

Cryopreservation of semen from goats fed a diet supplemented with flaxseed

Criopreservação de sêmen de caprinos alimentados com dieta suplementada com semente de linhaça

SOUZA, Rosileia Silva¹ ; BARBOSA, Larissa Pires¹* ; AGUIAR, Cristiane Silva¹ ; VIEIRA, Renan Luiz Albuquerque¹ ; RIBEIRO, Márcio Oliveira¹ ; ARAÚJO, Raísa Cordeiro dos Santos Alves de ; SILVA, Mariana Alves de Andrade¹ ; SANTANA, Ana Lúcia Almeida¹

¹Universidade Federal do Recôncavo da Bahia (UFRB), Centro de Ciências Agrárias, Ambientais e Biológicas, Cruz das Almas, Bahia, Brasil.

*Autora para correspondência: larissa@ufrb.edu.br

ABSTRACT

The objective of this study was to evaluate the effects of the inclusion of flaxseed in the diet of male goats on the resistance of semen to the cryopreservation process. Sixteen males were distributed in four groups and fed a diet supplemented with 0, 4, 8, and 12% of flaxseed for a period of 60 days. Only the ejaculates that presented motility and vigor above 70% and 3, respectively, were sent through the cryopreservation process. After thawing, the semen was evaluated through thermo resistance, hypoosmotic, and acrossomal integrity tests. The data were submitted to analysis of variance and regression at 5% of significance. There was positive quadratic behavior for motility after 60, 120, and 180 min in the thermoresistance test (TTR), and positive quadratic behavior for sperm vigor after thawing after 120 and 180 min in the TTR (P < 0.05). However, negative quadratic behavior was obtained for plasma membrane integrity according to the hypoosmotic test (P < 0.05) and there was a difference in the acrosomal integrity test, presenting an optimum maximum level of 3.25% of flaxseed for acrosomal integrity of 65.83% (P < 0.05). The results obtained demonstrated that the addition of as much as 12% of flaxseed to the diet of goat breeders improved post-thawing sperm quality.

Keywords: alpha-linolenic acid, cryopreservation, *Linum usitatissimum*, omega 3

RESUMO

O objetivo com o estudo foi avaliar o efeito da inclusão de semente de linhaça na dieta de machos caprinos sobre a resistência do sêmen frente ao processo criopreservação. Foram utilizados 16 machos, os quais foram distribuídos em grupos e receberam suplementada com 0, 4, 8 e 12% de semente de linhaça, durante um período de 60 dias. As coletas de sêmen iniciaram 25 dias após o início do fornecimento das dietas. Apenas os ejaculados que apresentaram motilidade e vigor acima de 70% e 3, respectivamente, foram encaminhados para o processo de criopreservação. Após o descongelamento. o sêmen foi avaliado através dos testes de termorresistência, hiposmótico integridade acrossomal. Os dados foram submetidos à análise de variância e regressão a 5% de significância. Houve comportamento quadrático positivo para a motilidade progressiva aos 60, 120 e 180 minutos no teste de termoresistência (TTR). e comportamento quadrático positivo para o vigor espermático pós-descongelamento aos 120 e 180 minutos no TTR (P<0,05). obteve-se comportamento Entretanto, quadrático negativo para a integridade da plasmática pelo membrana Teste Hiposmótico (P<0,05) e houve diferença para o teste de integridade acrossomal, apresentando nível máximo ótimo de 3,25% de semente de linhaça para integridade acrossomal de 65,83% (P<0,05). Os resultados obtidos demonstram que a adição de 12% de semente de linhaça na dieta de



reprodutores caprinos melhora a qualidade espermática pós-descongelamento.

Palavras-chave: ácido alfa-linolênico, criopreservação, *Linum usitatissimum*, ômega 3



INTRODUCTION

For many years, most goat artificial insemination programs have conducted using fresh or cooled semen. According to Severo (2009), the use of cooled semen keeps maintains the number of viable sperm longer than does the use of fresh semen; however, sperm viability begins to decrease after 72 h of storage. In view of this, the used of frozen semen is considered an alternative to the use of fresh and cooled semen, because according to Silva & Guerra (2011) it increases the life span of the ejaculate. However, Barros & Toniolli (2011) pointed out that the cryogenic process causes damage to sperm cell structure, which results in reduced sperm motility and survival time in the female reproductive system.

