

Chemical composition of the fractions of leaf oil of *Alpinia zerumbet* (Pers.) B.L. Burtt & R.M. Sm. and antimicrobial activity

Cristiane P. Victório,*,1 Daniela S. Alviano,2 Celuta S. Alviano,2 Celso L. S. Lage 1

¹Laboratório de Fisiologia Vegetal, Instituto de Biofísica Carlos Chagas Filho, Universidade Federal do Rio de Janeiro, Av. Carlos Chagas Filho, s/n, 21941-902 Rio de Janeiro-RJ, Brazil ²Instituto de Microbiologia Prof. Paulo de Góes, Universidade Federal do Rio de Janeiro, Av. Carlos Chagas Filho, s/n, 21941-902 Rio de Janeiro-RJ, Brazil

RESUMO: "Composição química de frações do óleo essencial de folhas de *Alpinia zerumbet* (Pers.) B.L. Burtt & R.M. Sm. e atividade antimicrobiana". O óleo essencial de folhas de *Alpinia zerumbet* (Pers.) B.L. Burtt & R.M. Sm., extraído por hidrodestilação, foi analisado por CG/DIC e CG/EM a fim de se determinar sua composição e atividade antimicrobiana. O óleo apresentou um elevado teor de monoterpenos oxigenados (52,5%): terpinen-4-ol, 1,8-cineol e γ-terpineno como principais constituintes. A atividade antimicrobiana do óleo foi analisada pelos testes de difusão em agar e ensaios de bioautografia. Através do teste de difusão em agar, todas as bactérias e fungos testados foram inibidos pelo óleo essencial. Placas preparativas de CCD (cromatografia em camada fina) foram eluídas em hexano: acetato de etila (70:20, v/v), e o óleo foi separado em três frações que foram raspadas, extraídas da sílica e identificadas por CG/EM. A análise bioautográfica permitiu detectar pronunciada inibição de *Cryptococcus neoformans* pelas frações F2 e F3, ambas ricas em monoterpenos oxigenados. A fração F2 apresentou 1,8 cineol (9,6%), linalol (3,7%) e óxido de cariofileno (5,4%), enquanto a fração F3 mostrou principalmente terpinen-4-ol (43,6%) e cerca de 32,7% de sesquiterpenos oxigenados. Os dados obtidos indicam os componentes do óleo de *A. zerumbet* envolvidos na atividade antimicrobiana.

Unitermos: óleo essencial, análise bioautográfica, *Alpinia zerumbet,* planta medicinal, Zingiberaceae.

ABSTRACT: Leaf oil prepared by hydrodistillation of *Alpinia zerumbet* Pers.) B.L. Burtt & R.M. Sm. was analyzed by GC/FID and GC/MS to determine the major compounds and it was also evaluated for antimicrobial activity. The oil presented a high content of oxygenated monoterpenes (52.5%), terpinen-4-ol, 1,8 cineole and γ -terpinene as the major constituents. The antimicrobial activity of leaf oil was tested by drop diffusion and bioauthography methods. Through drop test, all bacteria and fungi tested were inhibited by leaf oil. Preparative TLC (thin-layer chromatography) plates were developed using the mobile phase hexane: ethyl acetate (70:20, v/v) and fractions of the leaf oil were separated in three zones, scraped, extracted from silica and identified by GC/MS. The bioauthography method permitted to verify pronounced inhibition of *Cryptococcus neoformans* by fractions F2 and F3, both rich in oxygenated monoterpenes. The fraction F2 comprised 1,8 cineole (9.6%), linalool (3.7%) and caryophyllene oxide (5.4%), while fraction F3 showed mainly terpinen-4-ol (43.6%) and an amount of 32.7% oxygenated sesquiterpenes. The obtained data may be used to suggest the constituents of *A. zerumbet* leaf oil involved in antimicrobial activity.

Keywords: Alpinia zerumbet, Zingiberaceae, essential oil, bioauthography, medicinal plant.

