

Uncommon hepatic tumors: iconographic essay – Part 1*

Tumores hepáticos incomuns: ensaio iconográfico – Parte 1

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Abstract Most malignant liver tumors are represented by hepatocellular carcinoma and cholangiocarcinoma; however a variety of other uncommon hepatic lesions might also be found. Common lesions such as hemangioma, focal nodular hyperplasia and metastases are well known and have already been extensively documented in the literature. The diagnosis of typical hepatic lesions may be done with some reliability by means of several imaging methods; on the other hand, uncommon lesions normally represent a diagnostic challenge for the radiologist. In this first part of the study, the authors will approach five uncommon liver tumors – angiosarcoma, angiomyolipoma, cystadenoma/biliary carcinoma, epithelioid hemangioendothelioma, and fibrolamellar hepatocellular carcinoma –, describing their main characteristics and image findings with focus on computed tomography and magnetic resonance imaging.

Keywords: Neoplasms; Liver; Atypical; Computed tomography; Magnetic resonance imaging.

Resumo A maioria dos tumores hepáticos primários malignos é representada pelo carcinoma hepatocelular e pelo colangiocarcinoma, entretanto, uma variedade de outras lesões hepáticas incomuns pode ser encontrada. Lesões comuns como o hemangioma, a hiperplasia nodular focal e as metástases são bem conhecidas e já foram extensamente documentadas na literatura. O diagnóstico das lesões hepáticas típicas pode ser feito com alguma segurança utilizando-se os diversos métodos de imagem; por outro lado, as lesões incomuns são geralmente um desafio diagnóstico para o radiologista. Nesta primeira parte do estudo abordaremos cinco tumores hepáticos incomuns – o angiossarcoma, o angiomiolipoma, o cistoadenoma/carcinoma biliar, o hemangioendotelioma epitelióide e o carcinoma hepatocelular fibrolamelar –, suas principais características e achados de imagem, com foco na tomografia computadorizada e na ressonância magnética.

Unitermos: Neoplasias; Fígado; Atípicos; Tomografia computadorizada; Ressonância magnética.

INTRODUCTION

A wide range of tumors affect the liver, and 90% of the focal liver lesions are benign. Among benign liver tumors, hemangiomas and focal nodular hyperplasias are the most common non-cystic lesions⁽¹⁾. Metastases are the most frequently found malignant neoplasms; hepatocellular carcinomas being responsible for 80–85% of primary malignant tumors, followed by intrahepatic cholangiocarcinomas⁽²⁾.

The diagnosis of typical liver lesions can be safely made with different imaging methods; by contrast, uncommon lesions generally represent a diagnostic challenge for radiologists.

Among tumors considered uncommon, one highlights epithelial tumors such as cystadenomas and biliary cystadenocarcinomas, non epithelial tumors including angiomyolipomas, epithelioid hemangioendotheliomas and angiosarcomas, besides other such as lymphomas, inflammatory pseudotumors (myofibroblastic tumors) and some sarcomas⁽³⁾.

Few studies are available in the literature providing a comparative and comprehensive analysis of imaging findings of uncommon liver tumors.

The objective of this study is, by means of a pictorial essay, to describe the main imaging findings of several uncommon benign and malignant liver tumors observed at computed tomography (CT) and magnetic resonance magnetic (MRI).

ANGIOSARCOMA

It is the most common primary liver sarcoma, representing 2% of the malignant hepatic neoplasms, frequently affecting patients in the sixth and seventh decades of life, with prevalence in men (4 men:1 woman)⁽⁴⁾. Patients with liver angiosarcoma present a poor prognosis. At the moment of the diagnosis, most of them have metastatic lesions, generally in the lungs and spleen (60% of cases), and a mean survival of six months⁽⁵⁾.

The development of such tumors is associated with exposure to chemical substances such as thorium dioxide, vi-

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nyl chloride and arsenic and, in some cases is related to hemochromatosis and use of anabolic steroids^(5,6).

The pathological evaluation of angiosarcomas may demonstrate four growth patterns, as follows: multiple nodules; dominant mass; mixed pattern (dominant mass with nodules);



Figure 1. Angiosarcoma. Ultrasonography demonstrates the presence of a predominantly hyperechogenic, heterogeneous hepatic mass occupying the whole right liver lobe.

and diffuse micronodular infiltration. Among such patterns, the multinodular and the diffuse micronodular infiltration patterns are most commonly observed⁽⁴⁾.

