

# Endothelin-1 receptors play a minor role in the protection against acute *Trypanosoma cruzi* infection in mice

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## Abstract

Chagas' disease, caused by the protozoan *Trypanosoma cruzi*, is a major cause of cardiovascular disability in countries where it is endemic. Damage to the heart microvasculature has been proposed to be an important factor in the pathogenesis of heart dysfunction. Endothelin-1 (ET-1) is a potent vasoconstrictor and exerts its effects via specific ET<sub>A</sub> and ET<sub>B</sub> receptors. A few studies have suggested a role for ET-1 and its receptors in the pathogenesis of Chagas' disease. We investigated the effects of treatment with bosentan, an ET<sub>A</sub>/ET<sub>B</sub> receptor antagonist, on the course of *T. cruzi* infection (Y strain) in C57Bl/6 mice. Treatment with bosentan (100 mg kg<sup>-1</sup> day<sup>-1</sup>) was given *per os* starting day 0 after infection until sacrifice. Bosentan significantly increased myocardial inflammation, with no effects on parasitemia. Although the total number of nests was similar, a lower number of intact amastigote nests was found in the heart of bosentan-treated animals. Bosentan failed to affect the infection-associated increase in the cardiac levels of the cytokines IFN- $\gamma$  and TNF- $\alpha$  and the chemokines CCL2/MCP-1, CCL3/MIP-1 $\alpha$  and CCL5/RANTES. *In vitro*, pre-incubation with ET-1 (0.1  $\mu$ M) 4 h before infection enhanced the uptake of the parasites by peritoneal macrophages, and this effect was abrogated when macrophages were pre-treated with bosentan (1  $\mu$ M) 15 min before incubation with ET-1. However, ET-1 did not alter killing of intracellular parasites after 48 h of *in vitro* infection. Our data suggest that bosentan-treated mice have a delay in controlling parasitism which is compensated for exacerbated inflammation. Infection is eventually controlled in these animals and lethality is unchanged, demonstrating that ET-1 plays a minor role in the protection against acute murine *T. cruzi* infection.

## Key words

- *Trypanosoma cruzi*
- Endothelin
- Myocarditis
- Chemokines

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## Introduction

Chagas' disease is caused by the protozoan parasite *Trypanosoma cruzi* and infects over 15 million people in Latin America. Chagas' heart disease is a major cause of cardiovascular disability in countries where it is endemic. The main pathological finding in the heart of infected patients and susceptible animal models is a chronic progressive and fibrosing myocarditis, with a structural disarrangement that causes the malfunctioning of the organ and results in heart failure, ventricular arrhythmias and cardiac hypertrophy (1). Damage to the microvasculature of the heart is suggested to be an important factor in the pathogenesis of heart dysfunction.

Endothelin-1 (ET-1) was first characterized as a protease-sensitive vasoconstrictor substance produced by endothelial cells in culture (2,3) and isolated from the culture medium of porcine aortic cells (4). ET-1 is considered to be the most potent vasoconstrictor substance known and exerts its effects via binding to specific ET<sub>A</sub> and ET<sub>B</sub> receptors. Whereas the major effects of ET<sub>A</sub> receptors seem to be associated with vasoconstriction and cell proliferation, ET<sub>B</sub> controls ET-1 levels and endothelin-converting enzyme-1 activity (5).

Increased circulating levels of ET-1 are found in animals and humans with hypertension, heart failure, atherosclerosis, and a variety of cardiovascular pathologies, including Chagas' disease (6). An increase in physiologically active ET-1 production by human endothelial cells infected with *T. cruzi* was first observed in 1995 (7). Moreover, in *T. cruzi*-infected animals, ET-1 was observed in cardiac myocytes and endothelium and in association with an intense vasculitis, providing a mechanism for infection-associated myocardial dysfunction (8,9). Studies using inhibitors of ET-1 synthesis support a role for ET-1 in the pathogenesis of heart dysfunction. In *T. cruzi*-infected mice, treat-

