

# Filling Ability and Flow of Root Canal Sealers: A Micro-Computed Tomographic Study

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This study evaluated by micro-computed tomography (µCT) the filling ability in curved root canals, besides the flow of AH Plus (AHP) and Neo MTA Plus (NMTAP) sealers using different methodologies. Mandibular molars mesial roots with two root canals and degree of curvature between 20° and 40° were selected. The specimens were prepared with the ProDesign R system up to size 35.05 and were filled with the sealers by a continuous wave of condensation technique, Thermo Pack II (n=12). The teeth were scanned using μCT after root canal preparation and obturation. The volumetric percentage of filling material and voids were calculated. Flow was evaluated based on ISO 6876/2012 (n=10). Flow and filling were also evaluated in µCT using a glass plate with a central cavity and four grooves from the central cavity (n=6). Flow was linearly calculated into the grooves. The central cavity filling (CCF) and lateral cavity filling (LCF) were calculated in mm<sup>3</sup>. Data were submitted to non-paired t test with a significance threshold at 5%. The percentage of filling and voids between the root canals filled with AHP or NMTAP was similar (p>0.05). NMTAP presented the lowest flow in conventional test (p<0.05). Using µCT, sealers had similar CCF, LCF and linear flow (p>0.05). In conclusion, NMTAP and AHP had similar filling ability in curved mesial root canals of mandibular molars without presence of isthmus. Although AHP presented better flow than NMTAP using ISO methodology, there was no difference between these materials regarding volumetric filling when evaluated by  $\mu$ CT. Department of Restorative Dentistry, School of Dentistry, UNESP – Universidade Estadual Paulista, Araraquara, SP, Brazil <sup>2</sup>Department of Diagnosis and Surgery, School of Dentistry, UNESP – Universidade Estadual Paulista, Araraquara, SP, Brazil

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# Introduction

Three-dimensional root canal obturation should promote a consistent filling of the canal space to prevent re-infection (1). Compaction of heated gutta-percha is advantageous, since it decreases the sealer thickness and increases the volume of gutta-percha (2), and gutta-percha is a stable material (3). The continuous wave of condensation technique promotes vertical compaction of gutta-percha in the apical third, followed by injection of heated gutta-percha for root canal filling (4). However, obturation techniques require endodontic sealers for filling spaces between the gutta-percha and root canal wall (5) or even the irregularities and areas that are difficult to access (4).

AH Plus sealer (AHP) (Dentsply DeTrey GmbH, Konstanz, Germany) is an epoxy resin-based material considered the gold-standard due to its excellent physicochemical properties (6). Recently, calcium silicate-based endodontic materials have been proposed since they are biocompatible and bioactive (7). Neo MTA Plus (NMTAP) (Avalon Biomedic Inc. Bradenton, FL, USA) is a tricalcium silicate-based sealer with small particles, which allows penetration into the dentinal tubules (8). However, no study was performed to evaluate the flow or the filling ability of NMTAP sealer by

means of micro-computed tomography (µCT).

Curved root canals can be challenging in the preparation of the root canal (9). The literature on the filling of curved canals is limited (2), and there is no study comparing different sealers in this anatomy. µCT is a method used for comparison between the filling of different techniques and filling materials (10–12). The root canals may be evaluated quantitatively and qualitatively (10).

Among the important physicochemical properties for root canals filling, it is expected that flow of endodontic sealers allow penetration into the root canal irregularities, isthmus and ramifications (13). However, the flow of endodontic materials evaluated by conventional methods does not necessarily is correlated with their filling ability (14). A previous study proposed a device using  $\mu$ CT to evaluate flow and filling ability of root-end filling materials (14). The device designed with two glass plates allows standardization of the amount of material and pressure on the material during the test, similarly to that proposed by the ISO standards. Moreover, grooves in the bottom glass plate allow the concomitant evaluation of flow and filling abilities. Thus, this new technique is promising for answering two material properties simultaneously, and there is no study assessing root canal sealers by this method yet.

The aim of this study was to evaluate the percentage of filling and voids using curved mesial canals of mandibular molars filled with AHP and NMTAP by continuous wave of condensation, besides the flow values of these root canal sealers using conventional ISO methodology in comparison with a technique using  $\mu CT$  to assess their flow and filling abilities. The null hypotheses were that there would be no significant difference in the percentage of voids using AHP or NMTAP and no difference between the flow and filling properties.

