REVIEW

Obstacles in combating multidrug resistant tuberculosis in pediatric patients: a scope review

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Abstract

Objectives: to identify the scientific evidence on excessively resistant and multidrug resistant tuberculosis in pediatric patients.

Methods: this is a scope review of the literature, with a guiding question: "What is the scientific evidence on multidrug-resistant tuberculosis (MDR-TB) and extensively drug-resistant tuberculosis in pediatric patients?". The research used the descriptors: "extensively drug-resistant tuberculosis" OR "multidrug-resistant tuberculosis" AND "pediatrics". The research was carried out in a double-blind manner in the following databases of the Medical Literature Analysis and Retrieval System Online, Regional Office for the Western Pacific's Institutional Repository for Information Sharing, Embase/Elsevier and International Clinical Trials Registry Platform, with a temporal cut-off from 2011 to 2021, sending a final synthesized sample of 18 articles, which evaluated the methodological content through the level of evidence.

Results: the results show the lack of research with a high level of evidence related to MDR-TB in children, the lack of adequate dosage of second-line drugs for the pediatric population and the importance of drug sensitivity testing for the cases of treatment

Conclusions: it was identified that the obstacles to MDR-TB treatment were concentrated in the lack of detailed protocols, safe drug dosages with a low side effect, and mainly in the social health determinants and disease process involving MDR-TB.

Key words Multidrug-resistant tuberculosis, Extensively drug-resistant tuberculosis, Pediatrics, Social determinants of health



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Introduction

Tuberculosis (TB) is a global disease and one of the ten leading causes of death in the world, ranking first in deaths from a single infectious agent, and in terms of numbers, the Human Immunodeficiency Virus (HIV) surpasses deaths. Worldwide, it is estimated that in 2019, ten million people would have TB, of which 12% were children and adolescents under the age of 15.¹ According to the Ministry of Health, between 2017 and 2019 there was an increase in cases of TB in Brazil, however, in 2020 there was a sharp decrease in this number adding to an increase of cases in abandoning the treatment, totaling 66,819 new cases of TB.²

Multidrug-resistant TB (MDR-TB) represents a challenge to the success of controlling global tuberculosis due to the high incidence of cases,^{3,4} and consisting of infection by Mycobacterium tuberculosis resistant to two or more drugs, usually rifampicin and isoniazid. The prevalence of MDR-TB increased from 50,000 cases in 2009 to over 150,000 cases in 2017.⁵

Regarding to children, in 2018, tuberculosis in children under 15 years old accounted for 11% of the cases in the global context, and the number of children starting TB treatment was 349,487, which represented an increase of 20% compared to 2017. Estimates suggest that from 2018 to 2022 the number of people diagnosed and treated for TB would be 40 million, of which 3.5 million would be children.6 Currently, in areas with high numbers of new cases, TB is among the top ten diseases responsible for the death of children under five years old.7 In most cases, a child suspected of having TB is when they have a recurrent respiratory illness. A study carried out in 2018 indicated that approximately 32,000 children worldwidely has MDR-TB every year, and these cases are even more neglected in terms of diagnosis and treatment.8,9

MDR-TB in children is extremely challenging. In addition to obstacles regarding the quality of samples in children in obtaining diagnoses and those who have negative bacilloscopy have paucibacillary, there is the prolonged treatment, which ranges from 18 to 20 months.⁹ Nevertheless, health services are not prepared to manage the cases mentioned, which is due to limited public health policies in the area, insufficient research and lack of access to adequate drug therapy, culminating in inadequate health care.¹⁰

In this context, given the substantial lack of research in the area and the negligence involving the disease in this vulnerable population, it is essential to discuss the diagnosis, of the treatment and managing childhood MDR-TB cases. This article aimed to carry out a scope review of the scientific evidence found in the literature on extensively resistant TB and MDR-TB in pediatric patients.

