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Evaluation of Medicinal Values of *Gymnopetalum chinense* (Lour.) Merr., a Lesser Known Cucurbit from Eastern Ghats of India

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ABSTRACT

The in vitro antimicrobial activity of Gymnopetulum chinense (Cucurbitaceae), a lesser known climber of Eastern Ghats and recently recorded species from Odisha, India was studied against five selected human pathogenic bacteria (Streptococcus mutans, S. pyogenes, Vibrio cholerae, Shigella flexneri and Salmonella typhi), by agar well diffusion (AWD), disc diffusion (DD) and broth dilution methods. Different solvent extracts were prepared from the leaves of G. chinense using various solvents viz. n-hexane, chloroform, methanol, acetone and aqueous. The nomenclature, detailed description and photographs of the plant are provided to facilitate its easy identification. The leaf extract showed presence of phenolic compounds, tannin, saponin, flavonoids and glycosides. It was examined that methanol extract showed highest zone of inhibition (16.66 mm) against S. pyogenes using DD assay. Similar results were examined as lowest MIC values were found with methanol leaf extract against S. pyogenes and S. mutans (200 µg/ml). Present study showed first report of this plant as natural antibacterial agents and highlights the importance of G. chinense in curing the bacterial infections.

Key-words: Antibacterial activity, *Gymnopetulum chinense*, Cucurbits, *Streptococcus pyogenes*, Antimicrobial resistance

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INTRODUCTION

Uses of antibiotics during 20th century have substantially reduced the threat of infectious diseases (Gould 2008). Nevertheless, over the years, there has been a decrease in microbial susceptibility to existing antimicrobial agents responsible for critical point drug resistance in healthcare departments and in communities. In fact the theme of the World Health Day 2011 was "Antimicrobial resistance: no action today, no cure tomorrow". It is a big problem in pharmaceutical industry and for future health care. Recently different researchers have reported the urgent need for new antimicrobial agents to replenish the arsenal of anti-infective agents or drugs. It is reported that, on an average, two or three antibiotics are launched each year. After a downturn in that pace in recent decades, the pace is again quickening as scientists realize that the effective life span of any antibiotics is limited. Therefore, it is necessary to know more about antimicrobial resistance (AMR), the mechanisms of action and screening of secondary metabolites from the biowealth.

Finding healing powers in plants is an ancient idea. People of all continents have been long appling poultices and ambibed infusion of hundreds, if not thousands, of indigenous plants, dating back to prehistory. There is evidence that Neanderthals living 60,000 years ago in present-day Iraq used plants against infections such as Hollyhock. These plants are still widely used in ethno-medicine around the world. It is estimated that there are 250,000 to 500,000 species of plants on earth. A relatively small percentage (1 to 10 %) of these are used as foods by both humans and other animal species. It is possible that even more are used for medicinal purposes. Hippocrates mentioned 300 to 400 medicinal plants used in different diseases in the late fifth century B.C. In the first century A.D., Dioscorides wrote "De Materia Medica", a medicinal plant catalog which become the prototype for modern pharmacopoeias. The Bible offers descriptions of approximately 30 healing plants. Indeed frankincense and myrrh probably enjoyed their status of great worth due to their properties. Reported to have antiseptic properties, they were even employed as mouthwashes. During the Dark Age, the Arab world continued to excavate their own older works and to build upon them. Of course, Asian cultures particularly Indian Vedas were also busy compiling their own pharmacopeia. Still, in modern era, the tribal communities around the world have been using the plant extracts against microbial infections^{8,9}.

Plant materials are of wide use in traditional systems of medicine, and in several communities of the developing world. They are the only resources available for the treatment of different microbial infections among many rural and tribal communities. Most of the common plants have been reported to have antimicrobial activity, still a number of unexplored wild plants are available in the forests having good ethnic values as traditional medicines.