ment with phosphoramidon, an endothelin-converting enzyme and neutral endopeptidase inhibitor, and verapamil, a first generation L-type calcium channel antagonist, reduced or abrogated mortality and attenuated cardiac pathology and dysfunction parameters (10-13). Similarly, treatment with BSF461314, an ET<sub>A</sub> receptor antagonist, was able to prevent changes in coronary flow in *T. cruzi*-infected rats (14,15). In the latter studies, ET<sub>A</sub> receptor antagonist treatment was associated with enhanced parasitemia, inflammation and parasitism in myocardium and diaphragm. An increase of myocardial parasite load and inflammation was observed also in rats treated with the ET<sub>A/B</sub> receptor antagonist bosentan (16). These findings suggest that ET-1 is part of a cascade of events leading to a protective immune response against acute *T. cruzi* infection in rats (14-16). However, the role of ET-1 in the ability of the host to deal with infection has not been determined in any other species. Therefore, the aim of the present study was to determine whether ET-1 and its receptors play a protective role during acute *T. cruzi* infection in mice. To this end, bosentan-treated mice were infected with the Y strain of *T. cruzi* and infection and inflammatory indices were evaluated.

## Material and Methods

### Animals and infection

Seven- to 10-week-old male C57Bl/6 mice were obtained from CEBIO, UFMG (Belo Horizonte, MG, Brazil) and maintained in the animal facilities of the Laboratório de Imunofarmacologia, with filtered water and food *ad libitum*. Animals were infected intraperitoneally with 5000 blood forms of the Y strain of *T. cruzi*. The strain is maintained by serial passages in C57Bl/6 mice in the Laboratório de Parasitologia Celular e Molecular, CPqRR, Fiocruz (Belo Horizonte, MG, Brazil). Groups of 5-7 animals were

sacrificed 10, 15, and 20 days post-infection, and the myocardium was collected.

All animal procedures were approved by the local Animal Ethics Committee (CETEA, UFMG). Parasitemia was estimated according to Brener's method (16) every 2 or 3 days in 5  $\mu$ L of peripheral blood sampled from the tail vein of *T. cruzi*-infected mice.

#### Treatment with bosentan

Bosentan (N-[6-(2-hydroxyethoxy)-5-(2-methoxyphenoxy)-2-pyrimidin-2-yl-pyrimidin-4-yl]-4-tert-butyl-benzenesulfonamide) was kindly donated by Actelion (Allschwil, Switzerland). The dose of bosentan used in the present experiments (100 mg kg<sup>-1</sup> day<sup>-1</sup>) was recommended by the manufacturer (Actelion) and found to be effective for chronic ET<sub>A</sub> and ET<sub>B</sub> blockade in other studies (17). The drug was diluted in a suspension containing 5% gum arabic and administered *per os* every 24 h. Mice were divided into three groups: bosentan, *T. cruzi*-infected and bosentan-treated mice; vehicle, *T. cruzi*-infected and PBS-treated mice, and a non-infected group in the presence and absence of the drug. There was no difference between data from non-infected mice treated or not with bosentan, therefore these data were pooled as a non-infected group to facilitate data presentation.

#### Histopathological studies

The heart of animals from the three groups was collected on different days after infection and sectioned transversely into two parts. One part was immediately fixed in 4% buffered paraformaldehyde, processed for paraffin embedding, cut into 7- $\mu$ m sections with a microtome and stained with hematoxylin and eosin. Cardiac parasitism and inflammation of hearts from 5-7 animals per group were analyzed with a Zeiss microscope (Öberkochen, Germany) with an integrating eyepiece with 100 hits at a final magnifica-

tion of 320X. A total of 4000 hits were evaluated in each section of cardiac tissue. The inflammation index represents the percentage of hits covered by inflammatory cells. The numbers of total, intact and broken amastigote nests were counted in the whole sections and the results are reported as the mean of 3 sections analyzed per animal.

#### Cytokine detection

The other part of the heart was processed in a solution containing protease inhibitors and centrifuged at 10,000 *g* for 10 min at 4°C, as previously described (18). The supernatant was used to detect cytokines by ELISA. ELISA reactions for the detection of IFN- $\gamma$ , TNF- $\alpha$ , IL-10, CCL2/MCP-1, CCL3/MIP-1 $\alpha$ , and CCL5/RANTES (Duoset, R&D Systems, Minneapolis, MN, USA) were performed according to manufacturer instructions in 96-well ELISA plates (Nunc Maxisorp, Rochester, NY, USA).

