Considerations about the manuscript published

Re: Chinese auriculotherapy to improve quality of life of nursing team

Levent Tekin
Department of Physical Medicine and Rehabilitation
Gülcüha Military Medical Academy, Haydarpaşa Training Hospital
İstanbul, Turkey

Corresponding Author:
Levent Tekin
Selimiye Mah., Tibbiye Cad.
Fiziksel Tıp ve Rehabilitasyon Kliniği
Gülcüha Askeri Tıp Akademiği, Haydarpaşa Eğitim Hastanesi
Üsküdar, İstanbul / Türkiye
E-mail: md.ltekin@gmail.com

Author Disclosures: We certify that no party having a direct interest in the results of the research supporting this article has or will confer a benefit on us or on any organization with which we are associated AND, if applicable, we certify that all financial and material support for this research (eg, NIH or NHS grants) and work are clearly identified in the title page of the manuscript.

To the Editor,

I read the article entitled “Chinese auriculotherapy to improve quality of life of nursing team”(1) published in your journal by Kurebayashi LF and da Silva MJ with great interest. As a physician applying ear acupuncture in daily practices, I follow and read with pleasure the publications on this subject. I would like to comment on a technical issue, which is usually ignored.

Auriculotherapy is a treatment modality applied by stimulation of acupoints which are the peripheral reflex points on the ear. Perhaps the most important thing in auriculotherapy is to determine acupoints and apply to the most appropriate stimulus on these points. While authors mention about the effects of auriculotherapy, they don’t provide details describing how reactive points were located, i.e. inspection, palpation or other diagnostic methods, and why these points were chosen. If these aspects are addressed, I believe, the article will be much useful for readers.

REFERENCES