

# Analysis of daily body weight of dairy cows in early lactation and associations with productive and reproductive performance

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**ABSTRACT** - The objective of this study was to describe daily body weight (BW) changes in the first 100 days of lactation in confined dairy cows and to associate BW loss with productive and reproductive performance. Data included 26,344 daily BW measurements of 372 Holsteins calving between June 2011 and June 2012 in a commercial herd in the South of Brazil. Cows were automatically weighed and were assigned according to parity. Individual measurements were smoothed using cubic splines, generating nadir BW, days to nadir BW and the BW loss (absolute and relative values). This approach used days in milk (DIM) as a single smoothing variable. Body weight at calving differed across parities: 570.5, 653.5, and 699.9 kg, for the 1st, 2nd and 3rd and subsequent parities, respectively. Body weight at nadir also differed across parities: 521.5, 608.8, and 647.3 kg, respectively. Mean days from calving BW to nadir BW and mean loss of BW (kg) from calving to nadir BW did not differ across parities, but relative BW change (kg/100 kg) was larger in animals in first parity (-8.4 kg/100 kg) than second parity (-6.6 kg/100 kg). However, cows in first parity had more chances for good reproduction than cows in third and subsequent parities (44.0% vs. 30.7%, respectively). There was no difference in the probability of adequate reproduction (pregnant until 180 DIM) among cows with low, medium, or high milk yield. Furthermore, cows with low and medium BW loss (below 60 kg of BW change) showed more likelihood to adequate reproduction than cows with high BW loss (above 60 kg of BW): 45.5 and 45.8% vs. 24.4%, respectively. Improvements in fertility of dairy cows should be achieved by minimizing body weight loss in early lactation.

Key Words: body weight loss, milk production, pregnancy ratio, transition period

#### Introduction

The transition period (three weeks before to three weeks after calving) has been considered the stage of highest interest in the life of dairy cows (Drackley, 1999). Over this period, animals undergo several anatomical, physiological, hormonal, and metabolic changes. Because of these, this is the period of most concern in terms of nutrition and occurrence of metabolic and infectious disorders (Dubuc et al., 2010).

In the past few decades, advancements in general management, nutrition, health, and animal breeding have yielded significant increases in productivity of cows. But some authors have associated increases in milk yield with decreases in pregnancy ratio (Santolaria et al., 2012). Roche (2006) stated that high-producing cows have a greater negative energy balance (NEB) and its magnitude

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is directly related to reproductive failure. Considering the calving interval should be 13-14 months ideally, cows should be pregnant up to 120-150 days after calving, and those that do not meet this target are at higher chance of being culled (Alawneh et al., 2012).

The return of ovarian activity after calving is closely related to the NEB, common in early lactation. This is due to low intake capacity, which makes the energy input lower than the demands for production and maintenance (NRC, 2001). Therefore, cows end up using their body reserves to meet the energy requirements for lactation (Choumei et al., 2006).

Since most cows undergo a period of NEB and later they recover from this physiological state, some authors such as Jorritsma et al. (2003) suggested the term "adaptation to NEB". The dairy industry had traditionally adopted body condition score (BCS) to evaluate BW loss in early lactation (Wildman et al., 1982). But, more recently, Drackley et al. (2014) demonstrated that BCS may lack sensitivity to detect differences in visceral fat deposition that might increase risk for peripartal diseases and disorders.

One way to identify the individual level of adaptation of fresh cows to NEB is to measure their body weight variation, since cows with excessive mobilization of body

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reserves are at higher risk for metabolic disorders (Bobe et al., 2004), have poorer reproductive performance (Santos et al., 2009), and produce smaller yields of milk (Reist et al., 2003).

The purpose of this study was to describe and quantify daily body weight (BW) changes in the first 100 days of lactation in dairy cows and correlate them with productive and reproductive performance.