Methods

This literature review was conducted using the scope review method, which provides a mapping of the available evidence, allowing to identify knowledge gaps.¹¹

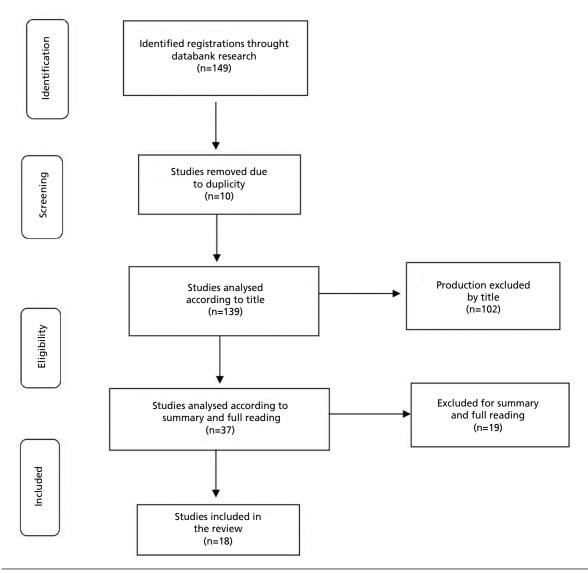
To define the guiding question, the acronym PECO (Population/Exposure/Comparison/Outcomes) was used, considering Population = (Pediatric patients with multidrug-resistant TB), Exposure = (Anti-tuberculosis antimicrobials), Comparison = (Pediatric patients with non-multidrug-resistant TB) and Outcome = (Prognosis).^{12,13} Thus, the guiding question was: "What is the scientific evidence on MDR-TB and extensively resistant TB in pediatric patients?". The Preferred Reporting Items for Systematic Review and Meta-Analyses extension for Scoping Reviews (PRISMA-ScR) statement was used to summarize the study selection process and its stages, as shown in Figure 1.¹¹

The MEDLINE/PubMed (Medical Literature Analysis and Retrieval System Online), Regional Office for the Western Pacific's Institutional Repository for Information Sharing (WHO IRIS), Embase/Elsevier and International Clinical Trials Registry Platform (ICTRP) databases were used. The search strategy was designed and conducted by two experienced authors, independently, using the Health Sciences Descriptors (DeCS) and translated into the Medical Subject Headings (MeSH): "Extensively Drug-Resistant Tuberculosis" OR "Tuberculosis Resistant to Multiple Drugs" AND "Pediatrics" // "Extensively Drug-Resistant Tuberculosis" OR "Tuberculosis, Multidrug-Resistant" AND "Pediatrics"

Inclusion criteria included: publications from 2011 to 2021, in English, Spanish and Portuguese, full text available or not, and case reports, original articles, clinical trials, meta-analyses, randomized controlled trials and systematic reviews. The target public for the study was the pediatric population aged between zero to ten, excluding adolescents. Next, the studies to be used were identified by selecting title, abstract and complete reading, using Mendeley - Reference Management Software, thus removing duplicate articles and increasing the reliability of the research. Articles that did not address the guiding question described were excluded, as well as articles classified as books,

Figure 1

Flowchart of the study selection.



Source: Adapated for PRISMA extension for scoping reviews (prisma-scr): checklist and explanation.¹¹

documents, preprints, editor's comments and integrative review articles.

After reading and selecting the articles, they were summarized in a Microsoft Word Office 365 document, containing: year of publication, authors' names, publication title, language, database and a brief conclusion about the article's content. It also contains the main information on the level of evidence and contribution to clinical practice, as well as the impact factor of the journals.

In order to fulfill the requirement of a scope review and promote greater robustness and quality of production, our study evaluated the level of evidence (LE) identifying according to the hierarchy, chosen because it is widely used and effective for classifying evidence for literature reviews: NE I - Systematic reviews or meta-analyses of randomized clinical trials; NE II - Well-designed randomized controlled clinical trial; NE III - Welldesigned controlled clinical trial without randomization; NE IV - Well-designed cohort, case-control, crosssectional study; NE V - Systematic review of qualitative studies and descriptive studies; NE VI - Single descriptive or qualitative study; NE VII - Authority opinion and/or expert report.

Results

Eighteen articles were selected according to the inclusion criteria presented. All the articles were originally published in English and 38.8% of them took place in the Asian continent. Of the total number selected, 94.4% were obtained from the MEDLINE/PubMed database and only 5.6% were selected from the Embase/Elsevier and International Clinical Trials Registry Platform (ICTRP) databases.

Table 1 shows the level of evidence of the articles, as well as its methodological design and the impact fator of the journal. Among the articles reviewed, four are case reports (22.2%), four cohort studies, three prospective and one retrospective (22.2%), as shown in Table 2, as well as six cross-sectional studies (33.3%), this was the most prevalent study, and four systematic reviews (22.2%) found in Table 3.

