Errata

Figure 2 in the paper “Validation and reliability of the Baecke questionnaire for evaluation of habitual physical activity in adult men” (Rev Bras Med Esporte 2003; 9 (3): 129-135) was published with errors, reason for which we are publishing it again.

### FIGURE 2

**Formulas to calculate scores for Baecke HPA questionnaire**

#### Physical exercises in leisure (PEL)

Calculating the first question related to the practice of sports/physical exercises:

- Intensity (type of modality) = 0.76 for modalities of mild energy exertion, or 1.26 for modalities of moderate energy exertion, or 1.76 for modalities of strenuous energy exertion (as determined from the answer as to the type of modality: energy exertion should be checked in Ainsworth compendium of physical activities)
- Time (hours per week) = 0.5 for less than one hour a week, or 1.5 from more than one hour and less than two hours a week, or 2.5 for more than two hours a week and less than three hours a week, or 3.5 for more than three and up to four hours a week, or 4.5 for more than four hours a week (as determined from the answer as to number of hours per week of physical activities practice)
- Proportion (months a year) = 0.04 for less than one month, or 0.17 for between one and three months, or 0.42 for between four and six months, or 0.67 for between seven and nine months, or 0.92 for more than nine months (as determined for the answer as to the number of months a year of physical activities practice)

To calculate the score of this question, the values should be multiplied and added:

\[
\text{Modality 1} = (\text{Intensity} \times \text{Time} \times \text{Proportion}) + \text{Modality 2} = (\text{Intensity} \times \text{Time} \times \text{Proportion})
\]

For the final amount, a score will be found according to values from the formula:

\[0 \text{ (no physical exercise)} = 1/\text{between 0.01 up to < 4) = 2/\text{between 4 up to < 8) = 3/\text{between 8 up to < 12) = 4/} ≥ 12,00 = 5}\]

Scores for questions two to four will be calculated in accordance with Likert’s scales responses.

**Final PEL score should be calculated according to the formula below:**

\[
\frac{\text{question 1} + \text{question 2} + \text{question 3} + \text{question 4}}{4}
\]

#### Leisure and locomotion activities (LLA)

Scores for questions five to eight are calculated in accordance with Likert’s scales responses.

**Final PEL score should be calculated according to the formula below:**

\[
\frac{(6 - \text{question 5}) + \text{question 6} + \text{question 7} + \text{question 8}}{4}
\]

**Total score (TS) = PEL + LLA**

Figure 2 in the paper “Importance of heart rate analysis in exercise tolerance test” (Rev Bras Med Esporte 2003; 9(4): 252-256) was also published with errors, the correct version being published below.

![Fig. 2 – Role of the autonomic nervous system for heart rate progression at exertion and in recovery from exercise resistance test](image-url)