Epstein-Barr virus-positive gastric cancer: a distinct molecular subtype of the disease?

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ABSTRACT
Approximately 90% of the world population is infected by Epstein-Barr virus (EBV). Usually, it infects B lymphocytes, predisposing them to malignant transformation. Infection of epithelial cells occurs rarely, and it is estimated that about to 10% of gastric cancer patients harbor EBV in their malignant cells. Given that gastric cancer is the third leading cause of cancer-related mortality worldwide, with a global annual incidence of over 950,000 cases, EBV-positive gastric cancer is the largest group of EBV-associated malignancies. Based on gene expression profile studies, gastric cancer was recently categorized into four subtypes; EBV-positive, microsatellite unstable, genomically stable and chromosomal instability. Together with previous studies, this report provided a more detailed molecular characterization of gastric cancer, demonstrating that EBV-positive gastric cancer is a distinct molecular subtype of the disease, with unique genetic and epigenetic abnormalities, reflected in a specific phenotype. The recognition of characteristic molecular alterations in gastric cancer allows the identification of molecular pathways involved in cell proliferation and survival, with the potential to identify therapeutic targets. These findings highlight the enormous heterogeneity of gastric cancer, and the complex interplay between genetic and epigenetic alterations in the disease, and provide a roadmap to implementation of genome-guided personalized therapy in gastric cancer. The present review discusses the initial studies describing EBV-positive gastric cancer as a distinct clinical entity, presents recently described genetic and epigenetic alterations, and considers potential therapeutic insights derived from the recognition of this new molecular subtype of gastric adenocarcinoma.

Keywords: Stomach neoplasms. Epstein-Barr virus infections. Genomics. Epigenomics. Molecular targeted therapy.

INTRODUCTION
Since its first description in 1964, Epstein-Barr virus (EBV), a γ-herpes virus, has been closely related to the pathogenesis of malignancies, mainly lymphoids[1]. EBV preferentially infects B lymphocytes, in which it tends to persist as a latent, asymptomatic infection and, by expression of proteins that influence the host cell cycle, it predisposes to malignant transformation[2]. EBV infection associated with malignancy was first described in endemic Burkitt's lymphoma; however, it has since been consistently identified as involved in the pathogenesis of Hodgkin’s lymphoma and post-transplantation lymphomas[2].

While the involvement of EBV in lymphoid malignancies is well described, the effects of EBV infection of other cell types, particularly epithelial cells, remain poorly understood. The role of EBV in the pathogenesis of nasopharyngeal carcinoma and in a subgroup of patients with gastric adenocarcinoma is recognized; however, the genetic and epigenetic alterations responsible for these malignant phenotypes require further elucidation.

Given the global annual incidence of >950,000 cases of gastric adenocarcinoma[3], and the known association of EBV infection with 8%-10% of cases[4], including 80% of rare lymphoepithelioma-like gastric carcinoma[5] and 35% of stump gastric carcinomas[6], EBV-positive gastric cancer cases constitute the largest group of EBV-associated malignancies.

Gastric cancer (GC) is the third most common cause of cancer-related mortality worldwide[7]. Approximately 95% of stomach neoplasms are adenocarcinomas[8], and in this review we use these terms interchangeably. GC incidence is closely related to environmental factors, which is reflected in a characteristic geographic distribution, with Eastern countries, Eastern Europe and Latin America representing the greatest areas of risk for disease[9]. GC has a dismal prognosis, with high relapse rates, even for localized tumors, and estimated survival times of only 8-10 months in patients with recurrent or metastatic disease[10].

Recognition of the heterogeneity of malignancies and elucidation of the detailed molecular biology of disease subtypes, both of which have allowed the identification of driver mutations as potential therapeutic targets, have significantly improved systemic cancer therapy (Figure 1). In addition,
the advent of monoclonal antibodies and tyrosine kinase inhibitors targeting key proteins in tumor proliferation have altered the landscape of systemic cancer therapy in recent years.