Imaging findings vary, which reflects the diverse histological composition of the lesions⁽⁷⁾. At ultrasonography (US), one may observe a heterogeneous mass (Figure 1), eventually with hyperechogenic areas with posterior acoustic shadowing, indicating the presence of calcifications⁽⁸⁾. At CT, most lesions are hypodense at the non contrast-enhanced phase, but some of them may be hyperattenuating due to the presence of areas of intralesional bleeding. After intravenous contrast injection, at the arterial and portal phases, they may present focal areas of central and ring-shaped heterogeneous enhancement persistent and progressive at delayed phases, in addition to possible calcifications⁽⁴⁾ (Figure 2). Recent studies have demonstrated that angiosarcomas do not present the same progressive centripetal enhancement of cavernous hemangiomas, differently from descriptions in earlier studies, so both entities can be safely differentiated by imaging methods^(4,5).

At MRI, such tumors may demonstrate areas with hypersignal on T1-weighted sequences, and heterogeneous

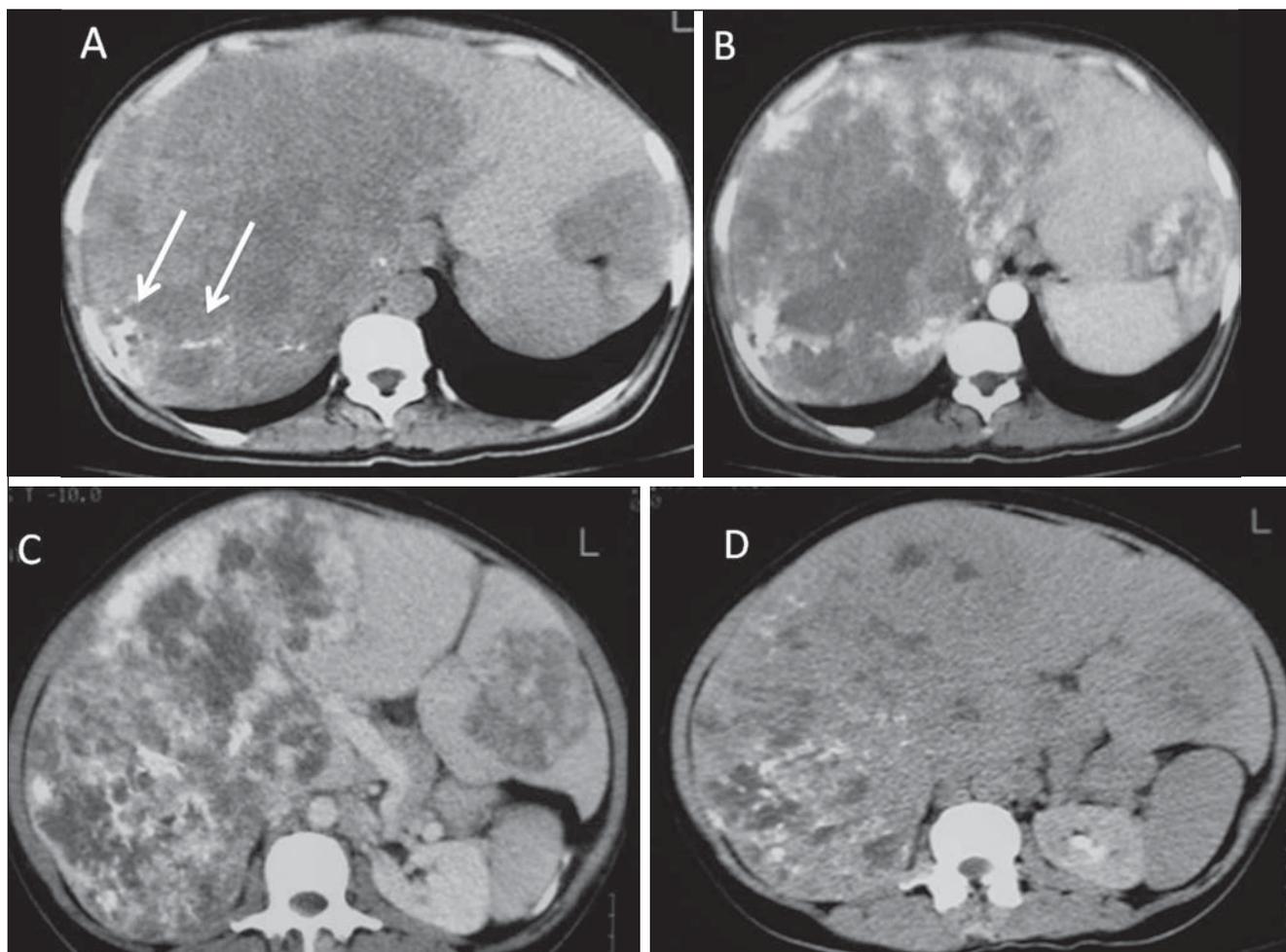


Figure 2. Angiosarcoma. Abdominal CT. At the non-contrast-enhanced phase, the presence of hypodense and heterogeneous liver masses is identified, intermingled with foci of calcifications. The largest of such masses occupies the whole right liver lobe (A). At the arterial phase, the mass presents intense enhancement by the iodinated contrast agent, representing hypervascularization (B), which remains at the portal (C) and delayed (D) phases.

aspect on T2-weighted sequences, with foci of hemorrhage, fibrotic septa or intermixed calcifications, presenting early and progressive enhancement⁽⁵⁾.

Main differential diagnoses include epithelioid hemangioendothelioma, intrahepatic cholangiocarcinoma and hypervascular metastasis⁽⁴⁾.

Main aspects favoring the diagnosis of hepatic angiosarcoma include:

- Men at the sixth and seventh decades of life.
- History of exposure to chemical substances such as thorium dioxide, vinyl chloride and arsenic, and anabolic steroids.
- Heterogeneous, hypervascular masses with persistent enhancement.

ANGIOMYOLIPOMA

