SENSORY ASPECTS AND REDUCTION OF Salmonella IN IRRADIATED EGG POWDER

Aspectos sensoriais e redução de Salmonella de ovo em pó irradiado

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ABSTRACT

Eggs and their products have been implicated in food-borne disease outbreaks due to contamination with *Salmonella* Enteritidis. Irradiation, as a food preservation technology, could minimize such contamination. The aim of this study was to determine the effects of irradiation in powdered egg yolk, egg white, and whole egg samples spiked with *Salmonella* Enteritidis. The powdered egg samples were exposed to doses of 0.5, 1.0, 1.0, 2.0, 2.5, 3.0, 3.5, or 4.0 kGy irradiation. Odors and tastes of raw and cooked non-inoculated, irradiated samples, and non-irradiated samples, were analyzed by a trained panel. A dose of 2.0 kGy resulted in slight to moderate changes in powdered egg yolk samples, compared to non-irradiated controls, while minimal differences were observed in powdered egg white samples. The dose of 3.5 kGy, when applied to samples of powdered egg white, resulted in taste and odor slightly stronger than the non-irradiated control. The maximum irradiation threshold before changes in flavor and odor occurred was 2.28 kGy, for powdered yolk and whole eggs, and 2.58 kGy, for powdered egg white. Those thresholds were enough to reduce *S*. Enteritidis to safe levels.

Index terms: Bacteria; elimination; powder food.

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Os ovos e os seus produtos derivados têm sido implicados em doenças de origem alimentar devido à contaminação com *Salmonella* Enteritidis. A irradiação é um método tecnológico de preservação de alimentos que pode minimizar esse tipo de contaminação. O objetivo do presente estudo foi determinar os efeitos da irradiação nas amostras de gema de ovo em pó, clara de ovo em pó e ovo integral em pó contaminadas artificialmente com *Salmonella* Enteritidis. As amostras de ovo em pó foram expostas a doses de 0,5, 1,0, 1,5, 2,0, 2,5, 3,0, 3,5 ou 4,0 kGy de irradiação. As amostras não contaminadas irradiadas e não irradiadas foram avaliadas por um painel de especialistas que avaliaram odor e sabor cru e cozido não inoculados, amostras irradiadas e não irradiadas. A dose de 2,0 kGy resultou em alterações leves a moderadas nas amostras de gema de ovo em pó em comparação aos controles não-irradiados, enquanto diferenças mínimas foram observados em amostras de ovo em pó. A dose de 3,5 kGy quando aplicada às amostras de clara de ovo em pó resultou em sabor e odor mais fortes do que no controle não irradiado. O limite máximo da dose de radiação sem causar alteração significativa no sabor e odor foi 2,28 kGy para gema em pó e ovos inteiros e 2,58 kGy para clara em pó e suficiente para reduzir *S*. Enteritidis para níveis seguros.

Termos para indexação: Bactéria; eliminação; alimento em pó.

INTRODUCTION

Each year, the poultry industry produces millions of eggs in fresh, frozen, and dehydrated forms. In addition to their high nutritional value, eggs are one of the most affordable sources of animal protein; and because of their functional properties, they are an ingredient in myriad food products.

In the food industry, pasteurized, frozen, or dehydrated eggs are preferred to shelled eggs because of comparable taste, color, nutritional value, and functional properties; and they provide superior quality, increased stability, and uniformity. Furthermore, frozen or dehydrated eggs are more economical to handle, require reduced storage space, and are easily portioned (Anonimous, 1998).

Of the microorganisms found in eggs and their derivatives, *Salmonella* genus merits attention due to the number of outbreaks it causes because of the consumption of undercooked eggs (Patrick et al., 2004).

Although *Salmonella* cannot actively multiply in water below 0.92, *Salmonella* can survive for long periods in eggs (D'Aoust; Maurer; Bailey, 2001). The survival of *S.* Enteritidis in powdered eggs has been observed in 35% of samples analyzed in the United States, 10% of those analyzed in Great Britain, and 55% of Canadian samples (International Commission on Microbiological Specifications for Foods, 1996). Radkowski (2002),

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observed that, depending on hygiene and available technology, contamination of Polish samples ranged from 9.9 to 55%.

Salmonellosis is a disease caused by *S*. Enteritidis, transmitted in food, which emerged mainly during the 1980s. In 1976, the incidence of *S*. Enteritidis was 0.55 per 100,000 people representing only 5% of all isolates, in 1985 this ratio reached 2.4 per 100,000 (Patrick et al. 2004), representing 10% of all known isolates.

