Review article

Deconstructing the myth of Pasewalk: Why Adolf Hitler’s psychiatric treatment at the end of World War I bears no relevance

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Abstract

Background: Even more than 70 years after the end of WW II, questions regarding the personality of dictator Adolf Hitler (1889-1945) remain unresolved. Among them, there is a focus on the problem of his state of mental health, in particular on the possible relevance of the medical treatment he received for a war injury at the military hospital of the small German town of Pasewalk in the last days of WW I. Some authors have come to postulate a profound change of his personality due either to a psychic trauma suffered or a hypnotic therapy he supposedly underwent for curing a hysterical blindness. Objectives: The assumptions about Hitler’s war injury which rely on only two significant sources shall be assessed for their validity. Methods: Existing historical sources and inferred hypotheses will be discussed in the light of alternative interpretations. Results: The mentioned suppositions reveal their highly arbitrary character: neither a hysterical blindness of Hitler’s nor a hypnotic treatment at Pasewalk military hospital can be substantiated. Discussion: Given the fact that Hitler’s medical sheet is most likely irrevocably lost, the authors plea for the acceptance of the limitations of historical research, even more so since the occurrences in Pasewalk lack any deeper importance for a historic assessment of Hitler’s personality.


Keywords: Adolf Hitler, Edmund Forster, Ernst Weiß, Pasewalk, hysterical blindness.

Introduction

Though more than 70 years have passed since the end of World War II, that outburst of extreme violence in Central Europe remains somewhat enigmatic: how could a country like Germany, which considered itself among the world’s most civilized nations, become the perpetrator of such extreme destructiveness? One of the explanations easily at hand points to the person of Adolf Hitler (1889-1945) and his charismatic, even hypnotic aura. But then again, another problem arises: how could such a mediocre figure, a failed soldier and politician, become the perpetrator of such extreme destructiveness? One of the explanations easily at hand points to the person of Adolf Hitler (1889-1945) and his charismatic, even hypnotic aura. But then again, another problem arises: how could such a mediocre figure, a failed soldier and politician, become the perpetrator of such extreme destructiveness? One of the explanations easily at hand points to the person of Adolf Hitler (1889-1945) and his charismatic, even hypnotic aura. But then again, another problem arises: how could such a mediocre figure, a failed soldier and politician, become the perpetrator of such extreme destructiveness?

Here is where some authors make the assumption that psychiatry plays a role, stating that Hitler underwent a profound personality alteration at the end of World War I, when he fought with the rank of lance corporal in a Bavarian infantry division. They postulate that the presumed change was the result of either a psychic trauma suffered when his unit was attacked with mustard gas in the trenches close to the Belgian town of Ypern in October 1918, or from the psychiatric treatment he supposedly received afterwards in the Northern German town of Pasewalk, where he was a patient at the local military hospital from October 21 to November 19 of that year. The incident on the Western front, Hitler’s temporary blindness, and his medical treatment in the Pomeranian town can be considered proven facts. However, the speculations that rise from them cannot claim any reliable evidence in their favour. Yet they spread rapidly, even finding their way into Brazilian and Portuguese scientific literature and thus creating what the authors of this paper have come to call the “myth of Pasewalk.” This study aims to acquaint the reader with the main arguments brought forth by the advocates of this delineated narrative, to scrutinize their reliability and, finally, to reveal their highly speculative and implausible nature. And, while it cannot prove the opposite, this study makes a strong plea for the intellectual honesty of accepting the limitations of historical research.

State of the discussion in general

A vast number of studies dealing with questions of Hitler’s overall health have been published in English and German. Some of them come from his followers or ex-doctors and must be read with due caution, but there are also more recent studies.

When focusing on Hitler’s mental health, we find some remarkable statements already made by renowned German psychiatrists of the time. University professor Oswald Bumke (1877-1950), teaching in cities such as Rostock, Leipzig, Munich and then German Wrocław, claimed to have hinted strongly at Hitler when lecturing on prestige-craving (“geltungsbedürftig”) hysterical personalities and schizophrenia, autistic fanatics, as the terminology of the time called it! Supposedly because of this, he lost his position as a full professor at Heidelberg University. A similar story has been told about Hans Gruhle (1880-1958). Even up to the present, psychiatrists maintain the hypothesis of a hysterical blindness.