There is need for the screening of bioactive compounds present in such plants and the antimicrobial activities of their extracts. ¹⁰ Even though several plant species have reported to be used for screening of antimicrobial agents in Odisha, studies on the same in cucurbits is not well documented. So far about 21 species of cucurbits are reported to occur in the geographical area of the state. ¹¹⁻¹³

Among them, the genus *Gymnoptalum* Arn. belonging to this family has four species which are distributed in Tropical Asia from India to Moluccas. ¹⁴ In India, this genus is represented by three species, and none of them were reported from Odisha till 2012. ¹⁵⁻¹⁸ Under this genus *G. cochinchinensis* (Lour.) was reported for the first time by Mandal et al. ¹² from Similipal Biosphere Reserve making the first generic record of this family in Odisha, India. Later another species, *G. chinense* (Figure 1) was also reported by Pradeep et al. ¹³ from Dhenkanal district of Odisha,

India in the mainland and recently the same species is found by the authors in coastal areas making its adaptability to variable climate and environment.

Therefore, keeping in view of the adaptability of this plant to changing environment, a need was felt to screen the antimicrobial potential of this cucurbit from Odisha. This plant has also unreported antibacterial properties and unexplored the other therapeutic values. Hence, in the present study, an attempt was made to evaluate the qualitative phytochemical analysis and antibacterial activities of the plant which highlights the pharmacological importance of the unexplored wild plant.

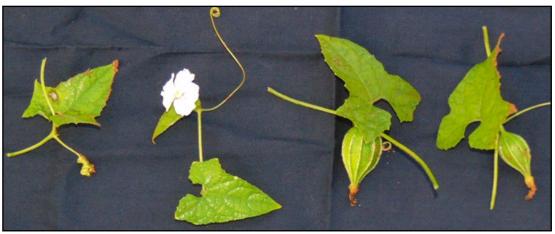


Fig. 1: Pictorial presentation of Gymnopetalum chinense (Fruits, leaves and flower)

MATERIALS AND METHODS

Reagents and chemicals

All used reagents and chemicals were of analytical grade. The diluents used in the present work were sterile distilled water (Merck, Milipore, US). DMSO (Merck B.No- 206421), Agar Agar (Qualigens B.No- 66156906), Peptone (Qualigens B.No. 3318/1 6805-1), Beef Extract (Qualigens B.No. 4302/1 6810-1), Sterilized Hi Media flexiloop 2 (2.2 mm, PW012), Trypticase soya broth (Himedia-LQ508) were used.

Plant description

Description: Monoecious climbing herb, stems slender, angular, sulcate, scabroushairy; tendrils simple, filiform. Leaves membranous; scabrous, ovate-cordate, angled; base deeply cordate; apex acuminate; margin undulate, sparsely dentate; probract absent. Male inflorescence raceme; bracteates; flowers solitary, peduncle long, bract prominent, obovate, incise-serrate. Male flower solitary; calyx tube elongate, villous, wider at apex; sepals linear; stamens-3, inserted. Female flower solitary, in the same or different axil as male inflorescence. Ovary pubescent; narrowly ellipsoid. Stigma 3. Fruits are ovoid-oblong and ribbed (Figure 1). Phenology: Flowering: October –December, Fruiting: November - January.

Collection of plant materials

Leaves of *G. chinense* (Figure 1) were collected from the coastal part of Odisha, India. Collected leaves were washed properly and were cut into small pieces and left for air drying. ¹⁹ The dried materials were crushed to powder with mechanical

device and were kept it in air tight container for phytochemical screening and antibacterial activity.

Preparation of plant extracts

As per the polarity index five solvents (n-hexane, chloroform, acetone, methanol and aqueous) were selected for extraction. Soxhlet method and percolation were adopted to obtain the plant extracts²⁰. The plant parts of experimental plant leaves were collected and dried at room temperature under shade and were powdered after drying using mechanical devices. The powder of leaves was poured in the thimble at the ratio of 20 g per 250 mL of solvents at the standard temperature. The residues were collected and left for air drying and dried crude extracts were stored in refrigerator for further experimental work.

Qualitative detection of bioactive compounds

Phyto-chemical experiments were carried out on n-Hexane, chloroform, acetone, methanol, and aqueous extracts of leaves of *G. chinense* using standard procedure to detect the bioactive compounds as described by different workers. ^{19,21,22}

Test of Tannin: extracts was taken in a test tube and 3-5 drops of 0.1 % ferric chloride solution were added. The brownish green or blue black colouration indicated the presence of tannins.