It believed that dietary supplementation with energy sources positively assist the cryopreservation process, because. according to Pimentel et al. (2005), the omega-3 fatty acid intake promotes structural and functional changes in the phospholipid membrane. and consequently, increases the cell membrane fluidity, allowing greater protein mobility, and favoring greater transduction signal exchange, hormonereceptor interaction, and substrate transport between intraextracellular media.

In this sense, flaxseed is an excellent source of polyunsaturated fatty acids (PUFAs) and a possible alternative to increase reproductive rates. According to Morris et al. (2003), the flaxseed lipid composition contains saturated fatty acids (9%), moderate amounts of monounsaturated fatty acids (18%), and a high concentration of PUFAs (73%), in particular omega-3. Thompson et al. (1991) indicated that the relationship

between omega-3 and omega-6 series fatty acids may be the main reason for the increase in fresh semen quality because sperm membrane fluidity is directly related to its lipid composition. Therefore, the objective of the study was to evaluate the effects of the inclusion of flaxseed in the diet of male goats on the resistance of semen to the cryopreservation process.

MATERIAL AND METHODS

The research was conducted in July and October at the Cruzeiro do Mocó Experimental Station belonging to the Bahian Company of Agricultural Development (EBDA) located in the city of Feira de Santana-BA (12°16′00"S and 38°58′00"W) at 234 meters above sea level. The location has an average temperature of 26.5°C and average rainfall ranging from 900 to 1,200 annually (UEFS mm Station 83221-Climatological INMET/DTEC). The procedures performed in this study were submitted, evaluated, and approved by the Animal Use Ethics Committee (CEUA) of the Federal University of Recôncavo da Bahia (n° 23007.006635 / 2014-60). Sixteen Saanen male goats clinically healthy and sexually mature were used in this study, having age and initial live weight of 2.12 \pm 084 years and 39.34 \pm 16.72 kg, respectively, and final weight of 48.17 ± 5.21 kg. The animals were previously submitted to an andrological examination, following the norms of the Brazilian College of Animal Reproduction (CBRA, 2013). animals were then randomly assigned to four treatments: T1 - no flaxseed diet supplementation, and T2, T3, and T4 dietary supplementation with 4, 8, and 12% flaxseed diet, respectively, based on dry matter. The animals were maintained in four 16 m² collective



stalls that were suspended with wooden slatted floors and fiber-cement roof coverings. Goats were provided drinking and feeding troughs.

The diets were formulated according to the NRC (2007) (Table 1) and provided twice a day for a period of 60 days. The supply was made to provide 10–20% leftovers while maintaining a 60:40

roughage: concentrate ratio as a complete mixture. The roughage supplied was Tifton-85 (*Cynodon* sp.) hay ground into an approximately 5 cm particle size. Water was provided *ad libitum*. The leftovers were quantified and collected daily to allow for the necessary adjustments.

Table 1. Proportion of experimental diet ingredients based on dry matter

Ingradiants	Flaxseed Level (%)				
Ingredients	0	4	8	12	
Flaxseed	0.00	4.00	8.00	12.00	
Minerals	1.20	1.20	1.20	1.20	
Soybean meal	11.20	9.30	7.40	5.52	
Corn Bran	27.20	25.10	23.00	20.88	
Urea	0.40	0.40	0.40	0.40	
Hay	60.00	60.00	60.00	60.00	
Total	100	100	100	100	

The bromatological composition of the experimental diets (Table 2) was performed according to the Association of Official Analytical Chemists - AOAC (1990) to determine the dry matter, mineral matter, crude protein,

and extract ethereal. The analyses for the determination of neutral detergent fiber and acid detergent fiber, cellulose, hemicellulose, and lignin were conducted according to Van Soest et al. (1991).

