CASE REPORT

HYDRONEPHROSIS IN SCHINZEL-GIEDION SYNDROME: AN IMPORTANT CLUE FOR THE DIAGNOSIS

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ALBANO LMJ et al. - Hydronephrosis in Schinzel-Giedion syndrome: an important clue for the diagnosis. **Rev. Hosp. Clín. Fac. Med. S. Paulo 59**(2):89-92, 2004.

Schinzel-Giedion syndrome is a rare autosomal recessive disorder characterized by coarse facies, midface retraction, hypertrichosis, multiple skeletal anomalies, and cardiac and renal malformations. Craniofacial abnormalities of this syndrome sometimes resemble a storage or metabolic disease. The pathogenesis of the disease remains unknown.

The objective of this report was to emphasize the importance of congenital bilateral hydronephrosis for the diagnosis of Schinzel-Giedion syndrome.

We describe the first Brazilian case of a newborn with typical facies, generalized hypertrichosis, cardiac and skeletal anomalies, and bilateral hydronephrosis detected during pregnancy and confirmed later by abdominal ultrasonography. Chromosomal constitution was normal.

Of the 35 cases already reported in the literature, 31 presented hydronephrosis, which is considered an important clue in diagnosis. If Schinzel-Giedion syndrome were indexed as a cause of congenital hydronephrosis, its identification would be greatly facilitated, since the majority of the other findings in Schinzel-Giedion syndrome are nonspecific and common to many genetic syndromes.

KEY WORDS: Schinzel-Giedion syndrome. Hydronephrosis. Midface hypoplasia.

Schinzel-Giedion syndrome (SGS), first described in 1978, is a rare syndrome characterized by midface retraction, hypertrichosis, multiple skeletal anomalies, and cardiac and renal malformations.

Some authors believe that if the syndrome identification were indexed as a cause of congenital hydronephrosis, its diagnosis would be considerably facilitated¹. In order to reinforce this opinion and the phenotypic spectrum of the syndrome, we resolved to report another case: the first Brazilian SGS patient. To date, more than 30 cases have been reported in the literature.

CLINICAL REPORT

We report a newborn female infant with bilateral hydronephrosis (Fig.1); the mother was a 29-year-old woman. There was no parental consanguinity nor family history of congenital abnormalities. The baby was born at term with a birth weight = 2.440 g (10th centile); length = 48 cm (50th centile), O.F.C.= 31 (<2.5 centile); inner canthal

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Received for publication on July 08, 2003.

distance = 2.3 cm (75th centile); interpupillary distance = $4.3 \text{ cm} (50^{\text{th}})$ centile); outer canthal distance = 5.8 cm (25th centile). Bilateral hydronephrosis was detected during pregnancy by ultrasonography. She presented generalized hypertrichosis, coarse facies with prominent forehead, widely patent fontanels and sutures, short and "squared" nose with anteverted nares and depressed bridge, ears apparently low-set and posteriorly rotated with folded helices, prominent eyes with a deep groove underneath, thin lips, supernumerary nipples, "apparent" shortening of the arms with an accessory crease, bilateral simian palmar creases,

large thumbs and great toes (laterally deviated), hypoplastic nails especially in the fingers, and an anteriorly placed anus. Cardiac evaluation revealed interatrial communication, patent ductus arteriosus, pulmonary stenosis and atresia, hypoplasia of the right ventricle, and moderate mitral valve insufficiency. Abdominal ultrasonography

confirmed the bilateral hydronephrosis detected in utero (Fig.2). In the x-ray skeletal survey, we noticed wide cranial sutures, sclerosis of the basal and mid-fossa brain bones, wormian occipital bones, and wide occipital synchondrosis. The ribs, clavicles, pelvis, vertebral column, and long bones were unremarkable. Centers of ossifi-

cation in the knee were not observed. Chromosomal analysis was normal (Giemsa banding). The clinical course was complicated by pulmonary hypertension and heart failure, and the patient died at the age of 3 months. Unfortunately, an autopsy could not be performed.



Figure 1 - Newborn infant with coarse face, midfacial retraction, and generalized hypertrichosis.



Figure 2 - Abdominal ultrasonography with bilateral hydronephrosis.



