

Laurus nobilis L.: assessment of the cytotoxic and genotoxic potential of aqueous extracts by micronucleus and Allium cepa assays

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Laurus nobilis L. is a large shrub belonging to the Lauracea family. Its leaves are widely used for food seasoning as well as in folk medicine. Various studies have demonstrated the antiproliferative, antifungal and antibacterial effects of Laurus nobilis, but no studies have investigated the genotoxic effect of the aqueous extract of the plant. The objective of this study was to analyze the genotoxic potential of an aqueous extract of leaves, using the Allium cepa assay and mouse peripheral blood cell micronucleus test. The results showed that the extract did not have any genotoxic activity, but cytotoxic activity was observed in the two experimental models used. The extract had an antiproliferative effect, detected through the reduction of the mitotic index and the polychromatic/normochromatic erythrocyte (PCE/NCE) ratio. The tests also demonstrated a large number of cells undergoing apoptosis and with nuclear abnormalities related to cell death processes. These results can be explained by the presence of phenolic compounds, saponins, flavonoids and alkaloids, detected in the phytochemical analysis of the extract. Therefore, the extract from L. nobilis in the form generally used by the population does not pose risks related to its genotoxic potential, and also contains components with apoptotic and antigenotoxic potential.

Keywords: Laurus nobilis. Allium cepa. Micronucleus. Genotoxicity. Cytotoxicity.

INTRODUCTION

Laurus nobilis L., popularly known as bay laurel, sweet bay, bay or laurel, is a large shrub belonging to the Lauracea family, native to Asia but now cultivated in many countries. In Brazil, the main growing regions are the South and Southeast. Its leaves are widely used for food seasoning, as well as in folk medicine due to the digestive, carminative, antispasmodic, astringent, emmenagogue, diaphoretic and antiseptic properties of extracts (Kaurinovic, Popovic, Vlaisavljevic., 2010; Dias et al., 2014).

Although Kivçak and Mert (2002) only observed the presence of cytotoxic effects in the hexane extract of *Laurus nobilis* leaves, more recent studies have

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demonstrated that the aqueous extract of the leaves is effective in reducing the population of the mite *Phytoseiulus macropolis*, besides having antiproliferative effect on some tumor cell lines (Veronez, Sato, Nicastro, 2012; Dias *et al.*, 2014). Finally, some researchers have demonstrated the antifungal and antibacterial activity of the essential oil obtained from *L. nobilis* leaves (Rafiq *et al.*, 2016; Peixoto *et al.*, 2017).

The essential oil extracted from *L. nobilis* has been widely studied for its biological activities and to determine its chemical composition. However, to the best of our knowledge there are no published studies of the genotoxic effect of the aqueous extract of these leaves. This investigation is necessary to assure that the extract, as typically used in folk medicine, can be administered with relative safety for therapeutic purposes, mainly for extended periods (Macedo *et al.*, 2008; Castro *et al.*, 2009).

Therefore, considering the importance of toxicogenetic investigation, the aim of this study was to investigate the cytotoxic and genotoxic potential of the aqueous extract of *L. nobilis* leaves, using the *Allium cepa* assay and mouse peripheral blood mononuclear cell test.

MATERIAL AND METHODS

Sample collection and identification

Leaves of *L. nobilis* L. at different stages of development were collected in the Jacarepaguá district of Rio de Janeiro, RJ. The botanical material was recognized by the herbarium technician Thiago Azevedo Amorim of the Botany Department of Rio de Janeiro Federal Rural University (UFRRJ) and a voucher specimen was deposited in the university's herbarium under number RBR 36.379.

Preparation of the aqueous extract of *L. nobilis* leaves

Immediately after collection, the leaves were taken to the Laboratory of Plant Genotoxic Activity (LAGEP) of UFRRJ, where they were spread on a table and left at room temperature (28 °C) in an area protected from sunlight for 72 h (air-drying). The naturally dried leaves were then placed in an amber flask until the moment of preparing the crude aqueous extracts. The leaves were ground and placed in glass vials, into which warm distilled water was poured (90 °C). The vials were capped immediately and maintained in this condition for at least 10 minutes to obtain the extracts. After being cooled to room temperature, the crude extracts were filtered through cotton cloth to remove residues. Fresh extracts, at concentrations of 1.5 and 3% (Allium cepa assay) and 5% (micronucleus assay and phytochemical analysis) were prepared daily, just before use in the experiments.