## **Material and Methods**

The study was conducted on a commercial dairy farm located in the city of Céu Azul, southwest region of Paraná State, Brazil, (24°57'21" S latitude, 53°27'18" W longitude, and 785 m altitude). The region has humid subtropical climate (Cfa, according to the Köppen-Geiger classification). Lactating Holstein cows were kept confined in free stall barns and milked three times daily.

They were fed a total mixed ration five times daily, and the diet was formulated (Table 1) in agreement with the nutritional guidelines of NRC (2001). The estimated nutritional levels of this diet using the NRC (2001)'s software are 565 g kg<sup>-1</sup> dry matter, 1.75 Mcal kg<sup>-1</sup> net energy for lactation, 175 g kg<sup>-1</sup> crude protein, 54 g kg<sup>-1</sup> undegradable protein, 325 g kg<sup>-1</sup> neutral detergent fiber, 190 g kg<sup>-1</sup> acid detergent fiber, 196 g kg<sup>-1</sup> physically effective neutral detergent fiber, 385 g kg<sup>-1</sup> non-fibrous carbohydrates, 270 g kg<sup>-1</sup> starch, 46 g kg<sup>-1</sup> ether extract, 9.1 g kg<sup>-1</sup> Ca, and 4.1 g kg<sup>-1</sup> P.

The present study used 26,344 daily BW measurements from 372 Holstein cows collected between June 02, 2011 and July 1st, 2012. The average number of weight records was lower than 100 (approximately 71 daily weights per cow), because sick cows on treatment were kept in a different barn and missed the weight collection on these days.

Body weight data started to be collected just after calving, and they were obtained after the second daily milking, always at the exit of the milking parlor, using an

Table 1 - Ingredient composition of the diet during the experimental period

1		
Ingredients	g kg <sup>-1</sup> of DM	
Corn silage (320 g kg <sup>-1</sup> DM)	324.1	
Alfalfa hay (880 g kg <sup>-1</sup> DM)	69.2	
Corn grain, ground	235.4	
Soybean meal	168.9	
Soybean hulls	75.8	
Whole cottonseed	91.3	
Calcium salts of soybean oil	7.1	
Mineral-vitamin mix <sup>1</sup>	28.2	

<sup>1</sup> Contained (g kg<sup>-1</sup> DM basis): Ca - 166.3; P - 30.8; K - 2; S - 18; Na - 100.8; Cl - 30.3; Mg - 57.4; I - 29.76 ppm; Se - 14.85 ppm; Mn - 646.35 ppm; Zn - 2,545.55 ppm; Cu - 511.44 ppm; Co - 5.0 ppm; vit. A - 176,800 IU; vit. D - 53,240 IU; vit. E - 75.17 IU; monensin - 390 mg; biotin - 31.68 mg. automated walk-through scale for the measurement of daily BW (Automatic Weighing System AWS 100, DeLaval<sup>®</sup>, Jaguariúna, Brazil) according to their identification. These data, along with management, production, and reproduction data, were recorded using the ALPRO<sup>®</sup> management software. Lactating animals were categorized into three groups according to their parity order: first parity (n = 152), with calving age of 27.2±3.8 months; second parity (n = 100), with calving age of 41.9±6.2 months; and third and subsequent parities (n = 120), with 71.0±19.3 months of age.

The production variable assessed herein considered the cumulative milk production over the first 100 days in milk (DIM). To evaluate the reproductive performance, cows were considered reproductively successful when pregnant within 180 DIM and unsuccessful when not pregnant within the same period or diagnosed as pregnant after 180 DIM.

For generating variables representing BW changes in early lactation and further analysis of the BW data, individual measurements were first smoothed using cubic splines from the TPSLINE procedure of the SAS (Statistical Analysis System, version 9) statistical package. This procedure minimized any possible random weight deviations. The model contained the time DIM unit as a single smoothing variable. Five variables were estimated to reflect BW changes: BW at calving; BW at nadir; days from calving to nadir BW; BW (kg) lost from calving to nadir; and relative BW (kg 100 kg<sup>-1</sup>) change from calving to nadir. The average BW in the first 100 DIM was categorized according to parity order and smoothed using cubic splines from the TPSLINE procedure from SAS.

