Histochemistry and morphoanatomy study on guava fruit during ripening

Histoquímica e morfoanatomia em frutos de goiaba durante amadurecimento

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Abstract

Guava (*Psidium guajava* L.) is a highly perishable fruit due to its intense metabolism during ripening. Information on the enzyme activities that degrade pectic substances, as well as the amount of pectin, is very contradictory and not clearly defined. Thus, this study aimed to monitor the changes occurred in the fruit during ripening through histochemical, physical, and scanning microscopy processes. Guavas were picked at the half-mature stage and stored for 9 days at 22 ± 1 °C and 78 ± 1 % RH. The analyses conducted on the day of harvest (0) and each day of storage (1, 2, 3, 4, 5, 6, 7, and 8 days) were: firmness and histochemical analyses (ferric chloride, lugol, comassie blue, vanillin hydrochloric, and ruthenium red) observed under an optic microscope and a scanning electron microscope. Ruthenium red showed a high amount of pectin in the cell wall on day zero as well as its decrease in the wall during ripening and its accumulation in the central area of the cell. Scanning microscopy showed loss of the cell structure during ripening. Those observations suggest that the pectin is the main polymer responsible for firmness maintenance in the guava fruit.

Keywords: pectin; firmness; Psidium guajava L.

Resumo

A goiaba (*Psidium guajava* L.) é um fruto altamente perecível devido ao seu intenso metabolismo durante o amadurecimento. As informações sobre a atividade das enzimas que degradam substâncias pécticas, bem como a quantidade de pectina, são bem contraditórias e não claramente definidas. Assim, objetivou-se monitorar as mudanças ocorridas no fruto durante o amadurecimento, por meio de processos histoquímicos, físico e de microscopia de varredura. Foram colhidas goiabas no estágio "de vez" e armazenadas por 9 dias a uma temperatura de 22 ± 1 °C e UR de $78\% \pm 1\%$. As análises realizadas no dia da colheita (dia 0) e a cada dia do armazenamento (1, 2, 3, 4, 5, 6, 7 e 8 dias) foram: firmeza, análises histoquímicas (cloreto férrico, lugol, comassie blue, vanilina clorídrica e vermelho de rutênio) observadas em microscópio ótico e análise em microscópio eletrônico de varredura. O vermelho de rutênio mostrou grande quantidade de pectina na parede celular no dia zero e a diminuição desta, da parede, no decorrer do amadurecimento e seu acúmulo na região central da célula. A microscopia de varredura mostrou a perda da estrutura celular com o amadurecimento. Essas observações sugerem que a pectina é o principal polímero responsável pela manutenção da firmeza na goiaba.

Palavras-chave: pectina; firmeza; Psidium guajava L.

1 Introduction

The guava tree (*Psidium guajava* L.) is a bush or small tree (2 to 7 m heigh) of the Mirtáceae family, which is made up of more than 70 genera and 2,800 species native to the tropical and subtropical areas of America. It is cultivated in Brazil from the state of Rio Grande do Sul up to Maranhão state (MANICA et al., 2000). Brazil is the world's largest producer of red guavas, and the export of guava by-products is about 700 t (MENDONÇA et al., 2007). In 2006, the production was of approximately 328,255 t covering an area of 14,982 ha. The production is concentrated mainly in the Southeast and Northeast regions, and the states of São Paulo and Pernambuco are the largest producers (INSTITUTO..., 2008).

Guava presents high acceptance for "in natura" consumption or in the processed form. It is rich in nutrients and is considered one of the best vitamin C sources, with values 6 to 7 times higher than those of the citric fruits. It also presents vitamins A and B,

such as thiamine and niacin, besides containing good levels of P, Fe, and Ca (MANICA et al., 2000).

Guava is a fruit with high respiration rates and very short postharvest shelf life, a result of the loss of pulp firmness, which limits transportation and storage period. This aspect that makes it difficult or even impossible to send the fruits to distant consumer markets (XISTO et al., 2004). Highly perishable, due to its intense metabolism during ripening, guava has a shelf life of about 3 to 5 days at room temperature (CARVALHO, 1994; DURIGAN, 1997; GONGATTI NETO; GARCIA; ARDITO, 1996; AZZOLINI, 2005).