Tavechio et al. (1996), reported a significant increase from 1993 of the isolation of *S*. Enteritidis in clinical samples in Brazil. According to Silva and Duarte (2002), this increase is due to the import of contaminated poultry and the expanded production of the Brazilian poultry industry.

In an attempt to reduce problems arising from contamination by microorganisms, whole eggs, egg whites, and egg yolks are subjected to pasteurization or pasteurization followed by dehydration. In developing countries, 14 to 30% of eggs are converted into pasteurized liquid or dried egg products (Dias; Ajzental; Calil, 2002).

Although dehydration during the production of egg powder reduces contamination, some microorganisms can survive and may develop in favorable conditions of the food product to which the egg is added (Dóka; Kispéter; Bicanic, 1997).

Due to the possible survival of contaminants, including *Salmonella* in eggs, studies of conservation methods, that increase the microbiological safety and product shelf life, are warranted. Irradiation is a possible method to reduce *Salmonella* to safe levels.

Irradiation is attractive for heat-sensitive products such as eggs. While considerably reducing the transmission of food-borne infectious diseases, such as salmonellosis, the temperature is not increased and changes in aroma, flavor, color, and nutrition are minimized (Radomysky et al., 1994). This process is used in some countries to treat frozen, liquid, powdered, and shell eggs (International Atomic Energy Agency -IAEA, 1998; Hyun et al., 2010; RODRIGUES *et al.*, 2011; and MIN *et al.*, 2012), but some aspects remain to be studied.

The objectives of this research were to determine radio resistance of *Salmonella* Enteritidis in spiked, powdered egg yolk, egg white, and whole egg samples, and evaluate the feasibility of this process by sensory analysis.

MATERIAL AND METHODS

Sensory analysis

Samples (50 g) of powdered egg yolk, egg white, or whole egg were stored in polyethylene. Samples were kept

at room temperature until irradiation, and were exposed to doses of 0.5, 1.0, 1.5, 2.0, 2.5, 3.0, 3.5, or 4.0 kGy.

Following irradiation, samples and non-irradiated controls were analyzed by the Descriptive and Quantitative Analysis (DQA) (Stone; Siedes, 1985). This evaluation considered the smell and flavor of raw and cooked egg products.

The trained panelists evaluated the odor and flavor of irradiated and non-irradiated products using the following scale:

- (9) Significantly stronger than the standard
- (8) Much stronger than the standard
- (7) Moderately stronger than the standard
- (6) Slightly stronger than the standard
- (5) Equal to the standard
- (4) Slightly weaker than the standard
- (3) Moderately weaker than the standard
- (2) Much weaker than the standard
- (1) Significantly weaker than the standard

To assess the taste of the product, samples were reconstituted with water (one part egg in three parts water) containing salt and were cooked for two minutes in a microwave oven.

The results of each attribute, from each taster, were statistically evaluated with Analysis of Variance (ANOVA), and averages were compared with Dunnett's test, both at 5% probability.

The parameters L (luminosity), a (red +, green -), and b (blue +, yellow -), all of which are related to color, were determined with a Minolta spectrophotometer (model CM. 5 089, Japan).

Inoculation and irradiation of samples

A pool was prepared containing three strains of *S*. Enteritidis (*S*. Enteritidis ATCC 13070, *S*. Enteritidis isolated from raw eggs, and *S*. Enteritidis isolated from raw meat) in trypticase soy broth, with 0.6% yeast extract (TSBYE), and it was incubated at 37 °C for 24 hours. Then, 1 mL of culture (109 to 1010 CFU mL-1) was added to 99 g of powdered egg yolk, egg white, or whole egg for a final concentration of 107 to 108 CFU g-1, homogenized with a sterile glass rod. After homogenization, the samples were divided in 25-g aliquots in polyethylene packets and stored at room temperature until irradiation. The irradiation doses were the same as for the sensory analysis.

After irradiation, 25 g of the product were homogenized in 225 mL of TSBYE for 30 seconds using a Stomacher piston homogenizer (Seward, London, UK), and incubated at 37 °C for one hour to allow injured cells to recover (Ray, 1989). Successive decimal dilutions were

made in 0.85% NaCl. Three successive dilutions were cultured in duplicate in TSAYE and incubated at 37 °C for 48 hours. Three colonies from each plate were subjected to EPM, milli and citrate (Enterokit B, Probac), testing and subsequently confirmed by agglutination with polyvalent serum for *Salmonella*, (Probac of Brasil, São Paulo, BR). The number of bacteria was reported as CFU/g.

