Analysis of the collagen fibers on autopsied patients' uterus with the Acquired Immunodeficiency Syndrome

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Abstract

Objectives: to compare the percentage of collagen fibers in the autopsied women's uterine body and cervix with and without the Acquired Immunodeficiency Syndrome (Aids).

Methods: 30 autopsied women's medical files were selected from 1988 to 2013. 30 fragments of the uterine body and 30 cervix were collected and then divided into two groups, 15 with Aids and 15 without, The quantification of the collagen fibers of the uterine body and cervix was performed on slides stained with picrosirius, using the KS-300® system.

Results: the percentage of collagen fibers was lower for cervix (U=336544; p=0.001) and higher for the uterine body (U=308726,5; p=0.004) in the retroviral group when compared to the group without the disease. The percentage was higher for cervix than the uterine body in the group with Aids (t=0,4793; p=0.0031). the same result was found in the group without Aids (t=2,397; t=0.0637).

Conclusions: the increase in the percentage of collagen fibers in the uterine body of women with Aids' indicates an immune response for viral infection and reveals a failure in keeping the infection restricted to the cervix. The interpretation of the histochemical and morphometric parameters can be useful in the diagnosis associated to HIV infection, contributing for clinical improvement and life expectancy.

Key words Acquired immunodeficiency syndrome, Cervix; Collagen, Autopsy



Introduction

Sexually transmitted infections (STIs) continue to be a major public health problem in Brazil from 2007 to June 2016. 136,945 cases of human immunodeficiency virus (HIV) infection were reported in the *Sistema de Notificação de Lesões* (SINAN)¹ (Notification System on Lesions). And during this period, a total of 44,766 cases of only women, were reported by SINAN.¹

Women with Acquired Immunodeficiency Syndrome (Aids) present a decrease on the cervical epithelium, esophageal and skin,²⁻⁴ and the first line of defense against HIV acquisition in the female genital tract is the mucosal lining of the epithelial barrier.⁵ Studies demonstrate that HIV can interact by means of gp120 with immune cells which activate local inflammatory responses and repairs.⁶ However, sometimes this interaction may occur by producing inappropriate activations⁷ and increase the production of collagen and monocyte chemoattractant protein (a macrophage chemoattractant).⁸

The cervix is a dense fibrous tissue that is located at the lowest part of the uterus. The cervical mechanical activity has two functions: before child-birth, it should remain closed and resist to the mechanical load of the pregnancy and at the moment of childbirth it should be soft to be deformed and dilated allowing a passage for the fetus. The organization of the collagen in the human cervical tissue plays an important role in the structural function of the tissue. The organization of the collagen in the structural function of the tissue.

The cervical collagen is like fibers in a hierarchical network embedded in a superficial viscous substance of glycosaminoglycans negatively charged and other proteins. 10 The collagen (types I and III) compose of 34 to 77% of dry weight, 12,13 with evidence in studies on human tissues that this dry weight content remains constantly during the gestation. 14 In general, the collagen fiber network is reported to be anisotropic with different orientations in distinct anatomical regions within the cervix. 15

Patients with Aids usually present an increased number of collagen fibers due to the deterioration of the natural immune mechanisms, the susceptibility to viral, fungal, bacterial, and parasitic agents as well as the occurrence of non-infectious inflammatory diseases.²

The purpose of this study was to compare the percentage of collagen fibers in the uterine body and cervix of autopsied women with and without Aids. Thus, this study intends to contribute for a better understanding on the influence of Aids on uterine changes.

Method

This study was approved by the Research Ethics Committee at the *Universidade Federal do Triângulo Mineiro* (UFTM) under the protocol number 2689.

It is a quantitative, cross-sectional and descriptive study. We analyzed retrospectively a total of 482 autopsy protocols at the Hospital de Clínicas da Universidade Federal do Triângulo Mineiro (HC-UFTM), Uberaba City, Minas Gerais State in the period of 1988 to 2013. From these protocols, 15 autopsied women diagnosed with Aids were selected (Figure 1). The selection criteria were ages >18 years old and females. Women whose autopsy protocols were incomplete and did not have the uterus in good condition for analysis were excluded. In addition, for the selected group, the diagnosis for Aids was made by the evidence of at least one of the diseases defining the syndrome presented at the time of autopsy and the CD4+ T lymphocyte count below 200 cells/mm³.¹⁶ The anatomopathological diagnosis performed by the two medical pathologists also reported that the cause of death of all the selected women with Aids for the present study was infectious disease. For the comparison criteria, 15 autopsied women without Aids were selected for a control group in the same period were paired for the study group according to the variables:, age, skin color (white or non-white) and the Body Mass Index (BMI).