#### Material and Methods

The materials used, their manufacturers and proportion are represented in Table 1.

# Filling Ability in Root Canals Evaluated By μCT Specimen Selection

According to a previous study with similar methodology (11), the sample size for this study was calculated with a specific software (G \* Power 3.1.7 for Windows, Heinrich Heine, Universitat Dusseldorf). The t-test for two independent groups was used, with alpha type error of .05, beta power of .95 and effect size of 1.73. Nine specimens per group were indicated as the ideal size required. A sample of 12 root canals per group was used.

After approval by the Ethics Committee (CEP no. 98683818.0.0000.5416), human mandibular molars with two separated mesial root canals were selected by a digital radiography system Kodak (RVG 6100; Kodak Dental Systems, NY, USA) and  $\mu$ CT (SkyScan 1176; Bruker, Kontich, Belgium). Scanning was performed with a voxel size of 35  $\mu$ m, with the following parameters: copper and aluminum filter, exposure time of 87 ms, frame averaging 3, rotation 180°, rotation step 0.5, 80 kV and 300 uA.

The mesial roots presented type IV configuration according to the classification of Vertucci (15). Complete apical formation, absence of root fractures, angle of curvature between 20° and 40° and radius of curvature smaller than 10 mm, were observed in accordance with Schneider method (16). The size of the teeth was standardized at 18 mm with a tolerance of  $\pm$  2 mm of discrepancy. A total of twelve roots were selected, totalizing

twenty-four root canals, including mesiobuccal and mesiolingual canal of each root. The samples were stored in a 0.1% Thymol solution at 5  $^{\circ}$ C.

### Root Canal Preparation

The access to the canals was obtained with a bur (n.2, KG Sorensen, São Paulo, Brazil) and the root canals were explored using K #10 files (Dentsply Maillefer, Ballaigues, Switzerland) up to the apical foramen. The working length was established 1 mm short of the apical foramen, and patency was established at this length, both mesiobuccal and mesiolingual canals. The roots were embedded in condensation silicone (Oranwash, Zhermack SpA, Badia Polesine, Italy) to simulate the periodontal ligament. After this, a single, experienced operator performed the root canal preparations.

The ProDesign R (Easy Dental Equipments, Belo Horizonte, MG, Brazil) instruments size 25, taper 0.06 were operated by an electric motor VDW SILVER (VDW GmbH, Munich, Germany) set in the "RECIPROC ALL" function, in accordance with the manufacturer's instructions. Each instrument was gradually inserted into the canal in inand-out movements, at the three levels (cervical, middle and apical) up to working length. The root canals were enlarger with ProDesign R size 35, taper 0.05 as describe above. The root canal irrigation was performed with 5 mL of 2.5% sodium hypochlorite (NaOCI), using a 30G sidevented needle (NaviTip, Ultradent Products, South Jordan, UT) adapted to a 5 mL syringe (Ultradent Products), which was placed 2 mm short of the working length. As final irrigation, 2 mL of 17% EDTA followed by 5 mL of distilled water were used as described above.

#### Root Canal Filling

After preparation, the root canals were divided into two experimental groups (n=12), with stratified random sampling, considering the volume of prepared canals. The root canals were filled with AHP or NMTAP by the continuous wave of condensation technique - Thermo Pack II (Easy Equipamentos Odontológicos).

Gutta-percha cones size 35 taper 0.05 (Tanari industry Ltda., São Paulo, SP, Brazil) were were selected according

