Trypanosoma cruzi: susceptibility to chemotherapy with benznidazole of clones isolated from the highly resistant Colombian strain

Trypanosoma cruzi: suscetibilidade à quimioterapia com o benzonidazol de clones isolados da cepa Colombiana, altamente resistente

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Abstract The present investigation was performed to evaluate the susceptibility of seven clones isolated from the highly resistant Colombian strains, prototype of Biodeme Type III. Seven clones previously obtained, showed a phenotypic homogeneity and high similarity with the parental strain. Eight groups of 30 mice were inoculated with one of seven clones or the parental strain; 20 were treated with benznidazole (100mg/kg/day) and 10 were untreated controls. Cure evaluations were done by parasitological and serological tests and PCR. Cure rates varied from 0% (null) to 16.7%. Correlation between positivity of parasitological and serological tests with positive PCR reached 37%. The results demonstrated the high resistance of the clones, suggesting the predominance of a highly resistant principal clone in this strain. The findings apparently indicate that the possibility of cure is minimal for patients infected with this biodeme; a fact that could affect the control of Chagas' disease through treatment of chronically infected people.

Key-words: Chagas' disease. Trypanosoma cruzi. Clones. Chemotherapy. Resistance. Benznidazole.

Resumo A presente investigação visa avaliar a suscetibilidade ao benzonidazol de sete clones isolados da cepa Colombiana do Trypanosoma cruzi, protótipo do biodema III, altamente resistente aos quimioterápicos. Os clones préviamente obtidos apresentavam homogeneidade fenotípica e alta similaridade com a cepa parental. Oito grupos de 30 camundongos foram inoculados com cada um dos sete clones e a cepa parental;20 foram tratados com benzonidazol 100mg/kg/dia e 10 foram controles não tratados. A avaliação da cura foi feita por testes parasitológicos, sorológicos e o PCR. Os índices de cura variaram de 0%(nulo) a 16,7%. Correlação entre a positividade dos testes parasitológicos e sorológicos com a da PCR alcançou 37%. Os resultados demonstraram a alta resistência dos clones, sugerindo a predominância de um clone principal, muito resistente à quimioterapia nesta cepa. Isto indica que as possibilidades de cura de pacientes infectados com este biodema são mínimas, o que poderá interferir no controle da doença através do tratamento de individuos cronicamente infectados.

Palavras-chaves: Doença de Chagas. Trypanosoma cruzi. Clones. Quimioterapia. Resistência. Benzonidazol.

Among endemic areas of Chagas' disease in Brazil, in which transmission by the vector insect is only partially controlled, 5 million people are estimated to be chronically infected³⁰. Treatment of infected people in endemic areas has been recommended by the National Health Foundation of Brazil for acute or recent chronic cases¹⁹ as well as for congenital and accidental infections and for children with positive serology. It is also indicated for patients with acquired immmunodeficiency syndrome (AIDS) and for those undergoing organ transplantation

or receiving immunosuppressive drugs, which present a risk for reactivation of latent infection with *T. cruzi*¹⁹. However, success of treatment with currently used drugs (Nifurtimox or Benznidazole) is limited by the prevalence of *T. cruzi* strains resistant to these chemotherapeutics³⁵²¹. It has been shown that resistance is correlated with biological characteristics of the parasite. The Type III biodeme, of which the prototype is the Colombian strain, is highly resistant⁵. Strains isolated from mice previously treated with benznidazole showed increased resistance

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to treatment with the same drug⁴, suggesting the selection of resistant clones to explain the persistence of infection in treated mice. Marretto and Andrade²² investigated this possibility by studying the isoenzymic profiles of the Colombian strain isolated from treated mice, but no phenotype differences were detected by comparison of the isoenzymic profiles. Murta & Romanha²⁴ performed the *in vivo* selection of nitroderivates-resistant clones from the Y strain, and concluded that the resistance of the strain could be related to the sensitive/resistant clone ratio in the population.