The ToGA study\(^{(13)}\) demonstrated that approximately 20% of GC patients have c-erbB2 amplification and/or HER2 protein overexpression, a receptor tyrosine kinase member of the epidermal growth factor receptor (EGFR) superfamily\(^{(13)}\)\(^{(14)}\), providing a first step towards individualization of therapy. The study found that the addition of trastuzumab, a monoclonal antibody that inhibits HER2, to a standard chemotherapeutic regimen significantly improved overall survival\(^{(13)}\).

Through gene expression profile studies, a new molecular characterization of gastric adenocarcinoma has recently been proposed. The Cancer Genome Atlas (TCGA) Research Network has identified four distinct molecular subtypes of the disease, and one of these was characterized by positivity for EBV infection\(^{(15)}\). These data reinforce previous studies demonstrating that EBV infection induces unique genetic and epigenetic alterations in gastric epithelial cells, resulting in a distinct disease phenotype, and corroborate the hypothesis that EBV-positive GC is a distinct clinical entity\(^{(16)}\)\(^{(17)}\)\(^{(18)}\)\(^{(19)}\). Molecular alterations unique to EBV-positive GC will enable identification of novel driver mutations and potential therapeutic targets.

This review aimed to revisit the initial studies describing EBV-positive GC as a distinct clinical entity, describe recently identified genetic and epigenetic alterations, and consider the potential therapeutic implications of the recognition of this new molecular subtype of gastric adenocarcinoma.

**Clinicopathological characteristics of gastric cancer**

World Health Organization (WHO) classification divides GC into four distinct histological subtypes; tubular, papillary, mucinous and signet-ring cell carcinomas\(^{(10)}\). The Laurén classification categorizes GC tumors into intestinal- and diffuse-types, and is useful for correlating the histological appearance of tumors with disease natural history, such as its association with environmental factors, precursor lesions, and incidence trends\(^{(10)}\). Tumors that display similar distributions of intestinal- and diffuse-type histology are described as mixed, and undifferentiated tumors are classified as indeterminate.

Intestinal-type tumors account for the vast majority of sporadic GC and are associated with better prognosis compared to the diffuse-type. They form poorly differentiated glands, usually in conjunction with intestinal metaplasia, whereas the diffuse-type consists of small cohesive cells, with diffuse infiltration in the organ wall and poor or absent glandular differentiation\(^{(10)}\). Intestinal-type tumors are strongly associated with defined risk factors; for example, its occurrence is closely related to the presence of *Helicobacter pylori* infection, which can lead to atrophic gastritis, followed by intestinal metaplasia and neoplastic transformation. This type of GC is also associated with obesity and gastroesophageal reflux disease, as well as age and diet.

Diffuse-type GC is not clearly related to defined environmental risk factors, but is associated with *CDH1* (E-cadherin) mutation and is the histological type most typical of genetic syndromes associated with GC. The relative incidence of Laurén histological types varies according to the population studied\(^{(10)}\).

**Epstein-Barr virus in gastric cancer**

Approximately 90% of the world’s population is infected by EBV\(^{(19)}\); however, only a minority of infected individuals develop EBV-associated malignancies, including GC. The reasons that neoplastic transformation occurs in a small number of patients, while the majority are spared, are unknown.
In healthy individuals, infection of the gastric epithelial cells is rare (20) (21) (22), and the mechanisms underlying infection of the gastric mucosa by EBV remain unknown. It is assumed that EBV infection is an early event in carcinogenesis, owing to evidence of virus infection in premalignant lesions, such as dysplastic epithelial cells (23) (24) (25) (26) (27).

EBV-positive GC is defined by the presence of virus in tumor cells. It tends to present with a distinct clinicopathological phenotype, compared to EBV-negative GC. Meta-analysis involving 9,738 patients from 48 studies revealed a rate of infection of 8.8% (19). EBV-positive GC was more prevalent in younger patients (50-68 years old), compared to EBV-negative tumors (56-72 years-old) (19) (20), and is associated with male sex, as well as Caucasian and Hispanic ethnicities (19) (24) (25) (26) (27). EBV-positive tumors occur preferentially in proximal portions of the stomach, most frequently the cardia and gastric body (19) (24) (26), and are associated with diffuse-type histology (19) (24).