RESULTS AND DISCUSSION

Sensory analysis

The cooked odor and taste of the powdered egg yolk were slightly to moderately less favorable in samples exposed to doses above 2.0 kGy or 1.5 kGy, respectively (Table 1).

Irradiation caused the odor and taste to differ in powdered yolk samples exposed to 0.5 kGy. The odor change of irradiated raw yolk varied from slightly to moderately stronger than the control. The change in odor and taste of the cooked yolk was slightly and moderately weaker, respectively, in samples exposed to doses above 2.0 kGy (cooked odor) or above 1.5 kGy (cooked flavor) (Table 1).

The odor of irradiated, uncooked, powdered egg white samples changed minimally, varying from slightly weaker to moderately stronger than the control (Table 2), and the odor and taste of cooked egg whites had similar results.

The odor of raw powdered whole egg samples was moderately stronger at a dose of 2.5 kGy. Both the odor and taste of cooked whole eggs had minimal changes and were evaluated as slightly stronger at doses equal to and above 3.5 kGy (Table 3).

These results are similar to those of Katusin-Razem et al., (1989); changes in sensory attributes were not observed for whole egg powder exposed to 2.4 kGy in the presence of oxygen. However, even without oxygen, the product remained unchanged when exposed to 5.0 kGy. The presence of oxygen encourages the production of free radicals, which are responsible for reactions that change the taste and odor of irradiated foods.

The yolk was the most sensitive egg product to irradiation. This result can be explained by the chemical composition of the yolk. The higher lipid content in the yolk, compared to the egg white, caused changes in taste of the irradiated, cooked product. Cooked egg white exposed to 2.5 kGy did not differ significantly in taste compared to the control (Table 2), though the difference between the yolk samples and the control were statistically significant (Table 1).

Ijichi et al. (1964) and Grim and Goldblith (1965), reported changes in taste of irradiated whole eggs. MA et al. (1993), detected a change in the odor of irradiated frozen yolks, which intensified with increasing doses of irradiation, though a change was not observed in frozen egg whites. This was explained by modification of yolk lipoproteins, which are more sensitive to radiation than proteins in the egg white.

Differences were not observed in the luminosity of powdered yolk samples, but the red and yellow decreased at doses of 2.0 and 2.5 kGy, respectively (Table 4). MA et al. (1993), Huang, Herald an Mueller (1997), Ferreira and Del Mastro (1998), and Du and Ahn (2000), observed similar changes in irradiated powdered yolk.

Table 1: Evaluation of raw flavor	, cooked flavor, and	d cooked taste	of powdered y	yolk exposed to	o different doses of
gamma radiation.					

Dose (kGy)	Raw odor	Cooked odor	Cooked Taste
0.0	5.00bc*	5.00bac	5.00ba
0.5	6.00a	5.62a	5.62a
1.0	5.62ba	5.62a	6.37a
1.5	6.00a	5.25ba	4.37bc
2.0	5.37bc	4.62bc	4.00dc
2.5	4.62d	4.37c	3.37d
3.0	5.62ba	4.37c	3.37d

⁽⁹⁾ significantly stronger than the standard; (8) much stronger than the standard; (7) moderately stronger than the standard; (6) slightly stronger than the standard; (5) equal to the standard; (4) slightly weaker than the standard; (3) moderately weaker than the standard; (1) significantly weaker than the standard.

^{*} Different letters in the same column mean that there was a significant difference compared to the control sample (Dunnett's test at 5% probability).

Table 2: Evaluation of raw odor, cooked odor, and cooked flavor of powdered egg whites exposed to different doses of gamma radiation.

Dose (kGy)	Raw odor	Cooked odor	Cooked taste
0.0	5.00dc*	5.00cb	5.00cb
0.5	4.50d	4.25cd	4.25cd
1.0	5.50bc	5.00cb	5.00cb
1.5	5.12dc	4.00d	4.00d
2.0	5.63bac	4.25cd	4.25cd
2.5	6.25a	5.25b	5.25b
3.0	6.00ba	6.50a	6.50a

⁽⁹⁾ significantly stronger than the standard; (8) much stronger than the standard; (7) moderately stronger than standard; (6) slightly stronger than the standard; (5) equal to the standard; (4) slightly weaker than the standard; (3) moderately weaker than the standard; (2) much weaker than the standard; (1) significantly weaker than the standard.

