse events related to the procedure in the perioperative period or during the initial 6 months of follow-up. According to Dr. Paulo Pêgo, the technique is easy to apply and shows to be safe in patients with severe heart failure, and could be an alternative to achieve sympathetic blockade in patients with severe dilated cardiomyopathy.