**Reproduction** Full-length research article



Brazilian Journal of Animal Science e-ISSN 1806-9290 www.rbz.org.br

# Effects of flushing with rehydrated corn grain silage on follicular development in tropical Santa Inês ewes

Lucas Machado Figueira<sup>1,2</sup> [D], Letícia Rodrigues Faria<sup>1</sup> [D], João Pedro Araújo Campos<sup>1</sup> [D], Débora Regina da Silva<sup>3</sup> [D], Iraides Ferreira Furusho-Garcia<sup>1</sup> [D], Rafael Fernandes Leite<sup>4</sup> [D], Renato Ribeiro de Lima<sup>5</sup> [D], Nadja Gomes Alves<sup>1,3\*</sup> [D]

- <sup>1</sup> Universidade Federal de Lavras, Departamento de Zootecnia, Lavras, MG, Brasil.
- $^{2}\,$  Universidade Federal Fluminense, Faculdade de Medicina Veterinária, Niterói, RJ, Brasil.
- $^{\rm 3}$  Universidade Federal de Lavras, Departamento de Medicina Veterinária, Lavras, MG, Brasil.
- $^4\,$  Universidade Federal de São João del-Rei, Departamento de Zootecnia, São João del-Rei, MG, Brasil.
- <sup>5</sup> Universidade Federal de Lavras, Departamento de Estatística, Lavras, MG, Brasil.

ABSTRACT - The objective of this study was to evaluate the effect of replacing ground corn (402 g kg<sup>-1</sup> of dry matter) with rehydrated corn grain silage (RCGS; 425 g kg<sup>-1</sup> of dry matter) in a flushing diet on follicular development in tropical Santa Inês ewes. Fifteen ewes were randomly assigned to one of two treatment groups: a diet with ground corn (control, n = 7) or a diet with RCGS (n = 8). The first day of the diets was designated d0, and the diets were fed for 30 days, up to two days after the end of the estrus synchronization protocol. The estrus synchronization protocol (intravaginal progestogen sponge for 11 days plus 300 IU eCG and 37.5 µg d-cloprostenol IM two days before sponge removal) started on d17 of the diets. The number and diameters of ovarian follicles ≥3 mm were assessed by ultrasound on the day before the diets were provided (d-1), on d14, and then daily from two days before sponge removal until ovulation or up to the eighth day after sponge removal. Blood samples were collected on days -1, 0, 6, 12, 18, 24, and 30 for glucose and urea analyses. There was no effect of the treatments on dry matter intake, plasma glucose, and urea nitrogen concentrations, or on the percentage of ewes that ovulated and on the number of ovulations. The number of follicles ≥3 mm did not differ between treatment groups; the number increased between d-1 and d14 and did not differ between d14 and d28. The diameter of ovulatory follicles at sponge removal, the interval from sponge removal to estrus, and the growth rate of the ovulatory follicles were greater in the RCGS group than in the control group, resulting in larger follicles at ovulation. Replacement of ground corn by RCGS in the flushing diet does not increase the number of ovulations but results in delayed onset of estrus and ovulation of larger follicles.

Keywords: blood metabolites, energy, follicular diameter, ovulation

# \*Corresponding author: nadja@ufla.br

Received: March 8, 2020 Accepted: August 22, 2020

How to cite: Figueira, L. M.; Faria, L. R.; Campos, J. P. A.; Silva, D. R.; Furusho-Garcia, I. F.; Leite, R. F.; Lima, R. R. and Alves, N. G. 2020. Effects of flushing with rehydrated corn grain silage on follicular development in tropical Santa Inês ewes. Revista Brasileira de Zootecnia 49:e20200041.

https://doi.org/10.37496/rbz4920200041

Copyright: This is an open access article distributed under the terms of the Creative Commons Attribution License (http://creativecommons.org/licenses/by/4.0/), which permits unrestricted use, distribution, and reproduction in any medium, provided the original work is properly cited.



## 1. Introduction

The reproductive performance of small ruminants has been positively associated with energy balance (Scaramuzzi et al., 2006). An increase in energy intake around breeding can have a positive impact on reproduction of these animals. Flushing promotes an increase in concentrations of blood metabolites such as glucose, which plays an important role in folliculogenesis and ovulation (Scaramuzzi et al., 2006; Zabuli et al., 2010; Habibizad et al., 2015).

The results obtained in flushing programs may vary according to differences in the body condition scores (BCS) of the ewes (Gottardi et al., 2014), the feeds included in their diets (Rekik et al., 2012), and the length of the flushing period (Habibizad et al., 2015). Inclusion of different ingredients in the diet results in variation in the ruminal fermentation profiles and post ruminal digestion products (Roche et al., 2011). Furthermore, the addition of ingredients that provide highly fermentable energy content in the rumen may result in more efficient use of dietary protein (Wilkerson et al., 1997) and reduce the plasma urea nitrogen (PUN) concentration. The PUN concentration is related to the ammonia and urea concentrations in the follicular and uterine fluid (Hammon et al., 2005) and has been shown to negatively affect oocyte (Sinclair et al., 2000) and embryonic development if in excess of 19.0 mg dL $^{-1}$  (McEvoy et al., 1997).

The use of rehydrated corn grain silage (RCGS) enhances ruminal digestibility of starch (Ferraretto et al., 2015), which reduces the acetate:propionate ratio. Propionate is the main substrate for hepatic gluconeogenesis (Bergman, 1990; Brockman, 1990). Scaramuzzi and Martin (2008) suggested that the energy derived from glucose plays a more relevant role in ovarian function than other digestion products. The increase in glucose uptake by follicular cells may be critical for follicle growth and prevention of atresia, which will result in an increased number of ovulations (Scaramuzzi et al., 2006; Zabuli et al., 2010; Habibizad et al., 2015).

Therefore, we hypothesized that flushing with RCGS as a replacement for ground corn would positively affect folliculogenesis and the number of ovulations in ewes. The objective of this study was to evaluate the effect of flushing with ground corn or with RCGS on follicular development in tropical Santa Inês ewes.