The ripening of the fruits corresponds to a series of physiological, biochemical, and structural changes, which make the fruit attractive for consumption, and among all of the changes, firmness is the most important attribute because in addition to defining the quality of the fruit for consumption

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"in natura" and for the processing, firmness contributes to its postharvest shelf life because it characterizes the resistance to transportation and the attack of microorganisms. The decrease of firmness during ripening has been attributed to modifications and degradation of the components of the cell wall (CARVALHO et al., 2001a), as well as to the decrease of the integrity of the fruit (CHITARRA; CHITARRA, 2005).

Firmness consists of a group of properties of the fruit made up of physical characteristics perceptible by touch and that are related with the deformation and/or the disintegration of the fruit under the application of a force. In fruits, the softening of the tissues is one of the first signs of ripening, and it is related to changes in the fruit structure and metabolism. Firmness is directly associated not only with the composition and structure of the cell walls, but also related to the flavor because there is liberation of compounds present in the fruit that are perceptible to the palate (CHITARRA; CHITARRA, 2005). According to Xisto et al. (2004), the firmness of the fruits is a quality attribute closely related to the solubilization of pectic substances that are located in the cell wall and middle lamella.

The loss of firmness and the countless chemical transformations that occur during the ripening of fruits, mainly related to the carbohydrate, organic, and phenolic acids and pectin levels, are commonly related to the action of specific enzymes such as celulases, pectinmethylesterase (PME), and polygalacturonase (PG); enzymes capable of degrading the pectic substances found in the cell wall and middle lamella of the parenchyma cells of various fruits. However, in guava, PG activity is not found (LINHARES et al., 2007) or is very low, which leads to contradictory and not clearly defined information about the activity of those enzymes regarding the tissue softening of the fruit.

Green and ripe fruits firmness is due mainly to the pectin polymers, which can be methylated and have various degrees of methylation (KERTESZ, 1951; FERTONANI, 2006). These polymers can be linked to ions, mainly Ca++, which maintain adjacent chains united among themselves, or they can even present their glycosidic chains interconnected among themselves by phenolic compounds (TAIZ; ZEIGER, 2004).

The chemical-histological technique of botanical identification of plant substances is based on the use of previously established cytochemical or histological reagents, which aid in the identification of the plant structure composition (cell wall, epidermis, vacuole, etc) and primary and secondary metabolism compounds through chromatic reactions. They are qualitative and quantitative analysis methods which distinguish substances of lipophilic and hydrophilic character in all cellular compounds. With regard to lipophilic character there are the total lipids; unsaturated lipids; fatty acids; terpenoids (oils, resins, steroids, and lactones sesquiterpenes); terpenoides with carbonyl groups; rubber or latex, and substances of hydrophilic character such as the phenolic (flavonoids, tannins), lignin, alkaloid, polysaccharide, mucopolysaccharide acid, starch, glycan, mucilage, callose, protein, and pectin compounds (PEARSE, 1960; GERSBACH; WYLLIE; SARAFIS, 2001).

Guava ripening is a complex process, highly coordinated at several metabolic levels related to its development in the plant. The knowledge of the transformations undergone during that process is important for its better understanding and to establish scientific bases for the development of new of postharvest preservation technologies, consequently, increasing the shelf life of those fruits.

Given the above considerations, the objective was to study the changes occurring in the fruit during ripening, based on the analysis of firmness and on a histochemistry and scanning microscopy study, to better understand the changes those changes.

2 Material and methods

2.1 Origin and collection of fruits

The guavas (*Psidium guajava* L.) of the cv. Pedro Sato were obtained from a commercial orchard located in the city of of Lavras, Minas Gerais, altitude 845 m, latitude 21° 15' S, and longitude 45° 22' W.