Descriptive statistical analysis and Pearson partial correlation coefficients adjusted for parity order were estimated by the CORR procedure from SAS (Statistical Analysis System, version 9). Significance of the parity order was determined using the *F*-test for the type-III sum of squares (GLM procedure from SAS, Statistical Analysis System, version 9). Statistical significance was declared to be significant at P $\leq$ 0.05. Tukey-Kramer tests were conducted to analyze differences among groups.

Data was analyzed by a multivariate logistic regression using the GENMOD procedure from SAS (Statistical Analysis System, version 9), to determine the likelihood of adequate reproduction, assuming binomial distribution (failure or success to achieve pregnancy at 180 DIM). For analysis of whether pregnancy had occurred by 180 days postpartum, the model included parity (first, second, and third and subsequent parities), calving season (summer, fall, winter, and spring), cumulative milk yield in the first 100 days postpartum categorized within parity (primiparous and multiparous), and BW change from calving to nadir BW categorized. Adjusted odds ratio (AOR) and 0.95 confidence interval (CI) were generated during the logistic regression.

Cumulative milk yield in the first 100 days postpartum was categorized into low, medium, and high production according to the parity order. For primiparous cows, cumulative milk yield in the first 100 DIM lower than 3,000 kg was considered "low production"; between 3,000 and 3,700 kg, "medium production"; and above 3,700 kg, it was classified as "high production". For multiparous cows, cumulative milk yield in the first 100 DIM lower than 3,300 kg was considered "low production"; between 3,300 and 4,100 kg, "medium production"; and above 4,100 kg, it was classified as "high production".

Body weight loss from calving to nadir BW was categorized into three classes: low BW loss (lower than 30 kg), medium BW loss (between 30 kg and 60 kg), and high BW loss (greater than 60 kg). The same criteria were adopted across parities because GLM results showed no BW change differences (in absolute values) among parities.

# Results

The mean BW at calving for the 372 cows was  $637\pm91$  kg and nadir BW was  $586\pm85$  kg, a variation of 51 kg. Cumulative yields over the first 100 DIM were 3,410 kg for first parity, 3,862 kg for second parity, and 3,775 kg for third and subsequent parities (Table 2).

The BW at calving were 570.5 kg, 653.5 kg, and 699.9 kg, for first, second and third and subsequent parities, respectively. As for nadir BW, the same trend of the BW at calving was

observed, with first-parity cows at 521.5 kg, second-parity cows at 608.8 kg, and cows in their third and subsequent parities at 647.3 kg.

The number of days from BW at calving to nadir BW was 35.7, 32.9, and 37.8 d for first, second, and third and subsequent parities, respectively, and the absolute weight loss was 48.9, 44.7, and 52.6 kg for first, second, and third and subsequent parities, respectively. Weight variation in relative values for first-parity animals was -8.4 kg/100 kg BW, -6.6 kg/100 kg for second-parity cows, and cows in their third and subsequent parities had -7.3 kg/100 kg BW.

The cumulative milk yield had positive correlations with calving BW, nadir BW, days to nadir BW, and loss to nadir BW (0.24, 0.20, 0.17, and 0.11, respectively) (Table 3). Calving BW had positive correlations with nadir BW, days to nadir BW, and loss to nadir BW (0.86, 0.28 and 0.43, respectively), and a negative correlation with relative BW change (-0.29). First-parity animals had 44.0% of chance of a satisfactory reproduction; second-parity order, 39.6%; and cows with three or more parities had 30.7% (Table 4). In the present study, animals that had calved in the fall had 54.2% chances of adequate reproduction; summer-calved, 32.9%, winter-calved, 28.6%; and spring-calved animals showed 37.6% chances of adequate reproduction.