Angiomyolipoma is a rare mesenchymal tumor with varied histological components such as fat tissue, smooth muscle and vessels⁽⁷⁾. Recent studies suggest that angiomyolipoma is not a mesenchymal lesion, but a neoplasia originating from perivascular epithelioid cells, classified by the World Health Organization as PEComa (“perivascular epithelioid cells” tumor)⁽⁸⁾. It occurs more frequently in middle aged women and 50% of patients are asymptomatic. Symptoms are observed in cases where intralesional bleeding is present, which generally occurs in lesions > 5.0 cm. There is neither association with tuberous sclerosis nor with renal angiomyolipomas. Most patients do not present hepatopathy and tumor markers (CEA and CA 19-9) are negative^(7,8).

Due to the presence of different histological components, hepatic angiomyolipoma presents variable imaging features, many times resembling those of hepatocarcinoma. The diagnosis is preoperatively suspected in only 11% to 25% of cases, respectively by CT and MRI⁽⁹⁾. At US, the lesion may appear hyperechogenic and homogeneous, similar to hemangioma (Figure 3). At CT and MRI, in the presence of a sufficient amount of intralesional fat, one can identify it with basis on the negative CT density and signal drop on out-of-

phase gradient-echo sequence (Figure 4). Main differential diagnoses include fatty liver lesions such as adenoma, hepatocellular carcinoma, lipoma and liposarcoma⁽⁹⁾.

Main aspects to be considered in the diagnosis of angiomyolipomas include:

- Middle aged women.
- CT and MRI findings similar to those of hepatocellular carcinoma, without hepatopathies and with negative tumor markers.
- Presence of intralesional fat.

CYSTADENOMA AND BILIARY CYSTADENOCARCINOMA

Biliary cystadenomas are uncommon and represent less than 5% of all uni- or multilocular cysts of biliary origin⁽¹⁰⁾. Generally, most of these lesions are intrahepatic (85% of cases), with diameter ranging from 1.5 cm to 35 cm and predilection for the right liver lobe⁽⁹⁾. Predominantly, such lesions affect middle aged women and in less than 5% of cases are considered to be pre-malignant lesions⁽¹¹⁾. Symptoms, if present, are associated with mass-effect and consist in intermittent pain or jaundice⁽¹²⁾.

Macroscopically, the lesion is cystic, with fluid or mucinous content. Hemorrhagic, biliary, mixed and even purulent content may be found. At histological analysis, the epithelium shows papillary projections or polyps, besides ovarian stromal cells in female patients⁽⁹⁾.

At CT and MRI, such lesions present as a solitary cystic mass with a well defined fibrous capsule, mural nodules, internal septa, calcifications and fluid-fluid level⁽⁹⁾ (Figures 5 and 6).