INTRODUCTION

Essential oils have many applications in food, perfumery and pharmaceutical industries (Janssen et al., 1988; Baratta et al., 1998). For a long time, the potential of essential oils as antimicrobial activity have been recognized in several studies (Dorman & Deans, 2000; Ferronatto et al., 2007; Costa et al., 2008).

Leaves, flowers and rhizomes of members of Zingiberaceae family present an appreciable amount of monoterpenes and sesquiterpernes related to antimicrobial activity (Habsah et al., 2000; Oonmetta-Aree et al., 2006). *Alpinia zerumbet* is a perennial plant widely distributed in subtropical and tropical regions and it is very used in folk medicine (Albuquerque & Neves, 2004; Leitão et al., 2009). There are some studies that revealed the use

of this species to treat ulcer (Hsu, 1987), cardiovascular hypertension (Soares de Moura et al., 2005) and muscular aches and pains (Araújo et al., 2005). It has been shown that essential oils from *A. zerumbet* collected in different places around the world have pronounced antimicrobial activity (Prudent et al., 1993; De Pooter et al., 1995; Wang & Huang, 2005).

The purpose of this study was to evaluate the *in vitro* antimicrobial activity of essential oil of *A. zerumbet* by drop agar diffusion and bioauthography methods screening the main compounds involved.

MATERIAL AND METHODS

Plant material

Leaves of *A. zerumbet* were collected in August, in the Universidade Federal do Rio de Janeiro (Rio de Janeiro, Brazil), from adult plants. Voucher specimen was identified and is deposited at the Herbarium of Rio de Janeiro Botanical Garden, under accession number RB 433485.

Leaf oil extraction and analysis

Fresh leaves were cut and subjected to hydrodistillation for 3 h using a Clevenger-type apparatus, mean yielding 0.44% (w/v). Analytical GC/FID was carried out on a Varian Star 3400 gas chromatograph fitted with a DB-5/MS column (30 m \times 0.25 mm, film thickness 0.25 μm) and equipped with flame ionization detection (FID). Temperature was programmed from 60-270 °C at 3 °C/ min. Sample injection of 1 µL was performed at 270 oC. splitless mode. Hydrogen was used as carrier gas, at linear velocity of 1 mL/min. GC/MS analysis were performed using a Shimadzu Model GC MS-QP 5000 apparatus under the following conditions: column, DB-5/MS fused silica capillary column (30 m x 0.25 mm, film thickness 0.25 um); carrier gas, helium at 1 mL/min; injection of 1 uL; injector temperature, 270 °C; interface 200 oC; column temperature, 60-270 °C at 3 °C/min; mass spectra, 70 eV.

Identification of components

The identification of the constituents was achieved by comparison of Retention Indices (RI) calculated for all volatile contents using a homologous series of n-alkanes (C_9 - C_{26}) recorded under same operating conditions, comparison of MS data and their GC with those of standard samples held in the computer library search National Institute of Standards and Technology (NIST) and literature (Adams, 1989).

Separation of leaf oil fractions by TLC

Preparative TLC (thin-layer chromatography)

plates were developed with the objective of isolating the components of leaf oil that inhibited the growth of microorganism tested. Leaf oil was applied homogeneously as a line, along one edge of the TLC plate (20 x 20 cm) and placed in the TLC chamber contained the mobile phase hexane: ethyl acetate (70:20, v/v). After running, the TLC plate was examined under UV light to observe the zones. A solution contained anisaldehyde, acetic acid, methanol and H₂SO₂ (0.05; 1; 8.5; 0.5 mL) was sprayed on the first 5 cm of the plate which was heated until the zones were revealed. Three zones were visualized on the TLC plate. The zones were scraped from the plates, the substances were eluted from the silica with ethanol (silica:ethanol 1:3, v/v). After extraction each fraction was distributed into five eppendorfs and concentrated at speed vacuum centrifugation. Then the sobrenadants of each fraction was grouped, weighted and resuspended in ethanol to a final volume of 60 µL. The three fractions (F1, F2 and F3) were identified by GC/MS.