The likelihood of adequate reproduction among low (below 60 kg of BW change), medium (between 30 kg and 60 kg of BW) and high (above 60 kg of BW) cumulative milk yields were 45.5 and 45.8% vs. 24.4%, respectively. Body weight decreases after calving until reaching the nadir BW, and this occurs similarly to all parity classes (Figure 1).

Table 2 - Cumulative milk yield in the first 100 days in milk, body weight (BW) at calving, nadir BW, days to nadir BW, and difference
between BW at calving and nadir BW in absolute and relative values, according to parity order

			Parity			
	1st parity		2nd parity		3rd+ parity	
Variable	Mean	SE	Mean	SE	Mean	SE
Cumulative yield (kg)	3365b	64.0	3791a	80.7	3705a	75.5
Calving BW (kg)	570.5c	5.9	653.5b	7.4	699.9a	6.8
Nadir BW (kg)	521.5c	5.3	608.8b	6.7	647.3a	6.2
Days to nadir BW	35.7a	1.9	32.9a	2.4	37.8a	2.2
BW loss to nadir (kg)	48.9a	2.9	44.7a	3.7	52.6a	3.4
BW change to nadir (kg/100 kg BW)	-8.4a	0.4	-6.6b	0.5	-7.3ab	0.5

abc - values followed by different letters within the same row differ at P<0.05.

SE - standard error.

Table 3 - Pearson partial correlation coefficients adjusted for parity order

	Calving BW (kg)	Nadir BW (kg)	Days to nadir	Loss to nadir (kg)	Relative change to nadir (kg/100 kg BW)
Cumulative yield (kg)	0.24 (<0.01)	0.20 (<0.01)	0.17 (<0.01)	0.11 (<0.05)	-0.07 (NS)
Calving BW (kg)		0.86 (<0.01)	0.28 (<0.01)	0.43 (<0.01)	-0.29 (<0.01)
Nadir BW (kg)			0.09 (NS)	-0.09 (NS)	0.23 (<0.01)
Days to nadir				0.38 (<0.01)	-0.36 (<0.01)
Loss (kg) to nadir					-0.98 (<0.01)

189

Table 4 - Risk factors	for adequate repr	roduction at 180 day	vs in milk for lacta	ting dairy cows

Variable	% Adequate reproduction	Adjusted OR (0.95 CI)	Pr>ChiSq	
Parity order				
1st parity	44.0a	Reference	0.0939	
2nd parity	39.6ab	0.83 (0.48, 1.44)		
3rd+ parities	30.7b	0.56 (0.33, 0.95)		
Calving season				
Winter	28.6b	Reference	0.0011	
Fall	54.2a	2.96 (1.64, 5.35)		
Spring	37.6ab	1.50 (0.72, 3.13)		
Summer	32.9b	1.22 (0.64, 2.34)		
Cumulative milk yield <sup>1</sup>				
Low <sup>2</sup>	35.4a	Reference	0.4751	
Medium <sup>3</sup>	42.6a	1.35 (0.76, 2.35)		
High <sup>4</sup>	36.0a	1.03 (0.58, 1.83)		
BW loss to nadir				
Low <sup>5</sup>	45.5a	Reference	0.0003	
Medium <sup>6</sup>	45.8a	1.01 (0.58, 1.77)		
High <sup>7</sup>	24.4b	0.39 (0.22, 0.67)		

OR - odds ratio; CI - calving interval; Pr>ChiSq - associated P-value.

<sup>1</sup>Cumulative milk yield until 100 days in milk.

<sup>2</sup> First parity <3,000 kg; second parity and greater <3,300 kg.

<sup>3</sup> First parity  $\ge$ 3,000 kg and  $\le$ 3,700 kg; second parity and greater  $\ge$ 3,300 kg and  $\le$ 4,100 kg.