Table 3: Evaluation of the raw odor, cooked odor, and cooked taste of powdered whole egg exposed to different doses of gamma radiation.

Dose (kGy)	Raw odor	Cooked odor	Cooked taste
0.0	5.00c*	5.00b	5.00c
0.5	5.75b	5.00b	5.00c
1.0	6.00b	5.12b	5.00c
1.5	6.00b	5.75a	5.25cb
2.0	6.00b	5.75a	5.50b
2.5	7.00a	5.50ba	5.50b
3.0	7.00a	5.75a	5.00c
3.5	6.75a	6.00a	6.00a
4.0	7.00a	6.00a	6.00a

⁽⁹⁾ significantly stronger than the standard; (8) much stronger than the standard; (7) moderately stronger than standard; (6) slightly stronger than the standard; (5) equal to the standard; (4) slightly weaker than the standard; (3) moderately weaker than the standard; (2) much weaker than the standard; (1) significantly weaker than the standard.

The parameters "L" and "b" did not change in irradiated powdered egg white. The parameter "a" had negative values, suggesting a green color. This is because egg whites have no carotene, which provides the red color of the yolk (Table 5). For irradiated powdered whole egg samples, a difference compared to the non-irradiated control was only observed in the parameter "b" when treated with 3.0 kGy (Table 6).

Powdered whole egg was more stable in color when irradiated due to the lower concentration of carotenoids compared with powdered yolk.

Color changes of powdered yolk and whole eggs are likely caused by the degradation of carotenoids, which increases with the radiation dose. Katusin-Razem, Mihaljivic and Razem (1992), observed a reduction of 49% of the carotenoids in powdered whole egg when treated with 9.0 kGy, and an even greater reduction in powdered yolks.

^{*} Different letters in the same column mean that there was a significant difference compared to the control sample (Dunnett's test at 5% probability).

^{*} Different letters in the same column mean that there was a significant difference compared to the control sample (Dunnett's test at 5% probability).

Table 4: Average of "L", "a" and "b" values for powdered yolk samples exposed to different doses of gamma radiation.

Dose (kGy)	"L"	"a"	"b"
0.0	86.38a*	6.01a	40.49a
0.5	86.23a	6.18a	39.35a
1.0	85.83a	5.97a	38.89ba
1.5	85.71a	5.79a	37.54bac
2.0	85.30a	4.20cb	35.04bac
2.5	85.28a	3.33cb	30.84bdc
3.0	85.06a	3.22cb	30.05dc

[&]quot;L" represents the luminosity: a higher value indicates a clearer sample; "a" refers to the colors red (+) and green (-); "b" represents the colors yellow (+) and blue (-).

Table 5: Average "L", "a" and "b" values for powdered egg white samples exposed to different doses of gamma radiation.

Dose (kGy)	"L"	"a"	"b"
0.0	92.82a*	-0.69a	16.17a
0.5	94.04a	-0.75a	16.34a
1.0	92.79a	-0.76a	16.40a
1.5	94.16a	-0.77a	16.78a
2.0	93.68a	-1.03b	16.24a
2.5	93.74a	-0.77a	17.03a
3.0	92.52a	-0.66a	16.92a

[&]quot;L" represents the luminosity: a higher value indicates a clearer sample; "a" refers to the colors red (+) and green (-); "b" represents the colors yellow (+) and blue (-).

Table 6: Average values of "L", "a" and "b" for powdered whole egg samples exposed to different doses of gamma radiation.

Dose (kGy)	"L"	"a"	"b"
0.0	87.75a*	4.73a	23.06bdc
0.5	87.60a	4.67ba	22.81dc
1.0	87.67a	4.39ba	22.63dc
1.5	87.43a	4.48ba	22.46d
2.0	87.26a	4.31ba	22.80dc
2.5	86.44a	4.74a	23.79ba
3.0	86.39a	4.72a	24.00a
3.5	86.41a	4.73a	24.21a
4.0	8.27a	4.25b	23.46bac

[&]quot;L" represents the luminosity: a higher value indicates a clearer sample; "a" refers to the colors red (+) and green (-); "b" represents the colors yellow (+) and blue (-).

^{*}Different letters in the same column mean that there was difference compared to the control (Dunnett's test at 5% probability).