Considering that *T. cruzi* strains are complex clonal populations²⁶, it is important to evaluate the susceptibility to treatment of a representative number of individual clones. A previous study¹⁴ demonstrated the identity of seven clones obtained from the Colombian strain, based upon biological behavior or isoenzymic profiles. The possibility of the predominance of a *principal clone*, as representative of strains circulating in a single endemic area, has been recently suggested^{2 16}. This could be decisive for the success of treatment of chronic patients, considering the possibility of predominance of a highly

resistant principal clone in one geographical area. Although the Colombian strain has been characterized as resistant, the presence of susceptible clones cannot be ruled out. In a population of parasites with mixed susceptibilities, a partial response to treatment could be expected in infected individuals, with a decrease in the parasite load. In the present study, in which the seven clones of the Colombian strain were tested for susceptibility to benznidazole, results obtained in mice were evaluated by various parasitological tests, as well as by polymerase chain reaction (PCR). This test has been recently included for the diagnosis of chronic infection in humans^{10 11 12} and as a cure test in treated patients¹³. An evaluation of the sensitivity of this test has been performed in the blood containing known aliquots of trypomastigotes¹⁷. However, the sensitivity of PCR for post-treatment detection of sub-patent parasitemia in mice has not been previously evaluated. in comparison with the standard tests. The present study examined the susceptibility to chemotherapy of individual clones from a resistant strain and the value of PCR as a cure test.

MATERIAL AND METHODS

Experimental animals. For the present study, 240 Swiss outbred mice were used. Maintenance and care of experimental animals complied with the Centro de Pesquisas Gonçalo Moniz/FIOCRUZ guidelines for humane use of laboratory animals.

Trypanosoma cruzi strain: the Colombian strain²⁰ biologically characterized as Biodeme Type III⁴ Zymodeme 1⁴ ²³ and recently included into the group *T. cruzi* I⁸ was used for all the experiments.

Clones from the Colombian strain: clones were obtained by isolation of a single form according to Dvorak¹⁸ from peripheral blood of Swiss outbred mice, infected with the parental strain as previously described¹⁴.

Identification of the isolated clones: seven clones were isolated and denominated as follows: CI-CoI-C1, C2, C3, C4, C5, C6 and C7.

Chemotherapy: eight experimental groups of 30 mice, weighing from 10 to 12g, were infected with 5 x 10⁴ to 1 x 10⁵ trypomastigotes from the parental strain or one of the seven clones (Table 2). Twenty infected mice from each group were submitted to chemotherapy and 10 remained as untreated controls. Benznidazole (N-benzyl-2-nitro-1-imidazole-acetamide) 100mg/kg of body weight / day was administered daily by gavage, from 20 days post infection up to 90 days. Following treatment, parasitemia was evaluated on alternate days, and the results were evaluated as the mean obtained in five mice from each experimental group. Parasitemia of infected non-treated controls was similarly evaluated.

Evaluation of treatment: a total of 83 mice that survived from the treatment groups were submitted to

parasitological tests and serological examination to detect cure rates. Parasitemia was examined for 30 days following the end of treatment, to detect positivity by direct examination. The mice that maintained a negative parasitemia were submitted to the parasitological cure tests: subinoculation and haemoculture; serology and PCR were also used as cure tests. A total of 21 untreated mice that survived from the eight groups (Table 1) were similarly evaluated during the post-treatment period.

Subinoculation: citrated blood from each mouse (0.5ml) was intraperitoneally inoculated into 5 suckling mice. Blood examination was performed until 20 days post inoculation to detect the presence of trypomastigotes.

Haemoculture: this was performed in Warren axenic medium²⁸ with 0.5ml of blood directly collected from the heart, and the cultures were examined after 45 days.

Serological test: indirect immunofluorescence test (IFT) was performed using as antigen, culture forms of *T. cruzi* in Warren medium, washed three times by centrifugation with PBS pH 7.2, formalin fixed and mounted on glass slides. Sera were tested in decreasing concentrations, from 1:10 to 1:640. Fluoresceinated antimouse rabbit IgG secondary antibody was diluted at 1:80.

Polymerase chain reaction (PCR): a total of 54 samples of blood were obtained from treated mice, 7 infected with the parental strain and 47 with the clones. As controls, 5 samples from untreated mice infected with the parental strain were tested by PCR.

The blood samples (500ml) were strored at 4°C in 1:1 guanidine 6M/EDTA 0.2M pH 8.0 solution for a maximum of 30 days until processing.