Adding up the cases presented in the four case reports reviewed, we obtained 100% of the cases of children with MDR-TB tuberculosis, among them 25% confirmed with Bacillus Calmette and Guérin (BCG) vaccination and 25% were unvaccinated. Among the remaining 50% of the children, the data was not described. In only 25% of the children there was a household with an adult case of TB or MDR-TB confirmed; 50% of the case studies had no outcome described; 25% of the children were cured; 12.5% died and the remaining 12.5% abandoned the treatment.

Of all the cohorts analyzed, 25% reported exposure to wood smoke as a risk factor for contracting TB as a current finding in the literature and 50% of the cohorts included a proposed dosage of levofloxacin, an antibiotic of the fluoroquinolone class, for MDR-TB treatment in pediatric patients. These are shown in Table 2.

Of the cross-sectional studies analyzed, only 33.3% indicated human immunodeficiency virus (HIV) infection as an obstacle to MDR-TB treatment. The negligence of tuberculosis programs in relation to the disease in children was pointed out in approximately 16.6% of the studies. Of the total data presented, only 16.6% showed greater resistance to ethambutol in the sample analyzed, while 33.3% showed resistance to isoniazid and 16.6% to streptomycin. The remaining 33.3% did not provide any information. In the context of the systematic reviews, all of them described HIV infection as a risk factor for having MDR-TB; 25% of the reviews emphasized HIV as a risk factor; 50% mentioned the absence of BCG vaccine and HIV as risk factors; and the last 25% described HIV infection, absence of BCG and nutritional alterations as risk factors for MDR-TB.

Only 25% of the reviews discussed the adverse effects of the treatment, identifying peripheral neuropathy, anemia and leukopenia as the most serious in children. All the articles emphasized the importance of drug sensitivity testing for the diagnosis and effective treatment on MDR-TB, but also highlighted the lack of access to this test. The details are shown in Table 3.

Author / Year	Level of evidence	Methodology	Impact fator of the Journa	
Shah 45 2012	VI	Case report	0,985	
Laan <i>et al</i> .28 2016	VI	Case report	5.235	
Katragkou <i>et al.</i> ²⁹ 2012 VI		Case report	3.183	
Salazar-Austin <i>et al</i> .46 2015	VI	Case report	7.142	
Jain <i>et al</i> . ¹⁶ 2013	IV	Prospective cohort	3.411	
Chiang <i>et al</i> . ¹⁸ 2016	IV	Retrospective cohort	9.079	
Mase <i>et al</i> . ³² 2016	IV	Prospective cohort	5.235	
Garcia-Prats <i>et al</i> .³³ 2019	IV	Prospective cohort	9.289	
Tran <i>et al</i> .³4 2013	IV	Cross sectional study	3.24	
Golla <i>et al</i> .²² 2017	IV	Cross sectional study	1.278	
Wang <i>et al</i> . ²¹ 2017	IV	Cross sectional study	2.706	
Kim <i>et al</i> .²º 2017	IV	Cross sectional study	0.743	
Jiao <i>et al</i> .¹º 2015	IV	Cross sectional study	6.461	
Guo <i>et al.</i> 47 2016	IV	Cross sectional study	3.24	
Kay <i>et al</i> . ¹⁷ 2020	V	Systematic review	9.289	
Zhang <i>et al</i> .³º 2019	V	Systematic review	4.035	
Galli <i>et al</i> .¹⁵ 2016	V	Systematic review	-	
Harausz <i>et al</i> .º 2018	I	Systematic review and meta-analysis	11.069	

Table 2

Characteristics of the cohort studies and case reports included in the review.