Table 1. Materials, their manufacturer, composition, and proportions used

Materials	Manufacturer/ Composition	Proportion
AH Plus	Dentsply DeTrey GmbH,Konstanz, Germany . Epoxy resin bisphenol-A and bisphenol-F, calcium tungstate, zirconium oxide, silica, iron pigments. Dibenzyl diamide, aminoadamantane, silicone oil	Equal portions (by length) of the base and catalyst paste
Neo MTA Plus	Avalon Biomed Inc., Bradenton, FL, USA. <i>Powder</i> : tricalcium silicate, dicalcium silicate, tantalum oxide, tricalcium aluminate, and calcium sulphate. <i>Liquid</i> : water-based gel with thickening agent and water soluble polymers.	1 scoop of powder to 1 drop of gel (0.33 g powder to 150 μL gel)

to the tip size and taper measured in the profilometer (Profile Projector Nikon Model 6C-2). After radiographic evaluation of adaptation of the gutta-percha cone selected, the sealer was placed into the root canal by using a Lentulo 35 instrument (Dentsply Maillefer) and manual K-file 35 pre-curved (Dentsply Maillefer). After this, the gutta-percha cone covered by endodontic sealer was placed in the root canal. The thermoplastic plugger from the Termo Pack II System (Easy Dental Equipments) was used for plasticization, cutting and compaction of the gutta-percha within the apical root canal up to 3 mm of the working length. After this, the thermal injector of the system was used to inject the warmed gutta-percha that was compacted. Compaction was performed with NiTi condensers (Easy Dental Equipments). A radiograph was taken to verify radiographic the quality of the obturation.

After filling the root canals, each sample was sealed with provisional Coltosol (Vigodent, Rio de Janeiro, RJ, Brazil) restorative material, and kept in an oven at a temperature of 37° C, in 95% humidity, for 3 days.

#### μCT Analysis

The roots were scanned using  $\mu$ CT (SkyScan 1176; Bruker  $\mu$ CT, Kontich, Belgium) after preparation, and after the obturation of the root canals. The roots were positioned in a standardization device, allowing the specimens to remain in the same position at all times during scanning procedures. The parameters used were: 90 kV of power, energy of 278 mA, evolution cycle of 180°, rotation of 0.5, Cu + Al filter and voxel size of 9  $\mu$ m. The post-preparation and post-obturation images obtained were reconstructed using the NRecon software (NRecon v.1.6.10.4, Bruker  $\mu$ CT), Volumetric analysis was performed in all canals after the preparation, through the software CTAn (CTAn v.1.14.4, Bruker  $\mu$ CT) with the use of specific task lists.

The reconstructed images, obtained before and after obturation, were superimposed by means of geometric alignment in the Data Viewer software (Data Viewer v. 1.5.1, Bruker µCT). Quantitative analyses were then made using the CTAn software by applying task lists, and arithmetic and logic operations between the superimposed sections. Root canal volume, filling material volume (gutta-percha and sealer), and voids were quantified. The gray scale range required to recognize each object under study was determined in a density histogram by using a adaptative threshold method. The percentages of filling material were taken as a basis on the post-preparation volume of the canal and on the filling volume: [percentage of filling = (volume of filling x 100) / volume of canal]. The volume of voids was calculated by subtracting the filling material volume from the post-preparation root canal volume: [volume of voids = volume of canal - volume of filling]. The percentage volume of voids was calculated by using the following formula: [Percentage of voids = (volume of voids X 100)/volume of canal]. Representative images were performed by means of models obtained by using CTVol software (CTVol v. 2.0, Bruker  $\mu$ CT).

Evaluation was performed at all root canal extension and by thirds (cervical, middle and apical). the value of approximately 9 mm was determined for the total length analysis and approximately 3 mm for each third. In the software (CTAn), the value of bottom was corresponding to the working length, and to this value was added 9 mm, as the value of top, corresponding to the furcation level.

#### Flow Test Following ISO Standard 6876

The flow test was conducted in accordance with ISO Standard 6876/2012. After manipulation of the sealer, 0.05 mL of the material was placed in the center of a glass plate by using a graduated syringe (n=10). At 180±5 s after initiating the manipulation, another glass plate (20 g) was placed on the plate with the sealer, and a 100-gram weight was put on the top plate and kept there for 10 min. After this period, the maximum and minimum diameters of the material on the glass plate were measured. When a difference of less than 1 mm between the diameters was observed, the mean value was recorded.