They were manually harvested early in the morning at the half-mature stage (light green coloration), placed in previously sterilized polyethylene boxes, and transported to the Plant Anatomy Laboratory of the Biology Department (DBI) of the Federal University of Lavras (UFLA) MG to undergo analyses.

2.2 Preparation of the fruits

For the histological, physical, and scanning microscopy tests, the harvested and selected fruits were washed in running water and separated into 9 groups of 12 fruits each to compose the treatments. All of the fruits were immersed in a 1% sodium hypochlorite solution at 20 °C for 5 minutes for disinfection. They were numbered, stored in a shelf in the laboratory, where they were maintained for a period of 8 days at an average temperature and relative humidity of 22 \pm 1 °C and 78 \pm 1%, respectively.

2.3 Firmness analysis

Firmness was determined using a digital penetrometer (TA-XT2 i* texture analyzer) with a 3 mm diameter flat tip. Three equidistant readings were taken in in the equatorial region of each fruit. The results were expressed in newton (N).

2.4 Experimental design

The experimental design used was completely random (CRD) with 9 treatments (0, 1, 2, 3, 4, 5, 6, 7, and 8 days of ripening). The experimental portion was composed of 3 fruits with 4 repetitions for each treatment. The results were submitted to the variance analysis using the software SANEST (ZONTA; MACHADO, 1991). Regression analyses were conducted, and the polynomial models were selected observing the significance of the F test for each model and their respective determination coefficients.

2.5 Histochemical analysis

For the conduction of the histochemical tests, cross sections in the mesocarp of the fruits were made manually using razor blades. The sections were submitted to clarification with 50% sodium hypochlorite and washed in distilled water, neutralized in 1% acetic water, and mounted in 50% glycerin. Afterwards, they were stained with specific stains, according to methods described in the literature. As a result, semi-permanent slides were made, which were photographed under a Hen-A-Vision TT18 optical microscope coupled to a Canon Power Shot A630 digital camera.

The cross sections were submitted to tests with: ferric chloride, for identification of general phenolic compounds according to Gabe (1968); Lugol, according to Jensen (1962), for identification of starch; comassie blue, according to Gahan (1984), for identification of proteins; vanillin-hydrochloric acid, according to Mace and Howell (1974), for identification of tannins and ruthenium red, according to Johansen (1940), for identification of pectins.

2.6 Preparation of fruits for scanning electron microscopy (SEM)

The fruits, harvested and stored as previously described, were also used for the preparation and observation under a scanning electron microscope conducted in the Electronic Microscopy and Ultrastrutural Analysis Laboratory (LME), in the Phytopathology Department of of the Federal University of Lavras. After collection, the pulp of the fruits (representative of the respective days of ripening) was cut into 1 cm3 fragments and immersed in Karnovisky (pH 7.2) fixing solution for a period of 24 hours. After that period, the samples were transferred to a cacodylate buffer and, soon afterwards, those fragments were transferred to an osmium tetroxide solution (1%) for 1 hour and, subsequently, dehydrated in an acetone series (25, 50, 75, 90, and 100%) for 10 minutes under each concentration. At the concentration of 100%, the process was repeated 3 times. After that procedure, the fragments were taken to a critical point drying apparatus, and mounted on aluminum stubs using carbon tape placed over aluminum foil, sputter-covered with gold, and observed under a LEO EVO 40 scanning electron microscope (ALVES, 2005).

3 Results and discussion

The softening or loss of firmness of the fruit, after the alteration of the color, represents the most important change that occurs in its ripening process (AWAD, 1993; OLIVEIRA et al., 2006).

The decrease of the firmness of guavas cv. Pedro Sato during ripening at room temperature is well explained by a quadratic equation (Figure 1) pointing out that on the harvest day (half-mature fruits, light green peel) the firmness was 11N, decreasing strongly up to the $4^{\rm th}$ day of ripening to 3N (reduction of 73%), when the fruits are already soft.

