

Original Article

Phytochemical composition and biological activities of extracts from ten species of the family Melastomataceae Juss

Composição fitoquímica e atividades biológicas de extratos de dez espécies da família Melastomataceae Juss

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Abstract

Plants possess a renewable source of metabolites with enormous chemical structural diversity, which may have potential therapeutic relevance. Furthermore, this chemical diversity favors the possibility of finding new and different chemical constituents with antimicrobial, antioxidant and anti-tumor activities. This work analyzed preliminary phytochemical profiles and evaluated the antimicrobial, antioxidant and cytotoxic activities of hexane extracts of leaves of ten species of the family Melastomataceae. Phytochemical screening was performed using staining methods while total phenols and flavonoids were quantified by spectrophotometry. Antimicrobial activity was evaluated using the disk diffusion method. Antioxidant activity was determined by the 2,2-diphenyl-1-picrylhydrazil (DPPH) method. Toxicity was recorded using the lethality test with *Artemia salina* Leach (1819). Cytotoxic activity of the extracts was assessed *in vitro* with acute monocytic leukemia cells (THP-1). Phytochemical analysis detected the presence of tannins, terpenes, steroids, polyphenols and flavonoids and the absence of alkaloids. *Clidemia capitellata* (Bonpl.) D. Don had the greatest amount of polyphenols (205.95 mg/g ± 4.14) while *Clidemia hirta* (L.) D. Don had the highest content of total flavonoids (143.99 mg/g ± 4.18). The hexane extracts did not show antimicrobial activity nor toxicity against *Artemia salina*. The extract of *Tibouchina francavillana* Cogn. was the most active in sequestering the DPPH radical. The extracts showed cytotoxicity in THP-1 cells with the appearance of apoptotic bodies and cell death. The extracts of *Miconia amoena*, *Clidemia sericea* and *Clidemia capitellata* are non-toxic against *Artemia salina* and induce the formation of apoptotic bodies and cell death of the THP-1 lineage.

Keywords: antioxidant activity, antimicrobial activity, polyphenols, THP-1 lineage, *Artemia salina*.

Resumo

Os vegetais apresentam uma fonte renovável de metabólitos com enorme diversidade química estrutural, os quais podem apresentar potencial relevante na terapêutica, aumentando as possibilidades de encontrar novos e diferentes constituintes químicos com atividades antimicrobiana, antioxidante e antitumoral. Este trabalho analisou o perfil fitoquímico preliminar e as atividades antimicrobiana, antioxidante, citotóxica dos extratos em hexano das folhas de dez espécies da família Melastomataceae. A triagem fitoquímica foi executada utilizando métodos de coloração e quantificação de fenóis e flavonoides totais por espectrofotometria. A atividade antimicrobiana foi realizada pelo método de difusão em disco. A atividade antioxidante foi determinada pelo método 2,2-difenil-1-picrilhidrazila (DPPH). A toxicidade foi registrada utilizando o ensaio de letalidade com *Artemia salina* Leach (1819). A atividade citotóxica dos extratos foi realizada *in vitro* com células leucêmicas monocítica aguda (THP-1). A análise fitoquímica detectou a presença de taninos, terpenos, esteroides, polifenóis, flavonoides e ausência de alcaloides. A maior quantificação de polifenóis foi da *Clidemia capitellata* (Bonpl.) D. Don (205,95 mg/g ± 4,14) e o extrato de *Clidemia hirta* (L.) D. Don apresentou maior teor de flavonoides totais (143,99 mg/g ± 4,18). Os extratos hexânicos não demonstraram atividade antimicrobiana e nem toxicidade frente à *Artemia salina*. O extrato de *Tibouchina francavillana* Cogn. foi o mais ativo no sequestro do radical DPPH. Os extratos apresentaram citotoxicidade em células THP-1, com visualização de corpos apoptóticos e morte celular. Os extratos de *Miconia amoena*, *Clidemia sericea* e *Clidemia capitellata* são atóxicos contra *Artemia salina* e induzem a formação de corpos apoptóticos e morte celular da linhagem THP-1.

