**Influence of surface treatment on bond strength of resin cements to a nickel alloy**

Influência do tratamento de superfície na resistência de união de cimentos resinosos em liga de níquel

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**ABSTRACT**

**Objective**
To compare the bond strength of two dual-cure resin cements to Ni-Cr alloy test specimens (TS), with and without surface treatment.

**Methods**
RelyX ARC and Panavia Fluoro Cements were tested. Eighty nickel alloy TS were cast, measuring 10mmx7mmx2.5mm, forming a total of 40 pairs. Four groups of TS were obtained. Twenty pairs were treated by airborne abrasion with 50µm aluminum oxide particles and 20 did not undergo treatment. The TS were cleaned using ultrasound. The parts were cemented according to manufacturers’ instructions. A shear bond strength test was performed until bond failure occurred.

**Results**
Analysis of variance (ANOVA) showed there was a statistical difference (p>0.05) between the groups. Visual analysis of optical microscopy images showed a mixed fracture pattern with adhesive predominance for RelyX ARC, and mixed with cohesive predominance for Panavia F. The sandblasted groups obtained better bonding, with Panavia F attaining higher bond-strength values than RelyX ARC.

**Conclusion**
The Ni-Cr alloy/Panavia F on a treated surface behaved better in terms of bonding.

**Indexing terms:** Composite resins. Dental cements. Shear bond strength.

**RESUMO**

**Objetivo**
Comparar a força de adesão de dois cimentos resinosos duais em liga de Ni-Cr, em corpos de prova (CP) com e sem tratamento de superfície.

**Métodos**
Os cimentos Rely-X ARC e Panavia Fluoro Cement foram testados. Oitenta CP foram fundidos em liga de níquel, nas dimensões 10mm x 7mm x 2,5mm em um total de 40 pares. Quatro grupos de CP foram obtidos. Vinte pares foram tratados com jato de alumínio de 50µm e 20 sem tratamento. Os CP foram limpos em ultrassom. As peças foram cimentadas conforme instruções dos fabricantes. O ensaio de cisalhamento foi conduzido até o momento da falha adesiva.

**Resultados**
A análise da variância (ANOVA) mostrou que houve diferença estatística (p>0.05) entre os grupos. A análise visual das imagens de microscopia óptica mostrou um padrão de fratura mista com predomínio adesivo para o Rely-X ARC e misto com predomínio coesivo para o Panavia F. Os grupos jateados obtiveram melhor adesividade, onde o Panavia F alcançou valores maiores que o Rely-X ARC.

**Conclusão**
O grupo liga de Ni-Cr/Panavia F em superfície tratada se comportou melhor em termos de adesividade.

**Termos de indexação:** Resinas compostas. Cimentos dentários. Resistência ao cisalhamento.
INTRODUCTION

Bonding is a technical procedure through which it is sought to affix a restoration built outside the mouth (indirect) on to teeth that have been suitably prepared, by means of a bonding material, the performance of which has a direct influence on the clinical success of the treatment.

As well as providing retention for the prosthesis, the cement is responsible for the marginal sealing of the interface between the tooth and the restoration, contributing to the maintenance of the physical and biological properties of the structures being joined together. The choice of bonding agent should be guided by a set of beneficial aspects such as: thickness of film, solubility, elastic modulus, flow, bonding and the release of fluoride.

They should also have adequate marginal sealing, high tensile and compressive strength, adequate setting and working times, be radiopaque and have good optical properties.

Resin bonds may be classified as: photopolymerizable, chemically activated or dual-cure. In addition to the classification in relation to setting reaction, they can also be classified in terms of the size of the particles: microfilled and microhybrids.

Of the bonding agents currently available, dual-cure resin cements are the ones chosen for cementing indirect restorations, particularly esthetic restorations, while for indirect restorations, chemically-activated metal cements are generally recommended.

Resin cements are composed of a Bis-GMA (bisphenol A glycidyldimethacrylate) or UDMA (urethane dimethacrylate) matrix combined with other monomers of lower molecular weight, such as TEGDMA (triethylene glycol dimethacrylate). Bi-functional resin monomers also exist with hydrophilic functional groups, HEMA (hydroxyethyl methacrylate) and 4-META (4-Methacryloxyethyl-trimelliticon-anhydride), which modify the organic composition of the resin cement compared with compound resins, and promote the mechanical bonding with the dentin surface, which is frequently exposed on prepared teeth. Inorganic matter (glass and colloidal silica particles) treated with silane can also be found in their composition.

The Panavia cement is a kind of resin composite formed by a liquid (monomer) and a powder (polymer and inorganic matter). The chemical structure and the use of the bonding agent MDP (methacryloyloxydecyldihydrogen phosphate) of this cement exhibited an excellent bond with the dentin (without acid conditioning), varnish (conditioned), Ni-Cr sandblasted with aluminum oxide (Now-Chrome–I), smooth gold alloy (Casting-Gold), gold alloy sandblasted with aluminum oxide (Casting-Gold) and porcelain (VitaOpaque).

