HBV AND HCV SEROLOGICAL MARKERS IN PATIENTS WITH THE HEPATOSPLENIC FORM OF MANSONIC SCHISTOSOMIASIS

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ABSTRACT – Context - Blood transfusion is one of the major risk factors for the transmission of the hepatitis B (HBV) and C (HCV) viruses. However, there are no reports describing the endoscopic transmission of these viruses in patients with the hepatosplenic form of schistosomiasis. Objective - To estimate the prevalence of serological markers of HBV and HCV in patients with the hepatosplenic form of schistosomiasis and evaluate the possible risk factors associated with these infections. Methods - A cross-sectional study was conducted on 230 patients with hepatosplenic form of schistosomiasis who attended a university hospital in Recife, Northeastern Brazil, from February to August 2008. The patients answered a standardized questionnaire about risk factors. Serum samples were analyzed for anti-HBc total, anti-HBs, HBsAg, and anti-HCV using enzyme-linked immunosorbent assays. Univariate analysis and multiple logistic regression were performed. Results - The prevalence was 30% for anti-HBc total and/or HBsAg and 7.4% for anti-HCV. There was a higher frequency of the serological markers in females and in patients aged ≥50 years. A significant association was detected between the presence of anti-HCV and the receipt of six or more blood transfusions. There was no association of history and number of digestive endoscopies with the serological markers analyzed. Conclusions - We observed a higher prevalence of serological markers for HBV and a lower prevalence of anti-HCV. Our results indicate that females and patients of an advanced age are the most affected categories and that patients that received multiple transfusions are at a higher probability of HCV infection.

HEADINGS – Biological markers. Hepatitis B. Hepatitis C. Schistosomiasis mansoni.

INTRODUCTION

Schistosomiasis remains one of the most prevalent parasitic infections in Brazil, which is considered one of the largest endemic foci of *Schistosoma mansoni*, and it is estimated that 6 to 8 million Brazilians are infected and 30 million are at risk of infection⁽²⁴⁾.

In the Northeast of Brazil, especially in Pernambuco, Alagoas, and Bahia states, the highest prevalence of chronic mansonic schistosomiasis is observed, with more than 90% of patients presenting the mild form and 4%-10% presenting the severe form of the disease, denominated hepatosplenic⁽¹⁷⁾.

Studies point to the worsening of the clinical state of schistosomiasis due to infection with viral hepatitis because of the increased frequency of jaundice, ascites and liver failure. Additionally, there is an increase in viral persistence and the liver fibrosis develops more quickly^(13, 31). All of these

factors contribute to the development of aggressive chronic liver disease.

Egypt has the highest worldwide prevalence for the concomitant infection of schistosomiasis and viral hepatitis, where the rates vary from 19.6%-64% for the hepatitis B virus (HBV) and 10.3%-67% for the hepatitis C virus (HCV)^(1, 10).

In Brazil, concomitant infection has a lower prevalence; however, higher rates are observed in patients from hospitals, varying from 10.2%-15.8% for HBV and 0.5%-19.66% for HCV^(2,7,23).

In Pernambuco, a higher frequency of serological markers of these hepatitis was observed in patients with the hepatosplenic form of schistosomiasis (HSS), varying from 13.6%-40% for HBV and 11.9%-20% for HCV^(18, 19, 30).

Blood transfusions in patients with HSS, carried out due to episodes of upper gastrointestinal bleeding, represent a important risk factor for the transmission

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of HBV and HCV⁽²⁸⁾. Reports of probable interpersonal transmission of HBV and HCV through digestive endoscopy raised concerns regarding the endoscopic procedures^(6,8). Since patients with HSS often undergo periodic upper endoscopy for the evaluation and treatment of esophageal varices, this intervention may be a risk factor for the transmission of these viruses.

Given the clinical relevance of schistosomiasis, especially in the Northeast of Brazil where its prevalence is high, the objective of this study was to estimate the frequency of HBV and HCV serological markers in patients with HSS and to evaluate the possible risk factors associated with these infections.

