# A COMPARISON BETWEEN AVERAGED SPIKES AND INDIVIDUAL VISUALLY-ANALYZED SPIKES IN ROLANDIC EPILEPTIFORM DISCHARGES

Nadia I.O. Braga<sup>1</sup>, Gilberto M. Manzano<sup>1</sup>, João Antonio M. Nóbrega<sup>2</sup>

ABSTRACT - *Purpose*: This study compared some morphological features of individual rolandic epileptiform discharges, used to obtain an averaged estimate, with those of the resulting estimate. *Method*: Twenty-four averaged discharges from EEGs of 24 children showing rolandic spikes were compared with 480 individual discharges used in the averaging. The analysis was based on the occurrence of tangential dipole and "double spike" patterns. *Results*: In 15 averaged discharges the tangential dipole pattern was found. Individual spikes used in the averaging process displayed the same pattern in 35-100% of them; in the remaining 9 averaged discharges, up to 20% of the individual spikes showed the same pattern, although this was not found in the averaged waveforms. "Double spike" pattern was found in 11 of the averaged waveforms and was recognized in 50-100% of its individual discharges, whereas up to 45% of individual spikes showed this pattern without expression in the averaged waveform. *Conclusion*: When visually analyzing an EEG with rolandic spikes, caution should be exercised in characterizing these patterns, since a few discharges showing them may not be expressed in the averaged waveform and the clinical correlations proposed for these patterns may not apply.

KEY WORDS: EEG, rolandic epilepsy, tangential dipole, double spike.

# Comparação por análise visual entre as espículas promediadas e as espículas individuais nas descargas epileptiformes rolândicas

RESUMO - Objetivo: Comparar as características morfológicas das descargas epileptiformes rolândicas individuais usadas para se obter uma descarga promediada com a resultante promediada. Método: Vinte e quatro descargas promediadas dos EEG de 24 crianças com descargas epileptiformes rolândicas foram comparadas com as 480 descargas individuais utilizadas na promediação. A análise foi baseada na ocorrência de dipolo tangencial e "dupla espícula". Resultados: Em 15 descargas promediadas o dipolo tangencial estava presente. As espículas individuais usadas na promediação mostraram o mesmo padrão em 35-100% das descargas. Nas 9 descargas promediadas restantes, até 20% das descargas individuais apresentavam o padrão, embora este não estivesse presente na resultante promediada. O padrão "dupla espícula" foi encontrado em 11 descargas promediadas, tendo sido reconhecido em 50-100% das descargas individuais, enquanto até 45% das espículas individuais mostraram este padrão sem que este estivesse presente na resultante promediada. Conclusão: Quando se procede à analise visual de um EEG com descargas epileptiformes rolândicas é necessário cuidado na caracterização desses padrões, pois algumas descargas podem apresentá-los sem manter a sua expressão na resultante promediada e as correlações clínicas referentes a esse padrões podem não se aplicar.

PALAVRAS-CHAVE: EEG epilepsia rolândica, dipolo tangencial, espícula dupla.

Potential field distribution and morphological characteristics of the rolandic spikes has been studied by computerized analysis using spike averaging<sup>1-14</sup>. Some of these studies suggested the existence of a relationship between two EEG patterns and some clinical features. The association between the detection of tangential dipole pattern (maximal centrotemporal negativity and maximal frontal positivity) and typical clinical features of benign epilepsy of

childhood with centrotemporal spikes, including good prognosis, has been proposed<sup>1,2,4,10-14</sup>. On the other hand, the occurrence of "double spike" (a non stationary pattern characterized by an initial reversed tangential dipole polarity followed by the usual dipole pattern) was suggested to be related to an increased occurrence of epileptic seizures<sup>6-9</sup>.

Given these proposed associations, during EEG visual analysis, the characterization of these specific

Laboratory of Clinical Neurophysiology, Neurology and Neurosurgery Department, UNIFESP-EPM, São Paulo SP, Brazil: <sup>1</sup>Associate Professor; <sup>2</sup>Head of Department.

spike patterns (i.e. tangential dipole and occurrence of "double spike") become particularly important. However, the clinical utilization of these informations rests on the unproven assumption of the occurrence of these specific patterns in all the individual spikes observed through an entire EEG recording.

The aim of this study is to assess the relationship between the amount of individual spikes showing these patterns and its expression in the averaged waveform.

#### **METHOD**

Twenty-four patients, 14 between 10 and 12 years old (mean 11.1) and 9 between 7 and 9 years old (mean 8.5) were selected, based on the presence of epileptiform discharges with their maximum at the centrotemporal region, uni or bilaterally, on at least 1 EEG study, independent of the occurrence of specific discharge patterns.

Twenty-one channel digital EEG were recorded with electrodes placed according to the 10-20 system<sup>15</sup> including Fpz and Oz. Reference electrodes were placed on M1 and M2 positions<sup>16</sup>. Ag-AgCl disk electrodes were applied with conductive paste, keeping impedances below 5 kOhm. Twenty minutes of EEG were recorded, ten minutes during wakefulness, with eyes closed and ten minutes during sleep, simultaneously on the Nicolet Pathfinder Mega system and on the Easy digital electroencephalograph; this setting allowed the simultaneous visualization of all channels during the recordings. The EEG signal was recorded with a sensitivity of 10 V/mm, bandpass filtered from 0.5 to 70 Hz and sampled at 256 Hz.