Palavras-chave: atividade antioxidante, atividade antimicrobiana, polifenóis, linhagem THP-1, *Artemia salina*.

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1. Introduction

The increased incidence of bacterial resistance, which has been intensified by the extensive and indiscriminate use of broad-spectrum antibiotics, has raised an urgent need for antimicrobial screening (Eloff and McGaw, 2006). Targeted investigations of plant products increase the chances of finding new and different chemical constituents with antimicrobial activities since plants have a renewable source of metabolites with enormous structural chemical diversity, which may have potential therapeutic relevance (França, 2017).

On the other hand, deleterious effects to DNA, proteins, lipids and other tissue biomolecules resulting from the excess production of free radicals in the human body have been indicated as being responsible for the development of chronic and degenerative diseases such as cancer and premature aging (Gonçalves et al., 2005). Antioxidants of plant origin have been established as an important exogenous factor in combating the cumulative effects of free radicals and, thus, reducing damage to the body (Sies, 1993).

The family Melastomataceae of the order Myrtales Juss. ExBercht. & J. Presl, possesses about 5,000 species distributed among 170 genera (Almeda et al., 2016). In Brazil, the country with the greatest number of flowering plant species in the world, Melastomataceae is the fifth most represented group of angiosperms, with about 73 genera and 1,481 species (JBRJ, 2020).

Studies of the biological potential of the family Melastomataceae have demonstrated that its species have analgesic, antioxidant, antimicrobial, anti-inflammatory activities (Vasconcelos et al., 2006; Andreo et al., 2006; Sobrinho et al., 2017; Bomfim et al., 2020). These activities may be associated with the presence of several secondary metabolites such as flavonoids, tannins, terpenes and anthocyanidins (Calderón et al., 2002; Serna and Martínez, 2015; Bomfim et al., 2020) which are synthesized by plants in response to environmental conditions and often during specific stages of their development. Polyphenols can act by damaging and altering the permeability of the bacterial cell membrane (Cushnie and Lamb, 2005) and combating oxidative stress. Terpenes (Trombetta et al., 2005) and tannins (Scalbert, 1991) inactivate bacterial enzymes. Alkaloids, saponins, lignoids have antitumor and antimutagenic activities (Marques and Lopes, 2015; Lee and Hwangb, 2004; Ardalani et al., 2017).

The present study aimed determine the phytochemical profile of hexane extracts of leaves and evaluate the antimicrobial, antioxidant and cytotoxic activities of leaves of *Miconia albicans* (Sw.) Triana, *Miconia ciliata* (Rich.) DC., *Miconia fallax* DC., *Miconia amoena* Triana, *Miconia alborufescens* Naudin, *Clidemia hirta* (L.) D. Don, *Clidemia sericea* D. Don, *Clidemia capitellata* (Bonpl.) D. Don, *Tibouchina lhotzkyana* (C. Presl) Cogn. and *Tibouchina francavillana* Cogn.

2. Material and Methods

2.1. Plant material

Aerial parts of the studied plant species were collected in a remnant of Atlantic Forest in the municipality

of Alagoinhas, state of Bahia, Brazil (12°10'42.62" S, 38°24'39.52" W). The leaves were dried in an oven at 48-50 °C for 24 horas, manually pulverized and macerated with hexane. The solvent was in contact with the plant material for 72 hours until first filtration, which was repeated three times. The filtrate was then evaporated at room temperature and the extracts stored at 4 °C until time of analysis.

Voucher exsiccates for the studied species were deposited at Herbário da Universidade do Estado da Bahia (HUNEB), collection Alagoinhas, Bahia, Brazil: *Miconia albicans* (14025); *Miconia ciliata* (14036); *Miconia fallax* (14022); *Miconia amoena* (14024); *Miconia alborufescens* (14023); *Clidemia hirta* (13982); *Clidemia sericea* (13517); *Clidemia capitellata* (7685); *Tibouchina lhotzkyana* (13981) and *Tibouchina francavillana* (13984).