Phytochemical analysis of the extracts

To identify and quantify the chemical constituents present in the aqueous extracts, phytochemical analysis was carried out with 50 mg of the aqueous extract, dried by evaporation in water bath at 50 °C, through the techniques described by Trease and Evans (1989), Matos (2009), Cai, Shi and Gao (2011) and Morsy (2014). The screening was performed to quinones, reducing sugars, saponins, sesquiterpenlactones and other lactones, phenolic tannins, steroids and triterpenoids, cardiac glycosides, polysaccharides, purines, flavonoids and alkaloids. For detection of quinones, the extract was

dissolved in ethyl ether followed by addition of ammonium hydroxide. The presence of quinones was determined by red color in the aqueous phase. The reducing sugars were detected by the reaction of Benedict's reagent. The presence of saponins was observed by the formation of froth in a test tube upon vigorous shaking using diluted samples. Sesquiterpenlactones and other lactones were determined by dissolving the extract in methanol and adding hydroxylamine hydrochloride and KOH. After heating, the solution was acidified with HCl followed by FeCl₃ addition. The presence of sesquiterpene lactones and other lactones was verified by violet color. For detection of steroids and triterpenoids, the sample was dissolved in chloroform. The appearance of evanescent blue color (sterols) and green color (tripterpenoids) after treatment of the chloroform layer with acetic anhydride and concentrated H₂SO₄ in series indicated positive reactions. The cardiac glycosides were detected by using Kedde's reagent. The presence of polysaccharides was verified by using lugol. For detection of purines, the extract was hydrolyzed with HCl followed by addition of H₂O₂. After evaporation in a water bath and addition of a few drops of NH₄OH, the presence of purines was determined by the appearance of violet color. The presence of alkaloids was determined by using Wagner's reagent. Class I and II of flavonoids were detected by acidulation and neutralization of the extract with the appearance of different colors at pH specific for the different classes. For the detection of phenolic and tannins, the sample was dissolved in distilled water and drops of FeCl₃ were added. The presence of phenolic tannins was determined by the presence of a blue color.

Analysis of total flavonoids and phenolics content

To determine the total flavonoids and phenolics content, the dry extract mass was obtained by infusing $50~\rm g$ of crushed leaves in 200 mL of water, followed by heating in an oven at $50~\rm ^{\circ}C$ until constant weight.

The total flavonoid content was measured by the method described by Barroso *et al.* (2011) with some modifications, using as complexing agent aluminum chloride. Quercetin was the standard used to construct the calibration curve for the quantification.

The determination of the total phenolic concentration was performed according to the method described by Salgueiro and Castro (2016), based on a standard curve of commercial gallic acid and using the colorimetric method with Folin-Ciocalteu reagent.

Allium cepa assay

For these tests, organically grown onions with diameter of approximately 2.0 cm were obtained from a

local produce market. The outer layer of each bulb was removed with a paring knife without damaging the root buds.

The bulbs were initially placed in a container holding distilled water for 48 hours to allow the roots to grow, with daily water exchange. Then the bulbs were separated into two control groups and two treatment groups, each with five onions. The negative control group remained in the distilled water, the treatment groups were immersed in two *L. nobilis* leaf extract solutions (concentrations of 15 mg mL⁻¹ and 30 mg mL⁻¹) and the positive control group was immersed in a solution containing ethyl methanesulfonate (EMS, 25 mM). EMS is a highly efficient mutagenic agent, which acts directly on DNA molecules through its alkylation activity. The solutions were exchanged daily for all groups and the temperature was maintained at 25 °C.

For each treatment, root tips, between 2 and 2.5 cm in length, were removed from the bulbs after 48 hours of exposure to the respective solutions and used to prepare slides according to the method described by de Castro e Sousa *et al.* (2017), with modifications. Five root tips were removed from each bulb, fixed in an ethanol: glacial acetic acid solution at 3:1 (V/V) and stored at 4 °C until the moment of preparing the slides. Five slides were prepared for each bulb, using five different root tips (one slide for each one). The root tips were washed with distilled water twice for 5 minutes, hydrolyzed in HCl 5N for 30 minutes, washed again twice in distilled water for 5 minutes and then placed on the slides with tweezers. The subapical meristems were fragmented with a scalpel, stained with 2% acetic orcein, and covered with a coverslip.