The epileptiform discharges were analyzed during sleep, where they occurred more frequently. The twenty largest amplitude discharges of each tracing were selected, provided that the largest amplitude was measured on the same electrode; on those tracings with bilateral discharges only the more active focus was analyzed. The individual discharges were visually analyzed and classified according to the presence of tangential dipole, double spike or none of them. These same discharges were then averaged after manual alignment on the maximum amplitude peak, and the resulting waveform was classified on the same way.

The study was approved by the local ethic committee.

## **RESULTS**

In the 24 averaged spikes, tangential dipole was present in 15 and "double spike" morphology in 11. In the 15 averaged discharges classified as tangential dipole present, 35 to 100% of the individual spikes had the same pattern, while in the remaining nine averaged discharges (no tangential dipole), up to 20% of individual spikes presented the tangential dipole pattern.

In the 11 averaged spikes classified as "double spike", 50 to 100% of the individual spikes had the

same pattern, whereas up to 45% of the individual spikes had this pattern in the remaining 13 (no "double spike").

The findings from the individual patients are summarized in the Table 1. Illustrative recordings are shown in Figures 1 and 2.

#### DISCUSSION

Morphological aspects of rolandic spikes and clinical features have been studied for the two past decades, always based upon findings on averaged discharges<sup>1,4,6-9,13,14</sup>. The utilization of this information in the analysis of the individual epileptiform discharges, during visual analysis of an EEG, rests upon the supposition that all discharges display the same morphological features during an EEG recording. However, this assumption is hampered by arguments such as those forwarded by Yoshinaga et al.<sup>14</sup> that

Table 1. Averaged x individual patterns.

Case	Tange	Tangential dipole		"Double spike"	
No.	Aver.	Individ.*	Aver.	Individ.*	
1	+	17 (85%)	-	4 (20%)	
2	+	9 (45%)	-	9 (45%)	
3	+	11 (55%)	+	13 (65%)	
4	+	12 (60%)	+	12 (60%)	
5	+	10 (50%)	-	0 (0%)	
6	+	20 (100%)	+	20 (100%)	
7	-	0 (0%)	+	20 (100%)	
8	-	1 (5%)	-	6 (30%)	
9	-	1 (5%)	-	0 (0%)	
10	+	20 (100%)	-	9 (45%)	
11	+	12 (60%)	-	7 (35%)	
12	+	7 (35%)	+	10 (50%)	
13	+	11 (55%)	+	11 (55%)	
14	-	0 (0%)	-	4 (20%)	
15	-	0 (0%)	+	10 (50%)	
16	+	19 (95%)	+	10 (50%)	
17	-	0 (0%)	-	0 (0%)	
18	+	14 (70%)	-	6 (30%)	
19	+	20 (100%)	+	16 (80%)	
20	-	0 (0%)	+	10 (50%)	
21	+	20 (100%)	+	15 (75%)	
22	-	04 (20%)	-	5 (25%)	
23	-	1 (5%)	-	3 (15%)	
24	+	19 (95%)		0 (0%)	

<sup>\*,</sup> number of individual spikes showing the pattern (percentage);+, present; -, absent.

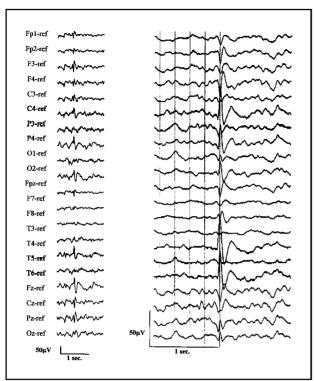


Fig 1. Example of tangential dipole (left rolandic spike). On the left: individual spike; on the right: averaged spike.

the precision of the estimated field is improved by averaging, because it removes the interactions between the discharges and the background activity, which implies that this could potentially distort the morphological characteristics of the discharge. Besides, it should be also reminded that the epileptiform discharges may show morphological differences related to minor changes of the epileptiform area from one discharge to another.

According to our results, the identification of "double spike" pattern in the averaged discharges relates to the frequent characterization (≥50%) of the pattern in a sample of individual spikes; for the characterization of the tangential dipole pattern in the averaged spike a smaller percentage (≥35%) of individual discharges showing this pattern is required.

In conclusion, our findings suggest that, when visually analyzing an EEG with rolandic spikes, caution should be exercised before the characterization of these patterns, since a few discharges showing them may not be expressed in the averaged waveform and the clinical correlations proposed for these patterns may not apply.

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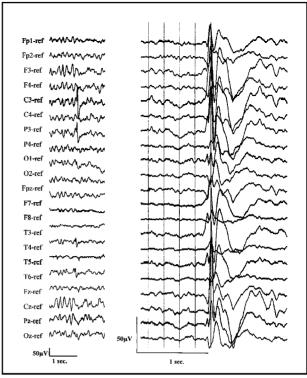


Fig 2. Example of double spike (left rolandic spike). On the left: individual spike; on the right: averaged spike.

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