Researchers that have investigated the firmness of guavas cv. Pedro Sato during the ripening at room temperature found

similar results (LIMA, 2004; XISTO et al., 2004); however, the results presented in the literature for other cultivars of guava also show some similar results, with variation of 75% for guavas 'Cortibel 1' and 'Cortibel 4' (MENDONÇA et al., 2007), 83% in guavas cv. Allahabad Safeda (SINGH; PAL, 2008), and very different results too. Firmness variations of 34% were found between the 3rd and 7th day of ripening for the cultivar Media China (MERCADO-SILVA; BAUTISTA; GARCIA-VELASCO, 1998), while the cultivar Kumagai showed only a 25% variations between the 1st and 10th day of ripening (CARVALHO et al., 2001b). It should be pointed out that this cultivar is considered one of long shelf life.

The scanning micrographs (Figure 2) of the guava cv. Pedro Sato mesocarp during ripening show, as in the texture analyses, an accentuated firmness decrease. On day zero (harvest day), the cells presented a beehive shape and a preserved cell (Figure 2a). On the subsequent days of ripening, it was possible to observe the gradual deformation of the beehive structure and the formation of an uneven cell mass (Figure 2b to i).

The loss of firmness during the ripening of the fruits is due to the activity of hydrolytic enzymes that promotes intense solubilization of the cell wall pectin constituents, mainly the pectinmethylesterase (PME) and polygalacturonase (PG) activity (TUCKER, 1993; JAIN et al., 2001; OLIVEIRA et al., 2006). Considering that the guava cv. Pedro Sato does not present polygalacturonase activity (LINHARES et al., 2007), the mechanism for the fast firmness decrease still remains inexplicable. The existence of high esterase activity in the cell membrane/cell wall of guava endocarp (LINHARES et al., 2007) can suggest that the fast firmness decrease occurs due to other processes different from the hydrolysis of the polygalacturonic acids.

The histochemical analyses, conducted through histological sections of the mesocarp of guava cv. Pedro Sato during ripening, submitted to the specific staining for identification of the cell wall constituents showed, through an optical

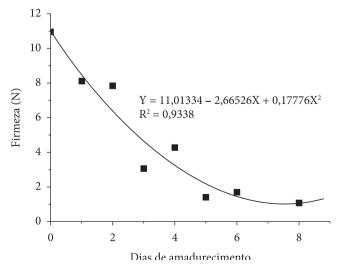


Figure 1. Regression curve and equation representative of the firmness values of cv. Pedro Sato guavas during eight days of storage, under ambient conditions.

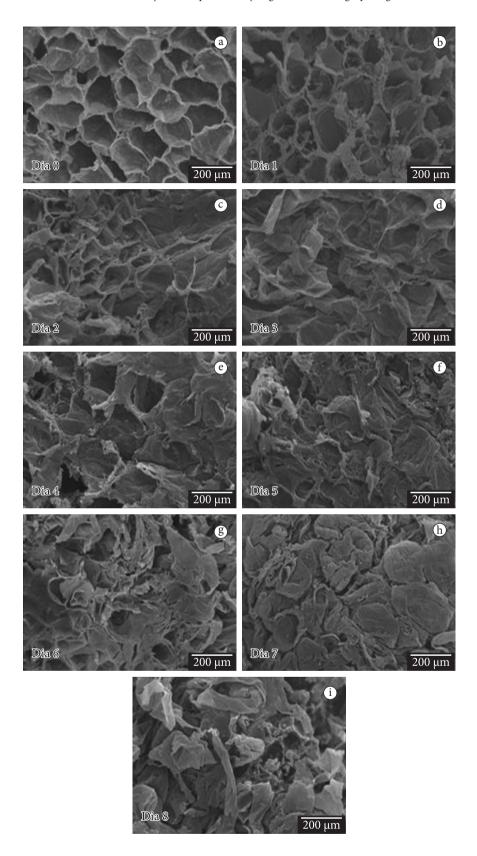


Figure 2. Scanning electron micrographs (a-i) in mesocarps of guava cv. Pedro Sato, showing the cells during ripening. a) at harvest, cells with initial "beehive" formation; b) onset of cell wall degradation; c) evidence of the loss of initial "beehive" formation progressing; d) high firmness loss and shapeless cells; e-h) aggravated firmness loss, leaked cytoplasmic contents; i) cells change their metabolism from aerobic to anaerobic and pulp degradation process. The bars represent 200 µm.