Table 2. Bromatological composition of experimental diets used in goat feeding

Nutrients (DM%)	Flaxseed Level (%)				Цох	
Nutrients (DM%)	0	4	8	12	Hay	
Dry matter	100.00	100.00	100.00	100.00	89.47	
Mineral matter	4.82	4.39	4.52	4.21	4.27	
Crude protein	24.59	24.43	22.35	23.36	2.17	
Extract ethereal	2.16	6.07	9.87	12.93	0.71	
Neutral detergent fiber	32.71	31.28	28.24	47.22	76.96	
Acid detergent fiber	6.65	8.10	8.49	10.97	41.32	
Lignin	1.58	1.71	2.35	3.07	8.56	
Cellulose	5.07	6.39	6.14	7.90	32.76	
Hemicellulose	26.06	23.18	19.74	36.25	35.64	
Non-fibrous Carbohydrates	35.71	33.83	35.02	12.28	15.88	

Ejaculate collections began 25 days after the beginning of the diet

treatments and were performed by the artificial vagina technique twice a week, totaling 10 viable collections per

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animal, using a female in estrus as a dummy and respecting a two-day interval between the collections. The ejaculates obtained in the collections were placed in a water bath at 37°C and submitted to physical and morphological examination (ejaculate volume, seminal appearance, mass motility sperm, progressive sperm motility, sperm vigor, sperm concentration, and major, minor, and total defects) using Phase Differential Interference Microscopy (OlympusTM, Tokyo, Japan). Only samples with motility $\geq 70\%$ and sperm vigor ≥ 3 (CBRA, 2013) were submitted to the cryopreservation process.

The selected ejaculates were pre-diluted 1:1 with a citrate-yolk based diluent and 7% glycerol, previously heated in a 37°C water bath. A final dilution was made to obtain 150 million sperm per inseminating dose using 0.25 mL straws. Subsequently, the semen was cryopreserved in a TK 3000TM freezing machine (TK Technology in Freezing, Ltd.) in two steps. The first step referred to the positive curve (cooling by 0.25°C/min until reaching + 5°C starting at 32°C) and the second step concerned the negative curve and was divided into two phases: freezing from + 5°C at a speed of 10°C/min and 5°C/min to -120°C. At the end of freezing, the straws were submerged in liquid nitrogen, packed in racks and stored in cryogenic cylinders.

To evaluate the cryopreserved semen, one straw was thawed from each match in a 37°C water bath for 30 s, placed in polyethylene microtubes, and subsequently evaluated for the parameters of progressive sperm motility and sperm vigor, according to the values recommended by CBRA (2013) for cryopreserved semen.

The matches were evaluated by the thermoresistenic test (TTR). They were

incubated for 180 min in a 37°C water bath, such that at 0, 5, 60, 120, and 180 min of this period, the progressive motility (0 to 100%) and sperm vigor (0 to 5) was observed by phase contrast microscopy. The functional integrity of the plasma membrane was evaluated for both fresh and frozen semen using the hypoosmotic test (HO) using 1 mL of fructose-containing hypoosmotic solution (100 mOsmol/kg) plus 10 µL of semen from each start and incubated for 30 min in a water bath at 37°C. For HO quantification, 200 sperm cells were classified by phase contrast microscopy with 1000-fold magnification for the presence or absence of bent tails. The number of HO-reactive sperm was calculated using the formula: HO% = (% tail changes after HO) - (% tail changes before HO). For calculus determination, all tail changes, whether or not associated with defects in another region of the sperm, were computed before and after HO.

For the acrosomal integrity test, an aliquot of $10~\mu L$ of fresh semen was added to $10~\mu L$ of Pope - Fast Green/Rose Bengal Simple Dye and incubated for 70 s. After this period, an aliquot was deposited on a slide to prepare a smear, which was evaluated under a 1000-fold light microscope. A total of 200~cells were counted, which were classified as 1) Healthy Acrosome: Lilac Stain or 2) Non-Healthy Acrosome: Pink Stain.

Data were subjected to an analysis of variance and regression analysis, adopting the 5% level of significance, using the statistical software of predictive analysis (SPSS 13.0).

RESULTS AND DISCUSSION

Dietary supplementation with flaxseed did not influence the progressive sperm motility of fresh semen (P > 0.05) and



obtained an average (84.34%) within the minimum limits recommended by CBRA (2013) for fresh semen.