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Reduction of the population of *S.* Enteritidis by gamma radiation

A maximum dose of 4.0 kGy resulted in a reduction of 5.7 log cycles in the *S*. Enteritidis population (Figure 1) in powdered egg yolks.

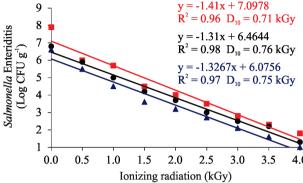


Figure 1: Behavior of *Salmonella* Enteritidis inoculated in powdered yolk samples, subjected to gamma radiation with doses of 0.0; 0.5; 1.0; 1.5; 2.0; 2.5; 3.0; 3.5 and 4.0 kGy (three replicates).

The values of decimal reduction doses for powdered yolk varied from 0.71 to 0.76 kGy (Figure 1), this may be due to the lower water content of the yolk powder.

Powdered egg white samples treated with 3.0 kGy had a reduction of 3.8 log cycles (Figure 2), lower than observed for the powdered yolk (Figure 1). This suggests interference of the chemical composition of the product with the effectiveness.

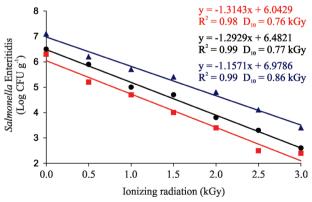


Figure 2: Behavior of *Salmonella* Enteritidis inoculated in egg white powder samples, subjected to gamma radiation with doses of 0.0; 0.5; 1.0; 1.5; 2.0; 2.5 and 3.0 kGy (three replicates).

The D_{10} values for S. Enteritidis of the powdered egg white samples varied from 0.76 to 0.86 kGy (Figure 2), similar to the values observed for powdered yolk. This similarity may result from the chemical composition of these substances. While the yolk has a high lipid content, which interferes with the effects of radiation on microorganisms, egg whites have a high protein content, which can also protect the microbes.

A dose of 2.0 kGy resulted in a reduction of 3 log cycles in the *S*. Enteritidis population (Figure 3) in powdered whole egg samples, which is in agreement with Bomar (*apud* Farkas, 1998), and Katusin-Razem et al. (1989), who observed that similar doses had the same effects without altering the sensory characteristics of the product.

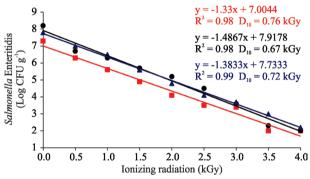


Figure 3: Behavior of *Salmonella* Enteritidis inoculated in powdered whole egg samples subjected to gamma radiation at doses of 0.0; 0.5; 1.0; 1.5; 2.0; 2.5; 3.0; 3.5 and 4.0 kGy (three replicates).

The dose decimal reduction for *S*. Enteritidis inoculated in powdered whole eggs varied from 0.67 to 0.76 kGy (Figure 3), similar to those found for yolk powder.

The results obtained for powdered yolk, egg white, and whole eggs differed from the findings of Thornley (*apud* Farkas, 1998), which indicated that irradiated powdered whole eggs inoculated with *Salmonella* had D₁₀ values of 0.60 kGy, lower than the result in our study. Results of Kohler, Hubner et al. and Krautschick et al. (1989), for *S.* Agonna and *S.* Tennessee, were 0.95 and 1.07 kGy, respectively, for the same product, those values are greater than what was observed in our study.

According to Humphrey et al. (1989), *Salmonella* spp population in eggs does not exceed 10³ CFU g⁻¹. Therefore, the dose needed to reduce the population

to undetectable levels is 2.28 kGy for powdered yolk and whole eggs, and 2.58 kGy for powdered egg white. However, the product's tolerated dose is 4.0 kGy, under which the untrained consumer is likely unable to detect the slight to moderate sensory attribute differences.

CONCLUSIONS

A dose of 2.0 kGy resulted in flavor and light to moderate odor changes of egg yolk in powdered samples, compared to the non-irradiated control, as minimum differences were observed in powdered egg samples. Egg yolk powder was the most sensitive product to the process studied due to the presence of large amounts of lipids. To eliminate contamination with *S*. Enteritidis in egg powder, egg yolk powder, and egg white powder, we recommend a maximum dose of 2.28 kGy, to ensure the safety of these products without changing significantly their sensory characteristics. The changes as determined by a panel of experts were slightly or moderately stronger or weaker. These would likely be unnoticed by the consumer, as egg products are frequently used as ingredients in other foods.

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