Several techniques are available which seek to promote a growth in surface irregularity with the aim of improving the metal-cement bond, such as chemical attack, electrolytic attack and aluminum oxide sandblasting. The latter is the most simple and least expensive method for creating micro-retention and for this reason it is also the one most frequently used.

In the beginning, the form of retention most frequently employed was macro-mechanical and the cements were basically composite resins that were diluted or with no load. Later on, micro-mechanical treatments were perfected that permitted greater efficiency and spread of adhesive prostheses. At the present time, resin cements are specifically manufactured for cementing fixed prostheses, as their chemical and mechanical characteristics have a strong influence on the strength of the bond achieved and, moreover, the emergence of new conditioning agents provides greater simplicity when performing superficial metal alloy treatments.

Several forms of bond may be used to promote the retention of the resin on the metal surface: macro-mechanical (perforation, screens, spheres, rough surfaced with particles); micro-mechanical (aluminum oxide sandblasting); electrolytic attack (roughening using diamond burs); chemical (primers for metal and silanes) and surface-modified layers (tin electrodeposition, silanization). These treatments may be used separately or in combination.

Several studies have compared the shear bond strength of resin cements. However, the choice of bonding system and cementing agent is still a huge challenge for clinics. While the volume of materials available in the marketplace is very large, the knowledge of their long-term behavior is scant.

The goal of this study was to compare the bond strength of two dual-cure resin cements to the Ni-Cr metal alloy, using test specimens with and without any surface treatment.

METHODS

Resin cements

In order to carry out the exercise, two resin cements were used (Panavia F Kuraray, Japan, batch 202348 and RelyX ARC, 3M, Germany, batch 1225400611) recommended for the fixture of indirect restorations.
Influence of surface treatment

Opton Stereo Microscopic, Stuttgart, Germany) with a magnification of 1000x in order to establish the type of fracture.

In groups 2 and 4, the test specimens were sandblasted with aluminum oxide with particles of 50µm at a fixed distance of 5cm, for a period of 20 seconds, pressure of 2 bar, rinsed in running water for 5 seconds and dried with a jet of air. The cleaning was carried out via ultrasound, all the procedures being carried out as per groups 1 and 3.

Panavia Fluoro resin cement: following the cleaning procedure, Alloy Primer (liquid A and liquid B) was applied to the metal and dried for approximately 60 seconds, then equal amounts of paste A and paste B were mixed for 20 seconds. Once manipulated, it was applied to the pieces; any excess was removed and light-activated (RADII PLUS, SDI, São Paulo, Brazil) for 40 seconds at a pre-calibrated light intensity of 500mW/cm². Oxiguard was then applied. After waiting for 3 minutes, the protective gel was removed.

Rely X ARC resin cement: after the cleaning procedure, pastes A and B were mixed for 10 seconds until a homogeneous mass was obtained, which was then applied to the surface of the metal parts. The excess was removed and a pressure of 20N applied for 10 minutes. Following the application of pressure, a light-activating device was used for 40 seconds at a pre-calibrated light intensity of 500mW/cm².

Mechanical assay: The assay that was selected was the shear assay at a speed of 0.5mm/min, using the K500SMPuniversal assay machine (Kratos, São Paulo, Brazil), with a cell load of 100Kgf. The alignment of each specimen was done in such a way as to avoid an unequal distribution of stress during the application of force, so in the tensile test a slow, homogeneous load was applied aligned at an angle of 90° in relation to the planed surface substrate. The assay was performed until the point the adhesive filed, characterized by the displacement of the bonding agents of the two metal pieces.

RESULTS

A visual inspection of the optical microscope images showed a mixed adhesive-predominant fracture pattern for Rely X ARC (Figure 1) and mixed cohesive-predominant pattern for Panavia F (Figure 2).

For the shear assay, the load cell used was 100kgfand a speed of 0.5mm/min, ambient temperature of 25°C and a pre-load of 5N.
Table 2 provides a statistical description (mean, SD (*), minimum, maximum, median and iqr (*)) of the maximum pull-out in the groups. Figure 3 describes the box plot.

<table>
<thead>
<tr>
<th>Source of variation</th>
<th>Sum of the squares</th>
<th>Degrees of freedom</th>
<th>Mean square</th>
<th>F Statistic</th>
<th>p-value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cement</td>
<td>1944.63</td>
<td></td>
<td>1944.63</td>
<td>23.262</td>
<td>0.0007</td>
</tr>
<tr>
<td>Blasting</td>
<td>3509.25</td>
<td>1</td>
<td>3509.25</td>
<td>41.979</td>
<td>&lt; 0.0001</td>
</tr>
<tr>
<td>Cement v. Blasting</td>
<td>907.26</td>
<td>1</td>
<td>907.26</td>
<td>10.853</td>
<td>0.0081</td>
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<tr>
<td>Residues</td>
<td>3009.46</td>
<td>36</td>
<td>83.60</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Total</td>
<td>9370.60</td>
<td>39</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

The Variance Analysis shows a statistically significant difference (p< 0.05) between the cements, between working with blasting and without blasting, and through the interaction of the cement and the use of blasting, or otherwise.