Likewise, there was no significant difference for progressive post-thawing sperm motility (24.38%) and for post-thaw motility at 5 min in the TTR (23.15%) (P > 0.05) (Table 3). The results obtained for post-thawing motility were not within the range indicated by the Brazilian College of Animal Reproduction (2013), which should be equal to or greater than 30%, and this fact can be attributed to the cryopreservation process, corroborating

the suggestion made by Barros & Toniolli (2011), who stated that the cryogenic process causes damage to cell structure sperm and consequence of this damage is the reduction of sperm motility. According to Ceylan & Serin (2007), the reduction in sperm motility may be a result of membrane lipid peroxidation, which will reduce fecundation capacity in mammals. According to Chakrabarty et al. (2007), a significant loss of PUFAs present in the plasma membrane has a correlation negative with sperm motility.

Table 3. Feed consumption and progressive sperm motility post-thawing and in the cryopreserved semen thermoresistance test of male goats fed flaxseed levels

		Regression			
	0	4	8	12	equation
Average consumption (Kg/dia)	4.83±0.44	4.89±0.58	4.51±0.40	4.71±0.45	$\hat{Y} = 4.75$
	I	Progressive spe	erm motility		
Fresh semen Post-thawing TTR 5'	84.10±9.55 22.36±16.76 19.53±13.56	85.44±10.26 18.94±17.89 20.11±18.82	85.66±9.74 23.92±15.46 23.70±14.97	82.15±10.14 32.30±18.22 29.25±18.08	$\hat{Y} = 84.33$ $\hat{Y} = 24.38$ $\hat{Y} = 23.14$
TTR 60'		20.11±18.82 10.61±12.77			$\hat{Y}^{**} = 13.809$ $1.4091x$ $+0.1752x^2$ $R^2 = 0.9958$
TTR 120'	7.23±8.17	2.16±3.38	5.14±9.07	13.55±12.20	$\hat{Y}^{**} = 7.09-1.979x+0.2106x^2R^2=0.9951$
TTR 180'	3.78±5.64	0.44±1.19	1.46±3.23	6.10±8.23	$\hat{Y}^{**} = 3.743$ - $1.2968x$ $+0.1247x^2$ $R^2 = 0.9986$
Loss of motility	61.73±17.85	66.50±23.40	61.74±14.70	49.85±18.43	$\hat{Y}^{**} = 61.85 + 2.1138x - 0.2603x^2 R^2 = 0.9981$

TTR = Thermoresistance Test. Data were analyzed by Regression Analysis at 5% significance and refer to means \pm standard deviation. ** Significant at 5% significance.



The results of the present study differed from those obtained by Blesbois et al. (1997), where supplementation of adult birds with diets containing omega-3 or omega-6 sources altered composition of long-chain PUFAs in sperm. In this study, dietary lipid enrichment resulted in significant differences in the n-6 / n-3 ratio in sperm and seminal plasma. In addition, the groups supplemented with the omega-3 source presented a lower n-6 / n-3 ratio and higher fertilization capacity. The latter may be caused by an increase in sperm viability in the female's genital system and/or its ability to fuse, because there is a change in sperm membrane structure, fluidity and/or, susceptibility to peroxidative damage.

When used directly as cryopreservation medium components, the sources of fatty acids proved to be beneficial to sperm post-thawing. Ansari et al. (2012) reported that the addition of an n-3 series fatty acid source to the goat semen diluent promoted increased postthawing sperm motility and attributed the result to the possible incorporation of DHA into the sperm cell membranes, especially in the sperm cell region tail, which would provide better fluidity and flexibility, and consequently improved progressive motility. In agreement with these findings, Machado et al. (2018) worked with doses of a fish oil source associated with ascorbic acid directly in the goat semen cryopreservation diluent and found a difference for progressive post-thawing sperm motility (68.33%), showed increasing which behavior with beneficial effects in relation to the cryopreservation process, and consequently, in the post-thawing seminal quality. Dolatpanah et al. (2008) also worked with goats and provided dietary four treatments, including a 2.5% fish oil, a source of

omega-3, and/or vitamin E (0.30 g/kg), and a control group. These authors reported a difference in progressive motility in this study, in which the best result was achieved with the use of fish oil (83.72%).