METHODS

Study site and patient selection

We enrolled patients who attended the Gastroenterology Outpatient Clinic at the Clinics Hospital, Federal University of Pernambuco, Recife, PE, Brazil, from February to August 2008. The study included patients of both genders who were diagnosed with HSS, confirmed by the clinical history of the patients (contact with water from a *Schistosoma mansoni* endemic area or with a history of treatment for schistosomiasis) and the presence of hepatosplenomegaly in a physical examination, combined with evidence of portal hypertension and periportal fibrosis (Symmers' fibrosis) by ultrasound or a previous splenectomy.

It was excluded patients presenting with symptoms of other liver diseases and those with other clinical forms of schistosomiasis. From the 238 invited patients, 8 refused to participate and the remaining 230 patients signed an informed consent statement.

This cross-sectional study was approved by the Ethics Committee of Research from the Health Sciences Center, Federal University of Pernambuco, Brazil (research protocol number: 373/07).

Data collection

Through a standardized questionnaire, data were collected from each patient, including gender, age and the following potential risk factors for the transmission of HBV and HCV: history, period (before or after 1993) and number of blood transfusions, history and number of digestive endoscopies, history of sclerotherapy or elastic ligation of esophageal varices, history of surgery, history of splenectomy, history of dental treatment, presence of tattoos/piercing, history of intravenous drug use, frequency of male condom use and history of intercourse with other men.

Collection of blood samples and serology for the hepatitis B and C viruses

It was collected 10 mL of blood by venipuncture from each patient using tubes without anticoagulant. Sera were obtained by centrifugation of blood and stored at -20°C until the serologic tests were performed.

Serological markers for HBV and HCV were investigated using commercially available enzyme-linked immunosorbent assays according to the manufacturer's instructions.

All samples were tested for anti-HBc total (Monolisa Anti-HBc Total Plus; Bio-Rad Laboratories, France) and anti-HBs (anti-HBs Monolisa Plus; Bio-Rad Laboratories, France). Only the samples reactive for anti-HBc total and non-reactive for anti-HBs were tested for HBsAg (HBsAg Hepatitis B; Wiener Lab, Argentina). The presence of anti-HCV was investigated using the Hepatitis C anti-HCV (Wiener Lab, Argentina).

Statistical analysis

Data from each patient were analyzed using the Epi Info program version 6.04, where tests of association between the positivity of serological markers and each variable of the study were verified using the prevalence ratio (PR) and the 95% confidence interval (95% CI).

The chi-square (χ^2) and Fischer's exact test were used, when appropriate, to determine whether the associations were statistically significant. Statistical significance was considered for *P*-values <0.05. In order to monitor the confusion effect, all of these associations were adjusted for age.

The variables that showed a significance probability less than 20% (P<0.20) in univariate analysis were analyzed using the multiple logistic regression type forward in SPSS for Windows v. 11.0.1.

RESULTS

Among the analysed patients, 58.7% (135/230) were females and the mean age was 55 ± 12.6 years. In respect to the age group distribution, 71.7% (165/230) were ≥ 50 years.

The prevalence of serological markers of HBV was 30% (69/230), considering the positivity of anti-HBc total and/or HBsAg. We emphasize that 66.5% of patients showed no viral markers and were considered susceptible to HBV infection. The anti-HBs alone was found in 3.5% of patients (Table 1), whereas the prevalence of anti-HCV was 7.4% (17/230).

TABLE1. Prevalence of serological markers for HBV in patients with the hepatosplenic form of schistosomiasis

| Sanalaciaal mankana | Positivity | | | |
|---------------------------|------------|-------|--|--|
| Serological markers - | Frequency | % | | |
| Anti-HBc total alone | 26 | 11.3 | | |
| Anti-HBc total + HBsAg | 07 | 3.0 | | |
| Anti-HBc total + Anti-HBs | 36 | 15.7 | | |
| Anti-HBs alone | 08 | 3.5 | | |
| No viral markers | 153 | 66.5 | | |
| Total | 230 | 100.0 | | |

Tables 2 and 3 show the associations between the variables related to patients with HSS and the anti-HBc total and/or HBsAg and anti-HCV markers after adjustment for age of univariate analysis.