#### *Trypanosoma cruzi* uptake and killing by peritoneal macrophages

*In vitro* experiments were performed as previously described (19), with some modifications. Briefly, inflammatory macrophages were harvested from the peritoneal cavity of C57Bl/6 mice 3 days after the injection of 1.5 mL 3% (w/v) sodium thioglycolate (Sigma, St. Louis, MO, USA). Cells (2 x 10<sup>5</sup>/mL) were plated onto Labtech chamber slides (Nunc, Naperville, IL, USA) and incubated overnight at 37°C. Non-adherent cells were removed by washing with RPMI-1640 medium (Sigma) and adherent cells were treated with ET-1 (0.1  $\mu$ M) for 4 h. In some wells, cells were pre-treated with 1  $\mu$ M bosentan for 15 min before incubation with ET-1. After 4 h, macrophages were infected with blood trypomastigotes at a parasite-to-cell ratio of 2:1 for 3 h. After incubation with *T. cruzi*, extracellular para-

sites were removed by washing with RPMI-1640 (Sigma) and infected macrophages were incubated at 37°C in 5% CO<sub>2</sub> for an additional 2 h to measure uptake, and for 48 h, to measure killing. The macrophages were fixed with cold methanol and stained with Giemsa solution (1:20) in order to determine the number of intracellular amastigotes. A total of 200-400 macrophages were analyzed on each slide, and all experiments were carried out in duplicate.

### Statistical analysis

Data are reported as means  $\pm$  SEM. Differences between groups were compared by the Student *t*-test (two sets of data) or by one-way ANOVA (three or more sets of data), followed by the *post hoc* Student-Newman-Keuls test. Differences were considered significant at  $P < 0.05$ .

## Results

### Parasitemia and lethality curves

The parasitemia of infected mice peaked 9 days after infection. Thereafter, there was a rapid drop in parasitemia and parasite levels were very low or undetectable at 12 days after infection. The parasitemia of bosentan-treated mice was similar to that of vehicle-treated mice (Figure 1A). Lethality associated with infection was about 75% between 10 and 18 days after infection. Percent lethality was not significantly changed by treatment with bosentan (Figure 1B).

### Myocardial histopathology

In infected mice, there was an intense and progressive inflammation which peaked on day 15 and was still elevated at day 20 (data not shown). Inflammatory infiltrates were composed mainly of mononuclear cells. The infiltrates were more disperse at day 15 (Figure 2A,D) and more focal at day 20 after infection, at a time when inflammation was mainly associated with broken amastigote nests (data not shown). The peak of myocardial parasitism also occurred 15 days post-infection (Figure 3B,D).

In bosentan-treated mice, there was a significant increase in the intensity of myocarditis both at 10 and 15 days after infection (Figure 2). There did not appear to be any major change in the composition or distribution of the inflammatory infiltrates. The number of amastigote nests in the myocardium