In the present study, a positive quadratic behavior was obtained for progressive motility at 60, 120, and 180 min in the (P < 0.05) (Table demonstrating that the addition flaxseed to the diet promoted greater cell resistance to sperm during the freezing/thawing process, proven by the greater sperm motility, up to 180 min, for the treatment with the highest level of flaxseed (12%). The reduction of motility in the other treatments corroborates the considerations of Purdy (2006), who stated that the semen cryopreservation process promoted a motility, reduction in membrane integrity, and semen fertilizing capacity. Abd El-Razek et al. (2009) worked to include source levels of omega-3 (fish oil) into sheep diets and suggested that increasing sperm membrane DHA content via lipid supplementation may improve membrane fluidity, and thus, increase membrane resistance of sperm to damage caused by refrigeration and freezing/thawing.

Dolatpanah et al. (2008) further stated that PUFAs contributed to greater membrane fluidity, flexibility, acrosome integrity, and membrane-bound receptors. In addition, PUFAs are the precursors of prostaglandins and leukotrienes, being important in sperm motility.

Because the loss of motility is proportional to the progressive motility behavior, a negative quadratic behavior was obtained for the loss of motility in the TTR (P < 0.05) (Table 3), with less motility loss for the group with the inclusion of 12% flaxseed in the diet. The possible reason for the results may



be caused by cell preservation, perhaps by incorporating fatty acid into the membrane, promoting greater resistance to the cryopreservation process, and promoting a reduction in lipid peroxidation, which increases during the semen cryopreservation process. Ansari et al. (2012), in studies with inclusion of n-3 PUFAs and antioxidant levels directly in the diluent, before and after the freezing process, and observed better results for sperm motility and viability with the highest inclusion levels in goat semen.

The inclusion of flaxseed levels in the goat diet did not change the sperm vigor

of fresh and post-thawed semen (P > 0.05), with an average of 4.78 and 1.80, respectively (Table 4). Post-thawing average vigor does not meet the minimum requirements required by CBRA (2013), which suggests that goat semen after thawing should remain at least a vigor of 2, which was observed only in the 12% flaxseed treatment group (2,17). The results of the present study are in agreement with those of Machado et al. (2018) who did not obtain significant differences for postthawing progressive vigor with the inclusion of fish oil and ascorbic acid in the extender in goat semen.

Table 4. Post-thawing sperm vigor of goats fed flax seed levels.

Sperm vigor		Flaxseed	- Regression equation		
Sperm vigor	0	4	8	12	Regression equation
Fresh semen	4.70±0.53	4.72±0.46	4.87±0.32	4.85±0.58	$\hat{Y} = 4.78$
Post-thawing	1.58 ± 1.25	1.61 ± 1.52	1.85 ± 1.22	2.17 ± 1.12	$\hat{\mathbf{Y}} = 1.80$
TTR 5'	1.50 ± 1.08	1.58 ± 1.49	1.81 ± 1.20	1.97 ± 1.08	$\hat{\mathbf{Y}} = 1.71$
TTR 60'	0.95 ± 0.80	0.69 ± 0.73	1.07 ± 0.93	1.42 ± 1.05	$\hat{Y} = 1.03$
					$\hat{Y} ** = 0.523$ -
TTR 120'	0.55 ± 0.69	0.19 ± 0.34	0.46 ± 0.73	0.82 ± 0.61	$0.108x + 0.0113x^2$
					$R^2=0.928$
					$\hat{Y} ** = 0.141$ -
TTR 180'	0.16 ± 0.30	0.00 ± 0.00	0.18 ± 0.31	0.32 ± 0.37	$0.0398x + 0.0047x^2$
					$R^2 = 0.8598$
Loss of vigor	3.11±1.28	3.11±1.72	3.01±1.25	2.47 ± 1.00	$\hat{Y} = 2.92$

Goats supplemented with 0, 4, 8 and 12% flaxseed in the diet. Data were analyzed by Regression Analysis at 5% significance and refer to means \pm standard deviation. ** Significant at 5% significance.