TABLE 2. Association of variables related to patients with the hepatosplenic form of schistosomiasis, according to positivity for anti-HBc total and/ or HBsAg

| Variable | Anti-HBc total and/or HBsAg | | | | | | |
|------------------------|-----------------------------|----------|-------|----------|------|------------|-------|
| | Pos | Positive | | Negative | | | |
| | Freq. | % | Freq. | % | – PR | CI 95% | P |
| Gender | | | | | | | |
| Female ¹ | 35 | 25.93 | 100 | 74.07 | 1 | | |
| Male | 34 | 35.79 | 61 | 64.21 | 1.41 | 0.95-2.09 | 0.060 |
| Blood transfusion | | | | | | | |
| Yes | 43 | 29.86 | 101 | 70.14 | 1.01 | 0.67-1.52 | 0.547 |
| No^1 | 26 | 30.23 | 60 | 69.77 | 1 | | |
| Number of transfusions | | | | | | | |
| None ¹ | 26 | 30.23 | 60 | 69.77 | 1 | | |
| 1–5 | 33 | 30.6 | 75 | 69.4 | 1.05 | 0.68-1.62 | 0.478 |
| 6 or more | 10 | 27.8 | 26 | 72.2 | 0.93 | 0.49-1.76 | 0.500 |
| Digestive | | | | | | | |
| Endoscopy | | | | | | | |
| Yes | 68 | 30.49 | 155 | 69.51 | 2.13 | 0.35-13.09 | 0.326 |
| No^1 | 01 | 14.29 | 06 | 85.71 | 1 | | |
| Number of endoscopies | | | | | | | |
| None ¹ | 01 | 14.29 | 06 | 85.71 | 1 | | |
| 1–5 | 38 | 34.55 | 72 | 65.45 | 2.42 | 0.39-15.1 | 0.255 |
| 6 or more | 30 | 26.55 | 83 | 73.45 | 1.89 | 0.31-11.7 | 0.406 |
| Sclerotherapy | | | | | | | |
| Yes | 33 | 27 | 89 | 73 | 0.82 | 0.55-1.22 | 0.206 |
| No^1 | 36 | 33.3 | 72 | 66.7 | 1 | | |
| Elastic ligation of | | | | | | | |
| esophageal varices | | | | | | | |
| Yes | 10 | 28.6 | 25 | 71.4 | 0.95 | 0.54-1.66 | 0.509 |
| No^1 | 59 | 30.3 | 136 | 69.7 | 1 | | |
| Surgery | | | | | | | |
| Yes | 52 | 28.6 | 130 | 71.4 | 0.81 | 0.52-1.26 | 0.231 |
| No^1 | 17 | 35.4 | 31 | 64.6 | 1 | | |
| Splenectomy | | | | | | | |
| Yes | 23 | 21.9 | 82 | 78.1 | 0.61 | 0.4-0.93 | 0.013 |
| No^1 | 46 | 36.8 | 79 | 63.2 | 1 | | |
| Dental treatment | | | | | | | |
| Yes | 67 | 30.3 | 154 | 69.7 | 1.39 | 0.4-4.76 | 0.448 |
| No^1 | 02 | 22.2 | 07 | 77.8 | 1 | | |
| Use of male condoms | | | | | | | |
| Always ¹ | 07 | 43.75 | 09 | 56.25 | 1 | | |
| Sometimes | 21 | 29.17 | 51 | 70.83 | 0.54 | 0.28-1.03 | 0.089 |
| Never | 41 | 28.87 | 101 | 71.13 | 0.64 | 0.35-1.17 | 0.159 |

¹Reference group; Freq.: frequency; PR: prevalence ratio 95%; CI 95%: confidence interval

Serological markers were more frequently observed in females, representing 50.7% (35/69) and 58.8% (10/17) of the total positive cases for HBV and HCV, respectively. After adjusting for age, there was a greater probability for the presence of HBV markers in males, approaching statistical significance (Table 2).