Main differential diagnoses include hydatid cyst, cystic metastasis and abscess⁽⁹⁾.

Main aspects to be considered in the diagnosis of biliary cystadenoma include:

- Middle aged women.
- Solitary cystic mass with internal septa, mural nodules and calcifications.

EPITHELIROID HEMANGIOENDOTHELIOMA

It is a malignant tumor of vascular origin affecting adult individuals, particularly women since estrogen is an associated risk factor. It is considered an insidious neoplasm of intermediate to low grade malignancy and, on average, a five-year survival rate is about 50%^(13,14).

Clinical findings are nonspecific and include right hypochondrium pain and weight loss, and in some cases may progress with fulminant hepatitis or Budd-Chiari syndrome⁽¹³⁾. Most common metastasis sites include abdominal lymph nodes, peritoneum, lungs and bones⁽¹⁴⁾.

Epithelioid hemangioendotheliomas have the following imaging presentations: nodular and diffuse. The multinodular presentation represents the initial phase of the disease, when frequently subcapsular nodules with varied sizes and peripheral distribution are found. On the other hand, in late

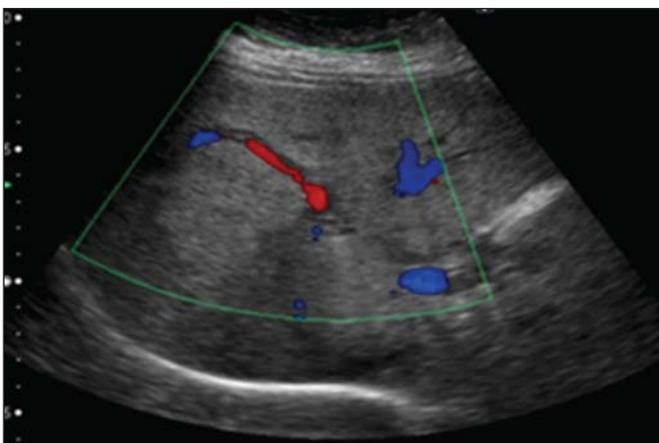


Figure 3. Angiomyolipoma. Ultrasonography demonstrates the presence of hyperechogenic liver mass with lobulated contours and central flow at Doppler, located in the segments VII/VIII.