#### 2. Material and Methods

All the procedures involving animals in this study were approved by the Animal Ethics Committee (case no. 065/2016). The experiment was conducted in Lavras, Minas Gerais, Brazil (21°14'43" S, 44°59'58" W, 924 m asl), from July 2016 to February 2017.

Fifteen non-pregnant tropical Santa Inês ewes (nulliparous = 6, multiparous = 9), with  $41.93\pm13.94$  kg (mean±SD) body weight and  $3.11\pm0.39$  BCS (scale from 1 to 5, in which 1 = emaciated and 5 = obese; Gordon, 1997) were selected for the study. The ewes were randomly assigned to one of two treatment groups, which consisted of flushing with either ground corn (402 g kg $^{-1}$  of dry matter; control, n = 7) or RCGS (425 g kg $^{-1}$  of dry matter; n = 8) for a 30-day period (d0 = first day of the experimental diets). To adjust the flushing diets (Table 1), samples of the ingredients were collected and analyzed at the beginning of the experiment, and the diets were formulated for adult sheep with an average body weight of 50 kg (NRC, 2007). After 30 days of feeding the flushing diets, all the ewes were offered corn silage and commercial concentrate to meet their nutritional requirements (NRC, 2007).

The animals were allocated to individual stalls with free access to water and received a total mixed ration twice a day (08:00 and 17:00 h). The orts from each animal were removed and weighed daily to adjust the daily intake, allowing at least 5% orts. The daily dry matter intake (DMI) and intake of neutral detergent fiber (NDF), crude protein (CP), ash, ether extract (EE), and nonfibrous carbohydrates (NFC) were analyzed.

The ewes were weighed the day before the experimental diets were provided (d-1) and on d30 to evaluate the average daily gain (ADG). On those same days, the BCS was determined by averaging the scores given by two independent evaluators.

Daily samples of the orts from each animal were pooled every week to create composite samples. The chemical composition of the feed ingredients and of the composite samples of the orts for each animal was analyzed according to the standard analytical procedures of the Instituto Nacional de Ciência e Tecnologia de Ciência Animal (INCT-CA) (Detmann et al., 2012). The samples were oven-dried at 55 °C for 72 h and then ground in a Wiley type mill (Arthur H. Thomas, Philadelphia, PA, USA) to pass through a 1-mm screen. The samples were analyzed for dry matter (DM) (oven dried at 105 °C

for 24 h; INCT-CA, no. G-003/1), ash (furnace incineration at 600 °C for 5 h; INCT-CA, no. M-001/1), nitrogen (micro Kjeldahl; INCT-CA, no. N-001/1), EE (Randall; INCT-CA, no. L-005/1), and NDF (TECNAL TE-149 analyzer, with addition of  $\alpha$ -amylase and sodium sulfite; INCT-CA, no. F-001/1). Non-fibrous carbohydrates were calculated according to the NRC (2007) using the formula NFC = 100 - (CP + EE + NDF + ash).

The hormonal protocol for estrus synchronization was initiated 17 days after the start of the flushing and completed two days before the end of the supply of the diets. An intravaginal sponge impregnated with progestagen [60 mg of medroxyprogesterone acetate (MPA), Progespon®, Zoetis, SP, BR] was used for 11 days, with application of 37.5  $\mu$ g of d-cloprostenol IM (Prolise®, Arsa, AR, USA) and 300 IU of eCG (Novormon®, Zoetis, SP, BR) on d26, followed by removal of the implant on d28.

The animals were evaluated after the end of the synchronization protocol for signs of estrus by a teaser ram twice daily (07:00 and 17:00 h) for 15 min each time until five days after removal of the intravaginal sponge. Ewes were considered in estrus when they allowed the teaser ram to mount consistently. Females in estrus were mated at 12-h intervals until no mounting acceptance, with a ram previously evaluated by andrological examination and found to be suitable for reproduction and to exhibit good libido. The length of estrus was considered the interval between the first mount and last time that the ewe stood to be mounted.

Ultrasonographic monitoring of the ovaries (ALOKA SSD 500, with a transrectal transducer UST-660 7.5-MHz, JHS, JP) was performed on d-1, d14, and daily after application of d-cloprostenol and eCG (d26) until ovulation was confirmed or until eight days after sponge removal if ovulation had not occurred. The examinations were performed by the same technician between 08:00 and 11:00 h to determine the number of follicles  $\geq$ 3 mm in diameter and the diameter of the preovulatory follicles. The growth rate was calculated for the ovulatory follicles, which was considered to be the difference between the maximum and minimum diameter divided by the duration of the growth phase (Alves et al., 2011). Ovulation was determined by the disappearance of follicles  $\geq$ 5 mm and subsequent detection of corpus luteum. The interval from sponge removal to ovulation was estimated considering the time of ovulation as the mean interval between the last sighting and the disappearance of the first ovulatory follicle ( $\geq$ 5 mm).

**Table 1** - Ingredients and chemical composition of the flushing diets based on ground corn (control; n = 7) or rehydrated corn grain silage (RCGS; n = 8)

Item	Control	RCGS
Ingredient (g kg <sup>-1</sup> DM)		
Corn silage	396	396
Ground corn	402	-
Rehydrated corn grain silage	-	425
Soybean meal	182	159
Mineral mix <sup>1</sup>	20	20
Chemical composition		
Dry matter (g kg <sup>-1</sup> )	521	473
Crude protein (g kg <sup>-1</sup> DM)	125	125
Neutral detergente fiber (g kg <sup>-1</sup> DM)	312	293
Ash (g kg <sup>-1</sup> DM)	35	35
Ether extract (g kg <sup>-1</sup> DM)	31	31
Non-fibrous carbohydrates <sup>2</sup> (g kg <sup>-1</sup> DM)	497	516

DM - dry matter.