Database	Title / Representation	Year	Language	Main Author	Brief conclusion
Pubmed	Multidrug-resistant tuberculosis in children from 2003 to 2005: A brief report / A ⁴¹	2012	English	Shah ⁴⁵	After treating multidrug-resistant tuberculosis with second-line drugs in four children for 18 months, one of them was not cured at the end of the period described.
Pubmed	Probable levofloxacin-associated secondary intercranial hypertension in child with multidrug resistant tuberculosis / B ²⁸	2016	English	Laan <i>et al</i> .²8	The study shows the risk of intracranial hypertension in children exposed to prolonged treatment with levofloxacin for multidrug-resistant tuberculosis.
Pubmed	Drug-resistant tuberculosis in two children in Greece: Report of the first extensively drug-resistant case / C ²⁹	2012	English	Katragkou et al. ²⁹	The outcome of the case described in the study was negative, as liver failure was probably related to drug therapy.
Pubmed	Extensively drug-resistant tuberculosis in a young child after travel to India / D ⁴⁶	2015	English	Salazar-Austin <i>et al</i> . ⁴⁶	The study presents the risk of contracting multidrug-resistant tuberculosis abroad and the difficulty encountered in managing the treatment in children.
Pubmed	Pediatric Tuberculosis in Young Children in India: A Prospective Study / E ¹⁶	2013	English	Jain <i>et al</i> .16	Even with the small sample, the data presented on multidrug-resistant tuberculosis is concern, and more studies on the subject are necessary.
Pubmed	Baseline Predictors of Treatment Outcomes in Children with Multidrug-Resistant Tuberculosis: A Retrospective Cohort Study / F ¹⁸	2016	English	Chiang <i>et al.</i> ¹⁸	The use of second-line drugs can increase the cure rate of children with multidrug-resistant tuberculosis. However, nutritional factors and the severity of the disease can influence the negative outcome of the treatment.
Pubmed	Pharmacokinetics and Dosing of Levofloxacin in Children Treated for Active or Latent Multidrug-resistant Tuberculosis, Federated States of Micronesia and Republic of the Marshall Islands / G ³²	2016	English	Mase <i>et al</i> . ³²	The study proposes the most effective dosage of levofloxacin according to age for the use in children.
Cochrane	Pharmacokinetics, safety, and dosing of novel pediatric levofloxacin dispersible tablets in children with multidrug – resistant tuberculosis exposure / H ³³	2019	English	Garcia-Prats et al. ³³	The 250 mg levofloxacin pills showed greater bioavailability when compared to the 100 mg pills of the same drug.

Table 3

Characteristics of the cross-sectional studies and systematic reviews included in the review.

Database	Title	Year	Language	Main Author	Brief conclusion
Pubmed	Diagnostic Accuracy of Microscopic Observation Drug Susceptibility (MODS) Assay for Pediatric Tuberculosis in Hanoi, Vietnam / I ³⁴	2013	English	Tran <i>et al.</i> ³4	Due to its accessibility and low cost, MODS culture should be used as a routine test for symptomatic children with tuberculosis in low-resource settings.
Pubmed	The impact of drug resistance on the risk of tuberculosis infection and disease in child household contacts: a cross sectional study / J ²²	2017	English	Golla <i>et al</i> . ²²	The study suggests that household contacts of children with multidrug- resistant tuberculosis are more likely to develop tuberculosis than people exposed to drugs.
Pubmed	Clinical and Drug Resistance Characteristics of New Pediatric Tuberculosis Cases in Northern China / K ²¹	2017	English	Wang <i>et al.</i> ²¹	The incidence of children with multidrug- resistant tuberculosis was as high as that found in adults. It is necessary to test for drug sensitivity in order to manage cases effectively
Pubmed	The Rate of Drug-Resistant Tuberculosis in Korean Children and Adolescents Since 2007 / L ²⁰	2017	English	Kim <i>et al</i> . ²⁰	There was an increase in the number of cases of drug resistance during the period proposed in the study
Pubmed	Prevalence of drug resistant Mycobacterium tuberculosis among children in China / M ¹⁹	2015	English	Jiao <i>et al</i> .19	MDR-TB is due to primary transmission and inadequate treatment. Efforts to control the disease should focus on testing for resistance and reducing transmission.
Pubmed	Epidemiology and Clinical Characteristics of Pediatric Drug- Resistant Tuberculosis in Chongqing, China / N ⁴⁷	2016	English	Guo <i>et al.</i> 47	The study generates reflections on the pathogenesis of MDR-TB and reiterates the need for further research on the subject in view of its relevance to the global control of the disease