Antimicrobial assay

The antimicrobial assay was carried out by the drop agar diffusion method described by Hili et al. (1997). The microorganisms tested were the bacteria *Escherichia coli* (Gram -), *Staphylococcus aureus* MRSA (Gram +) and *Staphylococcus epidermidis* (Gram +), and the fungi *Cryptococcus neoformans* T444 and *Candida albicans*. Microorganisms (2 x 10^{5} cells) were spread over Petri plates containing BHI solid medium (Brain Heart Infusion). After 10 min, a 10 μ L drop of the essential oil, diluted 1:1 with Tween 80 (0.5% in water), was placed in the center of each plate. Plates were incubated at 37 °C for 24 h to seven days, depends on the microorganism tested. The diameter of inhibition zone (mm) was measured after incubation period. For test the antimicrobial activity of fractions F1, F2 and F3, it was carried out the drop test.

TLC-bioauthography assay

Antimicrobial activity tests were also carried out by bioauthography method on thin-layer chromatography (TLC) plates. An aliquot of 10 μL of essential oil were applied gradually on quadruplicate TLC plates, and hexane:ethyl acetate (70:20, v/v) was used as eluent, for 2 h. The first plate was sprayed with a solution contained anisaldehyde, acetic acid, methanol and $\rm H_2SO_4$ (0.05; 1; 8.5; 0.5 mL) and the others plates were submitted to antimicrobial assay against the *C. neoformans, S. aureus* and *E. coli*. This test was repeated twice.

It was identified three zones in each plate, then the others plates were cut in three parts and used to the tests. TLC plate part was deposited in the Petri plates, covered with BHI medium and put in the refrigerator. In the following day, the microorganisms were inoculated in separate. The bacteria cultures were incubated at 37 °C

for 24 h and fungi cultures at ambient temperature for two days, after these periods inhibition zones were visualized.

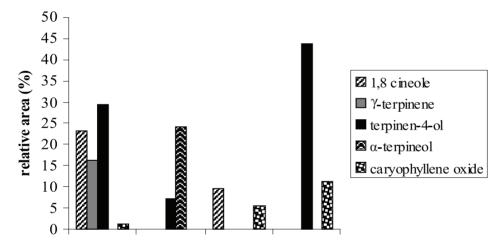
RESULTS AND DISCUSSION

The leaf oil evaluated in this study showed a great percentage of oxygenated monoterpenes (52.5%) (Table 1, Figure 2). The main constituents were terpinen-4-ol, 1,8 cineole and γ-terpinene (Table 1, Figure 1) (Victório, 2008; Victório et al., 2009a). These constituents were found in studies on the essential oil from other samples of *A. zerumbet* (Zoghbi et al., 1999; Ali et al., 2002; Elzaawely et al., 2007; Victório et al., 2009b). Caryophyllene oxide was also found in low amounts (Figure 1). Essential oils from *A. zerumbet* present a great variety of compounds involved in the antimicrobial activity. Terpinen-4-ol and 1,8 cineole have been reported to inhibit several microorganisms (Janssen & Scheffer, 1985; Matasyoh et al., 2007).

Table 1. Chemical composition (%) of the fractions of leaf oil of *Alpinia zerumbet*.

Constituent	RI calculated	Relative area (%)		
		F1	F2	F3
1,8 cineole	1038	*	9.6	2.1
linalool	1100	*	3.7	*
<i>trans</i> -sabinene hydrate	1102	4.0	*	*
cis-β-terpineol	1148	6.6	*	*
terpinen-4-ol	1185	7.1	*	43.6
ρ-cymenol	1193	3.2	*	*
α-terpineol	1200	24.2	*	*
bornyl acetate	1288	*	*	13.8
β-caryophyllene	1420	*	*	2.6
α-humulene	1456	*	*	10.7
cubebol	1513	*	*	2.5
caryophyllene oxide	1585	*	5.4	11.3
cubenol	1604	*	*	2.5

RI – retention indices. *Compounds not detected.