<sup>&</sup>lt;sup>1</sup> Guaranteed analysis per kg of product: 80 g of P, 18 g of Mg, 150 g of Na, 15 g of S, 125 mg of Ca, 65 mg of Co, 95 mg of I, 1500 mg of Mn, 30 mg of Se, 350 mg of Zn, 800 mg of F, 30,000 IU of vitamin A, 3,000 IU of vitamin D, and 60 IU of vitamin E.

Blood samples were collected on days -1, 0, 6, 12, 18, 24, and 30 approximately 4 h after feeding the experimental diets. Samples (4 mL) were collected by jugular venipuncture in tubes containing sodium fluoride and EDTA (Vacutainer®, BD, SP, BR), which were immediately stored in an ice-filled insulated container and centrifuged (1,500 × g for 15 min). Plasma was stored (-20 °C) in microtubes (1.5 mL). Plasma glucose and urea concentrations were analyzed in a spectrophotometer (Kasuaki UV/VIS-IL592; IonLaB®, PR, BR) using a commercial enzymatic colorimetric kit (Glucose Liquiform and Urea CE®, LABTEST, MG, BR). The samples were analyzed in duplicate, and the mean value was considered if the relative difference between them was <5%. The sensitivity was 1.77 and 0.94 mg/dL for glucose and urea, respectively. The intra-assay coefficient of variation was 2.8% for glucose and 2.7% for urea. The results of the urea analyses were transformed to PUN by multiplying the urea concentration value by 0.4666.

All analyses were performed using generalized linear models with SAS (Statistical Analysis System, version 9.3). The initial weight was used as a covariate in all statistical analyses with the following exceptions: the glucose and PUN analyses, in which the concentrations of respective metabolites on d-1 were used as covariates, and analysis of the number of follicles  $\geq 3$  mm, in which no covariates were used.

The DMI, intake of nutrients, plasma glucose concentration, and PUN concentration were analyzed over time using the MIXED procedure considering the category (nulliparous or multiparous), treatment, week, and treatment by week interaction as fixed effects and the animal as a random effect. The BCS and weight gains were analyzed using PROC GLM considering treatment as a fixed effect.

The percentages of ewes in estrus, percentages of ewes that had ovulation detected, length of estrus, interval from sponge removal to estrus, intervals from sponge removal to ovulation and from estrus to ovulation, and number of ovulations were analyzed using the PROC GENMOD, considering treatment as a fixed effect. The number of follicles ≥3 mm was analyzed over time by PROC GLIMMIX considering treatment, day, and treatment by day interaction as fixed effects and animal as a random effect. The variables diameter of the ovulatory follicle at sponge removal, growth rate, and diameter of the ovulatory follicles were analyzed using the PROC GLM, considering treatment and ewe nested in treatment as fixed effects.

All means were evaluated using the least square means methods, and the data were reported as the least square means ± SEM. Statistical significance was considered at 5%.

#### 3. Results

The DMI (kg day<sup>-1</sup>), DMI in relation to body weight (g kg<sup>-1</sup> BW), and intake of NDF, CP, ash, EE, and NFC (g day<sup>-1</sup>) did not differ (P>0.05) between treatment groups (Table 2). The DMI of the animals attained a maximum value on d16 of flushing and then began to reduce in both treatment groups (Figure 1). The ADG and BCS were positive but did not differ (P>0.05) between treatment groups. The ADG was 148.3±26.5 g day<sup>-1</sup> (control group) and 96.5±24.7 g day<sup>-1</sup> (RCGS group), and the gain in BCS was 0.4±0.1 (control group) and 0.2±0.6 (RCGS group).

The plasma glucose concentrations did not differ (P>0.05) between the control (72.4±5.1 mg dL<sup>-1</sup>) and RCGS (79.8±4.8 mg dL<sup>-1</sup>) groups and showed cubic response over time (P<0.01). A first peak in glucose concentrations was observed on d6. A decrease was then observed until d24, which preceded a second peak on d30. There was no effect of the treatment by week interaction (P>0.05; Figure 2). The PUN concentration did not differ (P>0.05) between the control (16.2±0.6 mg dL<sup>-1</sup>) and RCGS (15.3±0.6 mg dL<sup>-1</sup>) groups and had a quadratic response over time (P<0.001) reaching the maximum concentration of 19.5 mg dL<sup>-1</sup> on d18 (Figure 2). There was no effect of the treatment by week interaction (P>0.05; Figure 2).

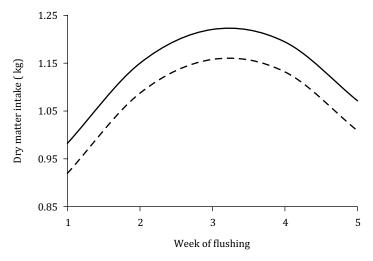
The numbers of follicles  $\geq 3$  mm did not differ (P>0.05) between treatment groups and were  $1.1\pm0.3$ ,  $2.6\pm0.2$ , and  $3.3\pm0.2$  on days -1, 14, and 28, respectively. There was an increase (P<0.05) in the number of follicles  $\geq 3$  mm between d-1 and d14 and between d-1 and d28, but there was no difference (P>0.05) between d14 and d28 (Figure 3).

The percentage of ewes in estrus did not differ (P>0.05) between treatment groups (Table 3). The interval between sponge removal and estrus was shorter (P<0.01) in the control group than in the RCGS group, but the intervals from sponge removal to ovulation and from estrus to ovulation did not

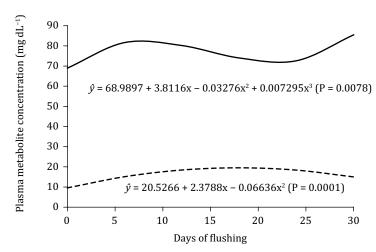
**Table 2 -** Daily intake of dry matter (DM), neutral detergent fiber (NDF), crude protein (CP), ash, ether extract (EE), and nonfibrous carbohydrates (NFC) by tropical Santa Inês ewes during the flushing period

Variable	Control (n = 7)	RCGS (n = 8)	P-value
DM (kg day <sup>-1</sup> )	1.10±0.07	1.00±0.07	0.33
DM (g kg <sup>-1</sup> BW)	26.57±1.70	24.2±1.53	0.30
NDF (g day <sup>-1</sup> )	330.40±22.31	288.30±20.13	0.16
CP (g day <sup>-1</sup> )	138.20±8.90	125.10±8.03	0.27
Ash (g day <sup>-1</sup> )	36.69±2.79	33.34±2.53	0.37
EE (g day <sup>-1</sup> )	33.57±2.26	30.45±2.07	0.31
NFC (g day <sup>-1</sup> )	551.60±41.12	510.00±37.49	0.45

RCGS - rehydrated corn grain silage; BW - body weight. Values are lsmeans±SEM; P>0.05.



