



Determination of genetic variation in *Rhodiola crenulata* from the Hengduan Mountains Region, China using inter-simple sequence repeats

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Abstract

The plant *Rhodiola crenulata* is a perennial herbaceous species distributed in the plateau region of southwestern China, especially the Hengduan Mountains region. It has been one of the most important traditional herbal remedies in Tibet for more than one thousand years, but the accelerated and uncontrolled collection of this plant since the 1980s has led to deforestation. We used inter-simple sequence repeats (ISSR) to assess levels of genetic variation in *R. crenulata* from nine diverse natural populations in eastern Tibet and northern Yunnan, the first time such a study has been carried out. The 12 primers we used were able to detect 184 polymorphic loci. Analysis of molecular variance (AMOVA) indicated that species level genetic diversity was relatively high ($p = 97.83\%$, and $H_s = 0.464$) and analysis using Shannon's index showed that the within and between genetic diversity of *R. crenulata* are approximately equal. Nei's genetic distance and unweighted pair-group method with arithmetic averages (UPGMA) cluster analysis showed that the three populations from Tibet and the six populations from Yunnan form two major clusters. The Yunnan populations from three locations were further divided into three corresponding groups, indicating that genetic differentiation was correlated to geographic distribution. Understanding the genetic structure of *R. crenulata* provides insight for the conservation and management of this endangered species.

Key words: genetic diversity, Hengduan Mountains region, ISSR, *Rhodiola crenulata*.

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Introduction

The plant *Rhodiola crenulata* is a perennial herbaceous plant mainly distributed in the high plateau region of southwestern China, especially the Hengduan Mountains region including eastern Tibet, northern Yunnan and western Sichuan. Thriving at high elevations (2800-5600 m) in cold, moist climatic areas of the Northern hemisphere near the tundra, *R. crenulata* grows exceptionally well in a variety of habitats including meadows, rocky crevices, cliffs and slopes, dunes and sandy soils. A cluster of *R. crenulata* plants often grows to several tens of square meters and produces reptant, succulent rhizomes and red extracting solutions from flowers, roots and stems (Fu and Fu, 1984; Wu and Raven, 2001). As one of the most important traditional herbal remedies, *R. crenulata* has long been used in the

treatment of long-term illnesses and weaknesses due to infection in Tibet and other regions for more than 1000 years (Xiong, 1995; Zhao *et al.*, 1998; Rohloff, 2002). Recent pharmacological studies have found that this plant contains many ingredients such as salidroside which are highly active against anoxia, fatigue, toxic reactions, radiation sickness, tumors and aging as well as presenting active-oxygen scavenging properties (Kurkin and Zapesochayaya, 1986; Peng *et al.*, 1996; Ohsugi *et al.*, 1999). Lei *et al.* (2003, 2004) investigated the interpopulation chemical variability of essential oils from *R. crenulata* rhizomes from Tibet and Yunnan and found that there were two main chemotypes of the essential oils in Tibetan (geraniol-rich) and Yunnan (n-octanol- and geraniol-rich) *R. crenulata* populations which can be used for identifying the source of *R. crenulata* genetic resources.

Since 1980s, the accelerated and uncontrolled use of *R. crenulata* in southwestern China has been leading to deforestation, with a number of *Rhodiola* species, including *R. crenulata*, considered for inclusion in the National Class

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One Endangered Species in China checklist for conservation purpose. Little is known about the genetic background of *R. crenulata* and there is a need for more information on genetic variability and the population structure of natural populations to support *R. crenulata* conservation and management programs.

In recent years a number of molecular markers such as random amplified polymorphic DNA (RAPD) (Hu and Quiros, 1991; Munthali *et al.*, 1992), amplified fragment length polymorphism (AFLP) (Vos *et al.*, 1995), simple sequence repeats (SSR) (Zietkiewicz *et al.*, 1994) and inter-simple sequence repeats (ISSR) (Salimath *et al.*, 1995; Wolfe and Randle, 2001) have been widely used to detect genetic diversity in plants (Karp *et al.*, 1996; Wolfe and Liston, 1998; Nan *et al.*, 2003; Tang *et al.*, 2003). In particular, ISSR markers can be highly variable within a species and have the advantage over RAPD markers that they use longer primers that allow more stringent annealing temperatures and reveal many more polymorphic fragments. In this study, ISSR markers were used to analyze the genetic diversity and genetic structure of natural *R. crenulata* populations from the Hengduan Mountains region, China. The objectives of the research described in this paper was to evaluate the population-level genetic diversity of *R. crenulata* for the first time, to determine the genetic differentiation between the populations from Tibet and Yunnan, China, and to assess the implications of our study for future *Rhodiola* conservation and management programs.