Isolation of the kinetoplast DNA (kDNA) was performed according to Wincker et al²⁹. For amplification of a 330 bp fragment primers P35: 5'AAA TAA TGTACG GG (T/G)GAGATG CATGA 3' and P36: 5'GGG TTC GAT TGG GGT TGG TGT3'd NTPs and 2.5U of Taq Polymerase (*Perkin Elmer Cetus Corporation*) were added to the isolated k DNA. After an initial 5 min denaturation step at 94°C, 35 cycles of amplification were performed in a Thermal Cycler (*Perkin-Elmer-Cetus gene Amp PCR System 9600*) with a step program consisting of 45 sec denaturation at 94°C, 45 sec annealing at 55°C and 1 min extension at 72°C. The product of PCR electrophoresed in 2% agarose gel

in TAE buffer (0.04M Tris-acetate, 0.001 M EDTA) and stained with ethidium bromidium. As DNA ladder, 100 base pair marker (*Amersham Pharmacia Biotech*) was used. Each PCR batch included a negative control (blood sample from uninfected mouse) and a positive control (culture forms of *T. cruzi*). In order to confirm the specificity of the amplified fragment it was analyzed by dot blot hybridization using allele specific probe P67 (5'TGGTTTTGGGG(C/G 0(G/C)(T/G)TCAA(A/C)TTT 3'). Labeling the 5' end of the oligonucleotide probe was performed using the radioactive nucleotide [g³²P]ATP and the T4 polynucleotide kinase enzyme (*Kit Ready-To-Go T4 Polynucleotide kinase – Pharmacia Biotech*) and autoradiography was performed.

RESULTS

Parasitemia. As shown in Figures 1a, 1b, 1c and 1d, parasitemic levels of treated animals markedly decreased in the different experimental groups during treatment Negative parasitemia (by direct blood examination) was

observed from day 2 - 8 of treatment with slight differences between the clones. In the post treatment phase (120 days on), positive direct parasitemia was detected in 19/ 83 mice (22%).

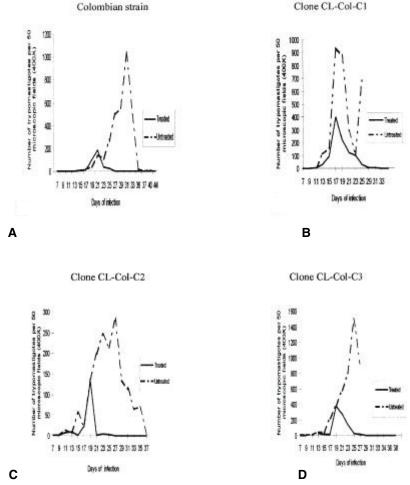


Figure 1 - Parasitemia in mice infected with T. cruzi (Colombian strain and its clones): untreated control (dashed line) and treated with benznidazole (solid line): a) parental strain, b) clone Cl-Col-C1, c) clone Cl-Col-C2, d) clone Cl-Col-C3. A marked decrease of parasitemic levels of treated animals is seen from the beginning of treatment in the different experimental groups.

Untreated controls showed negative parasitemia (by direct blood examination, from the day 37 on). In the post treatment phase positive parasitemia to direct blood examination was detected in 11/21 mice (52.3%).

Mortality. Cumulative mortality and the number of survivors in the different experimental groups are expressed in Table 1. Peak mortality occurred at day 30 of infection, and decreased with treatment, except for the mice infected with clone C1, with high mortality. The untreated mice showed a significantly higher mortality when compared with the treated animals, except for

Clone C2, with low mortality. From 160 treated mice 83 animals survived (mortality rate 48%) and from 80 untreated mice, 21 survived (mortality rate 73%).

Parasitological cure tests. Positivity of at least one test (direct blood examination, subinoculation into newborn mice or haemoculture) was defined as cure failure; positive parasitological tests were present in 50% to 100% of the mice examined 30 days after the end of treatment, for the parental strain and the 7 clones (Table 2). The untreated controls were 100% positive by parasitological tests.

Table 1- Cumulative mortality of mice infected with the Colombian strain of T. cruzi and 7 clones untreated and treated with benznidazole.