Table 2. Parametric description of the maximum pull-out force.

<table>
<thead>
<tr>
<th>Cement</th>
<th>Blasting</th>
<th>n</th>
<th>mean</th>
<th>SD (*)</th>
<th>min</th>
<th>max</th>
<th>median</th>
<th>iqr (*)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Rely X</td>
<td>Yes</td>
<td>10</td>
<td>15.3</td>
<td>8.23</td>
<td>1.9</td>
<td>29.2</td>
<td>16.3</td>
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<tr>
<td>Panavia</td>
<td>Yes</td>
<td>10</td>
<td>6.1</td>
<td>5.12</td>
<td>0.4</td>
<td>17.0</td>
<td>5.0</td>
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</tr>
<tr>
<td></td>
<td>No</td>
<td>10</td>
<td>10.6</td>
<td>8.40</td>
<td>2.2</td>
<td>27.1</td>
<td>8.4</td>
<td>8.7</td>
</tr>
</tbody>
</table>

(*') - SD: standard deviation; iqr: interquartile range(based on the Tukey hinges).

Figure 3. Graphical description (by means of box and whisker diagrams: boxplots).
DISCUSSION

The cementing of a prosthetic restoration is the final step of a series of procedures including dental preparation, molding, acquisition of the mold and the laboratory stages of making the restoration. The ultimate success will depend on the correct selection and manipulation of the bonding agent.

The present study sought to compare the bonding strength of two dual-cure resin cements to a Ni-Cr alloy, in specimens that received surface treatment and those that did not.

The choice of alloy in this study was based on the properties of the Ni-Cr alloy because this has generally been the material of choice for making adhesive prostheses. At the present time, there are numerous studies that make use of this alloy.

Resin cements are important because they are highly adhesive and resistant to the dislodgement of the restoration. The phosphate monomer 10-MDP, which emerged in the 1980s, as a component of the Panavia bonding adhesive has continued to be a benchmark for the type of metal-resin bond. They can be very useful when the geometric design of the preparations does not provide adequate retention and stability.

As an adhesive prosthesis is subjected to forces right from the initial cementation, the present study performed a mechanical assay 24 hours after cementation, acquiring recent data of the cement and the part.

The use of aluminum oxide blasting to clean the prosthetic parts and the increase in micro-mechanical retention prior to cementation has become a commonly used procedure since a significant increase in bond strength has been noted between the metal and the resin, when the metal's surface is sandblasted with aluminum oxide.

The present study proposed to analyze the sandblasting with 50µm AL₂O₃ particles, applied to a Ni-Cr alloy, the shear resistance of the alloy to the cements Panavia F and Rely X ARC and the consequent fracture pattern. Knowing that the effect of blasting with aluminum oxide and the type of resin cement (with or without MDP) demonstrated that the highest and best adhesive strength values were obtained after blasting and cementation with MDP-based cement. These data contributed to the findings in our study, in which Panavia F sandblasted with AL₂O₃ obtained the best results. The phosphate ester group of the adhesive monomer MDP bonds directly with metallic oxides, thus they suggest a chemical bond between the MDP and the oxides of aluminum.

A mixed fracture pattern with cohesive predominance of Panavia F was obtained in this study, a constant feature in studies using this type of resin cement.

The Rely X ARC showed mixed fractures with adhesive predominance in keeping with the literature.

The fracture pattern confirms the statistical data in this study in which group 2 presented statistically higher tensile strength values in comparison with the resin cement Rely X ARC.

Given the great variety of available bonding agents, the dental professional cannot use just one bonding agent for all cases, and should be alert to the inherent characteristics in each clinical situation, so that he/she may correctly select the most suitable technique and bonding agent.

CONCLUSION

Based on the methodology applied, the experimental conditions and in accordance with the proposition, it was concluded that:

The surface treatment of the metal promoted a more effective bonding of the resin cements Panavia Fluoro Cement and Rely X ARC to the Ni-Cr alloy when compared to untreated surfaces. The cement Panavia Fluor demonstrated superior bonding, when compared to the Rely X ARC, on treated metal surfaces.

Collaborators

CB SILVA was responsible for the experimental work and composition of the article. DM SALIM described the methodology, collaborated in the laboratory activities and also the composition of the article. GM KAMMER assisted with the statistical analysis and took part in the composition of the article. W CARVALHO supervised the laboratory study and took part in the composition of the article.
REFERENCES


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