DISCUSSION

The phenotypic characterization of SGS includes a coarse midface retraction, a prominent forehead, and an enlarged and protuberant tongue. These craniofacial abnormalities sometimes resemble a storage or metabolic disease, but patients with SGS do not have a biochemical abnormality^{1,2}. Hirsutism disappears and midface retraction becomes less evident with age; In contrast, bitemporal narrowing becomes more evident³. In addition, radiological findings with a specific skeletal dysplasia and the presence of bilateral hydronephrosis strengthened the diagnosis of SGS.

Hydronephrosis is only occasionally reported as a feature of a malformation syndrome, such as Johansson-Blizzard syndrome, trisomy 13 and 18, Turner syndrome, triploidy, and Ochoa syndrome¹.

Of the 35 SGS cases reviewed by Touge et al. (2001)⁴, 31 presented hydronephrosis, which is an important clue in diagnosis, and Minn et al. (2002)⁵ have the same opinion. Kelley et al. (1982) considered that the syndrome identification would be greatly facilitated if the Schinzel-Giedion syndrome were "indexed" as a cause of congenital hydronephrosis.

We also observed the renal anomaly in our patient and agree with the authors that the majority of the findings of this syndrome except hydronephrosis are nonspecific and common to many genetic syndromes (Table 1).

Since the gene of the disease has not yet been identified and diagnosis is strictly based on clinical findings, the presence of hydronephrosis assumes an important role for the diagnosis of SGS. Despite the lack of identification of any biochemical abnormality so far, Shah et al. (1999)⁶ sug-

gested that the progressive neurodegenerative process in SGS associated with a coarse facial appearance and skeletal abnormalities could be associated with a metabolic defect.

Some authors have described sacral tumors associated with this syndrome, and McPherson et al. (1998)⁷ have considered that this finding could help in explaining the pathogenesis and/or identifying candidate genes for this autosomal recessive condition.

Therefore, additional patients should be reported in order to amplify the phenotypic spectrum of SGS.

Table 1 - Features of Schinzel-Giedion Syndrome.

FEATURES	Previous cases	Our patient
Craniofacial findings		
Coarse face	26/26	+
Prominent forehead	25/26	+
Wide anterior fontanels/sutures	21/21	+
Hypertelorism	34/34	_
Midfacial hypoplasia	36/36	+
Low nasal root	22/24	+
Low-set ears	20/22	+
Hypertrichosis	14/23	+
Seizures	23/25	_
Delayed development	25/26	+
Structural abnormalities		
Genital abnormalities	27/28	_
Hydronephrosis	32/36	+
Congenital heart disease	12/28	+
Choanal stenosis	9/27	_

Adapted and updated from Touge et al. (2002); Minn et al. (2002), and Labrune et al. (1994) and the following articles: Rodriguez et al. (1994); Antich et al. (1995); Özkinay et al. (1996); McPherson et al. (1998); Shah et al. (1999); Shelagh & Dean (2002).

RESUMO

ALBANO LMJ e col. - Hidronefrose na síndrome de Schinzel-Giedion: um achado importante para o diagnóstico. **Rev. Hosp. Clín. Fac. Med. S. Paulo 59**(2):89-92, 2004.

A síndrome de Schinzel-Giedion é uma patologia genética rara de etiologia desconhecida e herança autossômica recessiva. Caracteriza-se pela presença de um fácies grotesco, hipoplasia da porção média da face, hipertricose, múltiplas anomalias esqueléticas, malformações cardíacas e renais. As anomalias craniofaciais desta síndrome podem lembrar o fácies de uma doença metabólica de depósito.

O objetivo deste relato foi enfatizar a importância da hidronefrose congênita bilateral no diagnóstico da síndrome de Schinzel-Giedion .

Descrevemos o primeiro caso brasileiro de um recém-nascido com fácies típico, hipertricose generalizada, anomalias esqueléticas, cardíacas e hidronefrose bilateral, detectada pela ultrassonografia fetal e, posteriormente, confirmada pelo mesmo método. O estudo cromosômico foi normal.

Na literatura, de 35 casos descritos, 31 apresentavam hidronefrose, o que constitui um achado fundamental para o diagnóstico da patologia. Dessa forma, acreditamos que se a síndrome de Schinzel-Giedion fosse indexada como uma das causas de hidronefrose congênita, seu diagnóstico seria facilitado, uma vez que a maioria dos outros achados desta síndrome, com exceção da hidronefrose, é inespecífica e comum a diversas outras síndromes genéticas. UNITERMOS: Síndrome de Schinzel-Giedion. Hidronefrose. Hipoplasia da face média.

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