Experimental groups			Cur				
		treated*			untreated**		
Days infection	30	60	90-120	survivors number	20-90	survivors number	
	%	%	%		%		
Parental strain	40.0	0.0	0.0	12	20.0	8	
CI-Col-C1	60.0	65.0	80.0	4	60.0	4	
CI-CoI-C2	10.0	0.0	0.0	18	0.0	10	
CI-CoI-C3	40.0	0.0	0.0	12	100.0	0	
CL-Col-C4	75.0	0.0	0.0	5	90.0	1	
CI-CoI-C5	50.0	0.0	0.0	10	80.0	2	
CL-Col-C6	60.0	0.0	0.0	8	100.0	0	
CL-Col-C7	30.0	0.0	0.0	14	80.0	2	
Total				83		21	

^{*} Initial number: 20 mice; **Initial number: 10 mice

Table 2- Cure rates in mice infected with Trypanosoma cruzi (Colombian strain and 7 clones), treated with benznidazole, based on parasitological and serological tests.

				Positi	Cure	
Identification	Inocula	Mice (#)	Positive cases(#)	parasitol tests %	serology a %	rates b %
Col Strain	5 x10 ⁴	12	12	84.0	88.8	0.0
CI-Col-C1	5 x10 ⁴	4	4	100.0	100.0	0.0
CI-Col-C2	1x10 ⁵	18	18	100.0	100.0	0.0
CI-Col-C3	5 x10 ⁴	12	10	66.6	69.0	16.7
CI-Col-C4	5 x10 ⁴	5	5	100.0	100.0	0.0
CI-Col-C5	1x10 ⁵	10	9	50.0	100.0	0.0
CI-Col-C6	1x10 ⁵	8	8	62.5	100.0	0.0
CI-Col-C7	5 x10 ⁴	14	14	69.0	100.0	0.0
Total		83	80			

a: Titters of Indirect immunofluorescence tests: 1:20 to 1:640

Col Strain = Colombian parental strain. Cl-Col-C = Clone Colombian strain

Serologic reaction. the indirect immunofluorescence test (IFT) revealed positive results for 94% of treated animals 30 days after the end of treatment (Table 2); the minimal titer considered as positive was 1:20. Titers varied from 1:20 to 1:640 for the parental strain and the seven clones (Tables 3 and 4). Untreated controls showed positive IFT with titers varying from 1:80 to 1:640.

Polymerase chain reaction. The PCR amplification and hybridization revealed the presence of 330bp fragments from the kDNA amplified minicircles as shown

in Figures 2, 3 and 4; 29.2% of blood samples obtained from treated mice were positive by PCR versus 40% of the controls (infected, not treated).

Cure rates. Cure rates were established by the combination of parasitological test results and IFT titers, from the titter of 1:20 (Table 2). Following this criterion the parental strain and all the clones with the exception of Clone C3 presented 0% cure. Clone C3 showed 16.7% cure. Comparison between the results of parasitological cure tests, serological tests and PCR are expressed in

b: Combined data of parasitological and serological results

Table 3- Comparison of results of parasitological tests, serology and PCR in mice infected with the Colombian parental strain and submitted to benznidazole therapy.

		Parasitological tests	Serological	Molecular		
Mice (#)	Parasitemia ^a	subinoculation	hemoculture	IIF titers ^b	test/PCR	
03	neg	neg	neg	1:20	*	
04	neg	neg	neg	1:640	neg	
05	neg	pos	neg	1:320	*	
06	neg	pos	pos	1:640	neg	
07	neg	pos	neg	1:40	pos	
80	neg	pos	neg	neg	pos	
09	neg	pos	neg	1:160	neg	
10	pos	*	*	*	*	
11	neg	pos	neg	1:320	pos	
12	neg	pos	neg	1:320	*	
14	neg	pos	pos	1:640	pos	
15	pos	*	*	*	*	

^{*}Test not done

Table 4- Comparison of results of parasitological tests, serology and PCR in mice infected with the clone Cl-Col-C7, treated with benznidazole.