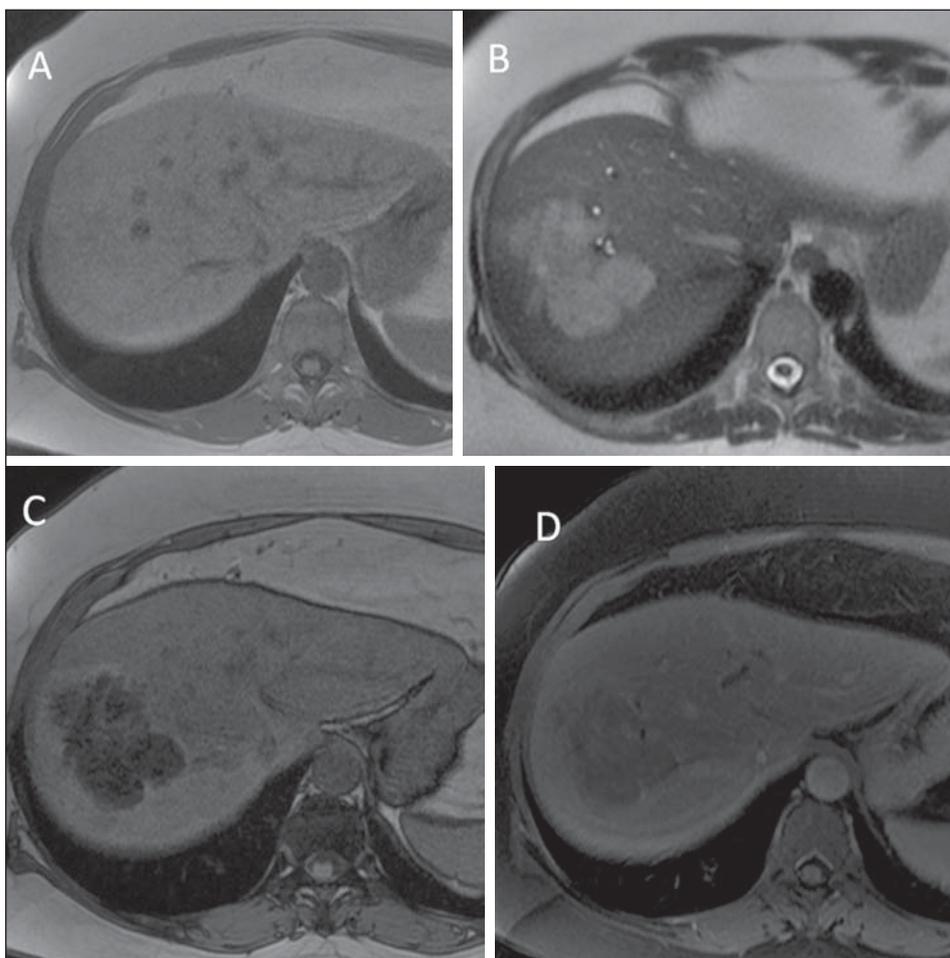


Figure 4. Angiomyolipoma. At abdominal MRI, the lesion presents subtle hypersignal on T1-weighted (A) and non homogeneous hypersignal on T2-weighted (B) sequences. At the out-of-phase sequence, marked signal dropout is observed, indicating fat component (C). After paramagnetic contrast injection, atypical enhancement is observed (D).



Figure 5. A 42-year-old female patient with no previous history of disease, complaining of a painful, palpable mass in the epigastrium. Contrast-enhanced CT portal phase demonstrates cystic multiloculated lesion, with thick internal septa enhanced after contrast injection. The diagnosis was biliary cystadenocarcinoma.

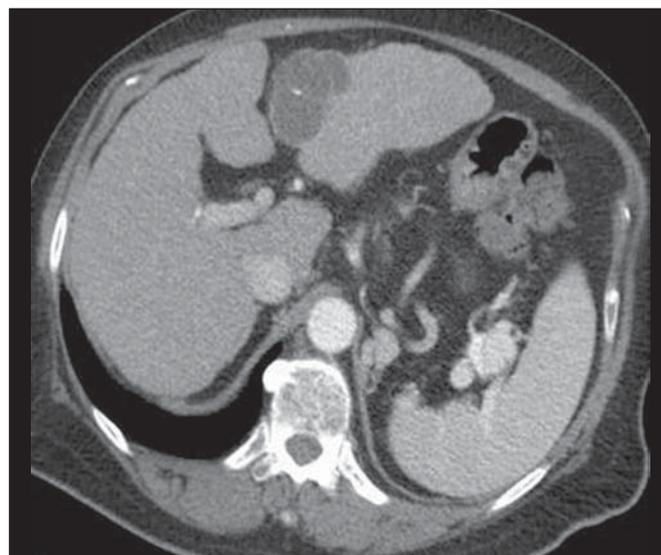


Figure 6. Biliary cystadenoma. Contrast-enhanced CT portal phase demonstrates cystic lesion with fine internal septa intermingled with foci of calcification.

phases, the nodules grow and coalesce, forming extensive and infiltrative lesions⁽⁶⁾.

After intravenous contrast injection, the lesions may present peripheral and central enhancement, corresponding to capsular retraction and calcifications within the lesion can

be noted (Figure 7). Alomari have described the so called “lollipop sign” that can be observed at CT and MRI, corresponding to abrupt termination of the portal vein or hepatic artery in the mass periphery and representing a specific finding of this entity⁽¹⁵⁾.