Pubmed	Xpert MTB/RIF and Xpert MTB/RIF Ultra assays for active tuberculosis and rifampicin resistance in children / O 1 ⁷	2020	English	Kay et al. ¹⁷	A reduced number of studies and samples limite the safety of the study. Treatment needs to be based on the clinical information provided by the patients.
Pubmed	Safety of Longer Linezolid Regimen in Children with Drug Resistance Tuberculosis and Extensive Tuberculosis in Southwest China / P ³⁰	2019	English	Zhang <i>et al.</i> ³⁰	A large number of adverse events have been found in prolonged treatment of children taking Linezolid. It is necessary to monitor the laboratory tests of children undergoing this therapy throughout the treatment process.
Pubmed	Recommendations for Treating Children With Drug Resistant Tuberculosis/ Q ¹⁵	2016	English	Galli <i>et al</i> .¹⁵	Children with MDR TB should be treated at a specialized center due to the possible adverse events of the treatment, its complexity and the low availability of the baseline studies for the treatment.
Pubmed	Treatment and outcomes in children with multidrug-resistant tuberculosis: A systematic review and individual patient data meta analysis / R ⁹	2018	English	Harausz <i>et al.</i> °	Children can achieve positive responses to MDR TB treatment and those with HIV should be using antiretroviral therapy during the TB treatment.

MODS = Microscopic Observation Drug Susceptibility; MDR-TB = Multidrug-resistant tuberculosis

Discussion

The scientific evidence on MDR-TB and extensively resistant TB in pediatric patients, summarized in this scope review in 18 articles presented in Tables 2 and 3, showed the following main findings: MDR-TB treatment is a social and economic challenge and a cure is not always achieved. In addition, they show risks arising from the treatment such as intracranial hypertension and liver failure. It is noteworthy that the 250mg dose of levofloxacin, the main drug used for the treatment, has greater bioavailability, favoring treatment. Systematic reviews and cross-sectional studies have shown that one of the biggest obstacles is the household contact of children with MDR-TB, who are more likely to develop TB than people exposed to drugs, as well as the difficulty of family and child adherence to the treatment of the disease.

Globally, drug susceptibility tests (DST), especially faster culture techniques, a unique component in managing MDR-TB cases, are not easily accessible in the health services and when they are available, there are delays in the results, as well as other obstacles such as difficulties in collecting samples from children and the fact that samples from adult cases are prioritized for analysis, all of which make it difficult to diagnose children.^{14,15}

However, Jain *et al.*¹⁶ reaffirm the challenge of obtaining a diagnosis of MDR-TB in children, pointing out the difficulty in collecting samples from children for microscopic exams and cultures, the greater likelihood of this population having the disease in its extrapulmonary form and the paucibacillary characteristic that is often present. Therefore, the treatment should start according to the known sensitivity in adults until the DST result.^{9,15-22} However, children who have already had and abandoned

the treatment for active TB or who have relapsed disease after first-line drug therapy are also possible sources of MDR-TB.²³

In view of this, TB cases in adults are a way of screening and diagnosing child contact early, and should be carried out mainly by the Estratégia Saúde da Família (ESF) (Family Health Strategy) through the Programa Nacional de Controle da Tuberculose (PNCT) (National Tuberculosis Control Program).24 In addition, investment should also be made in directly observed treatment (DOT) for the pediatric population. DOT for pediatric patients consists of a set of activities aimed to ensure planned care for children. One of these strategies is observation during medication intake, which can be done by the child's caregiver if the health professional accompanying the family is capable.²⁵⁻²⁷ In none of the articles summarized in this review is considering DOT a strategy for children, which shows the invisibility of childrenfacing care strategies.27

Another important aspect refers to the lack of adequate dosage of second-line drugs used in treating MDR-TB in children, despite the fact that the treatment is 30% higher than in adults. However, pediatric patients face serious damage related to drug toxicity, most of which can be managed and contained when the patient is monitored and followed up. A few exceptions include hearing loss, hypothyroidism and liver failure, which are cited in the literature as effectively incapacitating for children.^{28,29}

Cases of increased intracranial pressure have been reported³⁰as an adverse effect of levofloxacin, one of the drugs of choice in MDR-TB treatment.²⁸ In line with adverse drug reactions. Anemia, peripheral neuropathy and leukopenia were also the main adverse effects found in MDR-TB therapies.³⁰⁻³³ It is worth pointing out that there is a great deal of difficulty in accessing care for these children, and when it is finally provided, there are often many limitations in the health services, including in terms of the team's knowledge in relation to the disease in question,¹⁸ highlighting yet another weakness in health care on MDR-TB.¹⁸