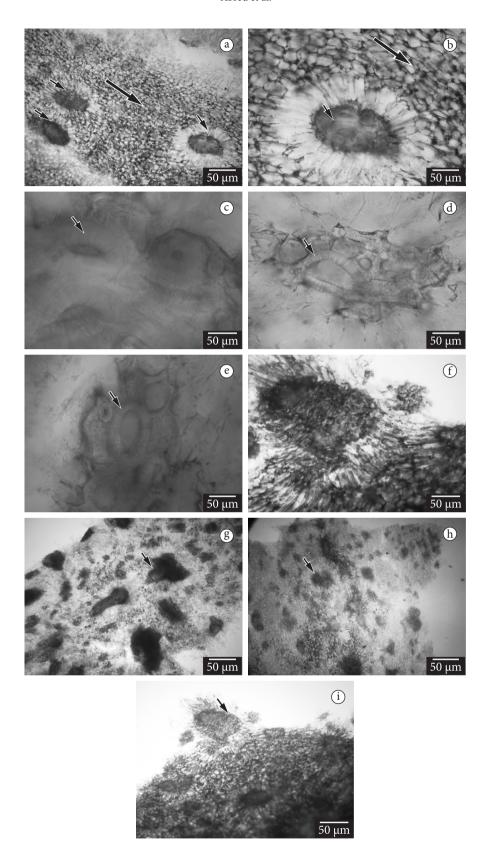


Figure 3. Photomicrographs of mesocarp cross sections of guava cv. Pedro Sato showing clusters of sclereids (brachysclereids or stone cells) stained with different histochemical reagents. a) Cross section showing sclereid clusters (\rightarrow) and parenchyma cells (\rightarrow) histologically stained with Lugol; b) Detail of a sclereid cluster stained with lugol (\rightarrow) and isodiametric parenchyma cells (\rightarrow). c, d) Sclereid clusters of various forms stained with lugol; and e) stained with ferric chloride III. f, g, h, i) revealing a large number of sclereid clusters in the mesocarp of the fruit. f, i) stained with Comassie Blue. g) stained with Vanillic acid. h) stained with lugol. The bars represent 50 μ m.

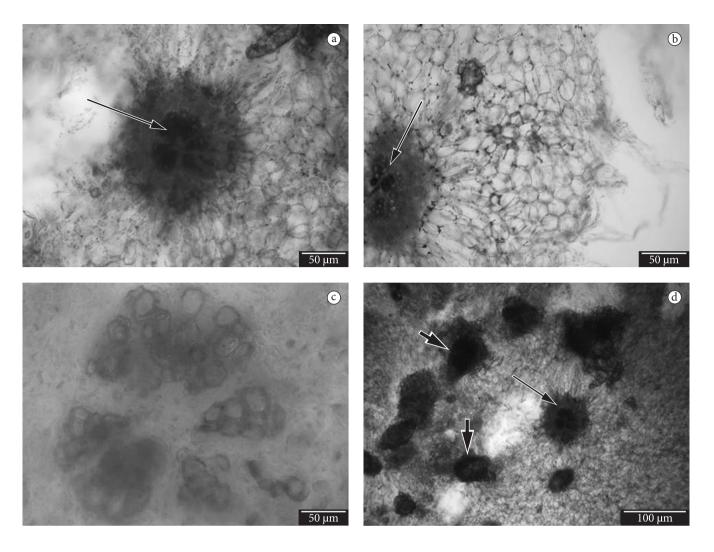


Figure 4. Photomicrographs of cross sections of guava cv. Pedro Sato mesocarp, showing conductive vessels histologically stained with: a, b) lugol; and c, d) vanillic acid. (\rightarrow) conductive vessels. (\rightarrow) sclereid clusters. The bars a,c) represent 50 μ m; and d) bar represents 100 μ m.

microscope equipped with polarized light, for all the stains used, the presence of parenchyma cells, which were compact, round, polygonal, polyhedral, and had different sizes; they were streaked with many grouped sclereids (stone cells) giving the pulp a granular texture (Figure 3).