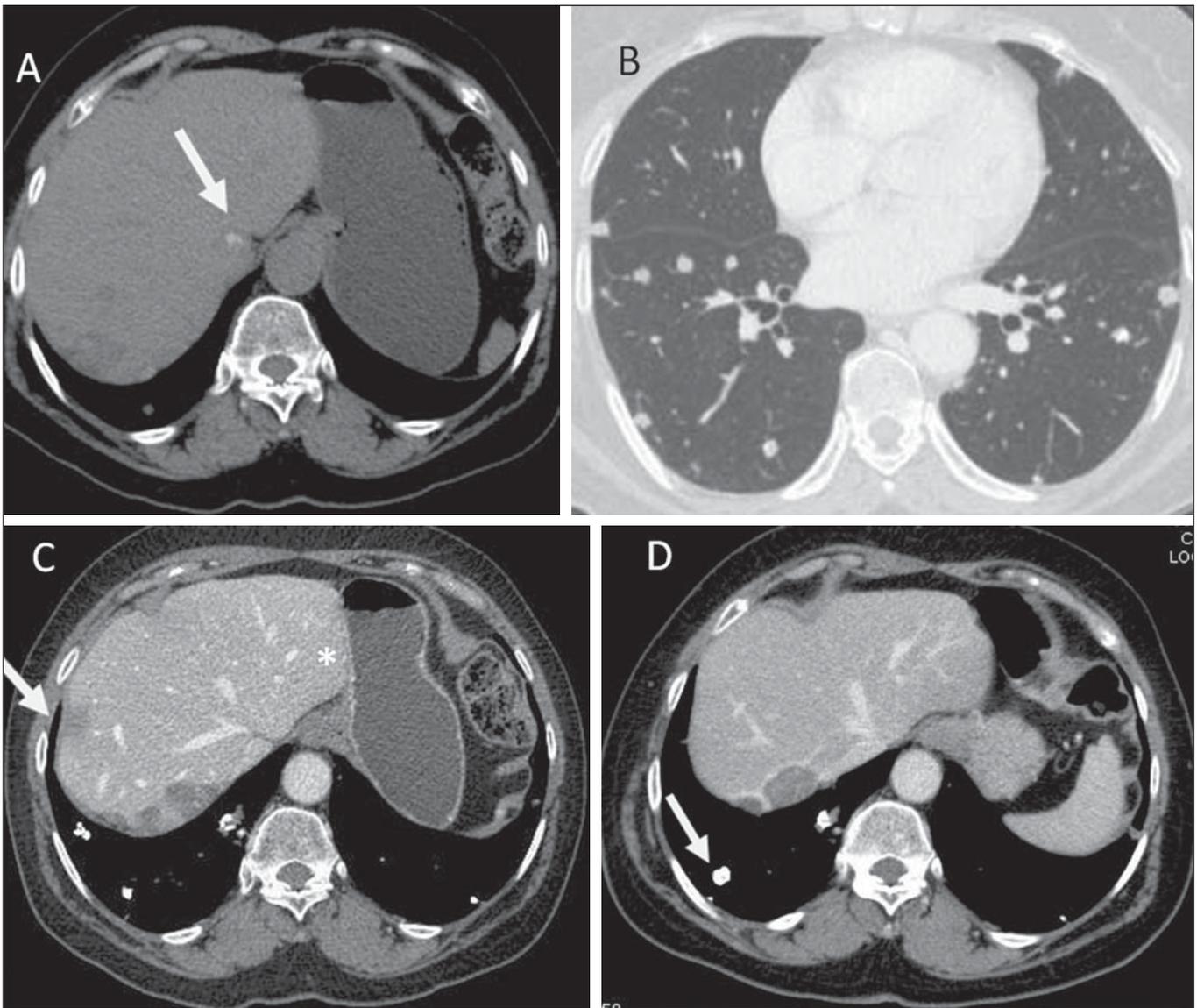


Figure 7. Epithelioid hemangioendothelioma. Non-contrast-enhanced abdominal CT identifies the presence of hypodense peripheral hepatic nodules intermingled with foci of calcifications (arrow on **A**), which may occur in up to 25% of cases. Chest CT of the same patient (**B**) demonstrates the presence of sparse secondary nodules randomly distributed on the pulmonary parenchyma. At abdominal CT portal phase (**C,D**) hepatic nodules present with more intense enhancement in the periphery of the lesion, hepatic capsule retraction (arrow on **C**), besides calcified lung metastases (arrow on **D**).

Pulmonary metastases generally calcify and bone metastases are osteolytic, insufflating and with marginal sclerosis (Figures 7 and 8).

Main aspects to be considered in the diagnosis of epithelioid hemangioendothelioma include:

- Adult women undergoing estrogen therapy.
- Presence of multiple peripheral nodules with capsular retraction.
- Calcified pulmonary metastasis.
- Lollipop sign.

FIBROLAMELLAR HEPATOCARCINOMA

It is a primary malignant tumor corresponding to 1–9% of all tumors of hepatocellular origin. Clinical, laboratory, histopathological and imaging findings differentiate this tumor from the conventional hepatocellular carcinoma. It

occurs preferentially in adolescent patients or in young adults with neither underlying hepatopathy nor increasing in tumor markers such as alpha-fetoprotein⁽¹⁶⁾.

Almost all cases are incidentally diagnosed at late stages of the disease, since it is asymptomatic. However, pain, palpable abdominal mass and ascites are most commonly observed in symptomatic cases (40% of cases)⁽¹⁶⁾.