All slides were coded and evaluated under a common optical microscope with 100X magnification. The parameters used to determine the genotoxic and cytotoxic potential of the extracts were the presence of chromosome and cell alterations as well as changes in the mitotic index. A total of 1,000 cells were analyzed per bulb, or 5,000 cells for each group. With the exception of the mitotic index, expressed as a percent, the results are expressed in absolute terms. The most frequent anomalies are shown in the micrographs.

Micronucleus assay

Male Swiss albino mice aged 10 weeks, weighing 25 g, were provided by the Central Animal House of UFRRJ. During the experiment, the animals were kept in polyethylene cages, each one with six animals, at a constant temperature of (22±1) °C and 12 h light/dark cycle. Standard food pellets and water were provided ad libitum.

The micronucleus assay was performed according to Andrade, Perazzo and Maistro (2008a), with modifications. Assays were carried out with 6 animals/group and with the exception of the positive control, the treatment was performed intragastrically. Group I animals received a single dose of 2,000 mg/kg of aqueous extract of L. nobilis leaves; Group II (positive control) animals received a single dose of cyclophosphamide at 50 mg/kg intraperitoneally; and Group III (negative control) received only water. A 20 μ L aliquot of peripheral blood was collected from each animal at 48 h and 72 h after treatment, by terminal bleeding from the retro-orbital plexus. Samples were deposited on a slide to prepare the smears, which were fixed in methanol and stained with Leishman's solution.

For each Swiss mouse, 4,000 polychromatic erythrocytes (PCE) were scored (2,000 cells from the 48 h blood sample and 2,000 cells from the 72 h blood sample). For evaluation of the cytotoxic potential, 1,000 cells were analyzed per animal to determine the polychromatic/normochromatic erythrocyte (PCE/NCE) ratio. All slides were coded and evaluated under a common optical microscope with 100X magnification.

This study was approved by the Ethics Committee on Animal Use of the Biological Sciences and Health Institute of UFRRJ (protocol no. 011/2014).

Statistical analysis

The data were analyzed by the Chi-square (χ^2) test with probability <0.05, using Yates correction, employing the Bioestat 5.0 program

RESULTS

Allium cepa system

The results showed that the aqueous extracts obtained from the *L. nobilis* leaves did not have genotoxic potential against meristematic cells of *Allium cepa* after treatment for 48 hours, since no aberrations of the chromosomes or micronuclei were observed. Besides this, the *A. cepa* cells treated with the extract, at the two concentrations tested, presented a significantly lower number of buds, as well as alterations that are characteristic of EMS, the positive control (Tables I and II). The cells submitted to treatment with EMS stood out for the presence of a larger number of nucleoli and greatly enlarged volume (Figure 1C).

However, cytotoxic activity of the extract was detected at both concentrations (Tables I and II). It was possible to observe a large number of cells undergoing

apoptosis and nuclear alterations related to cell death processes (Figures 1B and 1D).

Besides these alterations, at the concentration of 15 mg mL⁻¹ the cytotoxic activity was accompanied by a substantial reduction of the mitotic index compared to the negative and positive controls (Table I).

Micronucleus test

Tables III and IV report the results of the frequency of micronucleated PCE and the PCE/NCE ratio in the peripheral blood of mice submitted to treatment with a single dose of 2,000 mg/kg of the aqueous extract of *L. nobilis*.

TABLE I - Cell changes and mitotic index in *A. cepa* submitted to different treatments

TREAT	CONC	NC	NB	MN	A P	NA	MI (%)
NEG C	Distilled water	391 ^(c)	33 ^(b)	28 ^(b)	50 ^(c)	107 ^(c)	1.18 ^(b)
EMS	25 mM	1451 ^(b)	19 ^(b)	33 ^(b)	3 ^(b)	24 ^(b)	$0.98^{(b)}$
LNAQ	15 mg mL ⁻¹	$370^{(a)}$	9(a)	1 ^(a)	$380^{(a)}$	$1497^{(a)}$	$0.14^{(a)}$

(a) (b) and (c) different letters in the same column differ from each other (P<0.05) according to the χ^2 test; TREAT-treatment; NEG C - negative control; EMS – positive control; LNAQ - L. *nobilis* aqueous extract; CONC - concentration; NC – nucleoli changes; NB – nuclear bud; MN – multiple nucleoli; AP - apoptosis; NA- nuclear abnormalities; MI – mitotic index. 5000 cells for each treatment were analyzed.