# Flow and Filling Using μCT

The flow test by  $\mu$ CT was conducted in accordance with a previous study (14). A glass plate was fabricated with a central cavity (1x1x2 mm, length, width, height). Grooves of equal size were made in the cavity, extending out 12 mm horizontally and vertically to the 4 sides. The amount of sealer was based on the ISO Standard 6876 flow test. An amount of 0.05 $\pm$ 0.005 ml of each material (n=6) was placed in the central cavity (Fig. 1A), and another glass (20 g) and metal weight (100 g) with a total mass of 120 g were placed on the materials (Fig. 1B) and kept there for 10 min. After completion of the initial setting time, the plate/material

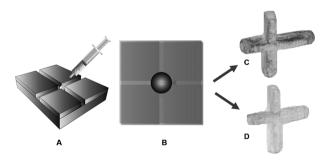


Figure 1. Illustration of the amount of endodontic sealer placed in the central cavity by using a graduated syringe (A). View representing the set formed by the glass plates, sealer and metal weight (B). 3D models representing the flow and filling of AHP (C) and NMTAP (D) inside the cavities.

set was scanned individually. Scanning was performed by μCT SkyScan 1176 and completed using 90 kV X-ray tube voltages and a 278 µA anode current; 0.1-mm copper filter; isotropic voxel of 9 µm; and an evolution cycle of 360°. The linear flow (mm) measurement of the material on each side of the grooves (horizontal and vertical) was analyzed. The mean of the 4 measurements was considered the linear flow for each evaluation. The filling in volume (mm<sup>3</sup>) of the materials in the central area (1x1x2 mm, length, width, and height) was determined as the central cavity filling (CCF). The filling in volume (mm<sup>3</sup>) of the materials in the lateral areas was determined up to 2 mm for each side extending out of the central cavity. The means of the 4 measurements were considered the lateral cavity filling (LCF) for each analysis. Images were reconstructed using NRecon. The correction parameters of smoothing, beam hardening and ring artifacts were defined individually for each material. The reconstructed images were saved in the coronal, sagittal and transaxial planes in the DataViewer software. The images were analyzed by using CTAn software. 3D models representing the flow and filling of each sealer inside the cavities were created in the CTVox software (CTVox v.3.2.0 Bruker µCT) (Figs. 1C and D).

#### Statistical Analysis

All data were analyzed with statistical software package GraphPad Prism 7.00 (GraphPad Software Inc., La Jolla, CA, USA). The data were submitted to the Shapiro-Wilks

Table 2. Mean and standard deviation of the volume (mm³) after, preparation expressed as total values and valued by root third

	AH Plus	Neo MTA Plus
Total	3.11 (±0.53)	3.07 (±0.55)
Cervical third	1.66 (±0.37)	1.61 (±0.35)
Middle third	0.99 (±0.27)	0.98 (±0.16)
Apical third	0.39 (±0.09)	0.40 (±0.07)

There was no significant difference among the root canal volumes (p>0.05).

Table 3. Mean and standard deviation of the voids and filling material (%) after use of continuous wave of condensation

		AH Plus	Neo MTA Plus
	Total	7.07 (±3.24)	6.53 (±2.91)
Voida (0/-)	Cervical third	7.88 (±3.02)	6.73 (±3.22)
Voids (%)	Middle third	9.33 (±2.06)	7.69 (±2.77)
	Apical third	7.07 (±3.41)	7.29 (±2.57)
	Total	92.92 (±3.24)	93.47 (±2.91)
Filling	Cervical third	92.12 (±3.02)	93.27 (±3.32)
material (%)	Middle third	90.66 (±2.06)	92.33 (±2.77)
	Apical third	92.93 (±3.41)	92.70 (±2.57)

There was no significant difference between the sealers (p>0.05).

normality tests and showed normal distribution. Non-paired t test was used for comparison between the materials with a significance threshold at 5%.

#### Results

#### Filling Ability in Root Canals Evaluated by μCT

The volume of the root canals prepared by the ProDesign R 35.05 system throughout the entire extension of the canal and thirds (cervical, middle and apical) was similar for the two experimental groups for evaluation of the filling sealers (p>0.05) (Table 2). There was no significant difference in the percentage of voids and filling between the canals obturated by the continuous wave of condensation technique with AHP or NMTAP sealers (p>0.05) (Table 3, Fig. 2).

#### Flow Test Following ISO Standard 6876 and Using μCT

The results of the flow and filling tests using ISO 6876 and  $\mu$ CT are represented in Table 4. AHP showed a higher linear flow rate than NMTAP according to ISO 6876 standards (p<0.05). When assessing in  $\mu$ CT, the linear rates and volumetric filling in the central and lateral cavities were similar for the materials (p>0.05).