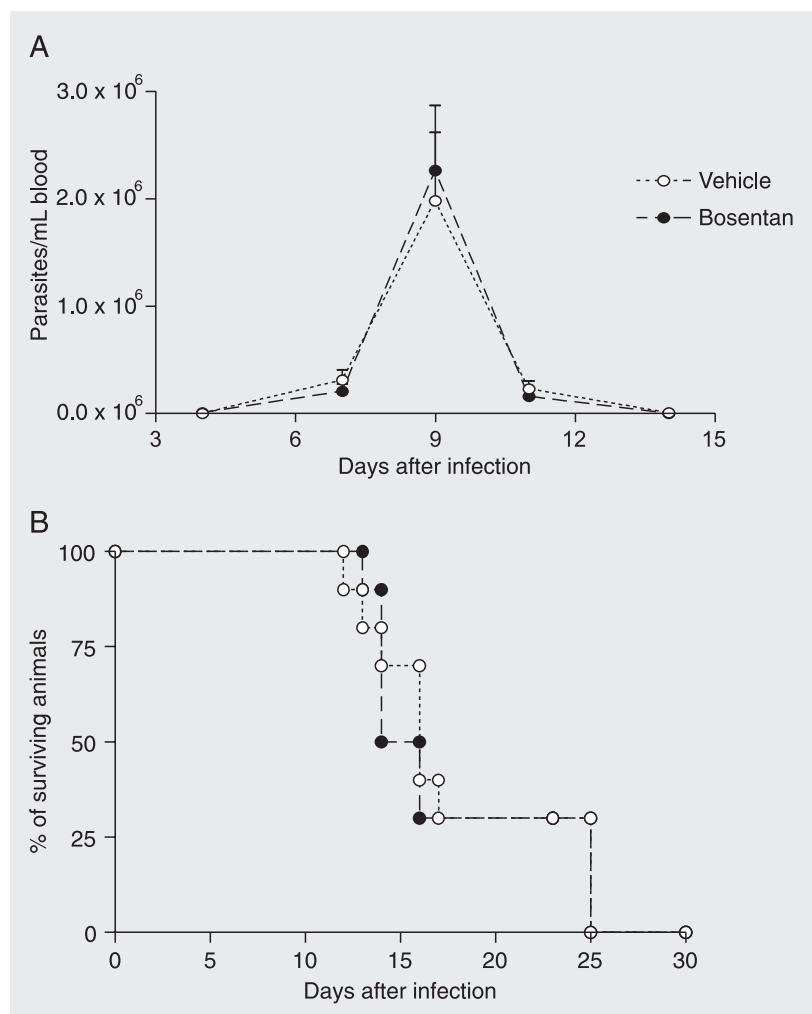


Figure 1. Effect of treatment *per os* with bosentan on parasitemia (A) and survival (B) curves of *Trypanosoma cruzi*-infected mice. Vehicle or bosentan (100 mg kg<sup>-1</sup> day<sup>-1</sup>) was administered daily to mice. Parasitemia was assessed every 2 or 3 days and survival was evaluated daily. There were 10 animals in each group and there was no difference between groups. Results are representative of two experiments.

was similar in bosentan- and vehicle-treated animals (Figure 3A). However, there was a lower number of intact nests in bosentan-than vehicle-treated mice. In addition, the number of broken nests (i.e., nests that were partially disrupted and associated with an intense inflammatory reaction) was increased in bosentan-treated mice (Figure 3A-E).

#### Levels of cytokines in the heart

There was a significant increase in the levels of IFN- $\gamma$ , TNF- $\alpha$ , IL-10, CCL2/MCP-1, CCL3/MIP-1 $\alpha$ , and CCL5/RANTES at 10 and 15 days in the hearts of *T. cruzi*-infected mice when compared with the levels in hearts of uninfected animals. Treatment with bosentan had no significant effect on the cardiac concentrations of IFN- $\gamma$ , TNF- $\alpha$ , CCL2/MCP-1, CCL3/MIP-1 $\alpha$  and CCL5/RANTES (data not shown). There was only a minor, albeit significant, decrease of IL-10 production on day 15 (vehicle-treated, mean  $\pm$  SEM, 3937  $\pm$  198 pg/100 mg tissue; bosentan-treated, 3202  $\pm$  245 pg/100 mg tissue, N = 5, P < 0.05), but not on day 10 (vehicle-treated, 6219  $\pm$  389 pg/100 mg tissue; bosentan-treated, 5852  $\pm$  470 pg/100 mg tissue, N = 5, P > 0.05), in bosentan-treated infected mice.

#### *In vitro* Trypanosoma cruzi uptake and killing

Treatment of macrophages with ET-1 induced a concentration-dependent increase of parasite uptake (data not shown). Pre-treatment with bosentan (1  $\mu$ M) completely inhibited the enhancement of uptake induced by ET-1 (0.1  $\mu$ M; Figure 4A).