There is a strong relationship between EBV infection and lymphoepithelioma-like gastric carcinoma, as well as gastric remnant carcinomas, particularly those that undergo Billroth II surgery, suggesting that damage to the gastric mucosa facilitates EBV infection in the remaining tissues (19).

The association of EBV infection and tumor depth is controversial. Studies have shown correlation with both superficial and more invasive tumors. An association with nodal status is also debated. A study involving 715 patients demonstrated that EBV-positive GC patients tend to present without nodal involvement (18), whereas another study of 235 patients revealed an association between viral infection and the presence of nodal metastases (23). Meta-analysis showed no correlation between EBV infection and tumor depth or nodal status (19).

Genetic and epigenetic abnormalities

EBV-positive GC patients have typical genetic and epigenetic alterations, which translate into a clinicopathological phenotype defining a specific subtype of GC.

Nine well-recognized viral genes (BARF0, BARF1, BcLF1, BHRF1, BLLF1, BRLF1, BZLF1, EBNA1, and LMP2A) are highly expressed in EBV-positive GC (20) (29) (30) (31). Some of these genes, including BARF1, BHRF1, and LMP2A, have oncogenic potential (28). Expression of LMP2A is involved in up-regulation of survivin protein, which confers a cell survival advantage, and activates cellular DNMT3b, causing genome-wide aberrant methylation in host cells (28) (32).

EBV exists as episomes in host cell nuclei, owing to the length of its genome (approximately 170 kb) (23) (28), and approximately 205 host cell genes are typically mutated in EBV-positive GC, including AKT2, CCNA1, MAP3K4 and TGFBR1 (28).

AKT2 is a putative oncogene encoding a protein that participates in important cancer pathways, including MAPK signaling. The mutant form of AKT2 identified in EBV-positive GC exhibits elevated kinase activity, with consequent increases in the activities of the important mediators of the MAPK signaling pathway, AP-1 and ERK, leading to promotion of cell growth. Cyclin A1 (CCNA1) belongs to the cyclin family and functions in the control of the germline meiotic cell cycle. CCNA1 plays different roles in virus-related and non-virus-related malignancies. MAP3K4 functions as a major mediator of environmental stressors that activate the p38 MAPK pathway, and its mutation has been reported in endometrial cancer. Transforming growth factor-β-receptor 1 (TGFBR1) is a serine/threonine protein kinase and receptor for TGF-β. Mutations in TGFBR1 have been found in skin and colorectal cancers. Given the functional importance of these genes in human cancers, their EBV-induced mutation may contribute to the pathogenesis of EBV-associated GC (28).

Viruses-related epigenetic alterations are also apparent in EBV host cells. Studies of cultured EBV-positive GC cells demonstrated that 216 genes were hypermethylated and transcriptionally down-regulated, and 46 were demethylated and transcriptionally up-regulated, compared to their expression in EBV-negative cells (20) (30). Similar findings were reported in tumor samples, with high levels of methylation of the ACTB1, FAM3B, IHH, and TRABD genes (28). Knockdown of IHH and TRABD induces an increase in tumor cell proliferation, demonstrating that such genes have potential tumor-suppressor functions; hence, their methylation could be involved in the pathogenesis of EBV-positive GC (28). There is evidence for an association between EBV-positive GC and CpG methylation (32) (34) (35). The CpG island methylator phenotype (CIMP) is characterized by simultaneous methylation of multiple genes and is an important mechanism of gastrointestinal tumor carcinogenesis. Furthermore, CIMP status (CIMP-high/CIMP-low or CIMP-negative) appears to correlate with prognosis. CIMP-high patients tend to have improved prognosis, more superficial tumors, diffuse-type histology, and early-stage disease, whereas CIMP-negative patients generally have poorer prognosis (35) (36). This suggests that EBV infection causes hypermethylation of a specific group of genes, and that silencing of these genes may favor the malignant transformation of gastric epithelial cells.