		Parasitological tests	Serological	Molecular		
Mice (#)	Parasitemiaª	subinoculation	hemoculture	IIF titers ^b	test/PCR	
1	neg	pos	pos	1:320	neg	
2	neg	pos	pos	1:320	neg	
3	neg	*	neg	1:640	neg	
4	pos	pos	*	*	*	
5	neg	*	pos	1:640	pos	
6	neg	*	pos	1:640	pos	
7	neg	pos	pos	1:640	neg	
8	neg	pos	pos	1:640	pos	
9	neg	pos	neg	1:640	neg	
10	neg	pos	pos	1:640	neg	
11	neg	pos	pos	1:640	pos	
12	neg	neg	neg	1:640	pos	
13	neg	pos	pos	1:640	pos	
14	neg	neg	neg	1:160	neg	

^{*} Test not done

Tables 3 and 4 for mice infected with the parental strain or clone C7 as examples of the results from different tests, obtained in groups infected with several clones.

Correlation between parasitological tests and PCR. In mice with positive parasitological tests (from

which samples were tested by PCR) 37% were positive by PCR and 57% were negative. In mice with negative parasitological tests, samples tested by PCR were negative in 3.7% and positive in 1.8% (Tables 3 and 4).

DISCUSSION

Analysis of the biological behaviour of clones isolated from the Colombian strain, prototype of Type III, Zymodeme 1 of *T. cruzi*, showed clonal homogeneity¹⁴. This was considered suggestive of the predominance of a *principal clone*² ¹⁶, according to the concept of Tibayrenc *et aP*⁶ and Tibayrenc and Breniere²⁷. Studies of Revollo *et aP*⁵ have shown a clear relationship

between the genetic profiles of clonal populations of *T. cruzi* and its biological characteristics, including the response to chemotherapy.

In the present investigation, the homogeneity of biological characteristics and isoenzyme patterns of seven clones as previously described¹⁴, corresponded to similar resistance to chemotherapy. Treatment of

a: Cases with positive direct parasitemia were not submitted to the other tests

b. Indirect immunofluorescence test

^a: Cases with positive direct parasitemia were not submitted to the other tests

^b Indirect immunofluorescence test

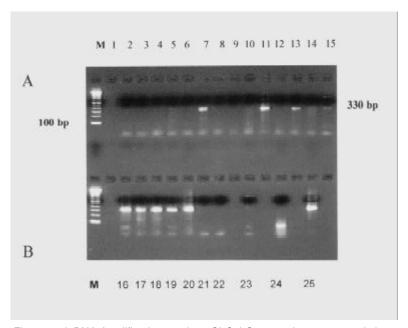


Figure 2 - k DNA Amplification: a: clone Cl-Col-C2: samples 1 to 11 and clone Cl-Col-C7: samples 12 to 14. b: Clone Cl-Col-C7: samples 16 to 22 and Positive control (culture forms of T. cruzi): 25. Negative control (blood of normal mouse): 24. Negative control (ultra pure water without DNA samples): 23. M: marker ladder: 100 bp.

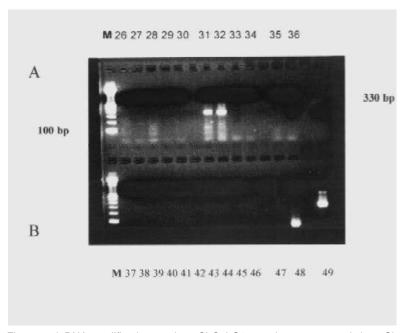
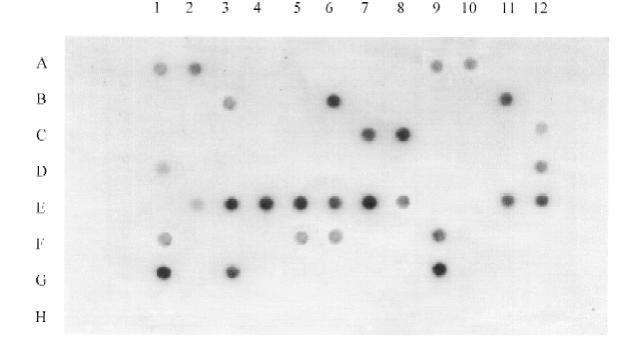


Figure 3 - k DNA amplification: a: clone CI-CoI-C1 samples 26 to 30 and clone CI-CoI-C3: samples 31 to 34 and clone CI-CoI-C4: samples 35 and 36. b: clone CI-CoI-C5: samples 37 to 46. Positive control (culture forms of T. cruzi): 49. Negative control (blood of normal mouse): 48. Negative control (ultra pure water without DNA samples): 47. M-marker ladder: 100 bp.