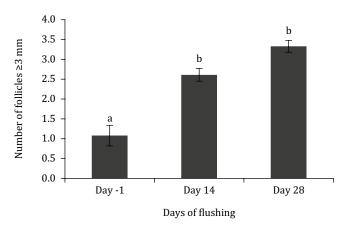
**Figure 1** - Dry matter intake (kg day<sup>-1</sup>) by tropical Santa Inês ewes fed flushing diets with ground corn (control; ——) or rehydrated corn grain silage (RCGS; ----) for 30 days.



**Figure 2** - Plasma urea nitrogen (----) and glucose (-----) concentrations in tropical Santa Inês ewes fed flushing diets for 30 days.

differ between treatment groups (P>0.05; Table 3). Among ewes that showed estrus, 100% in control and 60% in RCGS expressed signs of estrus within 72 h of sponge removal (period considered desirable for synchronization). The length of estrus did not differ between treatment groups (P>0.05; Table 3).

The percentage of ewes that ovulated and the number of ovulations did not differ (P>0.05) between treatment groups (Table 3). The diameter of ovulatory follicles at sponge removal (d28) and the growth rate of the ovulatory follicles were greater in the RCGS group than in the control group, resulting in ovulatory follicles with a larger diameter in the RCGS group (P<0.01; Table 3).



Means with different letters are significantly different (P<0.05). Error bars represent SEM.

Figure 3 - Number of follicles ≥3 mm in tropical Santa Inês ewes on the day before flushing (d-1) and on days

**Table 3** - Effect of flushing with ground corn (control; n = 7) or rehydrated corn grain silage (RCGS; n = 8) on the reproductive variables of tropical Santa Inês ewes

Variable	Control	RCGS	P-value
Estrus expression (%)	57(4/7)	63(5/8)	0.80
Ovulation (%)	86(6/7)	75(6/8)	0.50
Length of estrus (h)	43.6±10.6	37.1±9.5	0.65
Interval from sponge removal to estrus (h)	26.5±8.5b	62.8±7.5a	0.002
Interval from sponge removal to ovulation (h)	71.2±14.2	86.8±14.2	0.47
Interval from estrus to ovulation (h)	41.2±11.2	36.6±10.0	0.76
Number of ovulations (n)	2.7±0.2	1.6±0.3	0.25
Diameter of the ovulatory follicles at sponge removal (mm)	5.2±1.1b	6.3±1.0a	0.01
Growth rate of ovulatory follicles (mm day-1)	0.5±0.1b	0.7±0.1a	0.04
Ovulatory follicle diameter (mm)	6.2±0.5b	8.2±0.7a	< 0.01

Values are the lsmeans ± SEM.

a,b - Means followed by different letters in the rows differ from each other (P<0.05).

#### 4. Discussion

The present study showed that the substitution of one energy ingredient for another with better ruminal starch digestibility, i.e., RCGS, in flushing diets increased the diameter of the ovulatory follicles at sponge removal, prolonged the interval from sponge removal to estrus, and increased the growth rate of the ovulatory follicles, resulting in greater follicular diameter at ovulation. The DMI was not affected by the starch source in this study, corroborating Callison et al. (2001) and Oba and Allen

(2003), who reported that a supply of corn with greater ruminal digestibility of starch did not affect the DMI. According to Oba and Allen (2003), the effects of rumen digestibility of starch on DMI are inconsistent, and a threshold seems to exist, after which propionate affects the DMI. The reduction in DMI after d16 of flushing might be related to the greater concentration of propionate available for gluconeogenesis. When the propionate flux exceeds gluconeogenesis capacity, oxidation of propionate may occur (Bradford and Allen, 2007), which increases hepatic ATP production and thus triggers mechanisms of satiety and intake inhibition (Allen et al., 2009).

Nutrition can have acute, dynamic, and static effects on reproduction (Scaramuzzi et al., 2006). In the present study, there was a dynamic effect, because the increase in the number of follicles on d14 was associated with BW gain throughout the flushing period in both treatment groups. This result also suggests that the diets tested may have beneficial effects on short-term flushing (Zabuli et al., 2010; Habibizad et al., 2015) in ewes with moderate BCS. The increase in the number of follicles in ewes with better nutritional status is consistent with previous reports (O'Callaghan et al., 2000; Viñoles et al., 2009) and may be related to an increase in glucose supply to follicular cells (Zabuli et al., 2010; Habibizad et al., 2015). The ADG, along with the increased plasma glucose concentration, suggests that the animals had a positive energy balance. As reported by Scaramuzzi et al. (2006), a positive energy balance is associated with an increase in plasma glucose concentrations and stimulation of the IGF (insulin-like growth factor) system, which, in turn, are positively related to folliculogenesis and number of follicles. Furthermore, increased DMI is associated with alterations in the hepatic metabolism of steroids (Parr et al., 1987; Parr et al., 1993), which can decrease the negative feedback between the ovary and the hypothalamo-pituitary system, thus stimulating folliculogenesis. These possible mechanisms could lead to an increase in the number of follicles over time. Because propionate is the primary precursor for gluconeogenesis (Huntington et al., 2006) and there was no difference in the DMI, we can assume that the contribution of propionate to gluconeogenesis was similar in both treatment groups. In the present study, the glucose concentrations were close to the upper limit of the reference range of 50 to 80 mg dL<sup>-1</sup> for sheep (Kaneko, 1997), indicating that gluconeogenesis was regulated over time to meet the requirements of the animals (Huntington, 1997).