Genetic and epigenetic abnormalities identified in EBV-positive GC comprise five interrelated core pathways, namely axon guidance, focal adhesion, cytokine-cytokine receptor interaction, MAPK signaling, and regulation of actin cytoskeleton. Three of these pathways (cytokine-cytokine receptor interaction, MAPK signaling, and regulation of actin cytoskeleton) are affected by EBV infection in lymphoblasticoid cell lines and primary B cells, suggesting common dysregulation of these pathways by EBV infection in different cell types during disease initiation. Dysregulation of these five core pathways, through both genetic and epigenetic modulation of host genes by EBV infection, may be important in the development of this subtype of GC (28). The recent TCGA molecular classification divides GC into four subtypes: EBV-positive, microsatellite unstable (MSI), genomically stable (GS), and chromosomal instability (CIN), based on data produced using six molecular platforms (array-based somatic copy number analysis, whole-exome sequencing, array-based DNA methylation profiling, messenger RNA sequencing, microRNA sequencing, and reverse-phase protein array) (15) (Figure 2).
Nine per cent of tumors in the TCGA study were assigned to the EBV-positive subtype, which is associated with the most extensive DNA hypermethylation identified in solid tumors by TCGA to date\(^\text{15}\). EBV-positive subtype tumors are predominantly located in the gastric fundus or body, and preferentially occur in males. \textit{ARID1A} and \textit{BCOR} mutations are prevalent, whereas genetic alterations of \textit{TP53} are rare\(^\text{15}\)\(^\text{17}\). Notably, 80% of EBV-positive subtype tumors harbor mutations in phosphatidylinositol 3-kinase CA (\textit{PIK3CA}) and amplification of \textit{JAK2}, \textit{CD274}, and \textit{PDCD1LG2}, which encode receptor tyrosine kinase, PD-L1 and PD-L2, respectively, are also common\(^\text{15}\). Based on these findings, \textit{JAK2} inhibitors and PD-L1/2 antagonists could be explored as treatment options in EBV-positive tumors.

In contrast, MSI-tumors tend to occur more frequently in females and older patients. These represent 22% of cases and are strongly correlated with \textit{MLH1} hypermethylation. GS-tumors are associated with diffuse-type histology and tend to be diagnosed at an earlier age. \textit{CDH1} mutations are enriched in this subgroup, which represents 20% of GC patients. As in the EBV-subtype, \textit{ARID1A} mutations are prevalent, and mutations of the \textit{RHOA} gene are almost exclusively found in GS tumors. The CIN-subtype represents the largest group, accounting for 50% of cases. It has a predilection for the gastroesophageal junction, an association with intestinal-type histology, and the highest rates of \textit{ERBB2} amplification among the molecular subtypes. Elevated rates of \textit{EGFR} amplification and \textit{TP53} mutation are also characteristic of the CIN-subtype, consistent with the marked aneuploidy also distinguishing this group.

There was no difference in survival among patients with the four molecular subtypes evaluated in the TCGA study and comparison of the distribution of subtypes between western and eastern patients revealed a similar distribution in both populations\(^\text{15}\). Additional studies including larger numbers of patient samples are needed to better clarify the relationships among geographic regions, ethnic characteristics, and the biological profile of GC.

**FIGURE 2 - Proportion of genetic abnormalities in distinct GC subtypes.** EBV: Epstein-Barr virus; MSI: microsatellite-instability; GS: genomically stable; CIN: Chromosomal instability.
Prognostic value of EBV

The impact of EBV infection on the overall survival of GC patients remains a topic of debate. All studies that have evaluated this issue were retrospective and, therefore, provide an unsatisfactory level of evidence to allow definitive conclusions.

An international pooled analysis including 13 studies, totaling 4,599 patients, suggested that EBV-positive GC is associated with better prognosis, with a 28% reduction in relative risk of death (HR, 0.72; 95% CI, 0.61-0.86)\(^{(38)}\). EBV-positive patients had an estimated median survival of 8.5 years compared to 5.3 years for EBV-negative patients (p = 0.006). EBV infection status was a prognostic factor, alongside TNM stage, age, anatomic subsite, and degree of differentiation. Likewise, exploratory analysis of a pivotal Dutch Trial, investigating the prognostic influence of EBV status, showed better cancer-related survival and disease-free survival in an EBV-positive patient subgroup, which could be explained by decreased nodal involvement, reduced residual disease and younger age in this subgroup\(^{(18)}\).