Some of the analyzed authors described higher MDR-TB morbidity in pediatric patients with nutritional deficiencies, carriers of the human immunodeficiency virus (HIV) and those who did not have the BCG vaccine.^{17,18,22} Not only child malnutrition, the absence of BCG and vertical transmission of HIV are important social markers of poverty and social inequality, which reveal MDR-TB at childhood as a disease of poverty.³⁴

Children with HIV taking antiretroviral therapy (ART) are more likely to have a positive MDR-TB treatment outcome when compared to those not taking ART.⁹ Immunodeficiencies are important risk factors for becoming ill with TB, due to alterations in immune responses to pathogens, leaving the individual even more vulnerable.^{31,35} Vertical transmission of HIV can be avoided, but many low-income pregnant women do not have access to prenatal care services,^{35,36,37} highlighting the relationship between poverty and health inequalities.³¹

In regard to nutritional issues, childcare consultations should be a unique component in the follow-up of these children, since it is possible to trace the socioeconomic profile of the patients attended.^{36,37} Although there is a substantial supply of food from the agriculture in Brazil, the lack of capital for a large portion of the population prevents access,³⁸ causing nutritional deficiencies to remain and contributing to greater morbidity from MDR-TB in pediatric patients.^{38,40} By 2030, the eradication of hunger and poverty is one of the goals of the Millennium Development Goals. One strategy for achieving these goals is to eliminate malnutrition by 2030 and solve the problem in children under five Years old by 2025.⁴¹

Regarding the importance of BCG vaccination, a document published in 2018 by WHO points out that it is the only tuberculosis vaccine available, preventing the most severe forms of the disease, and that vaccination on newborns is one of the main pillars of the global tuberculosis reduction strategy.⁴² With the COVID-19 pandemic and its social isolation measures, childhood vaccination has suffered a concerning decline.Estimates suggest that approximately 80 million children are left vulnerable to the infection by preventable diseases due to the reduction of the global vaccination coverage.^{40.42}

Tuberculosis is historically associated with poverty, human settlements, poor sanitation and consequently social stigma. Thus, the disease is closely linked to an issue of social vulnerability and should be discussed based on the social determinants of health (SDH) found.^{39,41-43} It should be noted that none of the articles reviewed analyzed the socio-economic impacts of the diagnosis, treatment and managing MDR-TB in pediatric patients. Some of them refer to the lack of public policies and research in the area, resulting in a lack of knowledge and fear of managing and treating the cases in this matter.^{15,17,19,44-47}

This demonstrates the importance of SDH in planning an effective therapeutic plan for each individual suffering from TB, as well as the necessity of social support for this population, resulting in overall control of the disease.^{46,47}

It was found that the lack of studies on MDR-TB in children is an obstacle to the diagnosis, treatment and proper management of the cases. In addition, the gap in screening household of adult patients diagnosed with MDR-TB, it becomes difficult to access health services and neglect the disease in becoming a major public health problem, reflecting negatively on the attempt to reduce overall cases of tuberculosis.

The BCG vaccine, good nutritional aspects and antiretroviral therapy for children with HIV are essential to reduce the risk of contracting MDR-TB in children. The lack of drugs with adequate dosages for pediatric patients is another important challenge, causing a major toxic effect in children, who in turn must be monitored assiduously by the health team throughout the treatment.

In short, this review has shown, through synthesized articles, that the obstacles to MDR-TB treatment have focused on the lack of detailed protocols, safe drug dosages with fewer side effects, and especially the social determinants of the health and disease process surrounding MDR-TB.

In this context, our review found evidence that corroborates the necessity to invest in clinical research, with a high level of evidence on the subject, since there are gaps in knowledge that still need to be clarified, contributing to the reduction of MDR-TB in children.

Authors' contributions

Sobreira LB, Freitas PSS and Rezende LDA: conception and design of the study; data analysis and interpretation; writing of the manuscript; critical and intellectual review. Nascimento LCN, Vieira ACBCV, Sales CMM and Pacheco AO: manuscript drafting; critical and intellectual review. All the authors have approved the final version of the article and declare no conflict of interest.

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