We have shown that activation of macrophages with mediators such as chemokines, leukotriene B<sub>4</sub> and platelet-activating factor induces an early uptake of parasites that is followed by a significant enhancement of killing at 48 h (19-21). Akin to the above-mentioned mediators, ET-1 is an agonist capable of activating 7-transmembrane-span-

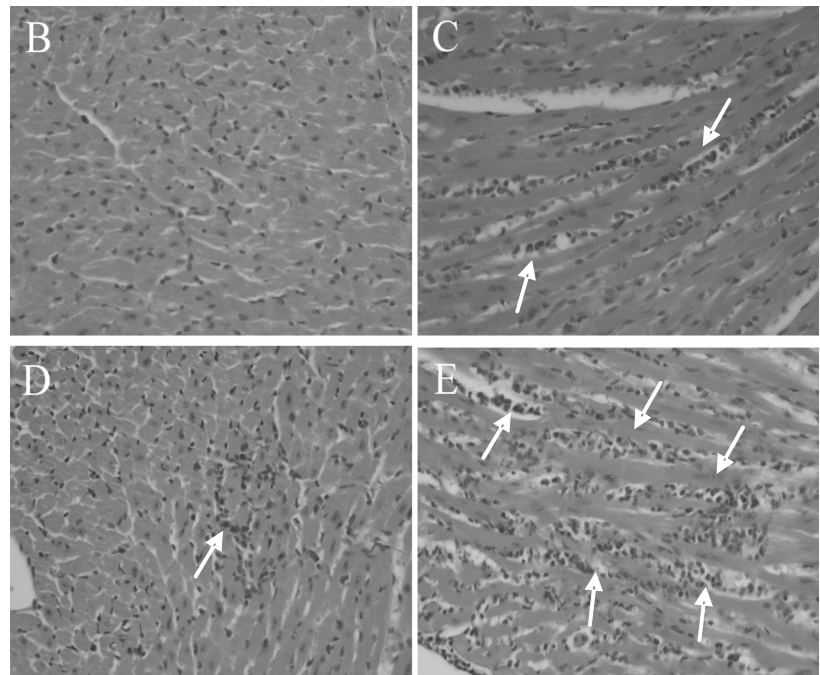
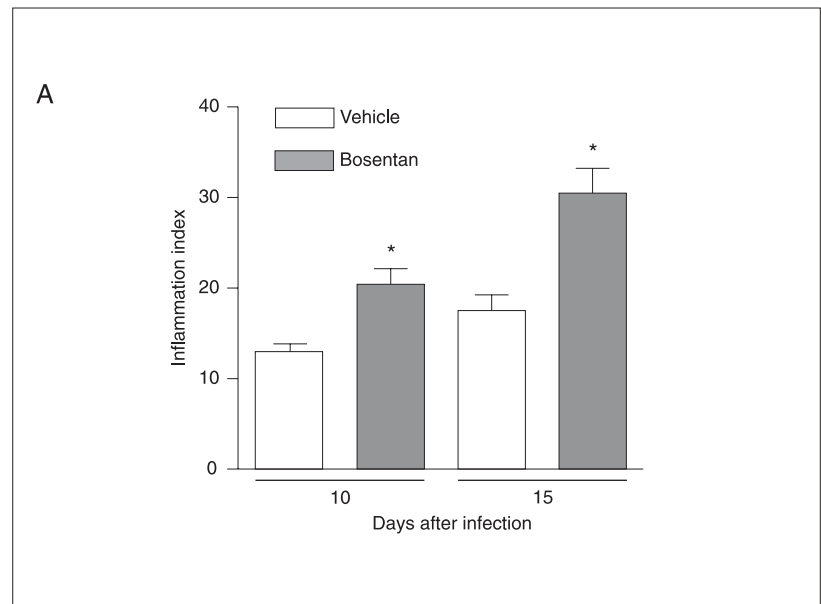