The corn rehydration and ensiling processes may increase rumen digestibility of starch (Ferraretto et al., 2013). Diets that provide a greater amount of fermentable energy in the rumen reduce the ruminal ammonia (Dias et al., 2018) and, consequently, the PUN concentrations. However, in the present study, no reduction in PUN concentration was found in the group fed RCGS, which might be related to the lack of difference in the CP intake between treatment groups. The CP content in the diets met the recommendations of the NRC (2007), which contributed to PUN values below those considered harmful to sheep reproduction (Bishonga et al., 1996; McEvoy et al., 1997; Branca et al., 2000).

We observed that the number of ewes that ovulated was higher than the number of ewes that showed estrus, suggesting the occurrence of silent ovulations in both treatment groups. Because the main hormonal stimulus for estrus is estradiol, we can reasonably assume that increased hepatic clearance of estradiol (Adams et al., 1994) in overfed animals may have limited estrus. In addition, the use of intravaginal MPA implants may cause vaginitis (Martins et al., 2009) and, thus, adversely affect sexual attractiveness and detection of estrus by rams (Gatti and Ungerfeld, 2012).

The longer interval from sponge removal to estrus in the animals fed RCGS could not be explained by nutritional status, because there was no difference between treatment groups regarding DMI, ADG, BCS, and plasma glucose concentration. It is possible that other hormones and metabolites not measured in this study are involved with the longer interval to estrus behavior after sponge removal in the RCGS group. The blood estradiol concentration and estrus expression may be affected by changes in the regulation of steroidogenesis mediated by glucose and metabolic hormones (Muñoz-Gutiérrez et al., 2004). Insulin is a mediator of glucose uptake by follicular cells (Somchit-Assavacheep et al., 2013) and acts in conjunction with IGF-1 to increase the sensitivity of granulosa cells to follicle-stimulating hormone (FSH) for steroidogenesis (Webb et al., 2004). Thus, more studies are necessary to determine the effects of RCGS on hormones and metabolites related to steroidogenesis and follicular development.

A high percentage of ewes in estrus within 72 h after sponge removal is desirable in estrus synchronization protocols for artificial insemination (AI) or embryo transfer (Godfrey et al., 1999). However, it was only in the control group that all ewes expressed estrus within this interval. The eCG was administered 48 h before sponge removal, similar to the study of Ali (2007), and, interestingly, the interval from sponge removal to ovulation in the control group was similar in both studies. A shorter interval to estrus and ovulation and earlier development of large follicles might be beneficial for fixed-time AI (Ali, 2007). Therefore, a practical consideration is that it may be possible to achieve a good pregnancy rate with the use of fixed-time AI in ewes receiving flushing with ground corn.

The length of estrus observed was similar to that reported by Ascari et al. (2013) and Teixeira et al. (2016) in Santa Inês sheep after estrus synchronization with progestagens. The greater variability observed may be related to the presence of animals with single or multiple ovulations (double or triple). Figueira et al. (2015) reported longer estrus length in Santa Inês sheep with multiple ovulations than in those with single ovulations, which is consistent with our observations.

The data on DMI, ADG, BCS, and plasma glucose suggest that the nutritional status was similar in ewes from both treatment groups, which may be related to the absence of statistical difference in the number of ovulations. Furthermore, some variables, such as the number of ovulations, may have high natural variability, which could contribute to similarity in the result between treatments. The number of ovulations observed in ewes fed the control diet was similar to that reported in Santa Inês ewes fed flushing diets for 28 days (Saunders et al., 2010; Lazarin et al., 2012). In contrast, the number of ovulations observed in ewes fed the RCGS was similar to that reported in Santa Inês ewes fed a maintenance diet (Cavalcanti et al., 2012; Lazarin et al., 2012).

The ovulatory follicle diameter in the RCGS treatment group was larger than the follicle diameters reported in other studies with Santa Inês ewes (Lazarin et al., 2012; Ascari et al., 2013; Teixeira et al., 2016). At the time of sponge removal, the follicle diameter of the animals in the RCGS group was 1.1 mm greater than that of ewes in the control group. In addition, the onset of estrus was delayed, which allowed a longer period of ovulatory follicle growth and ovulation of larger follicles. It is known that the maximum diameter attained by follicles depends on their lifespan (Bartlewski et al., 2011). The ovulation of large dominant follicles with extended lifespan was also reported by Viñoles et al. (2001) after estrus synchronization protocols with long-term progestagen exposure, similar to the protocol of the present study. The largest first-wave follicle is dominant in the ewe, and the decline in progesterone concentrations to subluteal levels over long-term protocols can prolong its lifespan and extend this dominance (Viñoles et al., 1999). However, these authors observed the occurrence of persistent follicles only in those ewes that did not receive eCG. Therefore, the reason for persistent follicle growth in the RCGS group is uncertain. The combination of estrus synchronization and a high-energy diet may contribute to an increase in the ovulatory follicle diameter (Senosy et al., 2017).

#### 5. Conclusions

Replacing ground corn with rehydrated corn grain silage in flushing diets can alter follicular development, resulting in delayed onset of estrus and ovulation of larger follicles. This does not benefit the number of ovulations. The increase in the number of antral follicles after 14 days of flushing with ground corn or rehydrated corn grain silage suggests the possibility of reducing the period of overfeeding.

#### **Conflict of Interest**

The authors declare no conflict of interest.