 $\textbf{Figure 1.} \ \textbf{The main monoterpenes and sesquite penes of the leaf oil and fractions of \textit{Alpinia zerumbet}.$

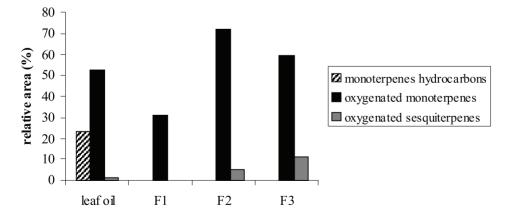


Figure 2. Predominant classes of terpenoids in the leaf oil and fractions of Alpinia zerumbet.

Researches using natural sources against microorganisms which cause damage to human health are very important considering the increasing to resistance to antibiotics by them. The leaf oil of A. zerumbet inhibited all microorganisms tested (Table 2). The pronounced inhibition of C. neoformans (30 mm) using drop test was confirmed by TLC-bioauthography assay. Similar inhibition zone was found to E. coli and C. albicans tested with stem oil from A. zerumbet collected in Egypt that revealed the same major constituents: terpinen-4-ol (16%), 1,8 cineole (11.5%) and γ -terpinene (8.2%) (De Pooter, 1995). Results showed that monoterpenes hydrocarbons contributed very little to the antimicrobial activity (Figure 2). Low antimicrobial activity of monoterpenes hydrocarbons have been verified by other studies, the reason may be related to free hydroxyl group from the alcohols, to the limited hydrogen capacity or water solubility (Griffin et al., 1999; Griffin et al., 2000). In the current study, oxygenated monoterpenes were the main constituents responsible for the antimicrobial activity (Figure 2).

Table 2. Inhibitory activity of *Alpinia zerumbet* leaf oil by the drop agar diffusion method.

Microorganisms	Inhibition (mm)	zone	diameter
Bacteria			
Escherichia coli		12	
Staphylococcus aureus MRSA		12	
Staphylococcus epidermidis		13	
Fungi			
Cryptococcus neoformans T444		30	
Candida albicans		14	

TLC of essential oil showed three zones: F1, F2 and F3. The fractions F2 and F3 were active against C. neoformans. Bioauthography revealed a large zone containing oxygenated monoterpenes and oxygenated sesquiterpenes that inhibited the growth of *C. neoformans*. Previous studies demonstrated that antifungal activity may be associated with the oxygenated terpenes (Knobloch et al., 1987; Jansen et al., 1987). The fraction F1 did not inhibit C. neoformans, S. aureus and E. coli, however its major constituent α-terpineol (24.2%) has been reported to inhibit the growth of bacteria and fungi (Carson & Riley, 1995; Hammer et al., 2003). The compounds identified for fraction F2 were 1,8 cineole, linalool and caryophyllene oxide were already described for their antimicrobial activity. Linalool has a wide range of activity spectrum (Knobloch et al., 1987) and caryophyllene oxide was reported for its efficient activity against bacteria and fungi (Yang et al., 1999; Matasyoh et al., 2007). The fraction F3 possessed the highest percentage of terpinen-4-ol (43.6%) and oxygenated monoterpenes (Table 1, Figure 2). Furthermore, bornyl acetate, α-humulene and caryophyllene oxide were

the main sesquiterpenes identified in the fraction F3, corresponding to the amount of 43.4% (Table 1). Bornyl acetate and α -humulene are known for their antimicrobial properties (Dorman & Deans, 2000; Pichette et al., 2006). The combination of bornyl acetate and α -humulene could be responsible for the wide zone of inhibition verified to fraction F3. Comparing fractions F2 and F3, it can be suggested that oxygenated monoterpenes and oxygenated sesquiterpenes had a significant influence on *C. neoformans* inhibition. Terpinen-4-ol, 1,8 cineole and caryophyllene oxide were the main antimicrobial agents cited in other studies (Carson & Riley, 1995; Matasyoh et al., 2007).

TLC-bioauthography method permitted to identify and evaluate the main compounds of leaf oil fractions of *A. zerumbet* with antimicrobial activity.