Test for Saponin: Extract was boiled in distilled water and filtered with Whatman 42 filter paper. Filtrate was mixed with normal distilled water and shaken vigorously. The stable persistent froth indicated the presence of saponins.

Test of Flavonoids: 6 mL of dilute ammonium solution was added to portion of the aqueous filtrate of plant extract followed by addition of concentrated sulphuric acid. A yellow colouration indicated the presence of flavonoids.

Test of Glycosides: 0.5 g of extract was treated with 1 % ferric chloride solution and was put into water bath for 5 minutes at 100 °C. The mixture was cooled and equal volume of benzene was added. The benzene layer was separated and 5 mL of ammonia solution was added. Formation of rose pink colour indicated the presence of glycosides.

Test of Phenolic compounds: 0.5 g of extract was treated with 3-5 drops of 1 % ferric chloride solution. Formation of bluish black colouration indicated the presence of phenolic compounds.

Antibacterial activity

Media used

Nutrient broth was used to maintain broth cultures. The constituents of the nutrient broth included 0.5 g NaCl, 0.5 g peptone and 0.3 g beef per 100 mL. An additional 1.5 g of agar made up the nutrient agar medium.

Experiment

The extracts of experimental plant part was screened for antibacterial activity against two Gram-positive bacteria *Streptococcus mutans* (MTCC 497) and *Streptococcus pyogenes* (MTCC 1926); three Gram-negative bacteria *Vibrio cholerae* (MTCC 3906), *Shigella flexneri* (MTCC 1457) and *Salmonella typhi* (MTCC 1252). All used MTCC (Microbial Type Culture Collection) bacterial strains were collected from Institute of Microbial Technology (IMTECH), Chandigarh. Antibacterial activity was done using slight modification of standard

methods of Agar Well Diffusion assay,²³ Disc Diffusion method²⁴ and Broth Agar well diffusion method²³ was followed to test the dilution assay.²⁵ antibacterial activity of extracts of experimental plant parts against the five bacterial strains. Nutrient agar plates were prepared as per manufacturer's instructions. Wells (6 mm) were made using sterile borer. Stock solutions of samples were prepared in 100 % DMSO (Sigma) and twofold serial dilutions were made in amount of 100 μ L per well ranged from 0.5 – 2.0 mg/mL. 100 μ L of samples were added by sterile syringes into the wells in three above mentioned concentration and allowed to diffuse at room temperature for 2 h. Plates were incubated at 35 ± 2 °C for 18-24 h. Triplicates were maintained and the experiment was repeated thrice. For each replicates the readings (diameter of zone of inhibition in cm) were taken and the mean \pm SD values (diameter of zone of inhibition) were recorded. Antibacterial activity using Disc diffusion assay was done using the 6 mm of disc prepared from whattman filter paper.²⁴ Each extracts were dissolved in dimethyl sulfoxide. The sets of three dilutions of crude extracts and standard drugs were prepared. 6 mm of discs were kept in the drugs for 12 h before placing to the agar plates. The zones of growth inhibition around the disks were measured after 18 to 24 h of in incubation at 37 °C for bacteria. The sensitivities of the microbial species to the plant extracts were determined by measuring the sizes of inhibitory zones (including the diameter of disk) on the agar surface around the disks, and values less than 8 mm were considered as not active against microorganisms. Mean and SD (standard deviation) was performed to calculate taking triplicate values of zone of inhibition (cm for agar well diffusion assay; mm for disc diffusion) of samples using Excel, Microsoft Corporation-2010, US).

MIC using Broth Dilution assay

Minimum Inhibitory Concentration (MIC) was evaluated by serial dilution method. Selected colonies of aforesaid bacteria were picked off to a fresh isolation plate and inoculated in corresponding tubes containing 5 mL of trypticase soya broth. The broth was incubated for 8 ± 1 h at 35 ± 2 °C until there was visible growth. Mc Farland No.5 standard and PBS (Phosphate buffer saline) were used to adjust the turbidity to get 10^5 cfu/mL.