Figure 2. Effect of oral treatment with bosentan on the inflammation in the myocardium of *Trypanosoma cruzi*-infected mice. The inflammation index was assessed at days 10 and 15 after infection in vehicle- or bosentan (100 mg kg<sup>-1</sup> day<sup>-1</sup>)-treated mice (A). Inflammation was quantified in H&E-stained sections using an eyepiece containing 100 points/microscopic field at a final magnification of 320X. Forty microscopic fields were analyzed per section, for a total of 4000 points. Results are the means  $\pm$  SEM for 5-7 animals in each group and are representative of two experiments. \*P < 0.01 when comparing bosentan-treated vs vehicle-treated animals (Student *t*-test). The pictures show representative histological sections (400X) of vehicle- and bosentan-treated animals on days 10 (B,C) and 15 (D,E) after infection. The arrows show inflammatory infiltrates in the cardiac tissue. See a detailed description of the histology in the text.

ning receptors. However, ET-1 was not able to enhance the killing of *T. cruzi* by macrophages (Figure 4B). Moreover, the compound was unable to enhance the killing mediated by a suboptimal concentration of IFN- $\gamma$  (1 U/mL). For comparison, treatment with IFN- $\gamma$  (100 U/mL) greatly enhanced the killing of *T. cruzi* by peritoneal macrophages

(Figure 4B). *In vitro*, treatment of non-infected cells with bosentan did not induce any detectable change in cell shape or viability after 2 or 48 h of incubation (data not shown).

## Discussion

In the present study, we investigated whether treatment with an ET<sub>A/B</sub> receptor antagonist, bosentan, modified the ability of mice to deal with an acute *T. cruzi* infection. Previous studies have emphasized the potential role of endothelin-1 and its receptors in mediating structural alterations occurring during chronic infection, including remodeling and hypertrophy (22). Increased ET-1 levels have also been correlated with myocardial dysfunction (22,23). Although vascular reactions caused by the release of ET-1 are well documented (23), less is known about the effects of ET-1 on host defense mechanisms. Previous studies investigated the role of ET-1 by using the ET<sub>A</sub> antagonist BSF461314 or the ET<sub>A/B</sub> receptor antagonist bosentan in rats and revealed exacerbation of parasitemia, myocardial inflammation and parasite loading during the acute phase, suggesting a possible protective role of ET-1 in the infection (14,15,17). We tested the possibility that ET-1 and its receptors would also play a role in controlling parasite replication in mice and investigated mechanisms underlying any possible effects.

Previous studies have shown that ET-1 may mediate or facilitate the production of pro-inflammatory mediators, including CCL2/MCP-1, CCL3/MIP-1 $\alpha$ , CCL5/RANTES, and TNF- $\alpha$  (24-26), in inflammatory conditions such as atherosclerosis (24), LPS-induced pleurisy (25) and glomerulonephritis (26). Thus, ET<sub>A</sub> and ET<sub>B</sub> antagonists behave as anti-inflammatory drugs in the preceding models. In our experiments, treatment with bosentan caused exacerbation of acute myocarditis. In the rat model, treatment with antagonists of ET-1 receptors revealed increased parasitemia and myocardial parasite load and inflammation, sug-