2.2. Phytochemical profile

The samples were analyzed for the presence of alkaloids (Petruczynnik, 2012), terpenes and steroids (Harbone, 1998) using thin layer chromatography (CCD). Total phenolic compounds were quantified spectrophotometrically using the Folin-Ciocalteu reaction (Singleton et al., 1999). The absorbance reading of the samples was performed at 620 nm with a UV-Vis spectrophotometer. The same preparation conditions were used to construct the calibration curve for gallic acid ($y = 3.8883x + 0.11141$; $R^2 = 0.9954$) (Bomfim et al., 2020). The results were expressed in milligrams of gallic acid per gram of crude extract (mg EAG/g of extract). Total flavonoids was determined according to the method described by Arvouet-Grand et al. (1994). The content of total flavonoids was measured at 492 nm with a UV-Vis spectrophotometer and expressed in milligrams of quercetin per gram of crude extract (mg EQ/g of extract). The standard quercetin curve was obtained under the same sample preparation conditions ($y = 1.2078x - 0.1175$; $R^2 = 0.9889$) (Bomfim et al., 2020).

2.3. In vitro evaluation of antimicrobial activity

Antimicrobial activity was evaluated by the agar diffusion technique (CLSI, 2003), against the bacteria *Staphylococcus aureus* (ATCC 6538), *Pseudomonas aeruginosa* (ATCC 15442), *Escherichia coli* (ATCC 94863), *Micrococcus luteus* (ATCC 10240) and *Bacillus subtilis* (ATCC 6633). Sterile 6-mm filter paper discs impregnated with 10 µL of plant extract (100.0 mg/mL) were used and chloramphenicol (0.1%) and DMSO (4%) served as controls. The plates were incubated in an oven at 37 °C for 24 hours. The results were read by measuring the inhibition halos of bacterial growth (in mm) and comparing them to their respective controls. The test was performed in triplicate and repeated. The final result was the average of the halo measurements.

2.4. In vitro evaluation of antioxidant activity

Antioxidant activity of the extracts was evaluated according to Brand-Willians et al. (1995), through capture assay of the free radical 2,2-diphenyl-1-picrylhydrazil (DPPH). 50 µL of the samples diluted in ethanol

(6.0 mg / mL), were transferred to microplates containing 150 μ L of ethanol. Subsequently, serial dilutions were performed and. 100 μ L of the DPPH solution (0.5 mM) was added to each well. The plates were kept protected from light at room temperature for 1 hour, after which absorbance readings were performed at 492 nm with a UV-Vis spectrophotometer. The percentage of free radical scavenging (% SRL) was determined using the equation used by Moreira et al. (2005).

2.5. Toxicological test with *Artemia salina* Leach (1819)

The toxicity assay of the extracts was performed according to the methodology proposed by Meyer et al. (1982), with adaptations. The extracts were tested in final concentrations of 10 μ g/mL, 100 μ g/mL and 1000 μ g/mL. Saline water and DMSO (1.0%) were used as control groups. All wells were subjected to artificial lighting. Individuals killed after 24 and 48 hours of exposure to the different concentrations were counted. The program *GraphPadPrism* 5.0 was used to obtain the average lethal concentration (CL_{50}).

2.6. Lineages and cell culture

Acute monocytic leukemia cell lineage (THP-1) was cultured in RPMI (5.0 mL) supplemented with 10% v/v fetal bovine serum (PBS) and 20 μ g/mL penicillin/streptomycin (1%), obtained from Cultilab. The cultures were replicated, sown and cultivated until confluence in a 25 cm² culture bottles at 37 °C in a 5% CO₂ atmosphere and controlled humidity. The THP-1 lineage was donated by Laboratório de Imunologia of Instituto de Ciências da Saúde (ICS) of Universidade Federal da Bahia.

2.7. Preliminary *in vitro* evaluation of cytotoxicity of plant extract to THP-1

Plant extracts were diluted in DMSO (100 μ g/mL) and added to plates containing THP-1 cells (1x10⁶/well) in

a volume of 1 mL of complete RPMI medium. The cells were incubated for 24 hours at 37 °C. After the cell culture period, cell morphology was evaluated using an inverted microscope (20x). Each test was accompanied by a control group containing cells with RPMI and wells containing cells with RPMI and DMSO (0.5%).