Data Interpretation

After the incubation, the tubes showing no visible growth after 8 h till 12 h were considered to be inhibition of bacteria which represent MIC (minimum inhibitory concentration) values of a respective concentration. Inoculums control showed visible growth due to no antimicrobial agents, whereas the broth control showed no growth due to absence of bacteria. Triplicates were maintained and the experiment was repeated thrice, for each replicates. The readings were taken as foresaid.

RESULTS AND DISCUSSION

In present investigation, authors could locate ten individuals of *G. chinense* (Figure 1) in three localities of coastal belts of Khurda (Balugaon, Dhuanali and forest rest house of Barbara RF). After critical study and through literature survey, the distribution of this species was extended to coastal districts of Odisha. Its occurrence in Nellore district of Andhra Pradesh¹⁸ and South Eastern Ghats of Tamil Nadu²⁶ and coastal part (present report) of Odisha confirms the south, western-ward and eastern coastal part extension of its distribution in the country. The field observation and review concluded that it is the new distribution of *G. chinense* in Odisha.

The phytochemical analysis of leaves of the experimental plant revealed that extracts of *G. chinense* possess various bioactive compounds. It was observed that extract of alkane group not showed any tested compounds whereas alkyl halides group showed presence of saponin only. It was examined that ketones and alcohol group of extracts showed phenolic compound, flavonoid, tannin and saponin (Table 1). The richness of these above compounds provides a base line of the medicinal values of the experimental plant. The flavonoids present in ketone and alcohol (Table 1) showed the potential of the leaves as antifungal activity.²⁷ Tannins were present in ketone and alcohol extracts (Table 1) which is also reported to have antifungal activities.²⁸ Glycoside was present in alcohol extract (Table 1) which is effective for heart problems.^{29,30,31}.

The evaluation of antibacterial activity showed significant zone of inhibition against selected human pathogens. The zone of inhibition of said extracts against selected microbial strains were more significant using DD assay as compare to AWD assay (Figure 2). Details are listed in Table 2-4. It was observed that, in AWD assay the aqueous extract showed significant activity against both gramnegative and gram-positive bacteria (Table 2) while in the DD assay, methanol extract exhibit highest activity against all tested bacterial strains (Table 3). The photochemical analysis revealed that, both extracts are rich in phenolic compounds, tannin, saponin and flavonoids. It was observed that a very similar activity was noted in both the above cited methods, i.e. extracts significantly inhibits the growth of MTCC 457 and MTCC 926 (Figure 3). The estimation of minimum inhibitory concentration showed lowest inhibitory action (200 µg/ml) against Gram-positive bacteria Streptococcus mutans (MTCC 497) and Streptococcus pyogenes (MTCC 1926) by methanol extract of G. chinense leaves (Figure 4; Table 4). In all used methods, it was noted that methanol showed highest activity against the used bacterial strains followed by aqueous extract; the reason behind this activity might be due to the presence of more antibacterial compounds in the methanol extract. Results of the present study are the first report about the antibacterial potentials of this wild unexplored plant species from Odisha, India.

Table 1: Bioactive compounds detected in the leaves of *Gymnopetalum chinense*

Polarity	Formula	Group	Extract	Bioactive compounds		
Non Polar	R-H	Alkanes	n-Hexane	ND		
	R-X	Alkyl halides	Chloroform	Saponin		
	R-CO-R	Ketones	Acetone	Phenolic compounds, Flavonoids, Tannin and		
				Saponin		
↓	R-OH	Alcohol	Methanol	Phenolic compounds, Flavonoids, Tannin,		
•				Saponin and Glycosides		
Polar	Inorganic compounds Aqueo		Aqueous	Phenolic compounds, Tannin, Saponin,		
				Flavonoids		

Table 2: Antibacterial activity of leaves extracts of *Gymnopetalum chinense* by agar well diffusion assay (AWD)