TABLE II - Cell changes and mitotic index in A. cepa submitted to different treatments

TREAT	CONC	NC	NB	MN	AP	NA	MI (%)
NEG C	Distilled water	339 ^(c)	66 ^(b)	24 ^(a)	4 ^(b)	61 ^(c)	3.52 ^(a)
EMS	25 mM	$1000^{(b)}$	$76^{(b)}$	91 ^(b)	2 ^(b)	12 ^(b)	$2.04^{(b)}$
LNAQ	30 mg mL ⁻¹	193 ^(a)	27 ^(a)	15 ^(a)	277 ^(a)	1953 ^(a)	$3.16^{(a)}$

(a) (b) and (c) different letters in the same column differ from each other (P<0.05) according to the χ^2 test; TREAT-treatment; NEG C - negative control; EMS – positive control; LNAQ - L. *nobilis* aqueous extract; CONC - concentration; NC – nucleoli changes; NB – nuclear bud; MN – multiple nucleoli; AP - apoptosis; NA- nuclear abnormalities; MI – mitotic index. 5000 cells for each treatment were analyzed.

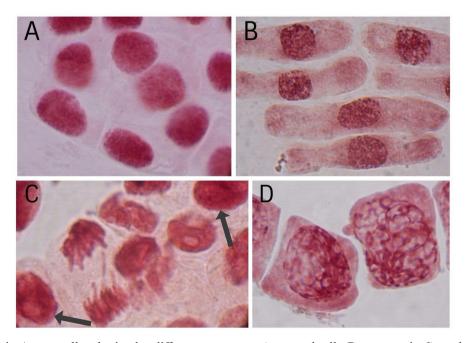


FIGURE 1 - Changes in *A. cepa* cells submitted to different treatments: A- normal cells, B – apoptosis, C- nucleoli changes (arrows) – positive control, D- nuclear abnormalities.

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TABLE III - Frequency of micronucleated polychromatic erythrocytes (MNPCEs) in mice 48 h after the different treatments

Tuestment	Number of cells	PCEs	MNI	PCE/NCE	
Treatment	analyzed		N°	%	ratio
Positive control	12000	11958	42 ^(c)	0.35	0.002 ^(c)
Negative control	12000	11978	22 ^(a)	0.23	$0.05^{(b)}$
Aqueous extract	12000	11982	18 ^(a)	0.15	$0.017^{(a)}$

⁽a) (b) and (c) different letters in the same column differ from each other (P<0.05) according to the χ^2 test; PCEs – polychromatic erythrocytes; NCE – normochromatic erythrocytes; MNPCEs – micronucleated polychromatic erythrocytes.

TABLE IV - Frequency of micronucleated polychromatic erythrocytes (MNPCEs) in mice 72 h after the different treatments

Treatment	Number of cells analyzed	PCEs	MN	PCE/NCE	
			N°	%	ratio
Positive control	12000	11982	18	0.15	0.0006 ^(c)
Negative control	12000	11980	20	0.17	$0.02^{(b)}$
Aqueous extract	12000	11989	11	0.092	$0.016^{(a)}$

⁽a) (b) and (c) different letters in the same column differ from each other (P<0.05) according to the χ^2 test; PCEs – polychromatic erythrocytes; NCE – normochromatic erythrocytes; MNPCEs – micronucleated polychromatic erythrocytes

The analyses carried out 48 h (Table III) and 72 h (Table IV) after treatment demonstrated that the extract did not have genotoxic potential. At 48 hours after treatment, the number of micronucleated PCEs in the mice treated with the extract was significantly lower than in the positive control animals.

In the examination performed 72 h after treatment, there was a reduction in the number of micronucleated PCEs in the positive control group, indicating that after this interval, the genotoxic potential of the positive control group could no longer be perceived by the presence of micronucleated erythrocytes in the peripheral blood.