2.8. Statistical analysis

The results were expressed as the mean of three repetitions \pm the standard deviation. The distribution of the groups was tested by the Kolmogorov-Smirnov and compared by One-way ANOVA followed by Duncan test at a 5% significance variable, using *GraphPadPrism* 5.0, IBM SPSS statistics and Minitab 18. The statistical analysis of the sample mean was performed in separate groups of total phenols, total flavonoids and percentage of sequestered free radicals.

3. Results

Phytochemical analysis of the extracts detected tannins, terpenes and steroids. The extract of *Clidemia capitellata* had a higher content of total phenols with a value of 205.95 mg EAG/g. For quantification of total flavonoids, the extract of *Clidemia hirta* showed higher content with 143.99 mg EQ/g, as shown in Table 1.

The hexane extracts of the studied plant species did not show antimicrobial activity, under the conditions of the test used. The results of the antioxidant activity, shown in Table 1, reveal that 60% of the evaluated extracts exhibit free radical scavenging activity equal to or greater than 25%, which was considered significant. The most active extracts in DPPH radical sequestration were *Tibouchina francavillana* (80.64% \pm 0.90), followed by *Miconia alborufescens* (68.33% \pm 1.01).

In the statistical analysis, the means of the samples didn't show significant difference for the groups of total phenols, total flavonoids and percentage of free radicals.

Table 1. Phytochemical profile and *in vitro* free radical scavenging activity of leaf extracts from ten species of the family Melastomataceae.

Sample	Total phenols (mg EAG/g)	Total flavonoids (mg EQ/g)	Al	Ta	Ter/Ste	%SFR
<i>Miconia albicans</i>	92.90 \pm 4.44	67.4 \pm 1.38	-	+	+	36.48 \pm 2.29
<i>Miconia ciliata</i>	84.08 \pm 3.29	38.38 \pm 0.23	-	+	+	1.01 \pm 0.68
<i>Miconia fallax</i>	170.97 \pm 3.65	60.82 \pm 1.24	-	+	+	15.07 \pm 2.41
<i>Miconia amoena</i>	26.59 \pm 1.98	48.41 \pm 1.52	-	+	+	17.51 \pm 1.62
<i>Miconia alborufescens</i>	188.62 \pm 4.72	128.49 \pm 2.80	-	+	-	68.33 \pm 1.01
<i>Clidemia hirta</i>	153.72 \pm 5.86	143.99 \pm 4.18	-	+	-	65.70 \pm 1.34
<i>Clidemia sericea</i>	166.86 \pm 3.33	55.90 \pm 0.51	-	+	+	13.52 \pm 1.09
<i>Clidemia capitellata</i>	205.95 \pm 4.14	124.9 \pm 2.07	-	+	+	67.16 \pm 1.56
<i>Tibouchina francavillana</i>	118.26 \pm 3.56	104.8 \pm 2.87	-	+	-	80.64 \pm 0.90
<i>Tibouchina lhotzkyana</i>	79.28 \pm 4.75	78.03 \pm 4.84	-	+	+	68.05 \pm 0.16

Al: alkaloids; Ta: tannins; Ter/Ste: terpenes/steroids; (-) absence; (+) presence; (% SFR): percentage of sequestered free radicals.

The hexane extracts did not show toxicity towards *Artemia salina* in the tested concentrations. Only extracts from *Miconia amoena*, *Clidemia sericea* and *Clidemia capitellata* induced the formation of apoptotic bodies and cell death in the THP-1 lineage.

4. Discussion

Plants are a renewable source of chemical compounds with great structural diversity (Kreis et al., 2017), with many constituting therapeutic components for various diseases or serving as a basis for the development of alternative pharmacological products (França, 2017). Despite the different biological applications attributed to products originating from plants, they still represent an exhaustive opportunity for further investigations (Atanasov et al., 2015).

Phytochemical evaluations of species of Melastomataceae have revealed the presence of phenolic compounds, triterpenes, steroids, anthocyanins, saponins, organic acids, tannins, anthraquinones and benzoquinones among their constituents as secondary metabolites (Jones et al., 1980; Santos and Tavares, 2003; Serna and Martínez, 2015; Bomfim et al., 2020). The solvent and extractive method used can influence variation in the levels of total phenols and total flavonoids present in extracts (Oliveira et al., 2016), as well as in biological activity.