#### **Author Contributions**

Conceptualization: L.M. Figueira, I.F. Furusho-Garcia, R.F. Leite and N.G. Alves. Data curation: L.M. Figueira, L.R. Faria, J.P.A. Campos, D.R. Silva and N.G. Alves. Formal analysis: L.M. Figueira, R.R. Lima

and N.G. Alves. Funding acquisition: N.G. Alves. Investigation: L.M. Figueira, L.R. Faria, J.P.A. Campos and D.R. Silva. Methodology: L.M. Figueira, I.F. Furusho-Garcia, R.F. Leite, R.R. Lima and N.G. Alves. Project administration: L.M. Figueira and N.G. Alves. Resources: I.F. Furusho-Garcia and N.G. Alves. Supervision: R.F. Leite and N.G. Alves. Writing-original draft: L.M. Figueira, L.R. Faria, J.P.A. Campos, D.R. Silva, I.F. Furusho-Garcia, R.F. Leite, R.R. Lima and N.G. Alves. Writing-review & editing: L.M. Figueira, L.R. Faria, R.F. Leite, R.R. Lima and N.G. Alves.

### **Acknowledgments**

The authors are grateful to the Universidade Federal de Lavras (UFLA) for providing the infrastructure and resources needed to conduct this research; to the Coordenação de Aperfeiçoamento de Pessoal de Nível Superior (CAPES), the Conselho Nacional de Desenvolvimento Científico e Tecnológico (CNPq), and the Fundação de Amparo à Pesquisa do Estado de Minas Gerais (FAPEMIG), for granting scholarships. The authors are also grateful to the members of the Núcleo de Estudos em Nutrição e Reprodução Animal (NUTRAN) for their efforts to conduct this study.

#### References

Adams, N. R.; Abordi, J. A.; Briegel, J. R. and Sanders, M. R. 1994. Effect of diet on the clearance of estradiol- $17\beta$  in the ewe. Biology of Reproduction 51:668-674. https://doi.org/10.1095/biolreprod51.4.668

Ali, A. 2007. Effect of time of eCG administration on follicular response and reproductive performance of FGA-treated Ossimi ewes. Small Ruminant Research 72:33-37. https://doi.org/10.1016/j.smallrumres.2006.07.017

Allen, M. S.; Bradford, B. J. and Oba, M. 2009. Board-invited review: the hepatic oxidation theory of the control of feed intake and its application to ruminants. Journal of Animal Science 87:3317-3334. https://doi.org/10.2527/jas.2009-1779

Alves, N. G.; Torres, C. A. A.; Guimarães, J. D.; Moraes, E. A.; Rodrigues, M. T.; Cecon, P. R.; Bitencourt, L. L. and Amorim, L. S. 2011. Effect of urea in the diet on ovarian follicular dynamics and plasma progesterone concentration in Alpine goats. Revista Brasileira de Zootecnia 40:1512-1518. https://doi.org/10.1590/S1516-35982011000700016

Ascari, I. J.; Alves, A. C.; Pérez, J. R. O.; Lima, R. R.; Garcia, I. F. F.; Nogueira, G. P.; Junqueira, F. B.; Castro, T. R.; Aziani, W. L. B. and Alves, N. G. 2013. Nursing regimens: Effects on body condition, return to postpartum ovarian cyclicity in Santa Ines ewes, and performance of lambs. Animal Reproduction Science 140:153-163. https://doi.org/10.1016/j.anireprosci.2013.06.002

Bartlewski, P. M.; Baby, T. E. and Giffin, J. L. 2011. Reproductive cycles in sheep. Animal Reproduction Science 124:259-268. https://doi.org/10.1016/j.anireprosci.2011.02.024

Bergman, E. N. 1990. Energy contributions of volatile fatty acids from the gastrointestinal tract in various species. Physiological Reviews 70:567-590. https://doi.org/10.1152/physrev.1990.70.2.567

Bishonga, C.; Robinson, J. J.; McEvoy, T. G.; Findlay, P.; Aitken, R. P. and Robertson, I. 1996. Excess dietary urea intake in ewes and its effect on ovulation rate and embryo development. Japanese Journal of Veterinary Research 44:139-151. https://doi.org/10.14943/jjvr.44.3.139

Bradford, B. J. and Allen, M. S. 2007. Depression in feed intake by a highly fermentable diet is related to plasma insulin concentration and insulin response to glucose infusion. Journal of Dairy Science 90:3838-3845. https://doi.org/10.3168/jds.2007-0086

Branca, A.; Molle, G.; Sitzia, M.; Decandia, M. and Landau, S. 2000. Short-term dietary effects on reproductive wastage after induced ovulation and artificial insemination in primiparous lactating Sarda ewes. Animal Reproduction Science 58:59-71. https://doi.org/10.1016/S0378-4320(99)00079-2

Brockman, R. P. 1990. Effect of insulin on the utilization of propionate in gluconeogenesis in sheep. British Journal of Nutrition 64:95-101. https://doi.org/10.1079/BJN19900012

Callison, S. L.; Firkins, J. L.; Eastridge, M. L. and Hull, B. L. 2001. Site of nutrient digestion by dairy cows fed corn of different particle sizes or steam-rolled. Journal of Dairy Science 84:1458-1467. https://doi.org/10.3168/jds.S0022-0302(01)70179-8

Cavalcanti, A. S.; Brandão, F. Z.; Nogueira, L. A. G. and Fonseca, J. F. 2012. Effects of GnRH administration on ovulation and fertility in ewes subjected to estrus synchronization. Revista Brasileira de Zootecnia 41:1412-1418. https://doi.org/10.1590/S1516-35982012000600014

Detmann, E.; Souza, M. A.; Valadares Filho, S. C.; Queiroz, A. C.; Berchielli, T. T.; Saliba, E. O. S.; Cabral, L. S.; Pina, D. S.; Ladeira, M. M. and Azevedo, J. A. G. 2012. Métodos para análise de alimentos. Suprema, Visconde do Rio Branco.