To variable age, which was grouped by age group, there was higher frequency of patients ≥50 years with positive

serological markers of HBV (PR: 1.38; CI95%: 0.81-2.11; P = 0.337) and HCV (PR: 2.95; CI95%: 0.7-12.6; P = 0.162), however this difference was no statistically significant.

A significant association was detected between the presence of anti-HCV and the receipt of six or more blood transfusions (Table 3).

There was no evidence of association between history and number of digestive endoscopies, history of sclerotherapy

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TABLE 3. Association of variables related to patients with the hepatosplenic form of schistosomiasis, according to positivity for anti-HCV

| Variable | | | | Anti-HCV | | | |
|------------------------|----------|-------|----------|----------|------|-----------|-------|
| | Positive | | Negative | | PR | 95% CI | P |
| | Freq. | % | Freq. | % | FK | 95% CI | Γ |
| Gender | | | | | | | |
| Female ¹ | 10 | 7.41 | 125 | 92.59 | 1 | | |
| Male | 07 | 7.37 | 88 | 92.63 | 0.95 | 0.37-2.39 | 0.550 |
| Blood transfusion | | | | | | | |
| Yes | 13 | 9.03 | 131 | 90.97 | 2.08 | 0.7-2.25 | 0.134 |
| No^1 | 04 | 4.65 | 82 | 95.35 | 1 | | |
| Number of transfusions | | | | | | | |
| None ¹ | 04 | 4.65 | 82 | 95.35 | 1 | | |
| 1–5 | 06 | 5.56 | 102 | 94.44 | 1.30 | 0.37-4.54 | 0.467 |
| 6 or more | 07 | 19.44 | 29 | 80.56 | 4.40 | 1.37-14.1 | 0.012 |
| Period of transfusion | | | | | | | |
| None ¹ | 04 | 4.65 | 82 | 95.35 | 1 | | |
| Before 1993 | 09 | 12.9 | 61 | 87.1 | 2.76 | 0.89-8.7 | 0.061 |
| After 1993 | 04 | 5.4 | 70 | 94.6 | 1.47 | 0.69-5.56 | 0.417 |
| Digestive | | | | | | | |
| endoscopy | | | | | | | |
| Yes | 17 | 7.62 | 206 | 92.38 | _5 | | |
| No^1 | 00 | 00 | 07 | 100 | 1 | | |
| Number of endoscopies | | | | | | | |
| None ¹ | 00 | 00 | 07 | 100 | 1 | | |
| 1-5 | 11 | 10 | 99 | 90 | _5 | | |
| 6 or more | 06 | 5.31 | 107 | 94.69 | _5 | | |
| Sclerotherapy | | | | | | | |
| Yes | 8 | 6.6 | 114 | 93.4 | 0.83 | 0.33-2.06 | 0.437 |
| No^1 | 9 | 8.3 | 99 | 91.7 | 1 | | |
| Elastic ligation | | | | | | | |
| of esophageal varices | | | | | | | |
| Yes | 1 | 2.9 | 34 | 97.1 | 0.35 | 0.05-2.53 | 0.233 |
| No^1 | 16 | 8.2 | 179 | 91.8 | 1 | | |
| Surgery | | | | | | | |
| Yes | 15 | 8.24 | 167 | 91.76 | 2.0 | 0.48-8.42 | 0.261 |
| No^1 | 02 | 4.17 | 46 | 95.83 | 1 | | |
| Splenectomy | | | | | | | |
| Yes | 9 | 8.6 | 96 | 91.4 | 1.44 | 0.58-3.58 | 0.292 |
| No ¹ | 8 | 6.4 | 117 | 93.6 | 1 | | ,- |
| Dental treatment | | | | | | | |
| Yes | 17 | 7.7 | 204 | 92.3 | _5 | | |
| No^1 | 00 | 0 | 09 | 100 | 1 | | |

¹Reference group. Freq.: frequency; PR: prevalence ratio 95%; CI 95%: confidence interval; PR undefined

or elastic ligation of esophageal varices. An association was identified between the history of splenectomy and the detection of anti-HBc total and/or HBsAg markers (Table 2).