Materials and Methods

Sample collection

A total of 164 *Rhodiola crenulata* plants, representing nine diverse natural populations, were sampled from the Hengduan Mountains region, China (Figure 1). Fresh *R. crenulata* leaves were collected from the following four sets of sites: (1) Kongpojiangda (Kongpo Gyamda) County, Linzhi (Nyingchi) District, Tibet in August 2002 from Mount Mila, eastern side at 4670 m (sample P1), western side at 5150 m (sample P2) and western side at 3890 m (sample P3); (2) Deqin County, Diqing District, Yunnan, China in September 2002 from Mount Meili Snow at 4650 m (sample P4); (3) the mining region, Shangri-la County, Diqing District, Yunnan in August 2003 from Mt. Hong at 4390 m (sample P5), 4420 m (sample P6) and 4420 m (P7); and (4) Lijiang, Yunnan in July, 2003 from Mount Jade Dragon Snow at 5100 m (P8) and 4100 m (P9). The leaves were collected from 12 - 23 randomly selected plants in each site (population) at intervals of at least 4 m. Samples were stored with silica gel in zip-lock plastic bags until DNA isolation. Vouchers of the samples were deposited at the Ministry of Education Key Laboratory for Biodiversity Science and Ecological Engineering at Fudan University, Shanghai 200433, China.

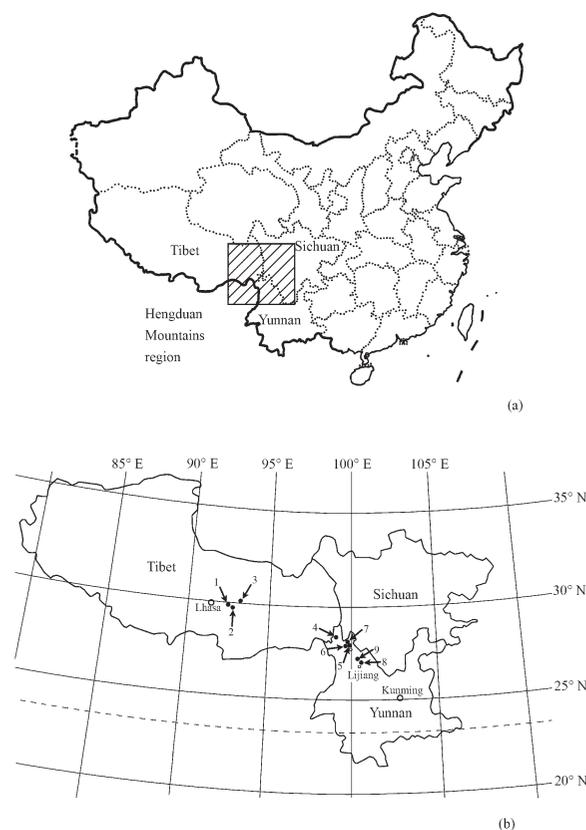


Figure 1 - Samples of nine *Rhodiola crenulata* populations from the Hengduan Mountains region, China. (a) the Hengduan Mountains region; (b) sampling locations. Population codes and the number of plants sampled are given in Table 2.

DNA extraction and ISSR assay

A modified DNA mini-prep procedure of Doyle and Doyle (1990) was used to extract DNA, the quality of which was checked on 1% (w/v) agarose gel and its concentration determined using a Hoeffer fluorometer.

Ninety primers from the University of British Columbia, Canada set 9 of ISSR primers (<http://www.michaelsmith.ubc.ca>) were tested and 12 primers were selected for PCR (Table 1). Reaction volumes were 10 μ L, and consisted of 1 μ L 10 x reaction buffer, 0.1 μ L 10 mM dNTPs, 0.25 μ M primer, 2% (w/v) formamide, 10 ng DNA template and 1 unit of Taq DNA polymerase (Genda Tech Corp, Canada). The thermocycler program was 5 min at 94 $^{\circ}$ C followed by 40 cycles of 1 min at 94 $^{\circ}$ C, 1 min annealing at 51 or 54.5 $^{\circ}$ C (Table 1) and 2 min extension at 72 $^{\circ}$ C, and a final 7 min extension at 72 $^{\circ}$ C.