Although no genotoxic potential of the extract was detected, there was a significant difference in the PCE/NCE ratio between the treatments. The animals treated with the extract presented a significantly lower ratio between PCEs and NCEs compared to the negative control group, indicating cytotoxic activity of the extract.

Phytochemical analysis of the extract

The phytochemical analysis of the extract detected the presence of reducing sugars, saponins, phenolic compounds, purines, flavonoids (flavones, flavonols, xanthones) and alkaloids, as presented in Table V.

Analysis of total flavonoids and phenolics contents

The results from analysis obtained from 6.8g of the dry extract of L. nobilis leaves were 16.10 ± 0.001 mg

TABLE V - Phytochemical analysis of aqueous extract of *L. nobilis* leaves

Secondary compounds	Aqueous extract
Quinones	_
Reducing sugars	+
Saponins	+
Sesquiterpenlactones and other lactones	-
Steroids and triterpenoids	-
Cardiac glycosides	-
Polysaccharides	-
Purines	+
Alkaloids	+
Flavones, flavonoids and xanthones	+
Phenolic tannins	+

⁽⁻⁾ Absence or inconclusive, (+) Presence

equivalents in Quercetin/g extract for total flavonoids and 95.5 ± 0.001 mg equivalents in Gallic acid/g extract for total phenolics contents.

DISCUSSION

The results obtained in this study demonstrated that the aqueous extract of L. nobilis leaves, at the two concentrations tested, does not present genotoxic effect. However, cytotoxic activity was detected according to the two evaluation methods.

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The extract caused a significant reduction in the mitotic index of the meristematic cells of *A. cepa* and also significantly lowered the PCE/NCE ratio in the mice's peripheral blood. Besides this, we observed the presence of cytotoxic effects of the extract on the meristematic cells of *A. cepa*, with a high index of cells undergoing apoptosis and with nuclear alterations related to cell death processes.

The presence of cytotoxic effects without genotoxicity is a common observation, reported in several articles (Chichioco-Hernandez *et al.*, 2011; Eren *et al.*, 2015; Gomes *et al.*, 2015; Lima *et al.*, 2016). According to Oliveira, Voltolini and Barbério (2011), cytotoxicity can lead indirectly to alterations in the genetic material, but is not necessarily associated with a genotoxic effect.

There are reports of the absence of genotoxicity accompanied by antimutagenic effect (Tavares et al., 2011; Lima et al., 2013a). In the current study, the aqueous extract at the two concentrations significantly reduced the number of buds and caused alterations in nucleoli, including in relation to the negative control group. These changes are characteristic of agents with genotoxic potential, such as the positive control used in this study (Montanaro, Treré, Derenzini, 2008; Fenech et al., 2011; Kumar, Chaudhary, 2015). The reduction of these alterations in the cells treated with the extract indicates that it has a protective effect. The phytochemical analysis of the crude aqueous extract of the L. nobilis leaves conducted in this work demonstrated the presence of antioxidant compounds, such as phenolic tannins and total phenolic, flavones, flavonoids, xanthones and total flavonoids, which likely explains the protective or antigenotoxic effect observed.

Similar results have been obtained by other authors. Kaurinovic, Popovic and Vlaisavljevic (2010) demonstrated that the methanol extract of L. nobilis leaves re-extracted with ethyl acetate, had strong activity to eliminate free radicals in vitro and a protective effect in vivo when analyzing the biochemical pattern of the blood and liver of mice treated with the extract. The authors attributed this effect to the presence of flavonoids and sesquiterpenes in the extract. Rood et al. (2015) used gel filtration chromatography to divide a bay leaf extract into two fractions, one with high molecular weight (HFBL) and the other with low molecular weight (LFBL). The dried fractions prepared in ethanol were tested in cell cultures and the presence was noted of distinct biological activities of the two fractions. An antioxidant protective effect was present in the LFBL (rich in polyphenols) but absent in the HFBL (probably rich in polysaccharides).

We observed a significant number of cells undergoing apoptosis and with nuclear alterations related to cell death

processes in the *A. cepa* assays with the two extract concentrations (Tables I and II).