Literature provides an even wider spectrum of mental disorders Hitler may have suffered from, ranging from a paranoid personality accentuation with ideas of persecution and grandeur over a narcissistic and hysterical psychopathy including hysterical blindness or paraisis respectively, or, alternatively, a schizoidia up to a paranoid schizophrenia with hallucinations of cadaveric poison, coenesthesias, bacillobobia and delusions of persecution and blessedness. The pathographic compilation “Genie, Irrsinn und Ruhm” (“Genius, insanity, and glory”) provides a comprehensive survey of these psychiatric hypotheses, as well as of a number of physical diseases like Parkinson’s, encephalitis and a syphilis with ocular symptoms; see also the recent overview. However, all of these vast allegations lack any objective basis in terms of reliable historical documents.

Hitler in Pasewalk

In recent years, the debate has concentrated on a brief episode in late 1918, when the young Adolf Hitler, a low-ranking soldier in the German army at the time, received medical treatment at the military reserve hospital in the Pomeranian town of Pasewalk, about 150 km north of Berlin. In 1976, the American historian Rudolph Binion made...
the assumption that the German psychiatrist Edmund Robert Forster (1878-1933), then chief surgeon in service of the German imperial navy, but in civil life first senior doctor at the Berlin University Hospital Charité, and from 1925 onwards professor at Greifswald University Hospital, had been in charge of Hitler's treatment and that this and the fear of reprisal was the reason for Forster's subsequent suicide. By applying a so-called psycho-historical approach, developed by Lloyd deMause in the 1970s, Binion postulated that, in the last days of WW I, Hitler turned into a charismatic leader personality and a fervent anti-Semite, demonstrating characteristics he never had before. Binion holds Edmund Forster's supposed "miraculous cure" responsible for this alteration.

This study focuses on the validity of this hypothesis, which relies almost exclusively on two very special documentary sources, given that Hitler's medical charts are still missing. The first is a US Navy intelligence report from March 1943, reporting a testimony given by the Jewish refugee Karl Kroner (1878-1954), who had worked as a neuropsychiatrist in Berlin and claimed to have been present at Hitler's medical examination. The report, entitled "ADOLF HITLER'S BLINDNESS (A psychological study)" draws a connection between Hitler, Forster (though incorrectly referring to him as "Fürster") and the diagnosis of hysteria. Additionally, Kroner accused Hitler not only of murdering Edmund Forster because of what he knew about his former patient, but also of killing his own niece, Geli Raubal, for refusing to submit to her uncle's sexual perversions. Furthermore, Kroner denounced Hitler as a coward in war, undeserving of his military decorations. Unfortunately, Kroner died too soon for historians to interview him about his allegations after the war, but the British neuropsychologist David Lewis had access to Weiß's novel provides something like a docu-fiction for potentially crucial days in Hitler's life. Yet there is no historical evidence whatsoever that Weiß had privileged access to Hitler's lost medical files or any other source of in-depth information. Quite the contrary: a careful reading of The Eyewitness reveals the various efforts Weiß took with the aim of making it very clear that he was by no means to be confused with the fictitious narrator of the story. A good look at his other novels emphasizes the literary nature of the book, as many of them deal with questions of power and helplessness in medical affairs. The assumption that Weiß's novel provides something like a docu-fiction for potentially crucial days in Hitler's life can neither be proven nor refuted. It simply needs to be taken as purely hypothetical.

**Critical voices**

In the light of the insufficiency of the provided sources, we advocate being extremely careful about any possible mental disorder on Hitler's record. No one has been able to come forth with reliable historical material for the allegations made, whether on the making of Ernst Weiß's novel or on Edmund Forster's biography. We also cannot be sure that Forster was present at Pasewalk at all during Hitler's treatment, nor do we know of any positive proof that his involvement with Hitler could be considered a motivation for his suicide. Quite the contrary: documentary sources at Greifswald University provide strong evidence that Forster fell victim to a personally motivated attack by a former member of staff and subsequently was dismissed by Nazi authorities – a chain of events that caused the ambitious scientist to fall into a deep depression and take his own life. Another open question continues to be how Forster is supposed to have transferred information on Hitler and his medical sheet to Ernst Weiß in Paris. The aforementioned arguments that construe a link between Hitler's hypothesized treatment in Pasewalk and Edmund Forster's death are based on vague evidence, the sources for which can most likely be traced back to Forster himself. These aspects have been prudently challenged by Maranhão-Filho and da Rocha e Silva.