Amplification products were resolved electrophoretically on 1.5% (w/v) agarose gels in 0.5 x TBE buffer by loading the entire reaction volumes into prepared wells. Gels were run until a bromophenol blue indicator dye ran 10 cm from the well. Gels were stained with ethidium bromide and bands were visualized and photographed under

Table 1 - Primers used for ISSR amplification.

Primer	Sequence	Annealing temperature (°C)
807	(AG) ₈ T	53
810	(GA) ₈ T	52
811	(GA) ₈ C	52
823	(TC) ₈ C	52
834	(AG) ₈ (CT)T	54.5
840	(GA) ₈ (CT)T	53
841	(GA) ₈ (CT)C	53
845	(CT) ₈ (AG)G	52
857	(AC) ₈ (CT)G	53
864	(ATG) ₆	52
873	(GACA) ₄	51
887	(AGT) (ACG) (AGT) (TC) ₇	51

UV light. Molecular weights were estimated using a 100 bp DNA ladder (Shengong Inc., Shanghai, China).

Scoring and data analysis

All ISSR bands were scored as present (1) or absent (0). From banding patterns of the nine populations, the number of polymorphic loci and the percentage of polymorphic loci (p) at population and species level were calculated. The degree of within-population diversity was quantified using Shannon's index of phenotypic diversity (H_o), estimated as $-\sum p \log_2 pi$, where pi was the frequency of the presence or absence of a band (Lewontin 1972; King and Schaal 1989). The average diversity over the different populations (H_{pop}) and the diversity calculated from the phenotypic frequencies p in all populations considered together (H_{sp}) was calculated from $-\sum p \log_2 p$. It was then possible to calculate the proportion of diversity within (H_{pop}/H_{sp}) and between populations $[(H_{sp} - H_{pop})/H_{sp}]$.

A dendrogram based on Nei's (1978) unbiased genetic distances and the unweighted pair-group method with arithmetic averages (UPGMA) was constructed using the

TFPGA program version 1.3 (Miller, 1997). Marker frequencies were estimated based on Lynch and Milligan's (1994) frequency correction for dominant markers. Bootstrapping over loci was also performed with TFPGA with 1000 permutations.

The correlation between the genetic distance and geographic distance matrices was investigated using the Mantel test of matrix correspondence (Mantel, 1967) implemented in the NTSYSpc 2.0 package (Rohlf, 1998). Statistical significance of the Mantel test was determined using 1000 random permutations.

Analyses of molecular variance (AMOVA) based on the pairwise squared Euclidean distances between molecular phenotypes were carried out to partition the genetic diversity between populations using the WINAMOVA program version 1.55 (Excoffier *et al.*, 1992). Gene flow as number of migrants per generation (N_m) between populations was estimated based upon Φ_{ST} (analogous to F_{ST}), using the method of Wright (1951).

Results

For the 164 *R. crenulata* specimens tested the 12 primers produced 184 bands, 180 of which were polymorphic. The size of the amplified DNA fragments ranged from 190bp to 2600bp and the average number of bands per primer was 15.3. The number of bands and polymorphic bands produced by each primer varied, the highest number of bands (20) being produced by primer 845 and the lowest number of bands (11) by primer 807. We observed 164 unique ISSR banding patterns, *i.e.*, each specimen presented a unique ISSR phenotype, indicating extensive genetic variation in the individual plants analyzed. There were no population-specific markers, *i.e.* markers present in one population but absent in the others.

The percentage of polymorphic loci ranged from 38.04% for population P3 to 66.85% for population P7, with a mean of about 56.28% (Table 2). The percentage of polymorphic bands at species level for each primer combinations ranged from about 92.31% to 100%. Estimates of

Table 2 - Genetic variation between populations of *Rhodiola crenulata* based on 184 ISSR markers.