The nuclear alterations, observed in large number in the meristematic cells of *A. cepa*, are similar to karyorrhexis. These alterations are present in cells in the death process by necrosis or apoptosis, in which the chromatin is irregularly distributed, including the formation of lumps in the nuclear membrane (Tolbert, Shy, Allen, 1992; Thomas *et al.*, 2008; Lima *et al.*, 2016).

The inducement of apoptosis by L. nobilis has been reported by other authors with other types of extracts. Pacífico et al. (2013), working with apolar extracts of L. nobilis leaves, reported strong toxicity and inducement of apoptosis in cell lines from the nervous system. Those observations indicate the existence of components in the apolar and aqueous extracts of L. nobilis leaves that have cytotoxic potential and induce apoptosis.

Rood *et al.* (2015), investigating HFBL and LFBL fractions, described that the fraction with high molecular weight induced apoptosis faster by producing ruptures in the DNA double strand, while the fraction with low molecular weight protected the DNA against damages and inducing a delayed apoptosis, promoting a stop in the cell cycle in the G1/S phase.

Our phytochemical analysis did not detect the presence of polysaccharides. However, phenolic compounds were found, which can explain the high rate of cells undergoing death and the antiproliferative effect of the extract, observed by the reduction of the mitotic index in the *Allium cepa* assay and the reduction of the PCE/NCE ratio in the micronucleus test. However, we cannot discard the possibility that those effects were influenced by the presence of saponins and alkaloids, detected by the phytochemical analysis of the extract.

Saponins are products of the secondary metabolism with wide structural variability. Many classes of saponins have been found to have some type of antitumoral activity, in some cases acting by inhibiting the cell cycle and inducing apoptosis (Upadhyay, Singh, 2012).

The phytochemical pattern of *L. noblis* has been extensively studied and the presence of alkaloids has been identified by other authors (Pech, Bruneton, 1982). Alkaloids are potentially cytotoxic, besides having antifungal and antibacterial activities (Patel *et al.*, 2012; Cushnie, Cushnie, Lamb, 2014).

In the analysis of the meristematic cells of *A. cepa*, although both concentrations caused a reduction in the number of cells undergoing division, this difference was significantly lower in relation to the positive and negative controls only with the concentration of 15 mg mL⁻¹.

This difference in the effects on the mitotic index

when analyzing two extract concentrations is commonly observed in studies of crude plant extracts, because aqueous extracts at different concentrations present variable interactions of their components, so there is no direct correlation between the increase of concentration and a proportional increase of the extract's effects. Similar results have been reported by other researchers (Celik, 2012; Udo, Akpan, Ekong, 2015).

The results obtained by the peripheral blood mononuclear cell test confirmed the absence of genotoxic potential of the extract and its cytotoxicity. It should be stressed, however, that 72 hours after the treatment, the positive control no longer showed a significant difference regarding the presence of micronuclei in relation to the other treatments, indicating that although this is within the range of time recommended by the OECD TG 474 (2014), it is not efficient to analyze the results when using cyclophosphamide as positive control at a concentration of 50 mg/kg. A reduction of the number of micronucleated erythrocytes with longer time interval after application of the drug has also been reported by other authors (Berno *et al.*, 2016; Schneider *et al.*, 2016).

The number of animals used in these experiments sought to comply with the standards of the Ethics Committee on Animal Use of the Biological Sciences and Health Institute of UFRRJ and to conform to the Principle of the 3R's, besides accompanying the recent references of other authors (Andrade, Perazzo, Maistro, 2008a; Andrade *et al*, 2008b; Agrawal, Pandely, 2009; Alves *et al* 2014).

It is also important to stress that the results indicate the relevance of studies using plant systems, such as the *A. cepa* assay, due to the close similarity with the results of animal tests, as can also be observed in other works (Teixeira *et al.*, 2003; Rainho *et al.*, 2010, Lima *et al.*, 2013b).

In conclusion, the results obtained in this study, through the two methods applied, indicate that the aqueous extract of the leaves of *L. nobilis* at the two concentrations analyzed does not pose risks regarding genotoxic potential. Besides this, the extract contains components with apoptotic and antigenotoxic potential, further evidencing its richness regarding the presence of substances with relevant biological activities.

The similarity of the results obtained through the two methods studied indicates the importance of using the *A. cepa* assay for initial screening to evaluate the cytotoxic and genotoxic potential of plant extracts.

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