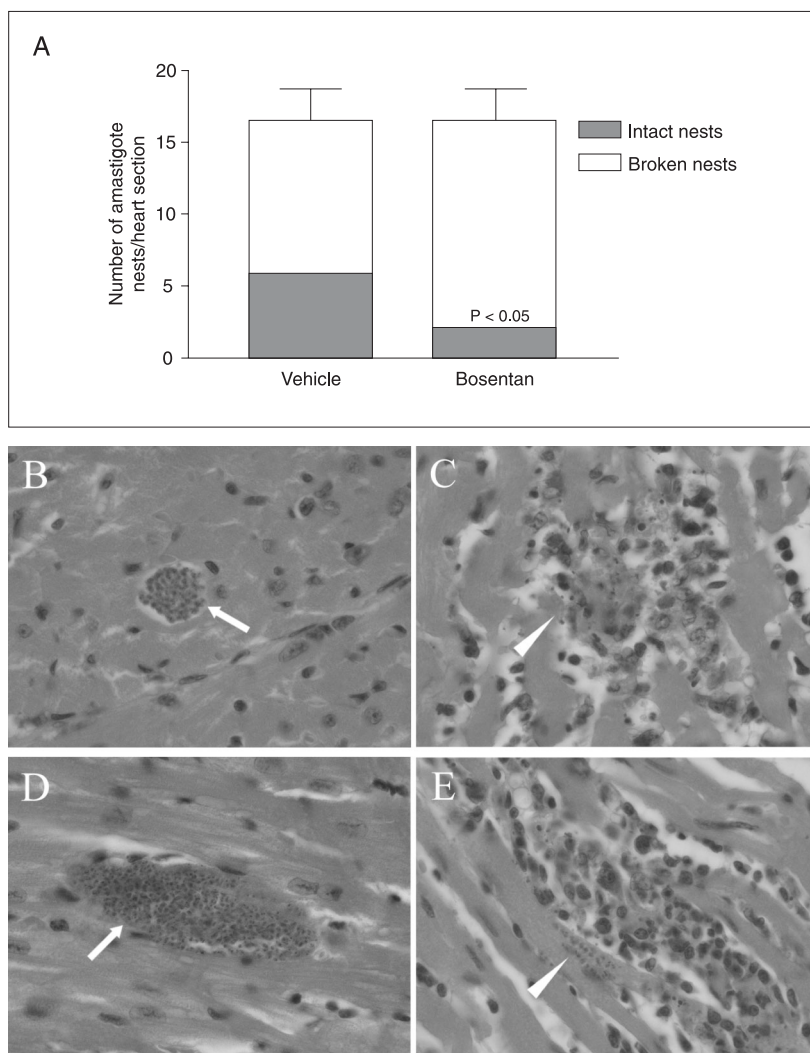


Figure 3. Effect of oral treatment with bosentan on the number of intact and broken parasite nests in the myocardium of *Trypanosoma cruzi*-infected mice. The number of intact and broken amastigote nests was quantified in the heart sections of *T. cruzi*-infected animals treated with vehicle or bosentan (100 mg kg<sup>-1</sup> day<sup>-1</sup>). Data are reported as the mean  $\pm$  SEM of 3 H&E-stained microscopic sections per animal, and 5 to 10 animals were analyzed in each group. The experiment was performed twice.  $P < 0.05$  when the number of intact nests in vehicle-treated animals was compared to that of bosentan-treated animals (Student *t*-test). The pictures (1000X) show examples of intact (arrow) and broken (arrowhead) amastigote nests in heart sections of vehicle- (B,D) or bosentan-treated mice (C,E) at day 15 after infection.

gesting that these receptors in fact play a role in the defense against *T. cruzi* (14,15,17). However, we also used BSF461314, an ET<sub>A</sub> receptor antagonist, in *T. cruzi*-infected mice and did not find changes in parasitemia or parasitism (Roffê E, Souza ALS, Machado PP, Barcelos LS, Romanha AJ, Mariano FS, Silva JS, Machado CR, Tanowitz HB, Teixeira MM, unpublished data). The latter observation supports the view that blockade of ET-1 receptors plays only a minor role in *T. cruzi* infection in the murine model. Similarly to Rachid et al. (17), we detected increased myocardial inflammation, but this was not related to increased parasite levels in blood or myocardium. In the present study, we also failed to detect any changes in chemokine or IFN- $\gamma$  production in the heart after bosentan treatment. Bosentan treatment slightly reduced the levels of IL-10 in the heart in both studies and the fall in IL-10 correlated with the enhanced cardiac inflammatory response. It is not known whether the small fall in IL-10 levels is sufficient to explain the more intense myocarditis observed in bosentan-treated animals.

There was no increase in heart parasitism in bosentan-treated animals in the present study. However, bosentan-treated mice did show a greater ratio of broken/intact nests than vehicle-treated animals, as well as intense inflammation surrounding broken nests. It is possible that the enhanced inflammation observed in animals treated with bosentan was secondary to these broken nests and to the enhanced availability of parasite antigens and parasite-derived molecules. Moreover, it is possible that the enhanced inflammatory response in the presence of similar quantities of pro-inflammatory cytokines may adequately control the infection and prevent any harmful effects of bosentan on the system. Whatever the explanation, it is clear that there was an enhanced inflammatory response in the heart that was capable of controlling parasite replication adequately and without any increase in mortality rates.