Population	Sample size	Total number of polymorphic loci	Percentage of polymorphic loci	H_o (mean \pm SE)
P1	11	92	50.00	0.254 \pm 0.286
P2	15	104	56.52	0.282 \pm 0.284
P3	21	70	38.04	0.168 \pm 0.245
P4	12	111	60.33	0.291 \pm 0.272
P5	20	111	60.33	0.279 \pm 0.268
P6	20	100	54.35	0.247 \pm 0.270
P7	23	123	66.85	0.325 \pm 0.275
P8	20	113	61.41	0.274 \pm 0.267
P9	22	108	58.70	0.295 \pm 0.282
Total	164	180	97.83	0.464 \pm 0.204

Shannon's index of phenotypic diversity (H_o) ranged from 0.168 for population P3 to 0.325 for population P7 with an average of 0.268, which was consistent with the variance of the percentage of polymorphic bands. At species level, H_o was 0.464 (Table 2).

Partitioning of genetic variability by analysis of molecular variance revealed that most of the ISSR diversity was distributed between individual plants within populations (52.62 %), with the remaining diversity distributed between populations within locations (25.36 %) and between locations (22.02 %) (Table 3). Of the total genetic diversity, 44.86% resided in populations and the rest (55.14%) in individual plants within populations. We also found that 32.92 % of the variance was between locations and 67.08 % within locations. The estimated population differentiation ($\Phi_{ST} = 0.474$) for this phenetic treatment of the data was close to the coefficient of Shannon's index. Based on the Φ_{ST} value, the gene flow (N_m) was 0.277.

A dendrogram generated using the Nei's (1978) genetic distance and the UPGMA method showed that the Tibetan populations and Yunnan populations form two major clusters, implying that the genetic differentiation of *R. crenulata* is correlated to its geographic distribution. The Yunnan populations were divided into three groups (Figure 2): population P4 from Meili snow mountain; three closely related populations from Mt. Hong (P5, P6, and P7); and populations P8 and P9, which were also similar to each other, from Lijiang (Jade Dragon Snow Mountain).

The Mantel test revealed that there was significant correlation between pairwise genetic distance and corresponding geographic distance for all nine populations ($r = 0.677$, $p = 0.0060$), consistent with the UPGMA dendrogram that clusters closely-related populations.

Discussion

This study is the first application of ISSR markers to the assessment of genetic diversity in *R. crenulata*. The partition of genetic diversity using both Shannon's index and AMOVA indicated that genetic diversity in *R. crenulata* is distributed equally within and between populations. Since the population genetic structure of a species is affected by multiple evolutionary factors including the mating system,

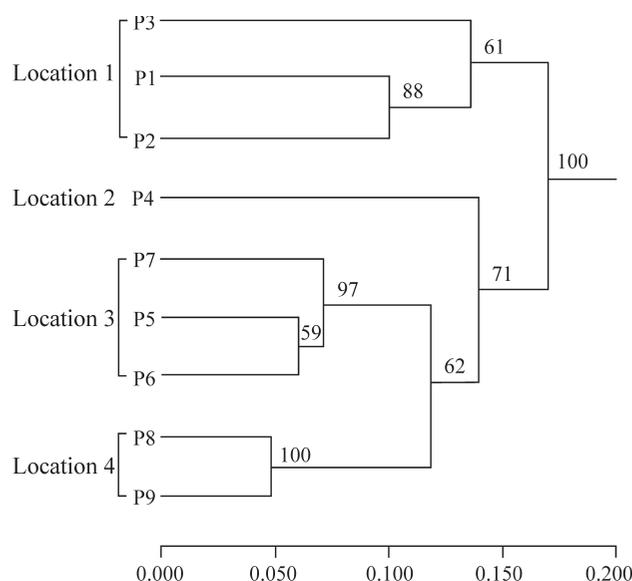


Figure 2 - Dendrogram showing the relationships between nine *Rhodiola crenulata* populations. The dendrogram was generated using the unweighted pair-group method with arithmetic averages (UPGMA) method using the genetic distances matrix based on 184 inter-simple sequence repeat (ISSR) markers produced by 12 single primers. Bootstrap support values are indicated above the branches.

gene flow, mode of reproduction and natural selection (Hamrick and Godt, 1989), it could be speculated that *R. crenulata* might have a mixed mating system, partial outcrossing by pollen and seed dispersal and partial selfing by sprouting prostrate rhizomes. In general, the detection of high levels of polymorphism makes ISSR analysis a powerful tool for assessing genetic diversity in *R. crenulata*. None of the individual plants were genetically identical according to ISSR analysis, indicating that the level of resolution in our study was sufficient to distinguish all genotypes.