Dias, A. L. G.; Freitas, J. A.; Micai, B.; Azevedo, R. A.; Greco, L. F. and Santos, J. E. P. 2018. Effect of supplemental yeast culture and dietary starch content on rumen fermentation and digestion in dairy cows. Journal of Dairy Science 101:201-221. https://doi.org/10.3168/jds.2017-13241

Ferraretto, L. F.; Crump, P. M. and Shaver, R. D. 2013. Effect of cereal grain type and corn grain harvesting and processing methods on intake, digestion, and milk production by dairy cows through a meta-analysis. Journal of Dairy Science 96:533-550. https://doi.org/10.3168/jds.2012-5932

Ferraretto, L. F.; Fredin, S. M. and Shaver, R. D. 2015. Influence of ensiling, exogenous protease addition, and bacterial inoculation on fermentation profile, nitrogen fractions, and ruminal in vitro starch digestibility in rehydrated and high-moisture corn. Journal of Dairy Science 98:7318-7327. https://doi.org/10.3168/jds.2015-9891

Figueira, L. M.; Fonseca, J. F.; Arashiro, E. K. N.; Souza-Fabjan, J. M. G.; Ribeiro, A. C. S.; Oba, E.; Viana, J. H. M. and Brandão, F. Z. 2015. Colour doppler ultrasonography as a tool to assess luteal function in Santa Inês ewes. Reproduction in Domestic Animals 50:643-650. https://doi.org/10.1111/rda.12543

Gatti, M. and Ungerfeld, R. 2012. Intravaginal sponges to synchronize estrus decrease sexual attractiveness in ewes. Theriogenology 78:1796-1799. https://doi.org/10.1016/j.theriogenology.2012.07.001

Godfrey, R. W.; Collins, J. R.; Hensley, E. L. and Wheaton, J. E. 1999. Estrus synchronization and artificial insemination of hair sheep ewes in the tropics. Theriogenology 51:985-997. https://doi.org/10.1016/S0093-691X(99)00044-8

Gordon, I. 1997. Controlled reproduction in sheep and goats. vol. 2. CAB International, New York, NY.

Gottardi, F. P.; Souza Júnior, A.; Barbosa, Y. G. S.; Marques, C. A. T.; Bezerra, L. R.; Araújo, M. J.; Mingoti, G. Z. and Torreão, J. N. C. 2014. Efeito do flushing sobre o desempenho reprodutivo de ovelhas Morada Nova e Santa Inês submetidas à inseminação artificial em tempo fixo. Arquivo Brasileiro de Medicina Veterinária e Zootecnia 66:329-338. https://doi.org/10.1590/1678-41626103

Habibizad, J.; Riasi, A.; Kohram, H. and Rahmani, H. R. 2015. Effect of long-term or short-term supplementation of high energy or high energy-protein diets on ovarian follicles and blood metabolites and hormones in ewes. Small Ruminant Research 132:37-43. https://doi.org/10.1016/j.smallrumres.2015.10.004

Hammon, D. S.; Holyoak, G. R. and Dhiman, T. R. 2005. Association between blood plasma urea nitrogen levels and reproductive fluid urea nitrogen and ammonia concentrations in early lactation dairy cows. Animal Reproduction Science 86:195-204. https://doi.org/10.1016/j.anireprosci.2004.08.003

Huntington, G. B. 1997. Starch utilization by ruminants: from basics to the bunk. Journal of Animal Science 75:852-867. https://doi.org/10.2527/1997.753852x

Huntington, G. B.; Harmon, D. L. and Richards, C. J. 2006. Sites, rates, and limits of starch digestion and glucose metabolism in growing cattle. Journal of Animal Science 84:E14-E24. https://doi.org/10.2527/2006.8413\_supplE14x

Kaneko, J. J. 1997. Serum proteins and dysproteinemias. p.117-138. In: Clinical biochemistry of domestic animals. Kaneko, J. J.; Harvey, J. H. and Bruss, M. L., eds. Academic Press, London, UK.

Lazarin, G. B.; Alves, N. G.; Perez, J. R. O.; Lima, R. R.; Garcia, I. F. F.; José Neto, A.; Vale, D. N. C. and Saunders, G. A. 2012. Plasma urea nitrogen and progesterone concentrations and follicular dynamics in ewes fed proteins of different degradability. Revista Brasileira de Zootecnia 41:1638-1647. https://doi.org/10.1590/S1516-35982012000700012

Martins, G.; Figueira, L.; Penna, B.; Brandão, F.; Varges, R.; Vasconcelos, C. and Lilenbaum, W. 2009. Prevalence and antimicrobial susceptibility of vaginal bacteria from ewes treated with progestin-impregnated intravaginal sponges. Small Ruminant Research 81:182-184. https://doi.org/10.1016/j.smallrumres.2008.12.003

McEvoy, T. G.; Robinson, J. J.; Aitken, R. P.; Findlay, P. A. and Robertson, I. S. 1997. Dietary excesses of urea influence the viability and metabolism of preimplantation sheep embryos and may affect fetal growth among survivors. Animal Reproduction Science 47:71-90. https://doi.org/10.1016/S0378-4320(96)01627-2

Muñoz-Gutiérrez, M.; Blache, D.; Martin, G. B. and Scaramuzzi, R. J. 2004. Ovarian follicular expression of mRNA encoding the type I IGF receptor and IGF-binding protein-2 in sheep following five days of nutritional supplementation with glucose, glucosamine or lupins. Reproduction 128:747-756. https://doi.org/10.1530/rep.1.00439

NRC - National Research Council. 2001. Nutrient requirements of dairy cattle. The National Academies Press, Washington, D.C. https://doi.org/10.17226/9825

NRC - National Research Council. 2007. Nutrient requirements of small ruminants. The National Academies Press, Washington, D.C. https://doi.org/10.17226/11654

O'Callaghan, D.; Yaakub, H.; Hyttel, P.; Spicer, L. J. and Boland, M. P. 2000. Effect of nutrition and superovulation on oocyte morphology, follicular fluid composition and systemic hormone concentrations in ewes. Journal of Reproduction and Fertility 118:303-313. https://doi.org/10.1530/reprod/118.2.303