#### Discussion

The current study assessed flow and filling of endodontic

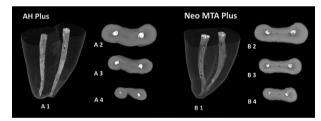


Figure 2. Three-dimensional reconstructions of images obtained by micro-CT of mesial canals of mandibular molars filled by continuous wave of condensation with AHP (A1) or NMTAP (B1). Axial sections of mesial roots of mandibular molars filled with AHP or NMTAP, respectively in the following thirds: cervical (A2, B2), middle (A3, B3) and apical (A4, B4). The filling material is represented in gray and white, and the voids can be visualized by black color.

Table 4. Mean and standard deviation of the flow (mm) and filling (mm³) of the sealers

	AH Plus	Neo MTA Plus
Flow (mm) - ISO 6876	21.41 (±1.13)a	13.98 (±1.25)b
Flow (mm) - μCT	8.56 (±0.88)a	7.40 (±0.85)a
Central cavity filling $(mm^3) - \mu CT$	1.76 (±0.20)a	1.95 (±0.09)a
Lateral cavity filling (mm³) - μCT	1.47 (±0.13)a	1.63 (±0.15)a

 a,bDifferent letters in the same row indicate a statistically significant difference between the sealers (p<0.05)</li> sealers by means of different methodologies. Confirming our first null hypothesis, the filling capacity in curved root canals obturated with AHP or NMTAP sealers was similar. The present study showed 92.92% as average percentage of root canal filling for AHP and 93.47% for NMTA. A higher percentage of filling for the continuous wave of condensation technique associated with AHP sealer in mesial roots of mandibular molars than in present study was observed by Oh et al. (11), with 99.72% of filling. A lower percentage of voids (3.91%) was also observed by Iglecias et al. (12), in comparison with our results. However, these studies were conducted by µCT at a lower scanning resolution, with voxel sizes at 17.42 µm and 14.87 µm, respectively. In the present study, the resolution of 9 µm was used for scanning, which could suggest greater capacity for detecting the presence of voids, since small features identification are directly related to the voxel size of the µCT images, and very small voids are difficult or impossible to be observed in images with low resolution (10).

Another factor that may contribute to the different percentage of filling of root canals among the studies is the different composition of gutta-percha brands used (17). Warm vertical compaction with Tanari gutta-percha cone, used in the present study, showed lower percentage of filled lateral canals than other brands, due to a lower percentage of gutta percha in its composition (17). However, Tanari is the only manufacturer that offers gutta-percha cones with taper 0.05, with the same size of the final preparation used in the root canals (35/.05). In addition, Gurgel-Filho et al. (18) showed that Obtura and Tanari had better results than Dentsply, Konne and Analytic gutta-percha cones when it was used with the continuous wave of condensation technique.

Mesial roots of mandibular molars with a curvature between 20° and 40° were used in our study because the evaluation of obturation techniques in curved canals is limited (2). Preparation and obturation of root canals with anatomical complexity present greater difficulty (9). In the present study, the continuous wave of condensation technique allowed plasticization of the gutta-percha throughout the entire extension of the canal, which promotes a homogeneous mass capable of filling the irregularities of the canals (3). Therefore, the continuous wave of condensation may be considered an appropriate technique for obturation of mesial root canals of mandibular molars (19).

The effect of heating on the properties of endodontic sealers is controversial. AH Plus had changes in its chemical structure after exposure to heat (20), However, it is also considered suitable for heated root canal filling techniques (21). Regarding calcium silicate sealers, Atmeh et al. (20) stated that the application of heat had no effect on its chemical structure. Changes in epoxy resin- and zinc

oxide-eugenol-based sealers were detectable at 100 °C, and water loss was irreversible in calcium silicate sealers at this temperature (22). The authors do not recommend the use of temperatures above 100 °C. Regarding the filling ability of the sealers, Heran et al. (23) showed that AH Plus should not be subjected to high temperatures as its properties deteriorate and void volume increases. The two assessment methods used in the present study for material filling capacity are not directly correlated, but are complementary. However, in view of the possibility of changes in the physicochemical properties of some root canal sealants, heated techniques must be carefully considered.

