Fasciocutaneous flap of the inner thigh for scrotal reconstruction in Fournier syndrome

Retalho fasciocutâneo de região interna de coxa para reconstrução escrotal na síndrome de Fournier

INTRODUCTION

Fournier syndrome, which is characterized by severe fasciitis of the perineal and genital regions and is caused by various bacterial species, may spread to all regions of the body. This infection causes rapid tissue necrosis and severe toxemia; this condition may lead to death if it is not treated early and aggressively.

In general, the infection occurs in immunosuppressed patients such as diabetic, HIV-positive, alcoholic, and elderly individuals; patients with low socioeconomic levels; and undernourished individuals. The initial focus of the disease is generally due to trauma or infection in the perianal region or urinary tract.

Often after eliminating the infection and removing the devitalized tissues, extensive open areas, mainly in the pubis, perineum, and genital region, must be covered.

The scrotal region requires high-quality coverage as it is an important gland that produces sperm and is the representative organ of masculinity. In general, the necrosis is restricted to the scrotum and does not reach the testicles or spermatic funiculus.
CASE REPORTS

Case 1
Patient JGS, 53 years old, had untreated diabetes. He presented with a perianal abscess and was prescribed oral antibiotics. The abscess was also punctured with a needle. He developed edema, blistering, and intense pain in the scrotum, associated with fever and prodromal signs.

Extensive debridement was performed, and broad-spectrum antibiotics were administered (i.e., cephalothin, gentamicin, and metronidazole). After 12 days of treatment, the patient presented with an extensive infected wound, exposing the testicles and spermatic funiculi. The wound was dressed with 1% silver sulfadiazine, and the diabetes was clinically controlled. After 5 days, a double fasciocutaneous flap of the bilateral inner thighs was prepared, and the scrotal defect was closed (Figure 1). The patient was discharged 2 days after the surgery.

Case 2
Patient ABR, 70 years old, was diabetic for 10 years without appropriate treatment. He developed a perianal abscess that evolved with perineal gangrene, quickly expanding to the abdomen and flanks.

Upon admission, he presented with severe sepsis requiring endotracheal intubation. He was treated with debridement and broad-spectrum antibiotics (i.e., oxacillin, metronidazole, and gentamicin) in addition to diabetes control, intensive care, and local dressing with 1% silver sulfadiazine. The patient was discharged from the Intensive Care Unit after 7 days. On the 25th day of hospitalization, he was operated on with the production of a double fasciocutaneous flap of the inner thighs for testicle and pubis coverage, suturing of the abdomen fascia, skin graft in the penis, and approximation of the abdominal flap for closure of the defect (Figure 2). On the 4th postoperative day, the patient was discharged for outpatient follow-up; dehiscence developed in only certain regions of the flap, which were quickly closed with conservative treatment.

At the time of discharge, both patients had a perianal fistula and were referred for outpatient follow-up and treatment.

DISCUSSION
Fournier syndrome can be prevented by controlling the underlying diseases of the patient and by early treatment of infections and traumas of the perineum and genitourinary system.

The treatment involves the removal of devitalized tissues in regions where antibiotics do not penetrate. Broad-spectrum antibiotics should be used because several bacterial species are responsible for the disease; the bacteria species in descending order of incidence are: Escherichia coli, Pseudomonas pyocyaneus, Staphylococcus spp., Streptococcus spp., Bacteroides spp., Proteus spp., Clostridium spp., and Klebsiella pneumoniae among others. Ensuring intensive care while maintaining vital signals and tissue oxygenation, providing mechanical ventilation if necessary, is essential for patients with sepsis.

The resulting wound should be dressed after the infection is treated. Depending on the lesion in the scrotum and surrounding tissues, one of the following reconstruction strategies can be chosen: orchiectomy with spontaneous closure, skin graft, simple burial of the testicles, skin flaps, or fasciocutaneous or musculocutaneous flaps. The fasciocutaneous flap of the inner thighs provides excellent closure for extensive losses of scrotal skin, perineum, and pubis because it is easy to rotate, rarely presents necrosis, and provides excellent aesthetic results.

The fasciocutaneous flap of the inner thighs has excellent vascularization because of the presence of the branches of the femoral artery (internal and circumflex pudendal), making the flap very safe even in diabetic and vasculopathic patients.

Loss of fertility is a complication of this technique. Impaired spermatogenesis is a result of the difficulty in maintaining a lower temperature in the testicles (35°C). However, this problem is also seen with other techniques, since none...
of them allow retraction and relaxation of the scrotum or mimic the function of the specialized vessels of the region.

CONCLUSIONS

The use of the fasciocutaneous flap of the inner thighs for scrotal reconstruction is safe and results in very good aesthetic outcomes. For patients that wish to have children, we recommend collection and freezing of sperm for future in vitro fertilization. This procedure should be performed within the first 3 months of scrotum reconstruction.

REFERENCES


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