Accurate estimates of genetic diversity are useful for optimizing sampling strategies and for conserving and managing the genetic diversity of trees (Godt and Hamrick, 1996). In the present study, the genetic diversity indices ($p = 97.83\%$, $H_o = 0.464$) revealed that genetic diversity of *R. crenulata* from the Hengduan Mountains region in southwestern China is relatively high in comparison to that recorded for *Rhodiola angusta* ($p = 46.7\%$, $H = 0.195$) and *Rhodiola sachalinensis* ($p = 30.7\%$, $H = 0.122$) based on

Table 3 - Analysis of Molecular Variance (AMOVA) of *Rhodiola crenulata* based on 184 inter-simple sequence repeat (ISSR) markers.

Source of variation	Degrees of freedom	Sum of squared deviation	Mean of squared deviation	Variance component		Coefficient of intraclass correlation	p*
				Absolute (%)			
Between locations	3	1339.1320	446.377	7.38	22.02	$\Phi_{ct} = 0.220$	< 0.001
Between populations	5	879.7345	175.947	8.50	25.36	$\Phi_{sc} = 0.325$	< 0.001
Within populations	155	2733.5420	17.63	17.64	52.62	$\Phi_{st} = 0.474$	< 0.001
Total	163	4952.4085	30.383	33.52	100		

*Based on 1000 iteration steps.

isozyme markers (Yan *et al.*, 1999; Zu *et al.*, 1998). The *R. crenulata* genetic diversity detected in our study also agrees with the life history traits and geographical distribution of this species. Although the genus *Rhodiola* originates in the mountainous regions of Southwest China and the Himalayas, botanists have established that various species of this genus naturally display a circumpolar distribution in the mountainous regions at the very high latitudes and elevations of the Northern Hemisphere (Ohba, 1987; Darbinyan *et al.*, 2000).

It is known that *R. crenulata* reproduces both sexually and vegetatively by sprouting prostrate rhizomes, and this can be considered as a strategy for both maximal heterozygosity and reproductive success. The high genetic diversity observed in our investigation indicates that the populations studied have adapted to environmental changes. One of the reasons is that the locations of the sample collection were in the Hengduan Mountains region, which is one of the biodiversity hotspots of the world and the current distribution and differentiation center for the genus *Rhodiola*. However, the fact that *Rhodiola* natural resources have decreased remarkably recently, owing to over-exploitation for medicine and shrinkage of their natural habitat, indicates that the threats to the survival of species of this genera mainly come from human activity and not genetic variation.

Andrew (1999) states that understanding the evolutionary role of gene flow or the migration of individual specimens and the subsequent transfer of genes between populations is also pivotal to the management of endangered species. The indirect estimate of gene flow (Nm) between *R. crenulata* populations was extremely low (0.277), implying that genetic drift could be the dominant evolutionary factor that shapes the population structure of *R. crenulata* according to Wright (1931). Moderate to high rates of gene flow between populations help prevent subpopulation isolation and thereby maintain genetic variation and prevent inbreeding depression (Franklin, 1980; Frankel and Soule, 1981). Thus with a very low migration rate, genetic drift could have effectively isolated and differentiated the *R. crenulata* populations after a long period, consistent with the almost equal percentage of within and between populations genetic variation. Another potential factor affecting the loss of genetic variation is habitat fragmentation, which could have restricted gene flow between *R. crenulata* populations as evidenced by the fact that this species could only be found in the high and cold mountainous regions.

The *R. crenulata* population structure revealed by our research has apparent conservation and management implications. An important goal for the conservation of this species is to preserve more individual plants than populations. Accordingly, in a situation of limited collection and management capacity in germplasm conservation, our recommendation is to collect more individual plants from each

population but fewer populations. Although loss of individual plants or populations in some locations may not cause the immediate loss of genetic diversity, it might result in the decreased potential of *R. crenulata* to adapt to environmental changes in the long term. If the goal of rehabilitation and restoration is functionally equivalent with native local populations, the donor propagules should be selected from populations that have high genetic similarity to one another. For example, in planting *R. crenulata* in China, propagules collected from ecologically similar populations should be used to increase their potential for survival. In contrast, if the sites are to be planted with propagules from donor populations, then sampling strategies should focus on small collections spreading across populations and covering several sites on a regional scale to obtain the maximum representation of genetic diversity.

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