ACKNOWLEDGEMENTS

C. P. Victório acknowledges the PhD fellowship and financial support from CAPES/PROEX. The authors are especially thankful to Mrs. Maria Cristina de Holanda, Núcleo de Pesquisas de Produtos Naturais/UFRJ for recording the GC/MS spectra and to MSc Davi Oliveira e Silva for his help and assistance in the microbiological experiments.

REFERENCES

- Adams RP 1989. *Identification of essential oil components by* gas chromatography/mass spectroscopy. San Diego: Academic Press Inc.
- Albuquerque ESB, Neves LJ 2004. Leaf anatomy of *Alpinia* zerumbet (Pers.) Burtt & Smith (Zingiberaceae). *Acta* Bot Bras 18: 109-121.
- Ali S, Sotheeswaran S, Tuiwawa M, Smith RM 2002. Comparison of the composition of the essential oils of *Alpinia* and *Hedychum* species Essential oils of Fiji plants, Part 1. *J Essent Oil Res 14*: 409-411.
- Araújo Pinho FVS, Coelho-de-Souza AN, Morais SM, Ferreira-Santos C and Leal-Cardoso JH 2005. Antinociceptive effects of the essential oil of *Alpinia zerumbet* on mice. *Phytomedicine* 12: 482-486.
- Baratta MT, Dorman HJD, Deans SG, Figueiredo AC, Barroso JG, Ruberto G 1998. Antimicrobial and antioxidant properties of some commercial essential oils. *Flav Fragr J 13*: 235-244.
- Carson CJF, Riley TN 1995. Antimicrobial activity of the major components of the essential oil of *Melaleuca alternifolia*. *J Appl Bacteriol* 78: 264-269.
- Costa VCO, Tavares JF, Agra MF, Falcão-Silva VS, Facanali R, Vieira MAR, Marques MOM, Siqueira-Júnior JP, Silva MS 2008. Composição química e modulação da resistência bacteriana a drogas do óleo essencial das folhas de *Rollinia leptopetala* R. E. Fries. *Rev Bras Farmacogn* 18: 245-248.
- De Pooter H, Aboutabl E, Shabrawy EL 1995. Chemical composition and antimicrobial activity of essential oil of leaf, stem and rhizome of *Alpinia speciosa* (J. C. Wendl.) K. Schum. grown in Egypt. *Flav Fragr J 10*: 63-67.