Among the seropositives for HBV or HCV, there was not found history of intravenous drug use or the presence of tattoos and/or piercing. Only two patients were identified with a history of intercourse with other men, one was positive for anti-HBc total alone and the other one was positive for anti-HBc total and anti-HBs markers.

The variables gender, age and history of splenectomy demonstrated a significance probability below 20% (P<0.20) in univariate analysis for HBV, were included in a multiple logistic regression type forward. After multivariate analysis, only a history of splenectomy remained as a protective factor for the presence of anti-HBc total and/or HBsAg (Odds Ratio = 0.49, 95% CI: 0.27-0.89, P = 0.020). Additionally, serological markers for both viruses were simultaneously identified in eight patients, revealing a prevalence of 3.5% for HBV/HCV coinfection.

DISCUSSION

Compared to other Brazilians studies of patients with HSS, the 30% prevalence of anti-HBc total and/or HBsAg was higher in this study, whereas the 7.4% prevalence of anti-HCV was lower^(2, 7, 23, 30).

The prevalence of HBV and HCV serological markers in schistosomiasis patients ranging over according to origin of the patients involved and the endemic nature of parasitosis in the region evaluated.

Fieldwork studies detected a lower prevalence of these markers than identified in this report^(29,32) because the frequency of HSS is reduced, even in endemic areas, and ranges from 2%–7%⁽³⁾. Furthermore, these individuals are less exposed to the risk of HBV and HCV transmission since they are less likely to undergo diagnostic (digestive endoscopy) or therapeutic (blood transfusions) procedures than outpatients or hospitalized patients.

The high prevalence of these markers in Egyptian studies is due the parenteral treatment of schistosomiasis with reuse of inadequately sterilized syringes during the decades from 1920 to 1980, which is considered the main risk factor in this country⁽¹²⁾.

The presence of anti-HBc total alone in 11.3% of patients can be explained by false-positive reactions, the immunological window, late immunity expression (when the levels of anti-HBs decay below the limit of detection of the serological tests and anti-HBc remains positive) or the persistence of chronic infection⁽¹¹⁾.

Anti-HBc positivity can occur concomitantly with low HBV viral load during a chronic infection when HBsAg is not detected by serological methods. These cases could suggest an occult HBV infection⁽²⁵⁾. In this situation, only the polymerase chain reaction (PCR), which that detects viral genetic material, would elucidate the clinical condition of these individuals.

Regarding the low frequency of anti-HBs alone, the characteristic marker of vaccine response, we observed that part of the analyzed population came from country cities and belonged to a low social class that do not receive an HBV vaccination as routine practice. It is noteworthy that in the Reference Centers for Immunobiology Specials, the Brazilian Ministry of Health provides the HBV vaccine for patients with anatomical or functional asplenia and related diseases, among other indications, through the National Immunization Program.

Therefore, it would be recommend the serological screening and vaccination to the susceptible patients. Additionally, the high prevalence of HBV serologic markers observed in this study may be influenced by the lack of condom use in males that were positive for these markers.

The high prevalence of the serological markers in females and in patients aged ≥ 50 years reflects the profile of the patients attending at study site. However, other studies have identified a higher prevalence in men⁽²²⁾ also above 50 years⁽²⁾.

Males are more likely to be exposed to schistosomiasis due to increased contact with potentially contaminated water,

especially in occupational activities, such as agriculture⁽²⁶⁾. The large number of cases in patients of an advanced age reflects the cumulative exposure to risk factors, such as blood transfusions and surgeries, possibly made in the period before the inclusion of serological screening for HBV and HCV as obligatory hospital examinations.

The high frequency of blood transfusions among patients positive for the serological markers is in agreement with other studies^(13, 15), which showed that blood transfusion is one of the most important risk factors for the transmission of HBV and HCV.

Moreover, the number of transfusions received also represents an important risk factor for HCV infection, demonstrated by the significant association to the receipt of multiple transfusions. Likewise, the period in which the transfusions were received is important because before 1993 there was no serological screening for HCV in Brazil's blood banks. However, we did not observe an association with this variable because of the low frequency of anti-HCV in the study population.