In the cervix, a fragment of approximately 3 millimeters (mm) thick was removed by a mediated section. In the uterine body, a cut was made on the uterine wall where the epithelium was preserved and, a fragment of approximately 3 millimeters (mm) was removed. Thus, in both groups, 15 fragments of the uterine body and 15 fragments of the cervix constituted of 60 fragments altogether.

The fragments were fixed in 10% formaldehyde and dehydrated in increasing concentrations of alcohol (70 to 100%), diaphanized in xylol and included in paraffin. The slides were made in serial cut of $4\mu m$ thick. The fragments were put on the glass slides with poly-L-lysine® and processed for histochemistry.

To quantify the percentage of collagen fibers in the uterine body and cervix, the slides were stained with picrosirius and examined under 40x objective polarized light (1600x final increase), the digitalized image showed a constructed area of collagen, with an aspect of birefringence and a reddish coloration. The quantification was performed on the entire length of the slides using the KS-300® system, in

Figure 1

Flowchart of the study sample.

482 autopsies
235 (autopsied women)

101 autopsied women without Aids

90 autopsied women aged <18 years old
16 autopsied women with incomplete autopsy protocols
13 uterus in poor condition

15 autopsied women with Aids

which the observer marked the collagen fibers to obtain the percentage of these fibers by field area analyzed, and the number of fields varied from 18 to 42.

The statistical analysis used the SigmaStat[®] 2.03 software. The quantitative variables were tested for normality by Kolmogorov-Smirnov test. The parametric Student's t-test was applied to compare the two groups with normal distribution and homogeneous variance variables. The non-parametric Mann-Whitney (U) test was used to compare the two groups with non-normal distribution and non-homogeneous variance variables. The differences were considered statistically significant with p<0.05.

Results

The groups were paired according to age (t=1.326; p<0.001), BMI (t=6.165; p<0.002) and skin color

(white or non-white). Of the 30 women selected, the mean age was 37.40 ± 7.16 years old in the retroviral group and 38.20 ± 8.00 years old in the group without Aids and the age was between 25 and 49 years old in both groups. Among the women with Aids, 8 (53.3%) were classified as white, the same with the women without Aids. The BMI in the group with Aids was 22.20 ± 4.08 kg/m² and in the group without Aids was 26.83 ± 4.86 kg/m².

The percentage of collagen fibers in the cervix was significantly lower in the group with Aids (U=336544; p=0.001) (Table 1, Figure 2) when compared to the group without the disease.

In the comparison of the percentage of collagen fibers in the uterine body, the group with Aids presented a significantly higher percentage than the group without Aids (U=308726; p=0.004) (Table 1, Figure 3).

Table 1

Comparison of the percentage of collagen fibers of the cervix and the uterine body among a group of women with and without Aids.

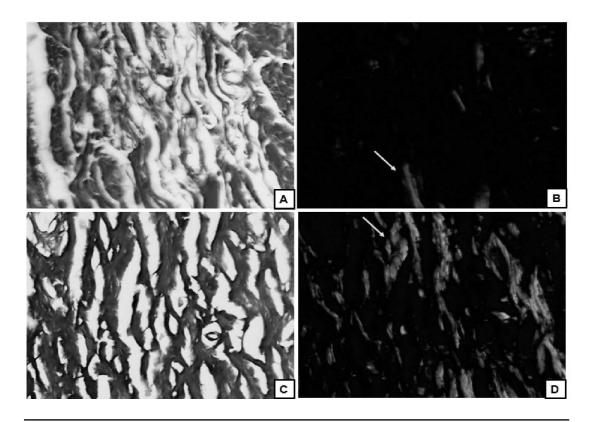
Group	N	%	Percentage of collagen fibers of the cervix (%)	p	Percentage of collagen fibers of the uterine body (%)	p
			Median (25%-75%)	-	Median (25%-75%)	•
With Aids	15	50	20.17 (11.51-28.13) ¹		20.09 (15.06-24.21) ²	
Without Aids	15	50	23.23 (14.54-31.20)1	0.001	19.20 (13.70-23.07)2	0.004
Total	30	100				

¹U= 336544; 2U= 308726

The non-parametric Mann-Whitney (U) test.