Strain(s)	Zone of inhibition (mm)					Extract(s)
	50 μg/ml	100 μg/ml	200 μg/ml	400 μg/ml	500 μg/ml	
MTCC 3906	NI	NI	NI	ZI ≤ 0.70	7.40 ± 0.07	Methanol
MTCC 1252	NI	ZI < 0.70	$ZI \leq 0.70$	7.30 ± 0.02	8.30 ± 0.07	
MTCC 1457	NI	ZI < 0.70	$ZI \leq 0.70$	8.30 ± 0.01	10.0 ± 0.14	
MTCC 1926	ZI < 0.70	$ZI \le 0.70$	7.0 ± 0.03	9.10 ± 0.04	10.0 ± 0.14	
MTCC 497	NI	ZI < 0.70	$ZI \leq 0.70$	7.80 ± 0.03	8.20 ± 0.21	
MTCC 3906	NI	ZI < 0.70	7.5 ± 0.03	9.00 ± 0.03	10.0 ± 0.07	Acetone
MTCC 1252	NI	ZI < 0.70	$ZI \le 0.70$	8.0 ± 0.01	9.0 ± 0.07	
MTCC 1457	NI	ZI < 0.70	$ZI \le 0.70$	7.0 ± 0.01	8.5 ± 0.03	
MTCC 1926	NI	ZI < 0.70	$ZI \le 0.70$	7.6 ± 0.03	10.0 ± 0.10	

MTCC 497	NI	ZI < 0.70	$ZI \le 0.70$	7.8 ± 0.01	10.0 ± 0.10	
MTCC 3906	NI	NI	NI	NI	12.0 ± 0.14	Aqueous
MTCC 1252	NI	NI	NI	NI	10.0 ± 0.14	
MTCC 1457	NI	NI	NI	NI	13.0 ± 0.14	
MTCC 1926	NI	NI	NI	NI	12.0 ± 0.14	
MTCC 497	NI	NI	NI	NI	11.0 ± 0.21	

(ZI < 0.70: zone of inhibition is less than 0.70 cm; ZI \leq 0.70: zone of inhibition is less than or equal to 0.70; NI: no inhibition, AWD assay, mean \pm SD, n=3) (MTCC 3906: *Vibrio cholerae*, MTCC 1252: *Salmonella typhi*, MTCC 1457: *Shigella flexneri*, MTCC 1926: *Streptococcus pyogenes*, MTCC 497: *Streptococcus mutans*)

Table 3: Antibacterial activity of leaves extracts of *Gymnopetalum chinense* by Disc diffusion assay (DD)

Strains		Zone of inhibition (in mm)			
	10 μg/disc	20 μg/disc	30 μg/disc		
MTCC 3906	ZI < 7.00	9.00 ±1.00	14.33 ± 0.57	Methanol	
MTCC 1252	ZI < 7.00	7.6 ± 1.52	13.33 ±3.05		
MTCC 1457	ZI < 7.00	7.33 ± 0.76	11.00 ± 2.64		
MTCC 1926	ZI < 7.00	13.00 ±2.06	16.66 ± 0.57		
MTCC 497	ZI < 7.00	8.66 ±1.52	12.33 ± 2.08		
MTCC 3906	ZI < 7.00	ZI ≤ 7.00	8.66 ± 1.52	Acetone	
MTCC 1252	ZI < 7.00	ZI ≤ 7.00	9.66 ± 1.52		
MTCC 1457	ZI < 7.00	ZI ≤ 7.00	9.33 ± 1.52		
MTCC 1926	ZI < 7.00	8.66 ± 1.25	10.33 ± 2.02		
MTCC 497	ZI < 7.00	ZI ≤ 7.00	8.33 ± 0.76		
MTCC 3906	ZI < 7.00	ZI ≤ 7.00	8.00 ± 0.50	Aqueous	
MTCC 1252	ZI < 7.00	ZI ≤ 7.00	7.00 ± 0.50		
MTCC 1457	ZI < 7.00	8.00 ± 0.00	10.33 ± 1.52		
MTCC 1926	ZI < 7.00	8.00 ± 0.00	10.33 ± 1.04		
MTCC 497	ZI < 7.00	ZI ≤ 7.00	8.33 ± 1.25		