There was no significant difference for sperm vigor at 5 and 60 min in the TTR, nor for sperm loss in the TTR (P > 0.05); however, the positive quadratic behavior for sperm vigor at 120 and 180 min in the TTR was obtained (P < 0.05) (Table 4). The results in the TTR showed a linear decrease in sperm vigor over 2 h of the test, with a loss of 3.11, corroborating the data reported by Silva et al. (2006), which achieved a linear drop over 2 h when evaluating thawed goat semen departures. Sudheera et al. (1997) considered that dietary n-3 **PUFAs** influence membrane may

fluidity and the action of enzymes necessary for the production of energy lipid-protein-dependent many receptor functions, which would, therefore, promote better sperm vigor, but this was not the result obtained in this study. Sperm vigor was directly related to motility and although positive quadratic behavior for progressive motility occurred at 60, 120, and 180 min, the same behavior for vigor was observed only at 120 and 180 min, with better results in the treatment group with 12% flaxseed.



The supplementation of flaxseed in the goat diet promoted negative quadratic behavior for plasma membrane integrity (P < 0.05) (Table 5). The results obtained through the hypoosmotic test showed that a level of 8.16% flaxseed in the diet presented an optimal value of 64.46% of reactive sperm, that is, 64.46% of sperm had an integral plasma membrane after the freezing/thawing process, corroborating the suggests made by Watson (2000), who stated that factors that act on sperm cells, such as temperature, composition, pH, and

osmolarity of the surrounding environment, may cause irreversible alterations in their membranes. According to Bucak et al. (2010), oxidative stress contributes to poor semen quality after freezing/thawing. For these authors, the cryopreservation process caused changes in the sperm plasma membrane and resulted in decreased fecundating potential of these cells, which was reflected in damage to the plasma membrane, reduction of sperm motility, and viability, as well as interference with sperm functions.

Table 5. Hyposmotic tests and acrosomal integrity test of cryopreserved semen of male goats fed flaxseed dietary levels.

Tests (%)		Regression			
	0	4	8	12	equation
Hyposmotic Test	51.86±12.40	55.38±9.80	69.81±12.7	59.52±13.6	$\hat{Y}^{**} = 50.078 + 3.5246x - 0.2158x^2$ $R^2 = 0.6496$
Acrosomal Integrity Test	57.48±10.03	65.53±7.70	59.08±5.37	61.68±5.38	$\hat{Y}^{**}=$ 57.478+5.7851x - 1.1883 x^2 0.0613 x^3 $R^2=1.0$

Goats supplemented with 0, 4, 8 and 12% flaxseed in the diet. Data were analyzed by Regression Analysis at 5% significance and refer to means \pm standard deviation. ** Significant at 5% significance.

There was a significant difference in the acrosomal integrity test, showing an optimal maximum level of 3.25% flaxseed for acrosomal integrity of 65.83% (P < 0.05) (Table 5). According to Mies Filho (1987), the destruction of the acrosome and its lesions may be caused by aging, thermal shock, or improper manipulation of semen during The acrosome may be processing. wrinkled or badly contoured detached. Research developed bv Dolatpanah et al. (2008) demonstrated that PUFAs are responsible for the greater ability to maintain the integrity of the acrosome, whose characteristics, according to Bernardi (2008) are essential to the sperm cell, as it is an

effective attribute to ensure good fertility potential of the sperm cells, regardless of species. Castellano et al. (2010),although not finding improvement in swine cryopreserved semen, found that the cryopreservation process decreased the proportion of mobile and viable sperm in the postthawed semen, as well as in acrosomal integrity, and increased DNA fragmentation and susceptibility to lipid peroxidation in relation to fresh semen, using fish oil as a source of omega-3 in the diet. Islam et al. (2006) reported differences in motility for cooled goat semen at 24 or 48 h. Samadian et al. (2010) also considered that omega-3 sources may positively influence the



seminal quality, and attributed the effect to the possible increase in docosahexaenoic acid (DHA) in the ejaculate.

Flaxseed, among the possible sources of dietary supplementation, is an excellent source of PUFAs and a possible alternative to increase the reproductive indexes by its composition. In the present study, flaxseed supplemented goat diets may have been responsible for the incorporation of DHA into the sperm membranes, conferring greater resistance against the freezing/thawing process and promoting improvement of important parameters.

The addition of 12% flaxseed to the diet of goat breeders improved post-thaw sperm resistance, verified with complementary tests. An optimum inclusion level was determined using the hypoosmotic test (8.16%) and the acrosomal integrity test (3.25%), which may contribute to better fertilization results.

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