<sup>4</sup> First parity >3,700 kg; second parity and greater >4,100 kg.

<sup>5</sup> Body weight loss <30 kg.

<sup>6</sup> Body weight loss  $\geq$  30 kg and  $\leq$  60 kg.

<sup>7</sup> Body weight loss >60 kg.

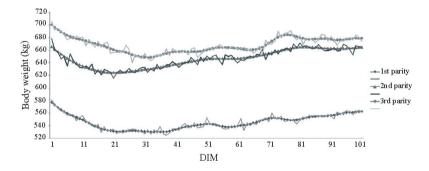


Figure 1 - Raw data and cubic splines smoothing of daily BW from calving to 100 DIM for first, second, third and subsequent parities.

### Discussion

The difference between mean BW at calving and nadir BW (-51 kg of weight loss) was expected, due to the typical NEB in early lactation as described by Gross et al. (2011), who investigated BW loss and BCS associated with decreased dry matter intake (DMI) leading to mobilization of body reserves. Cumulative yields over the first 100 DIM of multiparous cows were greater (P<0.01) than those of primiparous cows, as it is well established that mature cows produce more milk than first-lactation ones (NRC, 2001).

Differences were found (P<0.05) in BW at calving and nadir BW according to the parity order. Cows of third and subsequent parities had higher (P<0.01) BW at calving than second-parity and first-lactation cows. The highest BW at calving for cows of third lactation and over is in conformity with the NRC (2001), which states that primiparous cows should calve at 0.82, second-parity at 0.92, and cows in their third parity and over at their mature weight. As for nadir BW, the same trend as that of BW at calving was observed. These results are in agreement with data by Van Straten et al. (2008) in both characteristics.

The number of days from BW at calving to nadir BW and the absolute weight loss did not differ (P>0.05) between categories. These results disagreed with Van Straten et al. (2008), who concluded that NEB is proportional to the number of parities and animals in third parity and over require more DIM to reach the nadir BW. The results described here also disagree with Roche et al. (2007a), who showed that first- and second-parity cows lose less weight than older cows and the highest weight loss is seen in fifth-parity females (46.3 kg and 45.4 kg vs. 52.9 kg,

55.0 kg and 60.0 kg, for first-, second-, third-, fourth-, and fifth-parity cows, respectively). Possible explanations for the absence of differences among the various parity classes in the present study is the modest difference in milk yield between primiparous and multiparous cows in this particular herd (only 3.8 kg day<sup>-1</sup>), as well as the fact that this herd adopts one single diet (total mixed ration) for all groups of lactating cows.

Indeed, when weight variation was assessed in relative values, first-parity animals lost more weight (P<0.05) than second-parity cows, while cows in their third and subsequent parties showed intermediate values (-7.3 kg/ 100 kg BW). Alawneh et al. (2012), working with cows in several different parity orders grouped together in a pasturebased production system, obtained a slightly lower relative weight loss value. Their average weight loss between calving and the 28th day after calving was only -4 kg/100 kg of body weight. This difference may be explained by the more modest (21 L day<sup>-1</sup>) production of these cows raised on pasture in New Zealand. Van Straten et al. (2008) found that relative BW change is proportional to the parity order (-8.5, -10.6 and -11.1 kg/100 kg for first, second, and subsequent parities, respectively), disagreeing with the results of this study. The probability of good reproduction (pregnant at 180 DIM) was greater for first parity than third and subsequent partities (44.0% and 30.7%, respectively) and the second parity had intermediate values (39.6%). These results show that the primiparous cows evaluated in this study had better reproductive performance, even losing more body weight than the other categories.

In a trial conducted by Roche et al. (2007b), results suggested a positive correlation between higher losses in BCS with the height of the lactation curve and the fatcorrected milk yield (FCM), suggesting that cows with higher weight loss have greater milk production. The partial correlations between weight loss (both in absolute and relative values) and cumulative milk production were small or non-significant (P>0.05; Table 3), demonstrating that cows with higher weight loss did not necessarily produce more milk.