The vascular tissue, although less evident, was also observed (Figure 4).

With the ripening, the increase of the stone cell (brachysclereids) color intensity was observed for all stains used. For the histochemical tests performed for identification of total phenolic compounds, tannins, starch and proteins, no colorimetric differences in the parenchyma cells, which maintained the same reaction pattern on all ripening days, were observed.

The parenchyma cells presented colorimetric differences only in the reaction with ruthenium red (Figure 5). On the harvest day (0), the cell walls were thick and intensely colored indicating a high pectin presence. This polymer is considered as the main responsible for the firmness maintenance in fruits (AWAD, 1993; TAIZ; ZEIGER, 2004; CHITARRA; CHITARRA, 2005).

During ripening, a very interesting and still inexplicable characteristic was observed, the gradual migration of the cell wall pectin and its consequent accumulation within the cell (maybe in vacuoles). This curious and peculiar behavior agrees with the observations made by Linhares et al. (2007), who did not find the polygalacturonase enzyme in the endocarp of guavas but showed that there is high esterase activity in the cell wall. Therefore, it can be inferred that those wall esterases can be responsible for the hydrolysis of crossed bonds among pectin chains and among pectin chains and other polymers liberating the pectin polymers that, by a still unknown process, migrate to the cell interior. The function of the pectin migration also remains inexplicable.

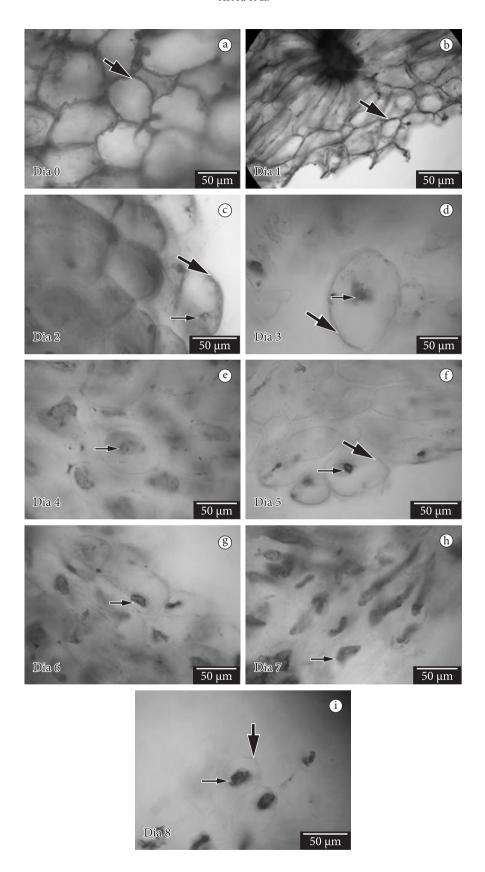


Figure 5. Photomicrographs a, i) of mesocarp cross sections of guavas cv. Pedro Sato, histologically stained with ruthenium red revealing the firmness loss process, pectin degradation and solubilization; a, b) evidencing the high amount of pectin in the cell wall (\rightarrow) ; c, e) pectin migrating from the wall (\rightarrow) to the cell interior (\rightarrow) ; f, i) pectin within the cell (\rightarrow) practically without colorimetric reaction with the cell wall. The bars represent 50 μ m.

4 Conclusion

The characteristics observed in the mesocarp of the guava fruit during ripening show that the high loss of firmness is due to the accelerated process of liberation of pectin cell wall polymers. Furthermore, electron microscopy clearly showed the destructuring of the wall of the cells related to the loss of firmness of the fruits.

Based on these results, strategies can be developed during the ripening period, seeking lower pectin degradation, to increase the shelf life of these fruits.

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