Oba, M. and Allen, M. S. 2003. Effects of corn grain conservation method on feeding behavior and productivity of lactating dairy cows at two dietary starch concentrations. Journal of Dairy Science 86:174-183. https://doi.org/10.3168/jds. S0022-0302(03)73598-X

Parr, R. A.; Davis, I. F.; Fairclough, R. J. and Miles, M. A. 1987. Overfeeding during early pregnancy reduces peripheral progesterone concentration and pregnancy rate in sheep. Journal of Reproduction and Fertility 80:317-320. https://doi.org/10.1530/jrf.0.0800317

Parr, R. A.; Davis, I. F.; Miles, M. A. and Squires, T. J. 1993. Feed intake affects metabolic clearance rate of progesterone in sheep. Research in Veterinary Science 55:306-310. https://doi.org/10.1016/0034-5288(93)90099-2

Rekik, M.; Gonzalez-Bulnes, A.; Lassoued, N.; Ben Salem, H.; Tounsi, A. and Ben Salem, I. 2012. The cactus effect: an alternative to the lupin effect for increasing ovulation rate in sheep reared in semi-arid regions? Journal of Animal Physiology and Animal Nutrition 96:242-249. https://doi.org/10.1111/j.1439-0396.2011.01145.x

Roche, J. R.; Burke, C. R.; Meier, S. and Walker, C. G. 2011. Nutrition × reproduction interaction in pasture-based systems: is nutrition a factor in reproductive failure? Animal Production Science 51:1045-1066. https://doi.org/10.1071/AN10162

Saunders, G. A.; Alves, N. G.; Pérez, J. R. O.; Souza, J. C.; Muniz, J. A. and José Neto, A. 2010. Efeito da sobrealimentação com fontes de proteína de diferentes degradabilidades sobre a ovulação em ovelhas Santa Inês. Revista Brasileira de Zootecnia 39:2731-2738. https://doi.org/10.1590/S1516-35982010001200025

Scaramuzzi, R. J.; Campbell, B. K.; Downing, J. A.; Kendall, N. R.; Khalid, M.; Muñoz-Gutiérrez, M. and Somchit, A. 2006. A review of the effects of supplementary nutrition in the ewe on the concentrations of reproductive and metabolic hormones and the mechanisms that regulate folliculogenesis and ovulation rate. Reproduction Nutrition Development 46:339-354. https://doi.org/10.1051/rnd:2006016

Scaramuzzi, R. J. and Martin, G. B. 2008. The importance of interactions among nutrition, seasonality and socio-sexual factors in the development of hormone-free methods for controlling fertility. Reproduction in Domestic Animals 43:129-136. https://doi.org/10.1111/j.1439-0531.2008.01152.x

Senosy, W.; Mahmoud, G. B. and Abdel-Raheem, S. M. 2017. Influence of short-term energy supplementation on estrus, ovarian activity, and blood biochemistry in Ossimi ewes synchronized with fluorogestone acetate in the subtropics. Theriogenology 88:152-157. https://doi.org/10.1016/j.theriogenology.2016.09.027

Sinclair, K. D.; Kuran, M.; Gebbie, F. E.; Webb, R. and McEvoy, T. G. 2000. Nitrogen metabolism and fertility in cattle: II. Development of oocytes recovered from heifers offered diets differing in their rate of nitrogen release in the rumen. Journal of Animal Science 78:2670-2680. https://doi.org/10.2527/2000.78102670x

Somchit-Assavacheep, A.; Campbell, B. K.; Khalid, M.; Kendall, N. R. and Scaramuzzi, R. J. 2013. The effect of short-term nutritional supplementation of ewes with lupin grain ( $Lupinus\ luteus$ ) on folliculogenesis, the concentrations of hormones and glucose in plasma and follicular fluid and the follicular levels of  $P_{450}$  aromatase and IRS-1,-2 and-4. Reproduction 145:319-333. https://doi.org/10.1530/REP-12-0135

Teixeira, T. A.; Fonseca, J. F.; Souza-Fabjan, J. M. G.; Carvalheira, L. R.; Fernandes, D. A. M. and Brandão, F. Z. 2016. Efficiency of different hormonal treatments for estrus synchronization in tropical Santa Inês sheep. Tropical Animal Health and Production 48:545-551. https://doi.org/10.1007/s11250-015-0989-y

Viñoles, C.; Meikle, A.; Forsberg, M. and Rubianes, E. 1999. The effect of subluteal levels of exogenous progesterone on follicular dynamics and endocrine patterns during the early luteal phase of the ewe. Theriogenology 51:1351-1361. https://doi.org/10.1016/s0093-691x(99)00079-5

Viñoles, C.; Forsberg, M.; Banchero, G. and Rubianes, E. 2001. Effect of long-term and short-term progestagen treatment on follicular development and pregnancy rate in cyclic ewes. Theriogenology 55:993-1004. https://doi.org/10.1016/S0093-691X(01)00460-5

Viñoles, C.; Meikle, A. and Martin, G. B. 2009. Short-term nutritional treatments grazing legumes or feeding concentrates increase prolificacy in Corriedale ewes. Animal Reproduction Science 113:82-92. https://doi.org/10.1016/j.anireprosci.2008.05.079

Webb, R.; Garnsworthy, P. C.; Gong, J. G. and Armstrong, D. G. 2004. Control of follicular growth: local interactions and nutritional influences. Journal of Animal Science 82:E63-E74.

Wilkerson, V. A.; Glenn, B. P. and McLeod, K. R. 1997. Energy and nitrogen balance in lactating cows fed diets containing dry or high moisture corn in either rolled or ground form. Journal of Dairy Science 80:2487-2496. https://doi.org/10.3168/jds.S0022-0302(97)76201-5

Zabuli, J.; Tanaka, T.; Lu, W. and Kamomae, H. 2010. Intermittent nutritional stimulus by short-term treatment of high-energy diet promotes ovarian performance together with increases in blood levels of glucose and insulin in cycling goats. Animal Reproduction Science 122:288-293. https://doi.org/10.1016/j.anireprosci.2010.09.005