After all, the evidence provided by Forster's relatives as insinuated by Lewis can hardly be considered convincing: the only thing the son Balduin, a thirteen-year-old boy at the time of his father's suicide, remembers for sure is his mother's statement saying that Forster had assessed Hitler and called him a hysteri. Yet the context of this assessment and whether it involved some kind of therapy remain unknown.

Hitler's medical sheet, the only potentially conclusive document, no longer exists. The above-mentioned US intelligence dossier from 1943, discovered in the 1970s by Hitler's North American biographer
John Toland46 in the National Archives in Washington, at first seemed to shed light on Hitler's stay at Pasewalk. But as Katz remarked critically shortly afterwards, Kroner did not go beyond "reproducing" well-known opinions (of Forster’s) – German psychiatrists were already discussing hysteria as a possible diagnosis of the self-proclaimed dictator at that time44. Based almost exclusively on this intelligence report as the only historical source, later authors such as Post (1998), Lewis (2003), Horstmann (2004), and Köpf (2005)22-24,26 created a myth, the development and continuation of which have been investigated previously45.

Since the relevant sources are missing a factual consideration of Hitler’s stay at Pasewalk military hospital, we are inevitably led to the conclusion that the issue of his alleged hysterical blindness simply cannot be resolved. Nor can the recent contributions made by historians Thomas Weber44 and Henrik Eberle45 change anything regarding the issue. Calling upon Lewis, Köpf and Horstmann, Weber presented a new narrative by introducing the German neurologist Otfrid Foerster (1873-1941) as another colporteur of a mental disorder as yet unmentioned in academic discourse, but who was indeed representing a quite specific document of the medical treatment of Hitler’s stay at Pasewalk military hospital. For the purposes of this discussion, this is of no consequence.

The reticence as shown by the majority of historians concerning Hitler’s stay at Pasewalk military hospital continues to be more than appropriate. After all, with the medical sheet missing, there is no way of substantiating that he was ever treated by Edmund Forster. Moreover, even if it were true, it would not signify more than a marginal episode in Hitler’s biography for a historical assessment of his person. Instead of adding to our knowledge by presenting new sources, recent contributions have publicized a myth that seems problematic in two ways: on one hand, it reduces Edmund Forster to having been Hitler’s therapist, which doesn’t do justice to his personality and achievements. On the other hand – and this weighs more heavily – it diminishes and relativizes Hitler’s responsibility for his acts. In the opinion of the historian Ian Kershaw, it minimizes the complex developments that led to the mass murder of Jews during the Second World War to the alleged trauma of one single person in 191846 (p101). And, last but not least, this indirectly follows the logic of Hitler’s “Mein Kampf”, where he describes the shift his life allegedly took during his hospital stay, including his decision to become a politician22 (pp221,225). This implicates the risk of continuing the Myth of Hitler (the so-called “Fürher-Mythos”). In conclusion, it remains to be said that Hugh Redwald Trevor-Roper’s 1947 statement remains valid: “Whatever Hitler’s psychological condition may have been, […] on such a subject, and in so unique a character, it would be imprudent to speculate”45 (p53).

**Declaration of interest**

There are no conflicts of interest.

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* Hugh Redwald Trevor-Roper (1914-2003), an intelligence officer in World War II for British Secret Intelligence Service Military Intelligence Section 6 (SIS MI 6) and a professional historian, was assigned the task of investigating the final days of Hitler’s life and the closer circumstances of his death. In 1947 he published his results in his book “The Last Days of Hitler.”

**Figure 1.** Excerpt of the medical book (Hauptkrankenbuch) of Pasewalk (Source: Krankenbuchlager Berlin, Sammelurkunde Nr. 28103, HKB Res.-Laz. Pasewalk, p291); see row 2 for the only source available on Hitler’s 1918 medical treatment: e.g. col 5 for his name, col 9 for his denomination (catholic), col 11 for his marital status (ledig = unmarried), col 14 for the diagnosis (Gasvergiftung = gas poisoning; compare informations for the blackened patient in the row above: Grippe = influenza which indicates that Hitler was not being treated in a specialized department), col 15 for date of entry, col 18 for date of dismissal.