When evaluating the flow of the sealers, our results showed that AHP presented high flow by the ISO standards, in agreement with a previous study (6), while NMTAP presented values below those recommended by ISO. There are no studies evaluating this property for NMTAP when used as a root canal sealer. However, the conventional ISO methodology used for evaluating the flow of root canal sealers is a linear measurement and may not reflect the filling ability of endodontic materials (14).

A previous study used µCT to evaluate the filling volume of different root canal sealers in the apical third of extracted teeth (24). These authors observed a lower volume of material for Endofill (Dentsply) and Sealapex (SybronEndo, Glendona, CA, USA), which they associated to the flow of these materials. The highest volume for AHP was related to its higher consistency. The test by µCT performed in the present study was based on Tanomaru-Filho et al. (14). This methodology is similar to that proposed by ISO considering the standardized quantity of material used and the applied pressure on the sealers. The authors used this standardized technique to analyze reparative cements flow and filling of cavities and observed that the flow ability of root-end filling materials was not compatible with the lateral volumetric filling of these cements. Therefore, µCT promotes additional information on filling ability complementing flow test by ISO.

Analysis by  $\mu$ CT demonstrated similar central and lateral filling for the evaluated materials. These results suggest that linear flow did not reflect the ability for filling lateral spaces. McMichael et al. (8), when evaluating the penetrability of NMTAP into dentinal tubules, observed a high percentage of penetration for this sealer. These results show proper filling of NMTAP, although this material had not shown greater flow by the conventional test. Thus, the second null hypothesis was rejected, once  $\mu$ CT allowed specific and different points of analysis and flow and filling ability was not completely associated.

Although the solubility of NMTAP as a root canal sealer has not been reported, high values for calcium silicate-based sealants are observed after immersion in distilled water. PBS storage reduces this solubility, but with values above

ISO 6876 standards. Therefore, new research and greater knowledge of the behavior of these materials are important for clinical indication (25).

Within the limitations of the present study, it can be concluded that although AHP presented better flow than NMTAP using ISO methodology, there was no difference between these sealers regarding volumetric filling when evaluated by  $\mu$ CT. Moreover, NMTAP showed proper filling of curved canals in association with continuous wave of condensation technique, besides adequate ability to fill central and lateral spaces, which suggest its good potential for clinical application.

#### Resumo

Este estudo avaliou por microtomografia computadorizada (µCT) a capacidade de preenchimento de canais radiculares curvos, além do escoamento dos cimentos AH Plus (AHP) e Neo MTA Plus (NMTAP) utilizando diferentes metodologias. Foram selecionadas raízes mesiais de molares inferiores com dois canais radiculares e grau de curvatura entre 20° e 40°. As amostras foram preparadas com o sistema ProDesign R até o tamanho 35.05 e foram obturadas com os cimentos por uma técnica de onda contínua de condensação, Thermo Pack II (n=12). Os dentes foram escaneados usando μCT após o preparo e obturação do canal radicular. A porcentagem volumétrica de material de preenchimento e vazios foram calculados. O escoamento foi avaliado com base na norma ISO 6876/2012 (n=10). O escoamento e o preenchimento também foram avaliados em µCT usando uma placa de vidro com uma cavidade central e quatro canaletas a partir da cavidade central (n=6). O escoamento foi calculado linearmente nas canaletas. O preenchimento da cavidade central (PCC) e o preenchimento da cavidade lateral (PCL) foram calculados em mm<sup>3</sup>. Os dados foram submetidos ao teste t não pareado com nível de significância de 5%. A porcentagem de preenchimento e vazios entre os canais radiculares preenchidos com AHP ou NMTAP foi semelhante (p>0,05). NMTAP apresentou o menor escoamento no teste convencional (p<0,05). Utilizando µCT, os cimentos apresentaram PCC, PCL e escoamento linear semelhantes (p>0,05). Em conclusão, NMTAP e AHP apresentaram capacidade de preenchimento semelhante em canais mesiais curvos de molares inferiores sem presença de istmo. Embora o AHP tenha apresentado melhor escoamento que o NMTAP usando a metodologia ISO, não houve diferença entre esses materiais em relação ao preenchimento volumétrico quando avaliados por µCT.

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