In previous studies with rats, treatment with ET-1 receptor antagonists was accompanied by increased parasitemia and myocardial parasite load, suggesting that ET receptors may play a role in the defense against *T. cruzi* (14,15,17). In addition, bosentan-treated rats had reduced serum NO<sub>x</sub> levels that could account for the higher parasite loads in myocardium and blood (17). ET-1 has been reported to enhance the activation of leukocytes and endothelial cells in a few studies. For example, ET-1 may activate neutrophils to release increased quantities of granule contents (27). ET-1 has been also shown to stimulate endothelial cells, mast cells and macrophages (28-31). Since treatment of bosentan was associated with increased numbers of broken nests and lower numbers of intact nests, we may suggest that ET-1 played a direct role in the ability of host macrophages to deal with the infection.

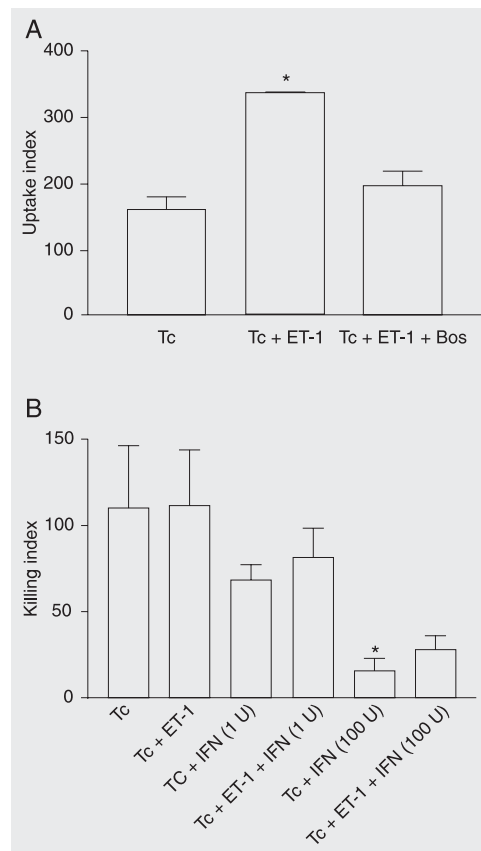


Figure 4. Endothelin-1 enhances the uptake but not the killing of *Trypanosoma cruzi* (Tc) by macrophages *in vitro*. Peritoneal macrophages were infected with parasites at a ratio of 1:2 and the number of intracellular parasites per 400 macrophages was counted after 2 h (uptake index, A) or 48 h (killing index, B). In A, macrophages were pre-stimulated *in vitro* with medium alone (Tc), 0.1  $\mu$ M ET-1 or 1  $\mu$ M ET-1 plus bosentan (Bos). In B, macrophages were pre-stimulated with medium alone (Tc), 0.1  $\mu$ M ET-1, IFN- $\gamma$  (1 or 100 U) or ET-1 plus IFN- $\gamma$  (1 or 100 U). Data are reported as the means  $\pm$  SEM of triplicates in each group. \*P < 0.05 when comparing ET-1-treated macrophages and medium- or ET-1 plus bosentan-treated macrophages (Student *t*-test). Results were repeated twice.

Indeed, we have previously shown that activation of macrophages with mediators such as chemokines, leukotriene B<sub>4</sub> and platelet-activating factor induces an early uptake of parasites that is followed by a significant enhancement of killing at 48 h (19-21). Akin to the above-mentioned mediators, ET-1 is an agonist capable of activating 7-transmembrane spanning receptors. Thus, we speculated whether the enhanced number of broken nests could be associated with an effect of ET-1 on parasite uptake and killing. There was an increase in the uptake of parasites but this did not result in enhancement of killing or enhancement of IFN- $\gamma$ -induced killing. The levels of NO<sub>x</sub> were similar in the pres-

ence or absence of ET-1 after 48 h (data not shown), concurring with the lack of effect of ET-1 on parasite killing. Taken together, the *in vitro* data agree with the parasitemia and lethality findings that suggest that blockade of ET-1 receptors has only a minor role in *T. cruzi* infection in mice.

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