Figure 2

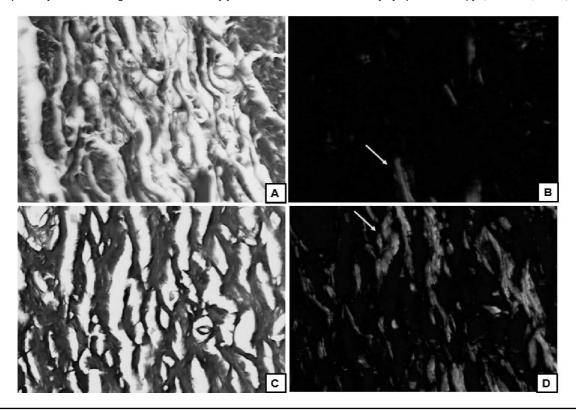
Microscopic analysis of collagen fibers indicated by yellow arrows of the cervix through optic microscopy. (Picrosirius, 1600X).



(A) collagen fibers of a woman with Aids under common light; (B) collagen fibers of a woman with Aids under polarized light; (C) collagen fibers of a woman without Aids under common light; (D) collagen fibers of a woman without Aids under polarized light.

Figure 3

Microscopic analysis of the collagen fibers indicated by yellow arrows of the uterine body by optic microscopy. (Picrosirius, 1600X).



(A) collagen fibers of a woman with Aids under common light; (B) collagen fibers of a woman with Aids under polarized light; (C) collagen fibers of a woman without Aids under common light; (D) collagen fibers of a woman without Aids under polarized light.

Table 2

Comparison of the percentage of collagen fibers of the cervix and the percentage of collagen fibers of the uterine body in a group of women with and without Aids.

Group	N	% -	With Aids	_ <i>p</i>	Without Aids	р
			X ± DP		X ± DP	
Percentage of collagen fibers of the cervix	15	50.0	20.83 ± 2.261	0.002	24.40 ± 2.17 ²	
(%)				0.003		0.06
Percentage of collagen fibers of the uterine body (%)	15	50.0	19.65 ± 0.971		18.35 ± 1.29 ²	
Total	30	100.0				

1t= 0.4793; 2t= 2.397

The parametric Student's t (t) test.

Table 3

Description of the cause of death and other infections in a group of women with and without Aids.

Group	N	%	Syphilis	HPV	Herpes	Hepatitis B	Cause of death
Nith			No	No	No	No	Aids
AIDS			No	No	No	No	Aids
			No	No	No	No	Aids
			No	No	No	No	Aids
			No	No	No	No	Aids
			No	No	No	No	Aids
			No	No	No	No	Aids
			No	No	No	No	Aids
			No	No	No	No	Aids
			No	No	No	No	Aids
			No	No	No	No	Aids
			No	No	No	No	Aids
			No	No	No	No	Aids
			No	No	No	No	Aids
			No	No	No	No	Aids
Total	15	50.0					
Without			No	No	No	No	Hemorrhagic peritonitis
AIDS			No	No	No	No	Chronic nephropathy
			No	No	No	No	Bronchopneumonitis
			No	No	No	No	Hypertensive cardiopathy
			No	No	No	No	Pulmonary nocardiosis
			No	No	No	No	Hypertensive cardiopathy
			No	No	No	No	SARS
			No	No	No	No	Pulmonary carcinoma
			No	No	No	No	Brain aneurysm
			No	No	No	No	Systemic amyloidosis
			No	No	No	No	Alcoholic hepatitis
			No	No	No	No	Atherosclerotic Arteriosclerosis
			No	No	No	No	Atherosclerotic Arteriosclerosis
			No	No	No	No	Hypertensive cardiopathy
			No	No	No	No	Gastric adenocarcinoma

SARS (Severe acute respiratory syndrome).

In the comparison of the percentage of collagen fibers in the cervix with the percentage of collagen fibers in the uterine body in the group of women with Aids, the percentage in the cervix was significantly higher (t=0.479; p=0.003) (Table 2). The same result was obtained in the group without Aids (t=2.397; p=0.064) (Table 2).

Table 3 shows the causes of death and possible infections present in both groups.