By contrast, in a retrospective analysis including 123 EBV-positive GC patients and 405 EBV-negative controls, superior overall survival was demonstrated in the former group, but only in univariate analysis. The statistical significance was lost when other prognostic variables were included in multivariate analysis\(^{(39)}\). Similarly, a study where 457 patients samples were analyzed by tissue microarray did not identify any correlation between EBV infection and survival\(^{(27)}\).

Host immune response to EBV infection appears to influence the prognosis of neoplastic disease, mainly when predominated by CD3+ and CD8+ T-lymphocytes, and is one hypothesis to explain the distinct pattern of survival in this subtype of GC. In lymphoepithelioma-like carcinoma, a rare GC and an established EBV-associated form of the disease, three histological subtypes can be identified based on host inflammatory response, typical lymphoepithelioma-like carcinoma, Crohn’s disease-like lymphocytic reaction, and conventional adenocarcinoma. The first two subtypes appear to be associated with better prognosis\(^{(39)}\).

EBV-positive GC in Brazil

EBV-positive GC patients from the Brazilian population appear to present with similar prevalence and clinicopathological features to those reported worldwide. A study of 149 Brazilians of Japanese origin and 151 without Japanese origin demonstrated 4.7% and 11.2% of EBV-positive GC in each group, respectively\(^{(40)}\). Another study involving 53 Brazilian patients from the State of São Paulo revealed 11.3% positivity, with male predominance (83.3%), median age of 59 years and a higher incidence of lesions in the gastric antrum (41.5%)\(^{(41)}\). Similarly, a prevalence of 9.6% was found in 39 patients from the City of Belém, State of Pará\(^{(20)}\), and another study, also involving a population from Northern Brazil, but including only ten GC patients and six controls without tumor, found that eight patients had EBV DNA in their tumor cells, with no positivity in the control group\(^{(22)}\). There is no data available about the prognostic value of EBV infection in the Brazilian population.

Therapeutic implications

The identification of genetic and epigenetic abnormalities and the recognition of the complex relationships between them are the first steps towards genome-guided personalized therapy. In recent years, several genetic and epigenetic abnormalities have been demonstrated in GC, leading to the identification of potential therapeutic targets (Figure 1). These results have emerged from exome sequencing studies of small numbers of patient samples; therefore, the global molecular portrait of GC remains incomplete. Nevertheless, several genetic abnormalities have been described, and some have been further validated, demonstrated to be targetable, and have already resulted in clinical studies or promising ongoing trials (Table 1). Furthermore, the rates of these abnormalities seem to differ according to GC-molecular subtype\(^{(45)}\) (Figure 2). In respect of genetic and epigenetic abnormalities enriched in EBV-positive GC, the pathways detailed in the following sections have been explored for therapeutic potential.

PIK3CA/Akt pathway

As mentioned above, 80% of EBV-positive GC patients have PIK3CA mutations. Phosphatidylinositol 3-kinases (PIK3)

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are heterodimeric lipid kinases composed of several regulatory subunits. In response to stimulation by growth factors, PIK3CA, which encodes the p110 alpha catalytic subunit of PIK3, induces activation of downstream effectors, including pAkt and mTOR. PIK3CA amplification contributes to cell proliferation and survival in gastric tumorigenesis, through the activation of the PIK3/pAkt pathway. PIK3CA mutations have been detected at various frequencies (4-15%) in populations of GC patients, however, its distribution varies widely among the molecular subtypes, with the highest incidence in the EBV subtype (80%) and the lowest in the CIN subtype (3%) [15].

There are no clinical trials with available results evaluating PIK3/pAkt pathway inhibitors in GC. Phase II clinical trials, investigating Akt inhibitors, such as MK-2206, in second-line treatment of advanced GC, are ongoing (clinicaltrials.gov NCT01260701). As PIK3 mutations can induce resistance to HER2 inhibition, MK-2206 is also being tested in association with lapatinib and trastuzumab in HER2-positive GC patients (clinicaltrials.gov NCT01705340). BYL719, another PIK3 inhibitor, is under evaluation, in a phase I trial, in association with AUY922, a HSP90 inhibitor, in patients who harbor molecular alteration of PIK3 or amplification of ERBB2 (clinicaltrials.gov NCT01613950).