(ZI < 0.70: zone of inhibition is less than 0.70 cm; $ZI \le 0.70$: zone of inhibition is less than or equal to 0.70; NI: no inhibition, DD assay, mean \pm SD, n=3) (MTCC 3906: Vibrio cholerae, MTCC 1252: Salmonella typhi, MTCC 1457: Shigella flexneri, MTCC 1926: Streptococcus pyogenes, MTCC 497: Streptococcus mutans)

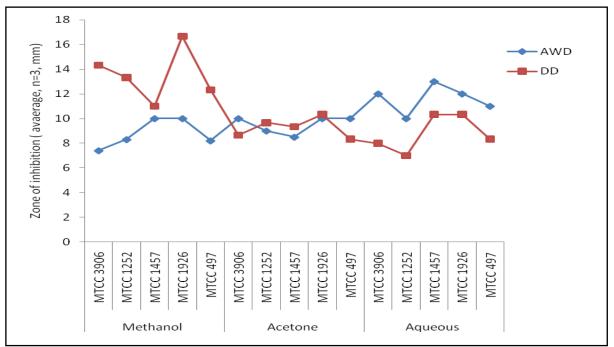


Fig. 2: Comprative antibacterial activity (Zone of inhibition) of different extracts of the leaves of exprimantal plant

Tuble 4. Estimation of the values of Gymnopetatum emitense extract against pathogenic sactorial strain							
Plant	MTCC 3906	MTCC 1252	MTCC 1457	MTCC 1926	MTCC 497		
extracts							
GCM	300 μg/ ml	300 μg/ ml	300 μg/ ml	200 μg/ ml	200 μg/ ml		
GCA	400 μg/ ml	400 μg/ ml	400 μg/ ml	300 μg/ ml	300 μg/ ml		
GCAq	500 μg/ ml						
S1	3.125 μg/ ml						
S2	100 μg/ ml	50 μg/ ml	50 μg/ ml	12.5 μg/ ml	12.5 μg/ ml		
Inoculums control	Growth in all concentration						
Broth control	No Growth						
DMSO	Growth in all concentration						

Table 4: Estimation of MIC values of *Gymnopetalum chinense* extract against pathogenic bacterial strain

(MTCC: Microbial Type Culture Collection; MTCC 3906: Vibrio cholera; MTCC 1252: Salmonela enteric typhi; MTCC 1457: Shigella flexneri; MTCC 1926: Streptococcus pyogenes; MTCC 497: Streptococcus mutans; MTCC 2513: Candida albicans; GCM: Gymnopetalum chinense methanol extract; GCA: Gymnopetalum chinense acetone extract; GCAq: Gymnopetalum chinense aqueous extract; DMSO: Dimethyl Sulfo-oxide; S1: Ampicillin; S2: Kanamycin)

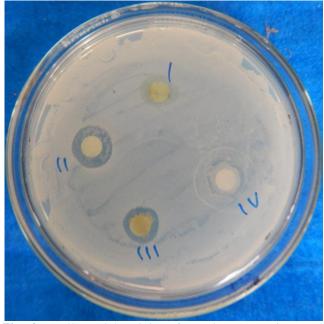


Fig. 3: Antibacterial activity of *G. chinense* against MTCC 926 sing DD assay (20 μg/Disc), I: Methanol, II: Methanol extract, III: Acetone extract, IV: Acetone

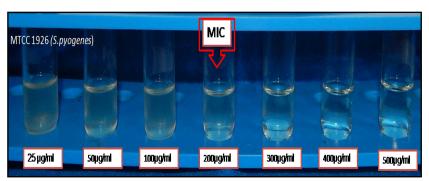


Fig. 4: MIC values of methanol extract against S. pyogenes (MTCC 1926) using broth dilution assay

CONCLUSIONS

The results of the present investigation, provides a base line to screen the new bioactive compounds and to formulate new drugs to fight against anti-microbial resistance by the board spectrum pathogenic microorganisms. Present study might be useful to supplement scientific information to establish tribal claims for the presence of phytocompounds and medicinal values in the plant species. Further research is needed to document the detail bioactive compounds present in such wild plants predominant in Odisha, India and their probable use against known pathogenic microorganisms for the development of antimicrobial drugs useful to pharmaceutical industries.

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