Dianita et al. (2011) evaluated the antimicrobial activity of hexane, ethyl acetate and methanol extracts of *Clidemia hirta*, and found that only the hexane extract did not have activity. Santos et al. (2012) showed promising antimicrobial results for ursolic acid and oleonic acid, isolated from dichloromethane extract of *Tibouchina candoleana*, against the endodontic bacterium *Bacteroides flagilis*. Celotto et al. (2003) evaluated the antimicrobial activity of hexane, dichloromethane and ethanol extracts from three species of *Miconias* and found the ethanol extracts of *Miconia albicans* and *M. rubiginosa* to be active against five of the ten species of bacteria evaluated and against *Candida albicans*; *Miconia stenostachia* only showed activity for *C. albicans*.

The present work also did not observe any antimicrobial activity for the hexane extracts of the ten evaluated species. Analyses with the ethyl acetate extract of *Clidemia hirta* and *C. capitellata*, however, demonstrated antibacterial activity against *M. luteus*, *S. aureus*, *P. aeruginosa* and *B. subtilis* (Bomfim et al., 2020). These results corroborate those of other studies (Dianita et al., 2011; Celotto et al., 2003).

The extracts that showed greater antioxidant activity had higher phenolic contents, corroborating previous studies for the family Melastomataceae (Bomfim et al., 2020). Research has demonstrated the direct correlation between the presence of phenolic compounds and antioxidant activity (Zielinski et al., 2014; Rani et al., 2018). During the capture and neutralization of oxidizing species, phenolic compounds form stable intermediates without causing damage to cell structures due to the resonance of the aromatic ring present in these compounds (Soares, 2002). Other studies, with different types of metabolites, triterpenes, flavonoids and steroids, isolates of *Tibouchina granulosa* for Pérez-Castorena (2014)

and *Tibouchina urvilleana* by Amzar and Iqbal (2017), showed anti-inflammatory activity. Amzar and Iqbal (2017) reported a hepatoprotective effect of the aqueous extract of *Clidemia hirta*, a property that was attributed to the antioxidant effect and the capacity for scavenging free radicals observed for the extract.

The hexane extracts of the plant species studied here did not demonstrate toxicity towards *Artemia salina* at the tested concentrations. A similar result, although with methanolic extract, was recorded by Alves et al. (2000) for leaves of *Miconia albicans*. On the other hand, Coe et al. (2010) recorded activity for the aqueous extract of *Tibouchina aspera*. According to the literature, the negative results suggest the absence of cytotoxic compounds in sufficient concentrations to allow trypanomicidal and anti-tumor activities (McLaughlin et al., 1991), among others. However, the hexane extracts from *Miconia amoena*, *Clidemia sericea* and *C. capitellata* were found here to induce the formation of apoptotic bodies and cell death in the THP-1 lineage, which is an important feature in the treatment of leukemias (Portt et al., 2011). This, therefore, evidences the antitumor potential of species of Melastomataceae, as also shown by Narasimham et al. (2017) for ethanol extract of *Clidemia hirta* against tumor cells of the Dalton's lymphoma ascites lineage; by Silva et al. (2016) for ethanol extract of *Miconia munutiflora* against cancerous cells of human liver (HepG2) and human leukemia (HL60) lineages, in a study of plants from Northeast Brazil; and by Cunha et al. (2008) for ethanol extract of *Miconia fallax* on tumor cells of the human uterine adenocarcinoma (HeLa) lineage.

5. Conclusion

This study provides important results regarding the extracts of *Miconia amoena*, *Clidemia sericea* and *Clidemia capitellata* for being atoxic against *Artemia salina* and for inducing the formation of apoptotic bodies and cell death of the THP-1 lineage. In addition, most of the extracts showed significant antioxidant capacities and can be considered good natural antioxidants. Nonetheless, future trials using fractions and substances isolated from the extracts should be conducted to corroborate and ensure the results presented here.

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