The protective effect of splenectomy related to the presence of anti-HBc total and/or HBsAg was an unexpected finding. This procedure is considered of high complexity and requires a blood transfusion during surgery. In the majority of cases, it was probably executed in a period before the inclusion of serological screening for HBV; thus we can admit the hypothesis of HBV transmission by blood transfusion in these patients.

Therefore, this association may be under the influence of a survival bias. Since hepatitis B is one of the major factors for the more severe clinic evolution of schistosomiasis, the infected patients may have died, causing a reduction in the number of splenectomized patients positive for HBV markers and affecting the association between the variables.

It is also possible to consider that, once having undergone splenectomy, these patients have been protected against future upper gastrointestinal bleeding, which minimized the chance of exposure to infection through blood transfusions.

There is controversy in the scientific literature with respect to the association between the history of digestive endoscopy and presence of serological and molecular markers for HBV and HCV in patients without schistosomiasis. Some case-control studies indicated a high risk of HCV transmission through endoscopy^(9, 16), whereas prospective studies did not identify patients with seroconversion for HBV infection⁽²⁰⁾, as observed for HCV⁽²¹⁾, after having undergone the procedure.

Due to the lack of patients without a history of digestive endoscopy and positive serology for HCV in this study, we were unable to establish a significant association with this variable. However, we identified an increased probability of the presence of anti-HBc total and/or HBsAg in patients who underwent endoscopy, although it was not statistically significant.

Viral transmission during endoscopy can be attributed to mistakes made during the cleaning and disinfection of the device. Studies have demonstrated the contamination of endoscopes after procedures in HBV⁽⁵⁾ and HCV positives⁽²⁷⁾ patients.

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However, the viral genomes are eradicated when an effective device reprocessing is applied, as determined by PCR^(4, 14).

We conclude that this study revealed the higher prevalence of serological markers of HBV and the lower prevalence of anti-HCV in patients with HSS. Our results indicate that females and patients of an advanced age are the most affected categories and patients that received multiple transfusions are at a higher probability of HCV infection.

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Silva JLA, Souza VSB, Vilella TAS, Domingues ALC, Coêlho MRCD. Marcadores sorológicos do VHB e VHC em pacientes com esquistossomose mansônica na forma hepatoesplênica. Arq Gastroenterol. 2011;48(2):124-30.

RESUMO – Contexto - A transfusão sanguínea destaca-se entre os fatores de risco implicados na transmissão dos vírus das hepatites B (VHB) e C (VHC); entretanto não há relatos da transmissão endoscópica destes vírus em pacientes com esquistossomose na forma hepatoesplênica. Objetivo - Estimar a prevalência dos marcadores sorológicos do VHB e VHC em pacientes com esquistossomose hepatoesplênica e avaliar os possíveis fatores de risco associados a essas infecções. Métodos - Estudo do tipo transversal, com 230 pacientes com esquistossomose hepatoesplênica atendidos em um Hospital Universitário de Recife, PE, Brasil, no período de fevereiro a agosto de 2008. Os pacientes responderam a um questionário padronizado sobre os fatores de risco. Nas amostras de soro foram pesquisados o anti-HBc total, o anti-HBs, o HBsAg e o anti-VHC por ensaio imunoenzimático. As análises estatísticas utilizadas foram a univariada e a regressão logística múltipla. Resultados - Encontrou-se prevalência de 30% para anti-HBc total e/ou HBsAg e 7,4% para o anti-VHC. Houve maior frequência de pacientes positivos do sexo feminino e idade ≥50 anos para os marcadores analisados. Verificou-se associação significativa entre a presença do anti-HCV e a categoria de seis ou mais transfusões. Não foi constatada associação do antecedente e número de endoscopias digestivas com os marcadores sorológicos analisados. Conclusões - Constatou-se maior prevalência de marcadores sorológicos do VHB e menor prevalência para o anti-VHC. Evidenciou-se o sexo feminino e paciente de idade avançada como as categorias mais atingidas e maior probabilidade da infecção pelo VHC em pacientes politransfundidos.

DESCRITORES – Marcadores biológicos. Hepatite B. Hepatite C. Esquistossomose mansônica.

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