The PIK3/Akt/mTOR pathway is up-regulated in several solid tumors, and estimated to be activated in up to 60% of GC patients, through Pten loss of function or PIK3CA-activating mutations. Everolimus, a well-known mTOR inhibitor, was studied in patients with advanced GC who failed standard therapies, in a placebo-controlled, phase III trial (GRANITE-1 study) [42]. The study failed to show the advantages of everolimus over best supportive care in overall survival (5.4 months vs. 4.3 months; HR, 0.90; 95% CI, 0.75-1.08). Biomarkers that could predict benefit of everolimus treatment have not been identified and the results of biomarker analysis from the GRANITE-1 trial are awaited. Despite initial disappointing results, strategies for PI3K/Akt/mTOR pathway inhibition are currently under investigation, with everolimus in combination with capcitabine and oxaliplatin in a phase I study (clinicaltrials.gov NCT01049620), and with paclitaxel in a phase III trial in second-line setting (clinicaltrials.gov NCT01248403).

**PD-1/PD-L1, PD-L2 pathway**

The blockade of immune checkpoints is one of the most promising approaches to activating therapeutic antitumor immunity. The best-described immune checkpoints are the CTLA-4 and PD-1 receptors, which are linked to immune inhibitory pathways, and are crucial for maintaining self-tolerance and modulating physiological immune responses to minimize collateral tissue damage [48]. PD-1 has two ligands, PD-L1 and PD-L2. Therapeutic strategies to block the CTLA-4 and PD-1 pathways, both alone and in combination, have been successful in metastatic melanoma and present a promising therapeutic target in other malignant neoplasms.

Expression of PD-L1 and PD-L2 is elevated in EBV-positive GC [15]. In an unselected GC population, PD-L1 was overexpressed in 42%-50% of patients [52-53], and was correlated with poor survival rates [55]. Inhibition of PD-L1 in GC using monoclonal antibodies has been explored in experimental models [54], and evaluated in a phase Ib trial, which demonstrated antitumor activity of pembrolizumab in an enriched PD-L1-positive population composed of 39 GC patients [55]. Pembrolizumab is also currently being tested in a phase II study evaluating its efficacy in previously treated HER2-negative advanced GC (clinicaltrials.gov NCT02335411). Inhibition of CTLA-4 is also being investigated in GC, with the use of tremelimumab in a phase Ib/II trial in patients with refractory disease (clinicaltrials.gov NCT02340975).

**JAK2 pathway**

The Janus kinase (JAK) family of proteins is composed of non-receptor tyrosine kinases, which phosphorylate cytoplasmic targets, including the signal transducers and activators of transcription (STATs) [56]. The JAK/STAT pathway mediates signaling through cytokines, and is required for cell proliferation, survival, and differentiation. JAK2 is a member of this family, and its mutation is a well-known genetic alteration in myeloproliferative disorders [57]. In GC, JAK2 overexpression appears to be enriched in the EBV-molecular subtype [43]. Inhibition of the JAK2/STAT3 pathway with WP1066 reduced GC growth in experimental models, and may form the basis for further clinical studies [58]. Clinical use of a JAK2 inhibitor, AZD1480, is being evaluated in a phase I, dose-escalation study in Asian patients with solid malignancies, including GC (clinicaltrials.gov NCT01219543).

In conclusion, EBV-positive GC is the largest group of EBV-associated malignancies. Previous studies have identified a distinct clinicopathological phenotype of EBV-positive GC, demonstrating that this subgroup of patients tend to be younger, predominantly male, and to have diffuse-type histology tumors in proximal portions of the stomach, and better overall survival. Gene expression profile studies have provided detailed molecular characterization of GC, confirming that EBV-positive GC is a distinct molecular subtype of the disease, with unique genetic and epigenetic abnormalities.

These findings highlight the heterogeneity of GC, and the complex interplay between genetic and epigenetic alterations. The identification of these characteristic molecular alterations provides potential novel therapeutic targets and a roadmap to implement genome-guided personalized therapy in gastric cancer.

**CONFLICT OF INTEREST**

The authors declare that there is no conflict of interest.

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