- Dorman HJD, Deans SG 2000. Antimicrobial agents from plants: antibacterial activity of plant volatile oils. *J Appl Microbiol* 88: 308-316.
- Elzaawely AA, Xuan TD, Tawata S 2007. Essential oils, kava pyrones and phenolic compounds from leaves and rhizomes of *Alpinia zerumbet* (Pers.) B.L. Burtt & R. M. Smith and their antioxidant activity. *Food Chem 103*: 486-494
- Ferronatto R, Marchesan ED, Pezenti E, Bednarski F, Onofre SB 2007. Atividade antimicrobiana de óleos essenciais produzidos por *Baccharis dracunculifolia* D.C. e *Baccharis uncinella* D.C. (Asteraceae). *Rev Bras Farmacogn* 17: 224-230.
- Griffin SG, Wyllie G, Markham JL, Leach DN 1999. The role of structure and molelucar properties of terpenoids in determining ther antimicrobial activity. *Flav Fragr J 14*: 322-332.
- Griffin GS, Markham LJ, Leach ND 2000. An agar dilution method for the determination of the minimum inhibitory concentration of essential oils. J Essent Oil Res 12: 149-255
- Habsah M, Amran M, Mackeen MM, Lajis NH, Kikuzaki H, Nakatani N, Rahman AA, Ghafar, Ali AM 2000. Screening of Zingiberaceae extracts for antimicrobial and antioxidant activities. *J Ethnopharmacol* 72: 403-410.
- Hammer KA, Carson CF, Riley TV 2003. Antifungal activity of the components of *Melaleuca alternifolia* (tea tree) oil. *J Appl Microbiol* 95: 853-860.
- Hili P, Evans CS, Verness RG 1997. Antimicrobial action of essential oils: the effect of dimethylsulphoxide on the activity of cinnamon oil. *Lett Appl Microbiol* 24: 269-275.
- Hsu SY 1987. Effects of the constituents of *Alpinia speciosa* rhizome on experimental ulcers. *Taiwan Yi Xue Hui Za Zhi 86:* 58-64.
- Janssen AM, Scheffer JJC 1985. Acetoxychavicol acetate, an antifungal component of Alpinia galanga. Planta Med 6: 507-511.
- Janssen MA, Scheffer JJC, Parhan-Van Atten AW, Svendsen AB 1988. Screening of some essential oils for their activities on dermatophytes. *Pharm Weekblad* 10: 277-280.
- Knobloch E, Pauli A, Iberl B, Wies N, Weigand H 1987. Mode of action of essential oil components on whole cells of bacteria and fungi in plate tests. *Bioflavour* 87: 287-299.
- Leitão F, Fonseca-Kruel VS, Silva IM, Reinert F 2009. Urban ethnobotany in Petrópolis and Nova Friburgo (Rio de Janeiro, Brazil). *Rev Bras Farmacogn 19*: 333-342.
- Matasyoh JC, Kiplimo JJ, Karubiu NM, Hailstorks TP 2007. Chemical composition and antimicrobial activity of essential oil of *Tarchonanthus camphorates*. *Food Chem.* 101: 1183-1187.
- Oonmetta-Aree J, Suzuki T, Gasaluck P, Eumkeb G 2006. Antimicrobial properties and action of galangal (*Alpinia galanga* Linn.) on *Staphylococcus aureus*. *LWT 39*: 1214-1220.
- Pichette A, Larouche PL, Lebrun M, Legault J 2006. Composition and antibacterial activity of *Abies balsamea* essential oil. *Phytother Res* 20: 371-373.
- Prudent D, Perineau F, Bessiere JM, Miche G, Bravo R 1993. Chemical analysis bacteriostatic and fungistatic properties of the essential oil of the atoumau from Martinique (*Alpinia speciosa* K schum). *J Essent Oil Res* 5: 255-264.

- Soares de Moura R, Emiliano AF, Carvalho LCR, Souza MAV, Guedes DC 2005. Antihypertensive and endothelium-dependent vasoditlation effects of *Alpinia zerumbet*, a medicinal plant. *J Cardiovasc Pharmacol* 46: 288-294.
- Victório CP 2008. Cultura de tecidos e metabólitos especiais em colônia (Alpinia zerumbet Pers. Burtt et Smith) e A. purpurata (Vieill) K. Schum e estudos preliminares de atividade biológica, 188p. Tese de Doutorado Instituto de Biofísica Carlos Chagas Filho, Universidade Federal do Rio de Janeiro, Rio de Janeiro.
- Victório CP, Leitão SG, Lage CLS 2009a. Chemical composition of the leaf oils of *Alpinia zerumbet* (Pers.) Burtt *et* Smith and *A. purpurata* (Vieill) K. Schum. from Rio de Janeiro, Brazil. *J Essent Oil Res* Manuscript No RN-2756* (In Press).
- Victório CP, Riehl CAS, Lage CLS 2009b. Simultaneous distillation-extraction, hydrodistillation and static headspace methods for the analysis of volatile secondary metabolites of *Alpinia zerumbet* (Pers.) Burtt et Smith. from Southeast Brazil. *J Essent Oil Bear Plant 12*: 137-143.
- Wang Y, Huang TL 2005. Screening of anti-Helicobacter pylori herbs deriving from Taiwanese folk medicinal plants. FEMS. Immunol Med Microbiol 43: 295-300.
- Yang D, Michel L, Chaumont JP, Millet-Clerc J 1999. Use of caryophyllene oxide as an antifungal agent in an in vitro experimental model of onychomycosis. Mycopathologia 148: 79-82.
- Zoghbi MGB, Andrade EHA, Maia JGS 1999. Volatile constituents from leaves and flowers of *Alpinia speciosa* K. Schum. and *A. purpurata* (Viell.) Schum. *Flav Fragr J 14*: 411-414.