The probability of adequate reproduction at 180 DIM among the main risk factors is described. Firstparity animals had more chance (P<0.05) of a satisfactory reproduction than cows with three or more parities. The lower reproductive performance of mature cows was expected; however, the pregnancy ratio even in the younger cows was considered unsatisfactory, because more than half of the cows in this herd did not reach a 15-month maximum recommended calving interval (De Vries, 2006). For instance, Gilmore et al. (2011) found pregnancy rates of 71.4% at 100 days, well above the results of the present study. Santos et al. (2009) also observed higher conception rates on day 58 after artificial insemination on primiparous than multiparous cows — 37.5% vs. 29.7%, respectively — confirming our finding that younger animals have better reproduction.

Reist et al. (2003) observed in their study that the average number of days to conception for dairy cows with satisfactory milk yield was 100.4 days ( $\pm$ 47.4). De Vries and Veerkamp (2000) investigated the return of luteal activity in dairy cows and found that animals returned to ovarian activity on average at 29.7 DIM, ranging from 10 to 97 DIM. Considering a period of 100 days, animals returning to luteal activity near to 100 days would have their reproductive performance affected.

In the present study, the animals that had calved in the fall had more chances (P<0.01) of adequate reproduction (pregnant at 180 DIM) than those that had calved in summer and winter. Spring-calved animals showed intermediate chances of satisfactory reproduction. The reason for the poorest reproductive performance in winter-calved animals in this particular herd is the fact that cows calving in the winter are willing to get pregnant six months later (summer months), well recognized as the worst reproductive season, especially in warmer climates (Reist et al., 2003).

Roche (2006) stated that excessively low or excessively high weight and BCS at calving are associated with unsatisfactory reproductive response. Another interesting result was presented by Santos et al. (2009), who concluded that daily milk production did not impact pregnancy; however, a marked loss of BCS between calving and insemination had a negative impact on pregnancy rates. Cows that kept their BCS after calving showed a pregnancy rate of 41.6% against only 28.9% for those losing over 1 BCS point (scale of 1 to 5). Nevertheless, as shown by Drackley et al. (2014), BCS may be the same between animals with high and low BW, which can confuse the interpretation.

The same results were found in the present study, in which no differences (P>0.05) for likelihood of adequate reproduction among low, medium, and high cumulative milk yield groups were detected. Otherwise, cows with low and medium BW loss (below 60 kg of BW change) showed more (P<0.01) likelihood to adequate reproduction than cows with high BW loss (above 60 kg of BW). This finding is relevant because there is a myth in the dairy industry that high-producing cows will invariably have impaired reproduction performance. The absence of correlations between milk yield and reproduction was also pointed out by Santos et al. (2009).

Butler (2000) explained that NEB is related to lower energy consumption capacity, and overweight cows have lower intake capacity than cows at optimal conditions. Also, the same author concluded that the higher NEB (in days and weight loss), the worse the reproductive performance in early lactation. This explains why heavier cows (supposedly fatter) showed poorer reproductive results in this study.

The curves of body weight change in the first 100 DIM are very similar to the findings of Nielsen et al. (2003), who investigated the body weight changes from week –5 to week 25 of lactation. Their results showed weight loss from week 0 to week 10, approximately, in accordance with the data obtained in this study. Assessing different genotypes and production systems, Vance et al. (2012) also demonstrated a similar body weight chart, corroborating the idea of NEB being a common physiological condition in early lactation.

#### Conclusions

Monitoring body weight at calving and in early lactation is a useful tool for management of dairy cows. Cows with better reproductive performance calve lighter and lose less weight after calving than cows with poorer reproductive performance. Nevertheless, high milk yield is not necessarily associated with poor reproductive efficiency.

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