	Ť	2	3	4	5	6	7	8	9	10	11	12
Α	ColP	ColP	UC	UC	UC	UC	ColN	ColN	CIP	Coll	ColN	ColN
В	UC	CIN	CIP	CIN	CIN	CIP	CIN	CIN	H_20	CN	PC.	X
C	CIN	CIN	CIN	CIN	CIN	X	CIP	CIP	CIN	CIN	CIN	CIP
D	CIP	CIN	CIN	CIN	CIN	CIN	CIN	CIN	CIN	H_20	NC	PC
Е	CIN	CIP	CIP	CIP	CIP	CIP	CIP	CIP	CIN	CIN	CIP	CIP
F	CIP	X	CIN	CIN	CIP	CIP	CIN	CIN	CIP	CIN	CIN	CIN
G	CIP	CIN	CIP	X	H_20	\mathbf{x}	CN	\mathbf{X}^{-1}	PC	X	X	CIN
Н	X	X	X	X	X	Х	X	Χ.	X	X	X	Х

Legends: CIP- clones PCR positive; CIN-clones PCR negative; CoIP- Treated parental strain PCR positive; CoIN: treated parental strain PCR negative; UC- untreated control; PC- positive control; NC- control negative(blood of normal mice); H₂O- ultre pure water; X-without DNA sample;

Figure 4 -Hybridization by dot-blot technique with allele specific probe P67 from the conserved region within the minirepeats of T. cruzi k DNA minicircles. DNA samples from blood of infected mice, either with the parental T. cruzi strain or its clones; untreated or with benznidazole therapy, positive control (culture forms) and negative control.

infected mice has a clear effect on parasitemia, which decreases to a sub-patent level. The seven clones of this strain although similar according to several biological parameters, revealed differences in the virulence¹⁴, clones C1, C3, C4 and C6 revealing the highest levels of parasitemia and mortality and clones C2, C5 and C7 the lowest virulence. This is reflected in the mortality rates in the treated animals. The parasitological tests revealed persistence of infection confirming the resistance to treatment of this strain and its clones. Results of cure tests indicate a low percentage (37%) of concordance between the positivity of the combined serologic plus parasitological tests and PCR. These findings point to a difficulty in the use of PCR as a cure test in mice, considering the small volume of blood sample obtained from each mouse, resulting in the low sensitivity observed in the present study. A previous study by Campos et al17 investigated the sensitivity of PCR to reveal the presence of known aliquots of trypomastigotes added to the blood of normal mice in vitro. The findings indicated a high sensitivity of PCR to detect even one trypomastigote in the blood, but examination of several samples may be necessary. In the present study, only one sample of 500µl was examined for each mouse. Furthermore, in the other parasitological tests (subinoculation of blood into newborn mice, haemoculture or xenodiagnosis), parasite multiplication occurs, increasing the possibilities of detecting low levels of parasitemia in the treated mice.

The predominance of resistant clones in *T. cruzi* strains is probably, responsible for the treatment failure, as seen in the endemic area of Central Brazil⁶ in patients infected with strains of the biodeme Type III, Z 1 (*T. cruzi* I) contrasted to those infected with biodeme Type II, Z 2 (T. cruzi II). Failures of clinical treatment of patients who carried *T. cruzi* strain of biodeme Type III, was believed to be related to the resistance of this strain type to anti-Chagas drugs. Concordance between the results obtained in patients and the experimental results obtained in mice infected with the same isolated strains was subsequently documented for 81.8% of the cases⁶. Clones obtained from the 21 SF strain (Type II)15, have shown a medium susceptibility to treatment with benznidazole (data not published) similar to the behavior of the parental strain. This could suggest that treatment of patients with this type of strain can be successful and confirms the importance of the clonal structure of the parasite strain.

Predominance of resistant clones, as now demonstrated for the Colombian strain, may occur with other strains with the same characteristics, included in the biodeme Type III⁷. This fact may represent a serious challenge to Chagas' disease control in endemic areas, where a high incidence of chronically infected patients is detected by serological or PCR tests^{1 29}.

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