Frequent CT and MRI findings of fibrolamellar hepatocellular carcinomas include large solitary lobulated and well defined mass (80% of cases) in non cirrhotic liver which, in 50% of the cases cause biliary tract dilatation. After intravenous contrast agent injection, such lesions present heterogeneous hypervascular enhancement, with radiating septa and central scar (70% of cases) with a fibrotic component that presents delayed enhancement, which is helpful to differentiate this tumor from focal nodular hyperplasia. Metastasis

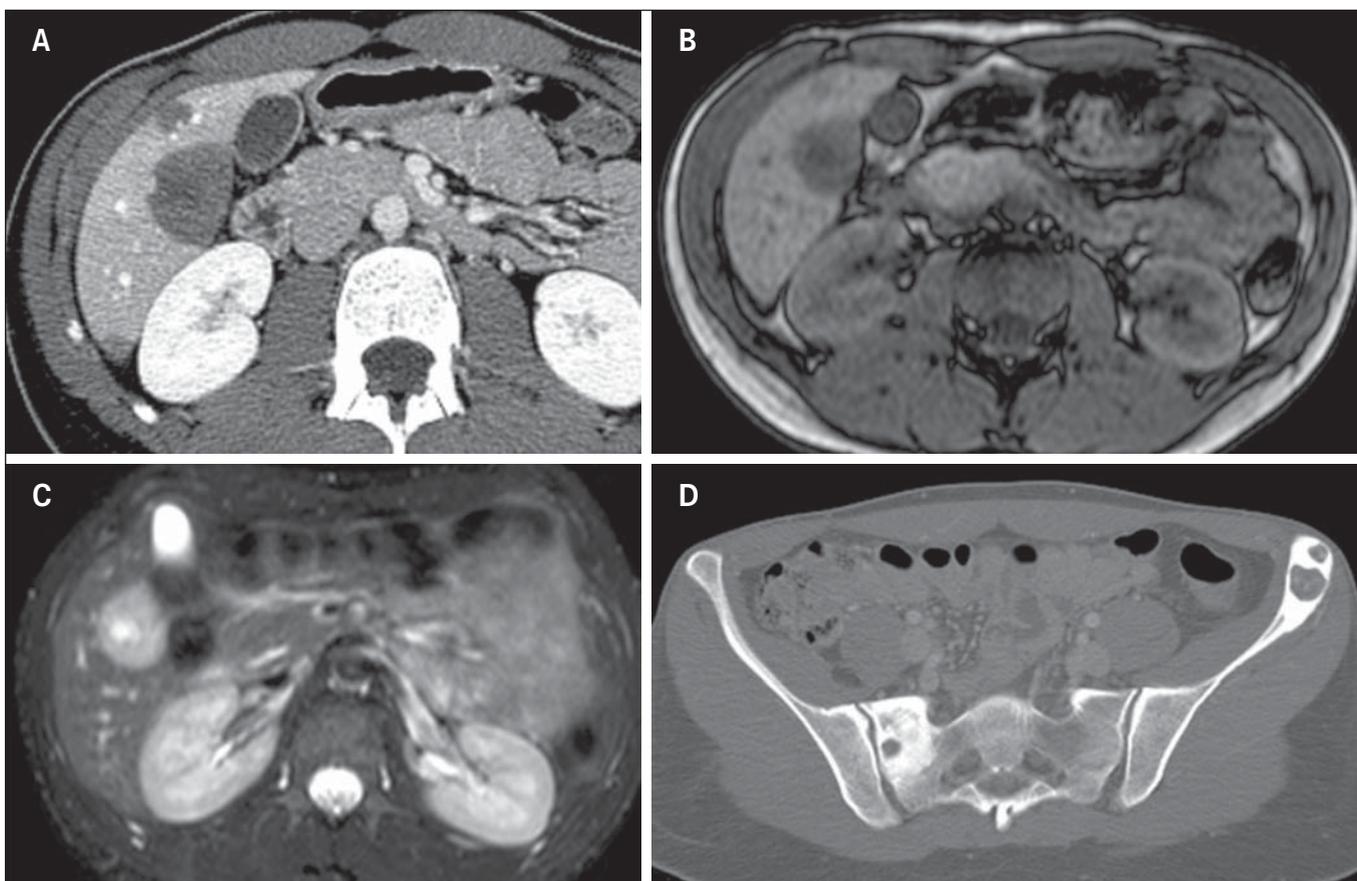


Figure 8. Epithelioid hemangioendothelioma. **A:** Abdominal CT portal phase demonstrates the presence of hypovascular peripheral hepatic nodules. MRI demonstrates that the hepatic nodule presents low signal intensity at T1-weighted sequences (**B**) and high signal intensity at T2-weighted with target sign (**C**). At pelvic CT, insufflating osteolytic lesions are observed, with marginal sclerosis in the left iliac bone and sacrum at right (**D**).

occurs in 30% of cases, most frequently in lungs and adrenal glands⁽¹⁷⁾.