Discussion

The women with Aids presented significantly a lower percentage of collagen fibers in the cervix when compared to the group without the syndrome. The comparison of the percentage of collagen fibers in the cervix with the percentage of collagen fibers in the uterine body in the group with Aids, the percentage in the uterine body was significantly higher. According to the medical literature, patients with Aids usually have an increase in the amount of collagen fibers. This increase is associated to the activation and inflammation of the immune system in a chronic form in these locations.² The imbalance between CD4 and CD8 cells seen in HIV infection can lead to alterations in the cytokine profiles with the reduction in anti-fibrotic cytokines mediated by a decrease of the interferon (IFN)-gamma from Th1 cells and an increase in the profibrotic cytokines (IL-4, IL-5, IL-10 and IL-13) due to a relative increase in the TH2 signal.17,18

In addition to the infectious process, other factors may also alter the levels of cytokines in the genital fluids, such as oral contraceptive use, pregnancy, age and the use of vaginal antiseptics. ¹⁹ However, studies show that in chronic HIV infection, the epithelial cells, fibroblasts and the immune cells that reside in the female reproductive tract tissues contribute to the pool of cytokines, chemokines and growth factors present in the sexual hormones tissue environment, estradiol and progesterone. ²⁰ Since fibroblasts respond to several immunological mediators, the immune alterations in patients with HIV could affect their functions, leading to modifications in the responses of producing and/or reducing collagen fibers. ²¹

In this present study, a significantly higher percentage of collagen fibers was detected in the uterine body of patients with Aids when compared to the group without Aids. When the upper tract genital epithelial cells are exposed to HIV, the mucosal barrier is compromised and along with the proinflammatory cytokines secretion action by the epithelial cells.²² The secretions by the epithelial

cells from the female reproductive tract have significant effects in determining whether or not an HIV infection will occur. For example, many of these epithelial cell factors are chemokines/cytokines that attract/activate the immune cells at the location of the HIV infection.²³ The number of activated HIV target cells (CD4+T cells, macrophages and dendritic cells) present at the point of the virus, may increase chances for the infection to occur. Alternatively, some of the same factors have anti-HIV activity and prevent the HIV infection to develop. This apparent paradox in relation to the HIV infection is dependent on many factors, including the quantity of the epithelial factors secretion is in the female reproductive tract, the presence of co-infecting pathogens, the presence of proteolytic enzymes, the sexual hormone balance, the activation of cells status, the interaction of other secreted factors by other cells as well as the epithelial cells and the present types of immune cells.²⁰

In the uterus during the proliferative phase, the aggregated lymphoid consist of cell groups CD4+ T or CD8+ discreet (300 cells). During the secreting phase, the aggregated lymphoid increased to 3,000–4,000 cells.²⁴ These findings led us to propose a hypothesis of a "vulnerability window" (starting with ovulation and lasting between 7–10 days until the secreting phase of the cycle) what suggests that endocrine alterations modulate the immune protection in a way that increases the probability of the HIV infection and sexually transmitted infections (STI).^{24,20}

Therefore, this percentage of increased collagen fibers in the uterine body in the group with Aids may be related to chronic HIV infection, since the induction of a cellular immune response characterized by the predominance of cytotoxic T lymphocytes, despite having a protective effect against HIV-1 genital infection,25 are not sufficient to control viremia in patients with chronic infection.²⁶ Once deposited in the vagina, the sperm moves rapidly into the cervix, uterine body, Fallopian tubes and ovaries, potentially leading to an exposure over a large and phenotypically diverse mucosal surface.²⁷ These factors make women more vulnerable to sexually transmitted infections after sexual intercourse and may be responsible for the difficulty in establishing an efficient immunity against infections, since most sexually transmitted microorganisms are conveyed in large quantities of immunomodulatory seminal plasma.28

In the histochemical and morphometric analysis in this study on autopsied female patients with and without Aids, the percentage of collagen fibers in the uterine body was higher in women with Aids. This indicates that an immune response to viral infection induces a greater production of these fibers as a mechanism to repair the caused lesions. Moreover, it reveals a failure of the organism in the attempt to keep the infection restricted to the cervix.

The interpretation of the parameters evaluated in the uterine body and cervix can be very useful in the diagnosis in the conditions associated to HIV infection. This may contribute to the patient's clinical conditions and life expectancy. In addition to favoring the development of therapeutic measurements that prevent the establishment of complications related to Aids.

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