Calcifications are found in about 50% of cases investigated by CT and almost exclusively in the region of the central scar, differently from focal nodular hyperplasia where calcifications are extremely rare⁽¹⁷⁾ (Figure 9).

Main aspects to be considered in the diagnosis of fibrolamellar hepatocellular carcinoma include:

- Young individuals with no history of hepatopathy and negative tumor markers.
- Presence of large hepatic, hypervascular mass with central scar and calcifications.

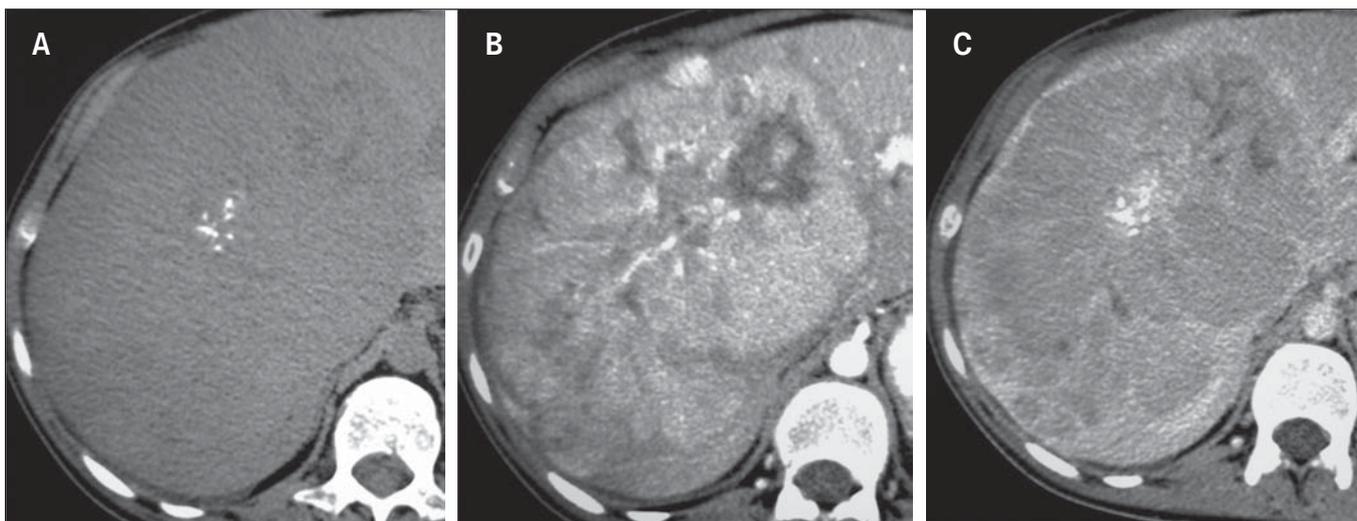


Figure 9. A 23-year-old woman with no hepatopathy and negative tumor markers and with fibrolamellar hepatocellular carcinoma. Non-contrast-enhanced CT (**A**) arterial (**B**) and equilibrium (**C**) phases demonstrate the presence of a subtly hypodense large mass in the right liver lobe, with central punctiform calcifications presenting heterogeneous hypervascular enhancement with progressive appearance in its central region, intermingled with necrotic areas.

CONCLUSION

Radiological findings of the most common liver lesions are well known and widely described in the literature. On the other hand, scarce studies are found in the literature consolidating the main information regarding more rare liver tumors and lesions^(18–22).

In this first part of the present study, the authors describe the main clinical-radiological characteristics of these rare tumors. Although in the great majority of cases, the definitive diagnosis must be confirmed by histopathological analysis, the imaging findings can raise the diagnostic suspicion, hence the relevance of familiarity with such radiological findings to reduce the list of differential diagnoses and increase the chances for a more accurate radiological evaluation.

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